

**Interview with Dallas Green pg 6**

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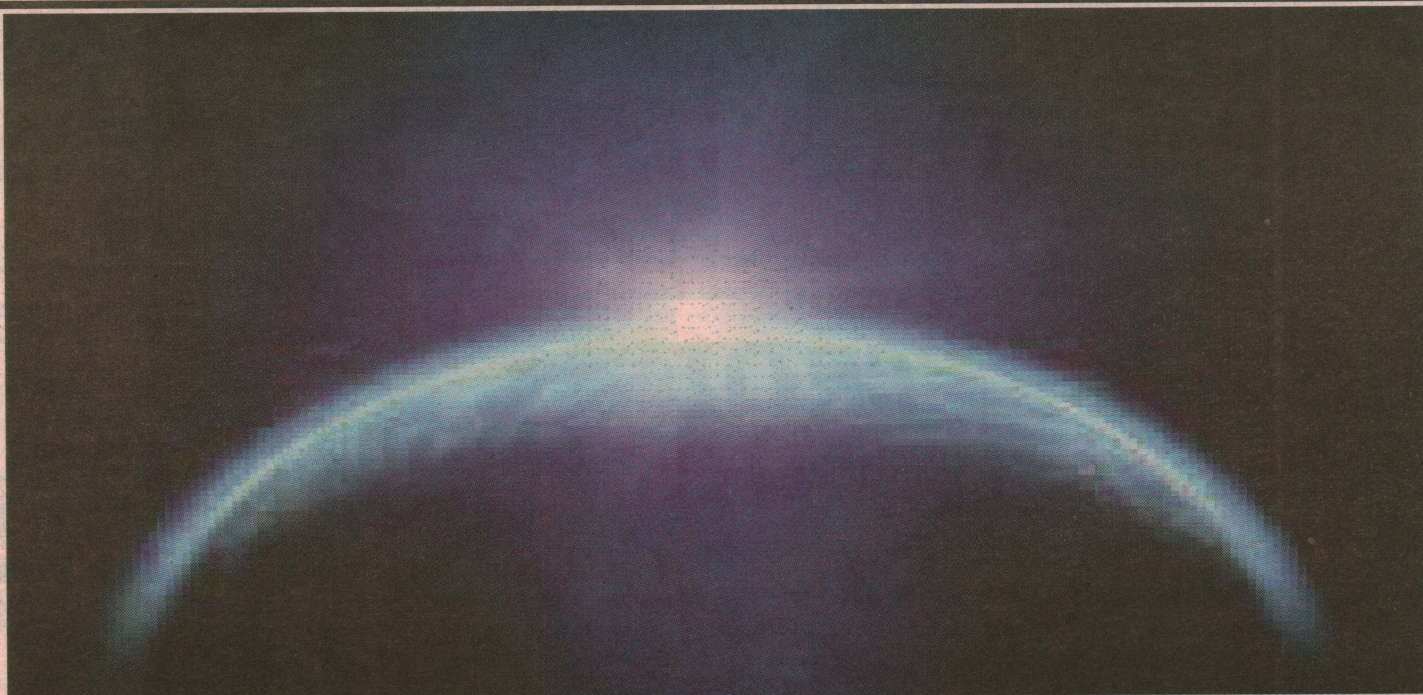
# THE JOURNAL

Est. 1935 · Vol. 75 · No. 17 · January 27, 2010

The Student Newspaper of Saint Mary's University · Halifax · NS

**SMUSA  
ELECTIONS:  
Candidate Bios** pg 4 & 5

**Saving Tips for  
Students** pg 4 & 8



## **Education Without Boundaries**

Teaching in Traditional & Non-Traditional Occupations

**Education & Certification** – Mon, Feb 1<sup>st</sup> @ 5:30 pm SB 255

**Alternative Careers in Education** – Wed, Feb 3<sup>rd</sup> @ 5:30 pm SB 255

**Network with employers in the education field** – Thurs, Feb 4<sup>th</sup> @ 4:00 pm Loyola PDR





WWW.SMUSA.CA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<b>CAMPUS CALENDAR</b>	<p><b>LEGEND</b>                      Presented by SMUSA                      Sporting Event / SMU Athletics                      Academic Event or Presented by SMU                      Alcohol Available                      No Entry Fee for SMU Students                      No Minors (19 years+ only)                      Gorsebrook Special</p> <p>To get your event added to the Campus Calendar, send an email to <a href="mailto:marketing.manager@smusa.ca">marketing.manager@smusa.ca</a></p>				
	<p><b>January 27</b>  <b>OPEN MIC NIGHT</b>                      The Gorsebrook Lounge                      9:30 pm</p> <p><b>MEN'S HOCKEY</b>                      ACAvsSMU @ 7:00 pm                      Halifax Forum</p> <p><b>MEN'S BASKETBALL</b>                      StFXvsSMU @ 8:00 pm                      The Tower</p> <p><b>WOMEN'S BASKETBALL</b>                      StFXvsSMU @ 7:00 pm                      The Tower</p>	<p><b>January 28</b>  <b>STOPLIGHT PARTY</b>                      The Gorsebrook Lounge                      presented by: Grad Class Society                      9:00 pm</p> <p><b>\$5.50 DOUBLES</b>                      The Gorsebrook Lounge</p>	<p><b>January 29</b>  <b>BOARD OF DIRECTORS</b>                      Governance Training Ends</p> <p><b>WOMEN'S HOCKEY</b>                      STUvsSMU @ 7:00 pm                      Alumni Arena</p> <p><b>Psych. Society Party</b>                      The Gorsebrook Lounge                      details to follow                      9:00 pm</p> <p><b>INTERNATIONAL WEEK</b>                      STARTS TODAY!</p>	<p><b>January 30/31</b>  <b>WOMEN'S BASKETBALL</b>                      Sat: ACAvsSMU @ 6:00 pm</p> <p><b>MEN'S BASKETBALL</b>                      Sat: ACAvsSMU @ 8:00 pm                      The Tower</p> <p><b>WOMEN'S HOCKEY</b>                      Sun: UdeMvsSMU @ 2:00 pm                      Alumni Arena</p> <p><b>BOARD OF DIRECTORS</b>                      Sun: Candidates Meeting</p> <p><b>INTERNATIONAL NIGHT</b>                      6:00 pm - 1:00 am 30\$ at the door</p>	
<p><b>February 1</b>  <b>ELECTIONS</b>                      Campaigning Begins</p>	<p><b>February 2</b>  <b>PUB TRIVIA</b>                      The Gorsebrook Lounge                      7:00 pm</p> <p><b>INTERNATIONAL WEEK</b>                      I Represent International Fiesta                      11:00am - 3:00 pm</p>	<p><b>February 3</b>  <b>OPEN MIC NIGHT</b>                      The Gorsebrook Lounge                      9:30 pm</p>	<p><b>February 4</b>  <b>\$5.50 DOUBLES</b>                      The Gorsebrook Lounge</p>	<p><b>February 5</b>  <b>I.D.S. TRIVIA NIGHT</b>                      The Gorsebrook Lounge                      7:00 pm</p>	<p><b>February 6</b>  <b>WOMEN'S HOCKEY</b>                      Sat: MtAvsSMU @ 4:00 pm                      Alumni Arena</p>

**smusa Elections 2010**  
 Saint Mary's University Students' Association

**Employment Opportunity**  
 Election Days Feb 10th & 11th  
**POLL CLERK**

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Deadline for applications February 1st

February:  
 1st - Campaigning Begins  
 8th - Board Candidates Forum  
 9th - Presidential Debate  
 10th-11th - Voting Days

For more information and a Nomination Package visit 5th floor Students' Center or [www.smusa.ca/elections](http://www.smusa.ca/elections)

contact the CRO: [elections@smu.ca](mailto:elections@smu.ca)

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Draw takes place Monday, February 1<sup>st</sup>

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 Stay tuned for details!



# PERSPECTIVES

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Editor-In-Chief



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THANKS TO ALL CONTRIBUTORS

THE JOURNAL IS THE STUDENT NEWSPAPER OF SAINT MARY'S UNIVERSITY. THE PAPER IS PUBLISHED EACH WEDNESDAY BY THE JOURNAL PUBLISHING SOCIETY, AND FUNDED IN PART BY THE STUDENT BODY.

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## LETTER FROM THE EDITOR

JEFF CUSACK  
Editor-In-Chief

Writer's block is a difficult monster for many writers. Those of us who are self-conscious about what impact our writing makes realize that anything that appears in print takes on a certain importance which spoken speech lacks. Written words are permanent, but speech lasts only as long as it is being spoken, or as long as it is being played back. What is said within most papers, including this one, is only taken seriously because it's in a paper, and therefore should be taken seriously. For prestigious papers like The New Yorker, an author could probably write about the pleasures of scratching himself and have it be taken seriously.

When a writer has writer's block, the "just write anything" solution doesn't always work. If we don't have anything to say, then by just writing down some random words we're legitimizing something which we don't actually feel that strongly about, which could be called irresponsible. I imagine that many of the ridiculous editorials that occur in various newspapers have come as a result of writer's block; an editor with nothing much to say deciding to type out a random opinion to fill space.

Basically, what I'm trying to say is that I have writer's block. Enjoy the following two submissions, which conveniently allow me to get away with not writing a column this week. After you're done reading these maybe you should submit your own articles to thesmujournal@gmail.com.

## LETTER TO THE EDITOR

### Money Matters! So Stop Being Lazy and Apply.

I'm in my fourth year at Saint Mary's and much to my own surprise this has been the first year I've applied for any scholarships or bursaries from SMU! I'm not an apathetic student (would I be writing this if I were?), I don't want to leave university with a mountain of debt (does anyone?), and my parents aren't able to pay for my tuition (are many?). I could use more money to help cover my tuition, books, fees, and living expenses, but up until this year I had just never gotten around to applying for a Fall or Winter Bursary or the Named Undergraduate Scholarships. I know that's a poor excuse, but what is yours? And that's why I'm writing this article. Because when I think back on my first three years of school and realize that I could have received thousands of dollars (that I would never have to pay back!!), I wish I had spent the hour it takes to apply, forgot my reservations about qualifying (they don't hunt you down if

you apply and are ineligible) and had just taken advantage of the financial resources available to me, because I'm not going to have people willing to give me money forever.

I know applying for scholarships and bursaries is often made out to be a LOT easier than it actually feels. It is one thing to fill out an application form, but be seems like an entirely different ballpark when a Personal Statement or Professor Recommendation is required. For the first three years of university I got hung up on the daunting personal statement or getting the nerve to approach a professor for a recommendation. I want to let everyone who is too intimidated to try writing a personal statement or ask a professor after class to fill out a recommendation to know that once you let go of the horrifying fears of your personal statement getting rejected (which never happens) and your professor laughing in your face (which hardly EVER happens) com-

pleting the application is a breeze! The required personal statement is what used to deter me the most; what exactly is a personal statement and how do I go about writing one? Well, first of all, it's nothing to be scared of! The bursary application assessors aren't looking for elegant poetry or an A-grade worthy essay, they simply want you to briefly explain your financial situation, outlining why you need the money you're applying for! When writing a personal statement for a scholarship, be sure to add in why you think you're a good candidate through including any personal goals, achievements, and extracurricular involvement. If you still aren't sure how to put together a personal statement, keep your eye out around campus for free workshops that sometimes get put on to help students write an effective personal statement or even take the initiative and visit the Writing Centre on campus for help.

As for the professor recommendations, professors know what it's like to be a broke student (they've been there), and they know how important scholarships are. So unless you never went to class or failed the course it's worth giving it a shot and asking a professor to fill out a recommendation. Hey, the worst he or she can do is say "no"... and then you just make

sure to never be in his or her class again! (And go find another professor to ask for a recommendation)

The most important thing that students need to remember is that while the university and donors are looking to give students over four million dollars worth of scholarships and bursaries each year, it isn't handed to us on a silver platter. Awarding committees aren't going to chase you down or consider your application if you forget a part of the application package or miss the submission deadline (FYI: the Winter Bursary deadline is Feb. 1 and the Named Undergrad Scholarships deadline is May 1), so when you decide to apply for a scholarship or bursary be sure that you meet the deadlines and have a complete application!

Yeah picking up, filling out, and submitting scholarship and bursary applications are a drag, but picking up a cheque made out to you or seeing a tuition credit on your account because of a scholarship isn't. Since you're on campus for class anyway why not stop by the 4th floor of the Student Centre and pick up an application. Stop being lazy and make some time to apply for scholarships and bursaries... trust me, it's worth it!

## Student Food Movement is Alive in Halifax.

DUSTIN MARTIN &  
CHRIS STROUD  
Contributors

There is a battle being waged on university campuses in Halifax over food. A number of campus groups at Saint Mary's University and Dalhousie University uniting in their efforts to challenge the food systems on their respective campuses?

Food has grown to be a contentious issue on Canadian campuses. At SMU alone, over 1200 students have signed a petition calling for more local, ethical and organically sourced food. This is no small feat on a campus with less than 7,000 full- and

part-time students. The Students Association (SMUSA) has since institutionalized the spirit of the movement and adopted verbatim segments of the petition as one of their core priorities. This alternate vision forces students to contest the current food model on campuses. The exclusive food service contracts that universities typically negotiate with corporate food giants, such as Aramark and Sodexo, are obstacles to conscious food consumption.

The heart of the debate is the question of whose interests are served by the control of campus food and who dictates the terms of food procurement and food services. In an

CONTINUED ON PAGE 7

## International Week 2010 January 29th–February 6th

FRIDAY January 29 <sup>th</sup>	SATURDAY January 30 <sup>th</sup>	SUNDAY January 31 <sup>st</sup>	MONDAY February 1 <sup>st</sup>	TUESDAY February 2 <sup>nd</sup>
<p><b>IDS Seminar</b> Living from the Sea: Coastal Fishers, Politics, and Development Challenges Sherry Mae Pictou &amp; Dr. Tony Charles McNally Main 208 12:00–1:30 pm</p> <p><b>Film Premiere</b> Feast or Famine Written and Directed by local Halifax filmmaker Timothy Barron Tracey Scotiabank Theater Sobey Building 7:00 pm Discussion with filmmaker to follow.</p>	<p><b>Battle of the Floors</b> McNally Main Auditorium 9:00 am–4:00 pm For SMU residence students only.</p> <p><b>International Night</b> Tickets: \$20 SMU students in advance \$30 regular admission (at door) Loyola Conference Hall, L290 6:00 pm–1:00 am</p>	<p>No Scheduled Events</p>	<p><b>Banana's! The Movie</b> Scotiabank Theater Sobey Building 12:00 pm – 1:30 pm</p> <p><b>The Hunger Season</b> Scotiabank Theater Sobey Building 7:00 pm– 9:00 pm</p>	<p><b>I Represent: An International Fiesta</b> Prizes and giveaways, food, crafts, and art for sale. Come browse SMU's very own international market! Loyola Conference Hall, L290 11:00 am–3:00 pm</p> <p><b>Feature Speaker</b> Alanna Mitchell Sea Sick: The Hidden Crisis in the Global Ocean Scotiabank Theater Sobey Building 7:00 pm–9:00 pm</p>
WEDNESDAY February 3 <sup>rd</sup>	THURSDAY February 4 <sup>th</sup>	FRIDAY February 5 <sup>th</sup>	SATURDAY February 6 <sup>th</sup>	
<p><b>Oxfam's Hungry 4 Change Banquet</b> Loyola Conference Hall, L290 5:45 pm–7:00 pm Pay what You Can Suggested donation \$5 All proceeds to Oxfam Canada.</p> <p><b>Food Security Panel</b> Re-Localization of the Global Food Economy: Bringing Food Home</p> <p>Featuring: Dr. Raj Patel, Activist and Author of "Stuffed and Starved" and the "Value of Nothing"; Robert Fox, Executive Director, Oxfam Canada; Reg Phelan, Atlantic National Farmers' Union Representative</p> <p>Scotiabank Theater Sobey Building 7:30 pm–9:00 pm</p>	<p><b>Feature Speaker</b> Dr. Raj Patel Scotiabank Theater Auditorium Lecture free and open to the public. 7:00 pm–9:00 pm Books will be on sale during the event.</p>	<p><b>IDS Seminar</b> The Value of Nothing Dr. Raj Patel McNally Main 208 12:00 pm – 1:00 pm For Saint Mary's students, faculty and staff only.</p> <p><b>International Trivia Night</b> Gorsebrook Lounge &amp; Pub Cost: \$2 per person (5 max. to a team) 7:00 pm–10:00 pm 19+ years of age All proceeds to charity.</p> <p><b>Rock for Refugees Concert</b> Gorsebrook Lounge &amp; Pub 10:00 pm Cost: TBD All proceeds to World University Service Canada's Refugee Sponsorship Program.</p>	<p><b>Drumming for Food with Samba Nova</b> Student Centre, Main Floor 2:00 pm</p> <p>Cost: A food donation for the SMU Food Bank</p>	

### FOOD SECURITY: FROM FEAST TO FAMINE

\* free events highlighted

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**ARAMARK** SMUSA  
Saint Mary's University Students Association

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International Week 2010 made possible by the financial support of The Government of Canada, through the Canadian International Development Agency (CIDA) in partnership with Saint Mary's University, the International Centre, Aramark Food Services, and the Saint Mary's University Students Association (SMUSA).



## NEWS

KIMBERLEY DARES  
News Editor

## Canadians Rally Against Proroguing of Parliament

KIMBERLEY DARES  
News Editor

Despite the cold temperature hundreds of Nova Scotians came together Saturday afternoon in front of the Provincial Legislature on Hollis Street to protest Prime Minister Stephen Harper's decision to prorogue Parliament until after the Olympics. Protestors came armed with posters comparing Harper to Kanye West and Batman's the Joker with the slogan Why So Serious? under a discoloured image of the Prime Minister. Those without signs were provided with them by event organizers.

The estimated 700 demonstrators came out to express their displeasure with Harper's decision to postpone Parliament's start date from Monday January 25th to March 3rd. Harper has said the decision to prorogue was to allow for further economic strategy planning but many have speculated it was to allow Conservatives to avoid answering tough questions about the Afghan Detainee situation. There is also speculation that the delay is to allow members of Parliament to attend the Olympic Games in February. This issue is attracting attention from more than just members of one political party; it has become about more than being pro- or anti- Harper but

about advocating for democracy.

Protestors signed postcards to be mailed to Harper and were provided with his phone number and urged to call and express their opinions. A petition was circulated requesting legislation be made that would require approval from the majority of members of Parliament before prorogation could be approved.

The cold didn't dampen the diverse crowd's enthusiasm. Everyone joined together chanting "Democracy Now" and "Whose House? Our House!" Children in strollers accompanied their parents. One stroller had a sign attached that said "Even I remember the last time Harper Prorogued Parliament."

Speakers included MP's Geoff Regan and Mike Savage, Gregor Ash and Robert Chrisolm spoke on behalf of Megan Leslie and Peter Stoffer. The Halifax-Dartmouth District Labour Council was represented by Kyle Buott and Angela Giles represented the Council of Canadians. Entertainment was also provided by The Halifax Raging Grannies and Scott Vrooman who performed a short comedy sketch about prorogation.

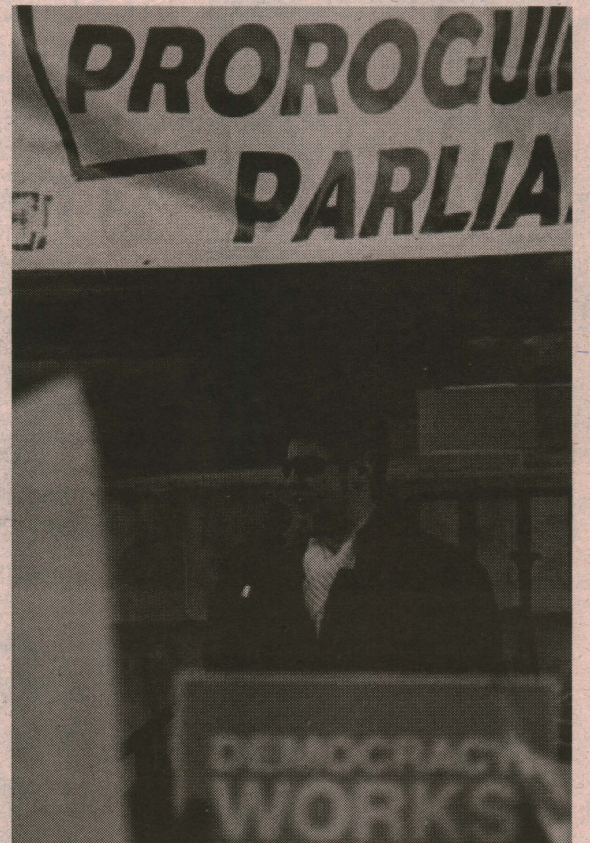
Robert Chrisolm, on behalf of Peter Stoffer spoke of "disappointment in government as being what they (Harper's Conservatives) want, to take away our democracy." He got the crowd involved yelling "We won't let them."

The Communist Party of Canada distributed flyers at the event, calling Harper's decision to prorogue Parliament "a slap in the face to millions of Canadians" and proclaiming full support of the January 23rd rallies across Canada. Individual attendees also distributed buttons with Harper's face crossed out. Those in attendance were treated to hot chocolate when the speeches and performances wrapped up.

The Halifax rally was just one of more than sixty across the country Saturday as protestors hoped speaking out would bring Parliament back to work on Monday. Rallies were also held in several cities in the United States and in London, England.

Liberal Leader Michael Ignatieff and NDP Leader Jack Layton addressed a crowd of 3,500 at Parliament Hill. Ignatieff promised Liberal MP's will return to work Monday holding public meetings.

For those interested in getting or staying involved with this issue, there will be a follow-up meeting held on Thursday February 11th at the Bloomfield Centre at 6:30pm.



## PRESIDENTIAL CANDIDATES 2010/2011

### What You Need to Know About SMUSA Elections

There are four available seats on the Board of Directors and seven candidates running. To learn more about each candidate students can attend the Board of Directors Forum will be held on February 8th in the Student Centre Lobby. There are two candidates campaigning for President and students are encouraged to submit questions for the Presidential debate to elections@smu.ca. The debate will be held Tuesday February 9th in McNally Main Theatre Auditorium. The voting days are February 10th and 11th and students can vote on-line or at polling stations on campus. Questions or comments regarding the election process, voting days or anything else related can be emailed to the Chief Returning Officer, Adrian Lake and the Deputy Returning Officer Tim Rose at elections@smu.ca



#### Matt Anderson

Fellow students,

It's been a pleasure to serve as your President this

year and it would be an honor for you to re-elect me for a second term. I am running because I still have much to offer to the students of Saint Mary's.

Next year will be challenging, and experience will be an asset. Students face the expiration of our tuition freeze and the Nova Scotia Student Bursaries which could result in an increase in your tuition. I cannot promise that I will lower your tuition, but if re-elected, I do promise to use every lobbying opportunity with any provincial government official and the resources of our provincial lobby group to advocate for the renewal of a tuition freeze and the Nova Scotia Student Bursary. This is my priority

As President my goal will be to improve the accessibility of scholarships and bursaries. I wish to dedicate funding to advertise scholarships and bursaries that are traditionally not applied for. Also, I will advocate and use my vote on the Academic Senate to change the criteria for achievement scholarships. I would like for the criteria to make the achievement scholarships accessible to the average academically qualified student by lowering the number of required courses per semester to four, which is the average course load for students at Saint Mary's.

To assist students through the academic appeal process, I would like to create a SMUSA academic commissioner. The commissioner would work at the beginning of the summer, fall, and winter se-

mester to guide students through the academic appeal process. By creating this position, students will receive a service from a person specialized in appeals. Also, this position would reduce a significant amount of workload on the Vice President Academic and allow the Vice President to be more focused on advocating for policy changes.

Over the past year, SMUSA has seen success increasing the quality of life on campus. Initiatives that were created this year were setting required semi-monthly all age events on campus. Often times there are a lack of activities for students who are underage where most events are at the Gorsebrook Lounge. By creating required semi-monthly all age events this allows underage students to be more active on campus.

During the past year students had to cope with the H1N1 virus. Vaccinations were scarce for students but more specifically for international students because their SMUSA Health Plan did not cover the shots. This year SMUSA took the initiative of paying for all H1N1 vaccinations for international students in order to protect student health.

Lastly, I was given a strong mandate from students to improve communications to students about SMUSA, which I followed through on. SMUSA redesigned its website to provide more relevant information. SMUSA also reinitiated Café Santa Maria and created the Student Satisfaction Survey to gauge student issues and to determine how to allocate your resources to better serve you.

I would take great pride to earn your vote on February 10th and 11th.

Sincerely yours,  
Matt Anderson

#### Jeff Mitchell

My name is Jeff Mitchell and I am a Presidential candidate with the qualifications and vision required to implement improvements that SMUSA drastically needs. I am a third year Criminology Honours student, who received the most votes to the Board of Directors in 2009.

My past involvement with SMUSA has taught me much about the inner workings of the association. I believe that SMUSA plays a vital role at Saint Mary's, what the association stands for is highly valuable. While I see SMUSA as an essential and pivotal component at SMU, from an operations level, SMUSA does not fully represent students, their interests or priorities.

Every year students are paying significant amounts of money to SMUSA, in turn the association is supposed to provide a valued student experience. This experience is made positive by investigating the true interests and priorities of students and bringing them to life. So what do students generally think about the return on their money that SMUSA takes? It's being mostly wasted. While SMUSA does provide some services that are useful to students, many of the organization's priorities are not seen as valuable to students, leaving many students with the sense that their student fees are just another mandatory cost of attending university. The truth should be that students actually see their money working for them, all the way from paying the President to do valuable work for students, to the frontline employees who operate the services and programs that students are supposed to value.

THE FACTS: we have a low voter turnout, trouble getting students involved in events, issues engaging students, and for many students SMUSA is seen as a waste of money.

THE REALITY: Things need to change for the better. That can only happen with a President that can see the problems and actually has a desire to make positive change for the benefit of the student body, rather than themselves.

When asked how can SMUSA move towards being a workable mechanism to create a positive student experience for all students, I have the following answer: You need to trust and support students who want to make positive change. These students are represented through STUDENTS FIRST. This collection of students understands that change needs to happen, for the benefit of all students. These candidates want to make positive change that impacts you. They will implement a novel concept that has been lost at SMUSA: they will find out what you want done, and then do it! The Plan, which is the collection of ideas by students for students, is the first step towards positive change.

I urge you to be excited about this election; you have a part to play in change. On February 10th and 11th vote for members of STUDENTS FIRST, because we are the best choice as we represent you, first and foremost.

Visit [www.JeffMitchell.ca](http://www.JeffMitchell.ca), there you can find The Plan and other information.

STUDENTS FIRST is here for you! Because YOU Deserve Better,

Sincerely,

Jeff Mitchell





# BOARD OF DIRECTORS CANDIDATES 2010/2011



## Ayesha Mashoodh

Dear Fellow Saint Mary's Students,

My name is Ayesha Mashoodh, I'm a fourth year Accounting Major and I'm running for a seat on SMUSA's Board of Directors. If elected I will be representing the voice of the student, to SMUSA.

SMUSA plays a important role on campus, as the main representatives of Saint Mary's students. SMUSA also provides services that enhance the student experience. If asked about the students' association, many students around campus would answer that they are unsure of what exactly SMUSA

does, and how exactly SMUSA serves them. This is an issue that needs to be addressed. I believe that with better communication between students and SMUSA, as well as an assessment of SMUSA's priorities, the association could more efficiently serve students.

By voting for me as a Director, you are voting for someone who will make students the priority. I will be dedicated to making sure that SMUSA serves the best interest of students. I encourage you to also vote the members of STUDENTS FIRST, because we will represent you!

On February 10th & 11th: VOTE Student's First. VOTE Ayesha Mashoodh.



## Ali Hamed

Dear fellow students,

My name is Ali Hamed. I am a third year Commerce student majoring in Accounting. I am running for a position with the Board of Directors of SMUSA for the upcoming year. I currently represent you in the Students Assembly of the Alliance of Nova Scotia Student Associations (ANSSA) as part of the student delegates' team for SMUSA, and humbly help you at the Info Desk in the Student Centre.

During the academic year we all have our fair share of school work, socializing and part-time or full-time jobs to help keep us afloat. The vicious cycle of work and education often takes its toll and we forget to keep an eye on what our money (\$130 annually) is contributing to other than our yearly agenda and UPASS. Considering this, I would like to represent you on SMUSA's Board of Directors in order to make sure that your association is doing its maximum to efficiently to provide you with the best services you deserve.

Basically, I want to enhance and simplify communications between students and

their association in a way that does not consume or interrupt their already committed time. I will do this by making sure your concerns, complaints, compliments and suggestions about your association and its changes are brought to the table, are heard and are considered in the decision-making, with SMUSA acting according to its mandate.

Along my time in SMU, I have worked closely with many societies including the International Society, the International centre as a volunteer, and currently I am the president of the Heart and Stroke Foundation Society. In addition, I have worked for SMUSA at the Info Desk since September, 2008 which gave me the valuable opportunity to get to know and help many of you, as well as to get to know our association thoroughly. All of that plus being a full time student have made me to realize that a positive SMU experience comes through our association being engaged and approachable. You don't have time to waste and your budget is tight, therefore I assure you I will be your loud voice inside the boardroom regarding all matters.

Good luck with school work and have fun!



## Tim Villermet

My name is Tim Villermet and I am in my fourth year of my Political Science degree and am preparing for honours. Like many

of you, I am a student who is dissatisfied with the current and deficient policies of SMUSA, which fails to represent the student body and address their needs adequately. By voting for me, you are voting for progressive change that will directly affect your experience as a student at Saint Mary's University.

SMUSA needs to take its vital role in our education and student experience seriously. As a member of the board of directors, I will hold the president accountable for responding to the issues that students care about. Reducing the absurd cost of textbooks by working with CRAM and dismantling the monopoly that Aramark has on the wallets and purses of the student body are only two of the many issues that I will work with the president to achieve. This also applies to the

phenomenal burden that tuition places on us as students. I will work side by side with the president, the board, and the university to take a stronger position with the federal and provincial government to lower the cost of our tuition.

This leads to why I am running for the board of directors. I want you to come to me with your issues. I want your issues to be brought to the table. Most of all, I want your issues to be resolved.

One University. One World. Yours. The university slogan says it all. This is your campus and you should be in charge. Therefore, I am ultimately campaigning for you to put your needs and experiences as a student first.

Sincerely,

Tim Villermet  
1-902-579-8888

villermet.tim@gmail.com



## Christian Hahn

Dear Students,

My name is Christian Hahn I am a candidate for the Board of Directors and a second year Psychology student here at Saint Mary's University. I will be enrolled in the honours program come next September as I have yet to complete the necessary prerequisites. I have a strong desire to implement many improvements in the day-to-day lives of students here at Saint Mary's, and with your support I will have the means to do so.

SMUSA is funded by students in order to represent the needs and wishes of students. As it stands a lot of students that I have spoken with are not seeing the benefits of this organization, which they are funding, and consequently are not feeling represented by their elected members of the Board. This is something that must be changed for the sake of all students at Saint Mary's University. I will make it my personal goal to bring about this change, and this is something that will be accomplished through STUDENTS FIRST, a

collection of candidates both for the Board and for President who are all working to bring the needs and opinions of students to the forefront of electoral debate. Together we can make a difference, by creating an environment of action, in which students can see their elected representatives implementing the ideas of students into day-to-day policy. The first steps toward bringing this change about has already been taken in the creation of The Plan, which is a well formulated collection of ideas created by students for the improvement of student life here at Saint Mary's.

I sincerely hope that you will all seize this opportunity to bring about change come this year's election dates of February 11th and 12th. The power rests in your hands, vote for members of STUDENTS FIRST and use it.

Sincerely,

Christian Hahn



## Veronica Marrone

Dear Fellow Students,

My name is Veronica Marrone, I am running for a seat on the Board of Directors. I am a first year Arts student and like many other Saint Mary's students I was uninformed of all the benefits of SMUSA until I took it upon myself to learn them. However I also came to learn that within the association there are many weaknesses, money gets wasted and lost, students are not engaged and many issues aren't brought up at meetings. I want to change that and as a member of Students First this goal is highly attainable. I want to make SMUSA a positive part of everyone's university experience and put every dollar back to you the student. A vote for me will do many things; ensure your opinion is valued and heard, put your voice and ideas into

actions, most importantly allow you the student to be put first.

I am honest, hard working and motivated to bring about change. SMUSA has the potential to be a great association. All it needs is inspired Directors - to speak for the students and an empowered President - to create change. By selecting me as a director I promise to listen, observe, and learn from each and every student around me so that I can be informed of every issue. Once I'm aware of the needs of my fellow students I will act accordingly, thus promising that I am the absolute best person for the position.

Allow those changes to happen.

Vote for Students First. Vote Veronica Marrone.



## Jason Tucker

Hello,

To those of you who don't already know me, my name is Jason Tucker and I am running for a position on the SMUSA Board of Directors. I am a Criminology and Philosophy student here at Saint Mary's. During my time here I have been very involved on and around campus.

I have taken an active role representing students, sitting on different committees such as the food committee and also as a representative for our school at provincial ANSSA meetings, working to bring student issues to the government's attention.

I feel I would be an asset to the Board of Directors, not because I have all the answers, or because I think I am something above and beyond. Truth be told, I am an average student, just like you, but I have a genuine interest in what goes on at SMUSA. I have taken it upon

myself, to keep up on the goings on of SMUSA, I believe the students should have a representative who will hold SMUSA accountable to the students.

I will continue to be involved in SMUSA affairs because I feel strongly about it; I believe as a student, we should know where our money is going. If I am elected, it will however give me a stronger position to represent you as a student and your concerns.

If you ask anyone who knows me, they will tell you that I am very motivated and determined; I get results. In the past, a main issues I have worked towards, is more events on campus, especially all age events, to have a stronger community feeling on campus.

If you have any further questions or concerns, feel free to stop me in the hall after class, or heck look me up on facebook.

Sincerely,

Jason Tucker



## Grace Kennedy

Hello!

My name is Grace Kennedy and I am a third year Commerce student. I am from Winnipeg, MB and transferred to SMU in 2008. I would like to share a few facts about myself as well as my vision for SMUSA in hopes of gaining your support during the upcoming election.

Apart from my studies, I enjoy outdoor activities, organized sports (you can find me attempting to dig volleyballs at intramurals), trying to understand The Economist and experimenting with tofu. I also have a keen interest in politics and try to take as many Political Science electives as I can.

Outside of campus life I devote time to United Way youth initiatives. Last year I co-organized a UW grant program for youth in HRM and I have served on UW committees over the past

five years. During the summer I organize an annual beach volleyball tournament (with Labatt as a sponsor = neat prizes!) to support a community club in Falcon Lake, Manitoba.

Getting down to business, the Board of Directors is responsible for creating the end goals of SMUSA that reflect student interests. I believe I share values, needs, and ideas with students at SMU and that I would be an accountable and valuable representative on the Board. I have high expectations for SMUSA, as should the entire student body, which I would expect to uphold in order to utilize the most we can from our resources. I am an attentive individual and guarantee my utmost time, effort and consideration to the activities that will make our student experiences the most positive they can be.

My essential view is that academic institutions like SMU are most successful when students truly enjoy their experiences and receive the necessary skills for future endeavors. Running for

Board of Directors is how I hope I can make this increasingly true at SMU. Simply put, if the SMU experience is remarkable for students, it creates a path for so much good to follow, including future support for the school (monetarily and in a reputational sense) which will benefit future generations. A large determinant of this will be the effectiveness of SMUSA!

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## ARTS &amp; ENTERTAINMENT

NICK MADORE  
Arts & Entertainment

## Interview with Dallas Green

NICK MADORE  
Arts & Entertainment

Dallas Green is a busy man. When he's not on the road or in the studio playing with hardcore band Alexisonfire, he's working on his acoustic folk solo project, City and Colour. It's with the latter that brings him to Halifax next week for a show at the Rebecca Cohn Auditorium. Originally scheduled for one show on Monday night, February 1, a second show was added for Tuesday night following strong ticket sales for the first performance. I talked with Dallas last week for a few minutes about his success.

N: Alexisonfire and City and Colour are in two completely different genres. How did you go from playing hard, fast electric guitar to soft, melodious acoustic?

D: Well I played acoustic guitar before Alexisonfire, and I did throughout Alexis. It's just that before I was in Alexisonfire, no one knew who I was. When City and Colour came out people just automatically assumed that I just made this drastic change to another style of music, but really when I first started playing guitar, when I first started writing songs, I was writing them on acoustic guitar, and I was singing and playing for people on an acoustic guitar. So it wasn't really that big of a shift for me. I think it was more of a shift for people who were used to hearing me in Alexisonfire.

N: City and Colour started out as a side project, but it quickly gained popularity. Do you ever feel compelled to stick with one side or another?

D: Not really. I think if I liked one more, than I would just do that one. But I like doing both. I like the sort of change it brings. It's kind of like, if I'm stuck in a rut with one I can work on the other. If I'm trying to write a song and it's not working

I can try to write a completely different style of song. There's a nice balance there, I think.

N: Do you set aside specific time periods to work on either project? "For a while I'm going to work with the guys in Alexisonfire, after that I'm going to do my own thing," etc.?

D: No, not really. Whatever happens, happens. Whatever comes to me at the time, I'll work on. You know, we

of in the preliminary stages. I'm sure when it comes time I'll think about who I want singing, but right now it's all me.

N: You sang with Gordon Downie (of the Tragically Hip) on the last record. How did that come about? Who approached whom?

D: I called him and said "Hey, I got this song, I'm thinking of hearing your voice on it, what do you think?"

I gave him the demo, and he dug it, and was down, and here we are.

N: How does it feel to be invited to play at the Olympics?

D: It's really cool. I don't know if we're necessarily "playing the Olympics," but I know that we are playing a show in Vancouver during the Olympics. The city's doing a whole lot of stuff. I don't know if I feel like I'm representing Canada by playing there, but it'll be cool to play there when lots of people from around the world will be there.

(Editor's note: the show is indeed listed on the official Vancouver 2010 homepage)

N: In "Comin' Home" you say you won't take any pictures of Halifax because you'll be right back. Are you going to take any pictures while you're here, or will you be right back?

D: I'm probably not going to be taking any photos, but I am there for two days, so you never know.

N: Anything else you'd like to share with our readers?

D: If you're coming to the show, thanks for getting tickets and I'll try to make it as fun as humanly possible.

Both shows are sold out, so if you haven't picked up tickets yet, your best bet is probably Kijiji. Opening act for the Feb. 1 show is Two Hours Traffic, and supporting act for the Feb. 2 show is Olympic Symphonium.



## BITE SIZE ENTERTAINMENT



## Haiti Telethons net Millions

This past Friday evening saw both the Hope for Haiti Now and the Canada for Haiti telethons in the US and Canada, respectively, and both saw great success.

"Hope for Haiti Now" was hosted by actor George Clooney and Haitian-born performing artist Wyclef Jean. During the two-hour telethon, performances by celebrities the likes of Madonna, Rhianna, Bono, Sting, Beyonce and Coldplay helped raise funds of over \$58 million USD. Likewise, the Help for Haiti Now benefit album has reportedly become the biggest one-day pre-sale order in iTunes history, holding the #1 spot in the iTunes store in 18 countries.

Canadian broadcast telethon "Canada for Haiti," created in a joint effort by CBC, Global and CTV, raised an estimated \$13.5 million during the hour it was on-air. The show featured performances by Canadian artists and groups including Nelly Furtado, K'naan, Metric, and Tragically Hip. Appearances were made by Canadian celebrities across all fields of media, such as Michael J. Fox, Rachel McAdams, James Cameron and William Shatner, among others. In addition, several French Canadian networks came together to put on and air a benefit show in Montreal dubbed "Ensemble Pour Haiti," raising another estimated \$6.65 million. It's worth noting that Prime Minister Stephen Harper has promised federal cash to match contributions from individual contributors. The overall total (to date) for Canadian televised fundraisers, after being matched by the government, is over \$40 million.

NSCC Waterfront campus is hosting their own benefit show this Thursday, the 28th in their theatre on campus during their regularly-scheduled open mic from 7pm to 9pm. All proceeds from this show will go to the Red Cross in support of the efforts to help the people of Haiti.

## NBC, O'Brien make it official

As you've probably already heard, NBC have struck an exit deal with late-night talk show host Conan O'Brien. The deal, made last Thursday, reportedly sees Conan receiving \$32 and his staff receiving \$12 million in severance. This announcement comes seven months after O'Brien began hosting the Tonight Show. Since then, ratings for the show have slipped behind competing host David Letterman's show on CBS.

His last show hosting the Tonight Show aired this past Friday, with appearances by Steve Carrell, Tom Hanks, Neil Young and Will Ferrell. He began his opening monologue with the line, "We have exactly one hour to steal every single item in this studio." The rest show saw Conan in his usual high spirits until a heartwarming speech near the end, where he thanked NBC for everything they've done for him in the past 20 years, and urging people not to be hostile or cynical about the situation. The show ended with Will Ferrell leading the band into a rendition of classic rock song "Free Bird," with O'Brien on guitar.

Jay Leno is set to take back the show he hosted for 17 years prior to handing it over to O'Brien, who had hosted the show immediately after, Late Night.

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## FEATURES

ALEX CLARKE  
Features Editor

# Jane: Art Meets Activism

HEATHER MACLEAN  
Women's Centre

Tonight you have a chance to see a great piece of political theatre *Jane: Abortion and the Underground* 8 pm at the King's Theatrical Society Lecture Hall, on the second floor of the New Academic Building, 6350 Coburg Road. The play was produced earlier this month to large, enthusiastic crowds, so if you missed it the first time, this is your chance to see it, for free! *Jane* is adapted by Ruth Vollick from Paula Kamen's play and directed by Pascale Roger-McKeever. The producer, Jane Gavin-Hebert, is bringing the play back as part of Trust Women: A Conference on Reproductive Justice. Gavin-Hebert organized the play and the conference "to inspire understanding of women's political struggle for reproductive rights." I was able to see the play the first time around, and I wanted to share some background and my thoughts on the play.

*Jane*, officially known as the Abortion Counselling Service of the Chicago Women's Liberation Union, was a woman-run service that arranged abortions in secret apartments throughout Chicago between 1969 and 1973. The women running the service wanted to decrease the cost but increase the availability and safety of the then-illegal procedure for otherwise desperate women. Heather Booth, an activist who went on to become a leader in the Democratic National Convention, was an early *Jane* organizer. "It wasn't that we were for abortion" Booth told *The Chicago Tribune* in 1999, "We were for women having the right (to) make this

most personal decision." After helping many women, and surviving police raids, *Jane* disbanded after the *Roe vs. Wade* ruling legalized abortion in 1973.

*Jane: Abortion and the Underground* conveys women's experiences of abortion and the *Jane* service. A cross-section of society is presented in the play. Some women were poor, others suburban housewives, or political radicals. Some of the actors are planted in the audience; one will suddenly stand up and begin her monologue. This technique breaks down the barriers between actor and audience, making the character's problems more immediate, and powerful. This technique symbolically conveys the message that abortion is not something that can be separated from other aspects of life, and as much as we sometimes pretend it only affects 'other' women, women from all walks of life have had experiences with abortion. *Jane: Abortion and the Underground* is an excellent example of what can happen when art meets activism. The play is part of the Trust Women Conference. The conference's three keynote speakers, Loretta Ross, Jessica Yee, and Joyce Arthur, will be giving a free lecture 7 p.m. this Thursday at The McNally Theatre. Film maker Catherine Martin and spoken word artist El Jones will open the lecture, and it will close with a screening and discussion of the documentary film *The Choice Monologues*. *Jane*, and the Trust Women conference, reminds us of how much more choice and control women now have over their bodies, but we could lose our rights at any moment, unless we fight for them.

## Student Food Movements in Halifax?

CONTINUED FROM PAGE 3

academic context, do exclusive food contracts embody the university spirit of inclusivity, critical engagement, and a space for new ideas? Are we able to dream of better models and different ways of engaging with our food?

Students, as part of a growing number of Canadians, are taking an interest in the way their food is produced, marketed, and consumed for a host of different reasons. These include environmental impacts, nutritional value, livelihoods of growers, and economic benefits to local communities. This is partly why farmers' markets have seen phenomenal growth in the last few years. One only needs to observe or participate in the Halifax farmers market on a Saturday morning to understand the popularity of this trend. The Coast now annually publishes a booklet pointing readers to local and independent businesses in Halifax for a variety of consumer goods. This trend that has led many students to question the food system that they are forced to be a part of everyday on campus. A system that is dictated by corporate food giants such as Aramark, Sodexo, and others because University administrations auction the exclusive rights for food services to the highest bidder, with a guarantee that no other food service provider is allowed to compete once those rights have been secured (so much for free-markets, innovation, and healthy competition).

A coalition of student groups has risen up to challenge the food system on campus which reflects the growing discontent with exclusive food contracts among students, faculty, and staff. Food-oriented student groups and societies are calling for more space on campus to provide local, environmentally sustainable, healthy, and affordable food services that operate outside of the current food model. There are currently a number of student run food services throughout Canada on various campuses that have been

very successful in meeting the needs of students. For example, the Seasoned Spoon at Trent University grows food for their student run café on the roof of their campus, The People's Potato at Concordia serves food outside of a corporate food system model.

At SMU the coalition of progressive societies has already provided free hot lunch to 200 students on two occasions to demonstrate that cooking and serving local food is indeed possible. Most of the food, donated by local farmers and businesses, was gone in less than two hours. Although providing free lunch to thousands of students everyday using this technique might not be possible; it demonstrates that alternative food services that are affordable, healthy, ecologically sustainable, and beneficial for the local economy.

The SMU student coalition food campaign is working towards a "living campus" that is modeled on the Living Wall in the new Atrium building. The alternate vision is that food is a medium by which we live out a more responsible global citizenship, recognizing our environmental and social responsibilities arising through our consumption as opposed to viewing food only as a commodity. Imagine what creative food alternatives might be developed if control of the food system was democratized and given back to students.

The campaign continues with an International Food Panel February 3, 2010 @ 7:30pm in the SMU Scotiabank Theatre that includes international food activist and scholar Raj Patel, Robert Fox, Oxfam Canada's Executive Director and Reg Phelan, Atlantic Region representative for the National Farmers' Union. As a follow-up event a Town Hall meeting will be called to facilitate a democratic and inclusive discussion about the vision of food at SMU.

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## The CRANKY Professor

THE JOURNAL, THE STUDENT NEWSPAPER AT SAINT MARY'S



### Advancing the Homosexual Agenda

What do lesbians and gays want? What everyone else wants—good jobs at fair wages, health care, housing, education, civil liberties such as freedom of expression and freedom of association, opportunities for leisure and recreation, safe streets, well-run cities, responsible government.

But they have these things, at least to the extent members of any other group does. In Canada, no one may deny a person a job or a seat at the lunch counter in virtue of that person's sexual orientation. It's nobody's official business with whom Canadians have sex or how they have it, so long as everything's consensual. Same-sex marriage is recognized in law, and lesbians and gays may form families with children.

And so the battles have been won. Well, not quite. There's still the more amorphous goal of social acceptance. Lesbians and gays still find themselves on the receiving end of mockery and hostility because of their sexual orientation. The quest for social acceptance is one large task that remains.

Now certainly people today are friendlier toward homosexuals and more accepting of homosexuality than people were three or four decades ago. The progress lesbians and gays have made in securing legal protection against discrimination would not have been possible had attitudes remained fixed.

Yet, despite this progress, more than a few people continue to be repelled or disgusted by the thought of homosexual sex, and would have nothing to do with homosexuals if they could. For many people it matters that, for instance, their children are not homosexual. Or it matters that homosexuality does not become any more prevalent in our communities than it already is.

Gays and lesbians, then, want not only fair access to goods like jobs and housing. They also want that people generally, but especially the people in the communities in which they live and work, are warmly accepting of homosexuality and homosexuals. They want their sexual orientation to make no difference to strangers or acquaintances, and to be appreciated as part of who they are by friends and family. In the jargon of some of those committed to the homosexual agenda, they want to normalize homosexuality.

Homosexuals are not, of course, entitled to these things, at least not in the same way they are entitled to fairness in jobs and housing. No one is entitled to people's acceptance or warm feelings. People may feel how they want about whomever they want. Attempts by governments and commissions to identify and punish or remedy anti-gay sentiments or expressions of them are contrary to the ideals of a liberal democracy, and deforming of

its public culture. It's right that the restaurant owner must serve the two men holding hands or face the law. But it's his business what he thinks about them and what he writes to the newspaper.

We must, that is, not only be concerned to advance the homosexual agenda, but be concerned with how we advance it. We must not try to advance it at the cost of civil liberties, even should we think such an attempt would succeed.

So how, then, are we to go about normalizing homosexuality? Through argument and example. And one place where argument and example will have good effect is in school, both elementary and secondary. Gay-positive teachers and students can do a world of good in promoting acceptance of homosexuality and homosexuals just by talking about homosexuality and about the condition and aspirations of homosexuals within our communities.

This talk had better not be preachy or sanctimonious, though, and it had better not slide into applying social pressure on people to have the right attitudes. But it's not hard to speak candidly and knowledgeably about matters of controversy while being respectful, conversational, and open to other points of view. Or at least it's a skill one can acquire easily.

Two positive developments with regard to the homosexual agenda are the formation of gay-straight alliance clubs in the schools and the inclusion of homosexuality as a subject of study in both biology and social studies. Of course, teachers and students must be careful not to make the academic study of homosexuality an excuse to try to change attitudes. The point of the classroom is to impart facts and theories to children and to assist them in becoming good writers and good thinkers. Everyone suffers whenever this point is compromised, even for the sake of ends of which we approve.

Nonetheless, acquainting young people with facts and theories about sexuality and having them participate in critical discussions of social norms and people's attitudes cannot help but create gay-positive teens and young adults. By encouraging teachers to include homosexuality as an academic topic, we will be advancing a noble agenda through noble means.

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# Saving Tips for Students

ALEX CLARKE

Features Editor

A new year means new resolutions. Each year we make new goals that we want to hit, and one of these goals is achieving a better saving plan. Post-secondary education is expensive and most students must manage limited resources in order to make it from orientation to graduation without developing a huge burden of debt along the way. For this reason, just like their parents, students also need a good financial plan.

The good news is that personal finance is fairly easy; you just have to know how it works. The Journal recently sat down with Mr. Aaron Dressler, a Certified Financial Planner at Investors Group.

Investors Group is a national financial planning firm that is committed to building personalized solutions on an individual basis. Mr. Dressler is a Division Director at the Dartmouth office, one of three offices located in the Halifax area. Mr. Dressler helps clients formulate plans based on their life goals, then designs and implements financial strategies to help them meet those goals.

Mr. Dressler has over 20 years experience in the financial services field. He currently leads a group of financial planners at Investors Group and is looking to expand the team at the Dartmouth office by talking with potential candidates who have an interest in this field.

Our discussion on student financial plans started with basic budgeting tips that all students should start developing early.

We can start this introduction by admitting nobody is perfect. Now that most of us are on our own, we might be tempted to spend money on the things our parents wouldn't let us have before. Be cautious with your new found freedom and avoid the sort of money troubles that plague many other young adults. Here are 10 ideas that can be of benefit to you

(1) Focus on developing good money skills with cash. Consider sa-

ving up before buying that PS3 and worry about using credit later. In our discussion Mr. Dressler described this as, "paying for yesterday." Being frivolous with spending instead of buying necessities will only hurt YOU in the future.

(2) Use a notebook to keep good records of your spending. For each purchase, make sure to save all receipts. Compare them with bank statements at the end of the month. This will allow you to know your spending patterns and keep control of your budget. Some of these receipts may also be used as a tax deduction (eg. Bus passes) so don't throw them away.

(3) Research nearby financial institutions. Find out if your bank or credit union offers special accounts for students. Keep track of your spending to avoid overdraft charges and interest. Be careful using bank machines from another institution or a "white label" machine. They will charge you \$1.50 to \$3.00 fee for every cash withdrawal. On a \$20 withdrawal you may be giving up 15% of your money

(4) Hold off on getting a credit card unless you absolutely need one. When you do get one, make sure you make your payments on time to avoid late fees and to establish a great credit history. This will be important for you when the time comes to make major life purchases (Car, Home). Try not to charge any amount on your card unless you feel that you can pay it off by your statement due date. Again choose wisely, the credit card companies are NOT there to help you. They are there to make money.

(5) Students with part time jobs should make sure that they file tax returns. Many students forget that their employers have deducted taxes from their paycheques. Depending on your annual income it may be possible to get most if not all of this tax money back. Student returns are usually very easy and can be done at any tax service company such as H&R Block. Another helpful tip I learned through IG was that moving expenses are deductible when a student moves more

than 40 kilometers to be closer to a school or to a job, depending on certain circumstances of course. For more information on tax returns speak to your school's student association.

(6) Always remember to protect vital information about yourself. Never give out your social insurance number or credit card information unless to trusted and known sources. Misplaced identity can lead to identity theft and a bad credit.

(7) If you're a new student here at Saint Mary's and have never been on your own then the transition might be difficult. From the start it seems like there are a hundred things competing for your money. Here are some ideas to make sure you don't blow it. Hit the stores early so you can get your hands on a used

text book. No need to buy a new one because you're just going to sell them back at the end of the term anyway. Spring break is just around the corner and many people want to go on a vacation. Just remember that you can have a lot of fun for cheap close to campus. You might be surprised how much fun you can have on campus also. Get the most out of your school ID and support school events. Take pride in seeing school games that are free for students, instead of spending money on other sources of entertainment. Also, remember that good judgment helps keep down spending. Self-discipline is more important now than it ever has been in our life. Limit your vices. Beer and cigarettes are not only expensive but they can have a long lasting affect on your body and mind. There is nothing wrong with a drink or two on the weekend but don't go overboard.

(8) Transportation is also an important part of school that tends to eat into your budget. Saint Mary's University along with other universities offer bus passes for all students included in their tuition. If you're thinking about getting a car, remember that cars are a huge expense. Gas, maintenance, insurance, licensing and parking are all things to consider. Alternatively, use mass transit or carpool and share gas and parking expenses.

(9) Be careful of the company you keep. Some of your friends may have bad financial habits. Sharing more time than necessary with such friends can lead you to spending habits that you may not be able to afford. Remember that keeping up with "the Jones's" is a surefire way to financial ruin.

(10) Last but not least, learn ways to INCREASE your budget. One of Mr. Dressler's main points was that if you spend more than you make there is no opportunity to save. If your spending habits are roughly even with your income then you have either two choices. Spend less or earn MORE. To start, you can work a part time job that will give you access to spending cash while still able to attend class. Make sure to be an outstanding employee because being a good worker pays dividends in the long run. A grateful employer will provide great recommendations and contacts that will be valuable after school. Many students have turned work-study jobs into launch pads for great careers. If a part time job isn't up your avenue, then be creative. Do you have any computer and technology skills? Can you repair a car? Do you have a pickup truck that you could use to haul furniture? Do you play any musical instruments? Charge cheap rates, exceed expectations and word will spread developing a sure clientele. After you have a sure demand, increase the price of your product. This is an awesome way to make money

These were just some of the helpful tips that Mr. Dressler introduced me to during our meeting. He said that the best way students should start was by thinking about your goals in life after school. After you have a sure idea of your goals, place a dollar figure to those goals and then a timeline. Concentrate on hitting your goals before your timeline and you will be well on your way.

Mr. Dressler also assured me that he is open for discussion at anytime and welcomes anyone who may wish to improve their financial situation. Additionally, if any students are interested in this field they can contact him at (902) 468-3444 or email him at [aaron.dressler@investorsgroup.com](mailto:aaron.dressler@investorsgroup.com).

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# BUSINESS & SCIENCE

MONIQUE JOHNSON  
Business & Science



## Calling Out Canada's Health Care

MONIQUE JOHNSON  
Business & Science

Comments from Ultimate Fighting Championship (UFC) star, Brock Lesnar, have Manitoba health officials scrambling to prove him wrong. Lesnar was on a hunting trip then fell ill later in the day. According to Lesnar, the medical care he received was likened to that of the services of a third-world country. The press conference where the comments were made was held for Lesnar to announce his return to the sport. This does not put the Canadian health care system in a good light at all.

Lesnar had a digestive disease called diverticulosis. Diverticulosis occurs when pressure within the colon causes tissue to bulge out. When rushed to the emergency room, Lesnar mentioned that the equipment to test his disease was out of order. Lesnar's sister-in-law lives in Cromer, MB. The incident took place at Brandon Hospital 120 kilometers from Cromer. Carmel Olson, Brandon Regional Health Authority CEO informed the media that Lesnar was treated with the proper medical care as pertaining to his condition and a skilled medical practitioner attended to Lesnar's illness.

## I'll Have That House On The Rocks,

MONIQUE JOHNSON  
Business & Science

An insurance company in Cape Breton is cancelling home insurance for approximately 1,600 homes due to the large amount of fire claims being filed. Home owners in Glace Bay, New Waterford, Dominion and Sydney Mines will be receiving a letter from Leonard Sharman of the Co-operators General Insurance Company advising them that they will have to renew their insurance. Customers who receive the letter will have to apply when their insurance expired. It will then be decided if the insurance can be renewed.

As with most companies, the changes are in efforts to reduce costs associated with fire claims. Sharman also

After he left, Brandon Hospital, Lesnar's wife Rena Mero aka "Sable" drove him to 160 kilometers to a hospital in Bismarck, North Dakota, which is about 250 kilometres south of Brandon hospital. Mero is a former professional wrestler. She was employed by the World Wrestling Federation (WWF) who later changed its name to World Wrestling Entertainment (WWE). Lesnar professed his love for Canada, but mentioned if he had to choose a place to receive medical care, he chose the United States. The diagnoses of diverticulosis came at the hospital in Bismarck. He was immediately put on antibiotics and spent the next eleven day in hospital with minimal food diet.

Lesnar admitted that there were political undertones to his criticism of the health care here in Canada. It was a message to Barack Obama, democratic president of the United States who is lobbying for health care reform. Lesnar is of the opposing Republican Party. Lesnar also mentioned that he was speaking on behalf of the doctors of the United States who opposed Obama's idea as well. The equipment failure or the lack thereof at the hospital in Brandon does not paint a good picture of the medical care procedures here in Canada.

mentioned that there are various insurance companies that would not sell home insurance to residents in Cape Breton nor northern New Brunswick due to the fire claims. When customers do re-apply the insurance will cover the current market value of the house not the replacement value of how much its worth. The rates will increase and homeowners will have to hire inspectors to check the wiring and heating of the house to clear it for insurance purposes.

Customers are angry and some are cancelling their auto insurance with the company as well. Some customers who have been with the company for 25 years have been denied a renewal with the company. Some applications for renewal have been accepted, but at a high rate with a reducible and a re-inspection.



## Smokers Beware!

MONIQUE JOHNSON  
Business & Science

Apart from the awful cigarette smoke that lingers on your clothing and the sometime utter disregard for the "please smoke 3 meters away" sign your smoking may be a lot more hazardous to your health than you think. The mice are your friends in this study because they were the animals tested on in a study that highlights that the tobacco smoke can promote the growth of pre-existing cancer tumors in addition to causing lung cancer. You're not just killing yourself, but those who are inhaling your funky smoke.

The study was conducted at the

University of California, San Diego School of Medicine. Researchers found that the tobacco smoke promoted inflammation of lung tissue which in turn caused the cancerous tumors to develop at a faster pace.

The mice were forced to have cancer through two methods: being exposed to a chemical carcinogen or a mutated gene being introduced into their genetic code. Some of the mice were occasionally exposed to tobacco smoke as well. In their earlier stage, the cancerous tumors of the mice exposed to the smoke grew more rapidly than those of the mice who were not exposed to the smoke.

To further prove that inflammation promoted cancerous tumors, the scientists eliminated the nuclear fac-

tor: kappa B. Kappa B is known to be a link between inflammation and cancer. There is a bright side of the research: if the study proves true in humans, anti-inflammatory drugs in patients with the early stages of cancer can be used to reduce the rapid progression of cancerous cells.



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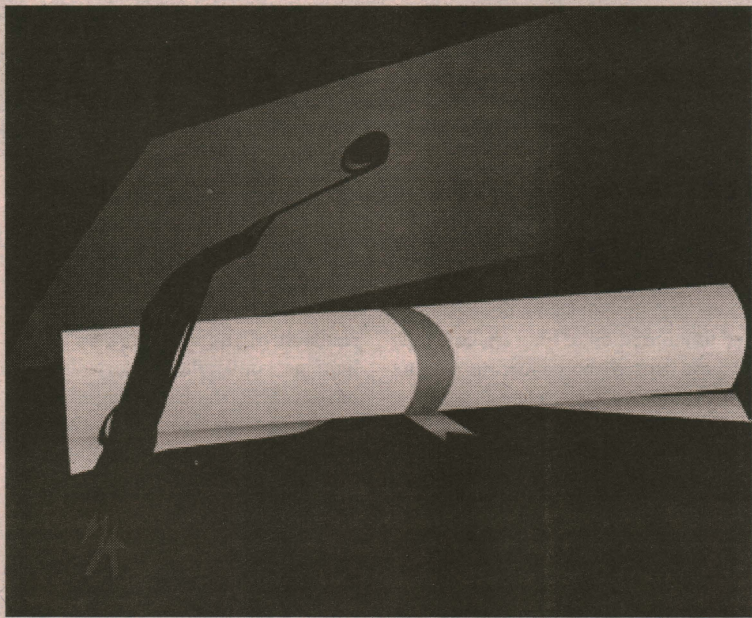
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## ATTENTION: GRADS OF 2010

CHERYL MACDONALD  
*Grad Class President*

Hopefully the paperwork has been filed and you're on your way to Graduation! With the second and final semester up and running, it's time to check in and see where you should be both academically and socially as a SMU Graduate of 2010.

First- the serious stuff. If you are eligible to graduate in May, you should have received a letter from the Registrar telling you that you are able to do so as long as you successfully complete this semester. If you haven't received that letter yet, get in contact with them to see what's up. You will also be receiving a Graduation Package at some point this semester. This will give you information on Graduation itself along with how to get gowns, tickets, the location of the ceremony, and other events for that week. The Grad Executive hasn't received any information on the packages yet, so once that is readily available it will be posted on the Facebook page and sent out to the e-mail list.

And now, the fun part! If you can find a bit of extra time in this final semester of your degree, your Exe-

cutive invites you to take part in the various activities going on for Grads. The primary concern is the Maroon & White Ball, which will take place Saturday, April 3rd at the Lord Nelson Hotel. As SMU's biggest annual event for Grads, it involves the most fundraising and planning. Bake sales, coat checks at the pub, and Relay for Life are also on the schedule this semester- not to mention a whole list of events during Grad Week in May! There will be an official Grad Class meeting Monday, February 1st at 7pm in Loyola 174 to discuss the mobilization of all these activities. Anyone interested in taking part should be present or get in contact with the Grad Executive via e-mail or Facebook for more details. Keep in mind that none of this is possible without your participation and support!

This Thursday in particular, the Grad Class is hosting a Stoplight Party at the Gorsebrook Lounge (must be 19+). Doors open at 9pm and there is no cover for SMU students wearing red, yellow, or green. Defy Facebook and wear your relationship status while supporting the Grad Class! Just under three months to go, Grads! Why not celebrate a bit?

## Chemical Claims A Life

MONIQUE JOHNSON  
*Business & Science*

A toddler from New Brunswick ingested methadone then died later in Halifax at the IWK Health Centre. Methadone is a treatment for opiate addiction and pain. The accident is under review by the RCMP in the area. Investigators are still pleading to the public for more information. This seems odd because if this happened in the privacy of a home how would someone from the general public know what happened? Maybe they are hoping that a neighbor knew the family members and saw something suspicious.

Any incident involving a child's death is always hard to bear, as they are helpless individuals who are at the mercy of grown-ups who are in charge of their day-to-day care, safety and well-being. When officers were called to the scene in Havelock, NB it was discovered that the toddler ingested the chemical 24 hours before the guardians dialed 9-1-1. It is uncertain why the adults in the home did not alert the proper authorities at the time of the incident. Maybe they were not aware of the chemical the

toddler drank at the time and was only alerted due to the side effects of the chemical. The adults were arrested in the home, but were later released with no charges filed against them; however, delayed charges were not ruled out as per RCMP Constable Chantal Farrah.

Since methadone treats individuals who are dependent on illicit drugs. The methadone program in New Brunswick requires that patients go to a pharmacy to drink the liquid on a daily basis. Only those patients stable enough are allowed to take doses home with them. The mobility of the drug allows for patients to lead an average life-style while taking the drug, as treatment can take years.

As per the New Brunswick policies and procedures, those who take methadone are required to show the proper authorities the lock box or safe where the chemical will be stored before they are allowed to bring it home with them. Though methadone has take-home conditions, there are lots of drugs in many medicine cabinets that are highly toxic to children like methadone. It is used in control substances, which also adds to its reputation

## Not Your Average Veterinarian

MONIQUE JOHNSON  
*Business & Science*

In an effort to combat animal cruelty, veterinarians are now required to report animal abuse. This was a change that came into effect as per the Animal Protection Act. This reduces the retaliation from owners against veterinarians, as sometimes the owners would be angered of the charges brought against them when The So-

ciety for the Prevention of Cruelty to Animals (SPCA) is alerted. This law can be likened to the law that required doctors to report child abuse. This act also assists the veterinarian because the information of a patients pet is private information. Though it's not considered doctor-patient confidentiality, the Act allows veterinarians more room to speak freely. This also forces the owners to be responsible for the pet they chose to take care.

The Act also covers farm animals

under the Agriculture Department, which were covered under the advocacy of the SPCA. Since the veterinarian has the responsibility to report such finding this reduces the role of the SPCA in terms of making the initial claim that may incriminate an owner. The expenses of the allegations are also taxing on the SPCA due to its rather small budget. Due to its size, the SPCA has three investigators in Nova Scotia who handle on average 1,500 complaints.

## SMU Women's Centre presents .... CAPOEIRA

Capoeira is a movement that has been sweeping the world. It is an Afro-Brazilian art form that combines elements of martial arts, music, and dance. It was created in Brazil by slaves brought from Africa, especially from present day Angola, sometime after the sixteenth century. These powerful movements inspire strength and agility and are a great form of FREE, FUN exercise!

### Women's Sports Days, 2010

- **This introductory Capoeira class, open to all skill levels, begins on Tuesday, January 26, 2010.**
- **TUESDAYS, 1:00-2:30pm**
- **5 Sessions - Jan. 26, Feb. 2, Feb. 9, Feb. 16 and March 2nd**
- **Group Fitness Room, SMU Tower**
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# SPORTS

JASON MACDONALD  
Sports Editor



## Mike Danton's Second Chance

JASON MACDONALD  
Sports Editor

Former NHL player Mike Danton's first press appearance since starting at Saint Mary's focused on second chances, those afforded to him and others as well. Mike Danton was extremely appreciative of all the support that has been given to him and also the privacy that the media have allowed him to maintain in his attempt to start a normal life again. Danton was asked by one reporter during Thursday's press conference why he felt he deserved a second chance. "Everyone deserves a second chance" Danton replied, "Everyone in this room has made mistakes and everyone deserves to be forgiven." Danton also made it clear that he just wants to move forward with his life and is not dwelling on the past.

The 5' 9" forward expressed his gratitude not only to the university

but also the coaching staff and especially the men's hockey team, saying that he and Captain Marc Rancourt had a long telephone conversation where all concerns were aired and questions answered. According to Rancourt the team had a long meeting prior to Danton's arrival and discussed all their concerns. He assured the press that the team wholeheartedly supports Danton coming to play for SMU.

When asked how he responds to critics who say he is too old to play a university sport Danton scoffed saying "Twenty-nine isn't that old" and noting that the oldest player in the CIS currently is 47 years old. Danton also feels that his age isn't an issue as he has been removed from the game of hockey for six years and needs to get back into stride.

Danton has begun practicing with the Huskies but said that he still needs to get back into hockey shape, joking that his biggest issue right now is his

cardio. Danton is putting his hockey career in Coach Steinburg's hands, stating that it is up to Trevor when he gets to hit the ice for the first time.

The main point Danton enforced during the press conference was the future. The main thing that he wants to get out of his time at Saint Mary's is a degree, although he would like to play pro hockey again (as would everyone else on the team), at the moment he is firmly rooted at SMU and wants to finish his degree and do something in the field of sports psychology. Currently Danton's feeling are that he needs to get his education before he can do anything else with his life "I'm a student athlete not an athlete student" said Danton. The 29 year old, Brampton, ON native is currently paying his own way through university, receiving no financial aid or scholarships.

## Top Ranked Capers Defeat Men's and Women's Basketball Teams in Back-to-Back Games.

JASON MACDONALD  
Sports Editor

The women's basketball team played the CBU Capers Friday night and Saturday afternoon in their 3rd and 4th meeting of the season.

Opening the first quarter of the women's Friday night game the Capers had excellent opportunities. They drew successful fouls and played well as a team, carefully moving the ball and keeping in better position than the Huskies. The Capers also had better control of the ball, taking more shots on the net and managing fewer turn-overs than the Huskies. The Capers led throughout the game, with a 14 point lead at the end of the first half, they maintained this lead through superior ball movement and better control of their passes and rebounds.

In the second half the Huskies played a stronger defensive game and began driving into the Capers zone. Justine Colley began playing better in the second half, she started drawing fouls and driving into the paint. Though the Huskies were beginning to get chances at the basket they couldn't seem to find their range and gave up rebounds too easily. Though the Huskies scored 37 points in the second half it was too little too late for the Huskies, final score was 74-59 for the Capers.

The men took to the court shortly after the women's game finished.

The men's game began faster than the women's with CBU leading 29-14 at the end of the first quarter. The Huskies played well but the Capers were better, stealing balls, maintaining possession and pressure on the Huskies. The large crowd, filled with SMU Alumni, started rumbles during



break-in the Huskies were down by only 7 points at the end of the first half.

The second half held a huge comeback for the Huskies. The Capers seemed to break down in the 3rd quarter not playing as well as before. Joey Haywood dominated play in the 3rd quarter, hitting 3 pointers and stealing balls from the Capers. The Capers had multiple turn-overs resulting from silly travelling and double dribbles. The Huskies led 73-61 at the end of the 3rd quarter.

The fourth quarter was 10 minutes of excellent basketball; both teams stepped up their game but the Capers were too much for the Huskies to handle. The final score was 84-87 thanks to a last second pair of baskets scored by the Capers.

Saturday's games were once again dominated by the Capers. The women lost 48-60. Though Justine Colley and Kelsey Daley had a combined 28 points, they could not control the Capers lead in scoring by Kelsey Hodgson with 33 points and 10 rebounds. The men played well again but were blown out by the Capers in a 102-75 loss. Joey Haywood scored almost half of the Huskies points with 30 points and 11 rebounds. Also leading Huskies scoring was Simon Marr with 12 points and 1 rebound.

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At the end of the first half the Huskies began coming back. Miguel Pink kept the Huskies close with two 3-point baskets late in the quarter. With the help of Joey Haywood's

## Women's Volleyball Team Win A Pair Of Games Over Memorial Sea-Hawks

JASON MACDONALD  
Sports Editor

The Saint Mary's University Huskies volleyball team maintained their first place AUS ranking and improved their record to 7-5. The Huskies first game against the Sea-Hawks was Saturday night at the Tower, a small crowd gathered to see the Huskies win 3 games to 1. The scores were 25-17, 19-25, 25-18, 25-19.

Sunday afternoon the Huskies played the Sea-Hawks again, to a similarly sized audience. The Huskies dominated play early in the first game, placing balls exactly where they wanted them and forcing the Sea-Hawks to lay-out to save them. SMU were also playing a great net game, blocking balls and forcing MUN to try the same. Allison Beaver played very well, she had a couple of great spikes and played a tricky little fake out that confused the MUN players and lead to a couple of kills. Keisha Muise kept the Huskies in the game with

a few huge digs and sets to the net. The Huskies won the first set 25-18, dominating play and not letting MUN find their stride.

The second set opened with a few long rallies, 3rd year player Liz Cosulich aced back to back serves but had a somewhat shaky start. The Huskies found their holes and made use of them, getting their stride back and winning the 2nd set 25-16. The Huskies won the match following a win in the 3rd set, the Huskies kept the ball moving and hit great serves that put the Sea-Hawks back on their heels.

Veteran players Bryanne Hogue and Kerri Smit played a very strong net game, blocking spikes from the Sea-Hawks setting drop shots into the MUN court. The Sea-Hawks had a bit of a come-back but had a few serves that were too long and were broken down by a pair of huge spikes, SMU won the 3rd game 25-20. Keisha Muise was the Player of the game for her good work with digs and sets.



## Huskies at Home

Wednesday Jan 27th  
Basketball St FX @ SMU, Women's 6pm  
Men's 8pm  
Men's Hockey Acadia @ SMU, 7pm Halifax Forum

Friday January 29th  
Women's Hockey, STU @ SMU, 7pm

Saturday, January 30th  
Volleyball, Acadia @ SMU, 3pm  
Basketball Acadia @ SMU, Women's 6pm



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Men's 8pm  
Sunday, January 31st  
Women's Hockey, UdeM @ SMU, 2pm



# Huskies Hand Tigers 11th Loss Of The Season

JASON MACDONALD  
Sports Editor

The hockey Huskies hosted long time rivals the Dalhousie Tigers Saturday night to a crowd of more than 560 fans at the Halifax Forum. The Huskies are currently ranked 9th in the CIS and hold a record of 12-5-4 going into the last seven games of the season. The Tigers are currently unranked and hold a record of 7-11-3.

Saturday night's game opened quickly; Dalhousie rookie Benjamin Breault struck first for the Tigers, scoring his 6th goal of the season just over a minute into the game, beating Neil Conway down low.

Following the Tigers goal the Huskies began a hard push back as rookie player Andrew White ripped a quick shot off Disher's blocker and out of play. The Tigers advanced on a couple odd-man rushes but Conway managed to get his stick down in time, redirecting the puck out of danger.

After a face-off, Jordan Berk put a cross-check into the face of Cam Fergus but paid for it shortly when Andrew Hotham laid a big hit on him. Cam Fergus scored his 11th goal of the season and first of the game six seconds into the 5-on-3 power-play following from Dalhousie's van Lare taking a slash and Bartek making contact with the head of a SMU player. Fergus scored another power-play goal 38 seconds after his first-Hotham and Rancourt got the assists on the play. The Huskies continued getting good chances, playing hard and dealing well with the turnovers. Fergus and Munden were very active for SMU, getting multiple chances in the Tigers zone.

The Huskies had an excellent penalty kill throughout the game, killing off 7 of 8 penalties and allowing only 9 shots during their penalties. Late in the 1st, Pridham scored his 4th of the season with the assist of Munden and Cuthbert, a 4-on-4 goal with just 19 seconds left in the 1st.

Leading 3-1 at the beginning of the 2nd period the Huskies had much better control of the puck, stopping turn-overs and dominating the play. The Huskies kept the Tigers on their toes, not letting them

be alone with the puck and staying deep in the Dal zone. The Tigers were having a hard time clearing the Huskies out of their zone, setting up an excellent cycle which allowed the Huskies to score their 4th goal banged in by Andrew White with help from O'Donnell and Smith. The Huskies made good effort on all their power-play chances, but Dal was having trouble moving the Huskies out from in front of the net. The Dal goaltender, Disher, seemed to be having some equipment difficulties, holding up play on numerous occasions. The Huskies worked hard through their penalty kills, blocking pucks and laying out for poke checks.

The Tigers took a few silly penalties which allowed the Huskies to make the most of their chances. Marc Rancourt got tied up with Disher who got caught twice when he came out to play the puck. Roo-

kie Husky Neil Conway was well on his game, making several great glove saves to hold the score at 5-1 at the end of the 2nd period.

The Tigers came out tougher in the third period, but their effort didn't seem to pay off for them. Fergus came out of the penalty box following a hooking penalty and scored his third goal of the game and 13th of the season. Cody Thornton and Justin Munden got the assists on Fergus' hat-trick goal. SMU kept play in the Dal zone and moved the puck well. Wallingford and Kewin got into a scrum following a tough play in front of the Dal net.

The Huskies went on to win the game 7-3. The Huskies are back at home Wednesday January 27th when they take on the Acadia Axemen at the forum.



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## SPORTS in a minute

**Women's Hockey:** The women's hockey team recorded their 8th win with their 8-3 defeat of the UPEI Panthers.

**Men's Hockey:** The #1 UNB Varsity Reds lost their 2nd game of the season in a 4-1 exhibition loss to the University of Maine Black Bears. UNB's sole goal came from Kyle Bailey early in the 2nd period. The Black Bears reset their lead midway through the 2nd, scoring two power-play goals. With less than five minutes left in the game, the University of Maine extended their lead to three goals.

**NFL:** Two teams that no one ever expected to make it are heading into the biggest game in professional football. The New Orleans Saints and Indianapolis Colts will go head to head in the Super Bowl, February 7th. This is the first time the Saints have gone to the Super Bowl and it is all thanks to a 40 yard field goal kicked by Garrett Hartley. The Saints are currently 15-3 and were the NFC's top seeded team. The main factor that contributed to the Saints' win were the turn-overs committed by the Vikings, 5 total and 3 fumbles. Peyton Manning and his Colts came back and defeated the New York Jets 30-17 to win the 2010 AFC championship title. The Colts are headed for their 4th Super Bowl in team history and their 2nd in four years. Peyton Manning had an excellent game, completing 26 of 39 passes and throwing for 377 yards. Manning's precision will be the difference maker for the Colts when they play the Saints in two weeks.

**Canadian Olympic Team:** The Canadian Ski Team roster has finally been set. The 18 member team was announced Monday in Montreal and includes names such as Steve Omischl who has 3 world cups, Warren Shouldice and Kyle Nissen. The sole woman on the aerials team, Veronika Bauer, may not even compete as she is recovering from a concussion and must be re-evaluated before competition. Women's moguls will be run by Chloe Dufour-Lapointe. Kristi Richards and defending Olympic champion Jennifer Heil. Men's moguls consist of Maxime Gingras, Pierre-Alexandre Rousseau, Vincent Marquis and Alex Bilodeau. Closing out the roster are the 7 ski-cross members, Kelsey Serwa, Ashleigh McIvor, Julia Murray, Danielle Poleschuk, Christopher Del Bosco, Dave Duncan, and Stanley Hayer.

The Men's Hockey roster was announced earlier this week and includes huge names from the NHL. Starting in nets will be Martin Brodeur with back-up Roberto Luongo and Marc-Andre Fleury. The defensive core of Team Canada is fairly young including Drew Doughty and Shea Weber. The NHL has let some big names go to the Olympic teams this year: Sidney Crosby, Jarome Iginla, Dany Heatly, Ryan Getzlaf just to name a few. If you are concerned about your NHL teams, don't be. The league will be taking a break that coincides with the games. On the downside there will be no All-Star game this season.

Olympic competition begins February 12 and will be shown on CBC, CTV and TSN.

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