



THE JOURNAL

since 1935

SAINT MARY'S UNIVERSITY • HALIFAX • NOVA SCOTIA

Volume 67- Number 18- February 6, 2002

Body image:

real vs. ideal

by Karyn Dougherty

Adapted from information from EDAG and NEDIC. This is part two of a three part series on eating disorders and body image.

Body Image is how you think about and see your body. Everyone has a body image – whether it is positive or negative, distorted or realistic. To be more specific, body image is the mental picture you have of your physical appearance and the attitudes and feelings you have toward it. An unrealistic body image occurs when your mental picture is not related to physical reality. Body image is not static, but ever changing; sensitive to changes in mood, environment and physical appearance. Body image is not based on fact. It is psychological in nature and much more influenced by self-esteem than by actual physical attractiveness as judged by others. Body image is not inborn but learned. Messages from family, among peers, and from society in general have an influence on how we perceive our bodies.

Here are some alarming body image facts:

80% of Canadian women experience some degree of body image dissatisfaction

90% of teenage girls have tried to lose weight

45% of nine year old have expressed the desire to lose weight

University Students and Body Image

Body image problems are most prevalent in women and those 25 and under – an age group which includes a large segment of the university population. The reality of how university students look has little to do with how they believe they look. This may be related to a number of factors that are specific to both age and situation:

During university, students are taught to analyze and scrutinize everything they read and see. Students, in particular females, apply their newly honed skills to themselves.

Looking inside oneself and dealing with difficult issues is often rewarding and helpful but it is also very hard work –

sometimes it is easier to focus on how one looks than what is within.

Males and females in their late teens and twenties are the target population for most fashion magazines. As well, the majority of models also fall into this age range. Media messages and images aimed directly at young adults are difficult to ignore.

Because university is one of the first opportunities that young adults have to “reinvent” themselves more or less independently of their past, they look to ideals for guidance about who and what they should be.

Although most would agree that perfectionism is problematic, being a perfectionist is not only socially acceptable, it is socially desirable. Perhaps, this could apply to having the “perfect” body.

University students find themselves in situations in which appearance is particularly important : making first impressions, interviewing for jobs and internships, trying to impress professors and mentors, and looking for love.

Everyone Can Have a Healthy Body Image

First and foremost, accept that thinness is not the answer – it's what's inside that counts. Work at diminishing the importance of appearance in your life. Easier said than done? Here are some exercises to help you to work towards developing a more positive body image:

-Remind yourself of all the things you are besides a body. “ I am...caring, worthwhile, funny,” etc.

-Stop thinking that thinner thighs are the answer to all of life's problems. Deal with and set goals about real issues in your life – relationships, jobs, etc.

-Scales belong on fish. Too many people allow the scale to dictate how they feel and how their lives are going to be.

-Make a list of things you are waiting to get thin to do and start doing them now.

-Stop judging your body. If you find yourself critical of fat thighs, for instance, counter

continued on page 17



photo by Daniel Bonner/THE JOURNAL

The Huskies and the Tigers renewed hostilities this past week. SMU would eventually lose the contest 3-2.

Lawyer honored

Journal News

This year at graduation, after graduating 34 years ago, James Oliver will once again walk across the Saint Mary's stage to receive a degree. This time it will be an honorary degree. Mr. Oliver will receive an Honorary Doctorate of Law from Saint Mary's University.

In 1967, Oliver graduated from Saint Mary's University with a Bachelor of Arts degree. Oliver was the chief council for three hostages who were amongst 18 Americans held captive in Lebanon between 1982 and 1991 by Iran backed Terrorists. The case was recently ended with a \$65 million dollar judgement against the government of Iran.

Mr. Oliver is a managing partner for Murphy, Oliver, Caiola and Gowen, P.C., a well known firm located in Norristown, Pennsylvania, a suburb outside Philadelphia.

Mr. Oliver has been practicing law for thirty years, and has been influential and instrumental in the conclusion of cases involving product liability, personal injury, medical malpractice and insurance law.

Mr. Oliver will cross the

stage with the 2002 grad class for the university's 200th Bicentennial celebration.

Mr. Oliver was an active member of the Saint Mary's community while attending. He played varsity sports, worked for the student council and also for the Journal. His graduating year, he received the “Outstanding Student of the Year Award” from the Saint Mary's

University Student's association (SMUSA).

Mr. Oliver then went on to graduate from Dalhousie Law School in 1970 and from there went to study law at the University of San Francisco and then to Harvard Law School.

Mr. Oliver said that he feels honored to be receiving such a degree, and is looking forward to attending.



James Oliver will receive an Honorary Doctorate of Law from Saint Mary's University at Spring Convocation 2002.

SMUSA PAGE

www.smusa.ca

Need a Job? Want a Job?

Employment Opportunities at SMUSA

Every year SMUSA hires more than sixty students for various positions on campus.

Check out the posters around campus, log on to our website, visit the Student Employment Centre, or visit SMUSA more information.

Don't Forget to Vote!

SMUSA Executive Elections are next Monday and Tuesday.

The people elected will be the ones making decisions regarding expenditure of YOUR student fees as well as representing your concerns to University Administration and different levels of government. Voting stations will be located in the Colonnade, the Student Centre, the Science Building, Rice Residence and by the Catwalk.

HAVE YOUR SAY!

This Week in the Gorsebrook...

Tonight

Open Mic Night

Thursday

Pub Night

Thanks to our Winter Carnival
Sponsors from Last Week

- Atlantic Blue Cross Care
- Royal Bank
- Coca-Cola/Powerade
- Video Difference
- Thirsty Duck
- Lower Deck

- Your Father's Moustache
- Rogues Roost
- Dooly's (Barrington)
- The Planet
- The Fireside
- Molson Breweries

The Psychology Society is hosting an information session for anyone who is interested in doing an honours degree in Psychology. Professors and the chair of the department will be discussing requirements on February 8, 2002 between 12pm-2pm in SB 265.

Professor Mixes Chemistry and Song

It's only rock and roll and students like it

by Cecilia Matthews

When Dr. Cory Pye sings, he doesn't mind hearing that familiar, humorous expression, "don't ever quit your day job."

For him the real humor rests within the fact that singing is a big part of his full-time teaching job.

Dr. Pye, a chemistry professor at Saint Mary's, is now using rock and roll songs to teach and share his passion for chemistry with students.

It's certainly a non-traditional method of teaching chemistry to students at one of Canada's leading post-secondary institutions. But, it works.

In each class, Dr. Pye spends a good portion of his time lecturing through way of power-point, and also devotes time to singing a song to some contemporary or classic tune, substituting the lyrics with essential chemistry concepts.

"I am no rock star, but singing songs in class is striking a real chord with students," laughs Dr. Pye.

"The combined entertainment and educational value truly serves its purpose," adds the chemistry professor.

He has compiled almost 20 songs, using covers from the well-known rock greats, like Jimi Hendrix, the Beatles, Guns & Roses, Metallica, and The Eagles, to name a few.

Take for example the popular vintage rock song "Purple Haze" by the late guitar legend Jimi Hendrix. Dr. Pye has turned the lyrics into, "Purple Haze, all in my flask, solution coloured, explain this my task. Coordination, crystal field theory, ligands bonded, partial d occupancy."

Another song he uses is "Hotel California" by the Eagles, which he sings,

"A little 5f electron, waving through the air, interacts with a photon, and lets us know that it's there."

Another popular song he sings to students is "Nitrobenzene," taken from Michael Jackson's hit "Billy Jean."

All his songs are now being recorded on campus with a portable unit and will be dubbed over the electronic versions of the songs, and will soon be available on the Internet, providing access to millions of students worldwide.

"It's my first time recording, and I can not wait to hear the final product," he smiles.

"Having this material available on the World Wide Web is another step in providing the public and students alike with a better understanding of chemistry."

His students are impressed and at the same time amused at his approach to teaching chemistry.

"Students seem to enjoy how I connect chemistry with music," he says. "Music is such a big part of peoples everyday lives, so I knew that this style of teaching would be a real hit among my students."

He came up with the idea of mixing chemistry and song after attending workshops and sessions offered by the Saint Mary's Office of Instructional Development and at the Faculty Development Summer Institute at the University of PEI.

As well, the *Journal of Chemical Education* will publish his article this semester, "Chemistry and Song: A Novel Way to Educate and Entertain."

This chemistry professor has a busy year ahead of him. Along with adding more songs to his line-up, and exploring new and innovative methods to teaching, he will also be conducting research with students in his chemistry laboratory through a \$20,000 research grant provided by the Natural Sciences and Engineering Research Council (NSERC) of Canada.

So, for now, Dr. Pye knows he won't make a fortune for his work as a singer in the classroom. But for him the real fortune is knowing that his new approach to teaching will provide even more students with a better understanding of chemistry.

Liver dinner

Tamara Cantrill, volunteer, Executive Board

The Canadian Liver Foundation will be holding a dinner/silent auction at the World Trade and Convention Centre on Wednesday, March 20th, 2002. Entertainment line-up will include Bette McDonald, the Jest in Time Theatre Group and a couple other interesting surprises. Dr. Kevork Peltekian, Medical Director of the Atlantic Canada Liver Transplantation Program and prominent hepatologist will speak at the dinner. Ron Kronstein, Live at 5 host, will MC the event.

We currently have five corporate sponsors - Unibax, Downeast Communications, Sobey's, Sable, and Clearwater Fine Foods. Three pharmaceutical companies, Schering, Axcan, and Roche, will also be purchasing tables. We are awaiting responses from numerous other corporate groups regarding their attendance. In total we plan to have 300 people attending the fundraiser, however if the demand is high enough we will be adding more tables.

Funds raised at the dinner will be used to support and encourage research and provide education programs to the medical community, patients and their families and the general public. There are over 100 liver-related illnesses that threaten the lives of more than two million Canadian men, women and children.

In an effort to have the various university societies and organisations represented at the dinner we are offering a 50% student discount for tables at the dinner. The student cost per table of ten is \$500 (\$50 per seat). The regular price for a table is \$1000. Individual seats are also available at the student price of \$50, but you will only be guaranteed seating as a group if you book as a group. All student groups attending will have the name of their organisation printed in the program and it will be an excellent opportunity to network. Your support of this very worthy cause would be greatly appreciated. Please don't hesitate to contact me with any questions.

tcantill@promptglobal.com

THIS WEEK AT SMU

Join the Animal Rights Collective of Halifax (ARCH) and friends in protesting fur and fur trim at Mitchell Furs on Quinpool Rd at 12:30 p.m. Contact archhalifax@yahoo.com. Thanks, Brianne Hunsley, ARCH

Raising the roof is back again this year. SMUSA is looking for volunteers to sell toques. Raising the roof is a national charity dedicated to finding long-term solutions to growing problems of homelessness. The local recipient agencies in Halifax are Phoenix Youth Programs and Metro Non-Profit Housing. They will share 80% of the profits, while the remaining profit will be invested in national solutions.

Toques will sell for \$7.00 this year, of which \$3.00 is administrative cost. We need volunteers to support this great opportunity. Contact Ian Appleton, VP External Affairs, 496-8716, vpexternal.smusa@stmarys.ca

February 9th, 2002, Rugby Pubcrawl-go out and have a blast while supporting your Saint Mary's University Rugby Huskies. For more information contact Ian Appleton.

International week
Remember that it is still international week at SMU. There are displays today in the Loyola Colonnade, Thursday the 7th there will be an International Dinner in the Dockside, and Friday the 8th there will be a noon seminar series in the International Centre.

Alliance platform launches from Saint Mary's
On Friday, February 8th, Stephen Harper, one of the candidates for the leadership of the Canadian Alliance, will launch his campaign platform from Loyola building room 170. He will be speaking from 2:00 to 3:30.

FLY FOR

FREE TO LONDON

when you purchase one of the selected Contiki European tours, including the Ultra Budget camping tours - a Travel CUTS exclusive.

Space is limited - book early!

For selected early departures from Toronto/Montreal/Ottawa/Halifax only, other rates apply for other cities. Must be paid in full by March 31/02. Weekend surcharges, taxes, and other government fees not included. Valid International Student Identity Card (ISIC) required. Other restrictions apply, drop by for details.



contiki
HOLIDAYS 1982-2001

TRAVEL CUTS
Canada's student travel experts!

5th Floor, Student Centre
494-7027

www.travelcuts.com

Travel CUTS is owned and operated by the Canadian Federation of Students.

What follows is the opinion of the writer alone, and not necessarily the opinion of The Journal, Saint Mary's University, or any affiliates of either. If you would like to comment on, or respond to any article we print under the Opinion heading, please do so in writing, bearing in mind the Journal reserves the right to reprint such material. Bring responses to: The Journal, fifth floor of the student union building, Saint Mary's University.

Or, if you are interested in writing a news story, or being a news-writer for the Journal, please call 496-8201 and ask for the News Editor, Jeremy Strong.

THE RANT

The only thing that still hasn't frozen in this city, is tuition

by Jeremy Strong

Today is the day that the students are going to take action and protest against the outrageous price of tuition in the province of Nova Scotia. There are some rather disturbing figures about the tuition history in Nova Scotia, which were printed in an article by David Miller in last week's Journal. One of these was that in the last ten years, tuition has increased 126.9% in Nova Scotia. Now, we all know that prices go up as time goes on; for example, it costs ten dollars to get a movie ticket on weekend evenings, and it only cost six dollars three years ago; gas was once upon a time cheaper, so was fast food and so was a haircut. But those price changes are easier to accept because they happen all over our country. Tuition is a different story. Why is Nova Scotia the most expensive place to go to school? Are we to be led to believe that the finest universities in Canada are all within the Nova Scotia provincial limits? Are we

paying more for a particular reason or difference? For something we would not be receiving in another province? I think we all know the answer to that one, because it's a big fat no.

There is no reasonable explanation for why we pay more, although I'm sure excuses will come easily. Why are the students holding a freeze tuition rally? Why do we have to? It's because we are the only ones who truly care about how much money we pay-how much debt we incur. Where is our provincial government? Where is our national government? What are they going to be doing today while we are outside freezing our behinds off because we don't want to be tied down by debt until we are 126?

Who is insisting that all students and faculty members walk out of class today at 12:45pm to participate in actions to freeze tuition? CFS and SMUSA. The CFS stands for Canadian Federation of Students, a national student movement, dedicated to the

service of Canadian students and comprised of more than 400,000 students. The Saint Mary's University Students Association are doing their job, by recognizing a problem that needs immediate attention, but who else will step up to the plate? Will the university itself come to the rescue of the students and say "Oh please, let's freeze tuition and make less money. That sounds like a great idea." I sincerely doubt it. And will anyone in our provincial government make it their personal mission to have tuition in Nova Scotia frozen? If both of those things occur, I will personally eat a copy of this article on television.

Again I would like to bring back a figure from David Miller's article last week: the government pays 33% of the operating budget at Saint Mary's, and the students pay 57%.

But that's not even really true. Of that 57% of students, many pay their fees with money borrowed from the government or from the bank, both of which make a nice tidy profit on interest fees. My assertion is that the

government doesn't really pay for any operating costs, because the money they make from us in interest more than covers their 33% operating costs. So the government essentially does jack, and the students bear the weight, years after their education. But the real winners are the Universities, laughing all the way to the banks with government cash.

But the universities won't be laughing for long. Because if (and it's a big IF) tuition is actually frozen, the universities will lose money, and lots of it. That's why the government should provide more funding than it currently does. Personally I think it should at least be paying double what it pays now in funding.

One refreshing bit of news at least, is that there are some representatives of Saint Mary's University who will speak today in support of the freeze on tuition. And if you speak to your professors about missing your Wednesday afternoon classes to join in a rally concerning your financial future and the rest of your life, you might not

even be penalized. Wow. Wouldn't that be great?

I say the entire student body completely boycott attending any classes until the Prime Minister himself scoots down here to little old Nova Scotia and fixes things up right smart for us. Why march to the provincial legislature? Let's go right to the top. Let's march to Ottawa and walk right into the middle of one of those stupid childish yelling matches about who didn't tell who what and who hurt who's feelings. Let's burst in and say, "Hey, We're from Nova Scotia. Remember the little province on the edge of the map, just above New York? You know, it's shaped kind of like a big green booger? Yeah, we kind of need to talk to you guys for a few minutes."

Or maybe we could all move away. I have friends who left Nova Scotia for other provinces, and their main reason was the price of tuition here. Let's all walk to the north pole and build a university there. Sure it will be cold, but maybe tuition will finally freeze.

Wild elephant on rampage

by Jeremy Strong

Recently there have been several sightings of a wild male elephant on the Saint Mary's University campus. The elephant is gray with very thick skin and a lisp. He is prone to fits of violent acting out and cursing at cafeteria workers. If sighted, the incident should be reported immediately.

"Make no attempt to subdue the animal yourself," says campus zoological security agent Vincent "one eyebrow" Johnson.

"He has a very bad temper. And if you make him angry you'd better watch out, because he never forgets a face."

The elephant is wanted on charges of general unruliness, as well as five speeding tickets.

"He's been eluding the police for three weeks now. We don't know why he chose to hide out here on the SMU campus, but the FEI is looking into it." Says Martin Spock-Kirk, director of internal invasions here at SMU.

The FEI, or Freelance Elephant Investigators, are currently undercover at SMU. There are a total of five of these undercover agents, and students are encouraged to interact with them to give the elephant a false sense of security.

"Once he thinks he has blended in, he may attempt to engage in everyday activities, such as lunch at the pub, or a workout at the tower. When he makes that mistake, one of our agents is sure to spot him sooner or later." Spock-Kirk added.

So beware of the wild elephant. And remember that harboring him in residence could be cause for immediate dismissal from campus. Due to my lack of writers, I have to make up news. Help me!

Join thousands of other students and...

...Stay on Course

Do you need a course to graduate?
Is the course you want to take full?
Do you need a course to fit your timetable?
Do you want to finish your program faster?

If so, Athabasca University has hundreds of individualized study courses you can take through distance and online education.



- Register throughout the year.
- Study at your own pace.
- Transfer earned credits to your program.
- Get individualized tutor and student support.
- Registration fees include all books and course materials.
- Challenge courses for credit.

Register today and chart your course of study with Canada's leader in individualized distance and online learning.

Call Today To Get Started!
1-888-206-6471

Canada's  Open University™
www.athabascau.ca auinfo@athabascau.ca

Athabasca University

Snow, ice, sleet, and hail: enemies of the poor student

While tackling ideas for a new editorial on Friday night, I happened to slip on (to) the one that definitely struck to the bone.

My choice editorial is on the topic of the considerable amount of ice, and encrusted snow blocking the travel of pedestrians over much of the sidewalks in the South End. After attending my fourth consecutive 8F party (SMU chemistry party), I decided to venture home on foot, assuming of course that my threadbare sneakers could handle the treacherous terrain that lay ahead. You might as well have called me a clumsy tortoise for the number of times I went bottoms up, because it took me twice as long to make my usually quick voyage back to the lovely apartment I live in, on Kent Street.

I thought I was home free as I approached the entrance to my building, but I had underestimated one particularly nasty patch of ice, and ended up going for quite the fall, arms flailing. Many a curse and profanity ensued, from which I determined that I was tired of walking the treacherous sidewalks, and so I felt it was about time that someone handled this absurdity.

I decided to give my landlords and homeowners of the South End a break for a while, but three days later the amount of ice is ludicrous. It is technically the responsibility of homeowners/apartment building owners/companies to ensure a clear path for walking in front of their buildings, but for some reason I would say at least half of the sidewalks are dangerously impassable in the South End.

Even though I have brought the problem to the appropriate people, with respect to my situation, nothing has been done to fix the problem of the ice.

I do not understand how students and their concerns are so easily dismissed by the world; I find that few "adults" ever take university students seriously, or as anything more than big children. Sometimes, I suppose, that everyone still acts like a child, but for the most part we are adults, older than the age of the majority. Yet, we still end up last on a list of priorities because we are seen as being able to accomplish little on our own.

I heard it said that it is not what you can do, but whom you know. Sometimes I wonder the validity of this statement. As an optimist, I would like to believe this statement is false, that your personality, intelligence, perseverance, and hard work. Sometimes, I am shocked to see someone succeed in some way (be it at attaining a job position), not because of they are more qualified than the next person, but because their parents know someone, or they themselves know someone with whom they may contact to obtain "favours".

I suppose all's fair in the struggle to get a job, but sometimes a completely level playing field would be nice. If you have any comments or concerns, please feel free to email them to me at smueditor@hotmail.com

For a new addition we have the second, of hopefully many, columns. The following column was submitted by Dan Carroll, and the opinions expressed within are those of the author and not necessarily those of The Journal or any of its affiliates.

C.M.

SMUfeedback

Daniel Carroll

smufeedback@hotmail.com

In a word: wow. To think that this week's topic was going be 'student apathy.' I just couldn't bring myself to do it after the tremendous response to last week's article. Don't get me wrong; apathy is still an issue at this school, as will surely be exhibited in the upcoming election. But, we won't start down that road just yet.

You seem to have a real love/hate relationship with this institution. My inbox was full of praises and complaints; and most of the complaints ended in something along the lines of "But I'm still glad I came to SMU." For those of you who sent negative emails, my challenge is this: if you are going to send me a complaint, attach your recommendation for a solution. And remember, there's a fine line between a laundry list of complaints and ranting.

So get on with it already. Alright – the topic for this week is: the major lack of support for our athletes on the part of the student body. This seemed fitting given recent advertisements trying to generate support for Canadian athletes in the upcoming Olympics. What is it that is keeping us out of the gym, arena and – lest we forget the Temple of the Dogs – the stadium? Is it a lack of excitement? Definitely not. Might it be a lack of school spirit? Partly. Could it be a lack of the availability of beer? Bingo.

YES MISTER BUSH,...WE HAVE JUST THE VEHICLE FOR THAT MOUNTAINOUS TERRAIN...



Hey SMUSA. Wanna make some more money? We all know you could use it. Figure out a way to cordon off a small section of the arena bleachers, and get it licensed. Put a small keg fridge in there and recruit a couple of hawkers. I guarantee you'll see an increase in fan turnout.

Don't think of it as luring enthusiasts in with alcohol, think of it as serving liquid school spirit to needy fans. We'll be much more apt to shout out our praises and encouragements. So, you see, you'll be helping the athletes. Hell, I'd go watch the hockey teams if I could have a couple of pints while doing it.

Need to bring fans to the basketball games? No problem. Just squeeze the word 'Cocktail' in between 'Courtside' and 'Lounge,' and we'll be there cheering with gusto. You could hire some Tom Cruise look-alike to flip bottles in the corner, while dedicated fans enjoy "some ball and a beverage" from the comfort of an armchair.

Seriously, how hard can it be? There's no problem licensing the MPR, and I've seen functions in the Courtside Lounge on a couple

of occasions. Let me know what you think SMU. Until next week.

Upcoming topics: Student Elections, Campus Services,

ARAMARK, that ridiculous speed bump on the drive into the courtyard, and more. Tell me where you stand.

Journal Staff

Editor
Cecilia Matthews

News
Jeremy Strong, Editor
Rebecca Mason
Ben McCarthy
Sean McGee

Arts & Entertainment
Sean F. Hamilton, Editor
Jon Bruhm
Peter Dobek
Jarrod Francis
Kara Gammell
Kevin Smith
Dan Woods

Sports
Daniel Bonner, Editor
Stephen Clow
Jeffrey Warford

Photo
Lianne Nixon, Editor
Andrew Barbour
James Brownell
Peter Horne

Business
Rich Hockney, Editor

Graphics
Marcin Modzynski, Editor
Eric Miller
Mike Roache

Advertising Manager
Michelle MaGee
Rob Martin, sales

Features
Juliette Gonsalves, Editor
David Penney

Production
Christine Wentzell, Manager
Heather Reid

Business Manager
Chakib Najm

The Journal is the student newspaper of Saint Mary's University. The paper is published each Wednesday by The Journal Publishing Society, and funded in part by students through their student fees.

The Journal
Suite 517, Student Centre
Saint Mary's University
Halifax, Nova Scotia
B3H 3C3

496-8203 Advertising
496-8209 Fax

e-mail: journal@journal.stmarys.ca

The Journal is printed on recycled paper

Fourth annual international night

by Anthony Gonsalves

In some of the countries represented at Saint Mary's University, the weekend of the second and third of February, 2002, marked the commencement of activities which climax in the pre-Lenten festival of carnival or Mardi Gras. This festival blends the cultures of Africa, Asia, and Europe into a colourful spectacle and a brief occasion of therapeutic hedonism. So, it was apt that the International Association of SMU chose February 2nd, 2002 for an event with some echo of carnival: the Fourth Annual International Night, which was broadcast live on the Internet.

Dr. Colin Dodds, president of Saint Mary's University, led the large assembly in an elegantly decorated Loyola conference room, to celebrate a variety of cuisine, a capsule of different cultures, and the diversity of the university's family. As in carnival, people gathered around food, amid beauty and music, and experienced joy in their distinguishing characteristics.

The evening began with an intelligence test, the International Night quiz, which covered all continents. The winning table scored eighty-five percent, and each of its members received a mug as a prize. Everyone took a lesson, that while not

mandatory, geography of World Affairs might be a good prerequisite for International Night. Many tables fell short of victory because no one knew that Singapore is the most densely populated country currently, or that the Caspian Sea is a salt water lake. As the evening progressed, there was more knowledge to be had. The quiz had tested brains and sharpened appetites.

The food was nicely presented, and served generously and pleasantly. Greek salad, tabouli from the Middle East, Africa's curried goat, jerk chicken from the Caribbean, India's samosas, North American vegetarian bean curd, and universal frosted cake: all were delicious and filling. If there were prizes for the dishes, jerk chicken and samosas would share the top prize. The samosas were made by the family of Saint Mary's engineering professor, Dr. Sastry. They are available on campus regularly, and part of the proceeds from their sale support a charity in India. Having enjoyed a delicious meal, the gathering became an enthusiastic audience for the cultural segment of the evening.

The cultural program opened with a poem, composed and read by Sueann Balcombe of

St. Vincent and the Grenadines. Entitled "The Struggle", it is a timeless statement of those who must struggle for dignity and respect. But its message was

Centre students, Monica Lu of Taiwan, and a Turkish colleague, each played a guitar and sang songs in their native languages. Meghan and Seph Peters followed with

the program to Celtic culture, with a strong solo performance on the drum. He conjured up a military tattoo; and for the Caribbean contingent in the audience, he evoked the sounds of Ole Mas in the early hours of carnival. Finally, in a prelude to the evening's dancing, a group of costumed African students moved on stage, accompanied by the music of East Africa. Their dancing was every bit as organised, and as elegant as the earlier Arabic belly dancing. By the time they began to move off-stage, nearly all of the audience was on its feet: clapping, swaying, or dancing in harmony with the performers. It was a moment when the audience came together as one. Emcee, Issmat Al-Akhali, president of the All Flags Society, should have been proud of the conclusion he had managed.

All in all, International Night was a memorable experience for all who attended it. Those who planned it and those who worked on it are commended for an excellent job. And one hopes that the spirit of the event, the spirit of unity, will endure.



photo courtesy of Alana Robb

not bitter; its advice is to forgo animosity and vindictiveness: despite struggle, the poet affirms:

"I will live, I will love...
I love life ..."

After the poem, which was well received, the program evolved into a party. Students from Ghana to Tanzania modeled traditional apparel made from fine fabric. TESL

Celtic music on the harp: music which evoked the beauty of the winter outside. Then the tempo quickened. Evelyn Gere and Cynthia Cameron were on stage for belly-dancing. Part of the audience came to its feet to see the sensuous made elegant. The audience called for, and got an encore from these ladies. Adam Burke returned

Blood donor clinics

Press release

- Monday, February 18:** Greenwood, Greenwood Community Centre
1:00 – 3:00 pm
5:00 – 8:00 pm
Hammonds Plains, Fire Hall, 2041 Hammonds Plains Rd.
5:00 – 8:00 pm
- Tuesday, February 19:** Kentville, Fire Hall, 463 Main Street
12:00 – 3:00 pm
5:00 – 8:00 pm
Spryfield, St. Michael's Church Hall, 14 St. Michael's Ave.
5:00 – 8:00 pm
- Wednesday, February 20:** St. Peter's School, Gymnasium, 5 Crichton Avenue
5:00 – 8:00 pm
- Thursday, February 21:** Windsor War Memorial Community Centre, 78 Thomas Street
1:00 – 3:00 pm
5:00 – 8:00 pm
IWK Health Centre, Steven B. Parker Reception Room
12:00 – 3:00 pm
- Friday, February 22:** IWK Health Centre, Steven B. Parker Reception Room
9:00 – 12:00 pm

A CAREER IN ORTHOPTICS/OPHTHALMIC MEDICAL TECHNOLOGY

Orthoptics is the clinical science of ocular motility and binocular vision, and related disorders of the eyes. An Orthoptist is an allied health professional who works with ophthalmologists, (eye physicians and surgeons) analyzing and treating patients unable to use both eyes together because of an eye muscle or sensory abnormality. An Ophthalmic Medical Technologist assists the ophthalmologist with a wide range of diagnostic tests and procedures requiring a great deal of technical expertise.

In September 2002, the IWK Health Centre will commence an accredited twenty-four (24) month training program leading to a Certificate of Orthoptics and Ophthalmic Medical Technology. Applications are now being accepted from individuals holding a baccalaureate degree with a minimum of a B average. Entrants should have a minimum of one course in human anatomy and or physiology and one course in psychology with a laboratory component. Exceptional students without any pre requisites may be admitted on the condition that they are fulfilled either prior to, or concurrent with, the program. Work/volunteer experience in the health care field will be considered an asset. Candidates should possess good communication skills, sound judgement, emotional maturity and a demonstrated ability to relate well to small children and to adults.

Financial assistance may be available to qualified students.

Deadline for applications is March 8, 2002.

For further information regarding a challenging, interesting and rewarding career in the health care field, please write:

School of Orthoptics/Ophthalmic Medical Technology
IWK Health Centre
P.O. Box 3070
Halifax, Nova Scotia
B3J 3G9
karen.mcmain@iwk.nshealth.ca
(902) 428-8959



Engineering as an occupation

by David Penney

On the 21st of January, 2002, Saint Mary's Engineering Students were introduced to representatives from three different firms in order to learn something about the profession and ask questions. About 30 students attended a briefing at the Sobey building featuring people from Neill and Gunter, Strum Engineering and SNC-Lavalin. Each company first gave a short overview of their projects, their expertise and their number of employees. Then the floor was open for questions:

Q: Is a Masters in Engineering necessary?

A: That depends on your discipline and the need for expertise in that field, as well as the variety of jobs available. Many positions do not require a very extensive education,

preferring instead that an engineer have as much experience as possible. Although you may decide to return to school at a later time in order to further your degree, it is not a guarantee that a company will allow an employee to take that much time off.

Q: What is the starting salary for a new engineer?

A: Every company, large and small, has its own pay scale but on average, \$40,000 is not unusual.

Q: Can I switch Engineering disciplines if I decide I don't like the one I'm in?

A: There is quite a variety within each discipline so the choices are there. However, it isn't recommended that you switch outside your discipline, from civil to

electrical, for example. [Not unless you want to spend a lot more time in school.]

Q: What are the work weeks like?

A: It is important for a new engineer to gain experience and meet as many people as possible when first starting out. So, hard work and long hours are common in the beginning of your career. Eventually, the amount of hours you decide to spend at the office will become your choice, especially if you want to spend time with your spouse and children. But in the end, the needs of the client may dictate your schedule, and if they want you to work only at night on a project, you may have to consider doing just that.

Q: What is the difference between working with a

large firm and a small one?

A: A small firm can offer a client a lower priced bid, since they do not have the costs of their larger counterparts, and may end up with more contracts. And since there are fewer individuals within a small firm, each engineer will certainly build up experience in multiple roles. A large firm has a wider amount of jobs in which to work though, and there are more opportunities to travel.

Q: Can I work for free, just to gain experience?

A: The short answer is no. Most firms consider it good business practice to pay a wage to all employees, even those who are working there on a part time or short term basis. However, it is not unusual for a student to job shadow for a couple of

weeks, in order to see what an engineering company does. Do not expect to go onto a job site during this brief time though since there would be concerns for the company, among which is insurance coverage.

Q: What can I do to present myself as a better engineer in the job market?

A: Good grades are essential. However, beyond the actual occupation, it is important to be able to communicate and develop an understanding of management structure. It is essential to be able to express your ideas and directions clearly and professionally all the time. You may be a good engineer, but if you send a poorly worded e-mail to a client without proof-reading it, you cannot call it back.

The Biology Society

by Ryan Johnstone

What is a society? The dictionary defines it as: "A group of humans broadly distinguished from other groups by mutual interests, participation in characteristic relationships, shared institutions, and a common culture" (www.dictionary.com). Societies on campus provide an atmosphere where people sharing similar interests can come together to exchange knowledge, make connections and have fun. The SMU Biology society provides an opportunity for students in the discipline to find their "niche" in today's academic maze. This year the society's executives are April Feswick, President, Jackie Flemming, Vice President, Ryan Johnstone, Treasurer, Christine Herman, Secretary, and Joey Bowden as Public Relations Chair. Each member has brought exciting new ideas and opportunities to the table and collectively we have put together many new events such as hikes to Cape Split in the fall, a trip to Margaree, Cape Breton and rock climbing. As well, the old traditions have been kept in place with the traditional Pub Crawls, as recent as January 25th and monthly pool nights at Doolys. Some of the upcoming events that the society is planning are Pool night, on Wednesday, February 6th; glow in the dark

Mini Putt at the Putting Edge on Friday February 8th; a Ski and Snowboarding trip to Wentworth during the break, and rock climbing in March. All of these events are open to all society and non-society members alike as well as faculty members and lab assistants of Biology.

Being in the Biology society also has many academic advantages, particularly for the younger students. If you are taking a science course at SMU, chances are that someone in the society has taken it before you and will be able to offer valuable knowledge about that subject and often times one on one tutoring. How many times have you been taking a course and you had no idea what to expect on tests or for assignments and wished that you had a little guidance, or when were contemplating taking a certain biology course but couldn't decide whether it would be worth your while. Well, we're here to help with all of those decisions.

The biology program at Saint Mary's has a personality all of its own, with friendly professors and lab assistants who enjoy what they do and care about the students. Then there're the students who even after going to four and five labs a week are "usually" in great spirits and raring to go on the weekends. Many of these qualities wouldn't be present in programs at larger

faculties and schools.

Have any friends in other scientific disciplines? We do. That's because many of the events that take place through the society involve members of the other scientific societies, such as Chemistry, Environmental Science, Geology, Forensics, Geography and more. Throughout the year us biologists like to show our competitive edge when it comes to intramural sporting events against other society teams. The connections we've made with members from other societies allows us to further strengthen our scientific knowledge through collaboration and provides us with insight into what is going on in their part of the scientific community. Many of these budding partnerships will hopefully extend into the future, potentially influencing careers and friendships. New members to the society this year have shown a lot of promise and initiative in regards to society function and performance. Hopefully this will continue into the next few years as the executive positions will change and members come and go.

Ever wondered where your degree from SMU will take you in life? Here's a start. Being in an academic society will, for many of you, provide career options that otherwise may not have been available. Recently members from our society have been attending

seminars put on by several employers looking to match enthusiastic science students with exciting jobs in their field of study. Many of these jobs are available through the government as summer work terms and others from large established companies. Both scenarios offer SMU students the chance to apply their knowledge in the working world and acquire excellent credentials for future jobs.

As a third year student here at SMU, I have experienced many aspects of university life. Looking back, my decision to join the biology society in my first year has played an important part in many of the great friends I have made and my academic success as a student. For any of you who are not presently part of a society I suggest that you find one of interest on campus and sign yourself on. Not only will it give you an academic edge over the competition it will hopefully become an integral part of your memories here at Saint Mary's for years to come.

The society has attained an office this year in the Student Centre (#514) that has become a huge asset. We have collected many biological articles of interest that are kept in the office and available to students, including recent newspaper clippings, scientific journals and magazines. As well we have been able to maintain an archive of textbooks used in

previous biology courses that are always available to students in search of answers or knowledge.

What's in the future for the Biology society? Well, keep your eyes peeled for us on and of campus. Remember, you don't have to be a biology student to be part of the society, you can simply have an interest in biology, enjoy some of our annual events or simply want to make connections. We are always looking for new members and would be happy to hear from anyone interested. All the best to you from everyone at the SMU Biology Society.

The biology society can be reached at: smubiosociety@hotmail.com or call 496 - 8262 or stop by the office student centre #514 at any time. (Office hours are posted).

Look in the next Features section (after Spring Break) for a new health column from Jane Collins, nurse at Saint Mary's University health centre.

ELECTIONS

Candidates for VP Internal

Matt Cameron



Almost a year ago the executive portfolios in the SMUSA executive changed. Societies left the control of the VP Student Affairs, staff management left the VP Administration. It was then that the Vice President Internal Affairs was created, a new position dissolving the VP Student Affairs and Administration. One position for all of the internal affairs of SMUSA. Everything from helping new societies get off the ground to keeping old ones in check. From advertising and interviewing students for job openings to making the hard decisions to let go employees whom aren't performing their duties. From listening and planning events on campus to putting up with booking agents dancing around the facts. These are just examples of the sort of things that occur in the office of Internal Affairs. For the past year, for as long as the position has existed now, I have held that office. And I love it. It is an incredible position and an incredible opportunity to work with the students of this university to make an impact on student life. In the last year we've completely changed the governing rules of societies, making them easier to understand and easier to use. And it's worked. Societies are doing more, becoming even more active, and SMUSA has been able to give them more funding. In the Student Health Plan we are

working to make sure that the students won't have to pay more ever again. By looking into different brokers and different underwriters we will eliminate the unpredictability of the cost of health coverage. Frosh week this year was amazing from an organizational and a programming point of view. It set the trend for future orientation weeks while Winter Carnival made a small comeback setting the stage for a bigger revival and bigger shows. Our hiring process is constantly being examined and improved. Last year it underwent some organizational change and now its ready for an advertising change. Let's proactively tell all students about the employment opportunities with SMUSA and all over campus. On this campus I have been involved in residence as an RA, with athletics as an Intramural Coordinator, in communication as a rep for off-campus companies, in student life as a society executive, and as a student leader as your Vice President Internal Affairs. Next Monday or Tuesday, show your support and re-elect Matt Cameron to the office of internal affairs.

Jonathan Chandler



My name is Jon Chandler and I am running for Vice President of Internal Affairs of SMUSA. I have been an RA for the past two years, and Vice President of the Residence Society this year. I have been around SMU for a few years now and I believe that I will make a positive difference in student life if I am elected. I want to make students more aware of the services that SMUSA provides, the jobs available on campus, and the funds available for on and off campus events that students and societies can organize. I believe that we need more events on campus where students can meet other students so that every student has the chance to be involved. If you have any questions you would like to ask feel free to stop me when you see me. Best of luck to all the candidates running in this election.

Suzanne Fitzgerald



First of all, I would like to say "Good Luck" to all candidates campaigning in this years SMUSA election, and remind all SMU students how important your vote is on election day. The people elected into office are representing you, and your concerns, so on February 11th and 12th, cast your vote and have your voice heard. Second of all, I understand how difficult it is to know who the candidates are, what the specific executive position entails, and what each individual candidate plans to do, if elected into office. The position that I am running for is Vice-President Internal Affairs for the 2002-2003 scholastic year. This position handles the business administration of SMUSA departments such as Husky Patrol, Functions, Information desk, Gorsebrook, Marketing, advertising, and campus societies. As a twenty-four year old criminology major from St. John's, Newfoundland, I've been heavily involved in campus life for the past four years. I have been a writer and photographer for The Journal, a residence assistant, secretary and treasurer of the criminology society, a frosh facilitator, Summer Operations Manager for the Student Union Building for two years, Functions coordinator, a Gorsebrook bartender for three years, and the Gorsebrook Bar manager for over two years. My experience with the

business aspects of SMUSA affairs has been extensive, and I truly feel as though I have the knowledge and work ethic to be a worthy representative for you as Vice-President Internal Affairs. Briefly, if elected into office: I will work towards establishing a student run, used bookstore, which will not only help our pocketbook, but also create new student jobs. I will do an in-depth evaluation of all SMUSA departments to ensure that our student fees are allocated appropriately. I also don't believe students at Saint Mary's know what student jobs are available, when, and what each position entails. I will keep you informed. In order to make the SRC (Student Representative Council) more accountable to their responsibilities as your elected representatives, I would like to create another job for a SMU student as "SRC coordinator". I want to establish more society funding, and re-evaluate on-campus student services (a post office or a more efficient banking system?) See you at the walk out!

Isabelle LeVert-Chiasson



VP Internal oversees all societies on campus and is responsible for the communication of events to the student public. I believe I have the attributes and experience required for this position. I was Student Council President of my High School. I am now a member of the IDS Society and SMAC on campus. In 2000, I participated in two community development work projects through a seven-month Canada World Youth Exchange Program in Quebec and Brazil. I am now in my second-year at SMU in IDS and I work part-time at the TESL Centre as a Cultural Assistant with International Students. Therefore I am very familiar with faculty members on SMU campus. I continue to be an active member in my community with off-campus volunteering, and wish to bring about more of these opportunities to Saint Mary's students on campus. My five primary objectives, if elected, are as follows; 1) To promote the International community on SMU campus. Saint Mary's prides itself on having a global representation of students, and this should be promoted in all faculties and events, to allow cross-cultural exchanges. 2) To improve the networking between societies. I wish to create a focus-group inviting a representative of every society to meet on a monthly basis in order to give each other updates of current activities and to support each other on various projects. By increasing communication between SMUSA and all societies, we will be able to better plan activities and to avoid organizing numerous events on the same date. 3) To build awareness among the student population of what's happening on campus. I will do this by becoming a liaison between SMUSA and The Journal to list a

monthly-calendar of events that will occur. 4) To become a progressive voice of change on campus by listening to student concerns and addressing these issues. I wish to initiate new projects on campus, such as the possibility to reviving the SMU radio station and looking into starting a food co-op on campus. 5) To increase accessibility and information of SMUSA's activities. I will achieve this by campaigning not only this week, but all year long to keep in constant contact with the student population and by updating the SMUSA webpage to all make all meeting-minutes and decisions taken public.

LEANNE WHITE (PHOTO AND WRITE UP NOT AVAILABLE)

Candidates for VP Academic



Jonathan Kincade

Hi everyone, my name is Jon Kincade, I'm a third year Marketing and Psychology student and I want to be your next V.P. Academic. In my time here at SMU I've been a R.A, led campus tours, helped with countless events on campus and am currently your Commerce Rep. on student council. In this position, I have focused most of my time taking an interest in the academics of university life. I sit on the University's Quality Of Teaching Committee, which meets several times per semester, and has created the Plagiarism Task Force, which has the task of reporting to the university about the growing issue of academic dishonesty. I am fortunate enough to be a part of not only these committees, but also the Academic Senate Student Caucus. This caucus consists of several student reps, executives and the Registrar. So far we've looked at issues such as academic advising (or the lack thereof), the way we evaluate our courses &

ELECTIONS

professors, and the quality of student academics in general. V.P. Academic is not a glorious & glamorous position. There's no media to talk to, no bands to promote, no governments to yell at. It's a job where I'm going to sit down, talk to YOU about YOUR concerns and bring it to the University. I doubt many people get excited about SMU being considered a national leader in the "War On Plagiarism" and that's acceptable. What's not acceptable is having anyone in office that's less than 100% committed to the cause they are pursuing. I'm not going to stage myself on a platform of empty promises because I have enough experience with how things work around here to know that the attainability of perfection isn't what matters, merely the pursuit thereof. Let me get better course evaluations. Let me set up a Center for Academic Advising. Let me give input on a Writing Center to enrich the quality of your paper writing skills. Let me create a student handbook of rights for you. We can do so many things to make SMU a better academic institution, and you'll reap the rewards of our hard work when you graduate with a degree from a school of such pristine standing that employers come looking for YOU! On February 11th or 12th vote responsibly, and vote JON KINCADE as V.P. Academic.*P.S: I have plagiarized in this article, can you spot it??

Cecilia Matthews

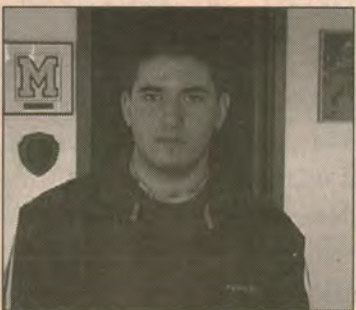


Upon my arrival at Saint Mary's four years ago, I almost immediately fell in love with this place. The warm and inviting nature of the Saint Mary's family propelled me to become more involved, not only in my academics, but also in the wild spirit of the student body. I have been a frosh leader for two years and a facilitator for one. I have also worked for SMUSA for two consecutive years as a Husky Patrol driver, and this year I am holding that job along with that of Editor-in-Chief of The Journal. On top of these jobs, I am also taking a full course load, working yet another job as a S.P.A.R.K. writer for the university, and I volunteer at a local high school teaching biology one afternoon of the week. The amount of work I have challenged myself with this year has made me more efficient than ever. The reason I am striving to attain the position of Vice President Academic is because I would like to increase the communication between the faculty and the students. I would also like to see stricter professor and course evaluations-it is our money, so I think we should be critically evaluating our courses and the effectiveness of our professors as educators. Tied into this is also the fact that, at present we lack precisely outlined procedures for appealing grades. I am a dedicated and hard-working individual, who is willing to

learn. In closing, I would like to wish the best of luck to all the other candidates-I am gladly amazed by such a high turn-out for the election. I would also to sincerely thank you for taking the time and having the interest to read the bios about the candidates. Although the information provided is limited, I hope these bios help you in making an educated choice when casting your vote February 11th and 12th. Hope to see you all out in SMU attire fighting for the tuition freeze Wednesday.

Lee Whitmore (no photo available)

Fellow students. Please let me tell you why you should vote Lee Whitmore for SMUSA V.P. Academic. First, I have the experience. I have sat on several academic councils since my first year of university. I also have been able to bring academic matters to the attention of the SMU V.P. Academic (Dr. T. Murphy) as well as the Registrar (Dr. E. Chard) and different program directors and deans. As the SMUSA V.P. Academic I would be able to build upon these already established relationships in order to serve you better. I also believe it is important that your elected student officials make themselves available to you. Thus, I will adhere to an open door policy when elected. Throughout the duration of my term I will be responsive to the student needs. Accountability is also important. I will take of the trust you place in me with the utmost care. I will strive to ensure your concerns are dealt with in a fair and timely manner. One of my big issues is the lack of a reliable course evaluation project. I believe that you deserve to know the results of these surveys. You are paying for a service from the university by being students and you need a mechanism by which to know if you are being served at the highest level from SMU. I will work to not only revamp the course evaluation process to better reflect your needs as well as creating a means through which students can view results in order to make informed course selection choices. I can make the GRADE for you. I'm a Go-getter, Responsive to your needs, Accountable to you the students, Dedicated to the position and have the Experience which is vital for the success of this position. Support me by voting and then I can support you by putting all of those skills to use for your well-being. I'm an approachable person. If you see me in the halls, let me know your concerns. I welcome the chance to answer your questions. And remember, on February 11th & 12th, Vote Lee Whitmore, V.P. Academic. Thanks!



Anthony Wood

Hi, my name is Tony Wood and I am a candidate for the VP Academic position in the SMUSA executive. I am a third year English major and a native of Amherst, NS. In the past two years I have enjoyed employment with the SMU residence department. I have also been active as president/vice president of the Residence Society here at SMU. I feel that there is a lot of potential in the VP Academic position. As a new position it has made great progress this year and I believe that I could help bring it to the next level. It is a very demanding position, but if you, the student, hire me as your voice I promise you will not be disappointed. Students need to know they have someone to turn to when they have academic problems and there are different methods to solve them. SMUSA is a great association and offers a lot to the students of SMU. I wish all of the other candidates good luck and hope to be working for you next year.

Candidates for VP External

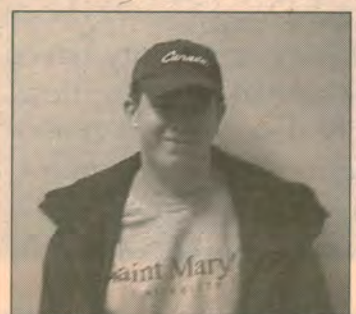
Tyler McLeod



I'd like to say thank-you to everyone for reading all the information on your SMUSA candidates. There are a lot of us, so if you are still reading now it truly shows your interest in this school and in the students that work for you. I'm a third year Arts and Commerce student here at Saint Mary's. I have lived in residence for three years, the last two of which I have been a Residence Assistant. In addition, I have been involved in other residence activities from Battle of the Floors to the annual Loyola/Rice Hockey Challenge. I am also the Director of Special Events for the Saint Mary's University Commerce Society, and I am a member of the B.Comm. Council. I am seeking election to the position of Vice President External Affairs. This position and the issues surrounding it are of increasing importance. On Wednesday, students will march to voice their concerns about the ever-rising cost of post-secondary education. It is great to see this event taking place, especially with the amount of support and organization behind it. I'll be there as a student and also as a V.P. External hopeful, who would like to hear from other students, what they expect from a person in the External Affairs position. The amount of planning and organization that goes into this rally, and number of participants illustrate the fact that the fight to increase government's financial support of post-secondary education is not a job for one person. In the position of V.P. External, I

will work with provincial and federal lobby groups - CASA, NSSAC, CFS, and the students, to keep this issue at the forefront. I am just one person among many that are concerned, but I promise to be one of the hardest working. I will work to be more effective as a liaison between students, government and lobby groups. We need two-way communication. I will speak to the students through Journal articles and posters, and I'd like to hear from students, whether formally, in a revived external affairs committee, or informally. I also want to work to keep SMU students' image positive in the community. There is no lack of willing people to work in the community for the right causes, we just need one person to organize it. That person is me. Vote on February 11 & 12th and make your voice heard.

Jason Penney



Hello everyone, I'm Jason Penney. I am running for the position of Vice President External Affairs. I am a third year student currently enrolled in the Bachelor of Commerce program with a double major in Human Resource Management and Finance. I hail from Reserve Mines, Nova Scotia. I feel I would make a great Vice President External Affairs as I have gained a great deal of organizational experience working as a supervisor for Ben's Bakery Ltd. In the past I have also been a frosh leader, volunteered for orientation day, as well as other events. Most recently I have volunteered for the student loan remission program, as you may have seen the posters around the campus. **Goals:** 1) To work closer with the current coalition groups to synchronize their objectives to achieve common goals. 2) To lobby government at the provincial level to reestablish the loan remission program. Most of you may have noticed the posters on the bulletin boards around campus highlighting the extensive debt that NS students are incurring to further their education. Reestablishing the loan remission program would enable the students to better cope with the heavy burden of this debt. 3) We all know that tuition fees are outrageous. I propose that we continue to lobby government, encouraging them to increase funding for the universities. By increasing the proportion of education costs funded by government the burden upon

students to cover these costs will be lessened. 4) To deal with the housing shortage in the Metro area because as students we need reasonable housing. I feel I would make a great addition to the SMUSA Executive. After listening to my proposals, I hope you feel the same way. I would like to encourage all of you to vote on February 11th and 12th. And when your checking off your choices, remember PENNEY for VP External.

ELECTIONS

Candidates for President

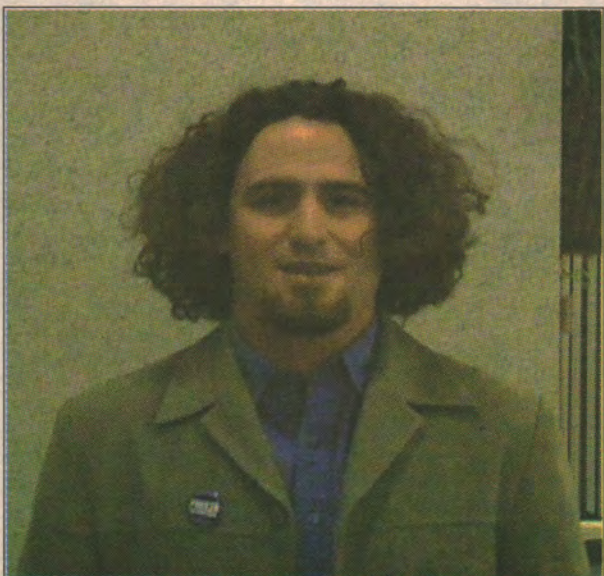
Paul Deveau



My name is Paul Deveau and I'm running for President of SMUSA, but I have to warn you, I'm not a politician. Politicians are stereotypically known for lying, cheating, stealing, and abusing power. On a more relative level, student politicians are known for making idle promises, doing anything to get your vote, and banking on popularity to coast into office. I want you to know that I don't consider myself in that category, and I'll prove to you why. I first started at Saint Mary's in 1998, and have been involved to the fullest extent ever since. I became a member and executive of student societies, I organized and gave campus tours, I worked in the Library, drove and managed Husky Patrol, and you couldn't keep me away from volunteering with Frosh Week. Last year, I took my involvement to the next level, and won the election to serve you as this year's Vice President Academic. Why have I done all this? Because I love it with a passion and can't imagine my life at SMU without being involved. I want to continue as next year's President because I've played an active role in so much of the hard work SMUSA's been doing this year, and want to make sure that it is continued, strengthened, and built upon. I know that as President, I can ensure a greater amount and higher quality of space in the Student Centre for students to use. I know that through the Academic Senate, I can make scholarships and bursaries available to students taking between

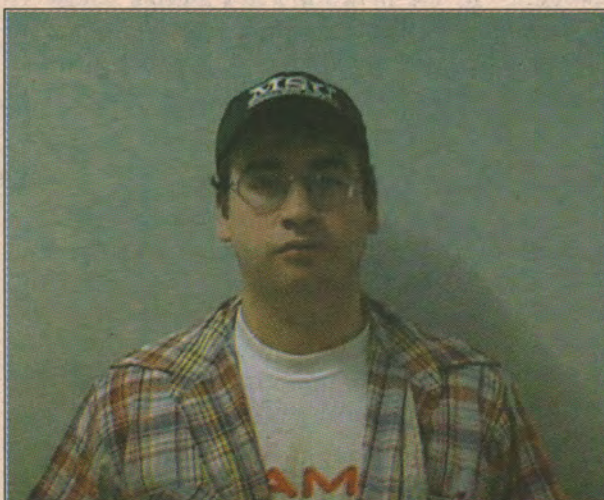
three-five credits (who are currently excluded). After having worked this year with other student councils across the country, I plan to develop a university-wide recognized Charter of Student Rights, informing all students of the freedoms they are entitled to, and what responsibilities they need to be aware of. But another thing I know, is that it doesn't just take a President to make these things happen, it takes the work of all the Executive and the many members of the team that make up SMUSA, and I intend to provide the leadership and direction needed to make the most effective and successful team possible. So please, don't vote for a politician, but the make the choice to elect the best person for the job. Give me the chance and you'll see that I won't let you down.

Cory Hass



For those of you that don't know me, my name is Cory Hass and I am running for President. I am a fifth year arts major here at Saint Mary's, majoring in Psychology and English. I have worked for SMUSA for four years now, for liquor functions, manager of functions, pub cleaner and my current position I hold is as a bartender. I am a hard working individual that has the student's best interest as a priority. As president I will see to it that students are better informed of what goes on around this campus, everything from, athletic competitions and society involvement, to job opportunities and upcoming conferences that could be beneficial to your future. With the work of a good executive staff and the efforts of a more structured Student Representative Council, this University can be run with everyone getting their say. For many years, Saint Mary's University Executive have gone about their business, without ever showing us, the students, where our money is actually going. As president, I will see to it that all this university expenses, will be accessible to every student, so you can take an active role in any concerns you have with your tuition. This is your school and I want to work for you, So on Monday and Tuesday get out and voice your opinion and vote. If you have any questions I'll be around campus all week. Hope to see you all out on Wednesday. I would like to take this opportunity to wish everyone running in this upcoming election Best of Luck!

Zachary Morin



Dear Students of Saint Mary's University,

Politics is a bunch of crap. And anyone running for office, spouting out all the things you want to hear, is only reinforcing that issue. I don't want to be one of those candidates who tells you "I promise to lower tuition prices", when they end up rising. I am not going to promise anything, because I can't, except that I will do my best.

When I first came to Saint Mary's, I had no idea what it was like to be in university, never mind be a student. Now I realize this isn't a game; the responsibilities are real, the obligations are real, and the relationships are real. Everyone in this university deserves to live this experience to the fullest, and make the most of university's opportunity. Article 2, Section 4, of the SMUSA constitution says that "the purpose of the Association shall be to improve the quality of student life for the students of Saint Mary's University". This is what I want to do as your president.

PUT THE POWER BACK IN YOUR HANDS.

Vote Zach

ELECTIONS

Candidates for President

continued from page 10



Chakib Najm

Hello, my name is Chakib Najm, some of you might know me as Chuck. I am running for president of the Saint Mary's University Student's Association, and before I tell you why I am the best person for the job, I'd like to tell you about myself. Four years ago I moved from Ontario in search of a University that would best suit my academic and extra-curricular needs. Although I investigated all of the possibilities in the Atlantic provinces and although I was offered scholarships to other schools, my final decision was to attend Saint Mary's University. I fell in love with the campus and the student lifestyle. I have now been a part of the Saint Mary's family for four years, and by being a part of this family have met friends and made memories that will stay with me for life. I began in Arts and eventually discovered that my passion was Commerce, particularly Finance. That discovery led me to my work with The Journal, and for the last year and a half I have been the Accountant. I have now also taken on the responsibility of being the Business Manager, and for the last year have been a member of The Journal Board of Directors and the Human Resources department. For four years I have been a member of the football team, and have efficiently managed to excel in that and still offer myself 100% to study, The Journal, work outside of school (need to pay the bills) and the Saint Mary's community. All of this has given me the base I need to excel as President of the Student's Association.

My work habits are engrained in my personality and once I commit to a job, my presence is felt. Some of my main focuses are internal aspects of the organization, and I want to make student living better. I understand that student life is not always all on campus, and I think that should be taken into consideration. I think we need to focus on many things outside of SMUSA as well, including the current book exchange program, keeping in mind that we are students and most of us are not made of money. The motto of the Student's Association is "Students Working for Students" and I believe in that 100%-I would also like to add that we should be working for the students of today, but doing something for the students of tomorrow as well. "Students of Today for Students of Tomorrow."

Robert Parker

My name is Rob Parker and I am a third year arts student. I will not bore you with the details of my political experience, but suffice it to say that it is more extensive and comprehensive than being a R.A. or a Frosh leader. I am running on a platform of openness, accountability and democracy. These elements are currently not part of the decision making process at Saint Mary's. Students need to be provided a voice in how life unfolds at this university. The student union could be a vehicle for these changes, but it is failing students under it's current leadership and format. Decisions are handed down to students reducing us to the role of passive observers - silent and tamed. I want to turn the student elections into more than the usual popularity contest that it would be without my candidacy. I actually have a platform and ideas. If you are tired of the Mickey Mouse representation traditionally provided by SMUSA and the big fat pay raise they voted themselves last year than you shouldn't vote the same people into office.

MY PLATFORM:

-All corporate "partnerships" must be made open to students so that WE can make informed decisions about our future.

-All students and student groups (such as the Commerce Society) will be allowed to compete for services currently contracted to outside corporations in an open and fair process.

-A student operated book exchange will be set up, by SMUSA, so that we will no longer be extorted by the bookstore monopoly.

-All private businesses operating at Saint Mary's will face a yearly review where they must demonstrate that their presence benefits the students of this school.

-The journal will do more than flog products. It will be mandated to inform students of all SMUSA and administration decisions. It will speak to issues that are important and affect our lives. Different perspectives on Globalization and the "War on Terrorism" will be welcomed and encouraged to raise political awareness at this school.

-A referendum will be held to determine if students wish to continue to be represented by the Canadian Federation of Students.

Students who believe in an Open, Accountable, and Democratic Saint Mary's should vote Rob Parker for president.



Chad Schofield

My name is Chad Schofield and I'm running for President. Since coming to SMU I have had the privilege of being involved in many activities on campus. I have been a Residence Assistant and have also served as Residence Representative at SMUSA. Currently I'm leading a project to revive our old radio station, CFSM, as an internet broadcaster. This week's Journal comes out during the "Day Of Action" march to Province House. I support the 'Day Of Action', but what about the other 364 days? SMUSA is a member of the Canadian Alliance of Students' Associations (CASA), a national lobby group that lobbies the federal government on student issues every day! SMUSA's involvement in CASA has made us one of the most respected universities in the country on national issues. As President I want to continue this tradition because our issues are important and our voices need to be heard! On campus, I want to improve awareness of the Students' Association and the work done on behalf of students every day. Some people wonder if SMUSA has any real influence or if it is more symbolic like some High School Councils. Since serving as an elected member I can definitely say Yes, we do have the power to make real change! While the university administration and SMUSA may look at issues from different perspectives, the end goal of both is the same, to make SMU one of the best Universities in the country! By showing students what SMUSA does and getting more people involved, we can be more effective in reaching this goal. Next year I want to see SMUSA take a more

active role in getting information out to students. Working with the VP Internal Affairs I want to create a central listing for students, societies and others to find out what's going on at SMU. Imagine being able to look at the SMUSA Board in Loyola or at SMUSA's website and seeing what's going on in the next few days, or even few months. A strong voice in external affairs combined with a renewed focus on internal affairs and issues, this is my vision for SMUSA next year. On February 11th and 12th Vote Chad Schofield for President!



FIEDS

Andy MacDo,
Missin' you.
Still anticipating seeing you

Scalzone,
With us shaping the future,
all one can expect is Utopia
Spaz

Duncan,
What if you swerved to miss a moose...?
Peachez

Cmac,
Good to see you out of the hospital and back where you belong
1380 Boyz

Gonzo,
Gotta love them Russians.
Notorious

Danny Mac
We're turning your room into a harem
1380 Boyz

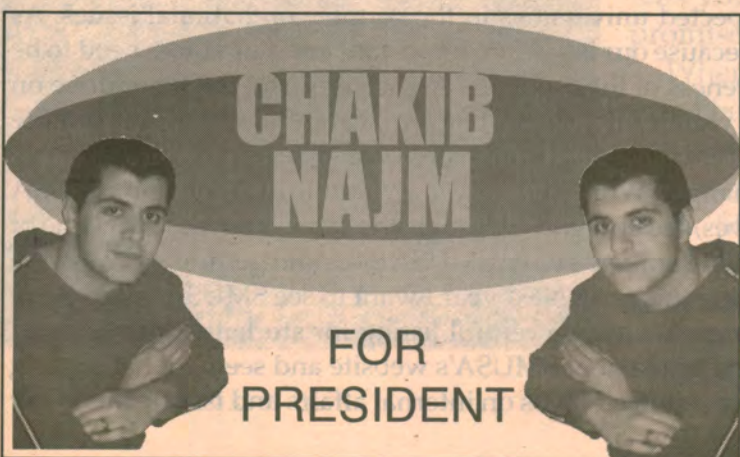
Tiffa,
I'll only ask if you will answer.
Puddin

Gimpy-girl,
Be more careful-those snow banks can come out of nowhere!
Mary jane

Frank Castle,
We both may be vigilantes, but at least I can spell.
Spider-Man

Pinky P,
Yummy, Sicko, Isn't it ironic?
Dinky D

Candidates,
I wish you all the best of luck with this very rough week.



Campbell
Shane,
Next time don't wake me up so early! You big Whan! Whan!

Spaz
Cee,
I MISS YOU! I'll be around more often.

Clark,
The Rams Suck! The Rams Suck! And so do you for picking them. HAAAAHA

Wayne and Spaz's Patriots

Snaps,
Made it back in one piece.
Green Shirt

Laura,
Thanks for worrying.
PUDDIN

Ched,
Just a memo to let you know how well I thought our production meeting went. Have your people call my people, we should do lunch Wednesday.
Pep

Cee,
Those "special times" in your office are always fun.
NOT PUDDIN

Dinky D,
I wasn't "TRYING" to kill you in Montreal. Sorry, "We'll make it better".
Pinky P

Starr,
Thanks for the party-and happy belated birthday!

In need of medication

XFL and Interac,
Missed a good "Quick" trip from Hali-hood 2 T-Dot. Weeps!!

Notorious
Sleepy Bear,
What's on the cutting block this week? Thanks for watching me speak

Greenpeace,
You could of studied the LSAT on the drive.
Notorious and Gonzo

Derek,
Happy Birthday!
The Crew

kat,
moncton for spring break or what???

stine,
please dont allow me to drink rum & cokes and eat tacos again..... the garbage can will never be the same
tiffa

jaclyn,
as the song goes.. why do good girls like bad boys? like beware of someone.. and it aint the " bad one"
tiffy

eve,
boob grabbing, ass showing, midriff-baring and too many drinks = my pics of the pub crawl.
TiFFanY

Boobs,

Try not to drink that much next time, we don't need you sitting on the freezing steps with the possibility of sicknedd again this week.

No Boobs

Heather and Terri,
Thanks for the bed Friday!!!! and the Skip Bo and KD of course!
Chrisitne

Frat Boy,
I know what you did on Saturday night!
Your hero

Pool Players,
Come get your a\$\$ whooped Wed at 8pm at Dooly's Barrington.
Bio Society

Juliette,
Get out of bed. What about German?
Cis

Rich,
If you need us, call.
Journal Friends

March,
Due to lack of fieds, this one's for you.
JE

Arbuckle,
Thanks for the roasty-toasty accomadations. I really appreciate it.
Sickie

Danny,
Spring Break= t-8 days. Ahhhhhhh!
Time to Celebrate

Peter,
Admit that I am your hero.

i know you want to!
Your hero

Joey,
Glad to hear you have a date. Now maybe you'll leave Ryan alone.
El Presidente

To the ushers,
Huge Nascar party coming up! Please keep your underwear on.
Your hero who hates tighty-whities

Tiffa,
Thanks for the phone! it vibrates you know! Wink Wink, nudge nudge!
Eve

Kat,
Stop drinkin' at JJ's??? I don't believe you! See you there next week!
Christine

Tiffa,
the rulez part 3
1) Don't drink so much!
2) Don't get sick!
3) NO _____ boys!
Christine

SPRING BREAK PARTY TRIPS!
More than 14,000 booked already!

Daytona Beach from \$179

- 6 nights beach front hotel
- Optional bus transportation
- Pool parties and club events

Quebec from \$199
Ski/Snowboard Trip!

- Roundtrip bus transportation
- 3 nights accommodation
- Optional skiing/boarding at Mont Sainte Anne

To book, contact:

breakawayCOORS
905.501.9774 or 1.800.465.4257
www.breakawaytours.com
One trip \$242797. Prices will vary depending on departure point. Show prices based on max occupancy. Call for hotel options.

SUMMER IN MAINE

Male/female instructors needed: Tennis, Swim, Land Sports, Canoe, Kayak, Sail, Water-ski, Outdoor Living, Rocks Ropes, Arts, Theatre and Riding. Picturesque locations, exceptional facilities. June to August. Residential. Apply on line or call.

TRIPPLAKE CAMP
for Girls:
1-800-997-4347
www.triplakecamp.com

CAMP TAKAJO
for Boys:
1-800-250-8252
www.camptakajo.com

FLAGS
\$30 POSTPAID

3, X 5, 100% Polyester
COUNTRY, PROVINCE, PIRATE, CHE, PRIDE.

CHEQUE/MONEY ORDER TO
M. FELLOWS
1819-411 DUPLEX AVENUE
TORONTO ONTARIO
M4R 1V2
michaelf@interlog.com

WHOLESALE AVAILABLE

FLEECE VEST OR JACKET

With Your Initials or School Logo Embroidered

Maritime Campus Store
6238 Quinpool Rd., Halifax
423-6523

CROSSWORD

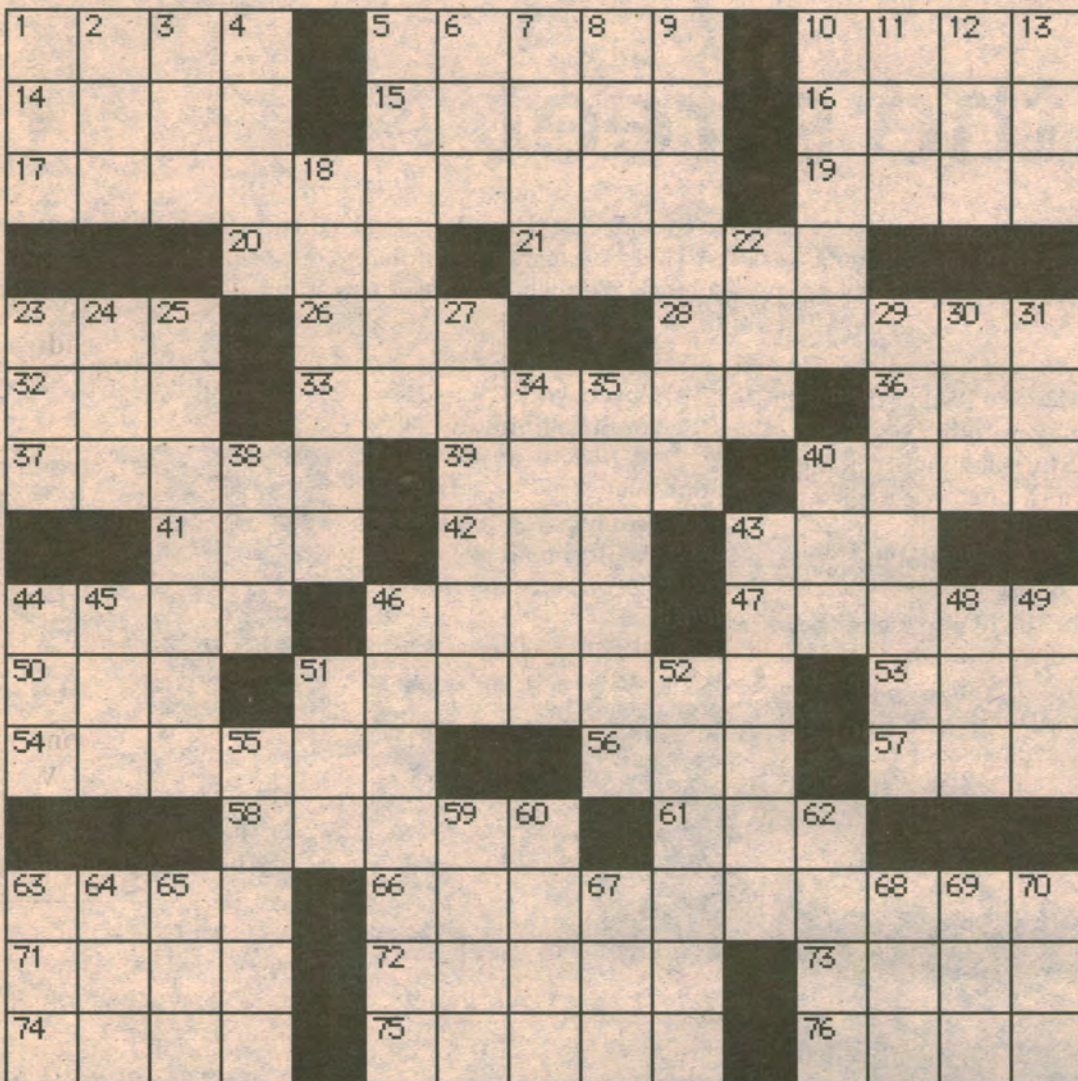
The Journal • February 6, 2002 • 13

created by Kevin Smith
edited by his Mom and Dad

Across

- 1 Eye or whip
- 5 Director Frank
- 10 Give birth, to Silver
- 14 Pertaining
- 15 Mountain nymph
- 16 Singer Brickell
- 17 Trident, for one
- 19 Prefix meaning 12 down
- 20 The follower in novels
- 21 Some undergarments
- 23 Circle part
- 26 Boot section
- 28 Daily allowance
- 32 Milne tot
- 33 Ottoman and others
- 36 Sackville H.S. rival
- 37 Underage
- 39 A real individual
- 40 Ripley's host Cain
- 41 Catch some rays
- 42 Upper limit
- 43 Massage
- 44 Sonny's ex
- 46 "It can't be!"
- 47 To come
- 50 Anti
- 51 Like Scrooge
- 53 Dark bread
- 54 Not wholesale
- 56 Overly
- 57 US Army rank
- 58 Use the door
- 61 Card game
- 63 Rabbit or Fox
- 66 Putting the kibosh on
- 71 Songstress Braxton
- 72 Uses brads
- 73 Golf bag find
- 74 Orchestra member
- 75 Aussie singer Minogue
- 76 Home of Lima

- 3 Mary, in Marseilles
- 4 Former NS Lieutenant Governor
- 5 Modern protection
- 6 S. American country
- 7 Cribbage needs
- 8 Late Actor Julia
- 9 Secret person
- 10 Celebratory dinner
- 11 Lyrical tribute
- 12 See 19 across
- 13 Summer child
- 18 Young doctors
- 22 Country dads
- 23 Branch
- 24 Louis XIV, for one
- 25 Web page info
- 27 Significant periods
- 29 The Titanic's downfall
- 30 Greek cheer
- 31 One of the Bobbsey's
- 34 Senseless
- 35 Manager's request, for the morning
- 38 Canoe equipment
- 40 "No kidding!"
- 43 Some synthetics
- 44 "Down on the Corner" grp.
- 45 Weeder's need
- 46 Furnace adjunct
- 48 Yes, captain
- 49 Study
- 51 Hr. component
- 52 Thelma's partner
- 55 Lofty nest
- 59 Online bidder's site
- 60 Stir up
- 62 T.O. resident's insurance
- 63 "You Ain't Seen Nothing Yet" grp.
- 64 Mug
- 65 Producer Brian
- 67 Numbers following XLIX
- 68 Wrath
- 69 Neither's pal
- 70 African antelope



Last week's winner is Karen Smith. This week's prize is some cds. Drop off your completed puzzle to the Journal Office, 5th floor of the Student Centre.

Name: _____

Student ID: _____

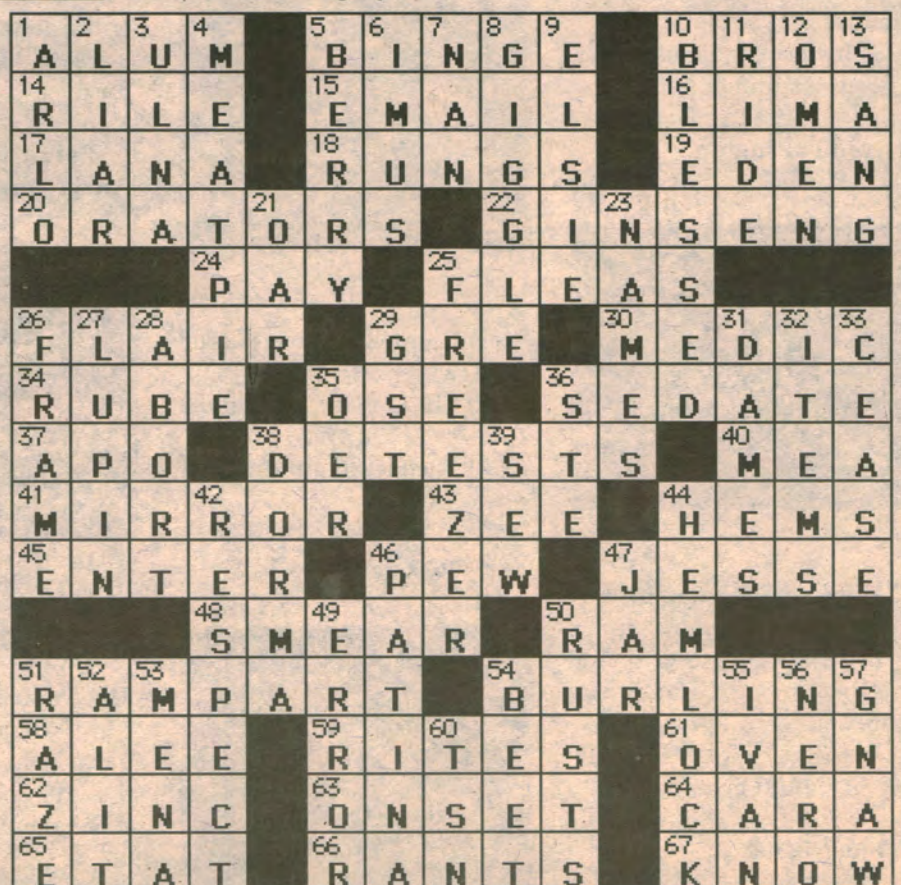
Email / phone number _____

Down

- 1 Kipawa, for one
- 2 Shade of grey

Cryptoquote by Dan Woods

" EUB SBPE TQ XAQB AP
MTIFBNPREATI, RIG EUB
DNBREBPE PCMMBPP AP
MTIQAGBIMB, TN WBNQBME
CIGBNPERIGAID SBEZBBI
PAIMBNB WBTWXB".
- NRXWU ZRXGT BKBNPTI



Last week's answer:
" Chaos in the midst of chaos isn't funny but chaos in the midst of order is".
- Steve Martin

ARTS & ENTERTAINMENT

14 • February 6, 2002 • The Journal

Speedbag on the street

What better place to track students down and ask them questions than the pub? It's a lot easier to convince people to let me take their pictures and have them answer a question honestly when they're a bit intoxicated. So I decided to actually do some work last Thursday night. I ventured to our beloved Goresbrook and rather than a pitcher in my hand, I held a camera. Just a note about the pictures as well, they may be all fucked up when the issue comes out. It seems as if the digi-cam doesn't enjoy the pub as much as I do.

The questions:

- 1) How often do you come to the pub?
- 2) What do you like about the pub?
- 3) What don't you like about the pub?
- 4) Can you lick your own elbow? (see photos)

Katie Murphy



- 1) I come every Thursday.
- 2) I love dancing.
- 3) I don't like all the creepy guys.

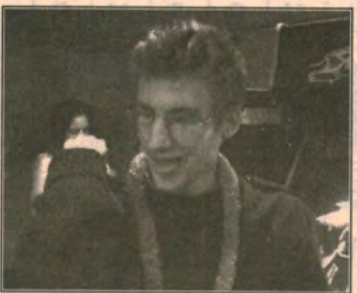
Micheal Taboski



- 1) When I was a student, every Thursday. Now that I'm not a student, every third week if I can and then I suffer through the Friday.

- 2) Girls, beer, and good friends.
- 3) It's not big enough and it needs a summer patio.

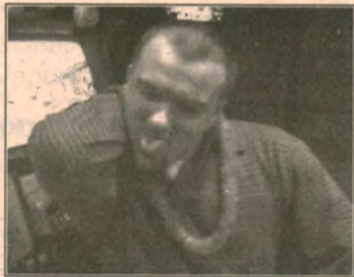
Neil Partington



- 1) Every Thursday for the Heineken.
- 2) I like all the G's, my cousin Snyder, and gold chains.
- 3) I don't like "Golf Tee '99". It should be updated.

Steve Lane

- 1) Every second Thursday.



- 2) The atmosphere and the people.
- 3) It's too small, not enough people.

Gavin Beck



- 1) Every second or third Thursday.
- 2) Drinking with friends and the music.
- 3) The bar lines are way too long.

Jonathan Kincade



- 1) I come here two to four times a week.
- 2) Good beer and good times.
- 3) The fact that it closes at one o'clock.

Jason Ellsworth



- 1) I come every day to see Vicki / Day in, day out.
- 2) I love the atmosphere / The DotZco-fiasco.
- 3) No complaints. The girls bathroom could be fixed though, only two stalls work / The damn strippers.

- 1) Every Wednesday night and every other day, except for Thursday night. Tonight it was a rare occasion for me to be here.

- 2) The skin, not the ladies, the SKIN!

- 3) The high price for beer, it doesn't match the Grawood.

- 4) Of course I can, even though it is impossible. Look ladies I have a long tongue!

Chakib Najim



- 1) I don't, not too often.
- 2) I love the people.
- 3) There isn't too much that I don't like about the pub.

Jeff Lewis



- 1) Six days a week.
- 2) I like the relaxed easy-going atmosphere.
- 3) Nothing, I'm just too old for this.

Pam Power / Chris Anderson



- 1) I come every day to see Vicki / Day in, day out.
- 2) I love the atmosphere / The DotZco-fiasco.
- 3) No complaints. The girls bathroom could be fixed though, only two stalls work / The damn strippers.

Jenna White / Stephanie Carnell

- 1) Once a week, Thursdays / two or three times a week.

- 2) We love the friendly atmosphere.

- 3) Sometimes it gets to packed / It should be geared to all groups of people at SMU.

Sam Saltibus



- 1) Every Thursday.
- 2) The music.
- 3) All the smoke.

Quote of the Week

"You're all a bunch of fucking slaves."

- Jim Morrison

Vote Cecilia



For
Vice
President
Academic

Mistress Barbara

The Attic, February 14th

by Eric Alper

Drummy funky techno" is how Mistress Barbara describes her musical style. Mistress Barbara - and yes that is with four "s" - is dedicated to the hard-edge House and Hard Techno which is based in part to her early taste for hard music.

Originally born in Sicily, Italy, by the time she was eight Barbara called Montreal, Quebec home and where she has been ever since. Picking up some drumsticks and sitting behind a kit at 12 was her real first-hand exposure to the power music would have over her life. As she grew up in the fabulous eighties, Barbara quickly felt a connection with the hard banging styles of Classic Rock and Punk, which was the foundation of her Techno style, that has been her trademark since 1994.

By 1995, Barbara had traded in her drum kit, picked up some turntables and a mixer to hone her edgy style. In 1996 she got her first paid gig and hasn't looked back.

Taking a few years to build a following throughout Canada, she quickly built quite a reputation of being a kick-ass DJ. After proving her talents across the Mid-West, Barbara took a gig in the UK, which brought her to the immediate attention of industry veteran and luminary Carl Cox. With such a brief time behind the decks Barbara's talents rapidly expanded and she was in demand all over the world, in such eclectic outlets as Asia, Europe and South America.

After graduating from the University of Quebec, Montreal with a BA in Communications, Barbara was ready to dedicate herself full-time to her burgeoning career - and where her real education began. Sure she had bought some studio equipment while in college, but it wasn't until her post-collegiate days that her studio work became not only a passion, but also a driving force in her life. Heavily influenced by the shuffling of

Jazz and the repetitive grooves of Latin music, combined with her love of hard hitting Rock and the edge of Punk, has created a near-genius signature that can be heard not only through her original materials, but in her full tilt sets around the world.

In 1999, Barbara established Relentless Records and released her first two ep's "Endless Passion" and "Cry & Dry". In 2000, Barbara was back in the studio to produce her third single "For All There Is Left" and is working on her first mixed compilation, and her Moonshine Music debut, "Relentless Beats", dropped in February, 2001.

Barbara aims high with her new disc, Relentless Beats Vol 2 (out February, 2002) - with the intentions of running her label, producing tracks for film and video games, touring and producing killer tracks, her future success appears to be all within reach. Check out www.moonshine.com or www.relentlessmusic.com

2002 ECMA wrap-up

by Jon Bruhm

"We play rock n' roll. That's our job," said Corey Tetford of the East Coast Music Awards' Best New Group and Best Rock Group, Crush. The band's double-win at the awards show, second only to established musicians Jimmy Rankin and Bruce Guthro, proved that Crush is a force to be reckoned with. But Tetford said it best when answering a question in the media room following his first ECMA win - "The [ECMA] weekend is fun, but we go back to work on Monday."

Indeed, the conclusion of the weekend marks a return to work for musicians, conference delegates and the media alike; although in reality, Aroundhalifax.com was working throughout the weekend in order to uncover the lowdown on the festivities. Nonetheless, we had a lot of fun in the process, which made the excursion well worth the long journey (and also the lack of sleep).

Over the four days in which we were in Saint John, Jon Chaters and I schmoozed with the likes of Sam 'The Record Man' Sniderman, Muchmusic's Mike Campbell and representatives from all of the Major record labels, alongside members of some of the top Atlantic Canadian bands, such as Sloan, The Joel Plaskett Emergency, Bucket Truck and Mir.

Aroundhalifax.com also took in well over fifty musical acts: some veteran outfits, (Guthro, Kim Stockwood); up-and coming groups, (Flush, Rock Ranger); and also some

names who will surely see some more business after plenty of notable exposure throughout the weekend, (Dionisus, Ermine, Human).

The Awards show itself was a hit, featuring thousands of familiar faces, plenty of awards and pyrotechnics. However, the ECMAs were not just about the Awards Gala: Tapps Brew Pub was in a constant in a state of rock; the 72-Hour Jam saw nearly 80 acts performing around the clock; the Songwriters Circle served as a reminder that Atlantic Canadians can hold their own when it comes to composing masterpieces; the beautiful Imperial Theatre hosted the Concert Series that showcased a number of fine acts; and the Showcases gave industry personnel an FYI in regard to fifteen names who we should all be watching.

Following the impressive effort put forth by the city of Saint John, Halifax will have its hands full trying to improve the event. The Saint John Organizing Committee should be very proud of their hard work, as it will be remembered as one of the greatest conferences to date. The 2003 edition will mark the 15th anniversary of the ECMAs, and you can be sure that Aroundhalifax.com will be there, covering the event in full force again next year.

For more 2002 East Coast Music Awards coverage (including daily recaps, Instant Interviews and Artist Profiles) check out www.aroundhalifax.com.

MERRILL'S
Café & Lounge

underground open mic
at **Scoundrel's** (under Merrill's). Every Wednesday, 8pm

Hosted by:
Nicole Bennett & Rick Gautreau

You can record your live performance
to audio CD-R or CD-RW if you wish.
(Details at the bar)

new Wednesday: **group special**
Wings & Shrimp Night

Your choice of wings, shrimp and boneless wings for 30¢ each.
20 of your choice & a pitcher of draft for \$16.90

MOOSEHEAD PREMIUM DRY

5171 George St. Halifax. 425-5249

Double the power of your degree

SELL
[yourself]

the post-graduate program in **Marketing Management**

In just eight months, Humber's program in Marketing Management can turn your university degree into an effective career strategy. You'll learn what it takes to impress marketing employers, including advertising, professional selling, marketing strategy, communications, international trade, marketing research and more.

Call (416) 675-6622, ext 3207,
or e-mail madott@humberc.on.ca.

HUMBER
The Business School

www.business.humberc.on.ca

The G-Spot:

Lickin' it, twistin' it, and screamin' out loud.

by Kara Gammell
SMU_GSPOT@hotmail.com

It's been a long time coming, but this bitch is back. I had a busy week, I mended this broken heart of mine, removed the cotton blindfold that I had been wearing and I can see clearly now. And I don't mind saying, that I am lovin' what I have been seein'. I might as well run through the streets of Halifax singing "It's Raining Men" because, by God, it is. I don't know what I was thinking all these months, but I do know what I have been missing. When it rains it pours, and man - am I wet.

I have cried my few tears, dusted myself off, and climbed back on the horse of opportunity. I think it was when I realized that all year long the only thing going down at the end of the day was the sun and the only thing I had been jerking were tears. Oh, my day is coming all right - just like a college guy on a centerfold and I can't wait.

I haven't decided what it is that I want exactly; there are just too many options. One of my roommates thinks I should start hanging around the geology department and land myself an archaeologist - because she says everyone knows they're always ready to bone. Or how about a meteorologist? I have heard of great a comparison between these guys and snowstorms - I would always know when they were coming, how long they were going to last and how many inches I was going to get; honestly what more could I ask for? My other roommate thought I should be checking out the campus landscapers, because if these boys were like lawnmowers I'd be set. I mean hell, if they aren't letting me push them around, then chances are I would be riding them. Oh, so many men, so little time.

I definitely have some lost time to make up for. I had to remind myself that I am only in university. I am not looking to hire a candidate for husbandry. Hell, I am not even accepting resumes. Although I must admit that if I were conducting an interview of some type, which I'm not, I would opt for an oral. I am only in

university, this is the key. What is it they say? When in Rome, do the Romans? I don't think that's it, but it definitely works, I have to say. On that note, please disregard sad, depressed and lonely Kara of Journal Editions gone by - and look out gentlemen, because I am back in the saddle again. Yee Ha.

Q: A guy on my floor has mentioned that he read last weeks article and you mentioned the frenulum. Well, he claims that he broke his. He said it was the most painful experience of his life and I'm not gonna lie, it makes me nauseous just thinking about it. I doubt he is lying - because who the hell would make shit like this up?

A: Well, you have a good point. If he did make it up, then he is one clever young buck. According to my favorite book by Jane Pavanel, the frenulum almost always stays intact, though very rarely it can tear or bleed during poorly lubricated sex. This does not however, have anything to do with having sex for the first time. It is just an unlucky event for a guy who got lucky. I would have to say though, it must make for a good story don't you think, a bit of residence urban legend perhaps?

Q: What is the torsion of the testicles? Am I missing out on a new sex position?

A: I will warn you now - no, it is not a sexual position. It's actually not even close, so beware all you penile-sensitive readers, because it's not pretty - not pretty at all. Inside the scrotum, each testicle hangs by a cord. It can happen that the cord gets twisted, cutting off the blood supply. The pain is immediate and severe, sometimes resulting in the scrotum swelling up and turning blue. If the cord isn't untwisted the testicle will die. See a doctor immediately if you experience a sudden very sharp pain in your testicle that doesn't go away for a few minutes. Although, I wouldn't fret my pets - this is not all that common, although I must admit your disgusted and frightened

reactions are quite typical.

Q: I have been with my boyfriend for a long time and he is still virtually silent when we have sex. I have hinted around that I wish he would make more noises between the sheets. I feel that when I started doing my thing vocally that he is wondering who this porn star is in his bed. How can I figure out if it bothers him when I make so many noises and how can I get him to start?

A: I don't see how this situation could be anything other than win-win. For starters, you feel comfortable enough with your own sexuality to just let loose and express yourself vocally - secondly, you are in a stable sexual relationship. If my eyes weren't already green, they would be definitely be green with envy.

I would just come right out and say to him that it turns you on to hear that he is enjoying whatever it is that you are doing. It wouldn't hurt to ask him how it makes him feel when he hears you going off. Or when in doubt, as a last resort use a bit of

humor and make a crack like "Say my name bitch." - a la American Pie. What guy is going to turn that down? One word - none.

Q: Is it sanitary to lick the anus? If the front genitals are okay, would that mean that the back door is all right too? It just seems to be a hell of a lot dirtier back there.

A: So, basically you are asking me if it is possible to eat shit and die? Well, no not exactly. This sex act is known as rimming. Stimulating you partners anus with your tongue brings saliva into contact with the anus. However, so far there have been no reported cases of getting infected with HIV this way (latest statistic 2001). If either you or your partner has herpes though, it is possible to trade the virus whether sores are present or not. Also, it is possible to ingest fecal matter while rimming, which means you can catch intestinal parasites if your partner has them, as well as hepatitis A if the fecal matter is infected. Which, I don't think I have to tell you, it is not a good thing.

This can also be considered when you use saliva as a lubricant. If you are inserting anything: fingers, sex toys, small objects or penises, it is important not to re-lick the item that is doing the penetrating, due to the reasons I have already stated. Although, I wouldn't mind seeing the guy that could lick his own penis - how flexible would ya have to be?

Now it may appear that I am slightly "exit only", judging by previous articles. But I will admit that word on the street is that this isn't so bad after all. There are some solutions to make this a safer sexual act, although it is not the sexiest of solutions. If you are concerned that your partner may poise a bit of a health risk, you can place a dental dam over the anus before rimming. Putting a bit of the lubricant under the dam will increase the pleasure for your partner, and it will also protect you from the bacteria that may be lingering on the area. So, just try and make sure that you are dammed if you do, rather than being damned if you don't.

PITA BOYS



He's Bentley, Trey Bentley
He's a car salesman, and a Jared fan
He was big for the taste of burger and fries,
never remembers to zip up his flies.

Come to our new store
@ 5680 Spring Garden Road.
Where we do not sing this or that other song
that kinda sounds like this one.

Huskies dropped by Dal

by Jeffrey Warford

Only a week after clawing their way past UdeM to the top of the AUS standings, the volleyball Huskies now find themselves in third after losing to the Dalhousie Tigers in straight sets.

It was the first loss at home for Saint Mary's, but it was also the second time they have been defeated by their cross-town rivals this season.

The Huskies were looking to avenge their recent defeat at the Dalhousie Classic at the hands of the Tigers, but the Tiger® have been on a tear as of late, going unbeaten in their last seven games as they faced SMU on their own turf.

The Huskies and the Tigers

exchanged the lead several times in the first set, but it was the Tigers who persevered for the win by a count of 25-23. SMU jumped out to an early lead in the second, but faltered towards the end as Dalhousie scored six unanswered points, taking the middle frame 25-19. It seemed the fight had gone out of the visiting Huskies by the third set, which they dropped 18 minutes later by a 25-16

margin. Caroline MacFarlane led the way with 10 kills and 5 digs for SMU, but in a losing



cause. The entire match took only an hour and seven minutes to complete.

There were also a slew of postponed games last weekend as icy weather wreaked havoc with the roads across the Maritime Provinces. Among the games to be played at a later date are Mount Allison vs. SMU, St. FX vs. Acadia, UdeM vs. UNB, and Memorial vs. Dalhousie.

Due to the postponed games and the win over SMU, Dalhousie finds itself in first place for the first time this season with 24 points. However, UdeM and SMU remain within striking distance with 22 and 20 points respectively, and both teams have only played 13 games

compared to Dalhousie's 15. Memorial, currently sitting in fourth with 20 points, might also play a factor in the final standings, depending on the outcome of their two games with the Huskies this weekend.

The two games against Memorial are part of a three-game road trip in which the Huskies need all three victories to challenge UdeM

and Dal down the stretch. The final rankings are important because the teams ranked first and second at the end of the regular season will earn automatic berths in the semi-finals of the upcoming AUS playoffs, slated to begin February 22 at the Tower.

The Huskies next and final home game will take place on February 17 at 7:00 p.m. against Acadia.

Women's Hockey

by Daniel Bonner

This past week saw the Saint Mary's women's hockey team wrap up their regular season schedule with a pair of games. Unfortunately for the Huskies the weekend began with a postponement of their scheduled game at home against Mount Allison on Friday night, leaving the Huskies only one contest to battle through this weekend. That contest was a match-up with cross-town rival Dalhousie.

The Huskies managed to take care of the Tigers handily, all beginning with a pair of first period goals by Natalie Bromley, giving the Santamarians a 2-0 first intermission lead. The second period proved equally profitable for the Huskies as they netted another pair of markers, this time coming courtesy of

Kerrie Boyle and Stacy Randell. The third period showed a continued domination by Saint Mary's as Stacy Randell potted another pair of goals to give herself a hat-trick on the day and the Huskies a 6-0 lead. With time running down in the game, the Tigers managed to get on the board as Lori Jones managed to spoil the Saint Mary's shutout, to make the final Huskies 6, Tigers 1. The game also featured the Huskies out shooting the Tigers by a 40-23 count.

This victory marks the end of the women's hockey season, with the playoffs approaching on February 4, 2002. This year's AUS playdowns will take place here on campus at Alumni Arena. Check out the Journal for a playoff schedule in the weeks to come.



all photos by Daniel Bonner/THE JOURNAL



1472 Tower Rd., Halifax, N.S., B3H 4K8
(902) 492 - 0117

Hours of Business

Monday: 10am - 5pm
Tuesday: 9am - 5pm
Wednesday: 9am - 7pm
Thursday: 9am - 7pm
Friday: 9am - 7pm
Saturday: 9am - 4pm

Bring in this Ad and receive \$5 off your next purchase!

Ask for Natalie, Niki or Wanda

Student prices applicable Monday thru Saturday

continued from page 1

Eating disorders

the thought with "the sky is blue" - a neutral thought to break emotional reaction to the negative one.

-Make friends with your body instead of wishing or hating body parts away.

-Get rid of clothes that don't fit.

-Spend five minutes a day looking at your body in the mirror - try not to judge. Notice curves, length of arms, smooth skin, etc. Complement yourself.

-Find ways to nurture yourself other than with food.

If you would like more help with developing a healthy body image, Counseling Services is offering a free five week group program to students entitled: Defining Me. The program is starting the week of February 25. If you would like more information on this program, call Karyn Dougherty at 420-5614. If you would prefer to discuss your personal concerns on a one-to-one basis, you can call Counselling Services at 420-5615 to make an appointment with a professional counsellor.

Men's Hoopsters Split Pair of Important Games on the Rock

by Stephen Clow

The men's basketball Huskies kicked off a week that saw them move from the ninth spot nationally to eighth in the most recent poll by defeating the Axemen of Acadia 68-61. Nathan Anderson had a big line with 26pts, including 4 of 5 from long range, while Gabe Goree was the only other Husky to hit double digits with 10. After great contributions in both games against X two weeks ago Damon Cole continued to impress going 2 of 2 from the floor for four points and adding four assists to no turnovers in just 13 minutes of play; further strengthening his case for more P.T.Saj Joseph poured in 25 before fouling

out and Erick Winter added 11 for the Axemen.

The eighth ranked Huskies took their three game win streak and 7-4 conference record to Newfoundland this past weekend looking to sweep the then 6-4 Memorial Seahawks. The two games being very important since the teams are currently battling each other for 2nd place in the Baldwin division.

The Huskies would receive a rather rude welcome on Saturday as the Seahawks would ride a wave of seven three pointers from emerging all-star Jeff Saxby, who would finish the game with 33pts, to an 85-82 final in favor of the host Seahawks. All this to overturn a 46-37 Husky lead at the intermission. Nathan

Anderson would once again lead the Huskies by dropping 21. Shane Butland would add 25 to the Seahawks cause.

Revenge would be sweet in Sunday's final however; as the Huskies used every player dressed to outscore the Seahawks by a score of 92-83. As a team, the Huskies shot 100% from behind the arc in the second half and would outshoot the Seahawks for the game by more than 20%. Anderson once again led the Huskies with 26pts as well as 6 dimes to just 2 t.o. Fellow starter Damon Parachnowisch would have his best game in a while by adding 21pts on 8 of 11 shooting. On a "whatever happened to" note, sophomore point guard Shawn

Smith finally saw the floor again, and would play reasonably well by adding two bombs from downtown

on his way to 6 pts, while adding 2 assists and 2 rebounds to overshadow the four turnovers he would commit in twenty minutes of play.

Memorial was paced by

tightens the race for second spot as SMU now holds a two-point edge at 8-5, but Memorial has a game in hand at 7-5.

After six games in a span of two weeks, the Huskies slow things down with only the one game this week, coming on Sunday when they will entertain the Capers of UCCB. Tip off is at 3:00pm.

If you are a SMU basketball follower, the most interesting games have to be the stretch of three games starting on the 19th of February, when the Huskies head to UNB to take on the Nelson division leading Varsity Reds, a match up that could hold major significance come AUS Championship weekend, and ending on Feb.24th at home against the Seahawks, a game that could decide the all important second playoff spot in the Baldwin division. Sandwiched between those two games is a game at STFX on the 22nd of this month, the first time the two will meet since SMU ended X's AUS two year run. This all makes for an exciting month of basketball heading into the month of Champions.



photo by Ed Hartling THE JOURNAL

Darryl Boucard who would notch a team high 21, while Saxby would contribute 17. The weekend split further

Female Huskies drop pair

by Stephen Clow

The Saint Mary's women's basketball team had a busy week this week with three games beginning on Wednesday against the Acadia Axettes.

The SMU women's team did their part in setting up the sweep by downing the Axettes 59-47. SMU used 60.0% from beyond the arc in the second half to overcome a three-point lead for the Axettes at the half way point. SMU used starting PG Katie Gammon for the full forty minutes and she didn't disappoint as she led the Huskies with 24pts and 11 assists, a very solid double double. Julie Galipeau chipped in with 12pts to improve the Huskies record to 5-8 heading into the weekend games at Memorial. Jody Harvey led all Axettes with 20 points.

The women kicked off the weekend on the rock on Saturday in the early game and knew that the Seahawks would be looking to avenge an early season six-point loss to the Huskies. Since that loss the Saint John's based team has won seven of eight games to move to an 11-3 conference record, good enough for first place in the Baldwin division

and a #10 ranking nationally.

The Huskies could not take advantage of MUN missing two of their starters due to injury and would allow the Seahawks to control the tempo of the game by not counteracting their intensity on the defensive end of the floor. MUN would use a balanced scoring attack to defeat the Huskies 66-51 in the end. Top scorers for the game were unavailable.

SMU, who one would have thought would have come back with a better effort on Sunday, could only shoot 25.9% from the floor. MUN would shoot marginally better at 39.5% on their way to a 51-45 victory after leading by just four at the break. SMU was lead by Julie Galipeau, who would put in 15pts, and Katharina Hack would add 11. The Huskies would only get nine total team assists compared to 17 team turnovers. The Seahawks were led by Kate Flynn and Melissa Skanes who had 17 and 12 respectively.

The loss drops the Huskies record to 5-9, eight points behind second place STFX in the Baldwin division.

The women play again this Sunday when they host UCCB for a 1:00pm tip-off.

Between 1990 and 1999 Government grants to Nova Scotia universities fell from 69% to just over 55% of total revenues.

At Saint Mary's University, Government grants during the same period fell from 54.7% to 37.3%

**THE RESULT:
Tuition increases that make up over 55% of total operating revenues.**

The Nova Scotia Student Advocacy Coalition is continuously working to ensure that the Nova Scotia Government

INVESTS IN EDUCATION

Officials two, Huskies zero

Hockey Huskies questioning themselves as wheels fall off

by Daniel Bonner

It's crunch time in the AUHC. After an arduous four month long regular season, the finish line is in sight for the Huskies, 24 games down, four to go. Two of those four games were played this past week with the Huskies venturing out on the road to do battle with first place Dalhousie and seventh place Acadia. Although the contest against Dal would seem exceedingly more difficult than the battle in Wolfville on paper, the Axemen are currently fighting for their playoff lives – desperate one might say – and there is nothing more dangerous than a desperate team. Before the showdown in Acadia, however, the Huskies made the eight-block trek to Dalhousie, to renew hostilities in the battle of Halifax.

Wednesday night saw 1500 people pack into the Dal rink expecting to see a great game, and those expectations would be fulfilled. After the first 39 minutes the score was tied at one, but in the dying seconds of the second period, the Huskies got bit by the first of two questionable calls to strike them this week. With less than five seconds to go the puck entered the SMU zone and began to be worked around until a shot from the blueline was tipped by Tiger captain Marty Johnston and slide past SMU netminder Bret Zelenewich. The problem exists in the fact that the green light went on a split second before the puck entered the net. For those

explanation, Coach Stienburg was irate, throwing a water bottle and breaking a stick before leaving for the intermission. That one goal turned out to be the difference as the Huskies and Tigers would each exchange goals and the Tigers would go on to

Acadia 1. The second period proved to be all Acadia, as they scored twice in two minutes, chasing Nick Foley from the game, and taking a commanding 3-1 lead after forty minutes. The third period, however, was when everything went crazy. After

immediately signaled a goal, enraging the SMU bench. The fundamental problems with this series of events are numerous, beginning with the net incident. Although I agree with delay of the game penalties being handed out for intentional net dislodging, to allow the play to continue just opens the situation up to a series of possibilities. What if the Huskies stole the puck and shot on the net just seconds after it was dislodged, what could have easily been a goal would surely be disallowed. Regardless, the end result was the same; the Huskies were down by two goals with little time remaining. The teams traded goals before the end of the game, finishing Acadia 5, Huskies 3, giving the Axemen a 3-1 record against said Huskies, accounting for half of SMU's losses in the entire season.

Despite the pair of questionable calls this week that seemed to cost the Huskies at integral moments of the game, SMU bench boss Trevor Stienburg refuses to blame outside forces for the losses, rather he points the questioning finger right at his own players. "I don't think that we had these games taken away from us, we took both games away from ourselves. If any players go and blame the result on calls, then they are just looking for excuses, the net should be able to come off and we should still win the game. You can't get 23 shots in the third period against Dalhousie and only three in the first period and then cry

about a goal, that just doesn't cut it." With the playoffs fast approaching, coach Stienburg has set the priorities for his club, and at this point they have little to do with obtaining the bye. "The bottom line is that the guys have to make a decision on whether they want to be winners or they want to be underachievers. If all the guys want to do is show up for 40 minutes, or 30 minutes, or gel together for short periods of time, then it doesn't really matter if we make the playoffs, because all we'll be doing is wasting money. These guys have to be accountable for their actions, accountable for their efforts and the bottom line is that it's there for them if they want it. Whether they get the bye or they don't get the bye, it's there for them."

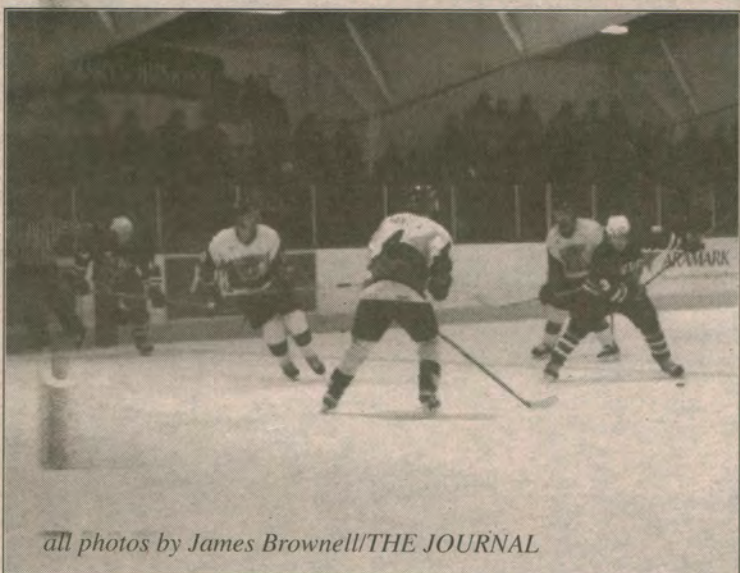
Only time will tell if the Huskies will play up to the potential that coach Stienburg knows is hidden within the team that showed up this past weekend. This week the Huskies wrap up their regular season with a pair of games. First comes the Dal vs. SMU rematch on Wednesday night at Alumni Arena at 7pm, where a win by the Huskies will tie them with the Tigers again atop the AUHC. The regular season wraps up on Saturday when the St FX X-Men come to Alumni Arena, with the puck again dropping at 7pm. This game has many connotations for the X-Men who will be fighting for their playoff lives, making them a formidable opponent.



win the game by a 3-2 count.

After having a day to brood over the loss to the Tigers, the Huskies boarded a bus and headed for the valley to do battle with the Axemen. Acadia coach Darrin Burns has certainly had the Midas touch when it comes to his former team, as Burns' Axemen have handed the Huskies two of their four losses this season. As it would turn out, this outing would not be much different than the others. The Huskies started out on the right track, scoring

SMU's Lindsey Plunkett scored to pull the Huskies back within one, SMU would find themselves the victims of another apparent blown call, the second in as many games. The Huskies moved in over the Acadia blueline while shorthanded, and upon shooting the puck wide of the net, the Axemen broke out of the zone. The problem exists in the fact that after shooting the puck, SMU's Jeff Tetzlaff ran into the Acadia net, knocking it into the back boards. While Tetzlaff probably could have avoided the net he certainly did not skate unassisted into it, rather an Axeman pushed him in the direction and Tetzlaff simply did not object. Rather than the play being blown down, referee Bob Best decided to let the play continue, instructing the Acadia netminder to replace the net, and on the ensuing rush the Axemen scored. Compounding the problem, is the fact that as a result of the debacle in the Acadia end, Best was trailing the play badly, and he was unable to see that on the Acadia three-on-one an Axeman clearly and deliberately ran into Saint Mary's goaltender Brent Zelenewich, taking him entirely out of the play and enabling Darrell Armstrong to easily pot the puck into the empty net. Best, not quite across the blueline when the puck entered the net,



all photos by James Brownell/THE JOURNAL

unfamiliar with hockey rules, the green light behind the net indicates the end of the period. Furthermore, the horn in the rink never went off, not on time, not late, not ever, adding to many a conspiracy theory. After receiving an apparently insufficient

first, as Brian Barker failed to let a Jason Maleyko high-sticking minor deter him from firing a shorthanded goal past the Axemen goaltender Mike Lencucha. Before the end of the period, the Axemen had equalized, making the score at the first intermission SMU 1,

HUSKIES Varsity Action

Hockey

Wednesday, February 6th

vs DAL - 7 pm.

Saturday, February 9th

vs SFX - 7 p.m.



Basketball

Sunday, February 10th

vs UCCB - 1:00 & 3:00 p.m.

Hockey Quarterfinal Playoffs

Start Wednesday, February 13th

Tickets on sale one week in advance at The Tower Front Desk.

AUS Women's Volleyball Championship

February 22 - 24th, hosted by Saint Mary's University



MUSIC

Supporting 284 art groups
For grant information, call 1-800-398-1141

AS SEEN BY



du Maurier ARTS