# I the COURMAN Saint Mary's University Independent Student Newspaper

How SMU stacks up

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#### Interview with singer-songwriter Matt Mays CONNOR DONALD

Matt Mays is a singer-songwriter who grew up in Cole Harbour, Nova Scotia. He just recently released his fifth studio album 'Coyote', in September, where he experiments with sounds from all around the world. Mays returns from his world trip creating 'Coyote' for a cross Canada tour to promote the release of his new album. He performs at the Halifax Forum with special guests, The Meds on Friday, November 15. Mays took sometime to talk to The Journal about his world trip, his influences and what he wants to do before he dies

What was it like traveling the world finding this multitude of sounds for 'Coyote'?

It was an awesome experience. I got to see a lot of new places and I was able to open up all my lines of music. It was also a personal journey for me throughout my travels and recording of this album. Overall I was very happy with the outcome.

Of all the destinations in the world which one was your favorite to visit?

I would have to say Indonesia. The people are all so amazing and I

learned the most there out of all the countries I visited.

Who were your biggest influences growing up, both, musically and personally?

Musically my biggest influence would have to be Neil Young. Personally I would have to say any members of the Buffalo Bills throughout the 90's or Kelly Gruber who played third base for the Toronto Blue Jays in the 90's.

When did you first begin playing music and why?

I started playing guitar at the age of 14 because my sister's boyfriend played guitar and I thought he was cool.

At what point in your musical career do you feel you gained the most success?

I believe I always gain more and more success when an audience receives a song well.

Most memorable performance? My most memorable performance was probably six years ago when my band and I performed on the Conan O'Brien show.



Any rituals or things you do before performing a show? [Laughs] I usually jump up and down for five minutes and do a bunch of push-ups.

Did you ever consider if your musical career failed what you would have done?

No I never thought about my musical career failing, but I mean I always dreamed of owning a Jet Ski company in a really nice place and performing in a Jimmy Buffet cover band.

Any hobbies outside music? I have always loved to surf. I have surfed since I was 12 years old.

Favorite bands or songs?

I recently discovered and started to really like a band from San Diego called The Crocodiles. They are a mix of garage rock and surf rock. My favorite song is also by them and it's called 'Mirrors'.

Something a lot of your fans might not know about you?

I eat a cereal dish every night before I go to bed.

Being a Canadian, are you a fan of hockey? What other sports?

Yes I do like hockey. I am also a huge football fan. My dad was coach of the high school football team so I grew up in a football household. However, when I got to high school my school didn't have a football team so I didn't get the chance to play.

Favorite song to perform?

That is a tough one. Usually I enjoy performing cover songs. My favorite one to perform is probably 'Tougher then the rest' by Bruce Springsteen. If I had to pick one of my songs that I like to perform I'd probably pick 'Spoonful of sugar'.

What's on your bucket list?

I am a big fan of extreme sports type stuff. I'd probably have to say skydiving and fly in a fighter jet are at the top of my bucket list.

Biggest fear in life?

That's a tough one, but my biggest fear is probably not living life to the fullest like I have. Knowing that I am going to die helped me to live my life and enjoy the time I have here.

# Axemen top Huskies 3-2 to take over first place

10 November, 2012

In a battle for first place at the Halifax Forum, the Saint Mary's men's hockey team had a four game winning streak snapped by Acadia. The Huskies fell 3-2 to the Axemen in AUS hockey Friday night in Halifax in front of 1100 fans.

Stephen Johnson (Guelph, ON) got the Huskies on the board early when he scored a power play goal at 7:33 of the first period. Acadia would answer back in the second period, scoring two goals and out shooting SMU 9-5. Dustin Ekelman scored what ended up being the game winner 41 seconds into the third period.

The red-hot Lucas Bloodoff

(Castlegar, BC) would score with a 14:03 left in the game for the Huskies to make it 3-2 Axemen. Bloodoff now has 9 goals and 9 assists on the season and is the AUS leader in both points and goals.

Shortly after Bloodoff's goal Saint Mary's had a 5-on-3 power-play for 1:18 but couldn't manage to tie the game.

Anthony Peters (Blyth, ON) made 21 saves in a losing effort. SMU is now 6-4 this season in 2nd place tied with UNB with 12 points and Acadia takes sole control of first with 14 points.

Saint Mary's will host UdeM and STU at the Forum next weekend.

#### **Moncton loses Uteck Bowl contract**

ADAM FABER

Due to low attendance, Moncton will no longer be hosting the AUS Uteck

After the popular university football event left the Huskies Stadium, there was a contract put in place to host the Uteck Bowl in Moncton until 2015. However, a lack of fans in the seats caused the agreement to be canceled. "There was financial pieces in that agreement that we didn't meet, so we elected not to return." said Atlantic University Sport executive director Phil Currie. "We just don't feel that it would be wise to go back and risk another event where we don't make our financial goals."

The decision many are awaiting is where the game will be hosted now that it's leaving New Brunswick.

"We're looking at a couple of options." said Currie, "One is the status quo, bringing back to Halifax and hosting it here somewhere." Issues with Saint Mary's stadium caused the game to leave in the first place, and no restoration or renovation has happened since it left.

"What the members would like us to do, is to take it to the campus of the winner of the AUS Championship, that's what happens in the rest of the country." said Currie, "That's one of the options, and that's the ones the members prefer to be honest with you." In that case, multiple plans would be made depending on the different team's standings, and the winning location would quickly arrange hosting.

Putting a new system in place

would happen in February at the earliest, when the AUS gets together as a group. If members are not in agreement, it would also be possible to postpone the decision until the annual general meeting in May. "It's not going to be a matter of weeks, that's for sure." said Currie.

Currie stressed that the decision to leave Moncton was simply business. "The city of Moncton, the venue, the people we dealt with there, the volunteers have been absolutely incredible. On that level, the execution of the event was outstanding." said Currie, "It's a business, whether we like it or not, and we have to attend to that business."

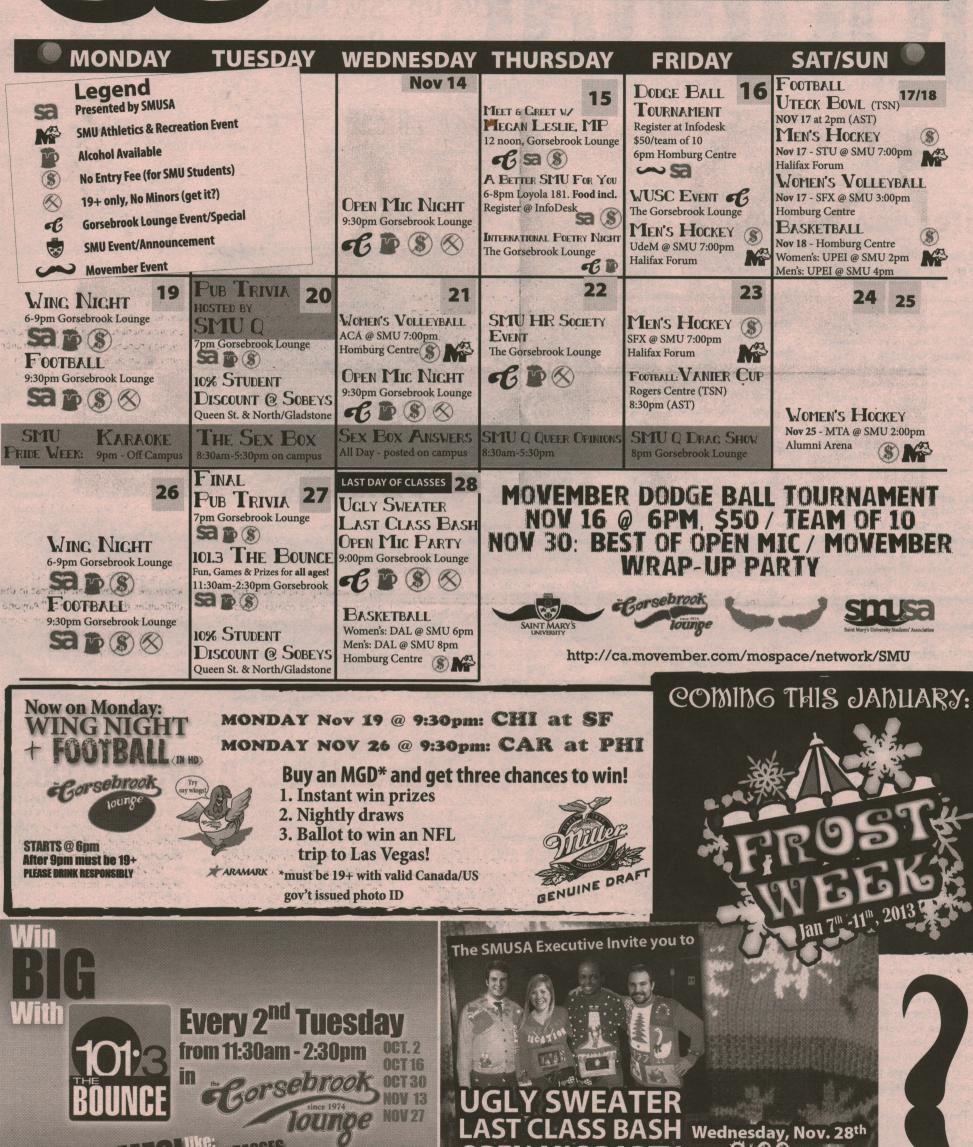
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#### journal How Saint Mary's stacks up SMU Documentary

The Globe and Mail and MacLean's recently published their annual reports, ranking Canada's Universities. Saint Mary's University was ranked near the upper half of the pack, but there is still some clear room for improvement. Overall, we received a B+ by the Globe and Mail, and were ranked at #8 by MacLean's.

Our best grades on the Globe and Mail report card were A-'s in the quality of teaching and learning, class sizes, environmental commitment, and campus atmosphere. This shows that we still have some slight room for improvement, but compared to other Universities across the country, we can offer a top experience for students looking for quality education in a great campus setting. It seems clear that the small campus size is tied into these benefits - it is easy to get attention when needed from the top quality faculty we have at Saint Mary's, and for students in most majors, it is easy to feel comfortable in upper year classes since you're surrounded by familiar faces. The physically small size of our campus also gives us a bit of an edge when it comes to overall campus atmosphere - it's easy to feel at home when you can't walk very far before you run into a friend or classmate, and our student body is quite welcoming, as evidenced by the number of international students that choose SMU. The various green initiatives around campus, like the Atrium's green roof or its coffee shop, and the SMU STARS (Sustainability Tracking, Assessment & Rating System<sup>TM</sup>) program which provides a way to evaluate progress in sustainability goals, our University definitely deserves a rating ahead of the pack when it comes to environmental commitment. Our worst grade from the Globe and Mail was in the student residence category, with a C+. Likely due to the outdated nature of some of the residence floors and halls, like the Vanier residence and the small size of the average single residence room. Compare this to StFX or Dalhousie single residence rooms, that are usually a bit bigger and often contain a private sink and mirror, we're definitely a bit behind. The remainder of our grades were B's - overall, according to the Globe and Mail, Saint Mary's University doesn't have all that much to brag about but there isn't much to be ashamed of, either. We ended up with a good grade

where it really counts, as well - the quality of teaching and learning.

The report from MacLean's ranked us in a respectable position -8th overall for the Primarily Undergraduate category, tying with Bishop's. This is an improvement, moving up a rank from 9th last year. Despite this improvement, SMU will need to continue to sink resources into improving student experience and the campus itself -- compared with other institutions in the region we risk falling behind. Other Universities in the region on the report for Primarily Undergraduate schools were Cape Breton at 18, Mount Saint Vincent at 17, St. Thomas at 11 after moving up from 14 last year, Université de Moncton at 10 after moving up from 15 last year, St. Francis Xavier at 7 moving down from 6, UPEI tied with Trent at 5 after moving down a grade, Acadia dropped two slots from 2nd place to 4th, and Mount Allison holds their position from last year as the top ranked in the Primarily Undergraduate university in the country. While we are ranked right in the upper-middle range for our region, some huge improvements from schools like U de M and St. Thomas show that this could change in a matter of years. While moving up one position is better than not moving at all or falling in the ranks, being ranked at 8th compared to Acadia at 4th, StFX at 7th, and Mt. A in first place is not likely to attract students who are basing decisions on this report.

Overall, the experience at SMU according to these two publications is average compared to other institutions in the country. We have room for improvement in many areas, are just towing the line in others, and have a few items to be proud of. That being said, Saint Mary's does have a few cards up its sleeve that other universities in the region don't have - a world class business program with a top ranked MBA and undergraduate program, one of the only Criminology programs with a major option and graduate programs in the area, and one of the leading English as a second language programs. Regardless of what the MacLean's and Globe and Mail rankings might say, Saint Mary's is still a great institution and students who regret the decision to pursue their program at SMU due to negative experiences are few and far between.

## **Production Continues**

ADAM FABER

A documentary chronicling Saint Mary's University students experience in Northern Ireland is scheduled to come out in 2013. leff Cusack, a SMU alumni and Everett Stone, followed a group of students into Irish schools trying to come to terms with the strife and violence surrounding their civil unrest. From the late 1960s until 1998, fierce and violent clashes involving paramilitaries and security forces dominated a local conflict in Northern Ireland, known as 'The Troubles'. Jeffrey and Everett plan on exploring the long-term effects and divisions that still exist, and the steps being take to close these extreme rifts in a documentary called Belfast: Students in Conflict.

The SMU students who went on the trip visited area schools with the goal of providing conflict resolution and promoting camaraderie between the children from both sides. The documentary is a first from Cusack and Stone, who held a fundraiser at Dirty Nelly's Irish pub on St. Patrick's day in order to help cover the costs involved with production.

Owner Joe McGuinness was receptive to the idea behind the production, as a child he was in the midst of it."I grew up in Ireland in the sixties; when I was a kid every day I'd wake up and look at the newspaper it was constant death and violence." McGuinness saw the need for education here in Canada. "A lot of people believe it's a Catholic-Protestant thing, they don't



All of the shooting is finished, what's left to be done is all of the post-production: Editing, story boarding and all of the little things that will create a polished end product. "It's amazing what a time commitment it is, but I'm enjoying the whole process." Said Cusack. A trailer went up on their Facebook page in September, with evocative shots of an elementary school surrounded by barbed wire and blast doors.

Jeff is focused on the continuing issues of the area, "Juveniles in Northern Ireland have an abnormally high suicide rate, and there's a very high rate of children being suspended from school as well. Even though the initial peace treaty was concluded in 1998, the problems have been drawn out." he also aims to lend all the support he can. "Think just the idea of having people come in and say 'we can help you' lets people know we are having an interest in the difficulties they have to face." Anyone interested in more information about the documentary is invited to visit their Faceook page, https://www. facebook.com/BelfastHalifax.

#### International Education Week

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

International Education Week (IEW) is an annual, week-long event celebrated during the third week of November by over 85 countries around the world.

IEW provides an opportunity to celebrate and showcase the rich variety of innovative programs and activities that expose students, faculty and staff to an international dimension; enriching their learning and preparing them for global citizenship.

Saint Mary's University is hosting its first International Education Week from Tuesday November 13th to Friday November 16th, 2012. The goal for the week is to showcase the programs and services Saint Mary's

The primary role for Saint Mary's International Activities Office (IAO) is to support the broader goal of

the internationalization of the Saint Mary's campus. IAO is dedicated to enriching the lives of students, faculty and staff through the development and enhancement of international experiences and perspectives.

So whether you are a student, staff member or faculty member, this year's International Education Week, Saint Mary's International Activities Office will provide information about the many ways in which you can get involved in global education and an opportunity to discover how international education can enrich your life.

Drop by an event during IE Week 2012 to enjoy complimentary light refreshments and good information. Check out the poster for the full schedule.

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#### Inspiring Leaders. Canada's ultimate student-athlete experience

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

A new strategic plan setting the agenda for Atlantic University Sport for the next three years was released in Halifax Nov 8 with Saint Mary's athletes and administrators front and

Inspiring Leaders. Canada's ultimate student-athlete experience is a roadmap map that renews and refocuses the AUS conference on goals that are integral to providing the ultimate student-athlete experience. These include delivering high-quality programs and events, raising the profile of its studentathletes and university sport through new digital media initiatives and building partnerships. Through improved efforts to share the complete stories of its accomplished student-athletes, the association's new focus will emphasize that its athletes are students first and

"We feel that in order to lead the country as a conference, it's no longer sufficient for us to simply facilitate athletics," said AUS executive director Phil Currie. "We need to take steps to help our athletes transition from freshmen, to seniors, to community leaders." Currie summed up the ultimate goal of the new plan as the creation of an environment in which the conference's student-athletes can simultaneously learn, compete and

Saint Mary's President Dr. Colin Dodds, a member of the executive group that helped develop the plan, said he believes the new direction we will make the AUS the conference of choice in Canada as it focuses on the development of the leadership

potential of our student-athletes.

"Our student athletes are first and foremost students. Some may go on to professional sports, but for the majority university sports is about inspiring leadership and helping individuals find their place in community development," he said.

Student athletes are our university's ambassadors and he lauded the plan's commitment to ensuring the work they do in the community receives a higher profile.

Statistics released by the AUS at press conference launching the initiative indicated that last year AUS teams collectively raised \$86,000 for charity and volunteered more than 15,800 hours for 112 different causes.

The new strategic plan has been endorsed by such current community leaders as former premier of New Brunswick, Frank McKenna who was a multi-sport AUS athlete himself at St. Francis Xavier University from 1967-70."I saw [university sport] make a difference in my life, but I also saw it make a profound difference in the lives of my children," said McKenna, now the deputy chair of TD bank. "All three of them went to universities in Atlantic Canada, all three of them played a full spectrum of sports and I think it hugely affected their character development and made better citizens and better human beings out of them."

Vice-president and director of TD asset management David Sykes, a Saint Mary's football player from 1989-93, echoed McKenna's sentiments. "Participation in university sport taught me how to make quick decisions. To look around me and see the resources at my disposal and use

those resources to achieve the goal at hand," he said. "For me, without a doubt, participation in Atlantic University Sport inspires leaders."

plan involves leading the country with tighter regulations around head injuries."27% of eligible AUS athletes attained Academic All-Canadian status last year," said Currie."Our student-athletes are students first and foremost. And for that reason, we place matters of health and safety above all else." An AUS head injury committee comprised of four medical professionals with extensive expertise in the area of athletic directors and the conference executive director was assembled last year to give due diligence to this important issue. Because of findings and recommendations made by Dr. Sonja McVeigh MD (Halifax), Dr. Stephanie Melanson (Moncton), Dr. Jim MacLeod (Wolfville), athletic therapist Colin King and the rest of the committee, all instances of hits to the head resulting in injury will now be reviewed by the executive

Other components of the plan involve efforts to enhance fan experience. Newly off the ground is the live streaming website AUStv. ca which will host broadcasts of redesign of atlanticuniversitysport. and mobile tools for both athletes and fans including the now available AUS Front Row app for iPhone and Android devices which provides

# One component of the strategic

sport-related concussions, three AUS

every conference championship. The com will see the addition of new web up-to-date game stats and live news

#### **International Development Initiative Funding Now Available**

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

During the 2011 SMUSA elections, Saint Mary's University students passed a referendum question that would use one dollar from each student's fees to start a fund to help finance Saint Mary's University students who want to volunteer abroad or who have an international development initiative of their own. The Saint Mary's University International Development Initiative Fund (IDIF) is now up and running.

The IDIF was set up as a way of providing support and opportunities to Saint Mary's University students while simultaneously helping

developing countries. Funding may be available to any Saint Mary's University student (undergraduate or graduate) who is volunteering abroad, doing research, starting his or her own initiative or charity, or participating in any program that is aimed at benefiting/helping a country or region in the developing world.

Applications to apply for funding are now available at the Information Desk on the first floor of the Student Center or from the IDS secretary in

The Application deadline has been extended to 5 p.m. on November 16, 2012.

#### **Tapping Into Sustainability**

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

There's a new favourite brew on tap for Saint Mary's Commerce student Evan MacLean: water.

It's not that MacLean wasn't already a water drinker, but beginning Friday November 2, he'll be drinking nothing else for two weeks as part of his commitment to The Water Project, a non-profit organization that works with partners in countries like Kenya, Rwanda, Sierra Leone, South Sudan and Uganda to build long lasting water infrastructure projects.

"Water is essential for life," says MacLean, a fifth year Accounting and Finance major from New Waterford, NS. "Everyone deserves to have access to clean, healthy water."

Motivation for MacLean's Water Challenge comes from the knowledge that nearly one billion people in the world suffer from the lack of clean, safe water for drinking and washing.

"I hope to raise money for the construction and maintenance of water systems in developing countries," says MacLean, "and I also hope to raise awareness and inspire others to take action."

MacLean takes his own inspiration from stories of those who have

made a difference by building wells and funding water-related projects in under-developed nations.

During the 14-day ordeal, he'll contribute the money he would typically spend on other beverages to The Water Project. He's not sure how difficult it will be to forgo the milk with his morning cereal, the power drinks during a soccer game and the beer afterwards, but he thinks it will be easier at Saint Mary's than it would be in other places.

"Saint Mary's has a great culture that encourages students to be sustainable," says MacLean. "It's easy to drink water while I attend my classes and study as I can refill my reusable water bottle at campus hydration stations."

No stranger to social activism, MacLean has been involved in a number of projects to raise money for worthy causes. For this endeavor, he's directing his supporters to a fundraising page. Once his goal is met, project donors will receive a tracking link to see how they've given others a gift that we too often take for granted.

#### Saint Mary's Welcomes its First Banting **Postdoctoral Fellow**

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

As the recipient of a prestigious Banting Postdoctoral Fellowship, Karen Foster could have continued her academic career at any of the leading graduate business schools in the world. A search of renowned research programs in her area of interest lead the elite scholar to Saint Mary's University for postdoctoral research in productivity.

"We are thrilled to be hosting Dr. Karen Foster as a Banting Postdoctoral Fellow here at Saint Mary's," said Dr. Kevin Vessey, Associate Vice-President, Research and Dean, Faculty of Graduate Studies and Research.

Dr. Foster's work looks at the concept of "productivity" as an economic indicator and its influence on economic theory, government policy, and business discourse. Dr. Foster plans to base the analysis in the Atlantic Canadian context, where concerns about economic productivity have historically been

front-and-center in the relations between the Atlantic Provinces and the federal government, and within the provinces' governments, civil society and business community.

"Dr. Foster's sociological approach to the study of productivity from the personal to the organizational to the national level will enable a wonderful synergism with our current research in human resource management and corporate organizational behavior,"

"I was able to propose a study that brought me home to Nova Scotia and that gave me the opportunity to work with my new supervisor, Albert Mills," said Dr. Foster."I was even able to step outside my usual discipline of Sociology and join the Management department, where I'm meeting all kinds of great people and getting exposed to different kinds of research and teaching."

For Dr. Foster, the Banting

Fellowship allows her to do the research she wants to pursue while providing the time to do it and alleviating financial concerns. Fellowships are valued at \$70,000 annually for up to two years. Dr. Foster is also permitted to teach while at Saint Mary's, meaning she can build up valuable experience before hitting the job market in search of a tenure track job.

"The Banting program encourages recipients to be 'public intellectuals': we're urged to find novel ways to disseminate our research findings and to write for or otherwise engage with civic groups and popular publications," said Dr. Foster.

This should come as no challenge to Dr. Foster, who happens to be a member of The Globe and Mail's advisory panel of postsecondary leaders and is regularly quoted there and in other outlets.



Valerie Keast, centre, poses with her yachting team in La Rochelle, France.

#### Student takes second place in Yachting **World Cup**

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

Saint Mary's student, Valerie Keast, has just returned from the Student Yachting World Cup, placing second overall in the world (behind Ireland and in front of Italy). This year's regatta was held in La Rochelle. France which has the largest marina for pleasure boats in Europe. Valerie has been Saint Mary's representative for two years now (sailing with the Dal team) and the experience has made her "very proud to be Canadian and fortunate to be studying in

### **G-SPOT**

Have you cum today? If you haven't I totally recommend it.

When I started university (which wasn't that long ago, y'all), the entire first year class, allIIII of us, were assembled during frosh week in a large lecture theatre to talk about sex. I received some sage wisdom that day, and I feel the need to pass it along. The crux of the talk was this:

Masturbate.

Now, maybe you're not someone who enjoys sex, which is totally fine – though I have to assume you probably haven't started reading this column in the first place. But if you do like sex and orgasms, you probably masturbate. Or maybe not.

Now, I know it's awkward, especially for those of you who have roommates, especially in residence – getting it on with yourself is not something that beg for disruption, but you will find yourself alone and looking to indulge in a little you, yourself and you time.

Now, before we get into getting enough self-satisfaction, remember why should should cum for yourself. It's 'cause if you can't do it for you, neither can anyone else. You know how your body works, and you need to get reaalllly nice and comfortable with it, before you can expect someone else to get jiggity and make you see stars. All bodies are different, and what works for another person might not work for you, and vice versa. To have the sex that you wanna have, sex that satisfies you and your partner, you should be down with giving direction, being open to new

things, and some self-exploration.
You wanna get the most out of your sexytimes, and your partner wants that for you. Do yourself and your sex life a favour and learn what makes you tick.

My advice on the subject, I'm lifting straight from syndicated advice columnist, LGBT activist, and all around sex guru, Dan Savage. This is an excerpt from a letter to a 15 year old kid asking Dan how he can get girls.

"Masturbate in moderation--no more than 10 times a day--and vary your masturbatory routine. I can't emphasize this last point enough. A vagina does not feel like a clenched fist, nor does a mouth, an anus, tit fucking, dry humping, or e-stim. If you don't want to be sending me another pathetic letter in five years complaining about your inability to come unless you're beating your own meat, you will vary your routine now so that you'll be able to respond to different kinds of sexual stimulation once you do start getting the girls."

I like to think the rule is similar for you vagina-havers out there. Don't always use your viberator or dildo, vary speed and pressure and all of that good stuff.

But just a friendly reminder to all those roommates out there, who want their own alone time. Remember to respect your roomie and his or her alone time. If there's a sock on the door, respect that request for privacy and leave them be. You'll have a better relationship for it, and when you both aren't carrying around a shit tonne of sexual tension and stress, your household will run all the more smoothly.

#### **Professor Measor's Sudden Resignation**

ADAM FABER

Political science professor John Measor has resigned in the middle of the year, causing a quick staffing shuffle.

At the end of October, professor Measor left the staff at Saint Mary's University, with almost no notice and little explanation from SMU administration. "He resigned for personal reasons." said Travis Smith of SMU External Affairs. Measor, who previously taught at the University of Victoria taught political courses, with a focus on the the middle east.

The university website was updated the same day as his resignaton, removing almost all mention of him from the faculty pages and couse listings. At first only one of his classes had a replacement

professor, the rest listed as TBA until a replacement could be arranged.

"He announced his resignation on a Friday, so in my view we responded fairly quickly." Said Smith, pointing out that very little class time was missed. Classes are continuing without any major changes.

#### **SMU Garden Society Update**

The SMU Garden Society has been working to reconnect students, faculty and neighbors of the university with their food since the campus community gardens were established in the spring of 2011. The gardens are located in The Oaks just off of Gorsebrook Avenue, a beautiful space—green, wide-open—between the International Activities building and the forest outlining the train tracks.

The 31 garden plots are organic, free of pesticides and chemicals. In the spring and summer months it is a place of vibrant activity, boasting an herb spiral and communal plots, growing everything from mint and chives to fresh tomatoes and strawberries. Many of the plots are also rented out each year to the public, students and faculty who wish to garden in a community setting.

The gardens are not just about growing a few beans and leafy greens. In efforts to create a culture of

"good food" on campus and in the neighborhood, SMU Garden has hosted a number of events, including practical skill-sharing workshops on composting, food preservation and growing mushrooms as well as organizing Groovy Garden Gatherings with local musicians and local food to celebrate the years harvest.

Still, the SMU Garden Society is about even more than skill sharing and parties. The majority of members in the society are critical of the capitalist-driven industrial food system and all the injustices it enables—ecological degradation, the imposition of destructive food systems on peasants and farm workers, and Wall Street speculators commoditizing food for profit while the high prices make food inaccessible to millions. Unfortunately the list can go on (and on).

It is in this critical spirit that the society hopes to spur discussions

and action, in their own small way, that challenges the logic of industrial food systems. For example, earlier this fall SMU Garden Society held a "provocative picnic". They served free local and organic food and invited professors and students to lead discussions on the ills and defiance of such a system, including topics on the corporate control of food, the ethics of "Franken-Meat", and the emergence of student run food cooperatives on Atlantic campuses.

This brings us to one of the major projects that SMU Garden has recently been working on. You may start noticing free local and organic food servings at SMU. This is because the first steps are being made to start a student-run food cooperative on campus. Food cooperatives on to have been popping up on campuses throughout North America, run by the students through democratic processes to ensure the organization is autonomous and independent, with an emphasis on ethically sourced food. They can take the shape of a grocery market, a café or deli, or even a small soup and sandwich cart.

Members of SMU Garden believe that truly sustainable food systems involve food sovereignty, whereby students are active participants in their food systems rather than passive consumers. Students are encouraged to become involved with the SMU Food Co-op (a more creative name is in the works) by attending weekly meetings on Mondays at 7PM in L281.

Upcoming events include the Herbal Survive & Thrive Kit for Students Workshop with Savayda Jarone Thursday November 15th in L271 at 7PM and a screening of the documentary Food Inc. on Thursday November 22nd in L271 at 7PM. SMU Garden runs a blog at smugarden.tumblr.com and can be contacted at smugarden@gmail.com, or come out to weekly the meetings to get involved in garden and food co-op happenings.



# **SMUDS Production Flush** with Humour

ADAM FABER

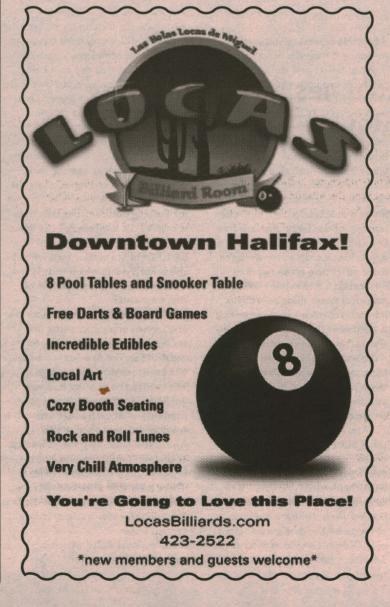
The SMU Drama society is indulging in a little bathroom humor.

Their first of two plays scheduled for the academic year, Bathroom Humor, is an eight person office party that takes some unexpected turns.

"It's a comedy full of lying, cheating, sex, drugs and alcohol... you know your typical office party." said Dominique Lirette, who is playing Babette, the promiscuous co-worker.

The production, written by Billy Van Zandt and Jane Millmore and directed by SMU's very own Taylor Wood, runs from November 18th to the 21st at 7:00PM each night.

Taking place at the McNally Main Auditorium, the first performance on the 18th is a pay-what you-can show, with the others costing \$5 at the door from the 19th to the 21st.



#### **Candid and Transformational: Brett** Wilson speaks to Saint Mary's

SAMUEL HAMMOND

The Scotia Bank Theatre was standing room only last Monday, November 5th, as hundreds came out to see billionaire philanthropist and former Dragons' Den investor W. Brett Wilson speak, take questions and sign his new book Redefining Success. Wilson spoke for over an hour, stating from the outset that he "came for a conversation" and not to peddle books. He was candid, even off-thecuff, promising he was not afraid of any question.

Wilsons talk was quite personal. He spoke solemnly about the loss of his mother and grandmother in the same hospital, on the same day and in the same hour. A merely social drinker, he dropped alcohol entirely (he quit other drugs before the end of grade 12). His main addiction was to his career - a workaholism that lead to a divorce from the twenty year marriage that spawned his three beloved children.

Wilson is of course best known for his televised role on three seasons of CBC's Dragons' Den. During his tenure he made more deals than any other "Dragon," papering 30 deals out of the over 700 pitches he witnessed, investing a total of over four million of his own dollars. His portfolio approach paid off. Even though he made substantial losses on a number of deals, one deal with a company called 320 Solutions

(repurposing transport containers into livable trailers) paid it all off.

He left Dragons' Den in early 2011 after a disagreement with CBC over what he referred to as an emphasis on "dust ups over follow ups". It began as an issue of disrespect when a producer demanded he tape an episode during a scheduled vacation with his daughter with the words "it's just a vacation." "I think it was the use of the word 'just' that made me so angry," Wilson said, who places a huge premium of time spent with family.

Then there were the contract negotiations, with the Dragons demanding a major salary increase to justify their time. Wilson couldn't believe the resistance from CBC. Not only was Dragons' Den one of their most successful programs (pulling in at its peak over two million viewers an episode), but was also incredibly cheap to produce. At one point Wilson questioned whether the two CBC lawyers he was dealing with had even graduated law.

Despite the rough exit, Wilson is happy Dragons' Den is on TV for its promotion of entrepreneurship - one of his three "core curriculum" ideas that he believes should be taught as early as third grade. "We need to celebrate entrepreneurs," a line Wilson repeated more than once. The other two subjects are marketing and philanthropy.

Philanthropy is a guiding and defining quality for Brett Wilson. He stressed how, from the early years of his brokerage firm First Energy, he never turned down a client or employee request for charitable donations.

This good nature is accompanied with good humor. He only halfjoked that one of his proudest achievements was to "be good friends with all the Trailer Park Boys," after pointing out the book-cover endorsement from Bubbles. He also joked about his nose diving TV career, starting with Dragons' Den and bottoming out on the Real House Wives of Vancouver, much to his son's chagrin.

This "engineering geek" (his words) turned energy baron, philanthropist and now author made it clear by the end of his talk that anyone has the potential to succeed if they find something to be passionate about and create the right network. Quoting J.R.R Tolkien, Wilson insisted that "not all who wander are lost."

Based on the talk, another Tolkien quote is perhaps even more appropriate: "It does not do to leave a live dragon out of your calculations. if you live near him. Dragons may not have much real use for all their wealth, but they know it to an ounce as a rule."

#### A SMUdent's experience with Enactus (formerly SIFE)

As a fourth year Management student, I am interested in sharing my experience at Enactus (formerly SIFE) and highlighting the benefits of being actively involved with you.

Prior to formally joining a society, I wanted to get a sense of what it truly means to be part of an organization whose sole mission revolves around YOUR interests. I decided to participate in the Students Entrepreneurship Challenge and the Trumped Competition. This experience was hands-on, real and overall fantastic. I was attracted by this aspiring society and decided to

At first, I joined SMU Angels to improve vendors' small businesses at the Farmers Market. Meeting new people, establishing connections and getting insights as to how things are "run & done" in reality have provided me with a strong base to professionally grow within the society.

I became project manager of the Students Entrepreneurship Challenge and subsequently with Access-Ability to help entrepreneurs with disabilities effectively run their businesses locally.

So, if you are still wondering whether to sign-up with a society, my response is -YES. At Enactus, I learned a lot and I bet you will too. There are students present from all faculties, so it is really easy to build friendships and improve on necessary skills that will help with securing future employment.

All of my accomplishments are now documented on my CCR which shows how I improved my self-confidence, leadership, communication and organizational skills. These skills along with a verified record of my involvement are definitely going to help me in securing a job of my interest.

Sincerely, Yueran Li

#### Freshwater: A Finite Resource

JOCELYN KICKBUSH

It is a day like any other in Halifax; but unbeknownst to the students of Saint Mary's University an insidious imposture lurks in the halls, cafeterias and restaurants. The setting: a vending machine. One lone student considers their options for the day. Do they choose the coke, reminiscent of rum filled fun times, or the Dasani bottled water, the non-sugar saturated beverage option? (Fun fact: Dasani is also a Coca-cola product). Thanks to midterms, their exercise routine has been non-existent lately, so they choose the bottled water. Good choice. But next time, save yourself the trip to the vending machine and the \$2 by just chilling some tap water, here's why:

Bottled water is essentially filtered tap water. On the Dasani bottle it mentions that it undergoes a "state-of-the-art 5 step process and [is] enhanced with a special blend of minerals..." Not only does from municipal water sources (aka tap water), but its 5 steps include filtering the water, reverse osmosis (removing minerals), adding minerals and injecting it with the disinfectant ozone (O3)... wait, let me go over that again. So Dasani takes tap water, which is already stringently regulated, completes five unnecessary steps and then sells it back to the consumer? Not to mention the last step will, and has in the past, cause a reaction

if bromide is present in the water (bromide is naturally occurring in groundwater and springs) that produces bromate, which is a carcinogen. Interesting.

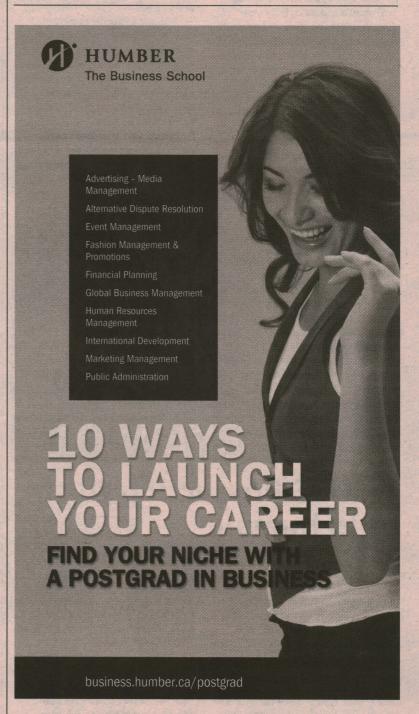
What is particularly interesting about the emphasis on the "5 step process" is that it makes consumers doubt municipal water. If bottled water goes through all these extra steps, then it must be purer than tap water. Except studies has not found that it is safer than tap water, nor has it been found that it is free of microorganisms. In fact safety regulations for tap water are often more strict than those required for bottled water. While Halifax's municipal water must be tested a minimum of once a year, water that is bottled in Canada only has to be checked every three years. However, if the water is being flown in from India, one location of Dasani plants, these plants are not held to Canadian and may be not be similarly regulated.

And if paying 240 to 10 000 times more for glorified tap water, doesn't deter the average student, then maybe the ecological effects will. When water is removed from its local source in the form of bottled water, (which in the case of Nestlé's Aberfoyle plant, located near Guelph, Ontario, is at a rate of 3.6 million liters of water daily) it results in a disruption of the local

hydrocycle. Not only does this mean that water is completely removed from the local area due to it being transported elsewhere, but that there is no means of replenishment. Let's look at agriculture for a moment. When agriculture pumps water from a local source, such as aquifers, it uses it for irrigation and that results in part of the water seeping back into the ground and replenishing the groundwater. When water is pumped for bottling purposes, not only does it deplete the local source, but when it reaches its destination which may be 1000s of km away, it then follows the sewer system which ends in the ocean completing the final loss of that freshwater.

To understand the very real and serious implications that this holds, one only needs to look to the Aral Sea. The Aral Sea is a body of freshwater that was so large it was referred to as a sea. It is now mostly a desert. Freshwater was siphoned off at such a rate and transported outside of the local hydrocycle until the greatest feature of the sea is not the water, but the bones of ships stranded in sand. There is no difference between the transportation of water from the Aral Sea, and the water transported via bottled water.

Keep local water where it belongs; drink tap water.



#### **Axemen claim second straight Loney** Bowl with 17-9 win over Huskies

11 November, 2012

At Raymond Field in Wolfville, N.S., the CIS No. 9-ranked Axemen got all they could handle from Saint Mary's but an impressive day from a freshman running back and a strong defensive performance lifted them to a 17-9 win and their second straight Subway AUS Loney Bowl win over the Huskies, in front of 2,678 fans.

Acadia, now undefeated at Raymond Field in their last 10 games dating back to October 30, 2010, prevailed 39-20 in last year's Loney Bowl and are off to the Uteck Bowl for the second year in a row, this time travelling to Laval to take on the RSEQ champion Rouge et Or.

Holding on to a slim 10-9 lead with less than seven minutes remaining, the Axemen sealed the win with two late safeties and a 28-yard Ryan Begin field goal with 52 seconds left on the clock.

Amazingly, Acadia's defence allowed only one passing completion all afternoon, for a loss of five yards. Saint Mary's finished with 97 yards of total offence and only nine first downs, including three on penalties.

Reigning two-time AUS MVP Kyle Graves was a modest 10-of-24 for 110 yards, one touchdown and one interception but the Axemen received a 181-yard rushing effort from conference rookie of the year Thomas Troop (Alliston, Ont.). Troop was awarded the Don Loney Memorial Trophy as the most valuable player of the game.

A scoreless first quarter was erased with a 34-yard Brett Lauthier (Truro, N.S.) field goal to give Saint Mary's an early second quarter lead.

Less than three minutes later the Axemen responded with the only major of the day when all-star receiver Taylor Renaud hauled in

a 20-yard reception from Graves, capping a six-play, 75-yard drive.

Lauther and Ryan Begin (Orleans, Ont.) exchanged field goals in the closing minutes of the half to give the



Axemen a 10-6 halftime lead.

Lauther hit his third and final field goal of the afternoon at 7:04 of the third frame to close the gap to a single point. Lauther finished three-of-four on field goal attempts, connecting from 34, 49 and 35 yard respectively.

With a slim 10-9 lead after three quarters, the Axemen had the wind at their backs in the fourth and maintained good field position throughout most of the final frame, adding two safeties and a 28 yard field goal by Begin.

Saint Mary's running backs Mike Dawes (Winnipeg, Man.) and Melvin Abankwah (Etobicoke, Ont.) split the running game duty with 18 carries each for 94 and 28 yards respectively. Jesse St. James led the way on

defence with seven tackles, including 5.5 for losses and a pair of sacks, as well as a fumble recovery. Acadia linebacker Drew Morris had a gamehigh 10.5 tackles.

Head coach Jeff Cummins was happy with the win but was reserved.

There is now doubt that it wasn't our "A' game, but give credit to Saint Mary's in their preparation for this game," said Cummins. "Our defense got the job done shutting down their run game and the bumps we hit in trying to move the ball offensively were smoothed over by an overall team effort and a desire to win this second championship in

Huskies pivot Jean Legault (Sherbrook, Que.) was held to I completion in 11 attempts for -5 yards.

Taylor Renaud led the Axemen receivers with 40 yards receiving and the lone touchdown

Cummins is looking forward to playing the CIS No. 2-ranked Rouge et Or in next Saturday's Uteck Bowl in Quebec City.

'We will have to work on certain aspects of our game to play against Laval with hopes to improve on our outing against them in September. I think both teams, in preparing for the Uteck Bowl, will see two different teams from those in September. Our defense was exceptional today at times and I hope it can carry over next weekend."

The Rouge et Or hosted Acadia earlier this season in the RSEQ-AUS interlock weekend on September 15, posting a 31-7 win over the Axemen. Acadia is winless against Laval since

#### **Rob Jubenville wins AUS** outstanding lineman of the year

The Atlantic University Sport outstanding lineman of the year is Saint Mary's Huskies defensive lineman Rob Jubenville.

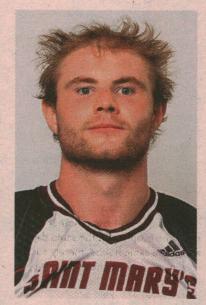
Jubenville, a 6-foot-2, 255-pound native of Oshawa, Ont., led the AUS conference in sacks once again this season with 9.5 and wrapped up the 2012 season as the all-time leader in AUS career sacks with 27.0.

Rob, an AUS all-star and a second team CIS all-Canadian in 2011, also led the league in forced fumbles with six, tackles for a loss with 14.0 and was credited with 38.5 tackles.

He now ranks 16th all-time in AUS career tackles with 130.0.

"Rob is a great student of the game with an unbelievable motor," says first-year Saint Mary's head coach Perry Marchese. "He has an incredible desire to be great and a work ethic to match. He is a coach's dream."

Jubenville will represent the conference as the nominee for the J.P. Metras Trophy which was last brought back to the AUFC in 1997 when StFX's Mike Kushnir was named the



CIS's top lineman.

The last Saint Mary's player to be named AUS lineman of the year was defensive lineman Devon Hicks, who took home the award following the 2009 season.

#### **Huskies Football's Matt** Albright takes AUS due along all and the allender and the **Community Service Award**

Third-year offensive lineman Matt Albright (Dartmouth, N.S.) of the Saint Mary's Huskies is the 2012 Atlantic University Sport Student-Athlete Community Service Award recipient and will be the conference nominee for the prestigious Russ Jackson Award.

Named after CFL quarterback Russ Jackson, this award recognizes a Canadian university football player who excels on the field, in academics, and in community service.

Albright, a 6-foot-5, 305-pound offensive tackle, is an academic all-Canadian with a GPA of 4.0. He is a leader on an offensive line that averages a league-best 201.4 yards per game and gave up just 10 quarterback sacks in eight regular season outings. Matt also represented Saint Mary's at the 2012 East-West Bowl this past spring.

In the community, Matt volunteers for a number of initiatives, including as an active participant in Ronald McDonald charity house events in the area and he has also participated in fundraising efforts for both prostate and breast cancer.

Selected as recruitment ambassador for Saint Mary's in local high schools this past year, Albright also helps with the 13th man program, an initiative where the Huskies football team has partnered with the Nova Scotia Special Olympics to have a representative as the 13th player at each home game.

Matt is also an active participant



in the Halifax Shine-O-Rama campaign for cystic fibrosis, has served as a volunteer coach for the Dartmouth Destroyers youth football team and has served as a guest coach at a number of local high

"Matt embodies a true studentathlete and is one of the most team-oriented players I have had the pleasure of coaching," says Saint Mary's head coach Perry Marchese. "He is one of the best players at his position in the country, while maintaining a 4.0 in our Science program with a full course load. He is a leader on our team who is always front and centre of any community initiative or charitable

The three other nominee's for this prestigious award were Acadia's Zack Clarke, Mount Allison's Stu Moore and Charlton Elliott of the StFX X-Men.

#### Shoot for the Cure back for sixth year

The CIS Women's Basketball Coaches Association proudly announced its fundraising initiative to raise money for the Canadian Breast Cancer Foundation - and other related charities - is up and running for a sixth straight year.

The Shoot for the Cure campaign has proven an overwhelming success since it was launched in the fall of 2007 with over half a million dollars in donations (\$512,394.58). For the first time last season, all CIS women's basketball programs participated in the campaign.

At the 2012 CIS championship last March in Calgary, the WBCA presented a cheque for \$98,706.92 to the Canadian Breast Cancer Foundation, while an additional \$22,541.78 was amassed by schools that elected to donate their fundraised money to local or provincial organizations, bringing the 2011-12 Shoot for the Cure overall total to \$121,248.70.

In the first four years of the initiative, the WBCA had presented cheques of \$50,320.87, \$81,512.96, \$94,650.96 and \$104,763.53 to the



CBCF, with another \$82,439.34 going to local organizations.

Once again this year, CIS schools will raise money through regular season games, non-confe matches, tournaments and special

The Bishop's University Gaiters kicked off the 2012-13 activities in Sherbrooke, Que., with their Reebok Shoot for the Cure tournament.

"We are excited to be back to do our part to fight this brutal disease," says Jeff Speedy, University of New Brunswick head coach and Shoot for the Cure project manager. "It was great to push our total over

half a million dollars last year and it was also great that for the first time, all CIS women's basketball teams participated. The goal is to keep our level of support at 100% and do everything we can to raise awareness and money for the Canadian Breast Cancer Foundation."

The 2012-13 Shoot for the Cure schedule is currently comprised of 45 events on 40 campuses across the country. More events will be announced over the next few weeks. A total of 44 universities compete in CIS women's basketball.

The fundraising initia the brainchild of Rod Gilpin, the long-time bench boss of the Bishop's women's program now in his fifth season as head coach of the Gaiters' men's team.

The date for Saint Mary's Shoot for the Cure game has been announced, and is set to be on February 15th during a regular season game against the Dalhousie

#### **Huskies Football Volunteer Coach Joe Talpin wins Phil Hughes Award**

Joe Taplin of the Saint Mary's Huskies is the 2012 recipient of the Phil Hughes Award as the Atlantic University Sport volunteer coach of

Taplin, a native of Dartmouth, N.S., who is also a sergeant with the RCMP, joined the Huskies coaching staff in 2002 as the linebacker coach and has coached with the team as a volunteer assistant since.

Joe's contributions to the team and the university reach far beyond the field of play.

In 2002 when bullying was an issue in Nova Scotia, Joe went out and developed the Huskies Bullies Never Win program where Coach Taplin put the Huskies football players through a training session on how to stop bullying and then partnered with the RCMP, Halifax Regional Police and Halifax School Board to attend local schools to deliver this program to over 15,000 students from 2002-2008.

From 2003 to 2006, Joe also worked with Huskies football players and partnered with Big Brothers/Big

Sisters of Halifax and developed the in school mentoring program with them to work with little brothers to ensure they stay in school and to teach them the value and importance

In 2011, Taplin came up with the idea of developing the "13th player" for the Huskies football team, an initiative where the Huskies football program partnered with the Nova Scotia Special Olympics to have a representative as our 13th player at each home game. Joe has given countless hours to ensure this program is a huge success last year and once again in 2012.

At each home game, a Special Olympic athlete leads the team onto the field carrying the Huskies flag and remains on the sidelines for the game, followed by a visit to the locker room after the game with the

"Having Joe involved with the Huskies program is a huge benefit to us," says Saint Mary's head coach Perry Marchese. "Joe has the training and experience to work with and

lead young men. He the ability to work in a team emironment and as a former player and long-time coach, the knowledge of the game with the ability to impart that knowledge to the players. He serves as a great example to our players on and off the field and we are extremely proud to see him recognized with this award."

"I have been associated with many volunteer coaches who most give their time and expertise to their respective teams during practice and games," says Saint Mary's Director of Athletics, Dr. David Murphy. "Joe has always gone the extra mile for us at Saint Mary's. He is available year round and volunteers his time and limitless energy to fund raising events, community service events and programs as well as all practices and games. I cannot think of a better candidate than Sgt. Joe Taplin who epitomizes dedication, loyalty, selflessness, sacrifice and team work required for the exemplary volunteer."

F. A. S. S. Faculty, Alumni, Student, Staff Exhibition Exhibition: 6 to 19 December 2012 Spotlight: Reimei Chung Opening Reception: Thursday, 6 December, noon Saint Mary's University Art Gallery invites you to submit an artwork for this upcoming exhibition open to all in the SMU community. Limited to three artworks per person. Please stop by the gallery or email us for submission forms. Deadline for Submissions: Sunday, 2 December, 5pm Saint Mary's University Art Gallery 5865 Gorsebrook Avenue, Halifax, NS 902-420-5445 gallery@smu.ca smuartgallery.ca 11-5 Tuesday-Friday 12-5 Saturday-Sunday

Canada Council Conseil des Arts for the Arts du Canada



#### Basketball Update WES WILCOX

The Huskies basketball season tipped-off in dominating fashion with the men and women's teams sweeping the Memorial Seahawks in weekend play. For the women 4th Year Guard Justine Colley led the way with a double-double in each game scoring 51 points over the weekend. They continued this success with a win over St.Fx to remain undefeated on the season. A big game by 2nd Year Forward Laura Langille as well as 25 points from Justine Colley resulted in a 80-75 win for the Huskies. On the men's side 4th Year Forwards Riley Halpin and Harry Ezenibe were too much for the Sea Hawks to handle with final scores of 96-51 and 80-62

for the Huskies. They were unable to keep the momentum going with a tough loss to the X-Men, 105-97 as 4th Year Guard Johnny Higgins put up a double-double in the defeat. Come out and support our basketball teams as they play PEI next Sunday at the Homburg Centre.

#### Volleyball Update

WES WILCOX

The Saint Mary's Women's Volleyball team have begun their season with two tough losses to Dalhousie and St. Fx. With five rookies on this year's team some growing pains are to be

expected as the team develops as a unit. The Huskies will look to 5th Year Left Side Ariel Smith and 4th Year Setter Jane Pegg to lead the team to their first victory in a rematch at home next Saturday against St. Fx.

