

A STEAM TRAIN OF AWESOMENESS.

THE JOURNAL

'SINCE 35 ... WOOT WOODOO

IT'S ALL ABOUT THE ANTICIPATION
DID THE REFERENDUM QUESTIONS PASS,
WHO WON THE SRC ELECTIONS,
WILL THERE REALLY BE GREEN BEER AT THE
PUB FOR SAINT PATRICK'S DAY? (YES) &
LEPRECHAUNS TOO? (WELL THATS WHAT THEY TELL ME ... BUT...)

STAY TUNED TO NEXT WEEKS PAPER
FOR THE DETAILS...



IF YOU VOTED YES ON MONDAY OR TUESDAY THANK YOU.

EVEN IF YOU VOTED NO, THANKS FOR TAKING THE TIME OUT OF YOUR DAY TO VOICE YOUR OPINION.
WE WOULD ALSO LIKE TO THANK SAINT MARY'S UNIVERSITY, FACILITIES MANAGEMENT AND
STUDENTS FOR NOT TEARING DOWN, OR ASKING US TO TEAR DOWN OUR POSTERS BEFORE
VOTING HAD ENDED. BY THE TIME YOU SEE THIS RESULTS SHOULD BE IN ... UNTIL THEN, FINGERS X'D.

The "65 Roses"

FUNDRAISING RUN FOR CYSTIC FIBROSIS

Spring is in the air. While this winter has been a far cry from the hurricanes and violent snow storms of years past, it's impossible not to feel the energy that's brought about by longer days and warmer temps. Doesn't it put a little extra spring into your step? This begs the question; what are you going to do with

that spring?

Staying cooped up in your tiny apartment and studying sure isn't the answer, and marching double-time to a dimly-lit pub only to weigh yourself down with everyone's favourite depressant probably isn't the best response either.

So why not sign-up for the "65 Roses" Fundraising Run for Cystic Fibrosis? The run is being held on Sunday, April 2nd, and gets underway at 10:00am at Huskies Stadium. The course is only a 6.5km loop through south-end Halifax, so if you're fast, it shouldn't take you much more than half an hour.

Most of us take runs like that all the time, so why not do it with the added satisfaction you'll gain from knowing that you're doing it for a really great cause? And if running really isn't your scene, no problem; walking is just as good.

The event is being put on by the SMU Athlete Council, which is also the group that brought you the immensely popular Varsity Athlete Date Auction held in the Gorsebrook not too long ago. In fact, the \$2,300 that was raised that evening has all gone to organising the event, ensuring that it'll be first-class.

For all the information that you'll need pertaining to the event, please visit www.runfor65roses.ca. You can register for the run on this web-site, and if you do so by Friday, March 24th, you'll be given a 65 Roses t-shirt that you can wear on race day. So round up your friends, spread the word, and most importantly, log-on to the web-site and sign-yourself up -- what better way is there to start your spring off than by running on a beautiful spring day for a truly beautiful cause.
-- David Chant



Saint Mary's University, Hfx, NS . Mar 15th 2006 VOL 71. ISSUE 19 * since 1935 * * * * * IT'S ALL ABOUT THE ANTICIPATION * thank you for voting *

The

S.M.U.S.A. Page

Charter Day TEACHING EXCELLENCE AWARDS

**NOMINATE YOUR FAVOURITE COLLEAGUES,
PROFESSORS, TAs, AND EDUCATORS**

Certificate of Merit	Nomination close Friday, March 17th @ 5pm
Certificate of Distinction	
Freshman of the Year	Society of the Year
Sophomore of the Year	Most Improved Society of the Year
Junior of the Year	Rev. J. J. Hennessey S. J. Medallion
Senior of the Year	Student Leader
Graduate of the Year	James Ryan Memorial Award
Literary "M"	Harold G. Beazley Award
Honourary Gold "M"	Kendon Matheson Memorial Award
Silver "M"	Thomas Whitty Memorial Award
Gold "M"	Rhian Mood Memorial Award
	Driftwood Award
	Employees of the Year
	The "Mac Attack" Award



JOB OPENING - Summer 2006 Orientation Coordinator

Are you energetic? Do you enjoy working with a team? Are you a leader? Are you organized?

This is the job for you!

Applications can be picked up on the 5th floor, Student Centre.
Applications are due Friday March 10th

SRC Meeting - March 19 10:00am McNally Boardroom

This meeting is open to all students and the SMU budget will be presented. Come out and see where your tuition dollars are being spent!

SMUSA Employment Opportunities

Positions Available September 2006

- Husky Patrol Drivers
- Husky Patrol Manager
- Safe-Walk Coordinator
- Marketing Department Manager
- Graphic Designers/Marketing Staff
- Communications Department Staff
- Communications Officer
- Programmer/Volunteer Coordinator
- Functions Staff
- Functions Manager

Application forms available at 5th Floor, Student Centre (SMUSA Offices).

For more information, please contact Pam Felimate at 496-8700

St. Patrick's Day



Blast Back to the Late 90's

@ The Gorsebrook Lounge

Junior High Night
Thursday March 16th

Also Fresh Leader Reunion Night
Leaders come @ 9 p.m.
for Video, Snacks and Drinks

Donations at the Door
in support of ALS

This Week at the Gorsebrook

Thursday Night

**JUNIOR HIGH
NIGHT
IN THE PUB!**

**FROSH LEADER
REUNION
9P.M.**

Friday March 17th

ST. PATTY'S DAY

**LIVE MUSIC
ALL DAY**

Saturday March 18th

IDS SOCIETY

LIVE BAND

Check out www.smusa.ca for more important info

LETTERS

AKA LETTITORS TO THE EDITORS

Who's Right to Choose Exactly?

On March 6, Governor Mike Rounds of South Dakota signed a bill banning nearly all abortions in the state. It would be illegal for doctors to perform any abortions that are not intended to save the mother's life. That means if a woman has been raped, or incest has taken place, she could not legally obtain an abortion. Apparently it is a larger evil to abort a pregnancy than it is to rape or commit acts of incest. So if a woman is raped and impregnated, she is in fact raped twice, once by the rapist, and the second by the State of South Dakota. Doctors performing these illegal abortions could get up to five years in prison. Gov. Rounds believes abortion is wrong because "...unborn children are the most vulnerable and most helpless persons in our society. I agree with them"

Pardon me?? What century is this? I'm sorry; I thought that finally in the 21st century a woman's right to choose what happens to her body would have precedence over what some political figure believes is best for her body! I

am a strong believer in the right to choose, and while I've never had to make that decision, and know it would be a terrible place to be in, I still believe that I have the right to make decisions over what is best for my body. Abortion may not be the best choice, but I still think it needs to be a choice, and I think that it should be made by the people involved, not some damned politician who apparently lives in a world where women have no rights, and men rule.

If a woman has been raped, why should she be punished with a life sentence while the rapist, if found guilty, only has to be sentenced with an average of fourteen years (in South Dakota). I hope that here in Canada, that something like this will never be up for discussion, and while I don't believe abortion is something any woman should have to go through, if she believes that it is the right decision for her, than no one should make that determination but her.

Christina Copp

Free JUNO Action!

Hey Kate,

Halifax Play Hard, the host committee for the 2006 JUNO Awards wants to let you in on some amazing events taking place in the HRM leading up to the JUNO Awards show on April 2, 06. These events are free to the public and we are asking you to include them in the community events listings of your papers. We want your students at our events.

Halifax on Parade Presented by XM Satellite Radio - Thursday, March 30th 2006, 5:30pm - 11pm, Parade Square

After months of preparations for the 2006 JUNO Awards, Halifax will once again prove that Nova Scotia is the Music Capital of Canada. Thursday night will be the kick off concert for JUNO Awards Celebrations and we will do it in true Halifax style. The Historic Grand Parade

will be the venue for one of the biggest concerts of the year featuring the very best in Nova Scotian award-winning talent. This will be an amazing evening of music, free to fans of all ages. The outstanding line up includes Garrett Mason, Jimmy Rankin, Joel Plaskett Emergency, Matt Mays and El Torpedo, and the Trews. You don't want to miss this unforgettable night of music and fun.

Halifax Play Hard in conjunction with the 2006 JUNO Awards is proud to present TUNES AT NOON Presented by FACTOR is a free, Noon Hour Concert Series at libraries and malls across HRM featuring some of Nova Scotia's finest performers. The line up includes:

Fri Mar 17- Ardyth & Jennifer - MicMac Mall, Dartmouth

Fri Mar 17 -Bob Sutherby -

Spring Garden Road Memorial Public Library

Fri Mar 24 - Shimon Walt with Jennifer King - Alderney Gate Public Library

Fri Mar 24 - Mitchell Hunter - Halifax Shopping Centre

Mon Mar 27- Museum Pieces - Keshen Goodman Public Library, Park West

Tues Mar 28 - Spesh K - Cole Harbour Public Library

Wed Mar 29 - JD Clarke - Captain William Spry Public Library, Spryfield

Thurs Mar 30 - Birch Mountain Bluegrass Band - Scotia Square, Halifax

Thurs Mar 30 - King Konqueror - Alderney Theatre, Dartmouth

Fri Mar 31- Troy MacGillivray - Sunnyside Mall, Bedford

Be at one or all of the concerts for your chance to WIN THE HOTTEST ITEM IN TOWN - TWO TICKETS TO THE 2006 JUNO AWARDS!! For more information visit www.halifaxplayhard.com

SEALED WITH A KISS

This Wednesday, March 15, caring and concerned citizens around the world will be voicing their strong opposition to the slaughter of more than 300,000 baby harp and hood seals in Canada. As part of this international day of protest against the seal hunt, PETA will be holding a demonstration in Halifax, and we'd love for you to join us.

Here are the details of the protest: Date: This Wednesday, March 15, Time: 12:00 noon

Location: Public Library on the corner of Spring Garden and Grafton Street in Halifax

All the materials needed for this demo will be provided. We'll need people who can pass out leaflets and hold posters. This is a very important protest—so even if you have never come out to a demonstration before, let this be your first! The seals desperately need your help.

To learn more about the cruel fur industry, check out FurIsDead.com. If you have any questions or if you plan on attending, please e-mail protest leader Olivier Berre-ville at archalifax@yahoo.com.

Thanks so much for all you do for animals.

Chris Garnett, PETA

Ask me to vote for a \$2 increase in student levy to help the Journal, forget about it.

What is it that we are so concerned about? Is the security of the huskie drivers not that important any more? The Journal wants its funds increased and yet the drivers of the huskie patrol have to pay for their own way back home after a late night shift; a shift that ends at 11:30 PM every night from Sunday to Friday. Why as student and staff should we be concerned over the matter that the journal is facing? The content of the journal itself lacks professionalism and its presentation doesn't even look like a proper newspaper. Articles are chopped off and pasted wherever there is an open space on the page. Today we are asked to make an extra \$2 to fund the journal, since it lacks advertisement to pay for a movie review. Why should we listen to the critics of a fellow student who is going to tell us what movies to watch and what movie not to watch? Personally, I don't even listen to the so called professional

Ebert & Roeper. If a movie is out, shouldn't we decide whether to go watch it or not? Waiting for the DVD to watch in the comfort of one's own home, seems to be the trend among most students here at Saint Mary's. Today the Journal says that it lacks correspondents and to fix that we have to pay an extra \$2. Tomorrow it will say that printing is getting expensive and would want us to give them some more money. When exactly is funding ever going to be enough to produce something good. The March 01, 2006 issue of the journal printed an article that mentioned; once the journal only had 12 pages and sometime 8 pages instead for more. Well, should we remind you that having 8 pages or less doesn't matter if the materials printed are quality materials. The quantity of the material doesn't make the paper better. In the meantime, while the Journal wants some more money, the huskie drivers are left to go home on their own means after driving

half of the school back home. Shouldn't we be concerned about the safety of these drivers? By leaving them to go home by themselves late at night doesn't that defeat the purpose of the huskie patrol, to make sure that student get home safe? Last month we rushed to the polls to vote for our favorite executives, not to bite on the candidates, but did you guys just happen to forget about this issue on your platform? Or is it something that you wanted to stay away from? With the huskie patrol, students are able to get home safe. In turn its time for us to make sure that the huskie drivers are getting home safe. Ask me to donate an extra \$4 so that cabs can be arranged for huskie drivers to get home safe, I will kindly do so. Ask me to give \$5 to create a fund to support bursary for underprivileged kids, I will kindly do so. Ask me to vote for a \$2 increase in student levy to help the Journal, forget about it. Patrick Kitengie patkit@shaw.ca

Would you like to work at the Journal next year?

Journal Elections will be happening very soon... Positions up for grabs are: Editor-in-Chief, News Editor, Arts & Entertainment Editor, Sports Editor, Business Editor, and hopefully (depending on vote results) Science Editor, Society Page Editor...

We'll also be hiring an Art Director, Business Manager, Ad Manager and Distribution team, please forward resumes to thejournal@gmail.com

Stay tuned for more details, or contact thejournal@gmail.com to express your interest.

The Journal's Annual General Meeting and will be held very soon as well, all are welcome to attend, date/time, location and more details to be announced in next weeks paper, and on the [smusa](http://smusa.ca/forums) message board, smusa.ca/forums or as always contact thejournal@gmail.com for further details.

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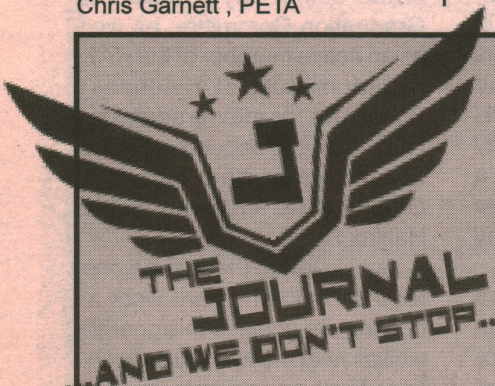
the fine print:

The Journal is the student news paper of Saint Mary's University. The paper is published each Wednesday by The Journal Publishing Society, and funded in part by the student body.

All students are welcome to submit pieces of work for publication in The Journal. These submissions should be received no later than 12:00pm Monday at The Journal offices or email addresses. We prefer electronic submissions. When in doubt send submissions to thejournal@gmail.com.

All pieces are subject to The Journal guidelines for submission, ((available on request)). The opinions expressed in The Journal are those of the authors and not necessarily of The Journal or Saint Mary's University. Letters to the Editor are not edited, and are printed as recieved.

Contributors: wanna see your name here?? then contribute. send stuff to :: thejournal@gmail.com **chris cheney, cm campbell, stephanie foster, rick wolfe, laura mcintosh, danny carew, and a special thank you to University Managment & SMUSA** for not asking us to tear down our pink VOTE YES posters immediately!



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NEWS

"STUDENT LEADERS" SUPPORT TUITION INCREASE

SMUSA Recognizes the Need for a
Tuition Increase of 3.9%

BY KATHLEEN LEAMAN

Students at Saint Mary's should be prepared for 3.8% tuition for Science students and 3.9% increase for Arts students next year. A student taking five courses in Arts (30 credit hours) can expect to pay an extra \$209.43 dollars in tuition a year, bringing the total tuition fee to \$5579.43 from the current fee of \$5370.00. A Science student with a full course load can expect to pay an extra \$207.86 on the current fee of \$5470.00 which brings the grand total to \$5677.86. The Saint Mary's University Student Association President Zach Churchill says SMUSA recognizes the need for an increase.

"We didn't go in and propose that tuition go up 3.9 percent. Our number one goal is student advocacy and student concerns, but that doesn't mean just tuition. We also care about, locally at Saint Mary's, quality of life, quality of education, quality of service" says Churchill. "To have counselling services for free on campus, to have an Atlantic centre that can help out students with disabilities, to have a writing centre that helps students with their papers, we need financial stability, especially if you are giving those services to students for free"

In general throughout Canada, universities are responsible for 40% of their operating costs while the provincial government pays about 60%. In Nova Scotia universities are responsible for funding more of their operating costs, hence the higher tuition fees in Nova Scotia universities. Churchill explains that "Acadia pays 50% of their operating costs. We are paying 70% here and that it is not the universities fault, it's the fault of the provincial funding formula being used here in Nova Scotia."

The provincial funding formula that is used to assess the need was created based on Saint Mary's student enrolment in 1994, 1995, and 1996. The school has grown exponentially since then and to account for the new growth, students will need to cover the cost through their tuition. "We have a lot more programs...and we are not getting funded for them, we are being funded for the numbers we had back in 1995



and 1996" stated Churchill.

With the highest tuition fees in Canada, the least amount of Post Secondary Education government grants and low provincial expenditures for full time students, Nova Scotia is ranked in tenth place on the Canadian Centre for Policy Alternatives (CCPA) comparative analysis of higher education. Manitoba is ranked First for its accessibility in post secondary education.

Students who are single parents cannot receive financial support from Nova Scotia's Employment Support and Income Assistance Program. A recent study by the Nova Scotia branch of the CCPA found that students who are single parents are usually \$1,440 to \$3,320 over their budgets after an eight month school year, even taking into account student loans and grants. This tuition increase will raise these figures even more and make it difficult for single parents who rely on social assistance to attend university in Nova Scotia.

However, for some students, tuition fees are not an issue, and the increase in fees for them could actually benefit less wealthy students. "Accessibility is not an issue for everyone. There are a number of students who can afford to come here and can afford to bring other people with them" explains Churchill. "If you cut tuition across the board, you are helping out people who can afford to come here. We supported the increase if \$150 000 is allocated by the government for scholarships and grants. "It is really important that students are aware of the difference between recognizing the need for an increase and supporting an increase."

International Women's Day a Huge Success

BY KATHLEEN LEAMAN

The Halifax wide celebration of International Women's Day was held on March 8th here at the Saint Mary's University Gorsebrook Pub. The event was organized in part by the Saint Mary's and Dalhousie Universities Women's Centers. The Wednesday night gathering was the main event of the International Women's Week celebrations. Performances at the event included: radical feminist activist group- The Raging Grannies, a skit by Member of Parliament Alexa McDonagh, the 2006 CBC 'Poetry Face Off' winner and spoken word artist Ardath Whynacht, Mexican dancers Christina and Carina Lopez and Saint Mary's own Women's Centre coordinator Jen Crawford's charming monologue "My Boobies". Many women and men of all ages were in attendance. An abundance of tasty treats from a potluck dinner were on offer for all. Gorsebrook regulars didn't seem to mind the revelers at all; many even seemed interested in the celebration. During the celebration just over \$600 was raised for the Single Parent's Centre in Spryfield. A cheque for \$2238 which was raised through the Saint Mary's Women's Centre's production of the Vagina Monologues was presented to Stacy Chapman, a representative from Bryony House which is a shelter and outreach centre for abused women.



Fage Plays Hot Potato

Former Minister Ernie Page not complying
with Ethics Commission over loans to
Potato Farm that leases land to Fage's family.

BY C.M. CAMPBELL

Ernie Fage, now former Minister of Economic Development, was a twice elected member of John Hamm's provincial cabinet. He was re-elected in August of 2003, in the riding of Cumberland North. He resigned on February 16, just days after a news report that linked his family to a \$250,000 forgivable, interest-free loan.

As Minister of Economic Development, Fage recommended the \$250,000 loan, money that was a part of the Industrial Expansion Fund, to cabinet where it was approved. The loan was granted to S&J Potato Farms. Located in Chapman Settlement, a community outside of Amherst, S&J Farms leases land from surrounding farms to plant their potato seed. Some of the farmland being leased to Fage belongs to members of Fage's family. This constitutes a violation of the ministerial code of conduct and Fage resigned from his cabinet post stating he recognised the conflict of interest. "There was no intent of gain. No gain was received. But I would have known that I hadn't fully honoured my commitment to the oath I swore. I resigned my ministership on that basis," he said.

Despite Fage's assurances that he had not knowingly done anything wrong, a public accounts committee recommended that Fage face the committee for questioning. The all-party committee also requested full disclosure from both the Economic Development Department and Nova Scotia Business Inc.; a department that was also ministered by Fage. The Economic Development Department and Nova Scotia Business Inc. complied by handing over

a telephone book-sized binder containing the requested information peppered with several blanked out pages.

On March 8th Fage sat before the all-party legislative committee and refused to answer most of the committee's questions regarding the loan approval process. Fage often stated that cabinet confidentiality prohibited him from responding to questions posed by the committee. At one point Fage attempted to read a letter written by S&J Farm owner, Stephen Ellis regarding the loan and was told he was out of order and could not read the letter during the hearing.

Retired Premier John Hamm and newly elected Premier Rodney MacDonald have been quick to speak up on Mr. Fage's behalf. Hamm has called Fage an "...honourable, honest man," and MacDonald commented on how Fage "...did the right thing." But both have been quiet about their involvement or prior knowledge of the loan. The opposition, on the other hand, has plenty to say. Liberal leader Francis MacKenzie is upset with the entire Conservative cabinet, stating "If cabinet wasn't aware of all of the issues related to this transaction, then they didn't do their job," and NDP leader Darrel Dexter felt it was unacceptable for the Conservatives to invoke Cabinet Confidentiality. Liberal MLA Michel Sampson felt that Fage's refusal to answer many questions cast a shadow of suspicion upon him. "It's a bit of a stretch right now based on the questions he's refused to answer to accept his story that he just made an error here," said Sampson, echoing the thoughts of many sitting on the committee.

In this week's episode of MEET THE PEOPLE THAT WILL BE AT CONVOCATION WITH YOU we meet the goodlookin' JEFF HOOVER!

My name is Jeff Hoover, and I am honoured to be your Valuedictorian for the Spring 2006 Arts and Graduate Studies Convocation. I was born and raised in Oshawa Ontario until I came to Saint Mary's University in 2003. I will graduate with a Bachelor of Arts with a Double Concentration of Criminology and History.

While attending Saint Mary's I have been heavily involved in the community. In my sophomore year I was a Resident Assistant. This year, I have been fortunate enough to be elected to the Saint Mary's University Student's Association's Student Representative Council as the Senior Undergraduate Representative. Also, I am an executive in the Criminology

Society, an executive member of the Saint Mary's University Graduation Committee as well as an active member of the RAK (Random Acts of Kindness) Squad. As for after graduation, I am hoping to become a Police Officer either back home in Ontario or as a member of the Halifax Regional Police.

I would like to thank everyone for their help and hard work in helping me achieve this goal as well as help me with my speech, specifically my parents, my sister Amy, my little cousin Greg, Adam Lordon, Christi Budd, Zach Churchill and Professor Roger MacDonald. Finally I would like to thank Saint Mary's University for three great years and a lifetime of memories. I'M OUT!!!

ZACH HAS A PRESIDENTIAL BLOG AT :

[HTTP://PRESIDENTSMUSA.BLOGSPOT.COM](http://presidentsmusa.blogspot.com)

don't break your neck getting there tho, only last time he posted was June 30, '05

Sometimes you just need to SHIT...

BY KANDACE MCDONAH

Whether they'd like to admit it or not, everyone shits. Everyone, therefore, has a colon as well as a rectum. It is because of these simple facts that it is important for everyone to be aware of the signs of colon and rectal cancer. March is Colorectal Cancer Awareness Month. Being the second leading cause of cancer death, this type of cancer may be more prevalent than you would think.

The colon and rectum make up the final portion of the large intestine. The colon absorbs water, minerals and other nutrients from the food you eat while the rectum stores fecal waste until you feel the need to poop it out. Together they are on average just under 7 feet long. Wouldn't you like to know what's going on in there?

Colorectal cancer will often develop from abnormal growth tissue at the cells lining the walls of the colon and rectum. These abnormal growths, known as polyps, are not always cancerous, but can become cancerous with the mutation of a single cell. Although the cause is still unknown, several risk factors can make an individual more susceptible to developing this form of cancer. A diet that is high in fat, particularly high in animal fat or processed foods is believed to increase the risk of colon cancer. Other environmental risk factors include smoking, excessive alcohol consumption, obesity and low physical activity. Some risk factors, however, are not preventable. Chances of developing colorectal cancer increase with age significantly after age 50. An inherited genetic abnormality or a family history of colon cancer play large roles in the chances of developing the disease.

Colorectal cancer can easily go undetected. Often times the cancer can develop with no symptoms at all. Because symptoms may only begin to develop at later stages, there are various methods of screening for asymptomatic patients. Signs and symptoms may include:

- diarrhea
- constipation
- abdominal pain
- narrow stool
- bloody stool (bright red or dark in color)
- unexplained weight loss
- nausea
- vomiting

If exposure to potential risk factors is a concern, easy lifestyle changes can prevent development of colorectal cancer. A diet high in fruits and vegetables and low in processed foods will not only lower risk, but will aid in the maintenance of a healthy weight.

This in turn will also lower the risk of cancer development. Foods high in vitamin D and calcium have also proven effective in prevention. Exercise and outdoor activities can also lower the risks of colon cancer. Regular screening, however, is most effective in the prevention and early detection of potential colorectal abnormalities.

So the next time you need to have a poop, be sure to think about how your own colon and rectum may be doing. After all, they do put up with all your shit.



WHAT'S THE BIG IDEA?

2006 REGISTRATION DEADLINE EXTENDED TO: MARCH 27, 2006

What's the Big Idea? competition launched by the Saint Mary's University Self Employment Centre is open to all Saint Mary's University students, enrolled in full-time, part-time, undergraduate or graduate studies, or taking a work term as part of co-op education.

The students have the opportunity to participate in this great competition and to win cash prizes up to \$5,500. Also, everyone registered is eligible for the Special Draw: \$500 worth of apparel from Molson Canada.

You can register as many

ideas as you want and be part of as many teams as you want. You can also register an idea you registered last year. Make sure you register your business idea and submit the 5 page proposal before the deadline: March 27, 2006 at 4:30 pm.

For more information and registration: go to www.whatsthebigidea.ca, refer to display boards on campus, or contact Emma Martin by email at emma.martin@smu.ca or by phone at 420-5026/429-4608.

GOOD LUCK!!!!

Would you like to work at the Journal next year?

Journal Elections will be happening very soon... Positions up for grabs are: Editor-in-Chief, News Editor, Arts & Entertainment Editor, Sports Editor, Business Editor, and hopefully (depending on vote results) Science Editor, Society Page Editor...

Stay tuned for more details, or contact thejournal@gmail.com to express your interest.

The Journal's Annual General Meeting and will be held very soon as well, all are welcome to attend, date/time, location and more details to be announced in next weeks paper, and on the smusa message board, smusa.ca/forums or as always contact thejournal@gmail.com for further details.

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ARTS AND ENTERTAINMENT

THE G-SPOT

JOURNAL.GSPOT@GMAIL.COM

Recently my girlfriend and I have been discussing the idea of anal sex. We have experimented with fingers on each other and agree we both would like to go further. It seems to be a no-brainer as to how I would penetrate her, but we're not so sure what would be best for her to penetrate me. Any ideas?

- Willing Boy

Stephanie Foster:

First things first: When it comes to anal sex, lubrication is your best friend. Even if you feel that you're using a sufficient amount, add more.

You should sort out bathroom-related things ahead of time. Mutually showering in advance should take care of any cleanliness issues. Furthermore, reciprocal showers are pleasurable in themselves, so you have nothing to lose. Certain individuals rely on enemas to address sanitation issues. Myself, I've always thought them to be excessive. The salts in enemas can cause irritation, which can be exacerbated by anal sex. If some of you are interested in exploring enemas as a kink I'd advise you to only use ordinary water. For all common purposes, however, thorough use of the shower should be all that's required.

In addition to having your girlfriend use her fingers, or even several fingers, sex toys have a tendency to be the preference, though there are a few ground rules. Only use sex toys anally that have a large base. This prevents them from getting lost up there. You don't want to have to explain this at the ER. The one exception is anal beads, which are fixed together by a heavy-duty rope, and thus can be pulled out with no chance of breakage or risk of them going MIA. Toys attached by a wire leading to a battery pack must never be inserted anally, as there is an excellent risk that the wire will break when you pull on it.

Your options for toy styles are

never ending. Anal probes might be your best bet to start. They come smooth or ribbed, and every so often you can also find them in other neat shapes depending on which store you go to. They even come with handles from time to time. Remember to never switch a toy from anal use to vaginal use without giving it a total clean-up. Several sex shops sell antiseptic sprays that aid this practice. Germs found naturally in the anus should not relocate into your girlfriend's vagina or else a serious infection will result.

It's important that you not use desensitizing anal creams. A number of individuals enjoy these creams as they dull any pain they encounter while having anal sex. The way I see it, if you need some kind of ointment to numb you because of pain from anything sexual, you are doing something wrong. Desensitization could lead you to injure one another without even realizing it.

At the end of the day, take into account that if you're worried about it being fantastic the first time, you may be setting yourself up for a letdown. Just like vaginal sex, it's to be expected that it'll take many tries to realize what works for both of you. So, if your initial experience turns out to be a negative one, don't be terrified to try again. Having an exploratory, no-pressure bearing on the topic should make for a much healthier incident.

Rick Wolfe:

First of all, I'm really glad to hear that you and your partner have started to explore new ways to stimulate each other, great stuff!

You mention that you've experimented with your fingers. This is pretty much standard practice in the stimulation of the male anus. It also allows for the most accurate 'attack' on the prostate. I would suggest trying full finger penetration, if you've only been massaging the area or haven't done any consider-

able penetration. If your girlfriend is uncomfortable with that, she could wear a condom over her fingers during the process.

My next suggestion is to try a variety of toys. If you go to any sex shop, you'll find a diverse selection of dildos, vibrators and some toys specially designed for anal pleasure. I think that the two of you should go together and look for toys that interest the both of you.

This all being said, I can't stress enough to wash everything after being inserted in your anus. I know ¼ of you are laughing right now but it's the truth! It's incredibly unsanitary to insert something that's been in one person's anus into another's (or into a vagina) but people do it all the time. Please make sure you're all practicing safe/sanitary sex!

G-SPOT PRODUCT REVIEW...

BY STEPHANIE FOSTER

This week, on behalf of Venus Envy on Barrington Street, the g-spot brings you a review of their 'clit kit'. Popular as gifts, the kit includes a 1" entry-level vibrator with a removable soft jelly sleeve, a sample of "O gel", and flavored lubrication. It also comes with batteries.

The mini vibrator is quiet, easy to clean, and has a good level of power for those beginning to experiment with toys. The jelly sleeve didn't appear to intensify the experience, even though I know of several individuals besides myself who have a weakness for sleeves, so I've theorized that I'm just not as responsive as most folks

The sample of "O gel", an all-natural, stimulating gel is said to help women reach orgasm. It's not flavored. You have been warned. While it didn't have any influence at all on me, various online reviews indicate that I'm again in the minority. It's even too stimulating for some individuals, as indicated by reviews. I've passed the remaining sample on to Rick to see what he can come up with, so you can count on what I sense will end up being a fascinating update regarding the gel.

The O'My flavored lubricant is water-based and flavored with all-natural ingredients in flavors from strawberry cheesecake to cherry. My exact kit contained lubricant that was melon flavored, and was by far my favorite thing in the kit. It tasted nice, didn't have an aftertaste, and didn't stain anything. It's also latex-friendly. As stated by the O'my website, it's also low-calorie, just in case you're attentive to that sort of thing. If you're someone who enjoys giving oral sex but who isn't keen on the flavors down there, this might be something to have a look at.

If you're on the lookout for a non-intimidating introduction to sex toys, this might be a good way to start.

IF YOU HAVE ANYTHING YOU'D LIKE THE G-SPOT TEAM TO TAKE FOR A TEST DRIVE LET US KNOW... AND WE'LL SEE IF WE CAN MAKE IT HAPPEN
THEJOURNAL@GMAIL.COM

the Lounge Lizard

Welcome back to another session of updates from the Lounge Lizard. Another week gone by and another solid one for the Gorsebrook. Monday nights continue to be a great night to come on in and check out some of your favorite TV shows such as 24 and Prison Break on the big screen in surround sound. Every Tuesday AIESEC offers up Trivia night, a great time with great prizes and every Wednesday is Open Mic night. Last Thursday Labatt's gave away skybox tickets to the AUS final and this Thursday is Junior High night so break out the retro 90's hits and come on down for some Spin the Bottle. Friday night Under the Sun was in and they will be back along with Faded Blue to rock the pub on St. Patrick's Day. Saturday Fax Four offered up some hip hop Halifax style with another packed house enjoying the show, look for another busy one this week with IDS holding fort Saturday Night. If you've got any pictures from the pub send them to lorne.caborn@smu.ca and we'll try to get them up on our website www.smusa.ca/gorsebrook.asp and maybe even in The Journal.

I HEAR THERE WILL BE GREEN BEER AND LEPRECHAUNS (I'M STILL WAITING ON CONFIRMATION ABOUT 'LUCKY CHARMS') IN THE PUB FOR ST. PATRICK'S DAY - BE THERE. FRIDAY.

Vancouver Label Defends Downloaders

BY CHRIS CLEMENTS

With a history of suing small children, poor families and old ladies who are sometimes computer novices and don't even have the hardware needed to file share, the Recording Industry Association of America (RIAA) has found a new foe in their battle against music piracy, and one who comes from an unexpected corner.

Independent label and RIAA member Nettwerk Records of Vancouver is standing up to the RIAA in defense of music fan, David Greubel. The Texan is accused of sharing up to 600 songs on his family computer.

Nettwerk got involved when Greubel's daughter, 15-year-old Elisa, emailed Nettwerk artist MC Lars to express how much she identified with his single "Download This Song".

"My family is one of many seemingly randomly chosen families to be sued by the RIAA," her email said. "No fun. You can't fight them, trying could possibly cost us millions."

"The line 'they sue little kids downloading hit songs', basically sums a lot of the whole thing up."

Terry McBride, head of Nettwerk, recently told p2pnet.net that "it's not about winning the case: it's about stopping all the litigation. Period. That's my focus."

Nettwerk has pledged to pay the family's legal fees, and, if the case is lost, to pay any fines which the family may incur.



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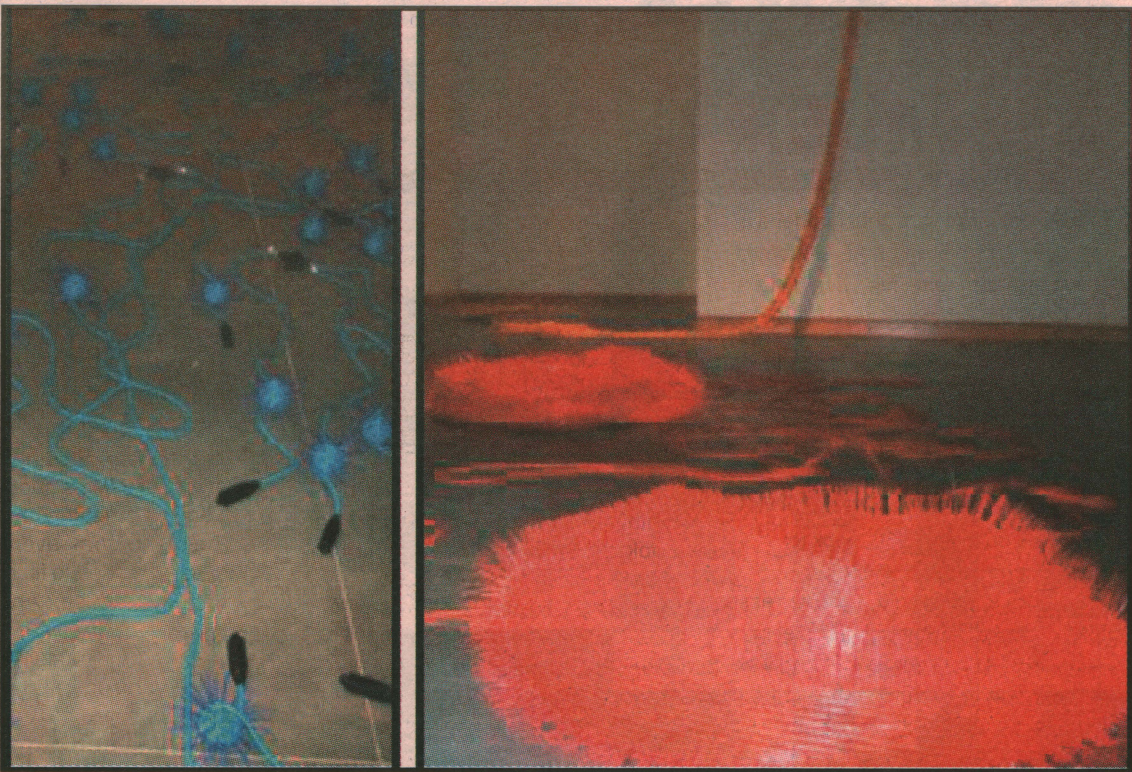
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IT'S A MAD OLD WORLD



BY DAVID COLLIER

When I heard about the Montreal-based artist Monika Napier's exhibition mad, mad, mad, mad world at the Saint Mary's Art Gallery I was initially skeptical. It sounded simple and uninteresting, so I wasn't too excited about checking it out. However when approaching the gallery I began to glimpse some of the pieces through the windows and became fascinated. I entered the gallery and stopped in surprise....I felt guilty for judging an exhibition without even seeing it because before me was an extraordinarily captivating and intelligent presentation.

I was standing amongst several giant and intimidating pieces all constructed from electrical cords and plastic cable ties, along with many electrical appliances. The cords were beyond numerous....it was unlike anything I had ever seen before, to see these once quiet and complacent household objects take on a new life through their sheer number, and appear to be living within the space of the gallery was quite magical. Walking around these structures filled me with amazement, and also a sense of mistrust: Could these cords come to life? I mean

they're all eventually plugged in, and have the potential of life and movement. I was half expecting them to attack me or at least startle me with a sudden act of life, like a recently deceased corpse involuntarily reduced to fits and spasms.

I can't imagine the time it took for Napier to physically construct these elaborate pieces, it's not like she just piled up pounds and pounds of electrical cords and called it art, she meticulously assembled them into complicated shapes resembling seashells, and microscopic organisms crawling and searching along sea floors. There's also a giant braid made from yellow electrical cords sprawled across the width of the gallery, over a grand piano, and then separates to plug into various appliances. The objects appear innocent and humorous in their solid colors and use of materials, but are suspiciously inanimate as a dormant volcano could be. This couldn't be any more true when I walked into the smaller room off the main gallery floor, that was entirely full of dozens of small blue "bugs" made from cords, that discouraged me from further exploring the room in fear of the bugs teaming up

and devouring me.....

Besides the nervous enjoyment of looking at these wonderful pieces there is also a communication of our society's reckless ability to consume property and materials without realizing the destructive effect it has on our lives. The masses of cords are inoffensive enough at a glance, but at a deeper level plead for us to be aware of the consumerism that is around us, and to not be persuaded and trapped into it.

This exhibition runs until April 16th, 2006 at the Saint Mary's University Art Gallery.

THE BOLD PART

Motley Crue was recently in town and it's pretty hard to find a review from individuals who weren't paid to review it. Though I'm sure they sold out, it seems hard to find anyone who was actually there... or maybe they just don't want to admit it?

Pamela Anderson is following her ex, Tommy Lee, to Halifax. She's going to be hosting the Juno Awards. An odd choice if you ask me, although she did just get a spot on Canada's Walk of Fame.

Other people who were just added to the Walk include Alex Trebek, Paul Shaffer, Eugene Levy, Brendan Fraser and Robert Goulet. Sounds like the cast of some insane B-movie.

It seems to be general knowledge that Saturday Night Live sucks, and that it has for years now. That's why it seems strange that they came up with something as popular as the "Lazy Sunday" rap that's become huge on the internet. Maybe the show is turning around or maybe the quality of the show has been so low lately that when something even remotely funny comes along it's hailed as being brilliant. Closer inspection of the skit reveals that the driving forces behind it are the guys behind those Channel 101 staples, The Lonely Island. So maybe the trick to saving SNL lies in stealing talent

from elsewhere.

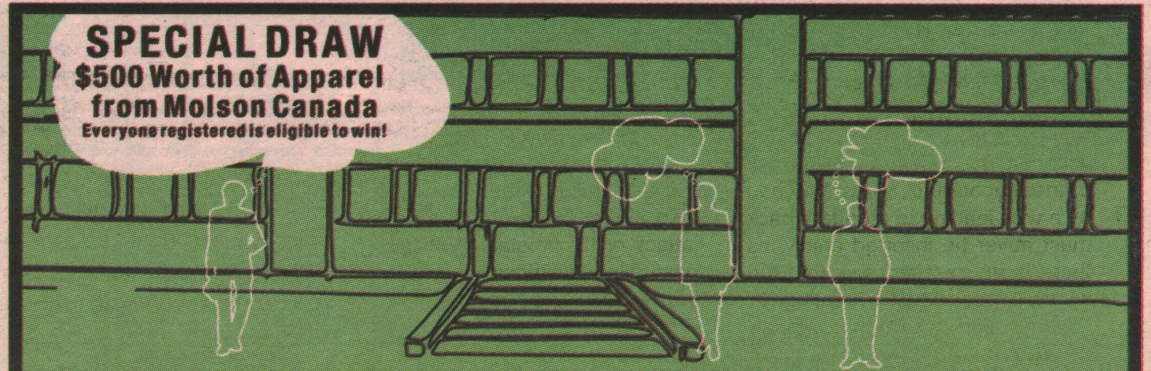
The disturbing Burger King spokesman, The King, has been popping up all over the internet. Grainy videos show The King with Playmate Brooke Burke. They play on the beach in one, ride horseback in another and in yet another they're courtside at a Los Angeles Lakers basketball game. These are clearly official BK spots, but there are quite a few more off the wall spots to be found, search YouTube for some examples. Are these viral or just parodies?

Rumours are starting to be heard about U2 and a possible upcoming show in Moncton. It sounds unbelievable, but it was about this time last year that rumours of a Rolling Stones show in Moncton started, and we all know how that turned out.

And in more rumours (that are actually true and stuff) I can hardly wait to go to Hell again. Dana (Bar Mgr.) and the whole Seahorse Crew and moving across town to the Marquee Clubs's Hell's Kitchen. And not a moment too soon - look for doors to open in about two weeks in time for the Junos with Iron Giant doing a weight test on the stage and I'm sure plans for Alice show must be in the works too ...

One of the last big name acts to hit the Maritimes, Pearl Jam, has a new album slated to come out this May. The first single "World Wide Suicide" is available for download on their website (<http://myspace.com/tenclub>). At the time of writing, Pearl Jam has 9614 friends.

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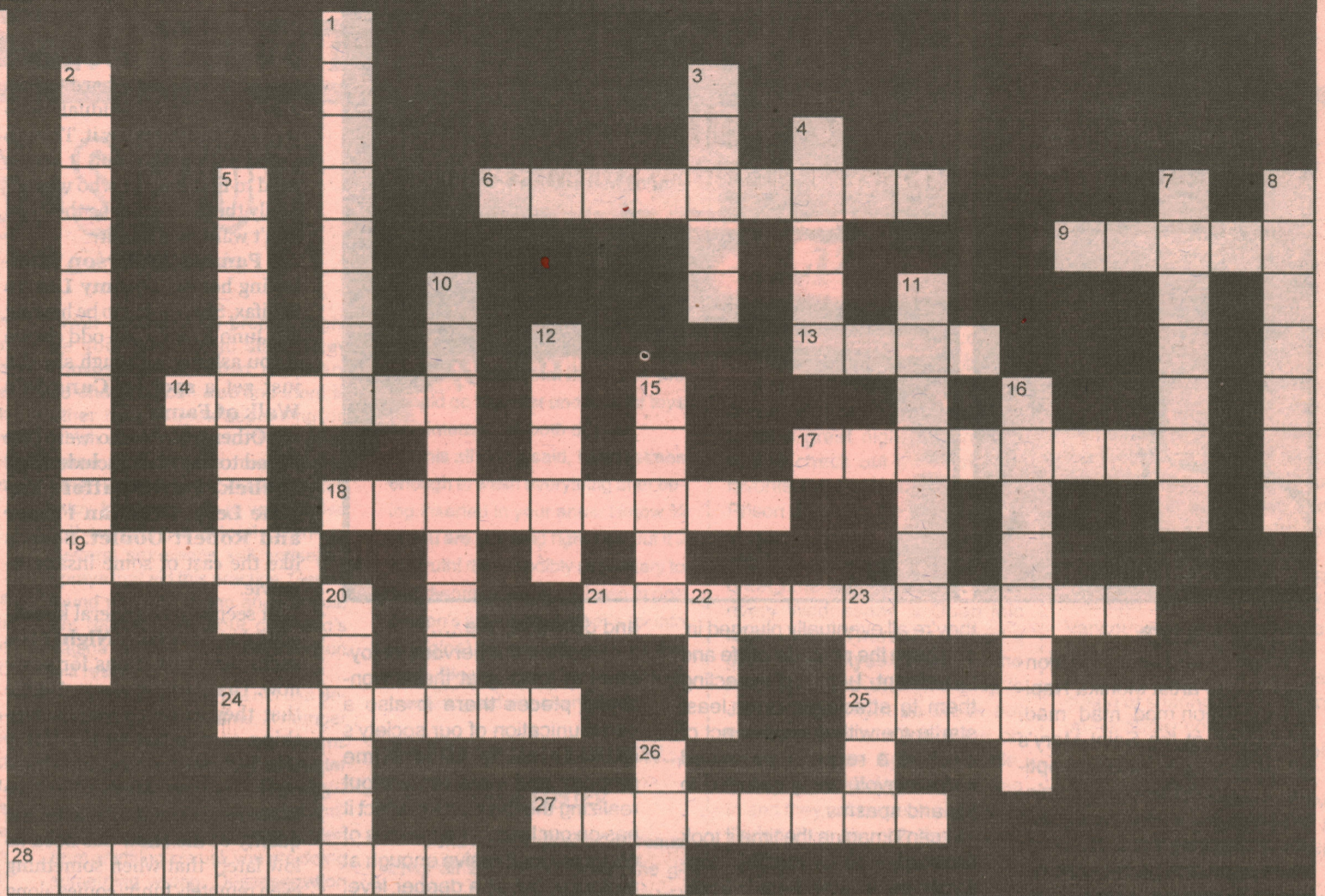
ROCK, PAPER, SISSORS.

Across

- 6. The Journal's #4 metal band
- 9. Best picture winner
- 13. Company that created hi-fi
- 14. O.J.'s escape vehicle
- 17. Leader of the Decepticons
- 18. Popular online encyclopaedia
- 19. Maker of the new Apple chips
- 21. Gottingen St. venue (2 words)
- 24. 05-06 AUS Basketball MVP and Husky
- 25. March 17th celebrates this Saint
- 27. Dark Irish beer
- 28. 1969's big music fest

Down

- 1. Autistic basketball player, Jason _____
- 2. Leader of the Autobots (2 words)
- 3. Ice cream makers Ben and _____
- 4. Organization of geniuses
- 5. Advil's generic counterpart
- 7. Bond's drink
- 8. Captain Kirk
- 10. Capital of Sweden
- 11. Maker of "unbreakable" bottles
- 12. Mothers of Invention front man
- 15. Russia's favourite drink
- 16. 2006 Super Bowl champs
- 20. Defending F1 driver champ
- 22. Liquor made from sugarcane
- 23. Montreal's former baseball team



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BUSINESS

Miss Biz aka Jax aka Jacqueline Howatt TALKING ABOUT BLACKSPOTS WHILE WEARING SUMMER UGGS...



Lately, the research I've done consists of corporate and "systematic" deception. The increased attention given to these broad issues has inevitably sparked much anti-corporate activity from environmental and anti-consumer organizations over the past several years. However, until several days ago, I was fairly narrow minded in what I thought was possible when it came to over-turning unethical corporate activity: protests, boycotting, striking, "Buy Nothing Days", and other fringe movements by grassroots organizations. These activities are the norm when small groups of people ("the underdogs") want to "stick it to the man" (the corporation). This shouldn't be news to any

of us. Then I learned about The Unswoshers Shoe.

The Unswoshers Shoe is what sweatshop exploiting, mass polluting corporations fear: a grassroots anti-business implemented by the unrelenting AdBusters Media Foundation. Essentially the product is an anti-logo shoe that opposes footwear corporations, like Nike (hence, the "swoosh" reference). The Unswoshers Shoe is actually the spin-off of the original AdBuster BlackSpot Shoe. Both shoes are everything an ethical shoe should be: Vegan (non-leather), made of natural fibers (100% hemp), biodegradable soles made from tire rubber, and made in a fair-trade (that's understating it) factory in Portugal.

It may seem somewhat hypocritical to be selling products and promoting anti-consumerism all at the same time. It may also seem hypocritical to be selling an anti-corporate product that essentially has an anti-logo logo. These arguments are relevant and not very hard to conclude. This is the exact argument that AdBuster is feeding off of, "For too long we've ignored the market, written it off as enemy territory. Yet, what do megacorps like Walmart and Coke fear most? Competition". AdBusters has decided to revolutionize the way anti-corporate organizations approach the corporate sphere: fighting fire with fire while promoting their underlying cause.

Their long-term marketing campaign is nothing short of brazen. Instead of "spreading the word" through publications, AdBusters is using their products to pack their powerful and unabashed messages alongside the exact corporations that they are opposing. It's an amusing twist, but maybe this is what it will take to threaten corporations and educate consumers. The last thing a corporation wants is to be exposed in a colorful, expensive ad by their opposition alongside their own colorful, expensive ads in international publications or television stations. But that's exactly what AdBusters plans to do. "For round one, we'll launch our TV campaign, and if any network refuses to sell us airtime, we'll haul them into court. Then, if this recycled-tire, organic-hemp Unswoshers really takes off as a new kind of cool in the sneaker industry, we'll use every penny of profit on kick-ass social campaigns and anti-corporate marketing".

You can purchase your own Blackspot or Unswoshers Shoes at <http://adbusters.org/metascorpo/blackspotshoes/>

THE ROCKEFELLER

1. I've been thinking that the traditional music industry (CD's, music stores) has to be in for a major downfall with digital music taking over. Do you think these huge corps will morph completely into digital music eventually?

The same question came about from cassettes, 8 tracks, radio, television... any new media form that comes into play for the Music Industry. Will digital music force the industry to change? It depends on who you're looking at. While the front end sales (music stores) have been forced to move into new markets, like DVDs, the industry as a whole has not and probably will not change drastically. Although this could change if companies like iTunes allow individual artists to sell their music online circumventing the record companies that have not really changed since their emergence in the early half of the 1900's. However you look at it, many artists make the majority of their money touring with album sales primarily covering some of the expenses for said tours. What I do foresee (once artists regain some of the control they once had on their intellectual property) is that the recording/distribution companies will be forced to cut back on the outrageous margins they make on providing music to the general public. Will all of this make the industry only digital? Probably not. Records still sell to this day because of some of their intrinsic qualities. CDs in themselves do have some properties that pure digital music has not caught up to yet (ie: when's the last time you saw a CD crash?)... Digital music will/has become the driving force for the industry as a whole but I doubt that anytime in the future it will become a 100% digital business (so long as long as hard drives crash and records retain their high quality of output).

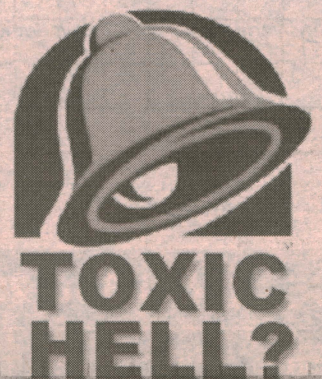
2. I've read that fast-food chains are now incorporating automatic ordering machines inside of their stores where people can place an order and then someone just brings it to them, eliminating the front-end cashier. What are the economic impacts when the people who depend on those jobs (because they require little or no post-secondary education) are replaced by machines?

Before we go jumping around and saying this is the end of low paying jobs, take this into consideration: "A high school diploma today is equivalent to a university degree 80 years ago". Essentially does anyone cry out for the jobs lost when the bulldozer took 10 jobs away from unskilled laborers? No because they see society as simply becoming more productive over time. There will always be low-end jobs (minimum wage jobs) to be had, no matter how you look at it. Until the industrial revolution came around most of these jobs were in farming; thirty years ago before the invention

of the personal computer typists were all the rage. Although it may sound uncaring for those caught between the changes of these eras, the general economic impact of society as a whole has been an outstanding chance for economic growth. At the personal level, some smaller/less robust markets often suffer in the short term and new jobs emerge every day to replace those lost. In Nova Scotia the best example is probably telemarketers. In the future, who knows what it could be? If the trend of the high school diploma becoming more in depth then it ever was in the past; for all we know 20 years down the road monitoring computers could be the basic entry level job.

3. I have about \$3,000 I want to invest. I am not in business and don't know the first clue about investing. I don't want to gamble it in the market or anything and I want to walk into a bank knowing something so I am not "taken". What are my options?

While there is no one cookie-cutter perfect investment for everyone, you can keep a few basics in mind while talking to a personal banker. If you are really concerned with risk and want as little as possible, your banker will probably push you towards Bonds and Cash Equivalents as your primary investment. These investments often have little risk but on the other hand have the least yield on the market. The other thing you should keep in mind when talking to your broker is to find out what the associated fees will be for this style of account, you should expect somewhere in the 0.5-1.25% range at most, any higher for low risk investments and you should buy Government of Canada savings bonds instead. Alternatively if you are willing to take a little bit of risk on I recommend looking at Stock Indexes and "Balanced" funds, which vary from bank to bank but have moderate levels of risk with significantly better returns than Bonds and Cash Equivalents. In any case your banker by law can only suggest to you appropriate funds based on the personal information you are going to give them. And remember - in ANY case if you feel at all pressured into doing something you would rather not do, walk away. You are under no obligation to buy into anything and in a worst-case scenario; your money will sit tight in your savings account making a few % for the time being.



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THE SOCIETY PAGE

SMU FILM

The SMU film society would like to thank everybody who attended the Halifax student film festival in November and helped make it a success.

SMUFS is hosting a Genre Film Series this month, and we want to invite all of you to come. Admission is FREE!! The films will be screened in the McNally Theatre, which has stadium seating, on the Saint Mary's campus (923 Robie St.).

There will be a double-bill every Thursday evening. The first film will start at 7pm and the second at 9pm. The horror, sci-fi, and western films to be screened are listed below:

HORROR (THURSDAY, MARCH 16TH)

Bubba Ho-Tep (2003)
Psycho (1960)

Science-Fiction (Thursday, March 23rd)

Invasion of the BodySnatchers (1956)
Videodrome(1983)

Western (Thursday, March 30th)

The Wild Bunch (1969)
Johnny Guitar (1954)

For more info email us at:
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ACE Campus Spotlight OTHERSIDE COSMETICS

BY LAURA MACINTOSH:

This week the column is highlighting a DAL student named Kathryn Dunphy, whose Cosmetic company sells; in my humble opinion, the best tangerine flavored lip balm out there. So how does a student create and manufacture lip balm, cuticle oil and the like? Well I guess it doesn't hurt to be a biology student for starters; Kathryn is a 3rd year student majoring in genetics at Dalhousie. But it also takes a passion, and a desire to put out a great quality product that everyone can afford. I asked Kathryn a few questions about her home-made concoctions.

LM: Tell us about your business; what do you do, when did you start, where did you get the idea?

KD: My business is called Other-Side Cosmetics. Right now I make lip balm and cuticle oil. I came up with the idea in February 2005. I've always liked cosmetics, so I thought it would be a good idea to try and make my own. It took a lot of experimentation with different recipes, but eventually I created what I think is a great product. I've been selling it at various sales events, and at a local convenience store.

LM: How do you fund your business?

KD: Self Funded

LM: Who is your target demographic?

KD: The general population, mostly females, aged 10 - 60.

LM: Where can your goods be purchased, do you have any upcoming sales events?

KD: Clark's Convenience in Lake Echo, also I will hopefully be at the Farmers Market soon.

LM: How do you find balancing school with running a business?

KD: It's tough, but I can usually balance it pretty well.

If you would like more information on OtherSide Cosmetics or to

purchase product, email Kathryn at othersidecosmetics@hotmail.com, or if you'd like more information on any of our past Campus Spotlight's, email laura.macintosh@gmail.com.

ACE UPDATE

This is a great week to highlight some very important ACE SMU events coming up. We're a very busy society this time of year and would really like to get a strong SMU presence out the rest of the way. This week I'm going to tell you about two events, that are not only going to be an awesome fun time, but a great networking opportunity as well.

First off, March 27, Monday, at 7pm, ACE SMU will be holding an ethics debate, which is titled "Wal-Mart vs. the Home Town Hero". Look for more posters around school as we finalize the debating roster, but I can say we're planning some great things for this debate. This debate will be free to SMU students and \$2 for everyone else. We want students, staff, and any interested party of the community to come out to this one, so join us in what promises to be an interesting and entertaining debate over a great topic. This great debate will be held in the Scotiabank Theater in the Sobey Building.

ACE SMU is also running a mentorship program, complete with networking events for all interested students. Our first networking forum will be Wednesday the 22nd of March, from 8-9:30. There will be one or two more events following; and the aim for these networking events is to get students interacting with the best of the business world; as well as to help solve the mysteries surrounding some of the hardships of business ownership. These events will be free to all students, and will be held in SB 165, so stop on by! Topics include marketing, financing and more.

For more information on ACE or any of our events, email laura.macintosh@gmail.com

IDS Grad Society

On behalf of the executive committee of the IDS Grad Society, I would like to thank all of you who participated in the Third Annual Atlantic Region Graduate Student Conference on International Development this weekend. With support from the Canadian Association for Studies in International Development (CASID), Saint Mary's Academic Vice-President, Faculty of Graduate Studies and Research (FGSR), the IDS Department, Saint Mary's University Student Association (SMUSA), and Saint Mary's Bookstore the conference allowed 14 graduate students to present their work to an audience of over 60 people.

While a lot of people were involved in the organization of the conference I would like to make special mention of the efforts of the core organizing team. Tim Ley, Melissa Whellams, Jessica Keen, Caitlin Goggin, and Julie Self worked on this project for several months, putting together a conference that was perhaps the best organized conference held by the Grad Society to date. Not only is this a great achievement for them as individuals but this is also an indication of how the society as a whole has evolved and grown in the few years it has been around.

The teams' cooperation, perseverance, level-headedness, and attention to detail ensured they were able to overcome the obstacles that came their way in the weeks leading up to the conference as well as during the event. The result being a series of engaging student presentations and fruitful discussions, truly challenging the participants to contemplate new realities and envision a better world.

I thank you all for your various contributions to the conference and expect the bar to be raised even higher at next year's conference.

Sincerely,
Mehjabeen Alarakhia
President - IDS Grad Society
Saint Mary's University

SMU Racing Society

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If you were ever looking to join a society that anyone can get into that is very active, SMU Racing is the society for you.

SMU Racing is looking to be one of the most active societies on campus. Just a week after becoming ratified, we are setting up two Mario Kart 64 Tournaments. On Thursday in the Loyola Colonnade were having a Time Trial Tournament throughout the day, and signing up members, even if you are not a fan of Mario Kart, make sure to stop by to find out what SMU Racing is all about, for this year, and about our plans for the '06-'07 academic year. In a week or so from now we will also be having a full Multiplayer Mario Kart 64 Tournament, details coming soon.

Next year, the society will be making frequent trips to the indoor go-carting track Kartbahn in Bayer's lake. Go-Cart racing is always an exciting experience for everyone from rookies to racing veterans. Kartbahn's indoor facility allows us to be able to race all year round, allowing us to be active during the entire school year.

So make sure you come see us on Thursday in Loyola, stay tuned for future events, and of course, make sure you join the SMU Racing Society.
E-mail us at : smu.racing@smu.ca today.

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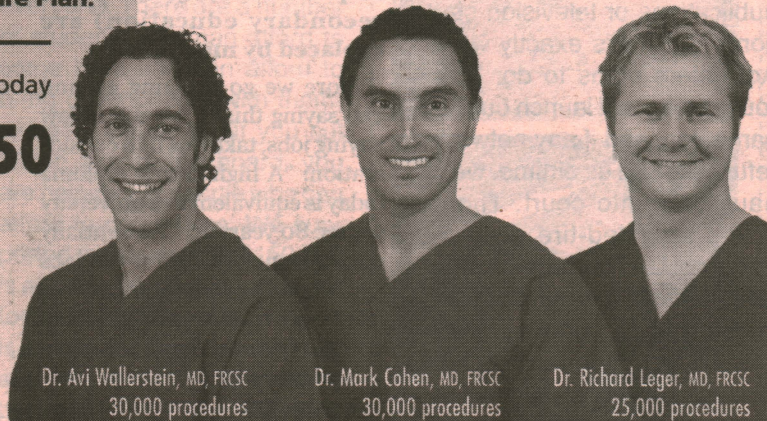
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SPORTS

THE JOURNAL'S TOP 10: Greatest Trades of All Time

BY: ADAM COSTELLO

This year's NHL trading deadline was rather mild in magnitude compared to some of the blockbuster deals we've seen in the past. It wasn't the lack of trades that made the deadline so lackluster, but the lack of big name guys switching cities. The limitations the new salary cap posed on high paid players fitting in with a new team amount under the cap, made only a few major trades possible in this new economic landscape the new NHL now boasts. The deadline saw some relevant transactions, with Montreal Canadiens goalie and former Hart trophy winner Jose Theodore, heading to Colorado in a deal reminiscent of the one that sent Patrick Roy to the Avalanche about a decade earlier. The Edmonton Oilers also cemented themselves as a playoff contender, nailing down deals for veteran goalie Dwayne Roloson and Boston's Sergie Samsonov, a former rookie of the year. The Vancouver Canucks shored up their defence situation by acquiring Eric Weinrich and Keith Carney, along with goaltender Mika Noronen from Buffalo, while the surprise Carolina Hurricanes managed to attain the veteran services of Mark Recchi. The deadline saw no massive deals taking place however, and it left me wondering what I was comparing it to that made it seem so calm. Trades in any sport, not just hockey, have the potential to make or break a team's chances. In the past, there have been huge deals made by a team either in the off-season, throughout the season, or at the deadline that essentially was the main factor in the team's success either that year, or for many years to come. But which of these trades we've seen throughout history were the all time

most significant to the two teams involved? Which were the most lopsided in hindsight, but thought to be prime by both sides at the time? Which were the most crucial in solidifying the team involved would be a league contender and bring glory to the franchise that swiftly made the acquisition? These questions obviously bring us to this week's edition of, The Journals Top 10:

10. Vote for Pedro in Montreal

After going 10-5 as a Dodgers rookie in 1993, Pedro Martinez was traded to Montreal for second baseman Delino DeShields, by far the most influential trade in Expos history considering they probably would have won the world series the following year if the season had not been lost to a strike. Martinez went 55-33 in four seasons in Montreal and won his first Cy Young Award in 1997, when he went 17-8 with a minute ERA of 1.90. After that season, the cash strapped Expos dealt Pedro to Boston. As for Deshields, he played just three seasons in L.A. and never hit better than .256.

9. Chicago Beams Up Scottie

On draft night 1987, the Chicago Bulls found the perfect compliment to Michael Jordan, acquiring Scottie Pippen in a deal with Seattle. The Sonics traded Pippen, the fifth pick overall in the draft, to Chicago in exchange for the eighth pick, center Olden Polynice, a second-round pick and the option to switch first-round picks in 1989. Pippen and Jordan ensuingly helped the Bulls to a whopping six championships, even returning to Chicago to finish his career.

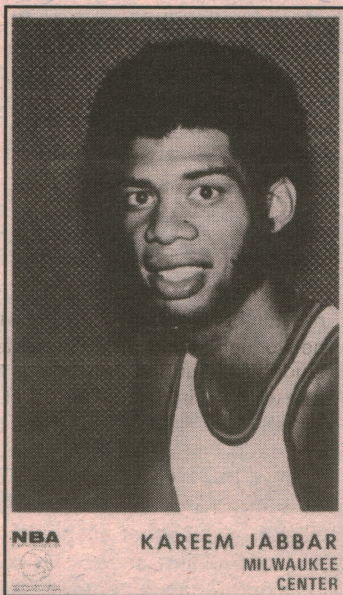
8. Beckham for Real cash

In 2003, Manchester United sold

superstar David Beckham to Real Madrid for 55 million dollars. Beckham is one of the top 10 players to ever play the game and his name is recognized globally by 9 out of 10 people. The most detrimental aspect of this move is the fact that Beckham ended up at Real Madrid, who were already considered the most talented team in the world. Real Madrid is now probably the best team in the history of club soccer, at least on paper.

7. F - Lindros!

On June 30, 1992, the Quebec Nordiques were fed up with star junior player Eric Lindros. Lindros didn't want to sign with a team that had been so horrible the previous year, so Quebec found a team he would play for, sending Lindros to the Philadelphia Flyers. In return, the Nordiques got future Hart trophy winner Peter Forsberg, goalie Ron Hextall, Steve Duchesne, Kerry Huffman, Mike Ricci, Chris Simon, a 1st Round Selection in 1993 (Jocelyn Thibault), a 1st Round Selection in 1994 and 15 million in cash! Thibault, you may recall, was a major part in a Colorado Avalanche trade that brought in Patrick Roy from Montreal



NBA KAREEM JABBAR MILWAUKEE CENTER

after the Quebec Nordiques were relocated to Denver and renamed the Avalanche in 1995. In 1996, Colorado won the Stanley cup with the talent they received for the overrated, concussion prone fizzle that has been Lindros throughout his career. Also, soon after the cup win in '96 Colorado sent Mike Ricci to San Jose for their first-round pick in 1998, a selection that turned out to be former Halifax Moosehead and current NHL star, Alex Tanguay. Avalanche won another Cup in 2001.

6. 76ers get Dr. J in 76'

Nets owner Roy Boe essentially sold Julius Erving to Philadelphia for \$3 million on Oct. 20, 1976. After the deal, Sixers owner F. Eugene Dixon even gave Erving a \$3 million dollar raise and it paid off, with Erving taking the Sixers to the NBA Finals four times, winning a championship in 1983. Hilariously enough, Nets season-ticket holders sued the team for a refund and ended up getting their money back while the Sixers fans basked and boasted. An 11-time NBA All-Star, Erving, was the NBA's MVP in 1981 and ended up being one of the most exciting players the game had ever seen.

5. Jays Finally Find WS Winning Formula

When the Blue Jays acquired Roberto Alomar and Joe Carter in the blockbuster trade that sent Fred McGriff and Tony Fernandez to the Padres, they added the final two pieces of the puzzle, helping propel the Jays to their first-ever world series championship in 1992 and a second World Series win in 1993. With both players showing they could come through in the clutch, the trade proved to be the greatest in Blue Jay history. Joe Carter did after all, hit that legendary home run against the Phillies to win the world series at home, in the bottom of the ninth. It was only the second Series-ending home run in baseball history.

4. Elway Gets Bigger Saddle

John Elway was the number 1 pick of the Baltimore Colts, but refused to play in Baltimore. The Colts were then forced to trade his draft rights to Denver in exchange for quarterback Mark Hermann, the rights to offensive tackle Chris Hinton and a first-round pick in the 1984 draft, which ended up being guard Ron Solt. Elway became a NFL legend in Denver, leading the Broncos to five Super Bowl appearances while managing to win two of them back to back to finish his hall of fame career. He spent his entire 16-year NFL tenure with Denver and finished his career ranked second in passing yards (51,475), third in TD passes (300) and first in fourth-quarter comebacks (47).



3. Dallas' Dynasty

On Oct. 12, 1989, a blockbuster deal with the Minnesota Vikings involving six players and 12 draft picks, helped the Cowboys build a team that won 3 Super Bowls and was considered one of the best of all time. Dallas traded running back Herschel Walker to Minnesota for five players, six conditional draft choices and a 1992 first-round pick

It was biggest trade of all time from a quantity standpoint and allowed the Cowboys to draft running back Emmitt Smith and safety Darren Woodson, along with a core of key players that helped the Cowboys win three Super Bowls in just four seasons. Smith would become the NFL's all time rushing leader while Walker played just 2½ years in Minnesota, never even managing a 1,000-yard season with the Vikings. Ironically enough, Walker ended up back in a Cowboys uniform five years later to back Smith up.

2. The Great One, from a Blizzard to the Beach

Like so many other deals in the sports world, one of the biggest reasons for a colossal star leaving town, usually boils down to the same thing the rest of the world does, cash. After winning four Stanley Cups in five seasons, Edmonton Oilers owner Peter Pocklington was strapped and with a roster already stacked with future Hall of Famers, decided to complete the biggest trade in NHL history. Gretzky, Mike Krushelnyski and defenseman Marty McSorley were sent to the LA Kings in exchange for center Jimmy Carson, winger Martin Gelinias, three first-round draft picks and, of course, 15 million in cash. In 1993, Gretzky even took the Kings to their only Stanley Cup final appearance, losing to Montreal in 5 games. His economic impact on American hockey was enormous, as the amount of Kings season-ticket holders immediately jumped from 6,000 to 16,000. Gretzky's stint with the Kings went a long way in proving that hockey could be immensely popular in warm weather cities and since then, the league has added 2 more teams in California, two in Florida, one in Texas and another in Arizona, a team Gretzky himself now owns. The Oilers on the other hand won their 5th Stanley cup a year after the great ones departure, on the back of new captain Mark Messier. The Oilers were also a perfect 3-0 against Gretzky's Kings in the only 3 playoff series' the teams clashed in after the trade.

1. Red Sox sell the Babe

In 1920, after Babe Ruth had piloted the Boston Red Sox to a world series championship in 1918, Red Sox owner Harry Frazee was looking for cash to finance the musical, "No, No, Nanette." Not realizing the impact his decision would have, Frazee sold the greatest player in the history of baseball to the New York Yankees for \$100,000, plus a \$300,000 loan. After the trade, Babe Ruth hit 665 of his 714 career homers for the Yankees, including 54 in his first season. He led the Yankees to seven World Series appearances and four titles, setting the stage for the Yankees to become the most successful franchise in the history of professional sports. The Red Sox may have won their fifth World Series behind Ruth in 1918, but the "Curse of the Bambino" prevented them from winning another for 84 years after the trade, making it truly the most consequential of all time. Besides all that, "No, No, Nanette" ended up being a big success!

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Basketball Diaries: Final Entry

BY: MATHEW BIRD

Before heading into the quarter-finals this past weekend against the UNB Varsity Reds, the St. Mary's Husky Basketball team was ranked 9th in the country and had won 10 of their last 11 games, arguably one of the hottest teams in the tournament, held March 9th-11th, at the Halifax Metro Center. UNB had won only of its last 12 league games and weren't expected to give the pack much of a challenge, while both nationally fifth-ranked teams, St. Francis Xavier and Cape Breton, had byes into Friday's semifinals.

Saint Mary's managed to stamp their ticket to the semi finals as they held off the determined New Brunswick Varsity Reds squad by only 2 points in a 70-68 nail biter last Thursday. League MVP Jerome Goodman scored nine of the Huskies' final 11 points and guard Mark Ross was the late hero at both ends of the court, helping St. Mary's just barely squeak into the semi finals. With the score tied and the shot clock almost done, Ross sank a 15-foot shot to give the Huskies some breathing room with just 30 seconds left to play. Then, on UNB's next possession, Ross drew a charge on V-Reds forward Nathan Bokma off a broken play with 14.1 seconds left. The shot did go down after contact, but didn't count because the foul had been called. Jonathan Thibault then missed a couple of free throws with 12 seconds left that could have sealed the deal, but on the other end of the court during UNB's final possession, Thibault and Goodman prevented UNB guard Oliver Glencross from getting a good look at any sort of shot, and the game was over. SMU had moved on. Goodman finished with 22 points, while Nelson Cavery added 21.

The semi final was set and the Huskies drew the top team in the league, the Cape Breton Capers. The Huskies came out flying in this game, capitalizing on opportunities from all over the court, they wanted it bad. In complete control and up 58-52 with

just seven minutes left to play, the Capers defence all of a sudden turned inhuman, allowing only 2 husky field goals as the seconds ticked off the clock the entire rest of the game. While their defence stood tall, The Capers offence eventually went on a 14-1 slaughter late in the game to tear away in a horrifying game that saw the Capers win in the end by a score of just 68-63 over the underdog Huskies. The loss was especially disappointing because Captain Jonathan Thibault was one of six Huskies who happened to be playing in their final university basketball game, a game that could have gone the other way, a game that could have sent the Huskies to the final of the AUS. Unfortunately this game could have been the best chance SMU basketball had for the next few years, with League MVP Jerome Goodman, Nelson Carvery, Dean Jones, Morgan Gallagher and Ibraheim Muhammad also taking their leave from SMU at years end, an era that will be greatly missed as the Huskies enter a much needed rebuilding stage.

Earlier in the week, Jerome Goodman was named the 2005-06 Atlantic University Sport recipient of the Frank Baldwin Memorial trophy as the league's Most Valuable Player. Goodman, a first team all-star each of the past two seasons, led the Huskies in scoring, rebounding, field goal percentage and blocked shots. Jerome finished fourth in overall conference scoring (17.4 ppg), third in rebounding (8.4 rpg), second in field goal percentage (62.2%) and third in blocked shots (1.40 bpg). He also posted seven double-doubles in 20 regular season games.

On the same day, Mark McLaughlin was named The Rookie of the Year, finishing a solid freshman season with the Huskies at this tournament and appearing in all 20 regular season games, contributing 6.4 points per. He also led the Huskies in 3-point field goal percentage (38.5%). The last St. Mary's player to be named rookie of the year was ironically enough current Saint Mary's assistant coach Jonah Taussig, in 1997.

A Canadian Legend Born. In Baseball!?

BY: DANNY CAREW

Remember this day: March 8th 2006, is the day we beat the Americans at their own game. Baseball is America's pastime and Team Canada graciously grounded them for the first time ever. Canada catapulted out to an 8-0 lead, and held off the Americans by a score of 8-6 in the World Baseball Classic. On this triumphant day, Canadians may have been more concerned with the NHL trading deadline, as we tend to focus our attention more toward the world of hockey because after all, we're the best at it. Our national baseball team, however, took center stage in the world of baseball, at least on this day anyway.

To the uninformed sports fan, the World Baseball Classic is a tournament that brings 16 teams together to showcase their talent and play for national pride in front of the World. There are four divisions and the top two teams in each division advance into the second round. The winners then advance to the finals until there is one country remaining, crowned the national champion of baseball. Like Olympic Hockey, the best professional player's pledge to play for their respective countries. Most of the brightest stars in MLB play for their country, with some of the biggest names including: David Ortiz- Dominican Republic, Roger Clemens-USA, Carlos Beltran- Puerto Rico, Johan Santana- Venezuela, Ichiro Suzuki- Japan, Andrew Jones- Netherlands, Estaban Loaiza , And for Canada.....

Canada's last MLB Superstar was Larry Walker, a Maple Ridge B.C native that hit an astounding .379, 35hrs, and 115 RBI's in 1999. Larry, a former Montreal Expo, retired last season and passed on a chance to play one more time for Team Canada. Canada's team core consists of relatively unknown Major Leaguers and Minor League players.

Jason Bay is currently the most notable Canadian. He was National League Rookie of the Year in 2004 and a Major League All Star last year, but you may have never seen him play because he plays for The Pittsburgh Pirates, a small market team. Canada's best pitcher, Eric Gange is recovering from an injury plagued season in 2005 and could not participate for Team Canada in the tournament. Only a knowledgeable baseball fan would be familiar with Canada's roster, but the name Adam Stern is one to remember. Adam plays for the Boston Red Sox as a backup outfielder. On this day, Adam played the best game of his career on the biggest stage of his life, the world.

'The Adam Stern Show' started up in the second inning when he tripled in a run, then followed up the next inning by singling in two more runs which gave Canada a surprising 5-0 lead. It's one thing to take a pitch out the park, but what can be more emphatic, then to hit an inside the park homerun? Ask Adam, because he did it. So Canada was up 8-0 in the fifth inning, but this is the USA, they weren't about to bow to down to their neighbours of the north. The Americans stormed back in the fifth, topped off by a Jason

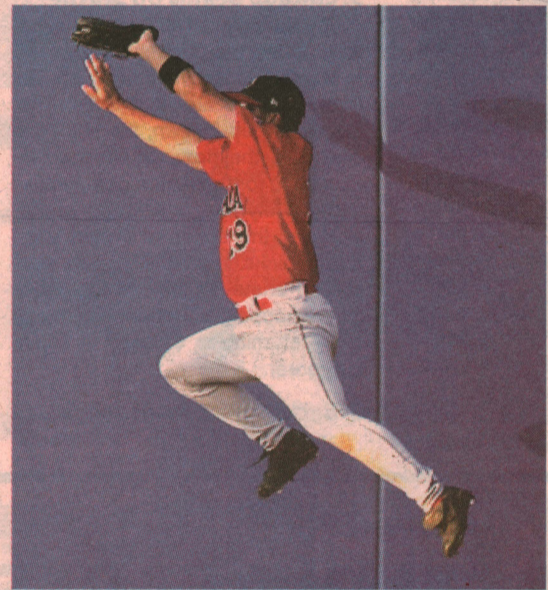
Varirek grand slam homerun. Canada wouldn't score another run, but since Adam supplied all the offense, why not supply the defense too.

In the eighth inning with the US threatening, Chase Utley smashed a pitch into deep center in dramatic fashion as he threw his bat and arms in the air, a sure sign that ball would be gone out of park. But this was Adam's day and he timed it right, as he leaped up and collided into the wall like a crash-test dummy. Sorry Chase, hold on to that celebration cause Adam has just spoiled your party. In the Ninth, the Americans had no response as Canada closed them out, and pulled out a victory for the ages, compliments of Adam Stern.

Canada was eliminated the day after this victory and the U.S has since moved on into the second round of the tournament after a tie breaker with Mexico and Canada, each at 2-1, saw Canada blocked from 2nd round play due to their greater amount of runs allowed, which was used as the tie-breaker. On this day, however, everything went right and a monumental upset took place. Adam Stern- the man with the golden glove shared some insight about baseball in Canada: "We like to tell everyone we can play baseball, too. We're not just a hockey country."

In April, I'm heading to Toronto, for a Jays/Red Sox series. Hope-

fully, if Adam gets an at-bat, every Red Sox and Jay fan, and more importantly every Canadian in the Roger's Centre, will rise and give Adam the standing ovation he most definitely deserves. I know I will.



F1 2006: A Preview

BY CHRIS CLEMENTS

The first race of the F1 season took place on Sunday, and defending champion Fernando Alonso got a hard fought victory over Michael Schumacher.

Here's a rundown of the changes to look out for this season and a glimpse at the teams and their chances at success.

RULE CHANGES

Qualifying has been changed again. Here's how the new system will work: all 22 teams will be on the track and will have 15 minutes to set a fast lap. After the 15 minutes are up, the six slowest cars are removed and they'll make up positions 17-22 on the starting grid. Times for the remaining 16 cars are reset

and the process is repeated. With only 10 cars left, times will again be reset and a 20 minute qualifying session will begin to determine the starting order of the race.

Engines are limited: 3-litre V10s are out, almost. The new rules require cars to run 2.4-litre V8s, with some exceptions. Team Torro Rosso (formerly Minardi) struck a deal allowing them to run V10s with air intake restrictors in place. The engine changes will result in a loss of roughly 200hp and a drop in speed of 10-15 km/h in straight line speed.

Tire Changes: they're back!

TEAMS

Back of the Pack

Super Aguri is a brand new team for this year, and a late entry at that. This team is well off the pace in testing, and it's unlikely they'll even score points this year.

Midland F1, the team formerly known as Jordan, was bought out by Russian-Canadian Alex Shnaider, who plans on using it as a development team for Russian drivers. Apparently

Shnaider has no love for his adopted home of Canada.

Torro Rosso is another "new" team this year. Red Bull bought out Minardi to create this, their second team. Probably the most interesting team at the back of the pack... If the restrictors on the V10s aren't as restrictive as first thought, then Torro Rosso may surprise some people until the problem is solved.

The Mid-Field

Occasionally competitive last year, Red Bull looks to be even more so this year. The team has signed an engine deal with Ferrari and poached master car designer Adrian Newey from McLaren. Both of these additions should make them more interesting and give them a chance to move up from the mid-field in the next couple of years.

After a disappointing 2005 season, Williams was abandoned by engine supplier BMW. Testing has looked promising, but it remains to be seen whether independent engine manufacturer Cosworth is up to the task of creating reliable and powerful F1 engines.

After pulling out of the Williams team, BMW takes what is consistently the fastest engine in the

series to the team it bought out, Sauber. BMW has set a three year target for scoring wins, but don't be surprised if this team makes leaps and bounds as this season goes on.

Toyota has a massive budget and usually gets disappointing returns. Look for this team to continue its streak of inconsistency. Challenging for wins at some tracks and languishing at the back at others.

Arguably the best of the mid-field teams, Honda has been on the verge of a breakthrough for a few years now. The addition of veteran driver Rubens Barrichello and another year of development could be enough to get Honda their first win this season.

Front Runners

Their streak of five straight championships was put to an end last year, but Ferrari looks like they're back. Michael Schumacher should have the team firmly behind him this year, even more so than in previous years, as his new team-mate is the unproven Felipe Massa. If Ferrari doesn't return to championship form this year, Schumacher, who some call the best race driver ever, will likely either retire or go

to another team.

2005 was a frustrating year for McLaren. The team consistently had the fastest car on the track but engine failures and bad luck kept them from winning the title. It looks as though they will again have the fastest car in the 2006 season, but can they overcome the bad luck?

The defending Constructor's Champions, Renault, are quick again. Fernando Alonso, defending Driver Champion, is back, but only for this season as he's signed for 2007 with McLaren. Despite Alonso's coming departure, the team insists they're still behind him 100%. If Renault has any trouble early or if the challenge from McLaren and Ferrari becomes too great, look for Renault to switch their focus to secondary driver Giancarlo Fisichella.

PREDICTION

McLaren will overcome the bad luck and win the Constructor's Championship. McLaren's number one driver, Kimi Raikkonen, will finally win his overdue Driver's Championship. Renault and Ferrari and their top drivers, Alonso and Schumacher respectively, will duke it out for the number two spots.

