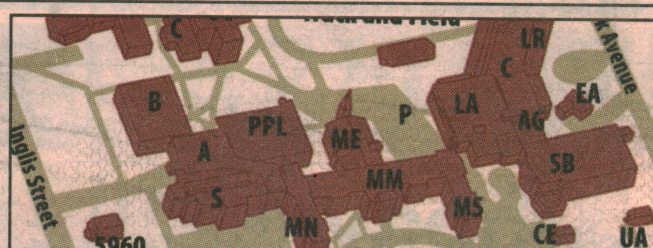


An Embassy of Art: Revisiting the SMU Art Gallery | Page 10



The G-Spot: Consent | Page 9



"Where do I...?" University Campus Map | Page 18



THE JOURNAL

THE STUDENT NEWSPAPER OF SAINT MARY'S UNIVERSITY - HALIFAX, NS

SEPTEMBER 5, 2011 - ISSUE 1

Frosh Survival

Push your limits and do everything different. The university experience is unique both as an institute and an internal journey towards self-discovery. As students and academics, we spend a vast portion of our lives devoted to the search for knowledge and quest for growth.

 **John MacKenzie**
Editor-In-Chief

Academia, as with anything in life, contains obstacles that impede us while letting us learn through trial and tribulation, but there are also those which simply distract us from progress with no benefit. Frosh week is designed to deal with those unnecessary obstacles and maximize our time at Saint Mary's University.

Meeting new people is a challenge, especially for first-time students and Halifax residents. That being said, there are about one million students in Canada alone; at one point or another, they all went through the first experiences you are now. That is precisely why SMU hosts a whole week of ice-breaker events every year. Some universities even run a whole month of activities to break the new students into the university environment.

Chances are, if you are a new student, you are staying in either residence or at home. If you feel uncomfortable and homesick in residence, drop by your residence assistant's room (RA). These people have made a conscious decision to become ambassadors for the university and can probably answer the majority of your questions. Their rooms can be identified by signs and photos on their door, usually in colorful designs that reflect their personality. Don't hesitate to contact your RA; if you don't tell them that you're having problems, they can't help you. Learn to stash your pride and ask for help if you

need it. If you can't find your RA, make a trip down to the security desk at the entrance to the Loyola residence and ask for directions. Either way, making human contact is perhaps the most important step to getting over the first year jitters.

Once you've found your residence assistant and have connected with your roommates (very important), attend as many events as possible. The schedule of frosh week events is located on page 2 of this issue. The events have a light-hearted, high-energy, and extremely social environment that is geared towards breaking down inhibitions and promoting a feeling of community. Some events are free, and the larger ones cost around

\$10 for entrance if you haven't bought a frosh pack already. Frosh packs can be purchased online at www.smusa.ca for pick-up on September 4th at the Student Centre info desk. It includes entrance to all paid frosh events as well as a whole bundle of goodies such as t-shirts and posters. The whole pack is \$90.

The most important thing to remember is to have fun while making good decisions. If you are underage or have little experience in terms of alcohol, on behalf of The Journal Publishing Society, I urge you go out with people who you trust, should you choose to drink. Not everyone in Halifax will be looking out for your best interests and the last thing anyone in the SMU community wants to see is one of our

"The main thing to remember is simply to have fun and relax while making healthy choices. Just keep telling yourself that whatever is bothering you is never as important as you think it is, because it never is."


Continued to Page 6



Is America the Home of Religious Freedom?

Not So Much, According to Poll

According to a new survey from the First Amendment Center, roughly one-third of Americans believe that religious liberty should not apply to all religions.

 **Ginny Grimsley**
Writer

The survey, which polled 1,006 Americans on a variety of questions about their take on the role of religion and government, also revealed that more than a quarter of Americans believe there should be no separation between church and state. When asked whether "the freedom to worship as one chooses applies to all religious groups, regardless of how extreme their views are, or whether it was never meant to apply to religious groups that most people would consider extreme or fringe?" 28 percent agreed with the second statement.

"When so many Americans believe that religion should play a role in government and that the government shouldn't allow some people to even practice their religion, I see it as a crisis of reason," said James Peterson, author of God and the Philosophy of Explanation (www.jwpeterson.com). "Moreover, the idea that more than a quarter of Americans think that there should be no separation between church and state means that there are a lot of people out there who need a history lesson as well."

Peterson, a mechanical engineer and father of three, lost his daughter to heart failure when

she was only 10 1/2-years old. It was then that the longtime GM employee and member in good standing of his local Methodist church began to re-examine the role of religion, not only in his life, but in the lives of Americans.

"Those who identify as religious people do so because they have a faith in something that cannot be measured by scientific principles or conclusive physical evidence" Peterson said. "That's why they call it faith. While none of us can empirically prove we have seen or spoken to God, or that any of the figures in their religions have actually been messiahs, they still believe in their existence and their power. While that is perfectly valid for them and their lives, our government was set up to pro-

"At the end of the day, mixing faith and government is a bad formula for America and Americans."

Continued to Page 6



SMUSA PAGE

Sobeys & smusa PROUDLY PRESENT SAINT MARY'S UNIVERSITY ORIENTATION WEEK 2011
Saint Mary's University Students' Association

SUNDAY
September 4th

MONDAY
September 5th

TUESDAY
September 6th

WEDNESDAY
September 7th

THURSDAY
September 8th

FRIDAY
September 9th

get your Student ID, U-Pass, Student Handbook and more

Starting **Wednesday, August 31** and continuing through Orientation Week in Loyola L290 (Conference Hall, above Tim Horton's).
Hours of operation posted at www.smu.ca/orientation

Frosh Pack purchase and pick-up
9:00am - 6:00pm
InfoDesk - Student Centre

Shinerama Fundraisers:
Rent a Football Player
(to help you move into residence)
10am-1pm
Varsity Football Car Wash
10am-1pm
O'Regan's Chevrolet on Robie Street

Welcome to Gorsebrook lounge
since 1974
7:00pm
The Gorsebrook Lounge
A week of pub events in one night! Open to all ages!
Wing Night: 7-8:15
Trivia: 8:30-9:30
Open Mic: 9:30-midnight
\$5 or included with Frosh Pack purchase - order form and information on reverse or online at smusa.ca/FroshPackOrder

LEAP
9:30am - 11:00am
McNally Theatre Auditorium

Turfburn®
12 noon - 4:00pm
Huskies Stadium
presented by **Scotiabank™**

BBQ
4:30pm - 5:30pm
Student Centre Quad

Comedy Night
8:30pm - 11:00pm
The Tower Fieldhouse
Pete Zedlacher
w/ **Matt O'Brien,**
Barry Taylor, and
K. Trevor Wilson
\$10 (or included with Frosh Pack)

FREE Pancake Breakfast
9:00am - 9:30am
The Tower Fieldhouse
presented by SMU Student Services

SHINE DAY!
9:30am - 3:30pm
The Tower
Lunch provided by Domino's
Pizza and Coca-Cola
Follow @SMUshine

President's Dinner
4:30pm - 6:30pm
The Tower Fieldhouse
presented by SMU Student Services

TOP SECRET PARTY!
Time: TBA
Location: **IT'S A SECRET UNTIL SEPTEMBER 6!**
Passes will be handed out during Shine Day activity

First Day of Classes

The Sexiest Grocery Store is my Garden
SMU Sustainability Workshops
3:00pm-5:00pm
Wednesday & Thursday
The Oaks (Across the street from Loyola Residence entrance)
www.smu.ca/sustainability

Dirty Bingo
7:00-8:30pm
Student Centre Cafeteria
\$5 (or included with Frosh Pack)

Damian the Hypnotist
9:30pm-11pm
The Tower Fieldhouse
\$10 (or included with Frosh Pack)

Classes

Society Expo
10:00am - 3:00pm
Student Centre Quad

101.3 BOUNCE presents
Welcome Back Big Ticket Concert Bedouin Soundclash
w/ The New Cities
The Tower Fieldhouse
8:30pm - 11:00pm
\$15 (or included with Frosh Pack)
Post-Party:
The Gorsebrook Lounge
(19+) 11pm-1am

Classes

African Student Breakfast
8:30am - 9:30am
*requires separate registration with Student Services

FYI Bootcamp
Friday & Saturday
*requires separate registration at www.smu.ca/orientation/fyi.html

Pre-Game Party!
3:00pm-7:00pm
The Quad
Live music, BBQ, games, face painting and more!

Huskies Football Home Opener!
MTA @ SMU
7:00pm
Huskies Stadium
(free w/ SMU ID)

For ticketed events (except Welcome to the Gorsebrook), doors open 30 minutes prior to scheduled start time. All ticket prices are tax-included.

This is a tentative schedule of events. Up to date events will be posted at www.facebook.com/SMUorientation2011

PRESENTING PARTNER



GOLD SPONSORS



ALUMNI



SILVER SPONSORS



GENEROUS SUPPORT FROM



CHARITY PARTNER



SMUSA Health Plan Waive Out

All **Canada Students** who wish to waive out of the SMUSA Health Plan and have alternative coverage must do so online before **Sept 25th**. Simply log into SMUport then click on the SMUSA Health Waiver tab and submit the completed application.

All **International Students** who wish to waive out of the SMUSA Health Plan must visit Valerie at the Health Plan Office located on the 5th floor of the Student Centre with proof of alternative coverage before **Sept 25th**.

IMPORTANT DATES

September 7: CLASSES BEGIN

September 16:

- (a) Last Day for registering and changing a Fall Term or Full year course.
- (b) Last day for final payment of Fall term tuition fees.
- (c) Last day to drop courses and receive a full refund.

MISSION STATEMENT



THE JOURNAL

THE JOURNAL PUBLISHING SOCIETY

Since 1935, The SMU Journal has inspired unity and communication throughout Saint Mary's University. It is the only official newspaper on campus, and is operated by students, for students. It is governed by a Board of Directors made up of representatives from across the University's administration, SMUSA administration, and of both permanent and contributing student writers.

The Journal's staff covers events which are held on-campus, in the Halifax area, and beyond. The majority of the content is inspired by students; so naturally, its pages are relevant to the student community and depict the collective soul and perspectives of the people who read it. Ongoing areas of focus include student life, business, arts & entertainment, student deals, and a variety of topics that come from the current world.

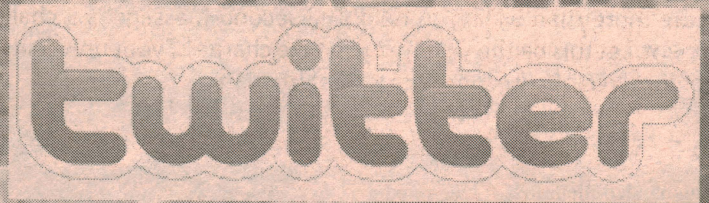
Each student contributes \$2 each semester during the academic year to cover the costs associated with production. This allows The Journal to be distributed across campus and throughout major gathering places in Halifax free of charge, making it an accessible and quality publication available to all Saint Mary's University students and Halifax residents.

Students and faculty are encouraged to contribute to The Journal in the form of letters to the editor, suggestions for stories, and entire articles. Got something on your mind? Send your ideas to submissions.thejournal@smu.ca. Make your voice heard; send in your stuff. Also, keep your eyes open for promotions and employment opportunities throughout the year, and be sure to find your copy of the voice of the student body: The SMU Journal.

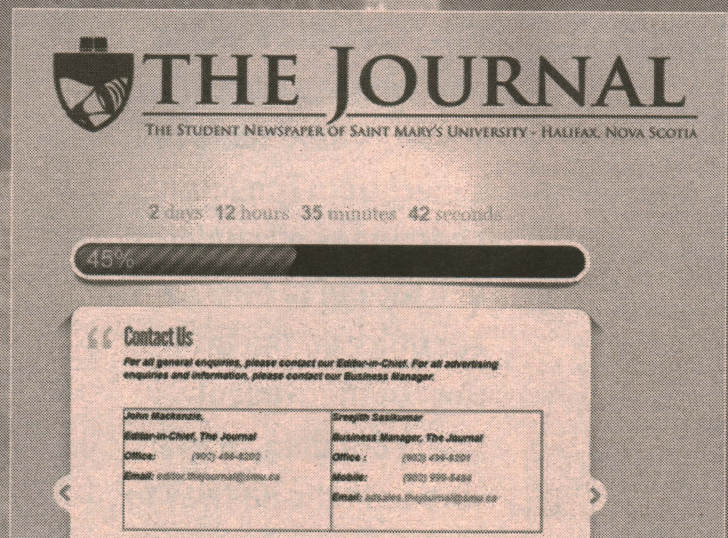
Follow us on:



facebook.com/thesmujournal



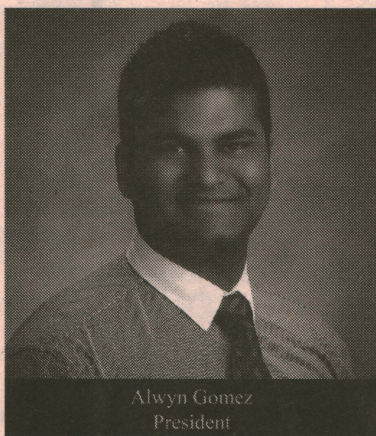
twitter.com/thesmujournal



www.smujournal.ca

WELCOME MESSAGES

Students of Saint Mary's University



Alwyn Gomez
President

My name is Alwyn Gomez and for the 2011-2012 academic year I will be your students president. I am currently entering my final year of an honours chemistry degree and on behalf of all of us here at the Saint Mary's University Students' Association, SMUSA, I would like to welcome you to the campus for the 2011-2012 academic year. As president I act as your representative to the University, as well as the municipal, provincial and federal government. On top of this it's my responsibility to manage the vice presidents as well as the general manager of SMUSA.

For those of you that are new to the campus I would like to extend a special welcome. You students are entering some of the most formative years of your life and

I am glad to see that you have chosen Saint Mary's University to be where you spend these years. During your time here you will be challenged to grow as an individual and pushed to your limits in the process. At the same time you will form lifelong friendships while having experiences of a lifetime. You are a welcome addition to the Saint Mary's community and I look forward to seeing how you will shape this city block.

For those of you that are returning to the University I hope that your time away was pleasant and that your summer break has left you well rested and rejuvenated. As you start your classes I ask that you take the time to consider getting involved on campus; remember this is your university experience and it's up to you to make the most of it. Join or start a society, volunteer at events, support an athletics team or even run for student government. These are all ways in which you can expand your horizons, meet new people and most of all have fun.

With all that said I would like to leave you with two simple messages. The first is that SMUSA is here for you the students. If you have any questions or need any assistance with anything we are more than willing to help. The second message is a challenge to each and every student. Let this be the year that you take charge of your university experience. Be active, get involved and become a true Santamarian.

Alwyn Gomez,
SMUSA President

Message from the Director of Student Services



Dear Students,

I want to extend a warm welcome to all new and returning students on behalf of all of us in Student Services. We hope you will have a rewarding and successful academic year.

Student Services provides individual support, programs services and co-curricular opportunities. Student Services includes Counselling, Co-operative Education, Health Centre, Career Services, Employment Services, International Student Centre, Atlantic Centre for Students with Disabilities, Athletics, Chaplaincy, Daycare, Residence and Food Services.

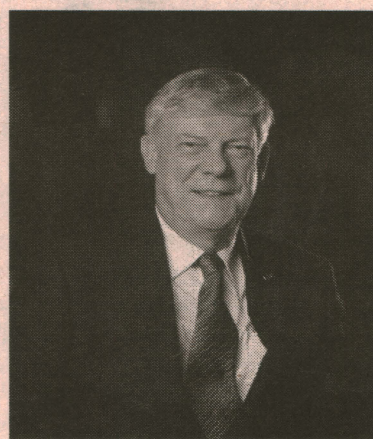
Our key focus is on creating a campus environment that is friendly, caring, promotes the health and wellness of the whole person and encourages student involvement. Saint Mary's places special emphasis on the personal and intellectual growth of its students. Campus life is about creating your own unique experience, the type of experience that feels right for you. Because there are so many opportunities you will find campus life happening wherever you look. Develop your potential by trying new things, meeting new friends and having fun. "Don't be shy just say hi".

Don't be afraid to take advantage of the services we provide and don't be afraid to get involved. Together we will continue to develop a campus environment that improves the quality of student life and creates a memorable educational experience for all our students.

Again, welcome to all new and returning students on behalf of my colleagues in Student Services we look forward to welcoming you to campus and remind you that we are here to help in whatever way we are able.

Best wishes for an enjoyable and rewarding year,

Keith Hotchkiss
Director of Student Services



SMU President's Message

Dear New and Returning Students:

We are pleased that you have chosen to attend SMU and participate in our excellent academic programs. Please take the time to get to know your professors, the support staff and your fellow students. Join a society and participate in the work of SMUSA or run for election to the Senate or Board of Governors so you can achieve the most out of your time on campus.

We have a proud tradition, but are not content to rely solely on this to guide our future. Saint Mary's has always been an innovator and this September there are new courses and programs, as well as a greater flexibility to study for double majors and minors within and across faculties. The Atrium building with the Global Commons is very popular with students and renovations to the McNally Building are scheduled to be completed in early fall. Construction has begun on the Homburg Health and Wellness Centre and is anticipated to be finished by late spring of 2012. As well, we have a very active Sustainability Strategy across the campus.

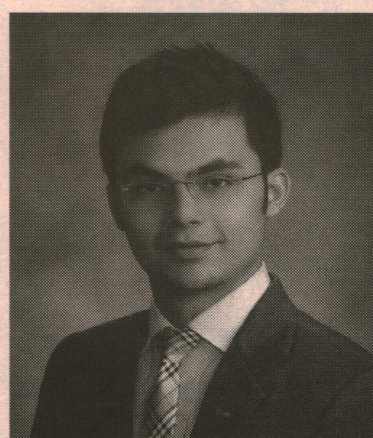
Our faculty members have enjoyed another stellar year in research funding with successful applications to the national granting councils. This will augur well for research employment on campus for you.

Although many of our students are from Nova Scotia, we have one of the highest international enrolments of universities in Canada, welcoming students from over 90 countries. This means that our international students can share in Canadian traditions while our Canadian students can also experience other cultures. What a wonderful way to discuss and share the issues of the day to help make our planet a safe place to live and work. Opportunities also exist for study abroad in Japan, China, Germany, France, Australia and the U.S. to name only a few countries.

I look forward to seeing you on campus this year. If I or any of my staff can be of help to you, please let us know by phone, e-mail colin.dodds@smu.ca or drop by my office.

Thank you for choosing Saint Mary's University and have a great academic year. Your success matters to us.

J. Colin Dodds, Ph.D.
President and Vice Chancellor



Message from the Board of Directors

Board of Directors, Chair Message

New students, old students, faculty, staff, and all other members of the Saint Mary's community. As Chair, Board of Directors- The Journal Publishing Society, I would like to welcome you all to a new year and a fresh start for The Saint Mary's University Journal. One of the biggest changes this year is the development of our website, www.smujournal.ca. It is THE premier

source of information and current news, and has extremely useful features such as a downloadable campus calendar, which includes all events on campus, your academic calendar, deadlines, and anything else you could want.

The ability to view past issues, in an interactive flash format has also been introduced, so you never have to miss an issue again! Our Facebook page is under construction and will be launched shortly to supplement our existing twitter feeds. I could go on and on about the changes this year but I have to get ready for Frosh Leader Training camp! I wish you all an amazing semester and good luck with your exams.

Sincerely,

Aayoosh Sapra
Chair, Board of Directors (The Journal Publishing Society)

Vice-President, University Affairs - SMUSA

NEWS

Frosh Survival

Continued from page 1

first-year students get hurt. Moreover, accepting drinks from strangers is a very high-risk decision; date-rape drugs such as rohypnol (roofies), or GHB are scentless, colorless, and tasteless. They are also potent even in tiny amounts. Cover your drink with your hand, don't set it down, and make sure your friends know where you are if you leave a party.

Sex during the first month of university is an infamous activity. While sexual encounters can be exciting and fun, keep in mind that if you're sleeping around, so is everyone else. The first month of university sees the highest rates of transmission of sexually transmitted illnesses (STIs) than any other time of year. If you are drinking, you

will make decisions that you would not otherwise make if you were sober. If someone pressures you to have sex without a condom, either insist on it or leave. If they can't respect your decision, they are not worth your time and don't care about your well-being anyways.

The main thing to remember is simply to have fun and relax while making healthy choices. Just keep telling yourself that whatever is bothering you is never as important as you think it is, because it never is.

Check out the rest of this issue for more info on surviving frosh week.



Is America the Home of Religious Freedom?

Continued from page 1

vide for the people of our country, based on the power and philosophy of reason. Congress would not likely dedicate a significant amount of tax dollars to build a new weapons system to defend our country, unless there was sufficient research and evidence to prove that the system would be effective in defending our nation. Embedding an element of faith in that matrix would subvert our government and the services and protections it provides us."

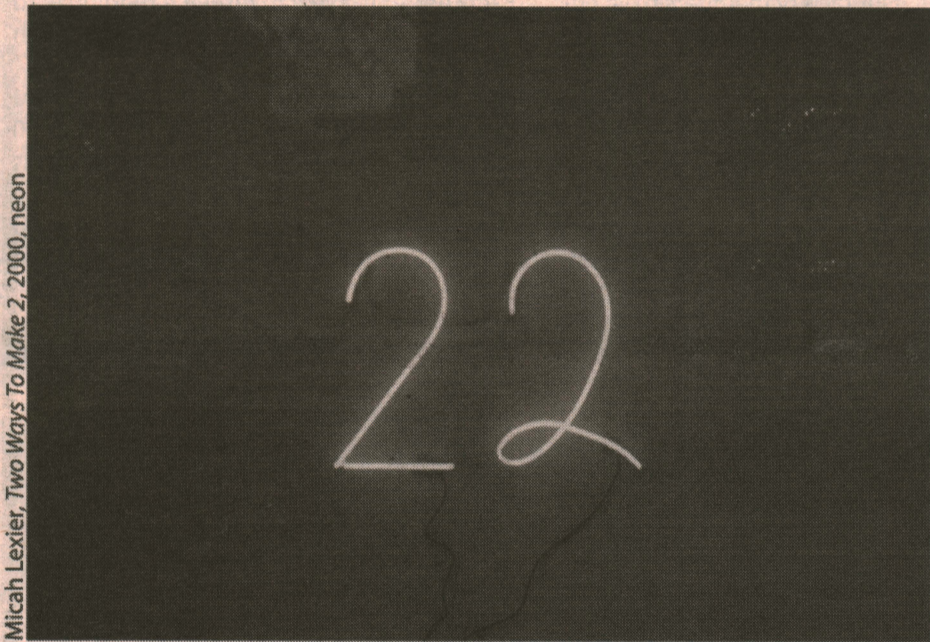
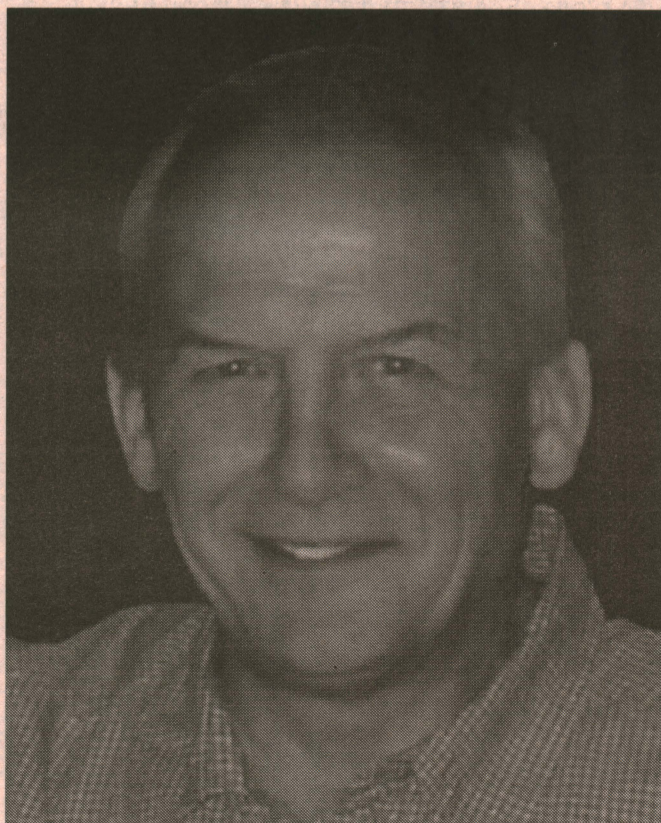
Further, Peterson believes that America would get into more trouble when it delved into the question of which religion would have purview in our government.

"For the sake of argument, let's say that Congress

decided to abolish any separation of church and state," Peterson added. "Which religion do we let in? There are dozens of religions practiced in America. The Christians will argue that since they represent the majority of the faithful in America, they should take the lead, because in a democracy, the majority rules. However, the majority of Americans in this survey, 67 percent of them, declared that there should be a separation of church and state. I'm sure the majority of those people were Christians, statistically, so we know that even the majority of the faithful believe government should be free from the influence of faith. At the end of the day, mixing faith and government is a bad formula for America and Americans."

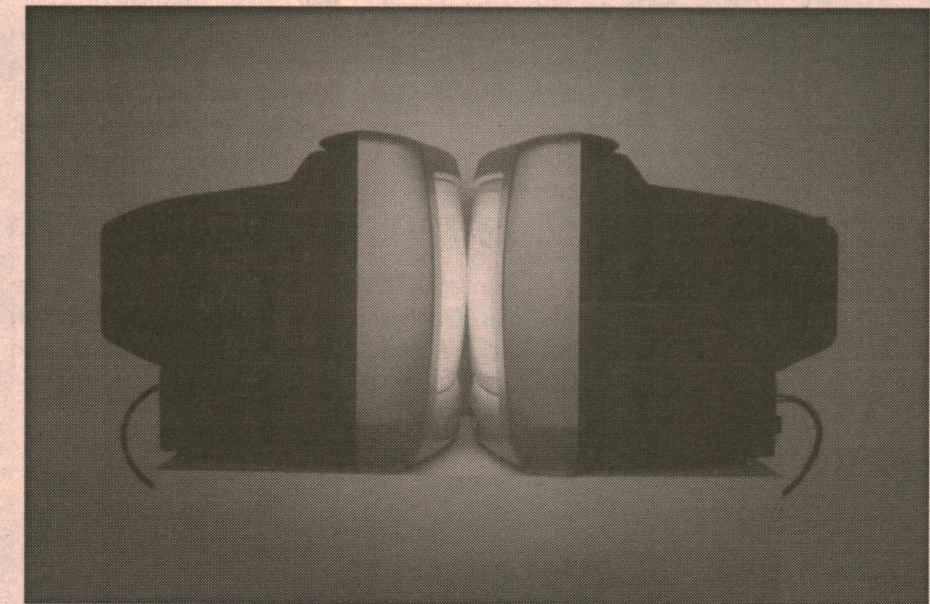
About James Peterson

James Peterson is a retired manufacturing engineer for GMC in Lansing, MI, prior to his retirement. He is the father of three children, one of whom died of heart failure in August of 1980 at the age of 10 1/2. Experiencing her death changed his outlook on life and faith. He is the author of God and the Philosophy of Explanation.



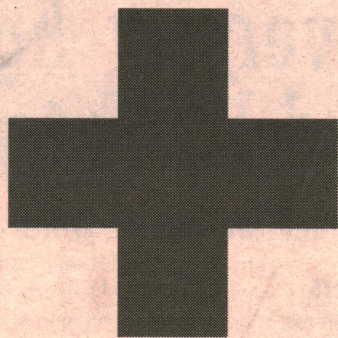
Micah Lexier & Kelly Mark: Head-to-Head
 Saint Mary's University Art Gallery
 27 August - 9 October 2011

Artists' Talk: Friday, 9 September, 7pm
 Opening Reception: Friday, 9 September, 8pm



Kelly Mark, *The Kiss (Lightbox)*, 2009, archival durotrans print mounted into aluminum light box with LEDs

NEWS



CANADIAN RED CROSS

Canadian Red Cross & SMU IDS Undergrad Society present:

Invisible Children Northern Exposure Tour

What: Screening of film "Tony" and presentation from a SPECIAL GUEST FROM UGANDA!

When: Tuesday, September 20, 2011 at 7 p.m.

Where: Saint Mary's University, room to be announced soon

Refreshments will be provided

More info: www.redcross.ca/hipnews

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STUDENT LIFE

Natural Cures for Common Health Issues

There are places, all around the world, that heal all kinds of common health problems naturally so why is it then that our culture pops pills so easily?



Kay Jeffrey
Writer

Well, pop no more. You may even find that these natural remedies are much more effective than the pharmaceutical drugs you've been consuming out of habit.

Feeling like you have no energy and the day just drones on and on? Try switching your diet to incorporate some of these energy-boosting foods: oatmeal, bananas, almonds, and yogurt. A lack of energy may also be attributed to, the most obvious: sleep! You have to sleep in order to have energy, no matter what you eat just as you must drink water to stay hydrated. Another giant factor is exercise. You should sweat for at least one hour per day, typically giving yourself enough time before bed time for your heart rate to slow.

Having trouble sleeping? Try meditation. It doesn't have to be spiritual though many do it for this purpose. Whatever purpose you choose to do it for, the fact is, if done properly, it calms you down which alleviates stress. Try crossing your legs and folding your fingers through each other in front of you. Get comfortable, rest in this position. Then, breathe. This is where most people get confused. Do not force yourself to breathe unnaturally or with great gesture, just monitor your breathing. Almost like you're watching your body naturally breathe without effort. Allow yourself to be still and allow your mind to clear. Send thoughts away. You'll eventually feel yourself breathing in your head, between your eyebrows, as oppose to up and down your chest. Do this for 15 to 20 minutes and you should be relaxed enough to sleep. Do not eat (or exercise) within a couple hours of intending to sleep.

Have one of those nasty coughs with phlegm that make you sound like you've smoked for years and are 80 years old? Cayenne pepper

and hot chillies work as a decongestant, expectorant and pain reliever. It may make you cry, or in my case hold onto your tongue and whine frantically, but it will clear your system right out! Chillies are also packed with Vitamin C which has been proven to shorten the duration of a cold. Researchers have also proven, that's right, that chicken soup aids in the passing of a cold. Your Mama knows what she's talking about. However, sorry vegetarians, but it is the chicken and the broth that do most of the healing work. The following

"Food-wise, avoid refined sugars and indulge in calcium rich foods which are known to lessen stress."

"Good health can be attained naturally and it's all based on very simple guidelines"

will also help the common cold: ginger tea, grapes, honey and cinnamon (especially when mixed together).

"I am never drinking again". This sentence has been grumbled since our ancestors got their hands on that magical liquid, fire-water. It is the sentence that is pulled from our system (pardon the pun) during an awful, torturous experience called a hangover. The first step to recovery is sleep. Sleep, sleep, and more sleep. Then, you must hydrate your body with water, Powerade, or a drink that has ginger in it. Other cures more widely known in Europe are drinking pickle juice (you brave

person, you) or drinking herbal tea with honey in it. Then, more sleep. The best solution to the hangover resolution is more defense, less offense. Try drinking water in between drinks, drinking less sugary drinks, or eating a banana prior to the binge.

"Exams are one week away. There's too much to cram in my little head. Do I have a little head? In some pictures, it looks tiny. Why is it always such a surprise to my roommate that they have to clean up after themselves? I hate when my boyfriend leaves granola wrappers in my room. What if I fail? Is this the right degree for me?" Anxiety, in the university atmosphere, is common and completely natural. The best way to cope with this anxiety is to focus 10% on the problem and 90% on the solution. Also, be easy on yourself! Food-wise, avoid refined sugars and indulge in calcium rich foods which are known to lessen stress. Vitamin B also has calming effects. Reducing your intake of caffeine, exercising, and getting a massage can alleviate anxiety as well. Just like a hangover, the best solution is a good defense which is to attend class, study in small sequential sessions rather than one huge cram session (this is psychologically proven for better memory recall), and think positively. There are resources at the university that also help you cope with stress and have better time management skills.

Good health can be attained naturally and it's all based on very simple guidelines: sleep an average of 7-8 hours per night, drink lots of water, eat healthy which means fresh foods that don't end in "ogo" or "izza", exercise, and be easy on yourself. Love drinking and binging in moderation (these aren't official doctor's orders) and you should be all set for a year of good energy, good sleep, cured colds, cured hangovers, and cured anxieties. Good luck!

Essential University Apps and Websites

By Samuel Hammond - Writer

WePapers

www.wepapers.com

Okay, so with digitized textbooks does that mean you still need to go to class and take notes? Ha! Not with WePapers. The self-proclaimed "world's biggest study group" is a website that lets students share and access thousands of lecture notes and slides on every subject imaginable, and all for free. Let's face it. The IS/LM model is taught basically the same whether you go to school in Halifax or Jakarta, and if you miss the chance to take your own notes you're just going to bum them off a study partner anyway. The site is easy to navigate and despite still being in beta has an incredible amount of content in a surprising variety of languages. Math, science and ESL students in particular should take note. It could be the last note you ever take.

InClass

www.inclassapp.com

If you insist on actually participating in your education, InClass is an essential, free and ad-less agenda app for any iPhone, iPad or iPod Touch. Billed as "the last school app you'll ever need" it is genuinely the most useful mobile agenda I've ever used. Its scheduler is superb, fully integrated with your photo, audio or text notes, along with your homework reminders and class alarms. It's also very stable and easy to use: in a few seconds you can back up all your data to iTunes, your email or even Facebook, or with a click your notes can be transferred instantly to any other device with InClass installed. For Android users take a look at the similar Evernote app, which on iOS now comes with the popular screen capture app Skitch.

WolframAlpha

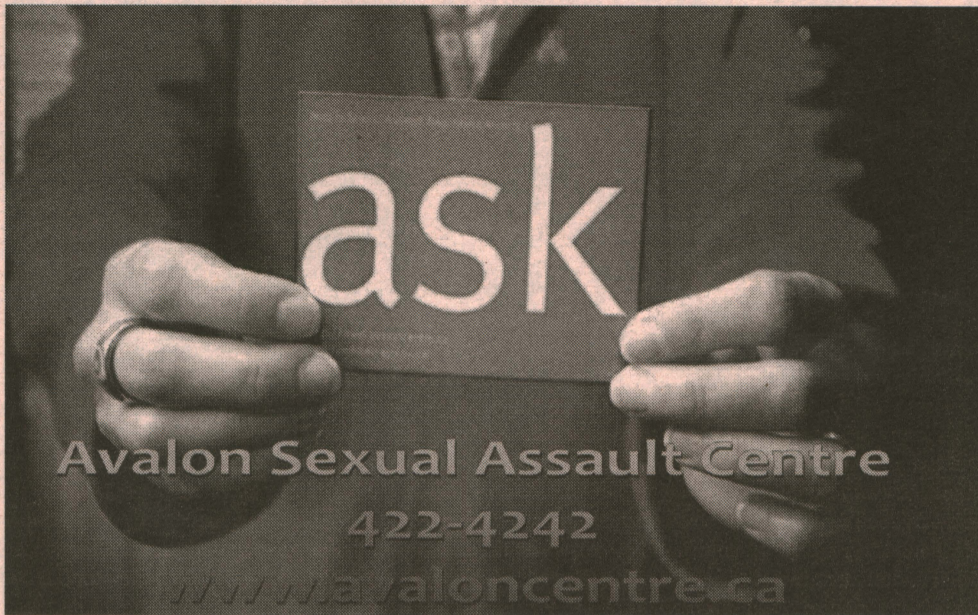
www.wolframalpha.com

WolframAlpha is already a few years old, but a surprising number of people have yet to hear about the mind-blowing "computational knowledge engine." Compute an indefinite integral with the minimum amount of input and you will also be confronted with a slew of graphical plots and every intermediate step your calculus prof. would ever ask for. Or enter "Vitamin A in a sweet potato" and before your eyes will manifest all the relevant nutritional information and how it ranks. Instead, I chose to hit "Random" and WolframAlpha pulls up a ratio of the kilometres of highway in the US compared to China, which I then multiplied by the median price of a home in Denver (for the curious $6 \times 232,400 = 1,394,400$). This is just the tip of the iceberg: With data on everything from linguistics to global weather trends, no student can't benefit from this site whether it's to improve a paper or compute knowledge on the move (the mobile apps are \$1.99USD but the site is still free in your mobile web browser). Everything comes with the source information and the ability to download as a PDF. The only danger of this much power in your hand is it making you complacent.



STUDENT LIFE

THE G-SPOT



CONSENT

By Amanda Dickie

There seems to be a lot of confusion when it comes to consent. People are unsure how to say no, others aren't listening for it, or others are assuming it's a given. It's not. Folks, consent is something you get. Consent is something you need to seek out. It's like that shiny gold ticket to ride Willy Wonka's chocolate river; and once you get it, double check your facts, hug your grandparents, and enjoy the ride. Unlike a shiny ticket, you can't just see consent beneath the wrapper; you need to do some digging.

What is the best way to find out if your potential partners wants to get down? Ask them. Yup, it's really that simple. Then you wait as long as it takes for them to respond. But you need that response, because without it you aren't sharing in the fantastically good time of consensual sexual activity. We all want our partners to have a good time. And how do you ensure this happens? Again, you ask: "Does this feel good?" or "Do you like it when I do that?" or "How's my tempo?" If you've already discussed talking dirty and which words you prefer, add some flare to it.

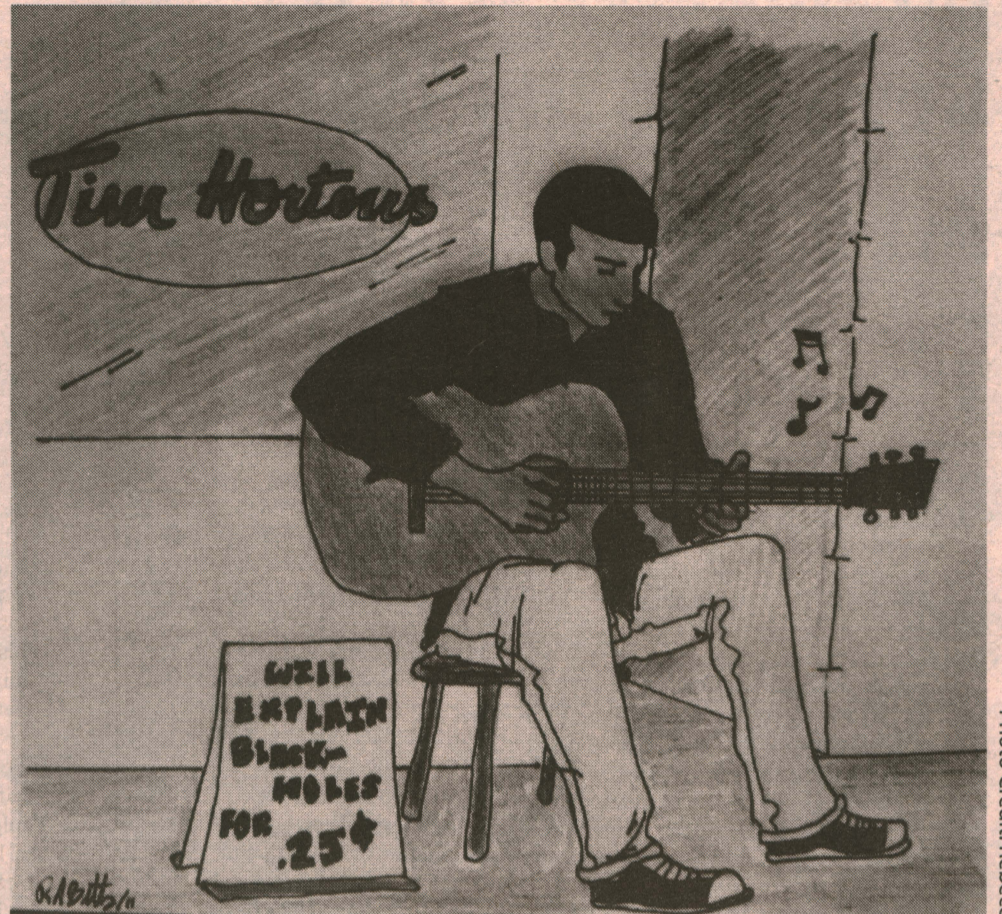
Clear communication is the key to having the sex life of your dreams. If asking someone out loud and up front makes your knees a little weak, try practicing. Yes, this sounds dumb, but if you put in some sultry practice asking someone to get down or expressing your desires out loud, you'll be prepared when the moment arises. If vocalizing is still beyond your current comfort levels, leave them a sex memo: "Me + You + Kitchen Table" with boxes to check yes or no.

A little thing that teachers and parents tend to leave out of their monologues about the birds and bees: Sex is great! Heck, it can be mind-blowingly fantastic. But sex is only awesome when you want it and when your partners do too. Sex and sexual experimentation is different for everybody, and yes this includes you. It may sound cli-

ché, but people need to be reminded that sex is a choice: your choice. Only you can decide when you're ready to dive in or if you'd prefer to dip your feet in the water. Regardless of your preferred activities, partners or accessories, having sexy-times is something you can choose not to do. If high school or earlier is when you feel comfortable that's awesome. If not that's cool too. Having sex is a choice, regardless of past experiences too. Sex is a choice each and every time. Just had sex five times in a row, but the sixth time doesn't sound appealing? No problem, go ice your gonads and prepare to saddle up another time.

"No, thanks" might seem awkward at first, but if you respect your partners and they respect you, everyone is going to have a better time. If there is an activity you're unsure about at the present moment suggest coming back to it later. If asking your play toys to hold back or push forward seems 'unsexy', try brainstorming words and phrases that both provide ample opportunity for consent and tickle your fancies. Phrases that make you laugh, or turn you on, or code words that only your partners will understand are all great. Be sure to find out what your partners want too! It's important to realize, that not everyone you ask is going to say, "Yes". Sure, you are damn fine and extra fabulous, but just because you're ready, willing or eager won't guarantee your partners are.

This is why communication is key, and part of communication is listening. So, when you find your potential playmates and offer to get down and dirty and you get anything but an enthusiastic "Yes!" pay attention! Respect their desires and their responses. Hurt pride is ok, but pressuring someone into sexual activity is not. Respect everyone's comfort levels. Because honestly, having a sexual encounter with someone who wants to be there, fully participating, and enjoying what they're doing makes the whole damn experience. Why would you settle for a yield when you could have a "Heck Yes!"?



What can you do with a university degree? Option # 102.

Photo Credit: Rebecca Betts

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- Infidelity
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- Note taking skills, etc.

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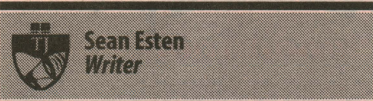
4th Floor Student Centre, 420-5615 counselling@smu.ca | www.smu.ca/counselling



ARTS & ENTERTAINMENT

Interview with Kuato

Kuato will be playing at the following local venues this fall: September 3rd at Gus' Pub, Halifax and October 20th at Tribeca, Halifax



Sean Esten
Writer

The Journal: Alright, so tell me a little about the post-punk scene in the HRM, does it really exist beyond a few bands? Kuato: I think it comes in waves. When I first moved here there was a pretty strong scene with bands like The Holy Shroud, Contrived, and North Of America. There was strong support that really started with the venues, The Attic and The Seahorse also had louder shows that did well. Once the bigger venues that payed closed or changed focus, there were less resources for bands to go on tour and put out records. The scene sort of simmering down a little, but there has always been a lot of people in Halifax that hold this kind of angular, heavy rock close to their heart. The Journal: I know the band North of America as pioneers in the genre but from the perspective of a relative newcomer I've never seen a whole lot of

publicity for shows like this, is that because they're still underground?

Kuato: I don't think so. The Coast has always been great about giving each scene in Halifax a bit of attention. Before they broke up Tomcat Combat were a post rock band opening for the likes of Modest Mouse and Don Caballero, I just think it's one of those musical trends that drifts in and out of people's consciousness. Any style of music done well will draw a crowd I think, as long as it's sincere music.

The Journal: I think Kuato's new Summer EP certainly falls under that category of being a sincere work, how has it been received by fans and show goers?

Kuato: I think when we play live the songs work better. They're a little peppier and upbeat and a little more cohesive, but I think we're still working on finding a balance between the more open free parts of the earlier stuff and

keeping things concise and thematic.

I'd like to be one of those bands that people can trust. Even if some songs go in directions they don't agree with. So far people have been extremely complimentary and seem to have a real connection with us.

The Journal: Another thing I like about Kuato is that thematic element that you talked about. Do you think that naming your EPs after seasons of the year gives you more room to be consistently inspired in your music?

Kuato: I think it was more of an appropriate coincidence. I mean, we wrote the Winter EP in the winter, there is that starkness, a bleak element to the music, and we wrote the Summer EP in late spring as the season was turning, but we didn't have much of a summer, it was also sort of wet and bleak, so I think that came out in the music as well. We have had a few moments

where things sort of just aligned, and that's one of them.

The Journal: Many musicians find the idea of releasing many smaller EPs to be more creatively freeing than releasing exclusively full length; do you think that abstaining from a formal full length has been a good idea for Kuato? Kuato: I think it gave us the opportunity to keep ourselves interested, definitely. Along with releasing everything online, it gave us an easy way to try and get people out to see us live, which is our main goal. I love playing shows, and when you're in a room playing and everyone is in tune with what's going on, it doesn't matter if there's 20 people or 200, we're all going to walk away and never forget it. It's a wonderful thing to constantly be in pursuit of. The Journal: The live performance is obviously very important to this band, give me a rundown of the venues around town. Which ones do you like to play?

Kuato: I think The Seahorse would be best, they have had a long run of talented sound people there, and I always find bands sound much better there. I do love playing at Gus' because we don't need to go through the PA, we can set the amps and go. The set up at 1313 Hollis street is also spectacular, with lights and a projector built in it's fun to play around with.

The Journal: Any venues that you stay away from?

Kuato: I think bands like us need to be happy anyone will let us make a racket...that being said, if you see me playing at Cheers put a bullet in my brain

The Journal: Well said.

Kuato will be playing at the following local venues this fall: September 3rd at Gus' Pub, Halifax October 20th at Tribeca, Halifax

WELCOME ALL STUDENTS!

Dining @ SMU: September 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 Celebrate Apples this month!	2 Pick up your meal plan! (Loyola 2nd floor Food Service Office)	3 Move in weekend \$5 lunch & dinner special @ Dockside
4 \$5 lunch & dinner special @ Dockside	5 Labour Day \$5 lunch & dinner special at the Dockside	6 President's Dinner Welcome First Year Students!	7 Classes Begin! Welcome Back BBQ	8 Wing night @ the Gorsebrook	9 Seafood Theme @ Dockside	10 Looking for vegetarian snacks? Check out the c-store selection of bean salads
11 Need a late night dinner? Check out the c-store for microwave meals!	12 MEATless MONDAYS Pan Geos Italian Theme @ Dockside	13 Mexican night at Dockside	14 Local Farmer Visit at Dockside!	15 Wing night @ the Gorsebrook	16 Seafood Theme @ Dockside	17 Gourmet brunch @ dockside
18 Need a late night dinner? Check out the c-store Pizal!	19 MEATless MONDAYS Pan Geos	20 wrapped & ready to go Snacker Platter @ C-Store	21 Greek theme @ Dockside	22 Wing night at the Gorsebrook Caribbean Theme @ Dockside	23 Seafood Theme @ Dockside	24 Gourmet brunch @ dockside
25 Hot Chocolate Bar @ Dockside	26 MEATless MONDAYS Pan Geos Get your Thermal Mug @ Just us!	27 CHINESE THEME AT DOCKSIDE	28 Mmmmmmm..... Try a slice of deep-fried Cheesecake @ the Dockside!	29 Wing night @ the Gorsebrook	30 Happy Birthday September B-day Babies @ Dockside	1

FEATURES

The Thinking Christian

Socrates is right!

Socrates is credited with saying that "The unexamined life is not worth living." I agree with him!



Greg Monette
SMU Navigators

And what better time to do this than during the four-or-so years that you are spending here at Saint Mary's University? Usually we wait until a tragedy occurs before we examine the meaning and purpose of life. Most people can tell you where they were when Princess Diana died in that car crash on August 31, 1997, as well as where they were when those planes hit the World Trade Center in New York City on September 11, 2001. We remember these times because they resonated deeply within us. These moments reminded us all of our mortality.

Why do so many people wait for something like this to happen before they begin to examine their lives? Often times, we push these thoughts out of our minds and live for the moment. But it does not need to be this way. And in fact, there are many people who have bucked the trend and have looked for answers to questions of meaning and purpose.

I am a graduate of Saint Mary's University ('07)

and I must admit that in hindsight I did not use my time as wisely as I could have. However, I did take some excellent courses which challenged me to think hard and deep and long about issues that impact us all. I sat through Philosophy, Religious Studies, International Development, History, Anthropology, Sociology, Psychology and English classes (just to name but a few). These were excellent classes and I often find myself reaching for the textbooks the professors assigned then to help answer questions that I have now. Although I wondered at the time why one should bother to buy textbooks, I now realize how important it is to build a good library.

While at SMU, I began to look at different parts of my life. This included looking at my "spiritual" life. I became increasingly interested in the study of the Historical Jesus. I wanted to know as much about Jesus of Nazareth as I could because from my own experience growing up in the western world, no one person has made as strong an impact on western culture than Jesus of Nazareth. Whether you are a Christian, Muslim, Jew, skeptic or seeker, if you live in North America there is a good chance that some of the ideas and philoso-

phy of Jesus of Nazareth have rubbed off on you (if not directly, then indirectly). I would argue that unless you have a decent knowledge of who Jesus of Nazareth was (is?), then you will not be able to understand the Canadian culture (assuming most people reading this are living in Nova Scotia and attending SMU).

I will be writing articles about the Historical Jesus for this journal. I will share some of what I have learned over the past few years, and continue to learn about Jesus of Nazareth. Since my time at SMU, I have earned both a Masters of Divinity and a Master of Arts (Theology). I am currently working at Saint Mary's as a Student Advisor / Campus Representative with the Navigators which is a Christian organization that seeks to promote public knowledge about Jesus. What I like about the Navigators is that they take academics seriously. They have encouraged me to commence doctoral studies in New Testament History, which I have just recently begun through the University of Wales.

For those of you who are interested: I am helping to lead a dinner and discussion group called re.think jesus which will be held at the Chap-

laincy office each Tuesday evening beginning September 13th from 6:00-8:30 pm. We will be looking at the Historical Jesus and how he impacts our lives. Each discussion will begin with a free meal, followed by a few songs, a ten-minute presentation on the historical reliability of the evening's topic at hand with a lengthy group discussion. Anyone and everyone who is interested in learning about Jesus of Nazareth in both an academic and spiritually fulfilling manner is invited to join us. Look for re.think jesus on facebook.

If Socrates is to be taken seriously, we should all seek to understand what life is all about, and for those of us in the western world, this would most definitely involve taking a look at the person who has made the greatest impact on our culture and society, namely: Jesus of Nazareth.

Greg Monette is a graduate of SMU (B.A.) and Acadia (M.Div., M.A.), and is currently pursuing a Ph.D. in New Testament from the University of Wales. Greg works as a Student Advisor / Campus Representative with the Navigators. The Navigators is a Christian organization that seeks to promote the public knowledge about Jesus of Nazareth.

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Saint Mary's University Student Association

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LIVE STAND UP COMEDY

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BUSINESS



Google Plus: Facebook Killer

On June 28th Google launched their biggest foray into social networking yet, Google Plus (plus.google.com).



Although being widely projected as the Facebook-killer, we've all been secretly waiting for it to arrive. By July 28th G+ (for short) had breached 25 million users through invite-only, riding on the tail of reports that Facebook's user growth was declining for the second straight month. Could the prophecies be true? Could Google Plus be the beginning of the end for "The Social Network" with its own Oscar winning movie? It could, but only if Google plays its cards right.

It seems like Google's opening strategy is to address people's concerns over Facebook's privacy policies; which, in fairness, they've worked hard to improve. Google's Data Liberation Front (www.DataLiberation.org) mission statement reads: "Users should be able to control the data they store in any of Google's products. Our team's goal is to make it easier to move data in and out."

The project to make "escaping from Google products as easy as possible" is iconically symbolized on the project website with a clenched red fist (the red salute) breaking out of its data bound shackle, yet so far it covers only a small handful of Google services fully. But your G+ profile is one of them, so you are always only a few 'Are you sure?'s away from total "escape."

"Friending" on Google+ works a bit differently than on Facebook, too. Instead of Google+ users being divided as either Friend or Non-Friend, Circles allow you to demarcate your contacts into as many different categories as you like. You start off with Friends, Family, Acquaintances circles and

people you're merely "following." The theory is that when you share something on your social network you don't always want to share it with everybody who you've added. For example, my social interactions—the things I like to share and communicate with my Mother are, needless to say, fairly different from the social interactions I have with my Fraternity Brothers. In other words, if you decide to switch over to G+, you no longer have an excuse to reject your Nanny MuMu's friend request and break her aged heart. You only have to make sure you have "resharing" disabled, and also that she's segregated to the circle of contacts for which

"Friending" on Google+ works a bit differently than on Facebook, too. Instead of Google+ users being divided as either Friend or Non-Friend"

your Frosh week antics will remain an enigma.

Product differentiation (clicking "+1" as opposed to "Like") will only get Google+ so far. A concrete example is Hangout, which at least for now is still one of G+'s more exciting features. G+ Hangout is essentially a video group chat. When you start a hangout a new window will open and, if you have a webcam plugged in, you'll see yourself staring back at you. From there you can add specific individuals to hangout and video chat, or invite entire circles of people, basically giving the users in that circle permission to jump in and

out of the group chat. Pretty cool.

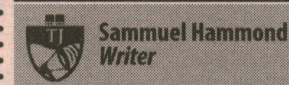
But don't run out and delete your FB profile just yet. Facebook.com/vid-eocalling shows the status of Facebook and Skype's partnership that will let them bring these same capabilities to Facebook in the near future.

Not differentiation, but integration will be the pivotal factor to Google+ overtaking Facebook, rather than just forcing Facebook to innovate faster. If you think Facebook has an upper-hand on Google by being first to the party, you're forgetting about a few things. Namely: Gmail, YouTube, AdSense, Checkout, Android, Google Chrome, Buzz, Blogger, Books, Voice, Reader and more. Google's product list is seemingly endless, and with it they have ample leverage to juggernaut Facebook into oblivion. If anything, their biggest risk is jumping the gun.

Hangout, for instance, already lets you stream Youtube videos within the video chat for everyone hanging out to watch and discuss together. Google is already including a "Start a Hangout" on YouTube just below every video (just click Share). Imagine if Google made registering a new YouTube account contingent on creating a Google+ account too. They kinda already plan to. It's not possible to create a pure YouTube account anymore. Instead you create a "Google account" which gives you access to YouTube, Picasa, Gmail, and, when it's out of beta, G+. However user-friendly G+ is made to be, it's more likely Mark Zuckerberg is being kept up at night by Google's pending \$12.5 billion acquisition of Motorola Mobility, say, along with its sizable phone and wireless patent portfolio, and all the potentials for integration, than anything intrinsic to Google+ individually.

American Inflation

On August 26th, U.S. Federal Reserve Chairman Ben Bernanke delivered his speech on "the near- and longer-term prospects for the U.S. economy." He expressed his unwavering optimism for the passing of economic slow-down in the United States and other advanced economies. However, mere optimism wasn't what the investors and listening public needed to hear.



The conspicuous lack of a promise for policy action from Bernanke, at an "Economic Policy Symposium" mind you, left some analysts unsure whether Bernanke even knew what to do. This is unlikely, for few are more scholastically prepared for how to deal with chronic stagnation than Bernanke, whose work on Japan and the Great Depression is seminal.

In a New York Times column the day before the speech, Paul Krugman predicted the absence of substantive monetary proposals, citing political — specifically Republican — obstacles to Bernanke instituting effective measures: "Back in 2000, Mr. Bernanke accused the Bank of Japan of suffering from 'self-induced paralysis,'" the Nobel Laureate wrote, "Well, now the Fed is suffering from externally induced paralysis. In effect, it has been politically intimidated into standing by while the economy stagnates."

Krugman is specifically referring to the widespread right-wing ire over measures like quantitative easing, a last resort stimulus tool for when lowering interest rates further isn't an option. One of the aims of the policy, of which Bernanke has presided over two phases of already, is to increase inflation and inflation expectations. If you expect the value of your dollar to go down in the future, even moderately, you're more likely to spend it today. Money changes hands, and demand gets its boost.

The political Right is not used to thinking of inflation as a good thing. At the extremes, financial commentators like Peter "Dr. Doom" Schiff — one of the heterodox economists at the

heart of Tea-Party movement — warn of the specter of hyperinflation, the Zimbabwean scenario where the U.S. dollar loses its value so sharply that one requires filling a burlap sack with twenty-dollar bills just to buy a carton of milk.

Just as Tea-Party doomsayers wedged themselves into U.S. debt negotiations, they've convinced a swath of the Republican establishment to stall a third wave of quantitative easing indefinitely. Presidential nominee frontrunner and Texas Gov. Rick Perry, for instance, warned that such easing before the 2012 election would be taken as "treasonous."

Lobbying groups like the National Inflation Association which claim to be "Preparing Americans for Hyperinflation" even have "Hyperinflation Survival Guides." Right Side News warns that the biggest failure of the U.S. debt agreement was that it "will do nothing to prevent hyperinflation." On August 18, Reuters reported Societe Generale's Albert Edwards as saying he sees the U.S. "end game for all this [as] monetization, trade war and very rapid inflation."

Yet as Bernanke made clear in his August speech, the empirics are telling a very different story: "With commodity prices and other import prices moderating and with longer-term inflation expectations remaining stable, we expect inflation to settle, over coming quarters, at levels at or below the rate of 2 percent."

Even with inflation at its lowest in over half a century, the hyperbole and scare-mongering over hyperinflation continues. If economic recovery stays elusive, expect a third round of easing. But — just like Obama's August 1st debt deal — don't expect it to be anything more than too little, too late.



SPORTS

Building a New Team: SMU Women's Hockey Rises From the Ashes

The SMU Women's hockey program is under construction. It's safe to say that the team is back from the brink of total destruction and are in need of a little structure.



Sean Esten
Writer

Indeed they not be here today were it not for a \$60,000 donation from Canadian Tire. The company seemingly stepped in out of nowhere like some kind of lordly omniscient figure of Canadian nationalism to help free up funds for the battling huskies, who raised awareness via their protest in front of McNally last year. Canadian Tire had this to say:

"At Canadian Tire, hockey is in our DNA. The loss of a team like this would be detrimental to the community, the players, the coach, the fans and the young women who may never get a chance to play at the university level.

We are proud to have the opportunity to support the Saint Mary's team and keep these talented women on the ice." Officials at the Saint Mary's athletic department said they were "pleased and relieved" to hear of Canadian Tire's commitment to the program.

In addition to being almost completely cut from the Universities programs budget and losing their head coach, the fifth place seeded Huskies are also dealing with the loss of nine former seniors to graduation, a devastating blow to any squad's team identity.

The architect for these new and improved Huskies is none other than their new head coach, Chris Larade. Larade has headed up a massive recruiting campaign which has reached across the country. So far the process

seems to have been going well, Larade has recruited players such as Bri Sharkey, a guard who according to the coach "loves to challenge the shooter" and Katie Edgecomb, a forward who has a tendency for "engaging in puck battles" and Holly Cortilet, a "smooth skating" defensive player who can rack up the goals, Cortilet scored 32 goals last season in the Eastman Select Midgets AAA league. Larade also seems to know talent when he sees it, describing one newcomer, Jenelle Rodgers, from Newfoundland as a forward with "intangible qualities" and "great vision".

A closer look at the coach provides an impressive resume. Larade has over 10 awards and titles in his relatively short career including two Coache of The Year awards and two C.I.S cham-

pionship titles as the assistant coach with St. Francis Xavier's Women's Hockey program. In addition to all of this Larade was also Nova Scotia's assistant coach of the 2011 Canada Winter Games, which is probably where he encountered Hillary Waugh who represented PEI in the very same games.

With a new head coach, more cash and lots of new talent it remains to be seen whether this year's huskies will make the most of their second chance, but with the talent that Larade seems to be bringing to Halifax, the odds are on their side.

The Huskies kick off their season on October 19th against rivals Dalhousie University at the Alumni Arena. The puck drops at 7pm, be there!

"At Canadian Tire, hockey is in our DNA. The loss of a team like this would be detrimental to the community, the players, the coach, the fans and the young women who may never get a chance to play at the university level.

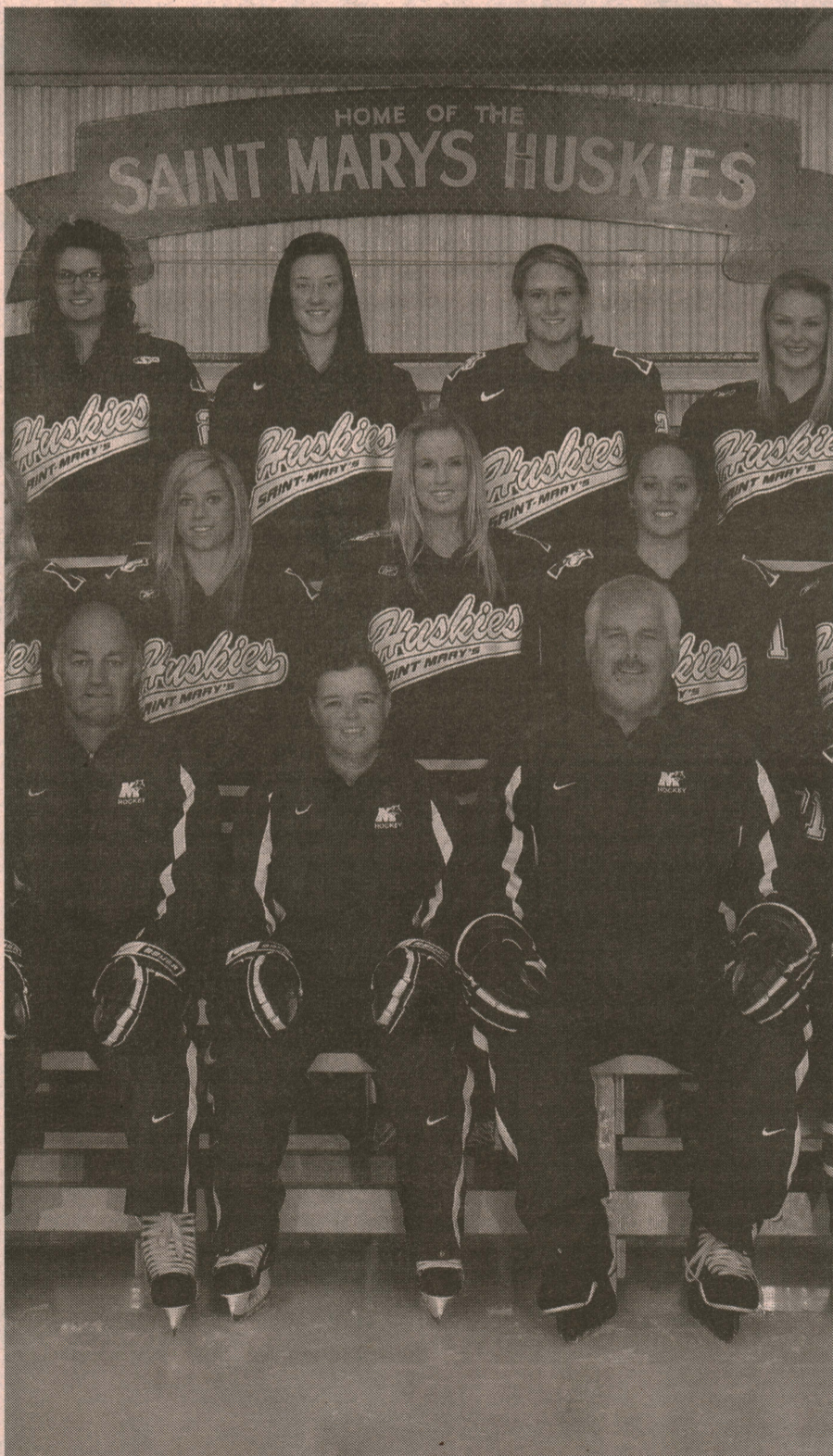


Photo Credit: SMU Athletics



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MEET WITH EMPLOYERS!

The 2011 Summer Job Fair usually held yearly in February at SMU. Students can meet with a variety of recruiters, government and private sectors. This event provides an excellent opportunity to explore summer job opportunities as well as other opportunities such as; Internships, part-time jobs, and full-time career jobs.

The Halifax Career Fair takes place at the end of September each year. This is one of the leading career events in the Maritimes for university students and employers. It provides first rate opportunities for professional networking and career information, as employers from across Canada and the US come to meet with fresh university talent. The fair is aimed at graduating students and for any student who wants to learn as early as possible how to network, and who wants to learn more from career professionals about the opportunities they may access upon graduation. For more information: www.halifaxcareerfair.ca

**We are located on the 4th floor / Room 411 / Student centre.
Email: sec@smu.ca / Telephone: 902 420-5499**

Searching for a job can be quite challenging, but if you know how to search and when to search the challenges turn into success!

LOVE

Love, Dating and Relationships.

September rolled around before we were ready for it, but love is in the air for the new and returning students of Saint Mary's University.



This is the most exciting time of the year for all of us; we meet new friends, we create new relationships, and we get over the lost ones. Frosh week is the best way to break the ice and meet people that you're interested in as friends or even future partners. The different social events that are provided in campus give a great way to strike up a conversation with that cute guy or girl you have your eye on.

Damian the hypnotist provides great entertainment and exciting topics for conversation. Lineups, campus cafeteria or coffee shops, etc.- are a great way to strike up random conversations that might lead somewhere.

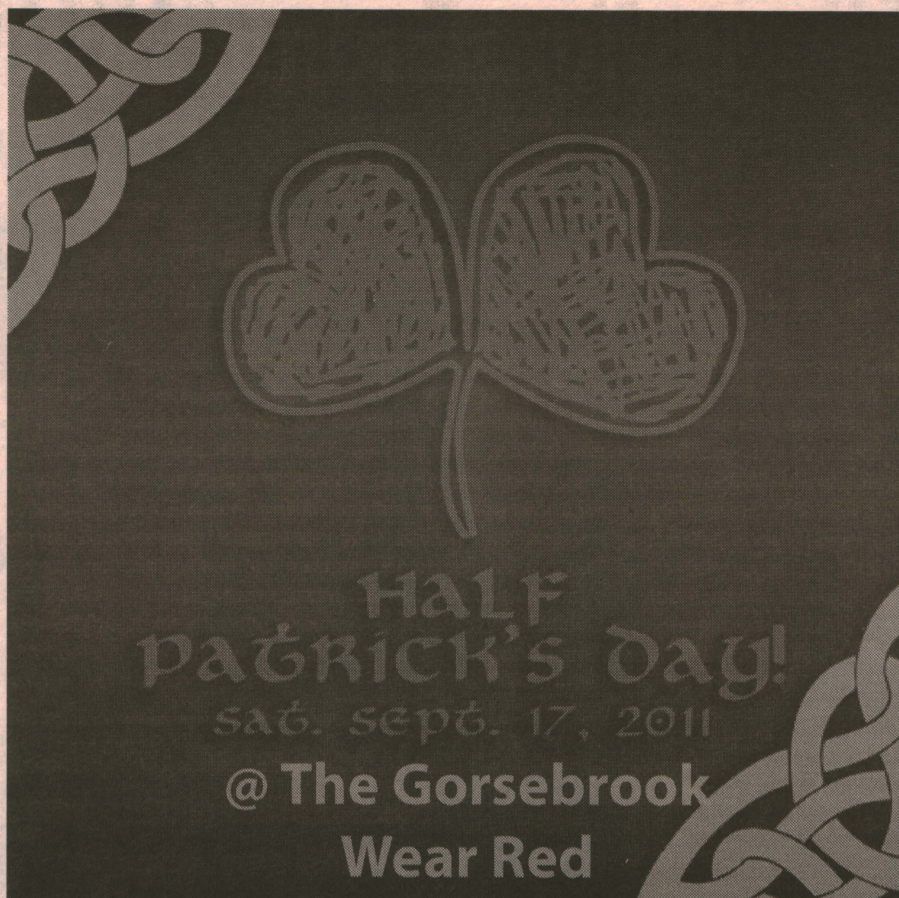
Another great way to meet new people, believe it or not, is classrooms! The

first day of classes is the most crucial because you will have the chance to see what the class atmosphere is going to be like and who is in your class.

It's important to note that not every person you meet in the first few days around campus will be your friend or someone you go on a date with. However, having many acquaintances is very important for future classes since there's a good chance you will know someone.

FLIRTING TIPS:

1. When starting a conversation, try to pay attention to the person's name.
2. Sit next to someone you'd like to talk to, while in class.
3. Maintain eye contact with the person you're conversing with.
4. Be enthusiastic and talk about light topics that don't induce arguments.



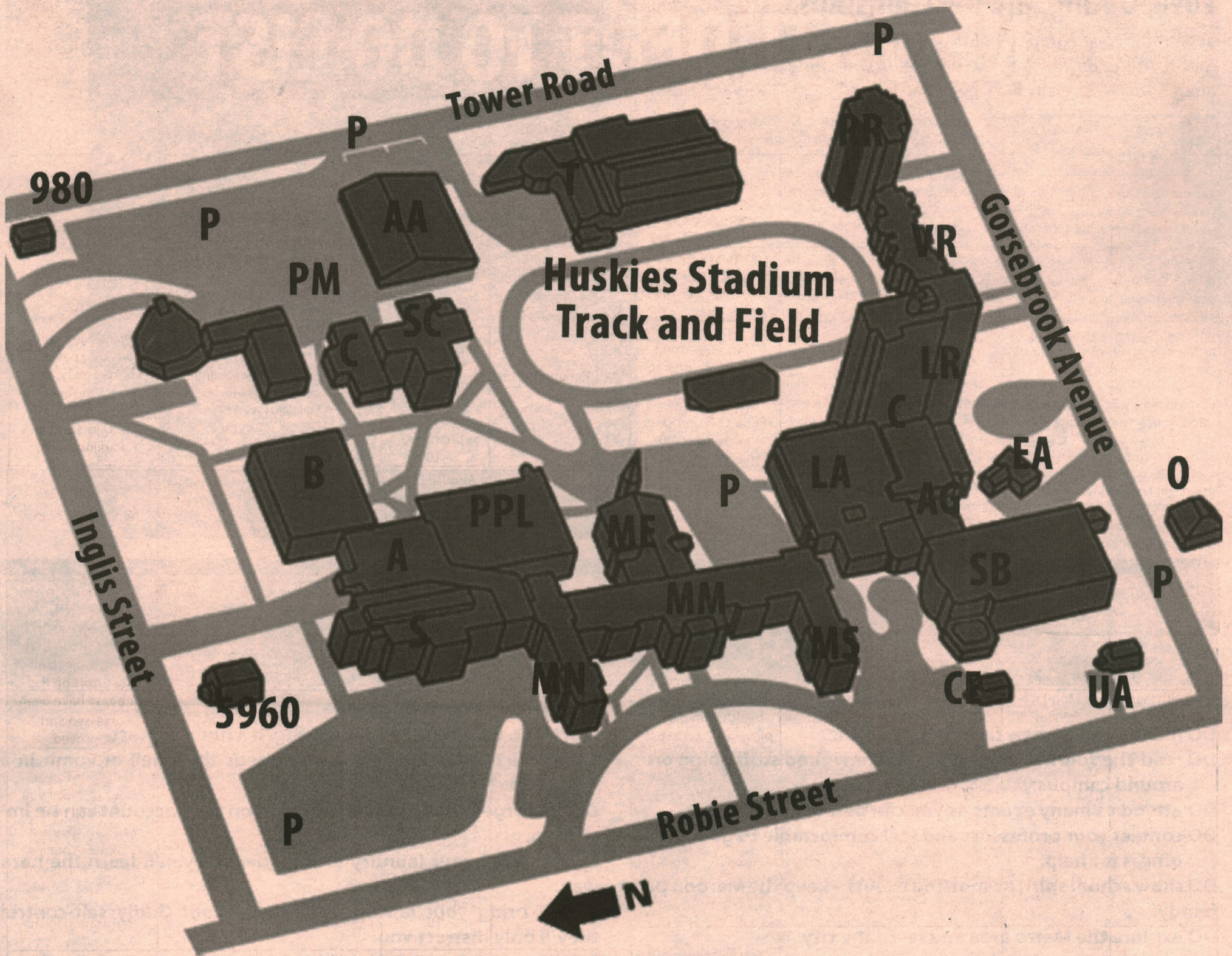
FROSH DOs & DONTs

- DO make as many new friends as possible.**
- DO read The Journal to keep up with news and stuff going on around campus.**
- DO attend as many events as you can before classes start.**
- DO contact your professors and feel comfortable to go to their offices for help.**
- DO show school spirit at sporting events – keep the Maroon paint handy.**
- DO explore the Metro area and learn the city.**
- DO your assignments when you get them.**
- DO open yourself to new people and lifestyles.**
- DO go to all your floor meetings to stay in the loop.**
- DO get your sleep.**

- DON'T go overboard with drinking. It's not a contest.**
- DON'T dirty the elevators – who needs the smell of vomit in a 4.5'x6' box?**
- DON'T forget your payments. A hold on your account can be impairing.**
- DON'T leave your laundry unattended, or you'll learn the hard way.**
- DON'T bring your laptop to class. Without Godly self-control they'll only distract you.**
- DON'T get a boyfriend/girlfriend right away, especially if you have a full course load.**
- DON'T be an asshole. Your conduct will reflect poorly on our University.**
- DON'T leave your electronics on the floor by your bed.**
- DON'T keep the same job for the whole year.**
- DON'T act like you can chill out and just hope to ace the final.**

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CAMPUS MAP



LEGEND

- | | |
|--|---|
| A Atrium | PM Parking Meters |
| AA Alumni Arena | PPL Patrick Power Library |
| AG Art Gallery | RR Rice Residence |
| B Burke Building | S Science Building |
| C Cafeteria | SB Sobey Building |
| CE Continuing Education | SC O'Donnell Hennessey Student Centre |
| EA External Affairs | T The Tower |
| LA Loyola Academic Complex | UA Development/Alumni |
| LR Loyola Residence | VR Vanier Residence |
| ME McNally East Wing | 980 TESL Centre |
| MM McNally Main | 5960 Gorsebrook research Institute for Atlantic Canada Studies/ CN Centre for Occupational Health & Safety |
| MN McNally North Wing | |
| MS McNally South Wing | |
| O The Oaks/International Activities | |
| P Parking | |



CAMPUS MAP

NEW STUDENT TO DO LIST

What	When	Where	Why
Early Upass Pick Up	August 31- September 9 10:00am-4:00pm	Service Expo (Loyola Conference Hall Rm. 290)	Ride the bus. All you have to do is pick up your sticker, and flash your ID card.
Late Upass Pick Up	September 10th (rest of year) 12:00pm-12:00am	Information Desk (Main floor of Student Centre)	You missed the early bird bus ride, its okay you can still get your Upass!
Upass Replacement	September 3rd - April 30th	With Karla Hodge at SMUSA 5 th floor Student Centre	If you lose your student ID, you need to replace your ID card first, and then Replace your Upass Sticker (\$20.00 replacement fee for sticker)
Health Plan Opt Out	August 15 th - September 25 th	Canadian Students: Opt out online, http://www.studentvip.ca/smusa International Students: Opt out with Valerie Lively 5 th floor Student Centre Rm. 529	The Health Plan is automatically charged to your account. If you have alternative coverage you can opt out of the Health Plan.
Health Plan Card Pick up	MID - OCTOBER Mon-Fri 9:00am-5:00pm	Canadian Students: Pick up from Information Desk (Main floor Student Centre) or Valerie Lively (5 th floor Student Centre) International Students: Pick up from the International Centre (3 rd floor Student Centre) or Valerie Lively (5 th floor Student Centre)	If you have decided to use the SMUSA health plan please pick up a card to take full advantage of the services offered to you.
S#	Anytime	https://activate.smu.ca Click Reactivate Banner ID (A#) It will generate an S# and Password	You will need this to log onto all the computers at SMU
Student ID	August 31- September 9 10:00am-4:00pm	Service Expo (Loyola Conference Hall, Rm. 290)	You will need your student ID to make all of your payments, write your exams, and ride the bus. It's your Library card and your Tower Pass.
Student ID	September 10 th (rest of year) 10:00am - 3:00pm	Library Main floor past the computers in back hallway	There is a \$15.00 replacement fee. So don't lose it!
Meal Cards	September 3 rd - 6 th 9:00am - 4:30pm September 7 th - 8 th 11:00am - 4:00pm	Loyola Rm. 206 (Must have Student ID)	If you are a residence student, this lets you eat.
Book Store	August 30 th - September 3 rd 9:00am - 4:00pm September 4 th - 6 th 11:00am - 4:00pm	2 nd floor Student Centre	All of your books and specific items requested by your Professor can be picked up here
Book Exchange	Anytime	www.smusa.ca Click on the Link on the Left Hand Side titled: Book Exchange	Get your books second hand

What	When	Where	Why
Student Loans	Open 9am-5pm	If you have the document and it's already signed you go to McNally Main to get your loan processed. If you need to get your paper work filled out for your student loan you need to see Michelle Fougere in Financial Aid & Awards (Student Centre 4 th floor)	Get your loan, and pay your tuition.
Parking Passes & Locker Rentals	August 31 st - September 3 rd 8:30am - 4:00pm September 4 th - 6 th Closed September 7 th - 10 th	With Loffie Ann at Facilities Management (McNally Rm. 013)	Please get your Parking pass & Lockers early, they go fast! You are only able to park in the SMU lots with a Parking Pass.
Student Accounts & Registrars Office	August 31 st - September 3 rd 9:00am - 5:00pm September 4 th & 5 th 11:00am - 3:00pm	McNally Main	Pay your tuition!
Tutor Database	Anytime	www.smusa.ca Click the Link on the Left Hand Side titled: Tutor Database	Need Help in a subject, the Tutor Database can find you a tutor in that specific subject. All of the tutors on the database have been assessed and approved.
Tower Membership	August 31 st - September 3 rd 6:00am - 9:00pm September 4 th & 5 th 8:00am - 5:00pm September 6 th 8:00am-7:00pm September 7 th - 10 th 6:00am - 9:00pm	Tower Front Desk (Tower Gym)	Get your Tower Membership, if you are a full time student they are FREE. Your membership is your student ID; you just need to fill out a registration form.
Frosh Pack Pick Up	September 4 th - September 10 th	Pick up at the Information Desk (Main floor Student Centre)	Pre Order Pick up Line and an Order Frosh Pack Line. Please have your student ID card ready.
Huskie Patrol	Starts September 13 th (rest of year)	Information Desk Main floor of Student Centre. Sun-Fri 6pm-Midnight	You can catch a ride for free, you need to sign up, first come, first serve & you need a valid student ID.
Gorsebrook	Opens September 7 th Mon-Fri 12pm-1am	Main Floor Student Centre	Come visit "The best student Hangout" voted by the Coast.
Information Desk	Opens September 4 th 8:00am - 9:00pm Regular hours Start September 13 th Mon-Sat 12pm - 12am	Main Floor Student Centre	Need Faxing, Binding, Photocopying, Huskie Patrol, Upass, and Information about Events, Bus tickets, Bus passes, stamps, Society Mail and Much Much More!

STUDENT EMPLOYMENT

The Student Employment Centre (SEC) posts job listings in their office on the 4th floor of the Student Centre and on their website: <http://www.smu.ca/administration/sec/current.html>. Students are reminded to check their website often as they usually post new jobs daily.

Here are a few positions they have listed:

Food Service Workers - ARAMARK

Aramark is looking for students to work on-campus as Food Service Workers, Prep Cooks, Catering Servers, Catering Lead Hand and two Food Service Supervisors as attached. Students must pick up an application forms from the

Student Employment Centre and apply before September 14, 2011.

Student Assistants - EXECUTIVE AND PROFESSIONAL DEVELOPMENT

Also, the Executive and Professional Development (A Division of Continuing Education) is also looking to hire 3 student assistants to work on campus. They are required to drop off their resumes and 3 references to the student employment centre before September 16, 2011.

Science Technician- THE BIOLOGY DEPARTMENT

The Biology Department is looking to hire a Science Technician with a closing date of September

22, 2011. As well, the Annual giving centre is also looking to hire Student Callers to work on-campus; pick up your application forms from the Student Employment Centre before September 21, 2011.

Commercial Underwriters- AVIVA CANADA INC.

Aviva Canada Inc. is hiring for Commercial Underwriters, this company will be on-campus to speak with students on September 13th, 2011 in The Private Dining Room (Loyola) from 5:30-8:00pm. Drop by and meet with a representative.

Summer Internship- KPMG

KPMG, a risk management firm is now accepting applications for Full-time, Co-op and Summer Internships, apply after September 1, 2011 by visiting www.kpmgfit.ca.

Various- TD BANK

TD Bank is also new accepting applications for various positions; please apply between September 2 and October 6, 2011. Check the SEC website for details. The Coca-Cola Bottling Company is looking for Part time Merchandisers, apply before September 9th, 2011


Casual Teller- THE EAST COAST CREDIT UNION

The East Coast Credit Union in Dartmouth is looking for a Casual Teller position, great start up job for a finance student. Apply before August 29, 2011

Want to know which Employers will be on campus to recruit students? Check our Events Page for dates, times and locations: <http://www.smu.ca/administration/sec/events.html>

The SEEP on-campus positions will be posted in September; as well SEC posts many general part time listings such as, cashier, restaurant staff, child care, labour work, sales, etc. Check the SEC website (listed above) for listings and closing dates or simply drop by our centre for details!

smusa.ca PRESENTS:



COME SEE THE SHOW OR BE THE SHOW!

DAMIAN

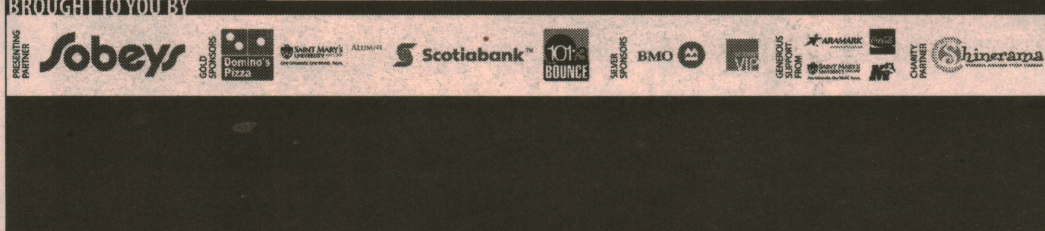
THE HYPNOTIST

WWW.DAMIANTHEHYPNOTIST.COM

PARENTAL ADVISORY
EXPLICIT CONTENT

TUESDAY SEPTEMBER 7
8:30pm - 11:00pm in The Tower Fieldhouse
FREE w/ FROSH PACK PURCHASE
or \$10 at the door

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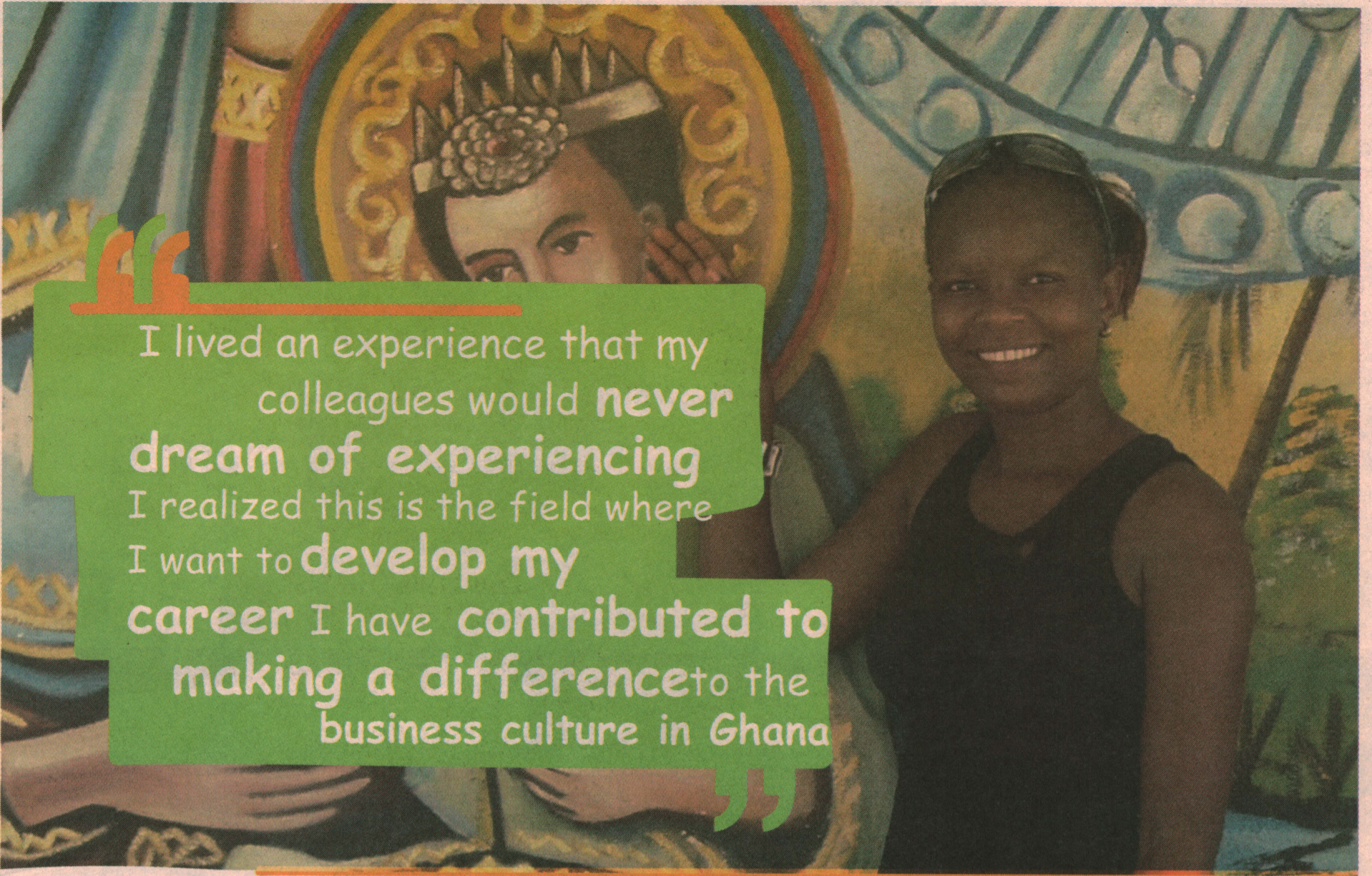
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as a Second Language

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For more information on Saint Mary's University and the TESL Centre:

Web	www.smu.ca/academic/tesl
Email	tesl@smu.ca
Tel	1.902.420.5691
Fax	1.902.420.5122

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