lourna Saint Mary's University's Independent Student Newspaper

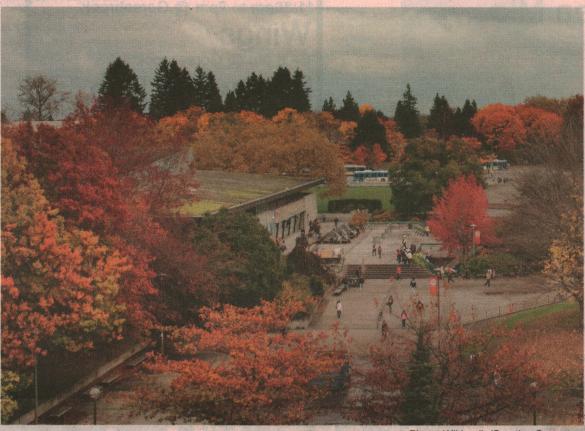
The Beautiful Game Rwandan kids score new gear NEWS—Page 4

Kuto Kudos Track star brings home gold SPORTS—Page 6

Becoming Fat Positive Acceptance is the first step FEATURE—Page 10

Out of the bag Half-cat research Kickstarted **ARTS & ENTERTAINMENT—Page 8**





Sexual assaults at UBC creating fear Campus groups move to create safer environment; discuss the causes

LAURA RODGERS CUP B.C. Bureau Chief

VANCOUVER (CUP) - A string of sexual assaults on the University of British Columbia's (UBC) Vancouver campus, which police believe to be linked, has left students fearing for their safety when walking home at night.

Three assaults, occurring outdoors in the early hours of the morning, were reported directly to campus RCMP over the past few weeks. A fourth assault that also appears to be linked was reported to the Ubyssey student newspaper, and a fifth incident may have been observed by a bystander early in the month. The suspect is described as a white man over six feet tall in his late 20s or early 30s, slim with short hair and a dark hooded sweatshirt. The victims so far have been female UBC students.

Police believe the same individual is behind all the attacks, and the Major Crimes Unit is now working to track this person down. "We're trying to compile a list of potential suspects and identify anyone who might be responsible," said RCMP Sgt. Peter Thiessen. "We are looking at many outstanding files, trying to determine if there are other incidents that would likely be linked to this."

Thiessen said this investigation has

been given a high priority, and there are "unlimited resources" at the RCMP's disposal, should they be needed.

Police are also working along with university officials to improve safety measures for students. University administrators are promising improved lighting along main walking routes late at night and better landscaping outside residence areas for increased visibility. Police patrols have also been increased in the area, and the student unionfunded SafeWalk walk-home buddy service has been extended to operate later into the night.

Many students have expressed fear over the incidents. Others are also taking action and expressing their opinion about the crimes. When university RCMP released a set of safety guidelines warning women not to walk home alone at night, campus satire blog Syrup Trap released a fake arning" urging offenders no to commit sexual assaults, intended to make the point that only the perpetrators are responsible for the crime. In a similar vein, anonymous "Don't be a rapist!" posters have popped up all over campus, stirring

The university's Sexual Assault Support Centre organized a wellattended roundtable discussion on the topic of sexual assault, and campus activists are also planning a "Take Back The Night' anti-assault rally this

coming Wednesday. Student union president Caroline Wong, along with student union vice-president Mona Maleki and support centre manager Anisa Mottahed, penned an editorial in the Ubyssey reminding students that despite the heightened level of panic over this string of crimes, most sexual assaults are committed by someone who the victim knows.

UBC philosophy professor Scott Anderson agreed with this assessment.

"Society is quite concerned ... by highly publicized attacks by stranger rapists ... when they are against college students from relatively privileged backgrounds," said Anderson.

"Most men have very little sympathy for the guy who hides in the bushes and jumps out ... but they have a lot of sympathy for other men who take it too far or resort to nonconsensual means against women who re drunk or incapacitated

Although panic will likely mount the longer it takes to catch the perpetrator, Anderson gave some recommendations for average students hoping to prevent incidents of sexual assault on this campus and others: "Be on the alert for people who want to take advantage of women, try to counsel them to do otherwise.'

"Be very supportive and believe women who make claims they have been attacked, because those are almost always genuine and honest."

President's Council launches website

An independent task force is looking for your input as it considers potential recommendations to the University regarding how to foster a cultural change that prevents sexual violence, and inspires respectful behaviour and a safe learning environment with the Saint Mary's

The President's Council, chaired by Schulich School of Law professor Wayne MacKay, has entered the consultation phase of its process and would like to hear from all interested stakeholders with ideas and suggestions for relevant cultural change initiatives at Saint Mary's

A council website launched today invites interested groups or individuals to complete and submit an online response form.

The Council was initiated by President Colin Dodds and is mandated to provide recommendations designed to foster a cultural change

that prevents sexual violence, inspires respectful behaviour and a safe learning environment within the Saint Mary's community.

A report from the council is expected by Dec. 15

"The Council has been meeting weekly since September and has been considering relevant research and meeting with subject-matter experts as a foundation for our deliberations. The next step is to hear from the Saint Mary's community and other interested persons," said Professor MacKay.

While the Council is operating on a very short timeline, there will also be opportunities for oral submissions to the Council from various segments of the university community. Details of those consultation sessions will be posted on the President's Council website and promoted in various campus publications and notice boards.

The website can be found at: www.smu.ca/presidents-council/welcome/

Student leaders ready to work with new PSE **Minister Kelly Regan**

CHERISE LETSON CUP Atlantic Bureau Chief in **Atlantic News**

FREDERICTON (CUP) — Kelly Regan may have just been appointed Nova Scotia's new Minister of Labour and Advanced Education, but student leaders have already have plans to meet

On Tuesday, Oct. 22, newly elected Liberal premier Stephen McNeil appointed his executive council and gave Regan, a former journalist with ATV/ASN, the job of looking after the province's post-secondary and trades institutions. She is also in charge of the Status of Women Advisory

"They made some important commitments in the election, notably to eliminate interest on student loans and to graduate scholarship for students in Nova Scotia. Those are both policies that we directly recommended to them in advance of the election," said Jonathan Williams, executive director of student lobbying group StudentsNS.

"They've shown a willingness in the election to work together with us and there is no evidence to suggest that Kelly Regan wouldn't carry on that same approach."

Regan has previously served as critics for both the Department of Labour and Advanced Education and the Status of Women Advisory Council. She is also a founding member of Equal Voice's Halifax chapter, a group dedicated to getting more women elected in Canada.

'We're familiar with a bit of her work around women's participation in politics, notably because we have substantial projects in that area," Williams said. "We have some familiarity with her too because her daughter is actually a former board member for StudentsNS."

With her background, Williams said they hope Regan will bring a cooperative approach to working with students and make decisions based on evidence and facts.

"We're hoping that she will bring a commitment to collaborating with students, to listening to student ideas and respecting the role that students have to play in decision making in the university system," he said. "And we're hopeful that she's going to be committed to evidence based policy fundamentally."

Continued on Page 4

PAGE

Saint Mary's University Students' Association | WWW.SMUSA.ca | @SMUStudents

TUESDAY	WEDNESDAY	THURSDAY			
HalloweenTrivia 7pm @ Gorsebrook Tupperware Remix Party 9pm @ Gorsebrook	· 图2、 2、 2、 2、 2、 2、 2、 2、 2、 2、 2、 2、 2、 2	Energized Lunch 11:30am to 2pm @ Gorsebrook Wings 6 - 9 pm @ Gorsebrook Halloween Pub 9 pm @ Gorsebrook			
Trivia Night ? 7pm @ Gorsebrook	Open Mic 9pm @ Gorsebrook	Wings/Wingo 6 - 9pm @ Gorsebrook			



Tupperware Remix Party Tuesday 29th Oct. 2013, 9pm @ Gorsebrook Lounge

19+ | SMUdent guest sign in available(1 per SMUdent)

Cover: food donation (Trick or Eat)



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Letter from the Editor

CYDNEY PROCTOR Editor-in-Chief

I hate Halloween.

Yes yes, there are much bigger, badder and relevant things I could complain about, or on which I could choose to waste my editorial space, but the most honest thing I can tell you this week is that, after New Years Eve, Halloween is my least favourite holiday.

Why? I think a few reasons. In childhood - I think my parents might have gone too wild with stranger danger, because even now I hate costumes. Do I think its safe to go someplace with a maniacal clown? Not really. Do I think that elaborate costumes are a lot of work for only one night of use? Also yes.

Seriously - I know it's supposed to be fun and shit - dressing up and trying to make people guess who you are, but there are way, way too many opportunities for it to go badly. Also for abduction (note - I feel the same about Santa, so it's possible I just have

Costumes are expensive and a lot of work. Not only do you have to be creative, you have to have something to show for your genius - and then you get to the party and someone else Orange is the New Black and wearing it better than you.

And then candy. Yeah, it's delicious, but you don't eat it all, I know you don't, you can't - you'd be a diabetic. That pancreas? It'd give out. And at our age, adding all of that alcohol that you're drinking in an attempt to forget your costume misery, is going to make your liver kick out. Bad for your health off all of it. Total system failure when you're bobbing for apples and all of a sudden you're drowning in a bucket

PLUS going up to people and demanding candy in exchange for not doing illegal acts to their property (vandalism, yo) seems like a silly bargain. How about we just do what we normally do, and don't make people feel obligated to buy shitloads of candy and throw it at children.

I can see it as an excuse to get hammered as an adult - except that we don't need an excuse. We're big people who can throw parties (even costume parties!) if we want to, and don't have to spend the night running back and forth to the ringing doorbell and making polite non-slurred conversations with parents and kids.

Halloween sucks. It serves no purpose other than reinforcing that I should be very careful around people

is going as the same character from

Investment Club

Interested in finance? Want to practice portfolio management with an online practice-trading platform? Interested in listening to industry professionals?

SMU's Investment Society is a new society with a focus in finance. Members are welcome to register for the online trading platform, where

members will discuss different trading strategies during meetings.

The society will also invite industry professionals to come and speak to the group regarding different areas of the finance world.

If you have any interest, please email: smuinvestmentsociety@gmail.com

People seriously still think "friendzone" is a valid concept?

"...apparently

it's still

necessary to tell

people: women

are not vending

machines that

you put kindness

tokens into until

sex comes out."

TOM LUKE

The Muse (Memorial University)

I thought this wouldn't be necessary. Last year, I floated an idea for an opinions piece to the Muse on the "friendzone" and what a stupid, stupid idea it was for people to have.

I promptly forgot about it and wrote a piece on, I dunno, some indie game or something. A year later, I thought the damn thing had left the public consciousness and an article wouldn't be necessary. I am really quite disappointed that it's apparently still around.

According to a disturbingly large number of young males, the "friendzone" is an undesirable relationship with a woman wherein one befriends said woman, is nice to her, and for some incomprehensible reason, she doesn't have sex with you. References are often made to being "put in the friendzone" after an

unsuccessful attempt to ask a woman out on a date, or sometimes the term implies that women should assume that any guy that befriends them is obviously only looking for a sexual relationship, and thus should know better than to try to be platonic friends.

Despite every blogger with the slightest bit of self-awareness writing a takedown of it, despite the fact that even that great bastion of internet misogyny, reddit.com, has rejected the term, despite all that, apparently it's still necessary to tell people: women are not vending machines that you put kindness tokens into until sex comes out. If someone wants to be your friend, that is good. That is the win condition of social interaction. Friendship with a woman is not a "zone" where you lurk until you can make sexual advances, and you can't complain about being there.

Was that so difficult?

You are never, ever owed sex, under any circumstance. If you hang around a girl, incessantly giving inoffensive compliments and never actually owning up to how you feel,

you are not entitled to sex. If you helped her home from a party this one time when she was drunk and put her to bed without sexually assaulting her, congratulations, you meet the minimum standards for a decent human being. You still aren't entitled to sex. To use another vaguely unsettling analogy, you don't get brownie points for not being a rapist.

A person's body is entirely their own. No-one should ever have to do a thing with their body that they don't want to do and I can't believe I have to explain that to the university students

that will be reading this. Were you not taught in preschool that touching people who don't want to be touched was bad? Is it not obvious that that logic applies to expecting other people to want to be touched?

The "friendzone" is never something I see women complaining about. It's a construct that guys use to simultaneously whine, glorify their own

lack of confidence, and induce women to have sex with them. With regards to the last of these, it's certainly not the only construct, but it's the most pernicious and easily the most laughably illogical. Please. Just stop.

I'll acknowledge that, theoretically, there are girls who will never outright reject a guy because having someone that's so obviously in love with them hanging around is a nice boost to their self-esteem. I've never met one of these mythical specimens, but they certainly could exist. This behaviour might make them unpleasant, it might make them manipulative, but guess what? It doesn't entitle you to sex with them. If sex is the only thing you were looking for, then clearly you shouldn't be friends with her in the first place.

It's embarrassing that people have to be told this. I'm a male. A straight, white, cisgendered, middle-class male descended from Anglo-Saxon protestants. I'm as privileged as they come, and if I get this, why the hell can't the rest of you?

Do you wanna know how to get involved on campus?

If so, then you don't wanna miss this opportunity to attend FYI SMUSA!

I, Venktesh Sharma, ran in the SMUSA Board of Directors election earlier this year and there were two things I promised in my campaign. First, that I will try my best to increase student involvement on campus, and second, to bring change on campus for my fellow SMUdents! In order to accomplish these goals I am pleased to announce FYI SMUSA, an event where students can learn about the services and the opportunities that SMUSA provides to the students and how you can get involved here on campus.

We will host two guest speakers (details will be posted soon) and then we will open the floor to the students for questions or suggestions of things that might make student life better. I represent SMUSA on the Saint Mary's Board of Governors and on the SMU Food Committee, so this is your chance to be heard if you would like to see any changes made on campus or with specific regard to food services. If you have any questions or concerns, feel free to email me at venktesh. srm18@hotmail.com and I'll respond as soon as I can. See you all on Tuesday November 5 in Loyola 283 at 6:00pm!

Cleats for Kids Rwandan children receive soccer balls, t-shirts and gear from SMU

Media Release

Children in Rwanda find hope in many different ways, but few are more poignant for the Saint Mary's community than a gift of Huskies soccer gear.

"It's wonderful to see the joy and excitement on the faces of Rwandan children who received Saint Mary's soccer balls, t-shirts and gear," says Stewart Galloway, head coach for Saint Mary's Men's Soccer. "I find it heartwarming that our Huskies gear is enjoying the "beautiful game" half way around the world."

Last spring, Galloway gave soccer balls and Saint Mary's soccer t-shirts to Michelle Murray, a registered nurse who travels to Rwanda several times a year to work in a hospital and support the training of medical staff. Murray delivered some of the balls to an orphanage in Kigali, Rwanda, and took the rest of the balls and the t-shirts to a group of boys in Gisenyi, Rwanda on Lake Kivu.

"When I met the boys it was like a hero's welcome," says Murray. "They were overwhelmed at the gifts

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from Saint Mary's. The boys wear the t-shirts when they're playing a game, and then the shirts are carefully folded and kept safe until the next time they're needed."

Prior to returning to Rwanda in January, 2014, Murray will be sending soccer equipment and money donated by her women's soccer team, the Dynamos. She'll also be sending the boys in Gisenyi some jerseys supplied by Saint Mary's.

"I was planning to send some matching black socks," says Murray, "but I was advised not to worry about socks because the children have no shoes."

The end result is that Murray and the Dynamos have already gathered almost 40 pairs of cleats from their league. And once they have enough cleats, they'll again turn their attention to the matter of socks.

"These children have nothing in the way of material things," says Murray, "but they have big smiles, big hearts, and a love for soccer. It's a pure joy to watch them practise and have this passion and fun in their lives. And what's more---they're good!"

Vanier College condemns Charter of Values Protests in opposition held every Sunday

KALINA LAFRAMBOISE CUP Quebec Bureau Chief

MONTREAL (CUP) —
Opposition continues to mount against the highly-contentious Charter of Values with Vanier College the most

recent post-secondary school to take an official stance against the provincial

government's proposal.

Vanier released a statement Tuesday

for students during stages

morning (Oct. 22) condemning the Parti Québécois's latest project that aims to promote a secular state. The CÉGEP's Board of Directors passed a resolution a week earlier on Oct. 15 to denounce certain sections of the charter, emphasizing that the proposal will result in "stigmatization and job discrimination," as well be problematic

"With such a varied student body, Vanier is especially mindful of providing a safe and respectful learning environment, a space where tolerance and dialogue are prized above all, and where support measures are in place to ensure all its students succeed in their studies," said Director General Gilbert Héroux in the statement.

Vanier is the most recent

educational institution to voice its opposition, alongside McGill University and Dawson College. Concordia University, according to spokesperson Cléa Desjardins, will not release a statement until the proposed charter is decided upon in the National Assembly in Quebec City while the university's undergraduate and graduate student unions have taken stances opposing the project.

"Concordia has power to do so much," said Amrit Kaur, the president of the Concordia Sikh Students' Association. "Hopefully they will when the time is right."

French universities and colleges have largely remained silent on the issue since it was introduced in September.

However, Vanier will also hold multiple events in the next few weeks so students can explore the proposed charter from different sides. This includes a student panel on Nov. 7 hosted by the CBC's Nancy Wood so that can college students can debate the advantages and disadvantages of the PO's proposal.

The opposition follows weeks of protests in the downtown core of

Montreal. Several hundred gathered last Sunday to oppose the provincial government's project to promote secularism by prohibiting civil servants from wearing "ostentatious" religious symbols, limiting time off for religious holidays and amending the Quebec Charter of Rights and Freedoms to clarify reasonable accommodations.

Claire Cormier, who recently moved to Montreal from New Brunswick, said she has been attending several marches to criticize the charter and said Premier Pauline Marois was trying to "divide and conquer" the people of Quebec.

"This is pure racism," said Cormier.
"Where I come from we function
in French, English, a multicultural
background. The only thing I can see
here is that Marois wants to divide and
conquer — she is giving a license to
hate"

The Charter of Values is expected to be presented in the National Assembly in the next few weeks. Rumours have suggested that the project might be a ballot question in what may be an upcoming fall election while more protests are planned in the coming weeks.

Student leaders...

Continued from Page 1

Not even a day after she was appointed, StudentsNS put in a request to meet with Regan. During their first meeting, StudentsNS plans to get straight to business. Williams said they plan to address university cost structures and continue pressing for more investment in student aid.

"The most important thing will be to continue the progress that we're making on the student financial assistance file. There's been a substantial amount of money invested in that file in the past three years and we'd very much like to see that trend continue."

Nova Scotia students aren't the only ones to get a new minister. Jody Carr was recently appointed Minister of Post-Secondary Education, Training and Labour in New Brunswick after a cabinet shuffle last month.

New Brunswick's student advocacy group, the New Brunswick Student Alliance (NBSA) is in the works in arranging a meeting with Carr.

"We have been in touch with minister Carr's office and we're waiting to hear back on when a meeting will be taking place . . . as soon as possible ideally," said Pat Joyce, executive director of the NBSA.

Like StudentsNS, Joyce said the NBSA hopes to address some big issues in their first meeting including the student financial aid review, student loan repayment "grace" periods, and an alternative assessment to parental contribution.

"It's a combination of building that relationship and also finding areas where we can have a big of common ground and work towards initiative where we both agree on when it comes to making post-secondary more accessible," Joyce said.

Five SMU grads appointed to Cabinet

Eight Saint Mary's grads and one current student will be heading to Province House following the recent provincial election, with several sworn in as cabinet ministers.

Saint Mary's grads in the next sitting of the legislature include Zach Churchill (BA'07), Karen Casey (BA'75, BEd'76, MA'88), Tim Houston (BComm'92), Kevin Murphy (BComm'92), Lena Diab (BA'85) who just completed a term on the Saint Mary's Alumni Council, Joachim Stroink (BA'99), Labi Kousoulis (BComm'96) who will represent the riding in which the University is located,

and Bill Horne (BSc'72). Randy Delorey, a PhD (Management) candidate was also elected.

Margaret Murphy, the University's Associate Vice-President External Affairs, said it is not surprising the strong leadership skills and focus on civic responsibility that are part of the Saint Mary's experience lead many graduates into civic life,

"We wish them all the best," she said," and invite them to return to campus frequently to check the pulse of the next generation of leaders."

Zach Churchill, a former SMUSA

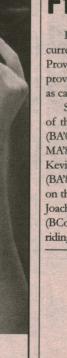
President, was featured in Macleans On Campus following his landslide win. Joining cabinet will be:

Karen Casey, Minister of Education and Early Childhood Development Zach Churchill, Minister of Natural Resources.

Randy Delorey, Minister of Environment, Minister of Gaelic Affairs

Lena Diab, Minister of Immigration, Attorney General and Minister of Justice

Labi Kousoulis, Minister of the Public Service Commission





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Speech from the Throne offers little for young Canadians

JANE LYTVYNENKO

CUP Ottawa Bureau Chief

OTTAWA (CUP) — MPs, senators and reporters gathered in the Red chamber of Parliament last Wednesday for the official speech from the throne. Marking the opening of the second session of the 41st sitting of Parliament, the speech featured the Conservative party's agenda until 2015.

Titled "Seizing Canada's moment," the speech was delivered by Governor General David Johnston. Lasting about an hour, the speech offered little in terms of a student agenda. It outlined a continued focus on the controversial Canada jobs grant and hinted at debt reduction among other legislation the Conservative government hopes to enact.

The governor general did, however, acknowledge youth are facing high

unemployment rates while claiming the government has created jobs throughout its tenure. The youth unemployment rate is double the rest of the country's, according to Statistics Canada. The speech said to address the "skills mismatch" in the country the government will push forward with the controversial Canada Jobs Grant.

Originally outlined in the federal budget, the program will be an up to \$15,000 grant with \$5,000 collected from employers, the provinces and the federal government. The grant has been criticized by provinces, with whom consultations about the program were not held.

Johnston also said price discrepancies between Canada and the USA will be addressed. For the Canadian Alliance of Student Associations (CASA) this means their campaign to lower text book prices could be a success. Some textbook prices are artificially inflated because of a tariff imposed on books imported from the US.

"Eliminating this private tax won't cost the government a penny and will help every student dollar go further in the pursuit of education," said Jonathan Champagne, CASA national director.

NDP Leader Tom Mulcair told media after the speech the Conservative government is trying to "change the channel" from resent Senate scandals and urged the prime minister to follow through on his promises. Liberal leader Justin Trudeau said the speech was "disappointing"

While the throne speech is commonly used to outline the upcoming session's agenda, it is not binding and the government may choose to focus on different issues.



Dr. Jason Clyburne

Jason Clyburne wins President's Award for Excellence in Research

Chemistry professor Dr. Jason Clyburne was honoured with the Preseident's Award for Excellence in Research during the recent Convocation ceremonies.

A Canada Research Chair in Environmental Science, Dr. Clyburne is widely recognized as a leader in the study of green chemistry, particularly in the field of ionic liquids.

His pioneering research, which involves the application of designer chemicals and materials to the removal of environmentally hazardous substances from industrial processes, has the potential to mitigate a wide range of environmental issues.

Since joining the Departments of Chemistry and Environmental Science at Saint Mary's University seven years ago, Dr. Clyburne has built a reputation for excellence and creative innovation. His international level scholarship was recognized by his appointment as a Canada Research Chair in Environmental Studies and Materials in 2006, which was renewed in 2011.

Both on- and off-campus, Dr. Clyburne demonstrates unwavering commitment to sustainability. His leadership was instrumental in the establishment of Saint Mary's Atlantic Centre for Green Chemistry, which aims to advance basic and applied research in the area of sustainable chemistry. Together with his colleagues, Dr. Clyburne has developed the Centre into a nexus for green chemical research, outreach, and education.

In less than a decade at Saint
Mary's, Dr. Clyburne has also received
major funding grants to undertake
research projects related to green
chemistry. Deeply committed to the

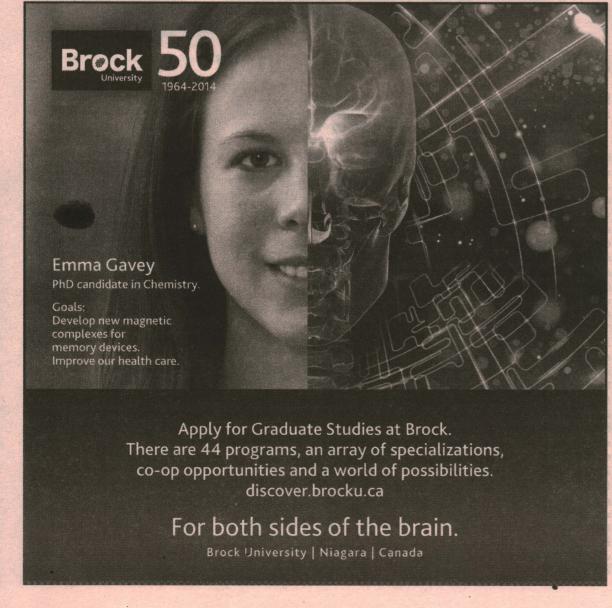
practical application of science, Dr. Clyburne has had several technologies explored for industrial applications and many have led to significant funding, including a recent grant from EnCana to explore carbon capture.

He has helped Saint Mary's develop infrastructure required for leading research and hands-on undergraduate education. He also collaborates with industry, exposing his students to real-world problems with chemical solutions.

Dr. Clyburne's colleagues routinely describe his work as "novel," "creative," and "original," and these accolades echo the calibre of the journals that publish his research: Angewandte Chemie Journal of the American Chemical Society, and Chemical Communications. He was awarded a Royal Society of Chemistry Travel Grant and a 2010 Thieme Chemistry Journals Award in recognition of his high potential as a researcher. Recently, Dr. Clyburne completed a sabbatical at Sandia National lab and the University of New Mexico, where he worked with world leaders in the area of carbon dioxide chemistry.

In addition to his professorship at Saint Mary's, Dr. Clyburne holds a position as adjunct professor at Simon Fraser University, where he was awarded a Faculty Award in 2004. Dr. Clyburne has served the Natural Sciences and Engineering Council of Canada in a variety of positions and is currently the Section Chair of the Inorganic Chemistry Evaluation Group.

Established in 1989, the President's Award for Excellence in Research honors outstanding research conducted by a full-time faculty member.





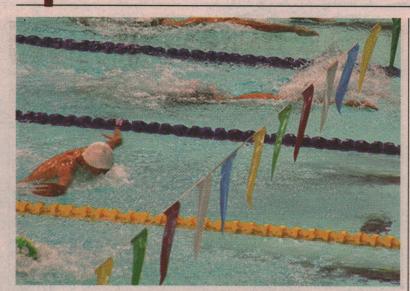


Photo: Travis Fauteux/The Lance

Windsor will have accommodated five major sporting championships by the

end of 2014 bringing in over 10,000 athletes and coaches to the Rose City.

in garnering national attention, with

the ICG relying heavily on University

Earlier this month, the Lancers

championship at their new facility in

Amherstburg, and welcomed the best

teams from across Canada from Oct.

17-19 for the Canadian Intercollegiate

Interuniversity Sport (CIS) champion

Lancers are gearing up to host the CIS Final 8 at the St. Denis Centre, which

will be covered by all the major sports

Windsor is just the perception of the

region from the Detroit bankruptcy,"

said chief economist Douglas Porter

as the city does more to draw in folks

from out of town. Athletic Director,

and event convenor of the ICG, Mike

Havey notes that proximity to Detroit

has to offer, in terms of [location].

Where else in this country can you

live where you are on Canadian soil,

but have all the major amenities of a

major metropolitan area," said Havey.

but large enough to be able to offer a

After an ICG that netted \$6.3

embraced the opportunity and appears

eager to play host to more top level

events. A successful summer games

bid would bring over 3,000 athletes

and coaches to the region bringing

another strong shot to the arm for

For a city that still boasts a

Canada-high unemployment rate of

9.8 per cent, sport tourism may not

woes, but it is certainly a start. A

successful bid for the 2014 Ontario

Summer Games would prove that if

you build the facilities, the athletes will

be the solution for all of its economic

Windsor tourism.

range of opportunity," he said.

million in revenue, Windsor has

"Small enough to be comfortable,

"There are so many things this city

is not necessarily a bad thing.

"Perhaps the biggest negative for

That perception is slowly changing

Baseball National Championship.

In women's basketball the

three time defending Canadian

men's baseball club held league

of Windsor facilities

networks in Canada.

of BMO Nesbitt Burns.

The university has played a key role

If you build it: Windsor and the fine business of sports tourism

MIKE SPECHT The Lance (University of Windsor)

WINDSOR (CUP) - Since 2009 Windsor has been a town in search of a new identity. No longer the automotive powerhouse of days past; city council has been charged with breathing new life into this proud blue collar town.

The answer that mayor Eddie Francis and company have come up with comes in the form of sports tourism. With the construction of the new aquatics facility complete, the city and a successful International Children's Games (ICG) on its resume, Windsor is again ready to play host to

Last Monday, city council approved the 2014 FINA (the international swimming federation) diving championships to take place at the \$77-million pool in the city's downtown core and also approved a bid for the 2014 Ontario Summer Games.

"We in the city of Windsor do several things well, but we do very few things really, really well. This is one of those areas where we now have an asset that sets us apart, and distinguishes us from other communities," said councilman Fulvio Valentinis in an interview with the CBC.

"It's important that we enhance and we use that as a marketing tool."

The 2013-14 season looks to be a huge year for Windsor, as it tries to establish itself as a destination for national and international events.

The addition of FINA and potential Summer Games would provide a huge boost to a Windsor tourism industry that has struggled since the mid 2000's

Prior to 9/11, the tourism in Windsor drew in nine million annual visitors, at one point 80 per cent of Caesars Windsor Hotel and Casino visitors were from the U.S. That number has decreased dramatically in the wake of passport regulations as well as the economic downturn.

"We're now spending 70 per cent of our marketing dollars on trying to attract tourists from elsewhere in Ontario and only 30 per cent on the U.S. market," said councilman Drew Dilkens in an interview with the CBC.

Excluding the Summer Games,

Homophobia in the locker room ROBERT MURRAY

The Argosy (Mount Allison) SACKVILLE (CUP) - Competing on the ice, field or hardcourt is

supposed to serve as a medium in which humans can be careless, free and at peace. For some gay athletes, it can feel more like a prison.

Nothing is more important in competition than getting the win and basking in glory. But for decades, gay athletes have been held back by what You Can Play co-founder Brian Kitts calls "casual homophobia." You Can Play is a project with the goal to rid sports of homophobia. After campaigns to rid the locker room of racist and

sexist behavior, homophobia has been thrust in the spotlight as the next target.

The effort to end homophobia in the locker room has been a hot-button issue from the big leagues to local arenas for a significant portion of the last half-century. And Kitts hopes the organization he helped start will be able to make a difference.

Kitts co-founded You Can Play with Patrick Burke and Glenn Witman in March 2012 as a tribute to Burke's brother Brendan, who came out in November 2009 and worked to eradicate homophobia in professional sports before he died in a car crash in February 2010. At the time, Brendan was the student-manager at Miami

University for the men's hockey team.

Despite the gains made in recent years with athletes, executives, journalists and teams coming together to stand against homophobia, one Mount Allison athlete still thinks total acceptance of gay athletes is unbalanced.

"I think that in general it's more accepted among women to have gay teammates than men," said the athlete, who wished to remain anonymous.

This was reflected in the comments from fourth-year Mt. Allison Mounties hockey forward Chelsea King, who's adamant that homophobia shouldn't be

Continued on Page 7



AUS Hockey League Preview

MARK MOFFAT Sports Contributor

The Saint Mary's Huskies men's hockey team certainly has a roster that is capable of going all the way to the Canadian Interuniversity Sport Championship. But, standing in their way are the other teams of the tough and competitive Atlantic University Conference. Here, we will take a look at each of the Huskies seven competitors and see what the Huskies must do to contend for the CIS University Cup this

UNB Varsity Reds

The Varsity Reds are the defending AUS and CIS champions and were ranked number two on the first CIS top 10 ranking of the season. UNB has a great core of players returning from last year's championship team, including forward Chris Culligan, who finished third last year in AUS regular season scoring with 31 points; forward Colby Pridham, a former Husky and a first team AUS all-star last year; and forward Tyler Carroll, last year's AUS goals leader with 15. These players, along with other returnees, and veteran Head Coach Gardiner MacDougall at the helm, expect to be a potent force with great potential to repeat as national champions.

Acadia Axemen

The Axemen finished third in the AUS regular season last year, losing to Saint Mary's in the AUS Semi-Finals. However, they have a team that has the potential to move beyond their semifinal loss last year. They have returning players such as last year's AUS rookie of the year Mike Cazzola, who scored 29 points; defenseman Christopher Owens, who was an AUS first team all star last year, and forward Brett Thompson, who was on the AUS all rookie team; who could help power this team past the semi-final round. Acadia also has a veteran Head Coach in Darren Burns to guide these young players.

Saint Francis Xavier X-Men

The X-Men finished fourth in the AUS regular season last year, losing to the UPEI Panthers in the AUS Quarter to make the playoffs again, thanks in part to forward Josh Day, who was an AUS first team all star and scored 16 points last year. In a continuation of the trend around the AUS, veteran head coach Brad Peddle will be behind the bench for St.FX again this season. This combination, and other potential contributors on the roster could lead the X-Men back into the playoffs this year. **UPEI Panthers**

The Panthers finished fifth in the

the X-men for a spot in

AUS regular season last year, losing in the semi-finals to UNB. Goaltender Wayne Savage, who was an AUS first team all star last year could have a big say in how the Panthers do this year. He, along with veteran Head Coach Forbes MacPherson will look to get UPEI into the AUS playoffs again.

Universite de Moncton Aigles Bleu

The Aigles Bleu finished sixth in the AUS regular season last year, losing in the quarter finals to Acadia. The Aigles Bleu will look to make it into the playoffs again with the aid of their top scorer from last year, forward Eric Faille.

Dalhousie Tigers The Tigers finished seventh in the AUS regular season last year, missing the playoffs in the process. The Tigers are looking to rebound from this disappointing season. One ray of hope may come from their top scorer last year, forward Pierre-Alexandre Vandall, in their quest to try to get back to the AUS playoffs.

St. Thomas Tommies

The Tommies finished eighth in the AUS regular season last year, missing the playoffs in the process. The Tommies had an absolutely disasterous season with a 3-24-1 record. One of the only positives to work off of for this season is their top scorer Stephen Sanza, as they hope they can improve from a season they want to surely forget soon.



Saint Mary's Kuto and StFX's Hardy win individual golds at the AUS cross country

Moncton Sport Information

Melissa Hardy of the St. Francis Xavier X-Women and John Kuto of the Saint Mary's Huskies registered the fastest times to earn individual gold medals at the Subway Atlantic University Sport cross country championships that were held on Saturday at Université de Moncton.

Hardy covered the 6km distance in a time of 22:52:45. She was followed by Ellen Chappell (23:06:09) and Natalie Sachrajda (23:14:72), both of the Dalhousie Tigers.

Host Moncton Aigles Bleues' best runner was Jessica Leroux who finished 13thwith a time of 24:34:59.

Fifty-five runner in total participated in the women's championship.

John Kuto continued his domination in the men's 10km race by winning with a time of 32:42:62, 26 seconds faster than Matt MacNeil of the Dalhousie Tigers (33:07:67). Riley Johnston of the X-Men came in third with a time of 33:17:14.

Moncton's top runner in the race was Jérémie Pellerin who finished ninth with a time of 34:30:16

The StFX X-Men earned the first place team finish in the men's championship, taking home the AUS banner, trophy and team gold medals. Dalhousie earned a silver team finish and Memorial claimed bronze.

The Dalhousie Tigers claimed a first-place team finish in the women's championship. The StFX X-Women's team were the runners up, taking home silver medals, and the University of New Brunswick Varsity Reds claimed a third-place team finish.

Both the host Moncton Aigles Bleus women's and men's teams earned sixth place finishes.

The individual winners in today's championship are as follows: Women's:

Gold: Melissa Hardy, StFX Silver: Ellen Chappell, Dal Bronze: Natalie Schrajda, Dal

Gold: John Kuto, SMU Silver: Matt MacNeil, Dal Bronze: Riley Johnston, StFX

2013 AUS cross country major award winners and all-stars:

Athlete of the year: Melissa Hardy,

Coach of the year: Rich Lehman, Dal Rookie of the year: Kathie Robinson,

Student-athlete community service award: Melissa Hardy, StFX

All-star team: Melissa Hardy, StFX

Ellen Chappell, Dal Natalie Schrajda, Dal Caroline McIlroy, MUN Anna Von Malzahn, Dal Sarah Myatt, UNB Britany MacArthur, Dal Men's:

Athlete of the year: John Kuto, SMU Coach of the year: Bernie Chisholm,

Rookie of the year: Alex Neuffer,

Student-athlete community service award: Gabriel Quenneville, StFX All-star team:

John Kuto, SMU Matt MacNeil, Dal Riley Johnston, StFX Scott Donald, StFX Oliver Hatheway, Dal Lee Wesselius, StFX

Tate Bryden, StFX

targeted in a similar way to racism and sexism, though he admitted change will not come overnight. He referred to several decades ago when it would have been considered acceptable to some degree to use derogatory language towards athletes of different races or gender. This isn't the case now, demonstrating how the world of sport has made strides towards a more open atmosphere.

Kitts is firmly focused on doing the same work with homophobia. For now, he and his team work day in and day out to ensure that athletic ability is the only determining factor for success in sports, from the bright lights of the world's biggest athletic events to minor hockey games at the local arena.

ATHLETIC STANDINGS WINS LOSSES TIES POINTS RANKING GAMES MEN'S FOOTBALL 8 5 3 10 1 **WOMEN'S RUGBY** 8 4 8 3

MEN'S SOCCER

WOMEN'S SOCCER

3

SAINT MARY'S UNIVERSITY

Football Update

5

WES WILCOX Sports Editor

12

The Saint Mary's Football Team secured 1st place in the AUS Regular Season Standings with a scrappy 12-6 win over St.FX. In a mostly defensive battle both teams were held under 300 yards of total offense. QB Jack Creighton completed 12 of 24 passes for 155 yards with one interception. Wide Receiver Mohammed Abdallah broke out for 86 yards on 5 catches including a 47-yard catch and run to the St.FX 1- yard line. Michael Dawes

punched it in to give the Huskies their lone touchdown of the afternoon. A safety and Chase Kodejs 10-yard field goal would be all the points the Huskies would need as the defense limited the X-men to just two field goals. In what can only be described as an up and down season for these Huskies, the team has still given themselves a chance to take the AUS crown. The win has ensured the team will have a bye in the first round of playoffs and will host the Loney Bowl on November 9th against either 2nd place Mount Allison or 3rd place Acadia.

19

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10



Dan Michel drives to the net in Sunday's loss to Dal. Photo: Wes Wilcox

Men's Lacrosse Update

THOMAS OULTON Sports Contributor

The Saint Mary's mens lacrosse team finished up their regular season play this weekend with two tough matchups. The first against a strong 3rd place team in St FX. Coming off a tough loss last weekend to Mount Allison, the X-men were looking to prove themselves against the second place huskies.

The game was an absolute thriller with the teams going goal for goal until the final buzzer with an 11-11 tie heading into overtime. Once again, trading goals in overtime the score was 12-12 at the end of the first overtime, setting up a golden goal situation. The Huskies prevailed as Jeremy Thomas, a midfielder, beat his man and put a

shot through the goalies legs to put the Huskies on top for good with a 13-12 win. The Huskies were led by rookie Dan Michel with 7 goals and an assist, Spencer Gallant, Aidan Scott and Tom Oulton all had points for the Huskies in the win. The second game, a matchup against the 1st place, and defending league champions, Dalhousie Tigers. The Huskies, clearly showing the lay-over effects of their overtime win against StFX, started the game very slow and the tigers jumped out to a big early lead and never looked back. A strong second half by the Huskies, just wasn't enough to close the gap and the Tigers took the game by a final score of 23-8. The league championships are being hosted by Saint Mary's on November 8-10, where the Huskies will have a rematch against the X-men for a spot in the finals.

Homophobia...

Continued from Page 6

tolerated in any sport.

"We're all the same. Nobody should be judged or made fun of because of their sexual preference,"

However, the campaign to end homophobia in the locker room also faces roadblocks. Locker room decisions and the events that transpire there are usually restricted to athletes and team personnel. This puts most of the decision to take a stand on the shoulders of the athletes and teams.

"Humans by nature value fairness," said Kitts. "It's a matter of giving them the opportunity to get on board with

Since their founding almost a year ago, You Can Play has joined forces with several prominent schools, teams and athletes, all pledging to take a stand to end homophobia. The St. Thomas University Tommies, the University of New Brunswick Varsity Reds, the University of Ottawa Gee-Gees and the Ontario Intercollegiate Fastpitch Association have all taken a stand at the Canadian university level.

But the battle is still a long way from being over. Kitts noted the importance of not only forming an alliance of gay athletes, but partneringwith straight athletes as well.

"We're going to grow out of [casual homophobia]," he said.

Kitts hopes homophobia can be

Mac Miller set to play Cunard Center

CONNOR DONALD

Arts & Entertainment Editor

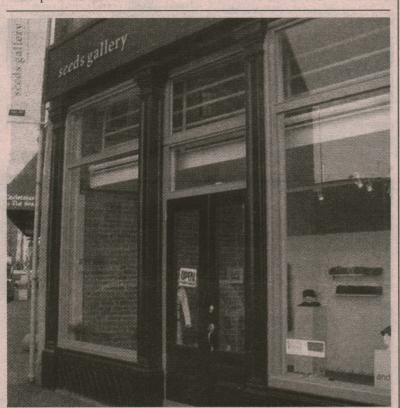
Watching Movies with the sound muted sounds weird to most people, but not to Mac Miller, who is set to perform the Cunard Center on November 18 and the Mile One in St. John's on the 19th. Miller is touring in support of his latest album, Watching Movies with the Sound Off.

Malcolm McCormick, or Mac
Miller as his fans know him, is a young
hip-hop artists from Pittsburgh. Miller
released his first album, Blue Slide
Park, on November 8, 2011 which
received mixed reviews. This song
produced a four singles including, Party
on 5th Ave. and Up All Night. Prior
to this album he released a mixtape
containing a track he is famous for
called Donald Trump.

Last year Miller released Macadelic, a mixtape which led to a tour and

the starting hype for his most recent album, Movies with the Sound Off. His second studio album was released on June 18 of this year and was much more successful then his debut album. It received positive reviews and spurred three singles like, Goosebumpz, S.D.S and Watching Movies. Along with the positive reviews and praise came a #3 debut on the Billboard 200 chart and selling just over 100 000 copies in its first week. Soon after the release he set out on The Space Migration tour.

Mac Miller soon after the completion of the Space Migration Tour announced a further leg on a new tour which included the two Atlantic Canadian stops. Tickets for the show at the Cunard Center cost \$39.75 plus taxes and service fees. Miller is a highly anticipated, young, up and coming artist who is bound to bring a great show to Halifax.



NSCAD Board of Governors votes for closure of Seeds Gallery

CONNOR DONALD Arts & Entertainment Editor

Amongst great heat from alumni, students and the Student Union of NSCAD, the NSCAD Board of Governors has unanimously voted for the closure of the Seeds Art Gallery The only not-for- profit commercial art gallery of its kind in Canada is set to close on March 31, 2014.

"Seeds is an invaluable part of the fine arts education NSCAD University is renowned for around the world," says Sarah Trower President of the NSCAD Student Union. Seeds Gallery was started by the NSCAD Student Union in an attempt to give a commercial venue for students and alumni, well also enhancing the growing Halifax art community. The University took control of it in 2007 in an attempt to provide further support for students and to be used as a teaching tool.

The decision to close the gallery, which took place on September 28, enraged the student union even more because they were not consulted before making the decision. Trower goes on to say, "It is unacceptable that there has been no discussion with the community about its fate." Trower furthered the point that the University taking control has ruined it due to poor decisions made in relation to the gallery, including moving it to the Halifax Seaport.

The students are urging the Board to reverse their decision and hold a town hall meeting which would include students, alumni and faculty to determine the future of the Seeds Gallery and they are looking for this to happen as soon as possible.



Photo: Michael Langlais

Halifax Feast's Rocky Horror Show lives up to cult status

CYDNEY PROCTOR Editor-in-Chief

Halloween has had few stand-by's. Other than adorable children, anything can happen, and that's part of the joy of it. That is, except for the Rocky Horror Show. Sometimes it's the screening of a movie and a bunch of people throwing toast and rice around — other times its a theatrical performance.

Enter – The Halifax Feast. A dinner theatre that has been going strong for 27 years under the guidance of Mr. Jim Petrie, that for this spooky season has elected to put up the cult classic, the Rocky Horror (Picture) Show. The seasoned cast put on a hilarious show for Rocky Horror lovers and newbies alike.

A cast of long time "feasties" and a new face or two brought their A-game to the stage on Oct 26 for a packed house. From singing, to dancing, to waiting tables, the dedicated staff, under the watchful eye of Petrie buzzed about, making sure guests were well fed, watered and entertained.

With a limited run, the final show

on Oct 31, the small cast does not disappoint. Dinner theatres are as much about endurance as they are about performance, and endure they did – a truly multi-talented cast time-warped their way into our hearts. A small stage full of singers and dancers taking about sex and UFOs, with a crowd punctuated with people dressed as maids and witches is enough to pretty much make anyone's Halloween.

For those of you who were like me, Rock Horror virgins, I offer a brief synopsis. Frank N Fruter (played by Feast veteran Ian Richards) is a lonely transvestite Transilvanian, who, a la Frankenstein creates Rocky. In the midst of all of this, a newly engaged couple in love, Brad and Janet (Josh Kogan and Savannah Draby respectively) stumble upon the mansion of Mr. N' Fruter and become helplessly intertwined in the sexy and confused goings-on of the house.

That isn't to say that the show is confusing, but I would say if you're not familiar with the plot to perhaps take a gander at the Wikipedia article or ask your dad about the plot before you head out (I did both of these things). That said, my sheltered upbringing might be a rarity and you, readers are all Rocky Horror die-hards.

If you're looking for a genuine, upbeat and earnest production of a favourite – a departure from the film and the Glee interpretation which you're used to, this show is for you. A touch pricey, and with a largely older audience, the Feast seems like it could use an infusion of younger guests. Located in the Maritime Centre, it's in the heart of the city, and has been known to hire young actors and students, giving them their first taste of professional showbiz. For an entertaining night out that will leave you content, check out the Feast.

If you can't get into the Oct 31 showing of Rocky Horror, the regular season resumes from November until Christmas with their summer production, The Big Twang Theory. The holiday show this year is Home Alone Christmas. Contact the box office at (902) 420-1840, or check out www. feastdinnertheatre.com

Free SMU e-book available for download

Saint Mary's alumnus Raymond Lewis recently published a digital book about the University that offers a photographic tour of our beautiful campus. The book is designed to be read on the Apple iPad and is available in 44 countries where it typically sells for \$14.99 on the iTunes website.

Mr. Lewis has generously offered the book as a free download to members of the Saint Mary's community until the end of December. The book is a great way to show prospective students, parents, staff, alumni, and others our campus setting and tell them a little about our history.

To download and read the digital book, an Apple iPad or an iMac computer with the latest operating system (called Maverick OS) is required.



Hal-Con: nerdiest weekend of the year

CONNOR DONALD

Arts & Entertainment Editor

In less then two weeks the nerdiest weekend of the year will kick off with lots of great guests, lots of comics and gaming and tons of costumes! Hal Con takes place November 8 - 10 and has a great list of guests this year. The very successful sci-fi, fantasy and gaming convention has been met with a growing success in recent years.

Hal Con first started back in 2010 with a sell out of 1500 fans attend the weekend festivities at the Lord Nelson. In 2011 and 2012 the venue moved in order to accommodate the growing Hal Con attendance. In 2011 Hal Con blew up, with three times the volunteer help and more then double the attendance, now up to 4000. Their new venue at the World Trade and Convention Center allowed for a massive 30 000 square feet of comic books, video games and special guests.

Last year Hal Con added even more space and saw attendance numbers continue to increase with over 5000 fans and yet another tear of stellar guest appearances.

This year Hal Con remains at the World Trade and Convention Center and looks to continue their growth with a star studded line up of guests and even more vendors, features and sci-fi for those attending. A giant costume contest for those attending, a charity auction in support of the IWK and Kids Help Phone, panels, Q & A's, autographs and chatting with your favorite sci-fi actors and writers and tons of interactivity, sounds like a busy weekend for all who are preparing to go.

The guest list this year includes Billy Dee Williams a popular Star Wars actor and artist. He plays the role of General Calrissian who piloted the Millennium Falcon. He is also world famous for his art which is displayed around the global from Canada to Japan. Garrett Wang, more famously known as Harry Kim, from Star Trek Voyager is also set to make an appearance. He was a series regular and was even named on of People magazines 50 most beautiful people. Robert Maillet, one of the giant Uber Immortal in 300 and most recently famous for his role as Dredger in Sherlock Holmes, will join over ten other actors for Hal Con this year. Pete Williams, creator of MTV series Undergrads, is set to appear among authors, comics, musicians and models as well.

Hal con has a huge event lined up for 2013 and are prepared for the inevitable growth of the event. A full schedule, list of guests and vendors and cost for passes can all be found on the Hal Con website at, hal-con. com. Are you prepared for all of that cosplay, Halifax?

SMUdoku!

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Halifax Pop Explosion wraps up

CONNOR DONALD

Arts & Entertainment Editor

It is becoming one of the most prestigious music festivals in Canada and with every passing year more recognizable names

begin to appear on the schedule. This year had the likes of: Killer Mike, Brian Posehn, Hollerado, Japandroids, F*cked Up, among so many others! There was no shortage of promotion and hype for this year's Pop Explosion and after paying witness to a number of shows and seeing fans and hearing what they all had to say about the shows is proof enough of yet another successful year at HPX!

The Pop Explosion started Wednesday night with a small number of shows, included was headlining shows by Badbadnotgood with local hip-hop favorite Kayo at Reflections and local rockers Gloryhound performing at the Seahorse Tavern. Gloryhound, to no surprise, put on a great show performing hits like "Electric Dusk" and "TKO Tokyo" well also adding a god choice of new music, including their single, "Let You Down Again." Gloryhound came out with high energy, but not before a new favorite band of mine from PEI warmed up the crowd. The Meds, from Charlottetown, have shared the stage vith Matt Mays, The Trews and now Gloryhound and never fail to amaze me. The Indie rock quintet comes out and gives it their all making anybody in the crowd dance and cheer. Despite only having released one self-title EP there is no doubt in my mind that they will have a bright future in the growing Maritime music market. The two together put on a stellar show that was full of good old Maritime rock and roll.

On Thursday night was a line up of shows that made it so hard to

choose just one. Hollerado and The Poor Young Things were rocking Reflections, Killer Mike was leading the show after Action Bronson was forced to cancel due to a sudden health issue, Joel Plaskett was performing with the

Nova Scotia Symphony "The Pop and F*cked Up was **Explosion brings** most likely putting on every genre of a gritty, hard driving, punk rock show at two music imaginable, different spots and from the noise times! Hollerado won rock of METZ and the night for me and they did not disappoint! the Japandroids The Poor Young Things to the pop rock opened the night of Hollerado and with a fun pop rock performance getting The Meds to the the crowd dancing and numerous hip-hop ready for Hollerado. artists and punk The Poor Young Things are an impressive young musicians." . group of guys who

making it big with fun hits that can make you dance all night. Hollerado came on to almost a sold our crowd at Reflections. Hollerado impressed me with their interactions with the crowd and passion for the music they were playing. They were very unique with their power pop rock music that kept you enticed and constantly dancing. Hollerado made it snow early in Halifax with a snow machine and as the snow melted into the dance floor Hollerado closed with an fast driving encore of Blink 182.

have a true chance at

On Friday I took it easy and went to the Harbourfront Lounge in the Casino where every Friday there is new music night, a unique show of the great new, up and coming talent in Nova Scotia music. This week it was in collaboration with the Halifax Pop Explosion and I was very impressed by one of the four artists that night, Jessie Brown. Brown is a powerful, young rock singer with a bright future. Her strong voice, fun on stage personality and mix of heavy and light music made for a great show! The other bands were unique, but were not as much the type of music I was a fan of. However, the

new music showcase is a great way to see who could be the next big it band in Nova Scotia. It is a way to talk to artists and support the local scene.

On Saturday night I was sad to see the Halifax Pop Explosion go. Another amazing year, arguably the best one so far! Who would I be if I did not see the Japandroids on the final night of the Pop Explosion. The noise rock group from Vancouver came ready to rock with a high energy performance. Despite having a very unique sound they were really fun to watch and listen to, but definitely not for everyone; however, good enough for a strong crowd that night. The Motorleague from New Brunswick also put on a really good opening show with their hard rock. METZ, a group quite similar to the Japandroids also opened. They were a bit heavier then the Japandroids, but as a fan of heavy music they were amusing to watch and listen to. The three groups put on an amazing performance and really capped off a great weekend of concert going for a music lover like myself.

every genre of music imaginable, from the noise rock of METZ and the Japandroids to the pop rock of Hollerado and The Meds to the numerous hip-hop artists and punk musicians. There is always an endless supply of music for anyone and everyone come HPX week. HPX Digital, despite not attending, always sounds like a unique thing to attend from their round tables to their Q & A's to just broadening your knowledge of the growing field of technology. There is guaranteed to be something for everyone at the Pop Explosion, don't ever be mistaken by it being called a Pop explosion, because it truly is so much more. It is a time where musicians are brought together, fans get to see and meet their favorite artists and of course we all get to see some amazing shows and every year has been an improvement on the last so what will next year bring to the Pop Explosion? Who knows but I am already prepared!

The Pop Explosion brings

\$14k raised online for Half-cat research

ADAM FABER

Arts & Entertainment Contributor

With new sources of funding available, it's an exciting time to be a cutting edge researcher, says Peter Chivkowski.

"The Half-Cat Field Research
Organization (HCFRO) has grown in size
300% in recent months," said Chiykowski.
Peter is one of three self-proclaimed
researchers of bipedal cats, a subject that
has gained viral popularity online, when
a hoax photo appeared claiming to be
taken off Google street view. "We have
yet to see a real half-cat in the flesh, but we
consider that only a minor setback," said
Chiykowski.

The HCFRO has written an academically-styled book on cats that have half the legs, but are twice as interesting. "The research into our subject is of the highest quality," said Chiykowski. The publication discusses the possible causes of bipedal cats, from the medical roots to misleading Photoshops.

Having failed to secure funding from any university or government body, the Half-Cat team turned to Kickstarter for funds. With effort, some luck, and good timing his team was able to secure over \$14,000 for research into this as of yet unseen modern Bigfoot, with their findings in a self-published book. While Chiykowski would prefer to devote all of his time to his fieldwork, he cautions hopeful academics (or entrepreneurs) to be aware of the time commitment crowdfunding requires.

"The team spent about four hours a day on the Kickstarter page in order to keep our backers informed and motivated," said Peter. "We're not sure if they take the topic of half-cat as seriously as we do, but we appreciate the support all the same." Kickstarter, a website designed to allow people to financially support different causes of their choosing, recently expanded their reach into Canada. The HCFRO launched their push for funds mere minutes after the Canadian side of the site went live.

"We were featured in the Kickstarter newsletter, which brought us a lot of exposure," said Chiykowski. Kickstarter sent a message to everyone on their mailing list, which included a short list of their favourite projects, the Half-Cat book included. The mass mail-out brought on a lot of attention: some positive, some negative - just like Bigfoot, Half-Cat has its fair share of naysayers.

"Some people may think this is a joke," said Chiykowski. "But if they go to our site, half-cat.com they'll see we're the real deal."

Staying fat positive

KATE BLACK

The Gateway (University of Alberta)

feature

Quetzala Carson is fat.

She has been her entire life. As a child, her mother would point out other fat women on the street and suggest that Carson lose weight. She grew up longboarding, riding bikes and playing in bands and says her size never had a huge impact on her. But the little things cut her in a way comments from family members couldn't, as she remembers how she would wear bell-bottoms because they were the only pants that came in her size.

"It sounds so stupid to be like, I had to wear T-shirts because I couldn't wear v-necks and it's so heartbreaking," the third-year University of Alberta Native Studies student says. "But it really does affect your life, the fact that you can't fit in with anyone else."

She was naked, sitting alone on a hotel room carpet, depressed and filled with hatred when she quietly came to an epiphany about her self-view. Her dad had recently passed away and she was preparing to perform at We Day, a leadership conference for teens. Looking at herself in the mirror, she realized it was time to make a change — and it had nothing to do with the numbers on the scale.

""Who am I to stand in front of these kids and tell them to change the world? Who am I to do all this stuff if I'm just hating on myself?"" she asked herself

"That was the moment where I decided that I need to love myself and believe in myself so I can go on to be a good person," she says. Carson struggled to find a community that shared this point of view; Googling "Edmonton body positive" came up with nothing. Out of this, she created Body Happy YEG, an Edmonton-based think tank group focused on creating a body-positive and fat-positive environment.

Conversations on fat positivity, a social movement looking to abolish anti-fat biases in social spheres, are rapidly popping up in classrooms and chatrooms alike. While it's something the western world has yet to fully embrace, it proves we may not know as much about fat people as we'd like to think.

Big, fat problems

of us are familiar with statistics about the dangers of obesity. The Canadian Obesity Network reports that one in four adult Canadians and one in 10 children are clinically obese, meaning they have a Body Mass Index of 30 or higher. A joint report from the Public Health Agency of Canada and the Canadian Institute for Health Information also warns of the links between obesity and the incidence of type 2 diabetes, asthma, gallbladder disease, osteoarthritis, chronic back pain, several types of cancers and major types of cardiovascular disease.

With these stats in mind, the fat positive movement naturally doesn't come without its criticisms. "I cringe at knowing more and more people are accepting being fat, and doing it proudly," Carson Liu, a Los Angeles bariatric surgeon, was quoted on Monstersandcritics.org in light of the fat positivity movement.

Arya Sharma, professor and chair of Obesity Research and Management at the U of A, wrote in a 2011 blog post that "obesity deniers" often use similar strategies and arguments used by smokers to discredit suggestions of an "obesity epidemic," citing strategies like using personal anecdotes and discrediting published studies.

But Cedars-Sinai Medical Center in Los Angeles reported that in a three-year study of coronary artery disease where they observed 14,739 patients — some who had coronary artery disease and some who didn't — fewer patients measured as obese and overweight died from cardiac death than "normal" weight patients. Similarly, a study led by U of A epidemiologist Antigone Oreopoulos found that in patients with chronic heart failure, overweight and obese patients had "lower

all-cause and

cardiovascular mortality rates."

So can fat people be as healthy — or healthier — than thin people?

Health at every size

With roots in the 1960s, Health At Every Size (HAES) is a lifestyle movement focused on promoting health behaviours and size acceptance rather than weight loss. The movement is associated with improvements to blood pressure, health behaviours and positive psychosocial outcomes and is a response to study results showing that many people regain the weight they lost after being put on traditional diet-and-exercise contines.

Mary Forhan, an Assistant Professor in Occupational Therapy and obesity researcher at the U of A, supports the approach, but notes that as with any practice, HAES needs to be considered on an individual basis.

"I think it is possible to be overweight and be obese and still be healthy, but I don't think that everyone who is overweight or has obesity can be healthy," she says.

But Forhan has yet to come across a patient that suffers from a disease that derives solely from obesity. It may increase one's risk for conditions such as arthritis or diabetes, but genetics and environmental factors can play a significant role as well. As an occupational therapist, Forhan's job isn't to help people lose weight, but rather to help them navigate their own environment better. But she adds that focusing on the scale when trying to live a healthy lifestyle may be detrimental.

SALTE

"Numbers on the scale aren't always an accurate feedback in terms of how healthy you are," she says. "You're going to get disappointed and frustrated and stop whatever [you're] doing that actually could be improving your cardiac health or mental health that you can't tell."

"So by simply stepping on a scale [and making an assessment] based on the number that comes back to you is setting yourself up for failure," she concludes.

Being okay with being fat

Kristin Rodier, a PhD candidate at the U of A, argues that fat acceptance isn't a health issue, but rather a social one. She says that many health statistics present in studies are funded by a multibillion dollar diet industry, but also notes the common discourse of stigmatizing people under the guise of being "concerned for their health."

"There's always two things going on: I can protest and say the facts are wrong about fat being unhealthy, or I can say that even if it is unhealthy, the stigma isn't deserved," she says.

Rodier adds that common arguments surrounding obesity's strain on the healthcare system are unfounded.

While the Canadian Obesity Network estimates the "total cost of obesity" on the Canadian healthcare system to ring in around \$6 billion annually, it's nearly impossible to directly correlate obesity with health issues.

She also points out that weight wears a special stigma compared to other "risky" behaviours, such as extreme athletes or workaholics. Spinal cord injuries alone are estimated to cost the Canadian healthcare system \$3 billion annually, while research done by the

Toronto-based Centre for

Addiction and Mental

Health estimates

depression

staggering \$51 billion.

"There are all kinds of risky behaviours that put people's health at risk and we really value those choices. For example, people who participate in extreme sports," Rodier explains. "Even if [fat people] did [cost society more], we would still be weirdly picking on them, because their choices don't conform with the body norm or the body ideal."

At the same time, she's critical of "real women have curves" fat positive movements, noting that all women, even thin women, experience body shame. Instead, Rodier thinks we should see fatness as a social justice issue where we combat social stigma that sees fatness as a tragedy.

"People think fat positive means that you want everyone to be fat. All I want is for people to have the body that is the result of their environment and their choices, and to not be stigmatized on the basis of that. Whether they are fat because of their choices, their genes or a 'disorder,' they deserve full social respect," she says.

Statistics aside, Rodier and Carson agree that fat doesn't define a person.

"As a fat woman who's totally fine with being fat and ... loving life, I have no problem with someone else who's trying to lose weight, and that's their decision just like they should have no problem with me doing what I want with my body," Carson says.

"It took me years to come to terms with the word 'fat," she says, explaining she saw it as derogatory at first. "But now ... it's not an insult. It's not a compliment. It's just a fact. I think someone saying, 'I'm a fat person' is really inspiring,"

Getting everyone on board with this idea hasn't been easy for Carson, and Body Happy YEG is still a small group, boasting 15 members on its Facebook group. She muses that our society makes it hard to accept your body the way it is, and it will take time for more people to jump on the fat positive movement. In the meantime, she encourages her peers to take on a different kind of naked epiphany, stripping away the layers they've been dressed in by society.

positive community, you have to accept your body first. You have to take off everything that we're socially conditioned to think and supposed to be," she says.

"I just want to see

"In order to be in a body

"I just want to see what we can do to make people feel like humans beings."

> Photo: puuikibeach /Flickr Creative Commons

Bone's in the Kitchen Take your time

OLIVER BONE Student Life Contributor

It seems that we are all in such a hurry these days, that we forget some of the important, and often most memorable, things in life.

No matter your background, everyone gets together over food and drink. Yet, it seems that we eat as fast as possible to move on to the next activity that we don't even taste the food.

The great thing about dining is that it can stimulate all five senses. Sight is the first thing that arouses us when we site down to eat. A well-presented dish sends signals to our brain, which gets our salivary glands working. We start to get ideas as to what it may taste like. The prettier the dish, the tastier it will seem. A big inhale fills our noise with all the wonderful smells that are coming from our dish. Next we cut into the food, and feel the different

However, we often forget the last two senses when eating, taste and

hearing. We so often shovel the food down, barely chewing it, that we don't savor the essence of our plate. There may only be few simple ingredients, to a variety of components, but if we don't take our time, we lose the subtleties that they offer.

Yes, hearing is another sense that we can use while eating. This is a time we get to sit down and talk, and listen to what is happening in the lives of others. When we storm through our food, we can barely hear what others have to say over the clamoring of forks and knives

I strongly urge everyone to take at least one night a week, to sit down to an hour-long dinner, or more, and learn something about those we care about. We are all so busy with our dayto-day lives that we forget to listen to those around us. Maybe someone has accomplished great feat, has learned something new, or even needs help or a shoulder to cry on. Take your time; enjoy your food, and those you are sharing it with!



'We Day' seeks volunteers for starstudded Metro Centre event

ADAM FABER Student Life Contributor

Free the Children has put out the call for volunteers for the Atlantic Canadian leg of their coast-to-coast tour. The event, We Day, is a highenergy inspiration to youth still learning how much of a difference they can

"We Day is a stadium-sized educational event that will bring in renowned speakers and amazing performers who have a message for social change and connect them with educators," says Dalal Al-Daheidi, Executive Director of We Day Global. "What's cool about the event is that you can't buy a ticket to we day, you earn them by committing to one local and one global action.'

We Day Atlantic Canada, which is happening November 27th at the Metro Centre, couples inspirational figures and powerhouse stars to motivate attendees to make a difference. While past participants told the Journal the event was 'indescribable', Al-Daheidi gave it her best shot.

"A stage where people like his holiness the Dalai Lama, Al Gore, or Martin Luther King the 3rd share the stage with performers - like in Vancouver where we had Avril Lavigne

and Nelly Furtado... Each one of them had their own message, where their passion is and how they each use their talents to make change," said Al-Daheidi. The Atlantic Canadian stop will have Martin Sheen, Kardinal Offishall, and others along with the aforementioned Martin Luther the 3rd.

To put on such a large event, however, there are a lot of people needed. The Metro Centre will be filled with over 8,000 secondary school students from 240 Atlantic Canadian schools, opening an opportunity for university students

looking for either experience or an opportunity to meet a mass of goaldriven peers.

"It takes a village to put We Day together... in every city from 600-800 volunteers. Community groups, the educational community, and our corporate sponsors RBC and Telus provide a lot of that. We also continue to recruit volunteers up to about a week before the event," said Al-Daheidi. "If there are groups available from university we would love to have them. It's a great experience. We have people

who have been with us for years: our champion volunteers."

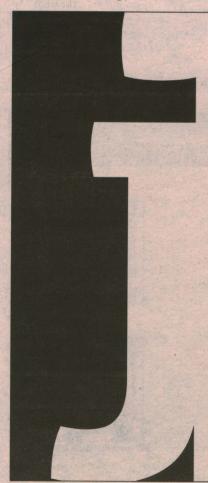
The spectacle is the headline event that kicks off the long-term goal of youth getting more involved in their local and global communities. Students are encouraged to get involved and make a difference in whatever area their

passion lies, so they "It takes a village aren't being directed to any specific group or cause. According to Al-Daheidi, education is at the root of any longlasting change, so the aim is to simply provide the knowledge needed.

> at we try to do in these events is give a blueprint, how to

lead a generation of socially conscious individuals and the tools to do so. We Day is just the tip of the iceberg," said Al-Daheidi. "The message we want to give people is there are so many issues unfortunately that are affecting the world at this point... At the end of the day what matters to us is that you know how to take action."

Anyone interested in learning more about We Day or volunteering at the November 27th Metro Centre event are encouraged to visit weday.com/



Attention aspiring journalists!

The Journal is hiring a News **Editor** and a **Business Editor.** Interested candidates should submit a résumé, cover letter and a writing sample to:

editor.thejournal @smu.ca.

Society Spotlight: Catholic Christian Outreach

Student Life Contributor

The Catholic Christian Outreach Society is run by Erica Stevens, this year's President. Over the past month, they have held a number of awesome events, like an 80s themed party (in honour of the founding year of CCO' -1988) and guest speakers, not to mention and weekly meetings. Here is a short bit on the society submitted by

"CCO is a national Catholic

on campuses across Canada! We exist to help students grow in their Catholic faith, and equip them to be leaders who can share their faith with others! We've been established as the Catholic Student Society here at SMU since 2004. On campus, we host weekly small group Faith Studies, where students can gather to discuss aspects of the faith, ask questions, and deepen a relationship with God. Every Monday night, a joint event between Dal and

SMU takes place called JAM - ther free pizza, conversation, and a reading of the Gospel followed by small group discussion. On Fridays we have pick-up ball hockey at 3:30 in the Canadian Martyrs Church gym, right beside SMU on Inglis Street!

We'd love to meet you! To be notified about events, like us on Facebook at "Catholic Christian Outreach - Halifax", follow us on Twitter @CCOHalifax, or email us at halifax@cco.ca."



to put We Day

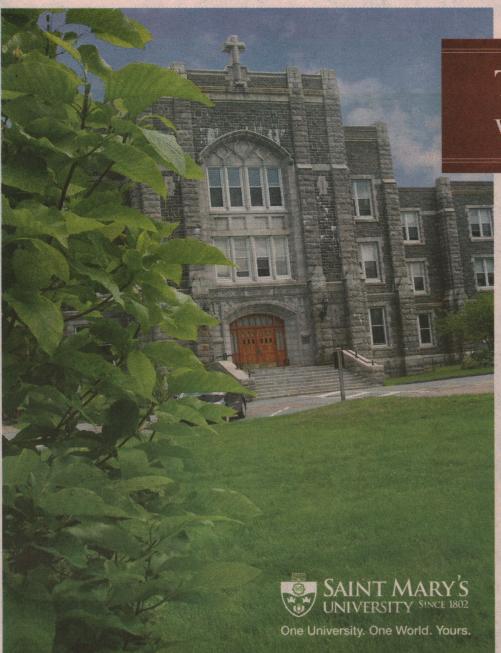
together...

in every city

from 600-800

volunteers."

CCO 80s night party



The President's Council

Wants to Hear from You

The President of Saint Mary's University, Dr. Colin Dodds, established a President's Council with a mandate to make recommendations by December 15, 2013 regarding steps that SMU can take to foster a cultural change that prevents sexual violence, and inspires respectful behaviour and a safe learning environment with the Saint Mary's Community.

The Council is entering the consultation phase of its process and would like to hear from all interested stakeholders with ideas and suggestions for relevant cultural change initiatives at SMU. If you have perspectives that you would like to share with the Council, we invite you visit the Council's website at **smu. ca/presidents-council** and respond to the online consultation questions. The deadline for submissions is November 20, 2013.

There will also be "in-person" opportunities to make submissions to the Council and details of those consultation sessions will be promoted in various campus publications and notice boards.

We look forward to hearing from you.

A. Wayne MacKay C.M. Q.C.

Chair of the President's Council and Professor Schulich School of Law Dalhousie University (on behalf of the Council)

