

**HILARY
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HALIFAX
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2006**

A STEAM TRAIN OF AWESOMENESS.

THE JOURNAL
◀ SINCE 1935 ▶



FEBRUARY 5 - 11TH, 2006 National Eating Disorders Awareness Week

SUBMITTED BY: LINDSAY TODD

Body image is a serious issue that many of us face. You probably all know someone whose preoccupation with his or her physical size, shape or weight negatively impacts their daily life. A report on the behaviour and attitudes of Canadians with respect to weight consciousness and weight control states that 70% of women are dieting. 3% of such women will be affected by an eating disorder at some point in their lifetime. February 5-11th is National Eating Disorders Awareness Week. Here at SMU, we hope to spread awareness about disordered eating, dieting and weight fixations. Join us throughout this national week of awareness in celebrating the diversity of body sizes and shapes of ALL people. Keep your eyes peeled for donation boxes with "No Diet" pins set up around campus. Give what you can (suggested donation of \$1.00) to support the Eating Disorders Action Group in Dartmouth. Remember that having a positive self-esteem about yourself will help you feel great emotionally and physically.

Information from NEDIC

**Tuesday, February 7th &
Wednesday, February 8th
All day!**

There will be booths set up in the Loyola Colonnade detailing information about Eating Disorders. Volunteers will be on site handing out pamphlets and ready to talk to you. Come fill out a ballot and your name will be entered in a draw to win special door prizes.

Sign up for Superstore Healthy Eating Grocery Tours. Come visit us at our EDAG booths to sign up. More information will follow!

Do you have a great recipe for healthy eating on a budget? Come and drop it off to our volunteers. A recipe contest just might be around the corner...

**Tuesday, February 7th
7:00pm**

Come and join us for a movie night and discussion to end the evening. Time and location will be announced soon!

**Friday, February 10th
2:30pm**

Are you interested in learning about:

- * Body image
- * Disordered Eating
- * Signs & Symptoms
- * Support
- * Local resources

The Eating Disorders Action Group (EDAG) will be hosting a workshop on Disordered Eating/Eating Disorders in the

Sobey Building, room #165. If any of these topics interest you, come and check it out! All are welcome to attend.

INFORMATION ABOUT EATING DISORDERS:

Eating Disorders are expressions of a range of weight and food issues many individuals, particularly women, experience. Both anorexia and bulimia are characterized by an intense fear of weight gain, feelings of ineffectiveness and low self-esteem.

Anorexia nervosa is identified by drastic weight loss from excessive dieting. Most individuals do not recognize how underweight they are. Even when emaciated, they may still "feel fat", making it difficult to convince them to seek help.

Bulimia nervosa is identified by frequent changes in weight and periods of uncontrollable binge-eating followed by some form of purging in an attempt to rid the body of the unwanted calories. This can be through self-induced vomiting, abuse of laxatives, excessive exercising or fasting.

HOW YOU CAN HELP:

- * Let her/him know you are concerned and there to help
- * Find out where s/he can go for help. Support and encourage her/him to seek it.
- * Read as much as possible about eating disorders and the dangers of dieting - the more you know, the more you

can help.

* Provide her/him with information about the dangers of anorexia, bulimia and dieting.

* Do not force/tempt her/him to eat.

* Do not focus on her/his appearance.

Let's join together and CELEBRATE OUR NATURAL SIZES!!

From the Nation Eating Disorder Information Centre

LOOKING FOR A SUMMER JOB? WE CAN HELP!

On Wednesday, February 15, 2006 the
SUMMER JOB FAIR
is coming to Halifax!

Top 10 reasons why you should go:

1. It is a great way to meet employers
2. To make a good first impression
3. See what summer jobs are available
4. You may get interviewed on the spot!
5. Find a job that will give you work experience
6. Find a job that leads to a career
7. You want Money \$\$\$
8. Do something good to tell your parents!
9. Go with your friends for an outing
10. It's free!

Time: 10am- 3pm

Location: McInnes Room, SUB Dalhousie University
Free transportation arena parking lot by Gorsebrook
Lounge starting at 10am ** Bring your University ID

To see a list of employers visit

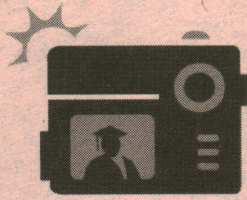
www.summerjobfair.com

The Summer Job Fair is a partnership between
Saint Mary's University, Dalhousie University, and
Mount Saint Vincent University

S.M.U.S.A. PAGE

Grad Photos

About iMage Photography is back on-campus to take grad photos on January 25th-26th. Sign up today by calling 429-1977



Society Expo

Feb 2nd, 2006
L 290 Conference Hall
10 - 3 p.m.

Come checkout the 50+ societies at SMU. From Engineering to Sno 2 Surf, We Have Them All

New & Improved Book Exchange

New Features including browse option.

Visit www.smusa.ca

Bursary Applications

Now Available

Deadline: January 31, 2006

Drop-in Workshops: Room 411A, Student Centre
Friday, January 20 at 2:30 P.M. - 4:00 P.M.
Friday, January 27 at 2:30 P.M. - 4:00 P.M.

Financial Aid & Awards Office
4th Floor Student Centre
Tel # 420-5761

Dance For The Cure

Participate in the Dance-a-thon.
Contact Shannon @ 802-0588 or Leah @ 496-8708



Federal Elections

Go & Vote

It's a good thing
VOTING is easy



Visit

www.thinkeducation.ca
THE resource for all your voting needs.

Liberal



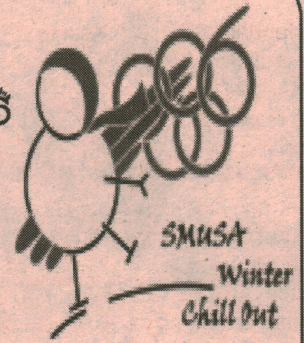
NDP



SCHEDULE OF EVENTS

Wednesday, January 25

"Winter Olympics"
Opening Ceremonies
McNally Theatre 6:30 pm



"Winter Olympics" Event: Brain Freeze
McNally Theatre 7:00 pm

Open Mic Night @ The Gorsebrook 9:00 pm

Thursday, January 26

"Winter Olympics" Event: Pie/Jello Eating Contest
Dockside 12:00 pm

Skating Party Rink 2:30 pm
Guest Speaker 6:30 pm

Olympic Theme Night @ Gorsebrook 9:00 pm

Friday, January 27

Dodgeball Tournament @ The Tower All Day

Hockey Game SMU vs. UNB @ The Forum 7:00 pm

Winter Trivia & Karaoke Night
@ The Gorsebrook 9:00 pm

Ski Trip @ Wentworth All Day

Saturday January 28

"Winter Olympics" Event: Dog Sled Races
Husky Stadium 1:30 - 3:30

International Night @ L290 Conference Hall
6:00 p.m. - 1 a.m.

Winter Wonderland Semi Formal
Feat: The Mellotones

Student Center Cafe 10:00 - 1:00 a.m.

Never

Live @ The Gorsebrook

Friday Feb 3rd, 10 pm - 1 am
Admission \$5



SAINT MARY'S UNIVERSITY
STUDENTS'
ASSOCIATION



2006 Valedictorian Contest

Pick up your 2006 Valedictorian Contest Application
From Darlene Smith, Student Services
4th Floor Student Centre.

Deadline: Friday, February 3rd, 2006

CHECK OUT WWW.SMUSA.CA FOR MORE IMPORTANT INFO

OPINIONS

ARE LIKE ~~ASSHOLE~~ EVERYBODY HAS ONE - LET US KNOW YOURS: THEJOURNAL@GMAIL.COM

APPARENTLY EVERYBODY'S GOT THOSE BOOKSTORE BLUES...

In the January 18th, 2006 issue of the Journal, Mr. Justin O'Hearn stated that the SMU Bookstore marks up prices on our textbooks in comparison to other retail vendors. He is correct in stating that; many common books (especially paperbacks) can be ordered from Chapters or Amazon for lower cost. I discovered the same thing last year for a senior level Psychology class where the Bookstore wanted almost \$30 CAD extra for the text in comparison to Chapters. (Of course I saved the thirty bucks.)

However, it seems that Mr. O'Hearn may have been a bit hasty in writing his piece for the Journal. You see, it is easy enough to order English books from external sources for a discount. This is because these books are normally also used by other students in other schools, or as general interest reads. For example, the book that was listed in the previous article is a collection of poetry and songs from a fairly popular author. This means that a good portion of people buying the book from outside retailers would be reading it for pleasure, not a class, thus leading to a higher demand for the book.

The problem comes when a student (aka me over the summer and again at Christmas) tries

to order more academic-style books. Outside retailers do not carry them, or when they do they are equally or even more expensive than at SMU. Why? Because SMU gets a discount from the publisher for ordering large amounts of books, while outside retailers would need to special order them (and get no discount). The result is books that either cannot be found outside of a university bookstore or are equally/more expensive and require a few weeks wait to receive.

Faced with this truth, I have decided to stick to SMU for my books unless they are of more general interest. I couldn't be bothered with ordering a book, waiting 4-6 weeks for receipt, and then still paying the same as I would at SMU. Yes, the books at SMU are marked up from the MSRP, but no more so than the cost of inconvenience (and sometimes shipping and ordering fees) from other book stores. It's not as easy as the previous article sounds, maybe unless you are an English major.

-Marisa Eddy
4th Year BA PPsychology/HR Certificate student

Hello,

A response to Justin O'Hearn's editorial on the price of textbooks.

-Daniel Doucette

In an editorial of Jan. 18th, Justin O'Hearn expresses a regrettable lack of understanding of the textbook game. His chief complaint is based around a soft-cover book that was marked up \$10 above the list price. This "price-gouging" inspires Justin to ask if "tuition is already high enough, why do they have to stick it to us twice?"

The simple answer is that our tuition doesn't support the financial operation of the book store. The book store, in order to stay in business, has to set its prices in order to cover operational costs. Justin makes the mistake of assuming that the book store is a university service. If you are unsatisfied with your experience, shop on-line or visit any of the other booksellers in the city.

Mr. O'Hearn goes on to ask "how much more are we paying for those \$200 Physics texts?" Allowing for slight hyperbole concerning the price, I have accumulated a small mountain of said texts. I surveyed prices for five of my favourite texts: "Introduction to Astrophysics" by Carroll and Ostlie, "Classical Dynamics of Particles and Systems" by Thornton and Marion, "Optics" by Hecht, "Numerical Recipes in F77" by Press et al, and "Introduction to Quantum Mechanics" by Griffiths.

I obtained the list prices from publishers' web sites. All books are priced as new. The Canadian bookseller amazon.ca offers free shipping to Canada on all orders over \$39, but the American bookseller barnesandnoble.com does not. The Canadian bookseller Chapter/Indigo/Coles carries only three of the five titles - each close to list price - so I have omitted their mention. The summed costs in Canadian funds of these five textbooks from Amazon, Barnes and Noble, and the SMU Book Store are listed below.

list - \$720.36
amazon.ca - \$764.59
barnesandnoble.com - \$680.04 + shipping
SMU book store - \$685.75
shopping around (best price for each book) - \$598.83

Note that a bit of frugality goes a long way, but note also that our book store offers textbooks at prices below both list prices and the prices of on-line vendors. Textbooks are an expensive, yet fundamental, part of your university education. However, this does not mean that it is the responsibility of the university administration to ensure that you can buy textbooks at the lowest possible price. Welcome to capitalistic adulthood, Mr. O'Hearn.

ing in politics. Youth have the capacity to participate, and to disenfranchise them because they are supposedly stuck in a prolonged childhood is a poor argument.

INFORMED CHOICE

Welcome to the age of information, where kids grow up faster than ever, usually at speeds of more than 100 kilobytes per second. Youth are flooded with information, and the rising popularity of television and the internet as a means to communicate political messages has made it easier for young voters to make an informed vote. Also, if you've ever watched Jay Leno's 'Jaywalking' segment, political naivete is still common in adults over 21.

Lower voter turnout is not a question of immaturity or naivete. In fact, many immature and naïve adults go to the polls and make uninformed decisions. The fact remains that it is their

right to do so.

We must look at why young voters don't vote, not just take the vote away as some form of punishment. Many youth have simply become disillusioned with politics, and have discredited voting as a means to effect change. And who could blame them? Supporting parties which have a position on a wide array of issues has lost its appeal.

Should a young gay business owner vote Conservative?
Should a right-wing separatist vote Bloc? Should a pro-choice unionist vote NDP?

Volunteering for cause-specific organizations has allowed youth to personalize their values, instead of buying a pre-packaged soup du jour from a political party.

OTHER WAYS TO CONTRIBUTE

Youth are still fulfilling their

And this one goes out to last week's anonymous writer...

There was an anonymous letter last week from an individual who voiced their concern about being sexually assaulted by an HRM police officer. If you require any help, advice, people to advocate on your behalf, or just a cup of tea and some people to listen, I hope you'll swing by the Women's Centre sometime. I hope you're okay.

Jen Crawford

KEEP 'EM COMING
SEND YOUR STUFF TO :
THEJOURNAL
@GMAIL.COM

civic duties through such channels as volunteer and non governmental organizations. Youth have found other ways to contribute to society that they deem to be more effective than casting a ballot.

Instead of getting in bed with the party their parents supported for years by placing a sign on their front lawn, youth are getting things done outside of the political arena. We may not vote as much, but we are not apathetic; disdain for Canadian politicians and the current electoral system has created a generation of non-voters who would rather change the world by buying fair trade coffee, for example, than vote. Young people have to be convinced that their vote is not going to waste, and it is not by raising the voting age that this will be accomplished.

If a Conservative government was elected Monday, it could form the youngest cabinet in recent history. It was in fact Conservative MP Rona Ambrose who retorted to Liberal minister Ken Dryden, "We don't need old white guys telling us what to do." Youth have changed drastically. We now have more tools at our disposal than ever to bloom into well-informed and active participants in society.

The potential is there. Raising the voting age to 21 will do little to reach it. Canadian politics need extensive plastic surgery, and this tummy tuck just won't do.

DON'T DISENFRANCHISE ALIENATED YOUNG VOTERS PROPOSAL TO RAISE VOTING AGE TO 21 IGNORES POTENTIAL TO PARTICIPATE

BY OLIVIER JARDA

As you read this, the verdict is most likely in on Canada's 39th federal election. Unfortunately, a high percentage of youth most likely decided that exercising their democratic right would have been a waste of time. There have been advocates of lowering the voting age, to get youth involved in the process in high school, where it is easier to identify and target the youth vote. Some are vehemently opposed to this.

A Maclean's magazine article titled "Stop Him before He Votes" argues that 18-year-olds are too immature to vote, and that the voting age should be raised. According to the article, the age should be 21 rather than 18, because youth are now less likely to be employed and are more likely to be living at home.

Granted, the youth vote

is lower than the adult vote. However, giving 18-year-olds the right to vote entrusts them with an important responsibility that reflects the transition into adulthood. The proponents of limiting this inalienable right are championing a placebo, not a remedy.

The article argues that young people today party too much to have the right to vote, and are not as responsible as our baby boomer parents were. Does anyone remember the 1970s? From what I've gathered, I believe that our parents did their fair share of partying.

Between all the "sex, drink, [and] clubs" mentioned in the article, a significant portion of today's young people still find time to vote. Raising the voting age may decrease the percentage of youth that vote (currently 38.7 per cent), serving to further alienate youth from participat-

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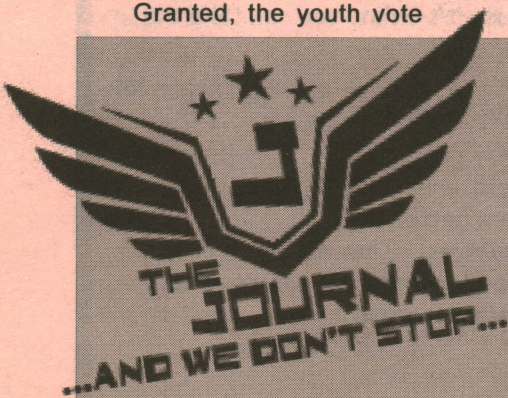
the fine print:

The Journal is the student news paper of Saint Mary's University. The paper is published each Wednesday by The Journal Publishing Society, and funded in part by the student body.

All students are welcome to submit pieces of work for publication in The Journal. These submissions should be received no later than 12:00pm Monday at The Journal offices or email addresses. We prefer electronic submissions. When in doubt send submissions to thejournal@gmail.com.

All pieces are subject to The Journal guidelines for submission, ((available on request)). The opinions expressed in The Journal are those of the authors and not necessarily of The Journal or Saint Mary's University.

Contributors: wanna see your name here?? then contribute. send stuff to :: thejournal@gmail.com
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NEWS

MEETING THE CANADIAN MINISTER OF PUBLIC HEALTH

BY JENNIFER CRAWFORD

At the Candidates debate at Dalhousie University, this question was posed to the candidates: "Sexual assault, abuse and fear are daily realities for women in Canada. Stats Canada suggests that 51% of women have been criminally assaulted, and the UN has criticized Canada on numerous occasions for Canada's poor treatment of women, especially Aboriginal women. What measures has your party taken, and what pro-active measures will your party take to end violence against women?" The answers were collectively poor, barely discussing the topic at hand. Pay equity was mentioned only briefly, and other discussions ranged from child pornography to the importance of more police in our cities (with no mention of rural areas).

As a result of this and some subsequent phone calls, the Saint Mary's University Women's Centre was invited to meet with Liberal Candidate Martin MacKinnon, as well as the Honourable Carolyn Bennett, the Canadian Minister for Public Health on the afternoon of Wednesday, January 18th. Discussed in the hour-long meeting was violence against women, pay equity, child care, pro-active measures to end violence, Bill C31 (concerning aboriginal women's rights), gender segregation in the workforce, core funding for women's equality-seeking

groups, among other topics.

Both Bennett and MacKinnon's focus was largely on early childhood education as a preventative measure. When asked about what would be done to engage the demographic of 18-30 year olds, Bennett responded, "That is where groups such as yours come in."

With "groups such as ours" providing this vital service to such a wide ranging demographic, the irony of the lack of federal core-funding to women's equality seeking groups (on campus and off) is apparent. Dating violence and sexual assault are highest in the university community demographic. Yes, we are in an excellent position to address these concerns - but it is an impossibility for under-funded Women's Centres to make significant strides without adequate resources. In this way, women continue to be marginalized.

If this matters to you, continue to make your voice heard. Though the election is over, you can contact your MP at any time of year -- question and challenge the federal government's role in ending violence against women. Even if only a few of us are persistent, consistent and passionate, as Margaret Mead said, "A small group of thoughtful people could change the world. Indeed, it's the only thing that ever has."



Bring on the Money DATE AUCTION

SMU Athletes Fundraiser for Cystic Fibrosis
Feb. 8th @10:00pm, in the Gorsebrook

for more info, smu.athlete.council@gmail.com

8th Annual International Night

Our eighth annual International Night is soon approaching. This dazzling night of exquisite international cuisine, international entertainment, and a DJ dance is going to be held on Saturday, January 28, 2006 at 6:30pm, in the Loyola Conference Hall (L290).

The International Night will be the official opening for our fourth Annual International Development Week. Come enjoy a great buffet dinner, a beautiful show, and dance to the beats of international music.

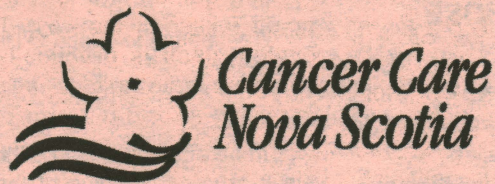
This year tickets are \$15 dollars in advance or \$20 at the door. Tickets will be available in January. Great door prizes will be drawn throughout the night.

We are looking for people (individuals or groups) who would like to perform during the night. If you are interested, please contact Cristy Lopez at lopez_cristy@hotmail.com or Andy Crosby at crosby19@canada.com

Sponsored by the International Centre
& the International Student Society

More info including the program will be available in January at our website:

<http://INTERNATIONALNIGHT.SMU.CA>



Student Research Opportunities Norah Stephen Oncology Scholar Awards

Cancer Care Nova Scotia (CCNS) exists to foster excellence in cancer care and research. Encouraging Nova Scotia students to contribute to this excellence is the first step in ensuring the continued growth and quality of cancer treatment and care in this province.

The Norah Stephen Oncology Scholar Awards are funded by Cancer Care Nova Scotia to foster an interest in the field of oncology (cancer), among undergraduate and graduate students in Nova Scotia.

A total of twelve awards will be granted each spring. Four awards will be dedicated to cancer-related research projects in basic sciences, and four will be dedicated to cancer-related research projects in other disciplines including, but not limited to, informatics, epidemiology, outcomes and/or sociobehavioural research. The remaining four awards will be dedicated to clinical training / experience projects. Each award, worth \$5000, covers stipend support for the student for a maximum of 14 weeks.

Interested candidates, with support from their supervisors, are invited to complete an application, outlining the project or practical experience directly related to the study of cancer, and submit it to CCNS with the required attachments on or before Friday, February 10, 2006.

Applications are available on our Web site at www.cancercare.ns.ca or by contacting Pauline Hart at pauline.hart@ccns.nshealth.ca

Applications may be mailed to: Cancer Care Nova Scotia
1278 Tower Road, Room 543, Bethune Building
Halifax, NS B3H 2Y9
Phone: 902-473-3851 Fax: 902-473-4631

psst

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OR ... EMAIL THEJOURNAL@SMU.CA, OR CALL 496-8203**

thnx for reading. the journal crew.

the library@saint mary's

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Library Survey 2006

who

The Patrick Power Library would like to find out what you think of us - our resources, our services, the library itself

what

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when

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where

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why



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More Questions? e-mail libqual@smu.ca, phone 420-5198 or visit www.libqual.com

ARTS AND ENTERTAINMENT

Xbox truly does a 360

BY: ADAM COSTELLO

So the Xbox 360 is out and gamers are going mad over the whatever bit processor and the however many gigs of memory. For all you true gamers out there, I'm sure you already own one or are currently pitching a tent in your friends living room until you've raised enough money to get one, memorizing the specs and making a list of which games your going to buy. I myself am not hugely into gaming, but have definitely been taking part in some heated battles of Dead or Alive 4, Call of Duty 2, Perfect Dark Zero and NBA live at my friends house and I must say, I kind of like what I see. Don't get me wrong, I have done my share of gaming throughout my lifetime, pretending to throw up before school so I could get a little extra Mario 3 action in before my mother realized I was faking. Ahhh, and who could forget Sonic 2 for Sega, or when I opened that Nintendo 64 for Christmas and played Ocarina of Time until the joystick got stuck (weren't those joysticks just garbage?). I do have a Play Station 2 but I must say, I was disappointed with it overall. I mean it was all the rage when I first bought it, FFX and the early Madden and NHL games keeping me occupied for months, and who could forget GTA3? But after about the first year I found I started using it as a DVD player more often than for playing games. Since then, I find I've somewhat lost my interest in the whole gaming scene, it just seems like everything is about graphics these days and making things look better. What about making the games not suck?

When the 360 came out and my friend was generously given one for Christmas, along with a huge plasma TV, 2 extra controllers and the games I mentioned above, I obviously was pumped to get baked and see what the

fuss was about. Upon playing for hours on end however, I was left asking exactly how much the actual game quality had improved? Once again don't get me wrong Xbox fans, I mean the thing is sweet. For any of you casual gamers however, those who were expecting a revolutionary new wave of interactive levels, advanced space age game play options and plot lines that beat going to the movies, you are going to be vastly disappointed. Yes, the graphics are much better and yes, it is almost as realistic as a movie or watching a sports game on TV, but as far as actual gameplay is concerned, it isn't what I would have expected from the next line of systems during an age where video games have become more lucrative than the movie industry itself.

For anyone who hasn't experienced the 360 first hand yet, let me break down the pros and cons for you before you spend a years worth of minimum wage on a gaming console. First off, the whole online play thing is truly incredible as far as anything that has come out to date is concerned. With a friends list immediately letting you know which fellow gamers are online, easy access to servers and even a rating system that shows people your gaming style and level of play, one can easily get lost in a world of online gaming interaction. Call of duty 2 (the classic war game) provides limitless entertainment for those who enjoy using the full screen trying to snipe their multiplayer opponents from across the level. Multiplayer on the same TV is quite entertaining as well, especially with the wireless and less bulky controllers. There is also a lot more room for getting more skilled at particular games, with less button mashing and more masterful combo's and counter attacks needed to hold your own in DOA4 (the classic

fighting game...that is a total rip off Tekken by the way). The system itself is practically a computer, with options including being able to put your own music on during gameplay (I enjoy speed metal for the fighting game, epic symphony for the war game!) and being able to put your own face on a created basketball player is pretty ridiculous. Also, while on the topic of sports games, the graphics are actually unbelievable. Almost too believable. It must be said that sitting on the couch after a canon and watching the cut scenes of a player standing on the sideline, eyes shifting around, the player itching a scratch or two, is actually somewhat creepy. It almost looks like they're thinking.

What it all boils down to is whether or not it's worth that much money to simply play the same games but with better graphics, and basically to have another computer that doesn't even have wordpad. Oh and let's not forget the immense satisfaction of not having a wire attached to your controller. Hopefully for all you gamers that have already bought one, your enjoying it sufficiently enough to hold off on deciding whether or not it was worth, at least until some better Fuckin games come out anyway. I mean it's not like it's boring, it's just maybe you wait for the PS3. Which comes out the same day as the oh so popular Xbox game, Halo. Or do you take a chance on this Nintendo wand thing that's coming out, a system that will allow you to download any previous Nintendo game that has ever been released? Awww yeah Mario 3. Or do you simply just save that hefty sum of money, and maybe even spend it on something productive like a book? some groceries? Or booze even? Well essentially it's up to you gamers, but personally, for the mean time, I'm just gonna keep moochin off my buddy. And buy one when it gets cheap.

A Panther in Africa

A Panther in Africa will be shown from 7:00 PM to 9:00 PM in the Scotiabank Conference Theatre, Sobeys Building. This event, which is free and open to members of the University community and the general public alike, is one of the highlights of this year's International Development Week 2006 at Saint Mary's (January 27 to February 3). For those who want more information on International Development Week, please visit <http://idweek.smu.ca/>.


This unique film follows the life of Pete O'Neal. In 1969, O'Neal, a young Black Panther, was arrested for transporting a gun across state lines. O'Neal fled to Tanzania. He is one of the last American exiles from an era when activists considered themselves at war with the US government.

O'Neal is torn between two worlds. In his adopted country, he has applied the non-violent elements of the Black Panther movement and says he is "continuing to do the work of the Black Panther Party -- but without guns." He serves the African-American community back in the States, sponsoring an international exchange program between underprivileged American teenagers and Tanzanian youths. And he coordinates study-abroad programs for several U.S. universities, bringing college students to Tanzania to work alongside local youth, teaching English, computer skills and HIV/AIDS awareness.

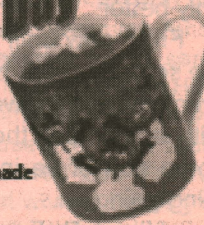
Ironically, despite his long legal battle with the U.S. to vindicate his past, he finds that he feels still very much an American. He struggles to feel connected to his adopted country but is homesick for southern barbecue and jazz. He misses his 83-year old mother who visits him in what may be their last reunion. A Panther in Africa sheds new light on the sixties by showing how one man reinterprets his revolutionary history and applies his life lessons in a new country. Can an aging former revolutionary make peace with exile?

International Development Week is an opportunity for members of the University community and the public alike to learn more about international development issues and Saint Mary's involvement worldwide.

Those seeking more information about International Development Week, please contact Alana Robb, International Student Advisor at (902) 420-5436, or email alana.robb@smu.ca, and Ysaac Rodriguez, Program Officer, at (902) 491-8692, or email ysaac.rodriguez@smu.ca.

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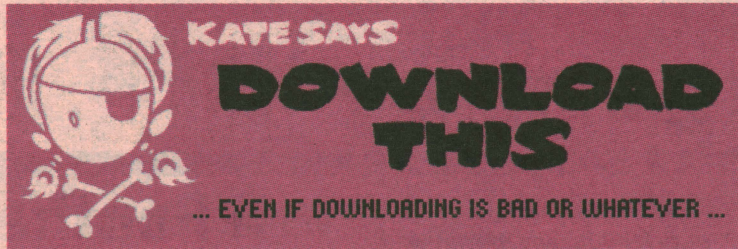


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LAGUNA BEACH



OK new weekly column time here, every week I'll have a series you should download, some people say downloading is bad, stealing even, pfft, this is just going to be stuff you could watch on TV if you had time, or the channels were available, as far as I know I'd need some sort of fancy set up to see HBO and the FX Channel live here in Halifax, but due to the magic of the internet not only can we watch shows back to back commercial free, we can watch them whenever we feel like it. And no, you don't have to watch stuff on your computer screen, click a couple buttons and you can see it on your "real TV", so it's just like you're watching TV, only better.

From now until the end of the semester look here to find great shows to download. And with a little luck there will be some sort of tie in to something going on...

Hilary Duff is going to be at the metro centre very

soon, calm down, it's sold out already. I know I know, I feel your pain, I want to go too ... So, Laguna Beach, have you heard of it? It's only like the best MTV show ever. A Hilary Duff song is the theme song.

People say Laguna Beach is the "real" OC. I'm not into the OC at all but "the LB" is hella addictive. It's just your, typical if you could say that reality glimpse into high school life from a hardcore telephoto perspective all the way across the parking lot. You've got the cool rich kids, the love triangles and of course associated drama, the fancy cars, houses, parties and good times... while my high school life wasn't exactly like this and the setting was pretty different, and oh so long ago, I totally relate, and you will too. This isn't like The Real Life or Big Brother or whatever, it doesn't seem staged, or forced, it's a bit like you're their friend too. You'll want to watch them one after the other until it's over,

so if you have something you really need to get done don't say I didn't warn you.

There's a love triangle, LC, Stephan, and Kirsten. The first season is narrated by LC, she's the good girl, she's graduating... Kirsten is a year younger than LC and Stephan, in Season 2 it's Kirsten's turn to narrate and be the big star, season 3 isn't out yet, but soon my friends soon, Season 3's narrator you ask - LC's little sister! A new generation of drama, the continuity and returning "cast" members makes this show very fun.

The soundtrack is even ok, now when I listen to the radio I recognize a bunch of songs.

I'm really not one for big reviews, just trust me on this one - you'll like it.

It's Degrassi without the drama and a way hotter cast, it's like the OC I guess, except real, there used to be a PBS show High school High, It's kind of like that.. It makes me want summer back.

Get to downloadin' - I recommend utorrent / the pirate bay / torrent spy / seedler ... if you don't know what I mean use goggle there's a whole new world

HAAX?? HMMM So ... I'm No Doctor BUT THIS IS WEIRD RIGHT?



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MOVIE REVIEWS

Hostel

So you like to gamble. You think you've got the nerve to play big. Well, test your might with the raw violence of this film. I dare you not to blink. A study in torture by Ramirez (director of Once upon a Tim in Mexico) produced by Quentin Tarantino.

PRO: A new outlook on drills.
CON: Humanity isn't good.

Walk the Line

This bio-drama is cold hard money. It offers loving insight into the man in black. Any fan of Cash will undeniably respond to this film. An obvious Oscar grab in the vein of Jamie Foxx in Ray, but Joaquin Phoenix turns in a fully convincing portrait while June Carter is a riot in herself.

PRO: Jerry Lee Lewis.
CON: For the love of music or money.

**VIDEO RENTAL OF THE WEEK
Street Fighter**

Sonny Chiba (famed sword maker from Okinawa) stars in this seventies classic where he pits his street knowledge and martial arts against Tokyo's Yakuza in defence of honour and money.

PRO: Unbelievable character and strength.
CON: Unbelievable character and strength.

SMUSA EXECUTIVE ELECTIONS ARE APPROACHING!

Attention all SMU Students! It's that time of year again... the time to elect your SMU-SA Executives.

The positions open for election are:

President • VP External Affairs • VP Internal Affairs • VP Academic

Nominations open on Monday, January 30th and close Friday, February 3rd. Nomination packages can be picked up starting on January 30th, from Pamela Feltnate at the SMUSA 5th floor front office.

GRAND THEFT AUDIO

BY TIM ANDRESEN

New to the city and don't know where to turn for your musical fulfilment? Allow me to do an overview of the local fare...

In any case of mutual exploitation the cream (read: crap) always rises to the top. Q104, the home of rock n roll where it's cool because we play it, know it, love it and we can love anything. The Q is a prime setting for all things top 40 from the seventies, eighties, nineties, or anything that can remind you of when rock was good.

Not your style of mullet? Take the crazy train down the dial to the overlords answer to itself, C100. Here the top money makers strut their stuff. Britney Spears is the harmless butt of all jokes while J-lo and Beyonce look on. How nice, U2 offers an alternative edge and fodder for Coldplay.

Don't want to get involved in the war for the airwaves? Prefer to keep it kool? Try Kool FM 96.5 for easy listening. This

station is sure to bring back fond memories of elevators and karaoke bars.

Are you sick of commercial radio? Canada has the answer for you, and that answer is CBC. CBC Radio One is at 90.5fm and Radio Two is at 102.7fm. Newscasts and Canadian culture abound. There are a variety of shows: topical, call-in, countdowns, they've got it all. Radio Two focuses on the classical side of things. Parlez francais? Try Radio Canada at 92.3fm, the CBC's French offering.

You like the alternative lifestyle? Get your Monsanto update and your Latin beats at CKDU 97.5fm.

Ok, so the cops are at your door and you need a sure thing? Sure. Anna Z's lunch hour show on Q104 always holds up, and CBC's Freestyle and Canada Countdown shows are always rewarding. But if you like Country FX 101.9, I can't help you.

IRAQ: America's Imperial Nightmare

One of the highlights of this years International Development Week 2006 (Jan 27 – Feb 3) will be the free public lecture given by international war correspondent and author Scott Taylor on Thursday Feb. 2nd, from 7-9pm in the McNally Theatre Auditorium.

Taylor's lecture is being sponsored by the Saint Mary's University Students' Association (SMUSA) and the Halifax Peace Coalition. International Development Week is an opportunity for members of the university community and the public and the public alike to learn more about international development issues and Saint Mary's involvement worldwide.

Taylor has made 21 trips to Iraq, before, during and after the American intervention to topple Saddam Hussein. Reporting as an independent journalist, Taylor discovered firsthand the risks involved in frontline journalism. In September 2004, he was held hostage for 5 days by Majahaden rebels in the Turkmen enclave of Talafar where he was beaten, tortured and threatens with beheading.

For more information on all the events taking please visit <http://idweek.smu.ca> or contact: Alana Robb, International Student advisor at 420-5436, or email Alana.robb@smu.ca, and Ysaac Rodriguez, Program Officer, at 491-8692, or email ysaac.rodriguez@smu.ca.

The job descriptions for each position can be found at www.smusa.ca under 'Constitution.'

The nominees will be announced on Sunday, February 5th, when campaigning begins.

THE G-SPOT

JOURNAL.GSPOT@GMAIL.COM

BY STEPHANIE FOSTER

Q: I'm the only individual in my small cluster of acquaintances who is still a virgin. I know I have low self-confidence and I know that this can be a problem. I don't know how depleted self-assurance can be detected from the other side of a dance floor, particularly if, as I've been told, I am handsome.

A: To start with, I cannot be taken as a professional in the picking up of females. However, I do know that coolness is the least pricey aphrodisiac and the most difficult to achieve. Self-reliance is communicated by the way a male carries himself. Why do you have low confidence? Work on it.

There are a wide range of things you can do to start making introversion go away. Meeting individuals is just like speechifying. It is a top phobia of most people. Three things I particularly endorse are:

1. **Make eye contact.** If you look away when meeting somebody for the first time, it non-verbally conveys certain rancid sensations. The one you are speaking with might believe you have something to hide.
 2. **Don't be terrified to have your say.** If you have an attitude about what is going on, say so. If you never say anything, a girl will not know if you are her type.
 3. **Refrain from caring so much.** This one is the hardest. Just do your thing. If someone is attracted to you, good - investigate it. Have fun no matter what you are doing.
- In the usual course of events, the more you attempt this, the more assertive you grow to be. Make a determined attempt to do these things, but do not push yourself into a position just to do them. It all works out in the end. Attempt everything head on - you will be okay.

New World Empires

BY CHRIS CLEMENTS

After trying to dig into Warcraft's fantasy real-time strategy (RTS) market with Age of Mythology, Ensemble Studios return to their RTS roots with the third instalment of Age of Empires. AOE III, Ensemble's latest computer game published by Microsoft Game Studios, takes eight of the civilizations from the previous games in the series and moves them to the new world.

You play as settlers exploring the Americas, finding ancient treasures and forging alliances with natives along the way. All portions of the Americas are represented in the game and maps are regionalized. One game may take place in New England, the next in the Rockies and the next in the Andes or Amazonia. Each map has its own unique features and challenges, and the natives represented are the natives of whichever area the game takes place in.

Gameplay has not changed much and the game as a whole is fairly typical of the RTS genre, but there are just enough innovations to keep it interesting.

One new feature is the addition of a home city. Whichever colonial power you choose to play as, you will have some control over that country's capital city. Players using Britain gain control

of London, using the French you gain control of Paris, etc... The city remains with you from game to game. Depending on the outcome of each individual game, the players involved gain experience which goes towards levelling up said home city. When a city levels up, you can choose which improvements to make to the city. These changes affect the game, as each improvement will unlock another possible shipment from the home city that you can use during play.

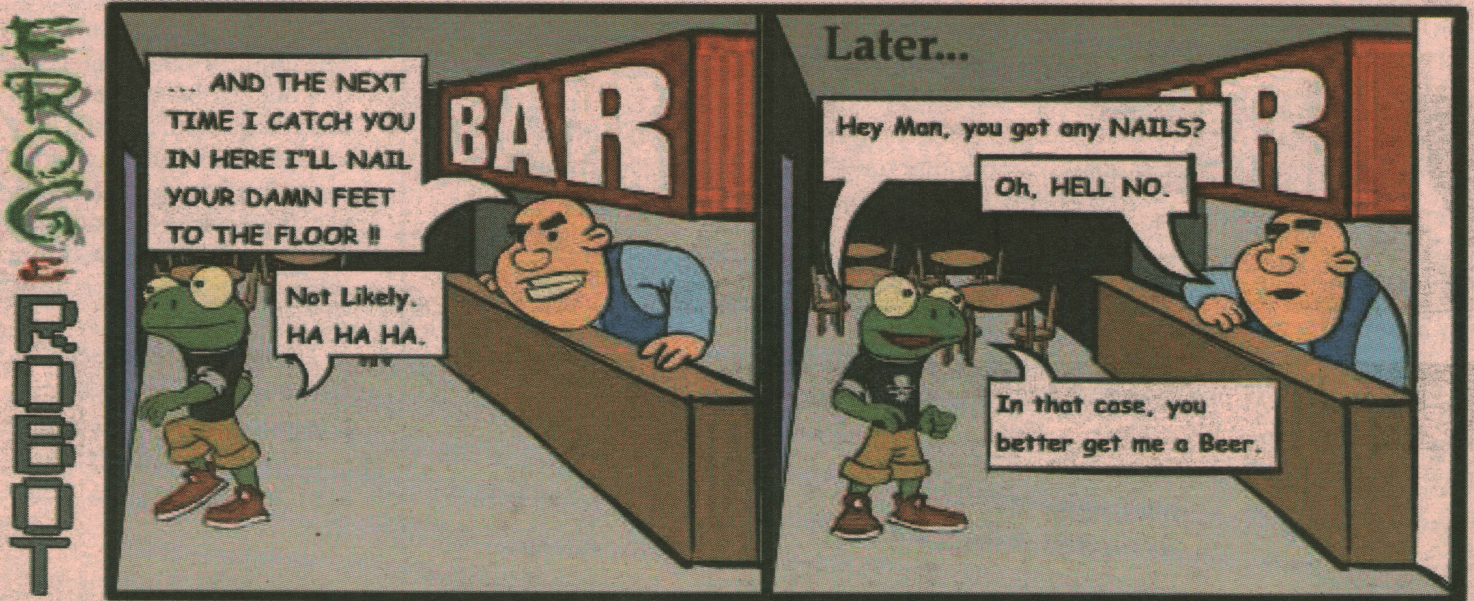
The graphics have also been substantially improved for the third installment of the series. The game incorporates the Havok physics simulation middleware engine (used in such recent games as Half-Life 2) which means that when a building collapses or a player is run over by a monster truck (truck only available with cheat codes) the ensuing graphics are determined by the physics engine as opposed to being a standard one-size-fits-all animation.

AOE III is a good game, but it's not spectacular. Some of the innovations, like the home city, do help breathe some new life into a tired game style, but overall Age of Empires III still feels like just another real-time strategy game.

Japanese Events @ Saint Mary's

■ Sunday, January 29
Koshogatsu
(Japanese Little New Year)
1 - 4 pm
Sobey 4th Floor Lounge
Free Admission
Door prizes!

■ Tuesday, January 31
Ikebana
(Japanese Flower Arrangement)
7 - 9 pm
Theatre Auditorium
Free Admission



where's robot you ask, watch this space next week to find out

BUSINESS

FROM HALIFAX TO HONG KONG, BISHOP WRITES AROUND THE WORLD

BY ANDREW BREEN

When I was in Europe last year, I met more than a few wannabe travel writers. Who doesn't dream of seeing the world and getting paid to tell about it? For Bruce Bishop, this dream job is a reality.

While Bishop has traveled all over the globe, his story starts in his hometown of Yarmouth, Nova Scotia. Growing up in the small town didn't give him much exposure to the outside world. But that changed when he came to SMU to pursue an English degree. At Saint Mary's he met students from around the world and made international friends. These new acquaintances sparked his imagination of what lay beyond Nova Scotia.

Bishop moved to Toronto after graduating from Saint Mary's. He worked a range of jobs from hospitality to film-making, but he never forgot his love of writing. Before a trip to Trinidad and Tobago, he bought a how-to book on travel writing. The book helped him to get beyond the resorts and seek out real people and real stories. When he returned to Canada, he wrote an article about the trip and managed to get it published in the Chronicle Herald. Since



when you do your best writing."

Bishop credits his success to initiative and networking. Both skills were evident in his days at SMU. Along with writing for the Journal, he was on the Student Council, the Senate, and the Residence Society. After having 10 articles published, he joined the Travel Media Association of Canada (TMAC), and eventually was elected president.

His involvement with TMAC helped Bishop overcome one of the biggest obstacles in travel writing: getting to know the editors. It is difficult to have editors take interest in a story when they aren't familiar with your writing style. Once editors start to take notice, life gets easier for the travel writer. Tourist boards from around the world select published writers and invite them on press trips. This allows the area that the tourism board

then, Bishop has contributed to Fodor's, the best-selling travel guidebook series; the Globe and Mail, Luxury, the National Post and other major publications.

His most memorable stories came from a trip to South Africa. There, he witnessed extreme poverty, racism, and jaw-dropping natural surroundings. "The best stories come from those trips that have the most emotional effect you," Bishop says. "That's

is promoting to get media coverage. That coverage is priceless because a travel editorial is seven times more effective than a travel advertisement.

So how can you get your first break into travel writing? Bishop recommends starting with smaller publications, like local newspapers or niche magazines. They are more likely to take an interest in your article than a large publication. He also offers this advice, "The best way to write is to get beyond the resorts and tourist sites, and to seek out where the locals go."

But be warned, travel writing is not all sun and fun. It's a difficult market to break in to, and editors are wary

of unknown writers. Even when they do manage to get published, travel writers often face low wages. But as any travel writer will tell you, it's a labor of love.

Now back in Yarmouth, Bishop continues to write while running his company, Global Travel Communicators. After seeing first hand what made for a good or bad press trip, Bishop decided to start putting together his own. He now organizes press trips for destinations, ensuring the best writers see the best a place has to offer. Bishop continues his freelance writing; his latest work will be in the 2006 Fodor's Denmark guide, in bookstores by April.

THE ROCKERFELLER

1. The stock market is all over the news lately. What's the big deal and is this normal?

Yes this is relatively normal, as in the market quite often will take some huge swings when the quarterly/yearly reports come out (as just recently happened). As I explained last week stock prices are determined by the revenues per share, and in these cases we had a bunch of stocks come in lower than expected driving share prices down (after having a few days of better results). Add to this the fact that quite often the market has what are called "corrections" where overzealous buyers force prices above acceptable levels and then we have a small dip after a large gain in the exchanges. Compound this with the fact there is little "regular" news (outside of the elections); we are seeing the stock market's day-to-day results become headline news when it may not really deserve it. I recommend in the end to not worry at all about all of this news and to invest as you would normally when the market isn't getting as much of a headline profile. Remember that many professional investors recommend that you only look at the long-term outlook of the market and let things take their course so that in the end you will be successful in achieving acceptable returns.

2. I know Bill Gates is the richest person in the world, but who is Canada's richest person and what do they do?

The answer to your question is one of the lesser known billionaires in the world, Ken-

neth Thomson the 2nd Baron of Thomson of Fleet. He is Canada's richest person with a net worth around \$17.9 billion US, making him the 14th or 15th richest person in the world behind all of the six Wal-Mart heirs with a little over \$18 Billion US each. This 85 year old is the owner of the Thomson Corporation - the world's leading information company, through which he has owned many notable papers such as the "The Times" of London, "The Jerusalem Post" and more locally "The Globe and Mail". Throughout the past decade he has focused more on modern media holdings such as BCE (which means CTV, TSN, Bell...) and many smaller but well-known brands in the legal advice industry. On a more personal note, he has focused his philanthropy on becoming one of the leading art collectors of the world purchasing such paintings as the "Massacre of the Innocents" by Peter Paul Rubens, which he bought for \$75 million US back in 2002; and Canada's own Paul Kane's "Scene from the Northwest: Portrait of John Henry Lefroy." All in all Ken has around \$300 million worth (or 2,000 pieces) of paintings which he has donated to the Art Gallery of Ontario in Toronto. On an aside, Canada does not yet have a female billionaire in her own right, and the 2nd richest Canadian is Galen Weston whose most notable asset is Loblaws (which is branded as Atlantic Superstore here in Nova Scotia).

Have a business question? Write the Rocker-Feller at therockerfeller@gmail.com



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MISS BIZ

aka Jackie 'jax' Howatt // aka Jacqueline.Howatt@smu.ca

Where My Entrepreneurs At?

I'm scared. Well, I'm concerned, that's for sure. As some of you may know, I am currently double majoring in Marketing and Small Business and Entrepreneurship. How many people do you know that are majoring in Small Business at Saint Mary's? Probably not many. As I look around my various management courses that are required for this degree, the only thing that flashes through my mind is, "How much longer will this degree exist?". There are probably around 10 people graduating with an Entrepreneurship degree this year. It's very shocking because one of the major reasons, if not, the most important reason that I am attending Saint Mary's in the first place is because of the Small Business and Entrepreneurship offering. As I understand it, there are only two, maybe three professors that teach the courses I require for this degree. I really think that Saint Mary's should be doing more to promote this amazing concentration. It's something they can hold above the heads of competing institutions, because the surrounding schools in Halifax don't focus on Entrepreneurship at all. This surprises me, considering that something like 80% of jobs in Atlantic Canada are created by "small businesses".

I can understand why Small Business and Entrepreneurship may not be the "safest" concentrate to graduate with because it's not necessarily a "skill" that can be "taught". Most believe that you have to be born into a family business, have a ton of money to back you, or be the next Bill Gates to make this

degree useful. This is simply untrue! The courses offered for this degree really equip you with salable assets in order for you to get a job (should you need one) after graduation. The business plans we make in class are very attractive to potential employers because it shows that we are capable of organizing an entire business from the ground up. It shows how much thought we've put into the operations of a business, and it shows that we are well-rounded business people, meaning, we know how all business aspects intertwine and work together (finance, accounting, marketing, etc...). What employer wouldn't value that initiative? Plus, the contacts made in these courses can easily set us up with a job after graduation. We are almost forced to meet small business owners of all kinds, and that is the best way to secure a job. The Small Business and Entrepreneurship degree really forces you to think big. It opens your eyes and you really realize that anything is possible when you work hard and believe in yourself. It's okay to take a chance in your life in order to see a dream realized.

So, if you have a friend, sibling, or other family member that is very independent, strong-willed, self motivated and interested in business, make sure to tell them about the possibility of majoring in Small Business and Entrepreneurship. This degree deserves more respect and recognition for so many reasons, and hopefully it really grows in popularity in the years to come.

ACE CAMPUS SPOTLIGHT Presto Services

Huang Yi Feng (Andy) is a 4th year SMU student double majoring in Computing Information System and Economics. Andy runs a services company that offers more than just one service, from snow removal and house repairs to computer services and student services. Andy has shared information about these three service demographics, with the focus being on what his company can do for students like you.

Describe your business Andy, what all does Presto Services encompass?

Property Management Services: Snow Removal, General Property Repairs, Cleaning. My partner started general repairs, cleaning business activities two years ago. He is good at different tasks of household works. In Sep, 2005 I and my partner decided to go on a snow removal business. I joined the company at that time. In the previous years, I have noticed people having hard times removing snow. I worked in landscaping company in summers. I have seen people would like to pay good money just for getting some simple physical work done, so I got the idea to remove snow.

Property Computer Services: Connecting networks, designing and publishing websites, etc. I started in Nov 05. I noticed some students have excellent computer work experiences and skills—they know a lot more computer knowledge than we can learn from SMU classes.

I got the computer services idea from myself. As most computer users in Halifax Metro area do not have the computer skills to perform very simple tasks. I had strong enough computer technical specialists, so why not organize a services business.

I do not actually invest in any equipment, and I can get low cost human resources. We are all students doing things on part time casual basis, and everyone can get practical experience by operating such services.

Andy is dedicated to creating unique options for students, and these are some of the services he offers to you. More information can be found at his website, www.HalifaxPresto.com

1. Typing essays for just \$1 / page. Your handwriting will be typed by oversea university students and kept in top secret. Nobody in Canada can touch your essays except me—Huang Yi Feng, the business owner of the services company.

2. Free website designing for all students, business owners and the societies on campus. We only charge for publishing and maintaining the websites, beginning with \$15/month. Personal websites are good for students who are trying to get employment. Having a personal website provides the convenience to let your potential employers know more about you than

anyone else. Business owners and societies can use websites for different purposes

3. For students who refer customers to my business, I will give them 10% commissions on the initial services fees. Minimum \$5 per commission—it means even if I can only charge \$5 service fee, you will still have \$5 commission.

How do you find balancing school with running a business?

Of course, I have to spend more time to work and study, it means to give up some leisure time. However, the most important is team work in my company. I can only get things done with the help from my team. Without the royalty of my team, my business would not exist.

For more information on Andy's company, or to inquire about one of his services, visit www.HalifaxPresto.com.

Interested in getting your business in the spotlight? Contact laura.macintosh@gmail.com for more information.



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THE SOBEY SCHOOL OF BUSINESS Commerce Society Update

Welcome to this week's edition of the Sobe School of Business Commerce Society newsletter. We have a few events coming your way in the next few weeks as well as a few volunteer opportunities if you are interested

Sobe School of Business Clothing

As you may already be aware the Sobe School of Business Clothing has finally arrived. We are currently selling Men's and Women's Golf Shirts at \$25.00 each for members and \$30 each for non-members. The shirts can be purchased at our commerce society display table on Tuesday & Wednesday of this week. After that they may be purchased in the Commerce Society office L288. Pictures have been attached for your viewing pleasure. Supplies are limited so get your shirt today!

HR Society

Are you an HR major or interested in becoming an HR major? If so don't miss out on an HR forum presented by the HR society. The forum will be taking place on January 30th, 2006 from 5:30pm-7:00pm at SMU. Location to be determined next week. The keynote speakers for this forum are Mark Surette and Erica Leal. Refreshments will follow the forum. This event is applicable to all people interested in HR. For more information please contact Joanna Reid at reid_joanna@yahoo.ca. More details to follow next week.

SMUSA's Winter Carnival

Also don't forget SMUSA's carnival is taking place next week so make sure to be on the lookout for signup sheets and information on your favorite events such as Dodgeball, Kareoke, Brain Freeze Trivia and Olympic Theme Pub night!



Degree

Paralegal Studies

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THE SOCIETY PAGE

Women, Write On!

A WEEKLY UPDATE FROM THE WOMEN'S CENTRE
BY JENNIFER CRAWFORD -- JENNIFER.CRAWFORD@SMU.CA

Friday, January 27th YOGA FOR WOMEN

This will be held in the Private Dining Room (turn right at the Loyola Security Desk), and is scheduled for 2pm-5pm (but come for whatever amount of time you're available!). Wear comfy clothes, and be prepared to lose all of your stress! Conducted by the lovely and awesome Angela Leonard. Women staff, faculty, students and community members are welcome.

Tuesday, January 31st DUE DATE FOR THE ESSAY CONTEST

In 500-1000 words, tell us: What does it mean to be a feminist? Our first ever essay contest, intended to generate some discourse and critical thinking about the meaning of feminism. Prize: \$50 gift certificate to Venus Envy, 2 tickets to The Vagina Monologues, and the opportunity to read excerpts from the essay at the opening performance of the Monologues, during the closing statements.

Tuesday, January 31st WOMEN'S CENTRE BOARD MEETING

Want to have a say? Make suggestions for events? To learn more about what we do? To start on your path to world domination? Come to the Board Meeting, at 7:30pm. Held at the Women's Centre. RSVP (if you're new) and email agenda items to jennifer.crawford@smu.ca

Friday, February 3rd FEMINIST FRIDAY

Bring your lunch to the Osmond Board Room (right next to the Women's Centre) for a noon-hour of hanging out in an environment of feminist understanding! We have the room booked from 12-2pm, but come for however long you're able, even if it's just to say 'hello'! All staff, faculty, students and community members are welcome.

Friday/Saturday, February 10 & 11 THE VAGINA MONOLOGUES

Our annual fundraiser for Bryony House will take place on these days, at the Theatre Auditorium in McNally. Tickets on sale the week of in the Loyola Colonnade and at the door. Showtime is 7pm. Tickets are \$5 for students/seniors/unwaged and \$10 for all else.

BURSARY APPLICATIONS NOW AVAILABLE

DEADLINE:
JANUARY 31, 2006

Drop-in Workshops:
Room 411A Student
Centre

JANUARY 27

2:30 - 4:00

FINANCIAL AID & AWARDS

4TH Floor Student Centre

TEL# 420-5761

Saint Mary's University Environmental Society

Hey all! It's time for another potluck! I think they are a great way for us to get together, chat, and eat eat eat!

I (Kelley) will be having it yet again. The date this time is Saturday, January 28th, anytime after 6:30pm is cool. I don't usually set an end time, but historically it's usually around midnight or so.

I would love to see more people come out this time. Although any potluck is a good time, the more the merrier, and I think it's good to come out and meet your fellow treehuggers! Feel free to bring a friend along if it makes you more comfortable, and of course it's BYOB...as well as some sort of food dish, bought or made.

My address is 5270 South St. apt. B (middle buzzer). In case you need to call to ask for directions, my number is 431-0884.

Finally, I will ask Chelsea (our Treasurer) to meet at a central meeting spot at 6:15 or so in case people want to walk down together...might make a few more eager to come along if they aren't coming alone!

Kelley :)
Vice-President,

p.s. I will send out another email next week to remind!
(SMUES)

SNO* TO SURF SOCIETY

Hey Everyone, Perhaps we've been going about this the wrong way?
Let's start small, finish big.

THINK COLD. THEN THINK SNOW.

For those of you who haven't yet emailed the account to confirm your email address, could you please make a point to do so. All you have to do is send a blank email to sno2surfsociety@gmail.com. Also if you know of anyone who is interested in being on this email list, please forward this email along to them so they can do the same. Thank you for your time.

FRIDAY, JANUARY 27TH (DAY) -

TRIP TO MARTOCK www.martock.com - tickets at the Info Desk (student centre)

Winter Carnival Event BROUGHT TO YOU BY SMUSA // Tickets are \$30 (lift ticket, transportation, lesson and rentals - if needed, included) or Tickets are \$20 (lift ticket, transportation and/or lesson)

A BUS WILL BE DEPARTING FROM SMU PARKING LOT (BY THE GORSEBROOK) @10AM

>> SKIING AND RIDING UNTIL 6PM

JANUARY 27TH (NIGHT) -

APRÈS SKI EPIC PARTY AKA GET LEI'D

(yes, that does mean it's an Hawaiian Theme'd Party)

Best Hawaiian Attire Encouraged @ The Grawood

Let the Games Begin around 9pm // Prizes, Slideshow/Video and well you know the rest.. proceeds to support; the Dal and SMU Snow and Surf Societies and Push for the Cure

TUESDAY JANUARY, 31

BANFF MOUNTAIN FILM FESTIVAL

for all of the outdoors/extreme people out there... This is one of the best extreme film nights in Halifax. Cost is \$15 or \$17 (at the door) >> The McGinnis Room ((in the Dal SUB))

INTERNATIONAL DEVELOPMENT WEEK

FRIDAY, JANUARY 27TH:

Feature Speaker: Chris Bryant
- Rethinking Development: Local Pathways to Global Well-Being
12noon - 1:00pm
-- McNally Main 208 --
Nova Scotia Office of Economic Development

SATURDAY, JANUARY 28TH:

International Night 06'
6:00pm - 1:00am
see page 4 for more details

SUNDAY, JANUARY 29TH:

Koshogatsu 2006
1:00pm - 4:00pm

Sobey Lounge - 4th floor
Join us for a celebration of Japanese Little New Year. You will enjoy a sample of Japanese snacks, traditional games, demonstration of calligraphy, hanafuda, origami, and much more.

MONDAY, JANUARY 30TH:

Feature Speaker: Dr. John Devlin, Assistant Professor, International Development Studies - Is The Poverty Gap Still Growing?
1:00pm - 2:00pm
Private Diningroom - PDR

Analysts of development offer two very different interpretations of development trends. One group states that global poverty is declining and that slow but steady progress in being made. The other states that global poverty is becoming continuously worse. We will discuss some of the data on growth and poverty, and how what one sees depends on the data one chooses - or perhaps the data one chooses depends on what one wants to see!

Documentary: AIESEC Film
- Why Should I Care: The Reality Behind Youth
7:00pm - 9:00pm / Sobey Theatre Auditorium - SB201

This documentary focuses primarily on the Kibera slum in Kenya, the largest slum in Central East Africa and home to 700,000 people. Arshi and Punzalan's

cameras show the power of this area alongside short interviews with representatives from community organizations, volunteers, and youth.

TUESDAY, FEBRUARY 31ST

INTERNATIONAL OPPORTUNITIES AND CULTURAL FAIR 11AM - 3PM
Loyola Conference Hall (L290)

Drop in and discover a world of possibilities. International opportunities to study, work and volunteer will be displayed by more than 27 different organizations, student groups and university departments. Several Societies will be selling international food during the fair.

EXPERIENCE IN GHANA
12:20PM - 12:40PM

Private Diningroom - PDR
Presenter and Saint Mary's Grad student, Leah McMillan, will speak about her experience with the Trent Program in Ghana, where she participated in a school exchange program with the University of Ghana and participated in a CIDA exchange program.

World Youth Experience
12:40pm - 1:00pm
Private Diningroom

Presenter and Saint Mary's student, Danica Francis, will be speaking about her Canada World Youth Experience in Quebec and Burkina Faso. She will talk about how Canada World Youth's mission is achieved through the extensive 6 month program and how her experience with Canada World Youth helped her to become a better global citizen.

Governance and Development: A Student's Experience in Egypt
1:00pm - 1:30pm

Private Diningroom - PDR

The presenter and Saint Mary's student, Ahmed Gabr, recently spent four months in Egypt to conduct research on governance in the agriculture industry through the Canada

Corps Student Internship. He will share stories about challenges and experience, told with a unique outlook on his home country.

WEDNESDAY, FEBRUARY 1ST

How Globalization Affects the Development World 1:00pm - 2:00pm
Sobey Building 265

What is the nature of globalization? Is it something new or an extension of the centuries-old expansion of Europe and North America? Dr. Suzanne Dansereau, associate professor, International Development Studies.

THURSDAY, FEBRUARY 2ND

Feature Speaker: Scott Taylor - IRAQ America Imperial Nightmare
see page 7 for more details

Wells for Africa: Fundraising Gala and Silent Auction // 9:00pm - 11:00pm

McNally Theatre Auditorium
Join the IDS Undergraduate Society for wonderful evening of multicultural music and dance. Wells for Africa provides rural communities in Nigeria with safe water.

FRIDAY, FEBRUARY 3RD

Feature Speaker: John Watson - Making Markets Work for the Poor
12noon - 1:00pm
McNally Main 208
CARE Canada

FOURTH ANNUAL IDS TRIVIA NIGHT

Do you know what country drinks the most beer per capita? What does MSF stand for? Come and finish off an exciting week of exploring the world of international development by challenging your intellect and knowledge of world issues. Have fun with people from different places and organizations coming together to mingle, have a few drinks, and celebrate the end of a productive week of promoting international development - there will be several team and door prizes. \$3 dollars per person (max. 5 people per team).

full schedual:
<http://idweek.smu.ca/programme.htm>

SPORTS

Can't gain any ground

BY ADAM COSTELLO

The St. Mary's Husky Hockey team hooked up with their cross town rivals this past week, the first game of a busy 3 game week for pack. The Husky's have played well this season, but still show the inconsistency they showed last year, when times of brilliance would often be overshadowed by an un timely and unexpected loss. The Husky's took an 11-6-2 record into last Wednesday's action, still just two points behind UNB for top spot in the league. In front of a packed crowd that seemed to consist of an equal amount of fans from both necks of the woods, the puck was dropped and SMU's quest to gain on the top spot in the conference began.

Early on in the game the Tigers had SMU on the ropes, pressing at regular strength, and on the power play, trying to get that oh so important first goal. The Tigers came out utilizing a physical game that seemingly took SMU by surprise, leaving Husky players all over the ice after consistently getting crushed into the boards. Just when it looked as though Dal had slid their first goal past SMU goaltender Cory Roberts, the left post ending up making the save for SMU, bailing them out of some early high pressure. Not even 5 minutes later, Dal rung one off the post again, this time the frustration of the double unlikelyhood swinging the momentum into SMU's favour. With SMU now applying some pressure of their own, Mark Carberry received a pass to his backhand and was left all alone in front of the Dal net. Rather than attempting the weak backhand, Carberry faked a nifty little move to the right of goalie J.F Perras to finish with an easy little shot which he sailed behind the now sprawling Perras. Not to long after, the Tigers finally managed to avoid the post, evening up the game at one before heading into the first intermission. After the break however it was all Huskies. Colin Power and Travis Chapman both supplied 2nd period markers for the Huskies as Dal looked to be on the ropes. The only hope they may have had came in the form of a blistering slapshot that at first looked to have gone in after the goal light went on. What actually happened? The posts struck again! It was so quick it almost looked like it went through the net, but the referee said no goal and play continued. With lady luck on SMU's side, the third period yielded no differing an outcome, with Dan Rudisuela scoring just over a minute in to all but seal the game. The

final score was 5-2.

With absolutely nothing going Dal's way these days, it was almost sad to see them lose their 13th game out of the last 14 contests they've played. No, I take that back. Although SMU was the recipient of some good luck in this one, the outcome would have been the same even if all 3 of Dal's shots that rang off the post had gone in. They may have actually stood a chance if they could have kept up the physical play they came out flying with in the first five minutes of the game. They had intensity, they had scoring chances, they were making sound physical defensive plays and then all of a sudden SMU scored. After that they just gave up, I mean SMU held a 27-2 shot advantage for the second period! Mark Szott had 3 assists for the Huskies and Rudisuela potted his second of the game to finish off Husky scoring in the third.

The following weekend, the Huskies faced off against some real competition as they took on the Axeman, still 2 points back of UNB after the Varsity Reds beat the Tommies 3-1 the same night SMU beat up on Dal. With Colin Power and Mark Rancourt scoring for the pack in the first, the game ended up tied at two going into the third period. Two minutes into the final frame Scott Hathom scored on the power play to put the Huskies up by one but with just under six minutes left in the game, Acadian star Brandon Benedict tied it at 3. That would prove to be the final result as overtime solved nothing (shootout anyone?)

The following night the Huskies travelled to St. FX to try and keep par with the league leaders and this time their defence came out to play. In a low scoring extremely physical game, SMU went into the third period with a 1-0 lead after Colin Power potted one mid way through the first. With their defence standing tall, SMU was able to thwart any chance at a game tying goal until Mark Szott made it 2-0 SMU with 15 minutes to go in the game. Xavier did score on a power play opportunity with just under 10 minutes left to play, but weren't able to get the equalizer after Cory Roberts came up huge on a couple of close chances by X to tie it up in the dying minutes.

With UNB winning all their games last week, the small blemish of suffering a tie against Acadia sees SMU drop 3 points back of the conference lead. They will get a shot at gaining some ground this Friday, when the team their chasing in the standings

RED BULL CRASHED ICE

CANADIAN DEBUT: HEART-STOPPING COURSE THROUGH OLD QUEBEC

A combination of hockey, downhill skating and boardercross, Red Bull Crashed Ice features four skaters racing to the bottom of a 400m urban ice-course

Hockey players, action-sport enthusiasts and adrenaline junkies will put their skills to the test during Canada's first-ever Red Bull Crashed Ice, a combination of downhill skating, hockey and boardercross that will make its Canadian debut in the heart of Quebec City on March 4 at 7:30 pm ET.

The Course

Featuring a 400m ice-track with a 34m vertical drop, Red Bull Crashed Ice will transform the skyline of Old Quebec by winding its way through and around the city's famous fortified wall. Starting at Les Portes St-Louis and culminating at Place d'Youville, the course will include a series of berms, turns, whoops, jumps and steep chutes. At the heart of the action will be four hockey-equipped skaters charging down the S-shaped course head-to-head in a race to the bottom, reaching speeds of up to 50 km/hr, and delivering a breathtaking display of speed.

Race Format

To determine a champion, consecutive heats of four skaters in a double-elimination bracket will narrow the field down from 100 racers to a final four. Racers will be selected from regional qualifiers across Canada, with successful participants demonstrating skating skill, agility, strategy and strength. Among the final competitors will be 15 international participants, including undefeated and six-time Red Bull Crashed Ice champion Jasper Felder of Sweden.

"With its speed and power, Red Bull Crashed Ice will impress even the most diehard Canadian sports fan," says Felder. "The true thrill however, is on the course, and I look forward to proving my skills

comes to town as they host UNB at the Forum at 7pm. This is a huge game for the pack, so if your planning on getting out to see a game this season, this is definitely one to come out for. They then host UPEI the following night. That one has a 7pm start time as well.

On the female side, The Saint Mary's Huskies women's hockey team played a pair of interconference games this past weekend with a strong exhibition showing against competition from Quebec. SMU beat the McGill Martlets 2-1 on Friday, followed up by a close 3-2 win against Concordia on Sunday. Both of the Quebec opponents they managed to squeak by are ranked in the top five in the nation. Courtney Schriver had two goals for the Huskies in Sunday's victory while Clara Gaudet scored the other. The Huskies outshot the Stingers 41-27 and Danielle Brunet made 25 stops for the win.



in the heartland of hockey."

Purse

A grand prize of \$5,000 will be awarded to the champion of Red Bull Crashed Ice, with second, third, and fourth place finishers sharing an additional \$5,000.

Recruitment

Registration for Red Bull Crashed Ice is open online at www.redbullcrashedice.ca, with participation at each qualifier limited to and exclusive to the first 100 pre-registrants in each market. Qualifiers consist of individual speed trials on flat surface indoor and outdoor rinks in 12 cities across Canada.

THE HALIFAX CROSS-COUNTRY REGIONAL QUALIFIERS IS ON JAN. 28 @ ST. MARGARET'S ICE CENTER, 12 WESTWOOD BLVD., 10 PM

About Red Bull Crashed Ice

Since Quebec produces some of the world's best and most fearless hockey players, its capital city is a fitting location for the seventh Red Bull Crashed Ice. Already, thousands of people from around the world have witnessed the breathtaking and action-packed new sport of ice-cross downhill in cities with rich hockey roots, including its debut in Stockholm, Sweden (2000), Klagenfurt, Austria (2001), Duluth, Minnesota, USA (2003, 2004), Moscow, Russia (2004), and Prague, Czech Republic (2005).

Red Bull Crashed Ice is free to spectators. For more detailed event information, please go to www.redbullcrashedice.ca.

THE BASKETBALL DIARIES

In Men's Basketball action this past week, newcomer Aaron Duncan had his biggest game yet in a Huskies uniform as Saint Mary's downed the Acadia Axemen 77-66 last Sunday in Wolfville.

Duncan, who joined the Huskies' lineup after Christmas, scored 22 points and added eight rebounds to propel Saint Mary's to the much needed victory. Jonathan Thibault had 19 points, Jerome Goodman scored 16 and Mark McLaughlin added 10 for the Huskies (6-5) while Mark Ross dished out 10 assists in the win against the lowly Acadian squad, who are now 2-10 on the season.

The Huskies managed to pull out a win against the UPEI Panthers the preceding Friday as well, putting up 67 points in a close 67-59 victory. With the Basketball season reaching it's mid way point upon the finalization of this game, the Huskies will need some serious magic if they hope to come anywhere near top spot in the conference. Their playoff chances look decent however, as long as their inconsistent play doesn't get the best of them and they keep getting strong performances from guys like Duncan.

travel talk

SWAP Working Holidays

Tuesday, January 31st, 7pm

Travel CUTS Office
1589 Barrington Street

Europe on a Budget

Tuesday, February 7th, 7pm

Travel CUTS Office
1589 Barrington Street

Please RSVP: Visit www.travelcuts.com and select "Travel Talks" from the menu.

1st Floor
SMU Student Centre
494-7027

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ONE FOR THE THUMB (or Super Bowl eXtra-Large)

BY CHRIS CLEMENTS

I was a huge 49ers fan. Still am. But when the management of that great West Coast team decided to tear out the heart of their offense and turn a perennial playoff team into a regular season laughing stock, I started rooting for them to lose. Just for a few years though. The San Francisco brass needed to learn that they shouldn't mess with a good thing. And hey, maybe the Niners would even earn a few good draft picks along the way.

I got my wish. The Niners have now stunk for two straight seasons, winning two and four games in the last two seasons, respectively.

I've always had a soft spot for the Pittsburgh Steelers, so when I turned traitorous against San Fran, my loyalties shifted to the Black & Gold of the Steel Curtain.

Last season I watched as Tommy Maddox went down early in the season and a virtually unknown rookie quarterback took his place. People had trouble pronouncing his name at first, but before long he had burgers named after him. Ben Roethlisberger didn't lose a game during the regular season of 2004. Pittsburgh went 15-1 and earned home field throughout the playoffs.

However, by the time the AFC Championship game came around, Roethlisberger was worn out. Unaccustomed to the rigours and length of an NFL season and the intensity of the playoffs, Big Ben was unable to lead the Steelers over New England, and the Patriots won a decisive victory at Heinz Field in Pittsburgh.

After that loss to New England, I remember seeing an interview with Hines Ward, the Steelers star receiver. Hines was crying. Not because he felt bad that the team had lost, Hines was upset because he felt the team had let Jerome Bettis down.

Bettis, the Steelers great running back and one of the best to ever play the game, had never been to a Super Bowl. There were rumours that he was to retire at the end of last season. Bettis, known as The Bus for his ability to

run with defenders hanging from his body, didn't retire. He came back for one more year because he believed the Steelers could win the big game. The fact that this year's Super Bowl is in Detroit, Bettis' home town, made the decision that much easier for him.

In this space on the 21st of September, 2005, I predicted that the Steelers would win the Super Bowl. Most "experts" had picked New England, Indianapolis or Carolina to win it. Those "experts" were looking at paper, at how they thought the teams should play. On paper, I agree that they were correct, but they didn't factor in emotion.

After watching Ward cry and seeing Bettis announce that he'd be back for one more year, I knew the Steelers had something special going. That emotion plus the fact that Roethlisberger would have one more year of experience under his belt made it a no-brainer for me to make the pick.

There were times this past season where I doubted my pick. The Colts looked unbeatable at times. The Patriots looked like they were getting healthy at just the right time. Even the Broncos, with their game very similar to that of the Steelers, looked scary at times.

I stuck with the Steelers though. And they've made it to Super Bowl XL in Detroit. They've faced some adversity on their way to Detroit (Polamalu's interception that wasn't against the Colts), had some luck (Roethlisberger tackling Harper to save the game against the Colts; Champ Bailey of the Broncos missing an easy interception last week) and they seem to be a team of destiny.

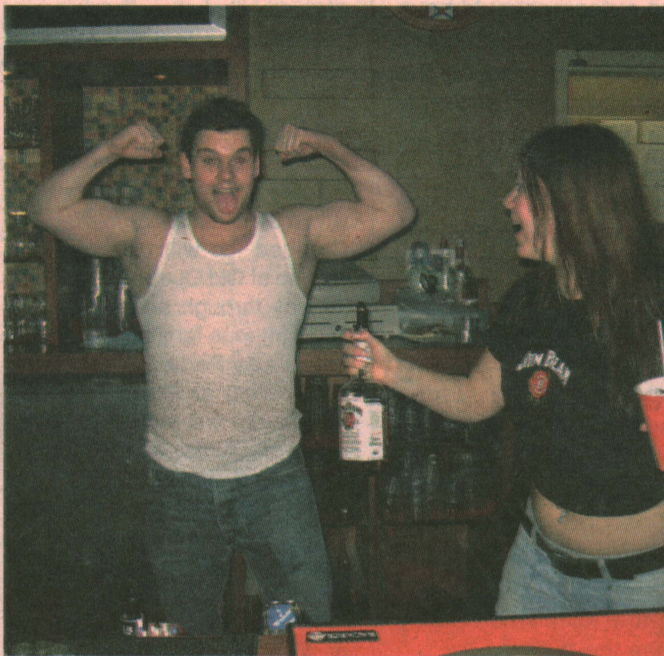
The night before this year's AFC Championship game, Jerome Bettis gave a ten minute speech to his teammates, asking them to win for him. This will be Bettis' last year, and he wants to end his Hall of Fame career in his home town of Detroit with his first Super Bowl appearance, and victory.

I don't think his teammates will let him down this year.

And in Gorsebrook Gameplay... Last Thursday there was a Jim Beam sponsored promotion, "Take the Shirt Off Your Bartender", at the pub, in which patrons with had winning glasses got to take home the promotional shirts the bar staff was wearing.



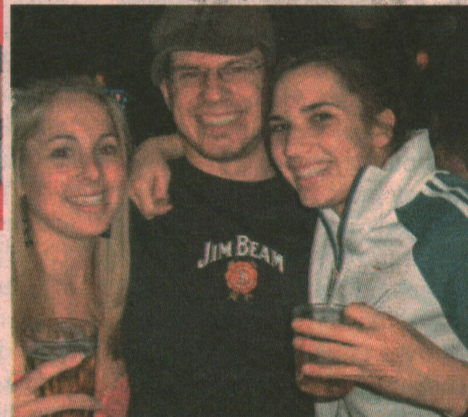
Bar staff, (L to R), Charlotte Jewer, Lorne Caborn, Heather Esling, Greg Peacock, Sean Reid, Mark Downey & Derek Doucette



Greg Peacock after he lost his shirt to one of the winning customers.



(UP) Mark Downey pouring a tall cool one. (DOWN) Lorne Caborn surrounded by Laura Jackson and Ashlynn Ford who took full advantage of the event...



COMING UP This week ... an Olympic Toga Party.

THAT'S RIGHT, "OLYMPIC", THAT TOTALLY EXPLAINS WHY BAR SHOOTS IN THE SPORTS SECTION, IT'S ALL STARTING TO COME TOGETHER



ATHELETES OF THE WEEK

Danielle Brunet
WOMEN'S HOCKEY

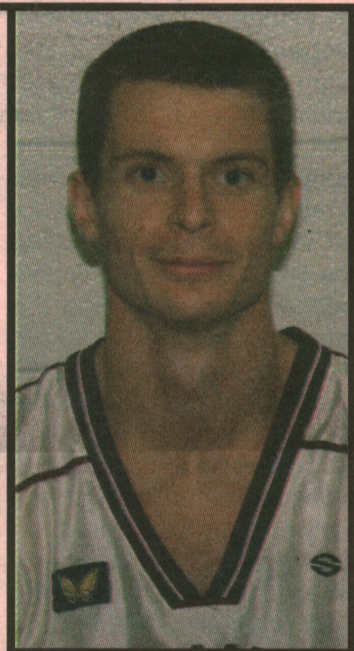
43 shots in 2 - 1 win over McGill

25 shots in 3 - 2 win over Concordia

Jonathan Thibeault
MEN'S BASKETBALL

22 pts., 6 rebounds, 4 steals vs PEI - 67 - 59 win

19 pts., 9 rebounds, 3 assists vs ACA - 77 - 66 win



HUSKIES AT HOME

MEN'S HOCKEY AT THE HALIFAX FORUM

FRIDAY JAN 27 VS UNB AT 7PM
SATURDAY JAN 28 VS UPEI AT 7PM

WOMEN'S VOLLEYBALL AT THE TOWER

SATURDAY JAN 28 VS CBU AT 3PM
SUNDAY JAN 29 VS UNB AT 1PM

THE HUSKIES AND CANJET WANT TO SEND YOU TO TORONTO. ATTEND THE MEN'S HOCKEY GAMES ON JAN 27TH OR JAN 28TH AND IF YOUR NAME IS CALLED YOU WILL BE GIVEN ONE SHOOT ON THE NET TO WIN A TRIP FOR TWO TO TORONTO WITH \$200 SPENDING MONEY. PROMOTION FOR SMU STUDENTS ONLY.

SMU students get in FREE with their student ID - Come out and Cheer on your Huskies

