

"Hello Do you want to play a game?" Pg 10

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THE JOURNAL

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The Student Newspaper of Saint Mary's University · Halifax · NS



Photo by Nicole F.

MEET GORDON HUNTLEY, THE MAN BEHIND SNOW PICNIC
— PART OF THE JOURNAL'S HALIFAX POP EXPLOSION
COVERAGE

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House this Friday,
So Be Friendly

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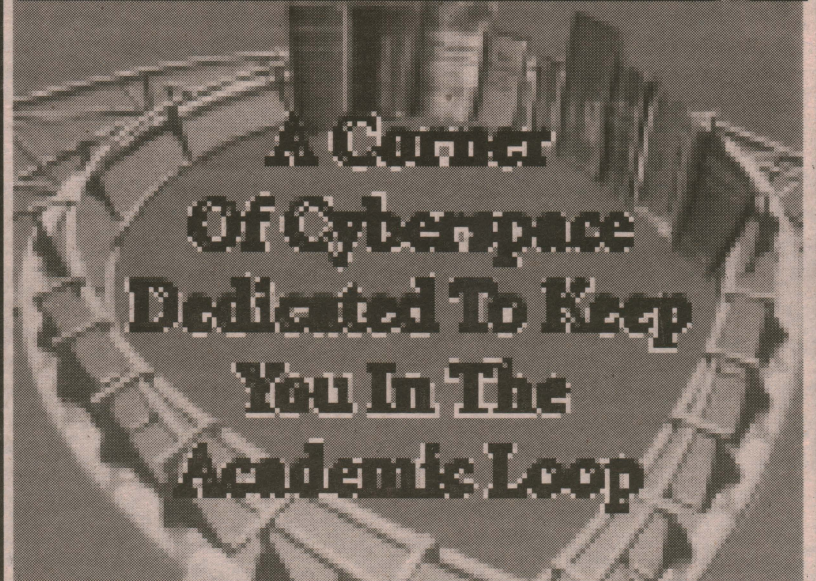
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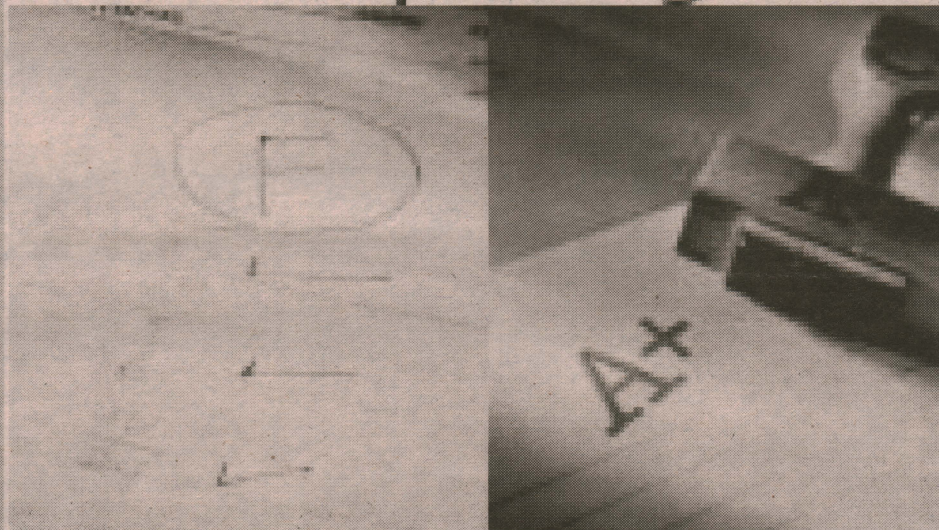


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October 23rd
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FRIDAY

October 24th
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SATURDAY

October 25th
WESTERN NIGHT

SUNDAY

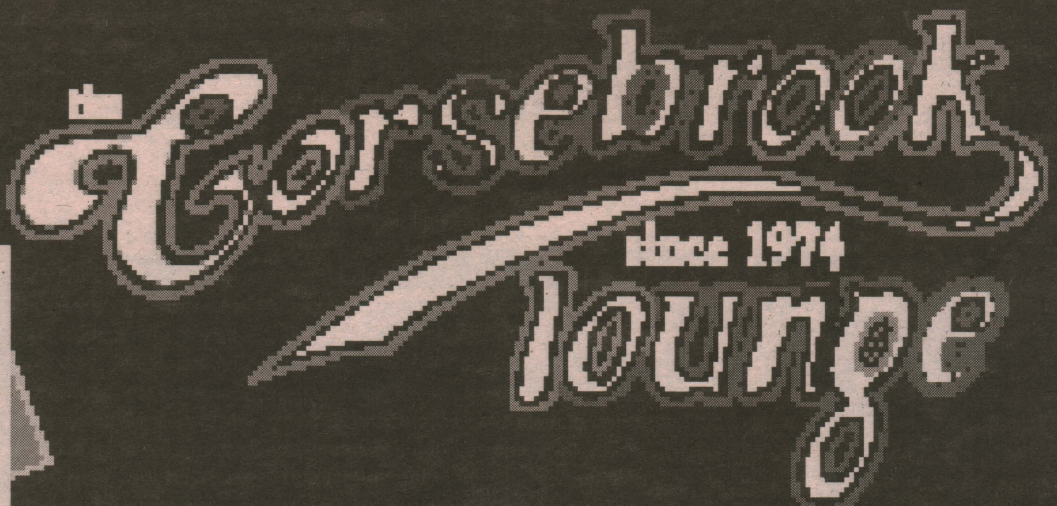
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OPEN FOR BOOKINGS

MONDAY

October 27th
WORLD SPORTS LOUNGE

TUESDAY

October 28th
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PERSPECTIVES

FIND OUT WHAT SMUDENTS ARE SAYING THIS WEEK

LETTER TO THE EDITOR

Robert Dawson; Professor, Mathematics and Computing Science

In response to Elden Weibe and Cathy Driscoll's recent article in the Journal, I would like to question their assertion that the values such as honesty, trust, fairness, respect and responsibility are somehow particularly associated with the Christian religion - or indeed with a religious worldview. (I am, of course, in absolute agreement with them that these are important values that Saint Mary's University upholds and should uphold.)

It is a frequent claim that without religion - particularly that of the claimant - there can be no basis for ethics. This is a primitive attitude, dating back to the days when Abraham's willingness to make a pointless sacrifice of his son Isaac (which Yahweh did not in fact want

him to carry out) was believed to be virtuous. Those who take such an attitude literally, and can see no foundation for ethics outside their faith, are unable to think critically about demands placed upon them by their religion and its leaders; and history is full of the terrible consequences. If the assertion that "God is good" is to be anything but a meaningless tautology, then ethics must have a foundation outside of religion.

I am, by the way, puzzled by Weibe and Driscoll's suggestion that studying now in order to gain temporal rewards in the future is somehow a Christian value. Surely the specific contribution of Christianity to this matter is summarized in the Sermon on the Mount, in which Jesus very specifically exhorts his followers not

to think to the future? Please understand that I agree totally with the value of study and of forward planning (and if any of my students are reading this, I hope that you do too!) I am merely suggesting that this is a value arrived independently of the teachings of Jesus, and shared by many who are not Christian or even religious.

Again, I agree that fairness is an important virtue. But did Jesus? Jesus is said - perhaps inaccurately - to have blighted a fig tree with a curse for not bearing fruit out of season; and the Parable of the Laborers in the Vineyard certainly depicts a situation that few of us would want in our own workplace. It was not all that long ago that the Christian view of social justice largely involved the poor knowing their place, at least in this life. (Often the authority of St Paul would be invoked: "Servants, be obedient to them that are your masters according to the flesh, with fear and trembling...") Progress has been made, however Christian

attitudes have advanced in step with secular attitudes; and if one had to name a denomination in the vanguard, it would perhaps be the Society of Friends rather than the Roman Catholic Church.

On questions of honesty, Christianity, like many other religions and non-religious belief systems, has a mixed record. Theologians such as Martin de Azpilcueta and Thomas Sanchez, who encouraged the use of "mental reservation" and "equivocation" for the benefit of the Church, certainly took a much looser view of honesty than (say) Socrates or Marcus Aurelius did. This is not to say that the Christian churches, by and large, have not encouraged strict honesty; but to suggest that Christianity somehow has a copyright on honesty would be, well, disingenuous.

Weibe and Driscoll mention the exhortation to "Love they neighbour as thyself" as a Christian teaching. Surely they are aware that this "ethic of reciprocity" goes back far before Christ, and turns up repeatedly in

Buddhism, Confucianism, and the philosophy of the ancient Greeks?

Given that most virtues are common to many belief systems, I can see only two possible reasons for the wording that we now have in the calendar. One is to support the idea that Christians, particularly Catholics, are somehow better practitioners of these common virtues than others. The other is to suggest that this university should support not only generally agreed-upon virtues such as honesty, compassion, and fairness, but also specifically Christian or Catholic values that are not shared by others. Adherence to the Nicene Creed? Belief in Papal infallibility? No birth control? I don't think so.

When Mark "Cranky Professor" Mercer first contacted me about this passage in the calendar, I took the view that it was unimportant because nobody took it seriously. Now I wonder. Perhaps we'd be better off without it.

THE CRANKY PROFESSOR

The Art of Living

The life of fun, the quiet life, the life of service, the life of accomplishment: four very different positions on the art of living.

Those who advocate the life of fun hold that one should always prefer present good times to future ones. One should simply indulge one's appetites, for no one knows what tomorrow will bring. Best not let today—or even right now—get away. In any case, you exist right now and only right now. You should care for your own interests, not the interests of some future person who happens to resemble you.

The problem with this view is that we don't exist only in the moment. We exist always through at least a little chunk of time. There's no instantaneous gratification; there's always some

duration through which wanting something gives way to having it (or not). Yet if we are not creatures of the moment, holding that we are creatures of some particular duration rather than some other cannot but be arbitrary. The point is that it will indeed most likely be you—the you who exists right now—who suffers the hangover tomorrow. You right now, then, are wise to care about the condition of you tomorrow.

Those who cherish the quiet life hold that what makes a life go badly is any of physical pain, anxiety, and anguish. Recall how awful you felt when you were in physical pain. Recall how wonderful you felt when that pain disappeared. Yet if you are not hurting right now, then really you feel just as wonderful as when the pain you're remembering stopped. If you're not hurting,

you're laughing!

We are anxious when we want something and think we might not get it. We are anguished when we want something and believe we will not get it. Anxiety and anguish will make you even more wretched and miserable than physical pain will. After all, physical pain, if chronic, can be put up with, and if acute, won't last long (often because one soon dies). The trick to living without anxiety or anguish is to desire only those things you can be pretty sure you will get. Know your circumstances and abilities and the resources at your disposal, and want nothing more than what is easily available to you. Happily, all that you need to live, unless your circumstances are those of war or famine, is fairly easily available.

Those who cherish the life of service say that we each are here on this planet with a purpose. Our meaning in life is to discover that purpose and to live it. Now it cannot be overwhelmingly difficult for one to discover one's purpose, for the universe or whatever is behind it is providential. If you seek, you will find. Once you discover your purpose, the task is to live in light of it. This is not always easy, but it always can be done. After all, a providential universe would not assign you a task you are unable to undertake successfully. The great impediment to happiness and contentment, on this view, is egoism or selfishness. Your purpose as a basketball player is to play

the game in light of the team's objective—to win the game fairly. At this moment you can pass to the open man who's well positioned to lay it in, or you can drive the lane yourself. If you drive the lane yourself, you have put your own interests, your interest in being celebrated, above your purpose. That way lies grief, even if you happen to sink the basket, draw a foul, and then make the free throw.

Those who cherish the life of accomplishment hold that there are certain goods internal to the difficult activities some of us sometimes undertake, goods that we can attain only by meeting the standards of excellence constitutive of those activities. These goods have both an objective component (a well-played game of hockey, for instance) and an affective component (the joy of have participated effectively in a well-played game of hockey).

A life worth living is a life organized around such activities, a life in which one consistently meets the standards of excellence within those activities. The three roadblocks between each of us and a life of accomplishment are drudgery, distraction, and the lure of external goods. Laundry, shopping, mowing the lawn—there's a lot in life that's no fun and just eats up time. Video games, meeting for coffee, reruns of Law & Order—there are plenty of fun little things it'd be great to do right now. Drudgery and distraction can be overcome with a bit of organization and will

power, though. External goods are a different matter. Wealth, fame, and power can corrupt. What's called for here is integrity, the ability to remain steadfast in one's pursuit of the goods internal to the practices in which one participates.

The life of service and the life of accomplishment each take seriously our social nature, the fact that our projects involve others. In the life of accomplishment, though, one is not invited to lose oneself in the hive. Another important difference between the two is that in the life of service one hopes to discover oneself, while in the life of accomplishment one hopes to create oneself. Both the quiet life and the life of service see anxiety and anguish as rotten and debilitating. The life of accomplishment, though, takes anxiety to be a necessary element of a life well led. One must be anxious when one attempts to meet standards of excellence, for one must know that one risks failure. Anguish, then, is a permanent possibility in the life of accomplishment.

What do I think? Well, I detest the life of service both for its metaphysics and for the type of people it produces. Officially, I say that happiness, contentment, and a sense that one's life is worth living are to be found in accomplishment. And yet I have a sneaky suspicion that the quiet life is really where it's at. That pleasure is merely the absence of pain seems at least to have the evidence of experience on its side.

THE JOURNAL

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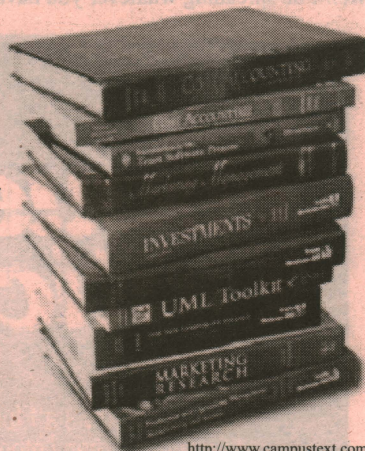
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We want to hear your stories!! Log on to - www.theCRAM.ca - and connect to the FORUM (upper right hand corner), register for a portal name and document how local efforts are changing the way post-secondary institutions are taking on the academic materials issue. We need lots of Saint Mary's students to

log on and share! Here is an example from the University of Calgary:

"The U of C Students' Union Faculty of Science representative (Ms. Mohajer) asked me if I ever had a professor that helps students by cutting some of the course costs. I am currently enrolled in Psyc 369: Sensation and Perception, and the professor (His name is Charles Thomas Scialfa) provided us with an online textbook so we did not have to buy one. We had 24/7 access to the text, we could print out certain portions of it if we needed, saving me about \$80. I was very appreciative of the fact that I did not have to spend another \$100 for at least one of my 5 courses." - Malik El-Bekai



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MAGICIANS OF RELIGION

Written by: Alexandre Gervais

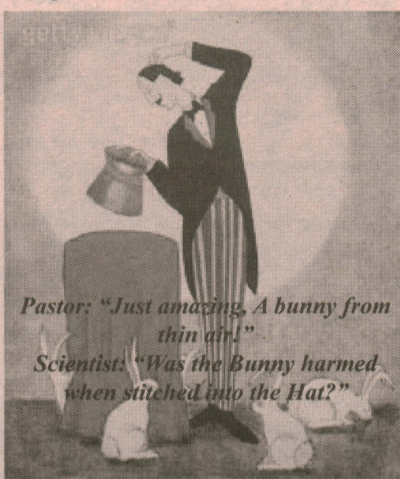
This is a response to Catherine Sanders article titled "Are Some People Just Afraid of Religion?"

It seems to me that Catherine doesn't have a firm grasp on the issues related to religion in post-modern society. When it comes to religion in general and its supporters, there are two variants of the ideology that are prominent within the world: the eastern view, and the western view. It seems dichotomies are inescapable when it comes to the analysis of any subject. The problem with religion is it perpetuates an un-divided social center where truths about life that are contrived from metaphysical wisdom and the rest is viewed as "evil" stemming from the same metaphysical world. The dichotomy that exists in religion is the fight between "good" and "evil" and presumably so, this fight is ambiguous, rooting its support in metaphysical origins. The reality is, based on what we know about human beings, peace cannot be maintained via religious cohesion. Because religion relies on truths that are based on arguments that find traction and are maintained, using social power differences. It is a cognitive cohesion based on the social connection of individuals by means of symbolism and ritual. In behavioural sciences, both symbolism and ritual can be identified using other designations; heuristics, conditioning, priming etc. Heuristics, for example have been known to provide human beings with

memory shortcuts, while conditioning and priming have helped maintain behaviour in subjects that would otherwise choose to do other things. These behavioural principles are extremely effective in creating enhanced performance of desirable behaviours. With that said, religion harbours illusions in a physical world that cannot afford to act upon wisdoms derived from metaphysical origins or metaphorical texts. Just because something makes you feel good, doesn't necessarily mean it has your best interests in mind. Religion has been termed by Daniel Dennett himself as "moral Viagra". He affirms that people in North America don't necessarily believe in God, but that they believe in the belief of God. You cannot maintain that religion and faith are at all times a good thing, simply because they have, on occasion, an immediate way of relieving those less fortunate from their problems. Often the reason why it brings relief is because it is a metaphysical construct that has been deemed capable of alleviating that which ails those afflicted with misfortune. Since these constructs are metaphysical, the hierarchical leader(s) of these constructs (ministers, pastors, priests, god(s)) are said to be capable of manipulating the physical world, by reaching into this unlimited metaphysical realm and providing us with the creation of the physical/physical determinants.

Case and point. Mark Mercer said it well enough, but if I must re-iterate it for you, I certainly will. To argue that Saint Mary's

should uphold any fine print that designates it as an institution founded on Christianity, is not only contradictory to its current conduct, but simultaneously trivializes its actual position. Saint Mary's, by no means, conveys through its faculty or any of its conduct as an institution, that it upholds Christian values of any sort. While the Journal maintains that the views and opinions expressed in its paper are that of the authors and not necessarily that of The Journal or Saint Mary's University, it goes without saying that if Saint Mary's, as an institution, truly upheld Catholic values; it would not allow Randy Blue a column in the paper. Now you might argue that the paper is a public outlet for opinions and expression, but there are other obser-



Pastor: "Just amazing. A bunny from thin air!"
Scientist: "Was the Bunny harmed when stitched into the Hat?"

vable reasons why Saint Mary's University does not uphold Christian values. Namely, if the convictions of the institution were that of Christian values, then they have dropped the

ball in conveying them. If Saint Mary's were my father or mother, s/he failed horribly in attempting to instil Christian values in any direct or indirect way, however minute.

So what's the harm in having a little faith? Well bestselling author Rick Warren would say there's no harm at all, but his book "The Purpose Driven Life" reveals a major fundamental problem with religion, although he believes otherwise, in the following statement. I will reproduce it here for you to asses; "Surrendered people obey God's words, even if they don't make sense". What's wrong with this? For one, it perpetuates the truth about religions success; it's ambiguity. This statement is entirely contradictory with the pursuit of scientific inquiry, which bases most of its understanding and knowledge on the physical world. Rick Warren's book even displays that conditioning and priming are part of religions success in saying, "every time you read it or say it, you make another copy in your brain". Why is this so important? Because it demonstrates that religion relies on ritualistic behaviour to be successful. Repetition of information has known to be good at increasing the importance and memory of that being repeated. Similarly, information is best stored in long-term memory if it is meaning based or less superficial. This is crucial to my point because since religion is based on the metaphysical, it is easy to assume that ritual and repetition are needed to create long-term importance of religion in

people's lives. Abstract ideas and information are far more difficult to store in long-term memory than are concrete ones.

So am I saying that religion is not effective at making people feel good about their lives? Of course not. It is very good at doing its job, but I don't think it's terribly accurate. In fact, I think that its ambiguity is the reason why it succeeds and those who try and uphold it are wrong in doing so. The ambiguity is what helps religion in attracting so much faith because there is no conflict, due to the lack or need to iron out any details, as the details are seen as irrelevant. Religion has many evolutionary benefits that have brought our species to the forefront of the evolutionary ladder and it's now becoming less beneficial in a world rapidly filled with almost mystical scientific technology.

Now before you go accusing me of being an atheist, I want to make one point clear. I do not consider myself an atheist. I do however; consider myself to be an anti-theist. I do see harm caused by religion. More specifically the blind belief in something metaphysical and unaccountable that forms the basis for someone's behaviour in this physical world. Because of this, I regretfully must emphasize for you Catherine, that Saint Mary's University and its Catholic/Christian values have long been washed from the brick and mortar that first formed the institution.

Not Just Flu Season its Sick Note Season!

Adam Harris, SMUSA Vice President Academic
academicinfo.blogspot.com

It's that time of year again, when students start getting stressed about big midterms and big assignments being due. It's also the time of year when many of us start getting sick. There is sometimes a little bit of confusion around what to do if you are too sick to go to class, and you have a big test that day, or even worse: if you get sick the day of a big final exam.

Students who require a sick note for their professor should contact Student Health at Saint Mary's, or your family doctor. Student Health is located on the 4th floor of the Student Centre. The Nurse, Jane, can fill out a sick note for you. It's best to phone the health centre the day you are sick and let them know. Their phone number is 420-5611 or 496-8778. They can make a note in your file, it saves you from coming to campus when you are sick, and you won't be spreading whatever you have around

to other people. Then, the next day, or when you are feeling better, you can come in and get your sick note filled out.

The nurse commonly fills out sick notes to keep the doctors from charging you and the health plan a lot of money. Costs can double or triple if you are an international student. If your professor requires the note be filled out by a doctor, it can be arranged too. Don't bother going to the emergency room at the hospital for a sick note, spending tons of time waiting, and tons of money to see the doctor.

Don't fail a class or do poorly on an exam just because you are sick and the professor didn't accept your excuse. Make sure you know your rights as a student, and make sure you get your sick note if you need one! Some professors require it be filled out on the day you were sick by your doctor, while others just want something to file away. If your note isn't accepted, take it back to the health centre and talk to the nurse, or talk to me, your VP Aca-

demic. Ask your professors before you get sick to find out what they require, just in case that flu bug strikes at a bad time.

Make sure you know what to do if you're sick. Get well soon!



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ARTS & ENTERTAINMENT

W.: THE STORY OF PRESIDENT GEORGE W. BUSH

Jean Brunet, www.sizzlingpopcorn.com

Rating: Popcorn

Whether you love him or hate him, there is no question that George W. Bush is one of the most controversial public figures in recent memory. In an unprecedented undertaking, acclaimed director Oliver Stone is bringing the life of the 43rd President of the United States of America to the big screen as only he can. W. takes viewers through Bush's eventful life — his struggles and triumphs, how he found both his wife and his faith, and of course the critical days leading up to Bush's decision to invade Iraq. Director Olive Stone says, "Regardless of your opinion of George W. Bush, the essence of the movie is to ask questions about the presidency, what happened and who the man is. How he got to be president is an amazing story unto itself. At first, he squandered his privileged circumstances. W. explores how he got it back and then what he does with it when he's President." W. features a Hollywood cast which includes Josh Brolin (No Country For Old Men) as George W. Bush; Academy Award-Nominee James Cromwell (Babe) as George Bush Sr.; Academy Award-Winning Ellen Burstyn (Alice Doesn't Live Here Anymore) as Barbara Bush; Elizabeth Banks (Zack and Miri Make a Porno) as Laura Bush; Toby

Jones (The Mist) as Karl Rove; Thandie Newton (RocknRolla) as Condoleezza Rice; Jeffrey Wright (Casino Royale) as Colin Powell; Scott Glen (The Silence of the Lamb) as Donald Rumsfeld; Ioan Gruffudd (Fantastic Four) as Tony Blair; Oscar-winning Richard Dreyfuss (The Goodbye Girl) as Dick Cheney; and Jesse Bradford (Flags of Our Fathers) as Thatcher.

The opening scene of the film made the audience and myself laugh as the acting of the look-



Image Source: www.sizzlingpopcorn.com.

a-likes are reminiscent of the political skits from Saturday Night Live. Don't get me wrong, there is some good acting in this film, to a certain extent. Just like Tina Fey can impersonate Vice-President candidate Sarah Palin, Josh Brolin looks, sounds and acts very similar to George W. Bush. Stone reveals that Brolin and Bush's lives have many parallels as they have both journeyed through similar roller-coaster lives and both have grown up in small-town America. James Cromwell, Ellen Burstyn, Elizabeth Banks, Toby Jones and

Richard Dreyfuss all give great performances in their respective roles, but what really surprised me was Thandie Newton's role as Condoleezza Rice. What happened to her? For the first hour and a half of the movie, Rice is present in the White House and Presidential meetings scenes, but never talks. In the last half hour, she starts opening her mouth and voicing opinions, however her voice is horrible! It's like an SNL skit gone wrong! Newton plays Rice's role as if she's a robot

from outer space. It does get the audience laughing yet it destroys the "truthfulness" of the film. I rarely see Condoleezza Rice on TV talking, but if she really talks this robotic in real life, then what's she doing in the White House? I do have to give Thandie Newton credit for looking the part however, talking the part, that's a different story! W. gives us a different perspective of George W. Bush than what we see everyday in the media. Oliver Stone lets us see W's family life growing up and the relational struggle he has with

his father. The film also shows Bush's spiritual transformation which also changes his outer character. In the later part of the film, Stone focuses on W.'s road to the White House and his decision to invade Iraq. Throughout the whole film, George W. Bush is portrayed as a man with no backbone. He makes decisions after being sold by someone else's idea. He seldom decides on his own. One example of this is at the beginning of the movie when Dick Cheney is trying to sell him on the idea that Iraq has weapons of mass destruction. At first, W. doesn't really care about Iraq, but is eventually persuaded by Cheney to make a decision. The film as a whole is well-researched. Director Oliver Stone is not an amateur when it comes to making films of political leaders. He has previously made films about President Nixon and President John F. Kennedy, but never while they were in office. Is W. worth seeing in theatres? It absolutely is! Although Newton butchers her role as Condoleezza Rice, the rest of the cast either look and/or sound like their real-life characters. The film does provide some timely laughs, but not as much as I was expecting. You can see President George W. Bush's story unfold on the big screen in Maple Pictures' W., which is now playing in theatres everywhere. Please check your local listings for movie times.

THE CITY IS AWAKE

Dawn Davis

Saturday night slid past last weekend with a brisk evening in the dark. The evening was alive with art-going folks out for a midnight snack of culture out of this Haligonian pie. People young and old toiled around on Barrington street with Nocturne pamphlets in hand and eyes wide open. We were up all night for art, and we loved it.

All over the galleries, the artists were present, peering over shoulders just as you said something stupid. A city made of cardboard boxes was set up in

a building, inviting you to make other things, including a fighting force to take down the giant Godzilla. The Love Me Boutique was making creative pins for \$1. Attica had a display of textiles laced with LED lighting, and YoRodeo's posters in 3D red-blue style were stunningly popular. Eyes peered out of buildings, the sound of knocking blew down the wind tunnel and everyone ran around together in the dark. There was talented dancing, there was fantastic music, and art was everywhere.

Will this be Halifax's one and only Nocturne? This journalistic art student predicts not. The air of excitement and curiosity that overcame the city was phenomenal, and downtown Saturday night turned into an evening about the art rather than the social scene. There was chit-chatting and art making all over, and I'm sure a lot of money was made in the long run. It was too much fun to stop here.

In Halifax, the party stopped at midnight, and it was surprising how fast the hour

came. The night life began and the art life faded. It can be hard on those who work, but I think an all-night art show would be attended, and much more exciting. It's always kind of tantalizing to be still awake when the sun comes up, and Halifax is very willing to stay up. Tonight, the city sleeps again. Hopefully, Nocturne will return.

Study Abroad Photo Contest

Evan Cervelli

During International Education Week, November 17-21, the International Activities Office is hosting the 2nd Annual Study Abroad Photo Contest!

If you have participated in an international program, then we want your photos! You can submit your Photos in for the following four categories: Lives and Livelihoods, Unusual Adventure, On the Path of Learning and Environments. A winner will be selected in each category, and the best photo of all categories will win a grand prize!

Don't have any international photos but want to win a prize? Come vote for your favourite photo on Wednesday, November 19th, in the Loyola colonnade by Tim Horton's, or vote on the International Learning website during International Education Week. All students, faculty, and staff who vote are eligible to win 1 of 5 great prizes.

The photo submission deadline is Thursday, November 12, 2008. Please send your best photos along with the entry form to international.programs@smu.ca. For con

test information, official entry forms, please visit www.smu.ca/International/InternationalLearning. To view last year's top twenty photos, check out the video featuring the photos on smutube.ca



Photo Credit: Justin Daoust

Mt. Lushan, China: 2nd Place

BITE SIZED ENTERTAINMENT

It's a Big Little PS3 Release

After a soundtrack piece contained narrow and dark lyrics from the Qur'an, Little Big Planet has been recalled for replacement. The create-your-own game has been highly anticipated since its release last year. The PS3 game will be returned to shelves after its intended release date expectedly next week.



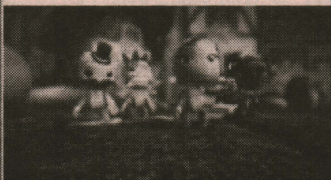
Does the World Really Need More High School?

Friday marks the release date of High School Musical 3. Retail employees everywhere will groan over another Christmas of this Disney phenomenon. Also out on Friday is Saw V, just in time to get everyone excited for Halloween.



Every Time a Song is Made, Someone's Pop Explodes in Halifax

In case there hasn't been enough on in The Journal for you already, The Halifax Pop Explosion is already underway! The music plays from the 21st to the 25th, so go out and celebrate local music. Pick up pamphlets at any music retailer.



I Liked This Series Until I Read the Last One

The Twilight Movie Companion should be on store shelves on October 28th for people to spill things on and ruin. The Twilight Companion is also released on the same day for those going bonkers with no more books coming out. I don't work at a bookstore. Really.

100 Word Story

Laura MacIntosh

It crept up on me like a ninja. The alcohol entered my system; smoothly at first and then rather haphazardly as the effects took hold. My mood lightened, joyful bliss replaced the agony of defeat that was midterms. The more intoxicated I became, the more awkward my step; until I was acting like a drunkard. My mind so clouded it was delusional, I thought I could walk. I was mistaken. Realizing the two televisions I saw should have been one, lying down seemed the only option to curb the dizziness. I failed to notice the metal bar. Then smack; concussion.

100 Words Disclaimer

You think it's easy to write 100 words? Send your submissions to arts.smu@gmail.ca with your story - 100 words, no more, no less. Win free stuff!

Border Credit: www.agentmike.com



Photos by Nicole J.

WHAT A LOVELY LITTLE SNOW PICNIC WE'RE HAVING

Nick Madore

Last week I had the pleasure of sitting down (after an unfortunate series of events leading to us recording in the large study room at the library on a borrowed laptop with a flimsy PC headset) with local artist Gordon Huntley, also known as electro-disco musician: Snow Picnic. Gordon knows a thing or two about the Halifax music scene. Starting out as an indie folk rock act called Mayfair Winters, he's been making music in this city since 2005.

After performing his dulcet tones as Mayfair Winters, Gordon wasn't into playing that style anymore, fearing the genre's been saturated as of late. "It was like, I like that kind of music and I wanted to do it but I wanted to be something that was already done like Iron & Wine, Simon & Garfunkel, all that stuff... I would just listen to one song and try to play on guitar and then be like 'I'm going to write a song,' so it ended up being some amalgamation of other songs that had already been done."

Since the age of 12, Gordon has been interested in electronic music. During his university studies he came into possession of a digital copy of a disco DJ's vintage vinyl collec-

tion. With that, Gordon became even more intrigued with the genre. "When I went to school, I was like, 'I should learn more about this stuff,' so I took some theory classes... and then I started taking some music courses on sound technology... and that's what I've always really liked from the beginning, but I never really took it that seriously; I was always just frigging around with stuff. So the opportunity to do that, I got an outlet to work on something and get academic credit for it, I always just thought that was amazing."

Once he started getting serious with Snow Picnic, named after a quote from his girlfriend upon receipt of a chocolate gift in the midst of a snowstorm, he furthered his appreciation of the Halifax scene. "I literally made a couple remixes and was like 'Hey, dance music, eh?' Then, I went down to the Marquee and I fought to find the owner. There was this DJ there, I just gave them out, and then literally that's how stuff started happening. I have a lot of thanks for being in such a small town where if you're doing something unique and if people like it, people are going to tell each other about it, and it's not like you're going to get lost in the thousands of people doing similar things, too."

This year marks Gordon's Halifax Pop Explosion debut. In order to apply for the HPX, you must actually have an album or EP release to submit for approval. Having no such release at the time, Gordon finished several of his original songs and released it online at snowpicnic.ca for free. Apparently that counts. Lucky for us! "The Pop Explosion is amazing because, I've been going every year for a long time now because you can go to any show and be like 'There's going to be something amazing here.' It's like going onto iTunes and finding a song that's like, 'Someone's already rated this song 4 and a half stars, I know it's going to be good!' you know what I mean? Someone's already selected all the bands that applied and chose these ones, so there must be something unique to listen to."

Snow Picnic is the first act playing on Friday night at the Seahorse. The show starts at 10:00pm, and the night's lineup also includes Innes Wilson (indie/acoustic), Swedish Death Polka (obscure classical chamber), Shawn Hewitt (melodic indie/alternative), and Sports: The Band (indie-pop). For just \$6 at the door, you really can't say no to a great night of diverse music. The best deal of the whole 'Splosion? I think so.

IN TRANSIT by adam myatt

I ride the 'Dal' to SMU everyday.
...I think I'm developing a complex.

DO YOU LIKE PIZZA?!
WRITE FOR THE JOURNAL OR PROOF-READ AND RECEIVE FREE PIZZA AND POP!
 EMAIL SUBMISSIONS TO THESMUJOURNAL@GMAIL.COM BY NOON ON SUNDAYS OR;
PROOF READ MONDAY MORNINGS AND GET FREE PIZZA AT LUNCH!

Image source: <http://www.pizzahutpizza.com>

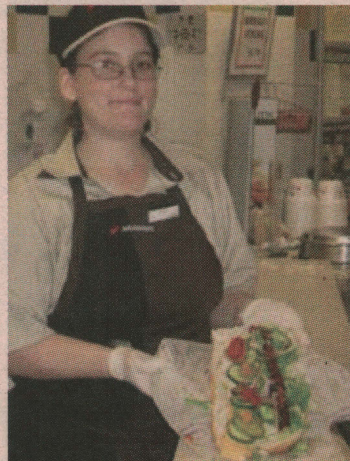
ORGANIZED CHAOS

...7...8...

FEATURES

AVOID THE DREADED
FRESHMAN 15

Angela Banks-Emmerson



Yes, it is true, many first year university students will gain weight during the school year. This is especially true during the first term. The good news is that you don't have to be destined to fall victim of the "Freshman 15".

Most first year university students gain weight because of all the temptations that come along with university life. You are out on your own, with the freedom to eat what you want, when you want. You may also not be getting as much exercise as you did in high school and over the summer months. Not to mention added stresses of school can trigger overeating. Alcoholic beverages are full of calories

may be accompanied with unhealthy late night snack selections. Carrying unhealthy excess weight may increase your risk of high blood pressure, high cholesterol and joint problems, which increases your risk of heart disease, type 2 diabetes, obesity and the development of certain cancers. Unhealthy food choices do not provide the balance of nutrients your body needs. During your 20's you are still building bone mass. Your bone health is influenced by your diet and fitness level. Dark pop interferes with the absorption of calcium and thus negatively affects your bone density. Including 2-4 servings, depending on your age and gender, of Milk Products or Alternatives daily along with weight bearing exercises will help build bone mass.

HOW TO AVOID GAINING WEIGHT?

Establish good habits:

- Eat well balanced meals
- Regular physical activity daily. Aim for 30-60 minutes of activity each day
- Get enough sleep
- Avoid alcoholic beverages

HEALTHY EATING TIPS

- Eat slowly
- Eat Breakfast
- Don't skip meals
- Beware of "Fad Diets"
- Include snacks – to help over-eating at meals
- Choose lower fat options (i.e., 1% or skim milk; low cal salad dressing)
- Watch your portion sizes. Use Canada's Food Guide to help you with proper portion sizes
- Keep healthy snacks on hand instead of unhealthy

HOW CAN I EAT HEALTHY ON CAMPUS?

- Eat from the salad bar and include a vegetable protein (ie. Kidney beans, chick peas, falafel, tofu)
- Choose the healthier choice at the Center Stage
- Ask for smaller portions & extra vegetables!
- Create your own wrap on whole wheat with extra veggies
- Try something different at the SUB
- Snack on foods with nutrients – vegetables & hummus, yogurt, soup, toast & Peanut Butter, fruit and milk.

If you are interested in learning more about healthy eating Join Nutrition for Success!

NUTRITION FOR SUCCESS is a **FREE nutrition education** program offered to the Saint Mary's Community. The program is developed and presented by ARAMARK's on campus registered dietitian, Angela Banks-Emmerson, PDt. Free snacks will be provided at each session. Exciting topics such as; Freshman 15, Healthy Weight Loss, Super Foods, Caffeine, Alcohol and Eating for Exams will be discussed. Discussion, questions and topic ideas are welcome at the sessions!

The program started on Wednesday September 17th and will run every second Wednesday 3:00 – 4:00 pm in Loyola Room 277. Please feel free to join anytime, everyone is welcome! See schedule below for more details!

Registration Information

Every Second Wednesday. Starting: September 17th 3pm-4pm. Location: Loyola Room 277

- Oct 29 - Caffeine and Alcohol
- Nov 12 - Group's Choice
- Nov 26 - Eating for Successful Exams
- Dec 10 - Celebration of Success!

To register email: dietitian@smu.ca, for more information visit our website (under healthier lifestyles) at: www.smu.ca.campusdish.com

Grad Class Executive 08-09

By: Robert Harris

Robert Harris

Position: el Presidente (President)
Hometown: Cole Harbour, NS
Major: Geography. Minor: Atlantic Canada Studies
Likes: Jet setting, The 5 year plan
Dislikes: Neck-creep, Long Tim Horton's lines

Shane Cunningham

Position: First Lady (Vice President)
Hometown: Oakville, ON
Major: Honours Psychology Minor: Religious Studies
Likes: Hot sauce, Board games
Dislikes: Slow walkers, Parking tickets

Gina Beth Roberts

Position: G-Bills (Treasurer)
Hometown: Newton, PE
Major: Honours English. Minor: Classics
Likes: 3rd Floor Library, Gorsebrook Draft and Open Mic
Dislikes: The bumpy walkways through campus ruining your high heels; Microsoft Office and Power Point 2007

Jen Schwartz

Position: Wordmaster (Secretary)
Majors: Religious Studies & English
Hometown: Hubbards, NS
Likes: Jesus, Text Messaging
Dislikes: Copious amounts of stairs, People not tipping the Gorsebrook Staff

Colleen Barrington

Position: Poser (SRC Senior Undergraduate Rep)
Major: Psychology, HR Certificate
Hometown: Bedford, NS
Likes: Redbull (even the cheap knock off kinds), Made-for-TV Movies
Dislikes: Rum, Poor Grammar

Are you graduating this year?

If so, we're the people you need to know. We are here to help organize all the graduation week events, including the Maroon & White Ball, and to make sure you have an awesome graduation experience. If you have any questions regarding graduation, need some information about a certain event, or just want to get involved with Grad Week then send us an email, track us down on campus, or send us a Facebook message.

We have all the information from ABC parties, to Yearbook pictures and everything in between. Our email address is smugradclass2009@gmail.com.

Check out the Grad Class boards in Loyola for event details and important dates. Also, be sure to join our Facebook group "SMU Grad Class 2009" for news and up-to-date Graduation Info!

THE JOURNAL IS
LOOKING FOR
WRITERS!!

IF YOU HAVE THE
DESIRE TO REPORT
ON GROUNDBREA-
KING SMU AND COM-
MUNITY NEWS, THEN
COME TO THE 5TH
FLOOR OF THE STU-
DENT CENTRE, OR
EMAIL SUBMISSIONS
TO
THESMUJOURNAL@
GMAIL.COM

WANT TO BE IN A SAINT MARY'S
TV COMMERCIAL?

Tuesday, October 21, show your school pride
(and have a blast!)



BE PART OF THE CROWD

Various campus locations, Tuesday, October 21 (all day)

We need numbers – massive numbers – of Saint Mary's students to create a background of high energy and spirit once the cameras roll! Watch for us all over campus throughout the day, grab as many friends as you can, and jump in!

AUDITION FOR A SPEAKING ROLE

Loyola Colonnade, Thursday, October 16 (all day)

Got a passion for acting? Want to be famous? There will be a number of small speaking parts in the ad, so this is your chance to shine.

Come on out and audition for a part!



FOR MORE INFORMATION, EMAIL CASTING@EBCFILMS.CA

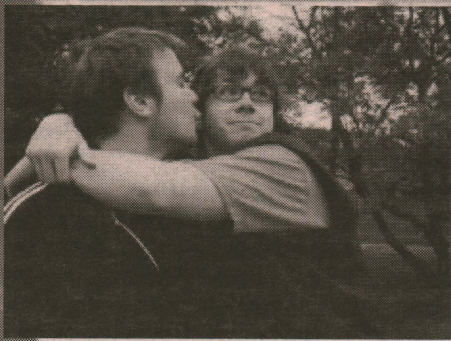
SAINT MARY'S
UNIVERSITY 1863-1963
One University. One World. Yours.

thesmujournal@gmail.com

ON THE STREET

Have you ever had to give a sick note to a Professor, if yes how did that go?

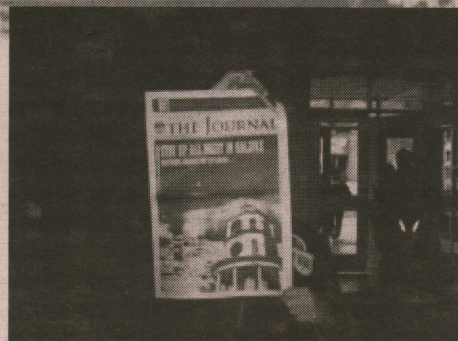
With Kim Dares & Laura Mac



"We had a rash, went to the Student Health Centre and got a note"

Ryan Oake
3rd Year Classics

Spencer Keddy
4th Year Criminology



"Yes I have, the Professor accepted it, but complained"

Anthony T.
2nd Year Commerce



"Once I had to get a note from Emergency. I've always taken a note just in case."

Andria Power
3rd Year English



"No, I haven't"

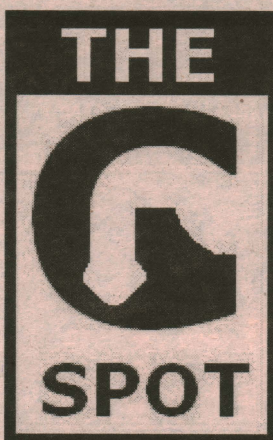
Chanda Chilanga
3rd Year Marketing



UNDER KILT

Korey MacInnis

Halifax Regional Police. If you ever feel concerned that you're failing one too many mid-terms, there is always a spot open at Holland College—they will fast-track anyone head first into a glorious career in local law enforcement. OK enough horseshit, I can only give due credit to the old timer cops. These are the guys who either do things by the book or do the right thing (one way or another). That was my generous side... Chief of Police Frank Beazley has got his hands full, but not with scum on the street. I'm talking about his own rookie cops, the guy is like a freakin' circus ringer trying to keep these fools in line. The heart of this goes to cops who are sitting on their arses way too much until the end of each month. Most people are aware that an officer is obliged to report an assessment of procedures carried out for a given time period, that's why you'll see the Mounties out with their radar gun during trips home for the holidays. But what you may also find is a clusterfuck of cops hanging around the public gardens like they're skipping grade 7 music class. One day near the end of August I saw two officers having a friendly neighborhood chat with some kids on a park bench... jokes were flying around, laughs here and there... I look over my shoulder again and this kids getting patted down and arrested after coughing up a baby's handful of pot. I don't feel bad for anyone but you should know reader that if you don't think about your rights or catch up on your knowledge of federal law, then you deserve to get shafted yourself. The bottom line is you need to keep an eye open for young, cocky, lonely cops who have a tendency to harass other young citizens on a given night out. If you are approached because you are told you are in fact "breaking" the law, stop and think critically before giving out your personal information. They may be just trying to jam you on something that you could otherwise talk your way out of, sometimes its important to acknowledge a cop who's full of shit when you see one. One more



I went on a date last week with this really sweet guy and one thing led to another and we ended up having sex. Am I a slut if I have sex with someone on the first date?

If only being a slut had some cut-off number things would be so easy. Less than so many partners would mean you weren't and more than a certain number would mean you were. Unfortunately, there are far too many situational factors to just say yes or no to the question. I can definitely tell you that sex on the first date is becoming far less taboo. This is likely due to the rise in downtown pick-ups and friends-with-benefits

agreements. The fact, that you're actually going on a date before the sex might get you seated at the prude table at the party.

The only thing I worry about when considering your little indiscretion last week is that you may not know this "sweet guy" very well. He might have some real sweet STI's to pass along to you and he might not even know he has them. That is why it is important to practice safer sex. Your amazing date could turn into an absolute nightmare to look back upon if he ended up giving you crabs or herpes or warts or any innumerable, unfortunate sexually transmitted infection.

What it ends up coming down to is that you need to feel comfortable with your own actions and choices. Others may approve or disapprove of what you do with your life, but they need to realize that it is your life to do with as you please. Here's a way to find out your own personal appraisal of your actions: if you regret sleeping with someone then it means that you likely don't approve of the action you took. You need to be okay with it and no one else matters.

GingerSnatch

REMINDER

Societies Get Free
Advertisements In
The Journal

What a great way to get people to actually show up for your event.

Submit to: thesmujournal@gmail.com

THE
G
SPOT
SOCIETY
INTEREST
RESEARCH
GROUP

NSPIRG-SMU

Hey everyone!

We wanted to introduce ourselves.. we're NSPIRG-SMU- the Saint Mary's branch of the Nova Scotia Public Interest Research Group- an organization which focuses around Research, Education, and Action on Social and Environmental Justice issues (www.nspirg.org).

Our Office:

We recently acquired office space in room 514 of the SMU Student Centre. Please stop by and pay us a visit- we have office hours from 10am-3pm Mondays and Wednesdays and from 11:30am-4pm on Tuesday.. and we'll probably be around more than that as things get going. The space is open to anyone to come in, have some tea, discuss ideas, and browse our catalogue of resources that are held at the Dal office (room 314 in the Dalhousie SUB).

Contact:

We have a Facebook group: NSPIRG-SMU, and an email address: nspirg@smu.ca, and even a phone number: (902)-496-8262, so please, don't hesitate to get in touch and get involved! Send us an email if you'd like to be added to our mailing list for events.

We plan to hold lots of great events this year like film screenings, speakers, and marches, and we are looking for your ideas for events, working groups, and publications!

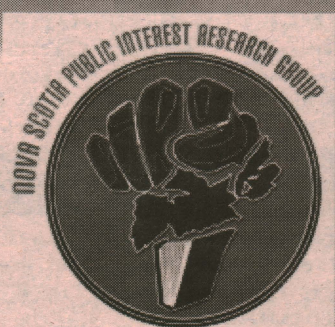
Please join us at our Open House. Wednesday, October 29th 1-4 pm.

Come check out our new office (room 514 SMU Student Centre) and discuss ideas for what direction NSPIRG-SMU should take in the future. Bring anything (decorations, resources, etc) that you'd like to contribute to the office. Free refreshments will be provided!

Looking forward to meeting you soon!

Special Thanks to Emma Fineblit.

Want to see your society in The Journal? Email features.smujournal@gmail.com



Women Unite- Take Back the Night!

Take Back the Night is a world-wide event protesting violence against women and children. Gender-based violence – women being targeted specifically because they are women –persists throughout our region. Numerous murders of women by their intimate partners, rape, child pornography and abuse continue to make headlines in the Atlantic Provinces. This night is a means to bring awareness to the changes that urgently require our attention and action.

After scheduled speakers and performers, women will march through the streets of Halifax. The march assertively reclaims the right for women to walk independently, and free from violence, rape, shouting obscenities, oppression and fear. After the march, there will be a reception, hosted at the Women's National Council House on Young Avenue.

There have been extensive conversations within the women's community in Halifax regarding the presence of men in the march. For those men who believe that women should be able to walk the streets free from intimidation and harassment, there are numerous ways to demonstrate your support.

Suggestions include: volunteering childcare for someone who wants to attend the march, contacting the planning group to see how you can volunteer your time to help, donating money to an organization devoted to ending violence against women, or taking the initiative to organize a mens' anti-violence march. Take Back the Night is about women reclaiming space and voice; allies must respect and support that priority. Further, it is also intended as a means for women to meet, foster and encourage additional feminist activism.

Take Back the Night is an international tradition with marches and rallies taking place around the world since 1973, and is organized in local communities all over the world with the purpose of unifying women in an awareness of violence against women and children.

As part of the worldwide movement to "take back the night", women will walk without fear through the night. We march to demand that perpetrators of this violence be held responsible for their actions, and those systems and policies that support violence against women be made to change.

All are welcome to the rally, however the march is for women and children only and is symbolic of our freedom to reclaim the night without necessitating a male escort.

Please join us on Thursday, October 23rd in front of the Student Centre on



WORD SEARCH CONTEST ENTER TO WIN A FREE BACKPACK

HOW TO PLAY: Find the hidden words from the word list in the Letter Box, appearing forward, backward, up or down, or diagonally, but always in a straight line. Fill in your name, student number, phone and e-mail address and drop it off in the Library for your chance to win.

CONTEST RULES: 1. All currently registered students of Saint Mary's University are eligible to enter the contest. Eligibility will be confirmed through Banner. 2. After your word search is completed, drop off the entire puzzle into the ballot box located on the main floor of the Patrick Power Library. 3. All entries must be received by 12 noon on Friday, October 31, 2008 to be eligible. 4. One backpack (provided by Coca Cola) will be awarded to the first contestant submitting the correct solution from a random draw of all entries. 5. Winner will be contacted and the prize awarded at the United Way Campaign Wrap-up Event.

Word List

- United Way
- Community
- Halifax
- Saint Mary's
- Region
- Annual
- Supports
- Campaign
- Fifty
- October
- Five
- Please
- Agencies
- Contribute
- Neighbourhood
- Thank You

D	H	R	E	G	I	O	N	A	N	T	O
O	A	G	E	N	C	I	E	S	N	C	U
O	L	Y	T	F	I	F	T	C	T	E	O
H	I	H	A	L	T	R	U	O	G	N	Y
R	F	S	A	W	O	I	B	M	B	T	K
U	A	P	A	P	D	E	I	M	N	I	N
O	X	T	P	L	R	E	R	U	A	A	A
B	U	U	M	E	U	N	T	N	H	E	H
H	S	Y	R	A	M	T	N	I	A	S	T
G	P	T	T	S	O	U	O	T	N	A	I
I	F	I	V	E	A	H	C	Y	M	U	A
E	I	P	S	L	L	O	T	C	R	N	I
N	G	I	A	P	M	A	C	G	G	O	I

Name: _____ A# _____

Phone: _____

E-Mail: _____

Submit entire puzzle to the PATRICK POWER LIBRARY by Noon, Oct. 31, 2008

Saint Mary's University Students' Association

JOURNAL ANNUAL GENERAL MEETING

WHEN: THURSDAY OCTOBER 30, 2008
TIME: 3:30 PM

WHERE: STUDENT CENTER CAFETERIA

RECRUITING NEW BOARD MEMBERS. TO BE RATIFIED TO THE BOARD OF DIRECTOR'S, ATTEND THE AGM.

IF YOU HAVE ANY QUESTIONS, PLEASE EMAIL VPFINANCE@SMUSA.CA

Hot	Not
CARVING PUMPKINS	SQUASH
SARAH PALIN ON SNL	SARAH PALIN
GORSEBROOK BEACH PARTY	SAND IN YOUR 'GINA
GETTING INTO YOUR BOYFRIEND'S UNDERWEAR	FOLDING IT
DISCOVERY CHANNEL COMMERCIALS	GARDASIL COMMERCIALS
HAUNTED CORN MAZES	HAUNTED HOUSES
BUYING SNACKS FOR A ROAD TRIP	FINISHING THEM WHILE PACKING
PROPORTIONAL REPRESENTATION	DIVIDED LEFT
CHANCE OF FLURRIES	JOGGING OUTSIDE
GETTING HOME SAFE	KNOWING HOW YOU GOT THERE

SMUDOKU

	9			8	6		7	
	4	2					8	1
6			9	5			4	
		6		6			3	5
4	1		5	3				
	8		7		2	1		
	5	4			5	8		9
					7	2		
8			2		4	5		

Puzzle from: www.PrintFreeSudokuPuzzles.com

BUSINESS & SCIENCE

ENTERPRISES MONEY STOCKS FINANCE TECHNOLOGY \$700 BILLION DOLLAR BAIL OUTS

Message Mayhem

Laura MacIntosh

With horror fans in much anticipation of the Friday release of Saw V, Twisted Pictures and Lionsgate Films came up with a delightfully twisted way of promoting the film.

Fans of the series, which offers up blood, gore, creepy clown things, and so much more; can simply log onto the movie website to scare the bowel movements right out of their friends. With just a name and phone number, you can send a voicemail to anyone you know (or don't). The message sent in the villainous voice associated with the evil guy and those aforementioned creepy clown thingers, is something only sadistic fans of the series would love. If your name is Michael and you wanted to scare Jane, this is how it would go: "Hello, Jane. Would you like to play a game?" followed by "You think it's over but the games have just begun. I'm here with your friend Michael. My work will continue in a way you never saw coming. You won't believe how it ends. Let the game begin."

Now, like the films, you can easily make it appear as if the call is coming from inside the house (or cell... whichever the case may be)! Just simply enter what number you'd like to appear on the call display and blamo, instant Saw terror, without the price of admission.

Unfortunately many who have received the message haven't

gotten the joke. Police stations in Halifax, across Canada, and even into the states have received calls from terrified recipients of the message, thinking their friends or loved ones were in real danger. Lionsgate has since added a reminder to check out the film on October 24th to the end of the message, however this hasn't silenced questions about how much technology is too much.



<http://www.bestofebay.net>
creepy clown thinger

Many, including police, are concerned with just how easy it is to send large scale "scary messages" and more importantly, access to others caller id screens. Maybe that's the technology that should be left to telephone service companies, not film conglomerates and the hack-ready public.

Greening S.A.M.

S.A.M.

I overheard a student in Loyola the other day complaining "Everywhere I turn, I constantly hear people talking about Sustainability. I can't get away from the topic!"

What he said is true. Everywhere I turn there is an article, an ad or something telling me what to do to live more sustainably: Turn off the lights! Recycle your plastic bottle! Use a travel mug!

So what makes this article any different? I'm going to give you info on what's happening at right here at SMU.

A lot of students have questions, complaints or great suggestions as to what they'd like to see SMU do to be greener. However many students don't know who to direct their comments to or if anyone is even listening.

Well guess what. The University is listening. That's right.

SMU wants to know what YOU have to say. And I am here to help you let them know what's on your mind.

So consider me your Wikipedia or Dear Abbey for all things green at SMU. Tell me what you want on campus or what you don't want. Send me your complaints. Send me your praise. Send me your questions. Send me your rants.

I'll tell you if the University is already trying to get something done, what challenges staff are facing, or whether you have a new idea that SMU can look into.

To sum it up: Send me your thoughts, I'll find out what's going on and I'll fill you in.

To contact S.A.M. (Saint Mary's and Me) email greening. SAM@smu.ca or send a message on Facebook through SAM's friend "Sustainable Saint-Mary's".

How to Escape from a Metro Transit Bus

Your Friendly Neighbourhood Transit Rider

Dear students; I have an issue with you! Not all of you, just the ones who can't work the back door of EVERY Metro Transit bus in the fleet. I thought after a few weeks it'd get better... after all, maybe all university students just transferred from another planet. Alas, the stupidity continues so I must speak out.

You would think people capable of getting accepted into university would be able to read. You might think the computer savvy, ipod carrying, technology obsessed generation would have it made. Turns out, members of that very generation resemble wounded gazelles on the

Serengeti every morning as they stare blankly at the back door of the bus and it doesn't open.

Here are a few tips on how to 'escape' the treachery of the clearly overly technical machines called bus doors:

First of all, wait for the green light! This may seem like some magical mystery light, but in reality the green light above the door comes on when the bus driver opens the back door access.

Second, don't stand there looking stupid. If it doesn't open when you stand with your eyelashes touching the door, it's not going to open when you step back either.

AIESEC National Leadership Development Conference 2009 (NLDC)

Farah Amran

"Students to Leaders, Local to Global". That is the theme of a leadership conference being held in Halifax at Saint Mary's University next year. Focusing on developing students to be effective and motivated leaders while impacting not just local communities but the global, the Organizing Committee is committed to ensure all the preparations are coming through.

From May 8th, 2009 to May 13th, 2009, AIESEC Canada, in partnership with AIESEC Halifax, will bring scholars, local community political figures, business leaders and AIESEC's student leaders from Canadian Universities. NLDC 2009 is designed to create a self-driven learning environment enabling the best and brightest students to come together to be inspired, understand and relate to AIESEC's direction, and develop the skills and networks needed to create sustainable growth and success as individuals, AIESECers and for their communities as a whole.

250 of AIESEC's top student leaders from 27 Canadian Universities will be networking and further exploring the social issues affecting youth and business. Our national and local partners are key participants in the five-day learning experience through panel discussions, workshops, and coaching opportunities.

Saint Mary's University, Sobey School of Business and Nova Scotia Economic Development have already pledged their support and

partnership with this conference. Over the next few months the organizing committee will be targeting various organizations for partners as well as recruiting volunteers to help with the logistics of the conference. If you are interested to learn more about AIESEC, join this organization, or be a volunteer to this event, please contact the Organizing Committee President, Sasha Sears at nldc09.ocp@gmail.com or Organizing Committee Vice President Public Relations, Farah Amran at nldc09.vppr@gmail.com.

AIESEC is the world's largest student-run organization that develops individuals through leadership experiences and global internships. For over 50 years, we have partnered with Canadian businesses by providing them with top talent from an international pool of over 105 countries. AIESEC provides its members with a common learning path through which they are able to align their personal and professional goals with the opportunities available in AIESEC. This ensures that AIESEC members have quality experience in the areas of leadership, teamwork, and global perspective. The Global Internship Program enables companies to source the best and brightest young, international leaders, to increase competition, fuel innovation, and build your leadership pipeline. Our unique turnkey process provides companies with comprehensive talent pre-selection, needs identification, ongoing servicing, and community integration.

Unless the back door opens automatically at every stop; the bus driver releases the back door lock, s/he can't auto open it... that's why they typically scream right back at you when you rudely 'beg' of them to open the back door. Read the panel on the door for escape instructions. FOLLOW THEM!

If the doors have vertical handles, touch the bar... it will close three seconds after the door is released. Some may wonder how

I know that secret; well I read it on the window of the very door you stare at while scratching your head (or balls) in confusion.

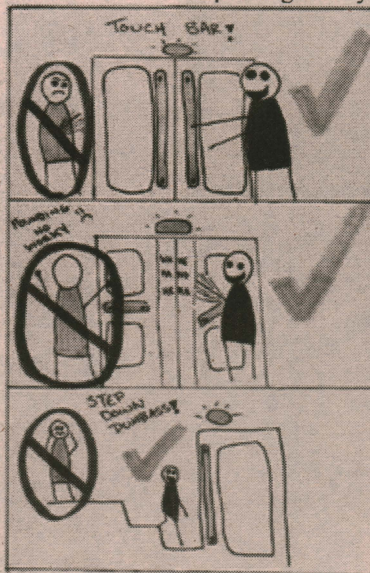
If the bus has stairs (like the double #10), wait for the light to come on, then step down. Wait for the light, that's vital. The sensor won't sense you if you're already on the bottom step banging away on the door. Simply walk normally towards the door, step down (hell even fall down) and the door will magically know you're there and will open.

This is the most humorous of all scenarios. If the doors have short horizontal or angled bars, wave your hand where it says 'wave hand here' on the door. Holding your hand perfectly still at this spot works too; as long as your hand is under the sensor in the green light, the door

will open. Hell you can even touch the door on the 'big red button' resembling place hand here sign and the damn door opens. This door type, which has the most escape options, causes the most problems. It's actually hilarious to watch what people do here, from waving emphatically from 4 feet away, to banging on the windows. There's a stripe with words on it, big letters, hard to miss, explaining exactly what to do, but no one reads it.

Most of the time there's screaming pleas for the driver to open the door, or riders walk up to the front doors, defeated. Sometimes however you get the ones who are so unwilling to admit they can't figure out what they're doing that when the bus starts moving, they make no attempts to

stop it. They simply let the driver go past their stop and try again at the next one. I've seen morons do this upwards of 3 stops in a row before they escape as another passenger (with more common sense) gets off, or until one of the chuckling passengers feels sorry enough for the poor kid to show them how easy it is to get out. Hopefully my tips help you all work those doors like you've got a BSc in door mechanics.



TECH AT A GLANCE



<http://bittenandbound.com>

Britney Spears announces her new Twitter account so fans can keep up to date with all her happenings... Twitter will be the first source for Oops I went crazy again!



<http://www.crunchgear.com>

Wait to buy those Mac's just yet! There's a newly announced iMac lineup on the way, after a recent release of new version Macbooks. Prices on older products should drop in time for Christmas if you're willing to take the older versions that you were 10 seconds ago; ya know, before knowing there's new ones.



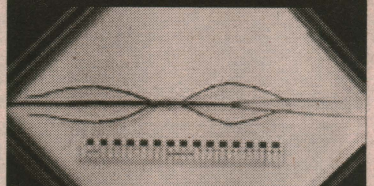
<http://www.worldofworklawblog.com/>

New study out of Dalhousie shows that driving while talking into a cellular head set is just as dangerous as talking on your mobile.

facebook

<http://www.globallyouthsummit.org>

Facebook is looking to add music player. Facebook is in talks with major record labels and music sites to offer music much like its rival MySpace.



<http://www.cbc.ca>

Did you know? The 'stick bug', Phobaeticus chani is the world's longest insect.



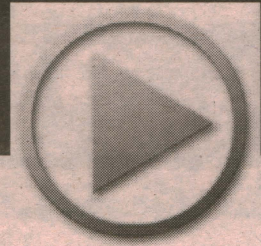
Red Bull

SMU teams finish 1,2,3 in 2nd Annual Shopping Cart 500 sponsored by Red Bull! Congrats to the the Shithawks, Team Wet Dream and Belligerent Sexy.



NEWS

CATCH UP ON WHATS BEEN HAPPENING AT SMU AND AROUND THE WORLD



Editorial: SMU Holds Open House this Friday,

So Be Friendly

This Friday, Saint Mary's will hold an open house to try and attract new blood in an effort to bolster its falling attendance numbers. Attendees will get to see the residences, tour the facilities and get information on resources and programs that the majority of current SMU students don't know about. These trips could potentially sway many students to go to SMU next year, and so all of us that are currently going to Saint Mary's should do our best to encourage them. This friendliness need not be altruistic, full school is a healthy school, and it's also a school that receives more funding, which is good for those of us who already go here. With students getting Shirk Grants and prestigious graduate school scholarships, such as the Rhodes Scholarship, we're clearly a university that is worthy of being full, and not the current state that we're in.

While Saint Mary's is a great school, there are some problems which new students should be aware of. When those eager young high-school minds come to Saint Mary's on Friday they'll be meeting in the Sobey Building, which houses our business school. Many of the prospective student's in that crowd won't be interested

in Business however, they'll be interested in Sciences, or the Arts. Will the tour of the facilities include the infamous and uncomfortable Burk theatre B, or Macnally 220 where late comers get to sit behind concrete pillars? When they meet with real SMU students will their questions be answered honestly or with a script? Will they be told by arts student's that in the past few years money for grants has consistently been harder to come by? Small class sizes that one faces in their final years come at the cost of small faculties, which often consist of only around six permanent faculty members, but the quality of these members is often sky high.

Full disclosure of the good and the bad at Saint Mary's is necessary for the university to truly flourish. Those that come here should come knowing what faces them; otherwise they could leave the next year with a poor image of the university, which it does not deserve. Our Business school is first class, but we also have an internationally recognized International Development program, and our region's leading Astronomy program. The school's anthropology program is also unique due to the breadth it covers, and was highlighted

in the last university issue of Maclean's magazine. People come from across North America to take our Irish Studies program. Saint Mary's University is like any other school; we've got our good points and our bad points. If you happen to get the chance to meet a prospective student on Friday, I suggest that you talk about both the good and the bad. This will make the university "real" to prospective students. They've already heard about the fun of getting to wear a capé at Kings, or... whatever it is Dalhousie does well at an undergraduate level, engineering I suppose. Memorial has told them about how cheap it is to go there. They know the whitewashed version of things and will hear from SMU during orientation day speeches. Another person saying the same old tune isn't going to be very helpful. As a student, one often never really finds out what various universities were like until their friends go there, and they don't find out what SMU is like until they actually start attending for real. University recruiters don't give the whole story. If informed consent is the cornerstone of ethics in research at any university, it should be the same for attracting prospective students.

The vote: a right, a privilege, or a huge pain in the butt?

In a federal election, all you need to do is get out and vote. Unfortunately, such a statement implies that voting is both easily accessible and uncomplicated...which it isn't. Convenience is the order of the day when it comes to students. Grocery stores, public transportation services, shopping centres and countless other businesses have realized that university students need convenience in their everyday lives and providing that convenience is not only necessary, it's profitable. How has Canadian big business figured out the average university student more effectively than our own federal government?

This year a new D250 initiative was started, announcing a year-long celebration of the 250th anniversary of parliamentary democracy in Canada. Unfortunately, the D250 signs around the SMU football field encouraging students to vote are about as effective as a nagging voicemail from my mother telling me I should call home more often. Quite simply, the message doesn't get through. Even if the message sinks in just enough to poke at my guilt, where am I expected to find any information on how I should go about casting my vote? The Elections Canada website is often a suggested starting point. Unfortunately, what they don't tell you is there are many differences between voting in your local riding at home, and voting from afar at school.

If you want to vote for your local representative from home and you would like your vote to be counted in your local riding, you have one option: a special mail-in ballot. Should you be resourceful enough to uncover the mail-in ballot forms on the Elections Canada website, you still need to fill in the required information and mail your request for a mail-in ballot, all the while praying that Canada Post is savvy enough to get your information to Ottawa before the deadline outlined by Elections Canada. This is only the first step to casting a mail-in ballot. Assuming your information is received on time, you still have to wait to receive your actual mail-in ballot, and upon completing your ballot, you are once again required to mail it back to Ottawa before another stipulated Elections Canada deadline. To add insult to injury, all of these tasks have to be completed, mailed and received back in Ottawa before Voting Day.

Upon looking at all the time and effort that would be required to complete the special mail-in ballot, you might decide that you would rather just vote here in Halifax. Easy, right? Wrong. In order to vote in any city in which you are a resident, but are not yet registered to vote, you must find out which polling station is closest to your place of residence, and then bring proof that you do in fact live where you say you do, as well as two pieces of identification. If you manage to scrounge up your lease agreement, or maybe a hydro bill, along with your multiple IDs, you can proceed to your local polling station and cast your vote.

I'm not implying that students are lazy, in fact I have the utmost respect for the amount of work and responsibility most university students shoulder, but no matter how you look at it, the question remains: who has the time? And better yet, who wants to spend valuable time burrowing through bureaucratic red-tape, all in the name of being socially responsible and exercising our democratic right to vote?

Voting simply isn't accessible to young Canadian students. The D250 site shows that: "Seventy five per cent of Canadians under 25 didn't vote in the last federal election". That isn't surprising considering many young adults between the ages of 18-25 are attending colleges and universities all over the country. The federal government wants more young people to get out and vote, but isn't it about time they took a closer look at why students aren't voting? Why is it that the realities of student life seem to translate into increased difficulties at the polls?

The polling station provided on-campus is genius. The downside is that the polling station only benefits students living in residence, because they are the only ones able to vote at that polling station. If the federal government wants more students to get involved and vote in the next federal election, they need to consider the convenience factor, or lack thereof, associated with voting away from home. The Student Vote program set up by Elections Canada creates an emphasis on voting and teaches elementary school children the importance of voting. There is only one problem with the scenario of voting in-school... it's entirely unrealistic. Unless these elementary school children are planning on living in residence for the entirety of their university education,

they will most certainly come across the same inconveniences as today's university students.

It is far more likely that students would actually cast their votes if all students were able to vote on-campus. Students spend a huge amount of time on-campus and university campuses act as the centralized environment of most students for at least eight months out of the year. A polling station on-campus containing all the names of the student body would be efficient and most importantly, convenient for all students. At the end of the day, it's up to the federal government to reexamine the established voting structure in Canada and decide whether or not to implement some pro-active changes. If the government wants more students to vote, it needs to stop lumping college and university students into the "adults ages 18-25" category and identify some of the key lifestyle differences between young adults and students in the same age bracket. I'd like to say that more students will vote in the next federal election, but at this rate, voting is still just an inconvenience.

IMPORTANT NEWS

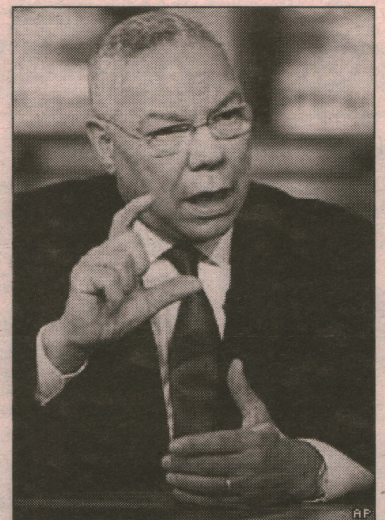
Stalker Haunts Women in University Area

Recently three women have woken up to find an unknown man inside their room staring at them. In every case the women went to sleep with the doors unlocked, allowing the man free access. Once they woke up the man fled, taking no possessions. The women were not related except by geographic area and that they either lived alone or with a one other woman. Police are advising area residents to make sure they lock their doors and windows before going to sleep at night.

NEWSFEED



Sarah Palin appeared on Saturday Night Live's opening segment as well as the Weekend Update portion of the show, during which she made the "raise the roof" gesture while Amy Poehler rapped. In actual fact it wasn't the "raise the roof" gesture Palin made but the very similar "raise our plummeting position in the polls" gesture.



The Republican Party's collective brains exploded on Sunday when former Republican Secretary of State Colin Powell endorsed Barack Obama for President while on NBC's "Meet the Press". Obama also announced that he had raised \$150 million for his campaign last month, enough to feed the starving children of several underdeveloped countries.

(While it hasn't happened yet as of the time this was written...) On Monday Stephane Dion announced he was stepping down from his position as head of the leadership party. Expect a war for the position to ensue.

An Ontario Woman was arrested after using her seven year old son as her designated driver.



Despite the fact that a Judge ruled that a "tent-city" of homeless people in Victoria B.C. was perfectly legal, police raided the city and evicted its inhabitants.



Stephen Harper has announced that the current government will spend \$100 million dollars on climate programs for developing countries.

SPORTS

BASKETBALL CROSS COUNTRY FIELD HOCKEY FOOTBALL HOCKEY RUGBY SOCCER TRACK & FIELD VOLLEYBALL



Robbie Nauffts

In hockey action Thursday night the women's team faced off against the Dalhousie Tigers for an exhibition match. Last year, SMU and DAL faced off three times in the regular season with SMU coming out on top all three times.

However if last week's match is a preview of the season to come, it is going to be a fast moving game every time the two clubs match up.

SMU opened up the scoring in the game with five seconds remaining in the first as Alex Boulanger and Sarah Maynard set Kaitlyn Abbass up for a one timer from the slot.

The second period started with Huskies' Zoe Launcelott, Lauren McCusker and Kyla Thurston finding the back of the net. Last season these three were dangerous on the ice together and were always putting points on the board for SMU.

DAL started to play a smarter game in the second period as they caught

SMU trying to rush along the boards. Almost every time DAL's defence shut down the rush and forced a turn-over on soft SMU passes. Two minutes after SMU's second goal, Robin Mullen picked up an assist as Kaitlyn McNutt smacked the puck into the SMU net from the blue-line for DAL's first point.

Dalhousie tied up the game with Gervais and McNutt getting assists for Robin Mullen's goal.

Launcelott and Thurston put their names on the score sheet again as they set up a shot in the Tigers defensive zone for the go-ahead goal in the third period.

With 13:50 remaining in the third Dalhousie's Jocelyn LeBlanc tied it again with her first goal of the game. Two minutes later DAL went ahead for the first time in the game with a power play goal by Kim Carcary. Both teams picked up the pace as SMU started to dump and chase the puck to beat the DAL defence. Seconds remained as SMU took several quick shots on net and bounced one



SMU's Amy Dawson keeps the puck in the attacking zone at Thursday night's exhibition match. Last season the Dalhousie Tigers faced off against the women's team three times and was beat in all three matches. photo by Jason MacDonald

off of the post.

After the end of the game Dalhousie

invited Saint Mary's to a shootout with both teams talking as friends afterwards. But the Third period

was the preview to women's hockey year: fast paced.



photo from "SMU PIT CREW" Face Book Group

PIT CREW: Bringing the Noise Since '96

Matthew Anderson

For those of you who go to the football games and wonder who that group of people are in the blue overalls that slide down the hill after the many touchdowns SMU scores every game. We are the Pit Crew, quite possibly the most rabid Saint Mary's football fans. We show up every game rain or shine and support a tradition that has been going strong since 1996.

This season your Huskies football team has shown incredible depth as a team. This year SMU has faced many challenges this year as a team and has stepped up on every occasion. Despite our starting quar-

terback Erik Glavic being gone for most of the season our backup quarterbacks; Abraham, Marsman, and Creighton have shown the quality play that would make most other CIS teams beg for their presence on their teams. Allistar Blair has stepped up in the rushing department when needed in every game. Most of all SMU's defense as a whole has been playing very well in the clutch holding off Acadia in two tight games, and holding St.Fx three weeks ago to complete a 23 point comeback in the second half.

As our season begins to wind down each game become more important than the last and the support from the fans at the

football games becomes more necessary. This Friday, 7pm at Huskies Stadium SMU will be taking on the X-men. The X-men are well known for bringing throngs of their most intense fans to try to take over our house. On this day it we need to we need to bring the noise. So bring your pots, bring your pans, and show the X-men that THIS IS OUR HOUSE!!!

So let's show X what real fans are about as we send them home disappointed with yet another loss at the hands of Saint Mary's. This Friday, be sure to show up this and show some Huskies pride!

Huskies at Home This Week

MEN'S BASKETBALL

YORK at SMU

Thursday, October 23rd

7:00pm at The Tower

FOOTBALL

ST FX vs SMU

Friday, October 24th

7:00pm Huskies Stadium

WOMEN'S HOCKEY

STU vs SMU

Saturday, October 25th

6:00pm at Alumni Arena

WOMEN'S HOCKEY

PEI vs SMU

Sunday, October 26th

1:00pm at the Alumni Arena

Come out and support the Pack at Husky Stadium in the last regular season game of the year! Bring your pots and pans!

You can find scores and more at smuhuskies.ca

Asshole of the Week!

SMUDOKU!

Apparently it was unsolvable last week. Sorry for wasting your time!

Asshole of the week submissions can be sent to sports.smu@gmail.com and can do not have to be sports related. Assholes can be found anywhere.

Assholes can be found anywhere!