

the Journal

Saint Mary's University Independent Student Newspaper

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Vote, vote, VOTE!

CYDNEY PROCTOR

Election day is imminent, folks, and as counsellor-wannabes and mayoral candidates alike put on their last campaign push, we're here to remind you to take note.

"Ultimately, I don't care who you vote for," says Mike MacDonell, SMU student who is candidate running for city council in District 7, "I just care that you get out and vote."

That's the line we tow here at the Journal, too. Any person, student otherwise, who has lived in Halifax for more than three months and can provide proof of residence, is eligible to vote. Get out and o your civic duty students, and vote for a city counsellor and major in the region, and of course, city you're living in. Are

you a renter? Potential entrepreneur? Transit user? Then the municipality affects your life and you have the right to help in the democratic process in the election of city council.

If you haven't already e-voted, it's not too late! The polls are open all day on October 20, where you can go to vote for mayor, district councillor, and Halifax Regional School Board representative. Check out on www.vote.halifax.ca or www.halifaxvotes.ca for your local polling stations, local candidates, and how to vote.

Make yourself apart of Halifax and it's goings-on, and take control of your democratic right, get out there and vote!

Provincial government announces third university cut in three years

ADAM FABER

The provincial government has announced further cuts to university funding, trimming \$10 million dollars from the budget. This announcement marks three years in a row of the province scaling back their post-secondary investment.

"Over the years students have presented the NDP government with numerous alternatives to cutting funding to universities and increasing tuition fees, which have all been ignored," said Nick Stark, of the Canadian Federation of Students (CFS) via a press release. CFS is a Canadian post-secondary student lobby group, representing 500,000 students across Canada in various institutions.

The alternative spending reductions CFS suggested to

government were from specific programs, including an \$11 million tax credit program and a \$25 million

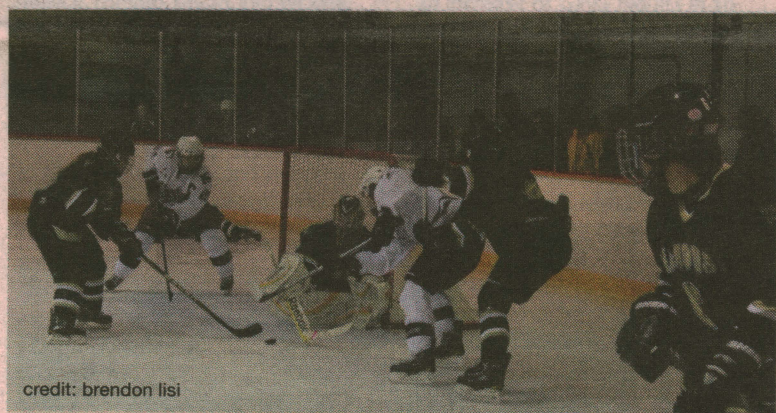
“The resulting changes in funding will also push the tuition cap up three percent, allowing universities to increase tuition.”

'Innovation Fund'. The past provincial cuts that occurred in 2010-2011 and 2011-2012 totaled seven percent of the province's contribution to post-secondary institutions, while this

reduction of another 3 percent will take effect in 2012-2013. The total is a ten percent cut across the three years.

The resulting changes in funding will also push the tuition cap up three percent, allowing universities to increase tuition. International students will not benefit from this cap, nor will those studying in the dentistry, law or medical fields.

"This funding cut will be passed directly onto Nova Scotia students and their families through fee increases and a diminished quality of education," said Stark. "This funding cut is unfortunately just another example of the Nova Scotia NDP turning its back on university students in this province."



credit: brendon lisi

Womens Hockey—Huskies drop close game in Home Opener

The Saint Mary's Huskies women's hockey team fell 2-1 to cross-city rivals the Dalhousie Tigers during the opening game of the AUS season at Alumni Arena.

The young Huskies team out shot the more experienced Tigers 31-26 but ran into a hot goalie as Zoe Zivolak made 30 saves to pick up player of the games honours. Rookie forward Rebecca Johnson (Stoney Creek, ON) was one of several rookies who had an impressive debut. She scored the lone Huskies goal.

"The puck basically bounced out to me and the whole net was open so i just popped it in. It was great to see all of the parents in the stands during the game. My mom made the trip down from Ontario so it was really exciting," said Johnson.

First year players Billee Canning

(Regina Beach, SK) and Brianna Soper (Oshawa, ON) added assists on Johnson's goal. Rookie goalie Sienna Cooke (Surrey, BC) was sharp making 24 saves in a losing effort.

Head coach Chris Larade thought the team showed a lot of promise. "We played a pretty good game with the exception of the second period, in this league you can't beat anybody if you don't play a full 60 minutes. Regardless of the outcome we are pretty pleased with how we played. The girls bounced back after a bad period and out played them for most of the 3rd period," said Larade.

The Huskies will face a tough test next weekend as they hit the road to play Mount Allison and UPEI two teams that made the finals of last season's playoff tournament.






HUSKIES ACTION
pg. 7


credit: wes wilcox



credit: wes wilcox

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
Legend Presented by SMUSA SMU Athletics & Recreation Event Alcohol Available No Entry Fee (for SMU Students) 19+ only, No Minors (get it?) Gorsebrook Lounge Event/Special SMU Event/Announcement		Oct 17 OPEN MIC NIGHT 9:30pm Gorsebrook Lounge [Icons: Gorsebrook, Alcohol, No Fee, 19+]	MOLSON COLD PARTY 18 8:30pm Gorsebrook Lounge Ticket required [Icons: Gorsebrook, Alcohol, No Fee, 19+]	KAYO: THE LIVE SESSIONS 19 The Gorsebrook Lounge 8:00pm \$5 Cover [Icons: Gorsebrook, Alcohol, No Fee, 19+]	20 FOOTBALL SMU @ ACA 2pm MEN'S HOCKEY UPEI @ SMU 7pm Halifax Forum [Icons: Alcohol, SMU]
22 WING NIGHT 6-9pm Gorsebrook Lounge [Icons: SMU, Alcohol, No Fee, 19+]	23 SPEED DATING (ALL AGES) 7pm Gorsebrook Lounge NO PUB TRIVIA [Icons: SMU, Alcohol, No Fee, 19+]	24 OPEN MIC NIGHT 9:30pm Gorsebrook Lounge [Icons: Gorsebrook, Alcohol, No Fee, 19+]	25 HALLOWEEN BINGO PRESENTED BY SMU Q 7:30pm in L181 MALARIA SUCKS PRESENTED BY THE IDS UNDERGRAD SOCIETY Thursday evening The Gorsebrook Lounge [Icons: Gorsebrook]	26 PUMPKIN PICK-UP for Pumpkin Carving Contest 11am-4pm Student Centre Lobby [Icons: SMU, Alcohol, No Fee, 19+]	27 FOOTBALL 27 28 SFX @ SMU 2pm Gorsebrook open @ noon WOMEN'S HOCKEY STU @ SMU 7:30pm Alumni Arena WOMEN'S VOLLEYBALL McGill @ SMU Oct 27 @ 1pm MTL @ SMU Oct 27 @ 7:10pm Sherbrooke @ SMU Oct 28 @ 1pm
29 WING NIGHT 6-9pm Gorsebrook Lounge [Icons: SMU, Alcohol, No Fee, 19+]	30 PUB TRIVIA 7pm Gorsebrook Lounge [Icons: SMU, Alcohol, No Fee, 19+]	31 PUMPKIN CARVING CONTEST JUDGING 11:30am-2:30pm Gorsebrook Lounge TRICK OR EAT Student Centre Lobby 5:30pm HALLOWEEN PARTY! 8:00pm Gorsebrook Lounge See ad on this page	MOVEMBER SHAVE-OFF NOVEMBER 1 DETAILS TO COME! Get your team signed up online and join the SMU network, or join our team. Society execs: Keep an eye on your email!  http://ca.movember.com/mospace/network/SMU		

Now on Monday:
WING NIGHT + FOOTBALL (IN HD)

 Try my wings!

STARTS @ 6pm
 AFT! After 9pm must be 19+
 PLEASE DRINK RESPONSIBLY
 ARAMARK

MONDAY OCT 22 @ 9:30PM: DET @ CHI
MONDAY OCT 29 @ 9:30PM: SF @ ARI
 Buy an MGD* and get three chances to win!
 1. Instant win prizes
 2. Nightly draws
 3. Ballot to win an NFL trip to Las Vegas!
 *must be 19+ with valid Canada/US gov't issued photo ID


WANT TO BE SCARED?
SAT. OCT. 20TH, 2012
 7PM - 11:30PM
 ROSARIA STUDENT CENTRE
 MOUNT SAINT VINCENT UNIVERSITY
 ENTRANCE IS 55 BONES
7TH ANNUAL MSVU HAUNTED HOUSE
 facebook: MSVU 7th Annual Haunted House
 mountstudents.ca/hauntedhouse
 Not Intended For All Audiences. May Be Frightening For Younger Viewers.

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 OCT 16
 OCT 30
 NOV 13
 NOV 27
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ALL AGES WELCOME!

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DJ: 10:30+
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COVER: \$2 or 1
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 Jägermeister CANADIAN
 MUST BE 19+ WITH VALID NORTH AMERICAN GOVT ISSUED ID. PLEASE DRINK RESPONSIBLY

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the journal

Suite 522, 5th floor Student Centre
Saint Mary's University, 923 Robie St
Halifax, Nova Scotia B3H 3C3

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EDITOR-IN-CHIEF
CYDNEY PROCTOR
cydney.proctor@gmail.com

LAYOUT ARTIST
GLEN DUFOUR
glen.a.dufour@gmail.com

BUSINESS MANAGER
BRENDON LISI
business.thejournal@smu.ca

WRITING AND ARTWORK SUBMISSIONS
Wednesday 5pm
(1 week prior to publication)
submittosmujournal@gmail.com

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Letter from the Editor

CYDNEY PROCTOR

This week was a busy one around The Journal offices. As most of you, dear readers, have probably heard, the SMU Gaming Society was disallowed to hang a poster on campus that depicted what appeared to be a gun, but in a higher resolution image turned out to be a Nintendo Zapper. Now, this editor never saw the original copy of the poster which was rejected, never saw the poster with the seemingly equally problematic Power Glove, and isn't really in a place to give her two cents on the subject. It's done.

And The Journal broke the story first.

On Tuesday I came into work being told that an article run in the 3 October edition of The Journal had been picked up and run in Forbes Magazine. Pretty soon, coverage of our Zapper/gun/poster kerfuffle was everywhere. Now, whether or not the criticisms were warranted, as I said, doesn't matter to me — what does matter is that FORBES MAGAZINE among a whole slew of other media outlets responded to what was written and run in the paper.

Students, take note! This means

that the world cares about your on campus paper. In a matter of hours The Journal website (www.smujournal.com) had already exceeded its record number of annual hits. Suddenly there are eyes on us, Saint Mary's, and it's a good thing. There are tons of great things happening at this University — from a handful of Canada Research Chairs, to our extensive international programming — so make sure not to let yourself get too wrapped up in a poster policy that's under revision.

And contribute to your student newspaper! The author of the controversy-stirring story was a contributor, not a paid staff person. It's a great feather in our cap as a paper, but think about the pride that comes with breaking a cool story, whether to the international news media or the campus community. I must say, it's pretty rewarding, and, maybe I'm a glutton for punishment, but it's also fun!

So SMUdents, thanks for reading, for making this paper what it is, and for being awesome and giving Journal staff great things to write about. And don't forget, get involved!

Letter from SMUSA President

JARED PERRY

Earlier this month, I had the privilege of attending the Enactus World Cup along with 24 other SMU students and our three wonderful faculty advisers. We set off on September 29th on a bus with a few students from CBU and a handful from DAL. Enactus, formerly SIFE, went through a re-branding process and launched their new selves at the World Cup, hosted this year in Washington DC. The new name will provide a more clear explanation as to what the organization is all about.

Many people had a difficult time explaining what exactly SIFE did. Here is a breakdown of the new name according to enactus.org: "Entrepreneurial - having the perspective to see an opportunity and talent to create value from that opportunity; Action - the willingness to do something and the commitment to see it through even when the outcome is not guaranteed; Us - a collection of people who see themselves connected in some important way; individuals that are part of a greater whole." The new name should provide much more clarity to those who are not familiar with the work that Enactus does.

Our journey was comprised of a 22 hour bus ride with stops every 4 or 5 hours. The World Cup was a life changing experience filled with: note taking, sightseeing, learning, observing and fun. The fact that we were able to take so many students will have a significant impact on our young team. Steven Binder, Co-President of Enactus Saint Mary's told me what this meant to the team: "Enactus Saint Mary's was fortunate enough to have The Enactus World Cup take place so close, enabling our team to take part as spectators in the competition, thus increasing our potential in the future and exposing our new members to the amazing worldwide organization allowing them to see the impact we

have as one around the world."

Many events took place such as a Culture Fair (my personal favourite), training sessions, presentations, key note speakers and panel discussions. Kaitlyn Touesnard, Co-President of Enactus Saint Mary's had this to say about her experience: "It's amazing to see people from all countries and all walks of life united by a common purpose, to make the world a better place." She then added, "Enactus students are some of the hardest working I've seen and it warms my heart to know that we're working towards something great." There were 38 countries competing to win the Enactus World Cup.

Enactus Saint Mary's runs projects throughout the year and are judged on these projects in both regional and national competitions. Last year, I had the privilege of taking part in the national presentation where Enactus Saint Mary's placed 4th in Canada! Our goal this year is to be number one. I have been an Enactus member for just over one full year now and it has greatly changed many things about me. I encourage anyone interested in Enactus to come to a meeting and take part in a project. Any student who wants to know more about Enactus Saint Mary's should email Kaitlyn Touesnard at kaitlyn.touesnard@smu.ca. You will not regret it!

That's my article for this issue. If you ever have any questions or are looking to get a hold of me; I can be reached at my email, president.smusa@smu.ca. If you are interested in what I do on a daily basis please follow me on twitter, @smusapresident.

Jared Perry
President & CEO
Saint Mary's University Students'
Association

Letter to the Editor

MARK MERCER

The Saint Mary's University Students' Association (SMUSA) recently required a campus group to alter one of its posters ("Gun image not welcome on campus poster," The Journal, October 3, 2012, p. 3). The reason SMUSA interfered with the peaceful and non-coercive expression and exchange of ideas, opinions, information, or emotion on campus, at least according to the Journal article, was its concern that its societies do not damage

the reputation of the university community.

Interference by campus authorities with freedom of expression will certainly damage the reputation of a university, more than anything found on a poster could. The reputation of Saint Mary's, an institution currently widely known as hostile to expression, has been further damaged by SMUSA's actions.



Co-operative Education

When you graduate from university you will have a wealth of knowledge. If you take part in the Co-operative Education program you will also have a great deal of related work experience. Co-operative Education provides students with an opportunity to gain a year of relevant, paid work experience and a greater chance to secure a job after graduation.

Co-op Education is a non-mandatory program so students must submit an application and meet specific academic requirements in order to be accepted into the program. Once you are accepted, you work with an Employment Development Officer to develop your resume, cover letters, interview skills, job search techniques and much more. Students normally secure their first co-op work term after completing two full years of study.

Saint Mary's University has Co-op available in the Bachelor of Commerce program, Bachelor of Arts program and most majors in the Bachelor of Science Program. As well, we have the Masters of Science in Applied Science Co-operative Education program.

More details are listed on our website, <http://www.smu.ca/coop>. Stop by to visit us anytime in Room 400 in the Student Centre.

Should we be concerned about our safety in Halifax?

JAMES MURCH

Halifax had the highest homicide rate for metropolitan areas East of Winnipeg in 2011, and things are quickly shaping up to see Halifax hold its position in the rankings. Across Canada, 598 slayings occurred in 2011. Halifax saw 19 killings, and 75 shootings occur that year. At the provincial level, Nova Scotia has the second highest crime and violent crime rates, again, second only to Manitoba. In 2011, Halifax saw 4.4 murders per 100 000 people, with the national average being 1.7 per 100 000, according to Statistics Canada.

Police stated over the summer that several changes had been made in the region that should have helped keep the numbers this year down. These changes included being more vocal about going after those involved in violence, targeting known weapons for seizure, highly visible downtown patrols during weekend nights, as well as a guns-and-gangs unit. It is now about three-quarters of the way through 2012, and the city has seen a total of ten homicides. It appears that Halifax Regional Police and other community and social services are seeing some marginal success with their efforts; however, our community still seems to be encountering major issues in combating violence. Here is a brief look at the violent incidents which resulted in fatalities this year in the HRM:

- 1: Marc Bernard Tremblay, age 25. Stabbed to death in Fairview.
- 2: James Alexander Lyle, age 55. Shot to death in Montague Gold Mines.
- 3: Karen Farren, age 62. Stabbed to death in Waverly.
- 4: Raymond Taavel, age 49. Beaten to death outside of Menz Bar on Göttingen St.
- 5: Norma Jean Salah, age 77. Died in hospital from a stab wound.
- 6: Corey Duane Lucas, age 36. Shot in a drug-related, double shooting incident on Clifton St.
- 7: John Newcombe, age 27. Shot to death outside of Winston's Pub in Clayton Park.
- 8: Denise Joudrey, age 47. Victim of a murder-suicide incident in Lake Echo.
- 9: Narico Downey, age 23. Victim of a shooting incident in North Preston.
- 10: Kaylin Diggs, age 26. Beaten to death after a night out, incident occurred on Argyle and Sackville St.'s

While the high incidence of violent crime and other types of crime which occur in this city are quite concerning, it should be noted that overall crime in Canada has been on the decline since 1991. Despite what some individuals may state to justify "tough on crime" legislation or an increased police presence, the rate of violent offences has dropped about

32% across the country since 1991, according to Statistics Canada. As far as Nova Scotia goes, crime rates have also been dropping — there was a 5% drop in crime rates in 2011 when compared to rates in 2010.

In addition to fatal attacks, we seem to suffer from an epidemic of assault and sexual assault in our downtown core. With the attempted abduction of a young woman in broad daylight near the commons on Tuesday, October 9th, we can longer view these issues as par for the course in a port city with a vibrant nightlife. Furthermore, there seems to be a general belief among some members of the population that the Halifax Regional Police are overly aggressive and perhaps abuse their authority when dealing with young people. Do you feel safe in Halifax? Are the police doing their job? What other methods of crime prevention do you think should be adopted in HRM? Have you been the victim of Police brutality or feel your rights have been abused? Have you been the victim of violence in the HRM? What do you think should be done to improve the safety of residents, and the image of Halifax, and our police force? We want to know. Send your comments to newseditor.thejournal@gmail.com and indicate whether or not you would like to be contacted by The Journal for an interview to be included in a follow up piece to this article.



Plan B celebrates anniversary

ADAM FABER

So far, Plan B hasn't needed a contingency, and maybe voodoo is the reason.

SMU grad Stacy Lepage, one of the founders of Plan B Merchant co-op, is celebrating the ongoing successes by holding a birthday party for her shop on Halloween. The whole idea behind the Göttingen Street merchant co-op is to help local vendors get city space without breaking the bank. Well, the idea has done well, and there is now an eclectic mix of goods and services all sharing the same roof like a hyper-local strip mall.

Of course, happening on all hallow's eve makes costumes at the party mandatory, and if you've ever been inside the shop you know how fantastic a fit their 1920's masquerade theme will be. Bob Chiasson, another co-founder, once purchased movie props for the film industry, and it's a great way to show off his sizeable collection of crazy goods. As he has said to me before, "I'm a late sage three hoarder." The store has an honest-to-god mummified monkey paw, and if it's going to do any mumbo

jumbo, it would be on Halloween.

Popular with other Plan B events DJ Bludston will be providing musical entertainment, along with a magic show, tarot readings and some burlesque by Miss Magenta thrown in for good measure. With only a five dollar bill needed to get through the door, it certainly won't frighten your bank account.

Also, if you're the type to mix business and pleasure, you could also check out the space to see if it's a good place to sell your own wares. The whole idea of the co-op is that you can rent shelf space at a cost that doesn't prohibit the little guys from playing. "You can start at \$30 for a display cubby and it goes up from there. All you have to do is stock it," said Bob. Anyone who wants to sell things can rent an area, while the owners like Bob and Stacy staff the store.

2180 Göttingen Street at 8:00 is when things are kicking off, and things are going as late as 1:00 in the morning. Support local, or risk the wrath of the curse of the monkey.

Municipal elections are without political parties, but are the candidates?

NICHOLAS GEAR

Municipal election are seen by most as a chance for average to outstanding members of our local community to stand up and run on ideas they see to make the community better in some way. We see candidates differently in municipal elections—we see them as individuals first, where in the provincial and federal elections we see the candidates as representatives of political parties. With political party affiliations, we get a suggestion as to what sort of opinions candidates have on certain issues and policies. But where do the candidates stand on those issues and policies when they are not standing on a party platform? Most of the time, we are unsure until they are actually in office.

Most candidates do have some ties to political parties. In some candidates, these ties are more firm than others. In the Halifax mayoral

race, we can look at the front-runner Mike Savage for an example of a candidate with very firm ties to a party. It is well known that Mr. Savage has ties to a political party, after spending time as a Liberal member of parliament. In the Cape Breton Municipal Elections the front-runner Cecil Clarke also has strong political ties, having spent time as a Progressive conservative MLA.

Candidates running for council seats also have ties to parties, however in most cases; these ties are much looser than in the Mayoral race. Council seats tend to be starting points for most political careers, but in the HRM Council race, most of the candidates have, at some point, held a membership to a specific political party, thus declaring their allegiance. The relationship goes both ways as well: political party members who have worked on federal and

provincial elections and are active in riding associations will support municipal candidates that are likely to further party aims.

When we look at municipal elections and assume that the candidates are individuals without political ties, or they make this claim, we are probably wrong and the claim is likely false. If we as individuals are able to recognize political ties, we can become much more informed on the potential decisions that these candidates would make if they were voted into office. At the same time, if a candidate is elected, there stance may quickly become reflective of a particular party platform, since municipal office is an excellent opportunity to firm up a relationship between themselves and a party, with a hope of running for a higher office in the future, such as MLA or MP, within that parties structure.

With the electorate aware of these allegiances, they will have a greater sense of whether a particular candidate would be more inclined to raise taxes to pay for expansions in social programs, or perhaps be in favor of lowering taxes on businesses with the hope of making it easier for businesses to compete and expand. The voter could get a good idea of this based on the practices of the political party that the candidate supports. This is one of the main arguments fueling the idea of creating municipal political parties in major cities.

With this and other information that the voter has, they can make a suitable and informed decision based on personal political ideologies. They can be sure that their local community is moved in a direction that fits their individual view of what is best for that community. We

should look at municipal elections differently than other elections -- we need to look at candidates as individuals, but at the same time, we must look to there connections with political parties and the strength of those connections. This is the only way we can become informed of their potential ideas and how they intend to shape policy. The candidates in these municipal elections may not be running on party platforms, and they may not have party colors and party signs. There may not be political parties in the municipal elections on the ground but where do the candidates stand on that party line? Know where your candidates are on the issues and make sure they feel the same way that you do on the issues important to you, and make sure their affiliations will allow them to make the changes you want to see.

Visit our new website and read The Journal online!
www.smujournal.ca

Enrolment up at Saint Mary's

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

More students both locally and from around the globe are choosing Saint Mary's University to pursue their post-secondary education.

Enrolment figures released by the University on October 15 show full-time undergraduate enrolment is up 4.4 per cent and graduate enrolment was up 5.5 per cent. Our new enrolment from Nova Scotia high schools was up an impressive 12%.

"There has been a concerted effort over the past three years to present the advantages of a Saint Mary's education in a new way," said registrar Paul Dixon. "Our small class room sizes and our focus on experiential learning approach seem to resonate with students. Clearly, we are offering something that is relevant

to our local population."

The new figures also bolster Saint Mary's reputation as an international campus with cross-cultural learning opportunities. International enrolment rose 17.2 per cent with 1918 students from more than 90 countries registering for classes this year.

"Education is the new global currency and Saint Mary's is delighted to be helping more students find their place in the ever-changing global workforce," said Saint Mary's President Colin Dodds.

As of October 1, 2012 Saint Mary's had 7,586 full-time and part-time students.

The Oaks: Living Laboratory

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

The Oaks forest is busy with activity this fall as several profs in environmental science and other departments are working hard to generate unique real-world research and learning opportunities for students right on our campus.

Environmental Remediation and Restoration (ENVS 4470) involves the students planning ecological restoration projects that will be carried out in the Oaks forest.

These are aimed at improving the environment, increasing biodiversity, decreasing soil erosion, closing off some of the side trails, and improving habitat for birds and salamanders. This is part of a multi-year project; in future years, other students taking the course will continue monitoring the area, carrying out further interventions to improve the



Temporary flags and markers have appeared in the Oaks forest and are used by Saint Mary's students to mark their study plots.

ecology of the site, and re-assessing the projects initiated by previous students.

With more student involvement in active stewardship, it is hoped the Oaks forest will be better maintained. Negative land uses such as graffiti, garbage disposal and squatting will be discouraged.

Follow us on Twitter!

twitter.com/thesmujournal

Saint Mary's Passion Pays Off in National Recognition

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

Saint Mary's is thrilled to learn that we have been selected from more than one hundred of the leading public, private, and not-for-profit organizations in Canada as a 2012 finalist for Canada's Passion Capitalists awards program.

The news, announced by Knightsbridge Human Capital Solutions in partnership with BNN, Torsys LLP, Global Governance Advisors, and the National/Financial Post, recognizes Saint Mary's as one of 28 Canadian organizations---including only four universities---to make the cut as Passion Capitalists, a term that describes organizations with a unique creed, a well-defined

culture, and the energy, intensity, and sustainability required to generate superior results.

"At Knightsbridge, we believe Passion Capital is an asset that all of the most successful organizations have, regardless of their size or sector," said David Shaw, Founder and Chief Executive Officer at Knightsbridge Human Capital Solutions.

Saint Mary's will be recognized at an award gala on November 5th, 2012 and now enters the running for the ultimate distinction as one of the top ten Passion Capitalists in Canada.

"We are truly honoured by this recognition," says Gabe Morrison,

Vice President, Administration for Saint Mary's University.

"Saint Mary's unique vision, strong core values and steadfast strategic pillars fuel everything from our day-to-day operations to the directions taken in our Academic Plan. Our culture of civic engagement and social responsibility enriches the educational experience of current students, inspires prospective students to choose Saint Mary's University, and contributes significantly to their development as active citizens of the world."



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Gun Image not welcome on campus

By Adam Faber A depiction of a toy gun has been removed from posters around campus at the request of the Saint Mary's University Student Association (SMUSA)...



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Kai Chan A Spider's Logic

Organised in partnership between the Textile Museum of Canada & the Varley Art Gallery of Markham
Curator: Sarah Quinton

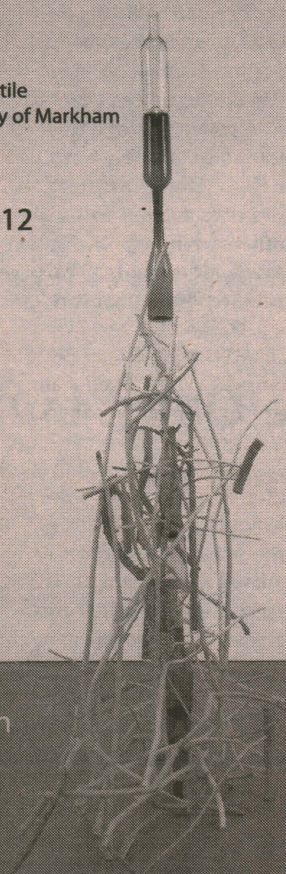
20 October - 2 December 2012

Opening Reception:
Friday, 19 October, 8pm

Artist's Lecture:
Thursday, 18
October, 7pm
Bell Auditorium, NSCAD

Saint Mary's University
Art Gallery

Loyola Building, First Floor
11-5 Tues-Fri 12-5 Sat-Sun
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Seeing the Buddha, 2004, mixed media



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Huskies Football

The Saint Mary's Huskies football team have bounced back well after an 0-3 start to their regular season. The Huskies pick up two convincing wins over Saint Francis Xavier and Mount Allison in as many weeks in AUS play. According to offensive lineman Matt Albright, the team real feels like things are started to turn around. "It takes time for a team with a new coach (Head Coach Perry Marchese) to gel," Albright said in an interview. "We are starting to turning things around and get momentum. We want to keep it up." Momentum, in Albright's mind, will be extremely important to the team going to the final three games of the season. "We hope to keep the momentum up from last game into our next game against Mount A, and we got two tough games left after that against Acadia and St.FX. If we can do well in those games, we can be excited for the playoffs. Momentum is a good thing to have." When asked if any one factor or element in particular

that helped turn the team's fortunes around, Albright quickly dismissed the notion. "Football is a team sport; it's not all on one player. Everyone is starting to gel and come together. We're not working alone."

The Huskies look to be in good position to make into the Atlantic Conference playoffs with the probability of them facing the X-Men in the conference semi-finals high at this point. It also looks the Axemen will clinch first place in the league which would give them home field advantage in the Loney Bowl. They would go up against the winner of the Semi-final game between the second and third place teams in the standings at the conclusion of the regular season. Everything seems to be going great for the Huskies late after a bad start. However, but these prospects of the playoffs and being a success were the furthest things from the Huskies minds. Albright makes this point well: "Acadia and Sherbrooke are great teams. It was in

our game plan to go 0-3. After that, we all sat down and said "We need to turn things around." We used the emotions from those losses in the two games we won."

There is no doubt that SMU is hitting their groove as a team and are not to be completely eliminated from Conference Championship consideration. But, as Albright says, there is still some improving that can be done before they can start completely thinking about the playoffs. "Any team wants to improve," said Albright, "Our defense has been lights out. Our offence has been staggering. It takes a while to gel with new offence. We are slowly improving. We need to keep that gel going forward." If the Huskies can keep this hot streak going into the playoffs, who knows how far they can go. Saint Mary's next game is on October 13th against The Mount Allison Mounties and their final home game of the regular season will be the X-Men on October 27th.



Mens Hockey Interview

On the eve of the start of the AUS men's hockey regular season, The Saint Mary's Huskies have anything but an easy road ahead of them. SMU won the Don Wells Memorial pre-season tournament in Wolfville over Acadia, Saint Francis Xavier, and Carleton, but that has not caused Head Coach Trevor Stienburg to adopt a "rose coloured glasses" view of his team. "They weren't much of a representation of the school," Stienburg said in an interview. "We are not an overly talented team. We are a very deep team, and we're gonna have to rely on that." When asked what style of team he wants his team to be, the former National Hockey league player denied wanting a specifically playing style: "You can't focus on one thing. We need to be a balanced team, a time-and-space-team with just pressure, pressure, pressure." Stienburg really emphasized that any team in the Atlantic University Hockey Conference can become hot and really shake things up. "All the teams in this conference are good teams.

Anytime, a team can get on a roll, do some damage. Five points could make the difference between 1st place and 6th. There's not that much leverage. Two or three games could make the difference." The Huskies have the unfortunate position of playing in arguably the most talented and competitive conference in the entire CIS. For instance, in the pre-season CIS hockey top 10 rankings, three AUS teams cracked the list. Those teams include the UNB Varsity Reds, the top ranked, two defending conference champions, and 2011 national champions, the Moncton Aigles Bleu, and the St.FX X-Men. Stienburg acknowledges how good the teams in this conference really are. "AUS teams are the best in the country," said Stienburg, "There are the pinnacle of the CIS." As for the certain fans who may criticize Coach Stienburg and the team for their performance on the ice, he's not going to give those people much attention. "I have lived my whole life with criticism, from my days as a player to my 15 years in coaching.

Those are only one-sided opinions. You need to make a plan. I don't pay attention to the boo birds, I got people I trust. You listen to some jackasses sending you emails. We are professional." The Huskies had a great season last year, finishing second overall in the conference and receiving a bye directly into the semi-finals. Unfortunately they lost their best of five series in the Aigles Bleu in five games. When asked of his expectations for his team for this season, Stienburg left it short and sweet. "You gotta get into a groove," he said. "Good things can happen when the hockey gods get on your side."

SMU's first game of the season was on October 12th against the Dalhousie Tigers at the Halifax Forum, with the Huskies winning 5-2, and Stephan Johnson being named player of the game after scoring a hat trick. SMU has another game on the books for October 19 at St FX. Says Stienburg going into the season, "If a player don't work hard one night, I'll guarantee you that won't be the case the next night."

WIN \$500 CASH

EVERY GAME \$500 SHOOTOUT!

At each home game 3 lucky people will be chosen to shoot ON AN EMPTY NET for a chance to WIN \$500

As if fast paced and high level hockey wasn't enough of a reason to go to a Huskies Men's hockey home game, you now have a chance to get to shoot for \$500. 35 Meters from an empty net isn't bad odds either, though at Friday's home opener no one made the shot, including a member of the women's hockey team. In the dying seconds of the game, without \$500 dollars on the line but under defensive pressure, Brad Smith of the huskies also missed an empty netter from a similar distance in their 4-2 win over Dalhousie. Think you can do better? The next Men's hockey home games are Friday October 19th and Saturday October 20th at 7:00 pm, so make sure to make the trip to forum to see some high level hockey, cheer your huskies on and enter your ballot for a chance to score an empty netter and win 500\$.



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Shoot for \$500 another reason to see the Huskies in action

BRENDON LISI

No. 3 ranked Huskies blank Tigers 3-0 to take over first place

The CIS No. 3-ranked Saint Mary's Huskies took over sole possession of first place in the AUS conference as they defeated the Dalhousie Tigers 3-0 tonight in a rare mid-week match between cross-town rivals at Huskies Stadium in Halifax.

Third-year keeper Adam Miller (Swindon, England) posted his sixth shutout of the season and Derek Gaudet (Bayside, N.S.) netted his league-leading sixth goal of the year.

Fourth-year striker Sidney Doucette (Yarmouth, N.S.) and Olivier Chenard (Halifax, N.S.) also scored for Saint Mary's. The Huskies led 1-0 at the half.

With the win, the Huskies take over first place in the AUS standings and improve to 6-0-2. The Tigers drop to 2-4-2 and are tied for sixth place.

Saint Mary's returns to action this Saturday when they travel to Antigonish, N.S., to face the StFX X-Men. The Tigers will see their next action when they host the UPEI Panthers Saturday afternoon at Wickwire Field in Halifax.

Huskies get 5-2 win over Dalhousie to start 2012/13 Season

The Saint Mary's men's hockey team got stronger as the game went on en route to a 5-2 win over the Dalhousie Tigers in the opening game of the AUS hockey season.

Second year forward Stephen Johnson (Guelph, ON) kicked off his season in style scoring a hat-trick and being named the player of the game.

"I was just in the right place and the right time tonight. The first one kind of trickled in, the second one I almost didn't score, it hit off the goalies stick and went in. Then the third one was just an empty netter," said Johnson.

The Huskies were trailing 1-0 after the first period, but exploded for three goals in a little over six minutes. First year forward Ryan Hillier (Halifax, NS) started the scoring when he shelved the puck over a sprawled out goalie Bobby Nadeau in the Dalhousie net. From there, Johnson netted his first of the night and Lucas Bloodoff (Castlegar, BC) added another power-play goal.

The Tigers would narrow the gap to 3-2 heading into the 3rd period, but Johnson's second goal of the night at 9:26 of the 3rd period put the game out of reach for Dalhousie. Saint Mary's Goalie Anthony Peters (Blyth, ON) was solid the rest of the night making 21 saves for his first win of the year.

Halifax Plugged in looking to give you a local jolt

ADAM FABER

For those looking to really dig into the local music scene, it can take some serious footwork. Going to shows, hunting down the newest home-grown CDs and gathering intel from fellow musicophiles can take time and money. Halifax Plugged In offers a quick, easy and reasonably priced way to explore the smaller locals.

What producer Dennis Field wanted was to do was to allow bands with smaller means to make an impact without a huge cost. "It started back when I saw so many great acts going through here that really couldn't afford to do a full length project. I saw great material not going anywhere, then it occurred to me; Let's get a compilation going, something they can afford to do." Field isn't an amateur in the recording industry, he's been nominated time and time again in technical fields by the East Coast Music awards and Music Nova Scotia.

Denmark Productions has been creating compilation CDs of smaller

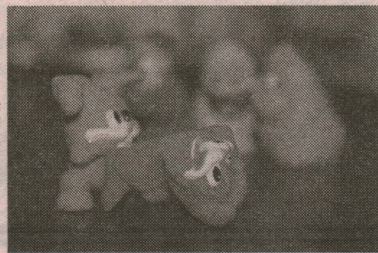
local groups, offering professional production levels that might evade the groups if they were to attempt a solo project on a smaller budget. The result is two or three tracks from upwards of five different groups, which sells for a reasonable ten bucks. There are currently eleven albums to choose from, ensuring that you can hear a near-constant stream of Haligonian entertainers.

If you're a local group looking for a lower-cost way to get out there, Denmark Productions is currently looking for artists to jump on board for their twelfth album. With a studio much better than your basement, and as well a collection of instruments and tools available to add to your tracks beyond things you already own. "Dennis really helps out musically as well." Said Nick Hare, a member of Already Casual, featured on Halifax Plugged in 10. On denmarkproductions.com there is information on how to jump on board.

While each track can vary wildly



between genre and musical tastes, the entire allure of the Halifax Plugged In series is the fact that you can get to know several groups fairly quickly. You can pat yourself on the back for buying local and add some flair to your music library by picking off your favorite tracks and adding them to your playlists. If you're going to be studying in Halifax for the next few years, why wouldn't you get plugged in?



credit: kelsey goucher

The Lounge Lizard

Greetings from the Lounge Lizard – Your source for what's happening in the Gorsebrook Lounge. Welcome back from the long weekend and hope it was full of turkey, friends and family. October is going to be an exciting month in the pub with Wings every Monday for Monday Night Football along with great MGD Promo's. Trivia every Tuesday night with \$3 bottles of beer, well shots and \$7.50 Thundermugs. Of course Open Mic Night will be on every Wednesday. On Thursday the 18th Molson will be putting on their 2nd Annual Molson Cold Party. Last year's event was a huge success and the Gorsebrook was bump'n. The next night on the 19th, Saint Mary's own Filbert Guevarra Salton A.K.A. KAYO will be doing an in-house taping of his acoustic live music and you have a chance to be a part of the action. Come get matched up with your soul mate on the 23rd when SMUSA puts on speed dating, always good for a

laugh and open to everyone. For the creative pumpkin carvers out there, come pick up your pumpkin on the 26th in the Student Centre from 11-4 for the Pumpkin Carving Contest. As a reminder, Movember is right around the corner so Trivia on the 29th will be Movember themed. Last but definitely not least will be the Halloween Party October 31st which falls on the last Open Mic Night of the month. So bring your carved pumpkins and wear your costumes because there will be prizes for the best male, female and group costumes. You are not going to want to miss this party! For even more events head into the Gorsebrook and check out the new events calendar and be sure to join the Gorsebrook Facebook group that is constantly updated. Ssssoooo long for now SssMUdents...

Hamlet gone solo

When you read Hamlet in high school, did you ever imagine that it could be possibly done as a one-man show? Well, Raoul Bhaneja imagined it differently. The star of the one-man production, Hamlet (Solo) at Neptune challenged all of the high school versions of Hamlet and outperformed himself with his stellar performance of all 16 characters in Shakespeare's famous tragedy.

The crowd in the newly-named Scotiabank Theatre (formerly the Neptune Studio Theatre) was small but mighty, and mightily behind the Bhaneja and his Hamlet. With elements of humor, along with of course, Hamlet's angstiness to ruin everyone's fun, Bhaneja was easy to follow, had the stage presence of a dozen actors, and flipped roles with ease.

Bhaneja opened his Hamlet (Solo) in 2006 to much acclaim and has travelled extensively through Canada and the UK, earning himself a Gemini nomination. The show has received international praise, and has been seen by hundreds. The small crowd at out of the hand of Bhaneja, engrossed in his dynamic stage presence and the complexity associated with making such a huge production into a single man extravaganza.

As I watched, I attempted to reflect on the plot of Hamlet from when I read it in high school. The

G-SPOT

So, there are not a lot of hard and fast rules around having sex, outside of like, not raping and generally being appropriate, but there are tons of unspoken rules. Things like, no teeth during blowjobs, keep your nether bits neat and tidy, and in general, don't be a jerk.

These unspoken rules are present in all intimate encounters. When you hug, don't hold on for too long. When you shake hands, don't be a dead fish. When you're having sex, don't talk to your mom on the phone.

Let's get back to basics – the handjob. Now, this columnist knows a thing or two about them, even suffers with tennis elbow from a high school handjob encounter, and really does think that they're over looked in importance and execution. Now, let's get one thing clear – watch your grip.

Ladies, I know you think (or maybe not, and if so, thank god), that it's a death grip, but experience in this case proves differently. Also, you don't have your own junk, so accidentally manhandling a package here and there is more acceptable. However, you handjob giving boys out there have no excuse. No death grip, no trying to wrench a cock off a body with overzealous vigour, and, when in doubt, "show and tell."

Same for you out there who are more into the lady bits. There are as many nerve endings in a clit as there are an entire cock, so remember that being gentle is first and foremost.

She'll tell you not to be after a while, but I would recommend against going in all fingers blazing or the likelihood for finding elbows in your face will increase exponentially.

Now, get at it.

But know know what? Handjobs lead to blowjobs, so I feel as though I need to cover my bases, because sometimes things get out of hand... and into mouth. I highly endorse the use of each other to make optimize fun.

That being said, watch your teeth, folks. We all know they're in there and are understanding of slips, but every effort to kept those pearly whites playful rather than painful would be well appreciated. Also, keep in mind the comfort level of your partner. Wanna go down on her for an hour? Awesome, unless she is all self conscious or not getting off and you're doing more hard then good. Can you deep throat him? Well, that's wicked unless that's too much and awkwardly painful.

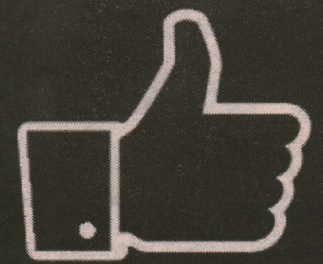
Of course, as all regular G SPOT readers know, communication is key. You like a lot of slobber? Mention that. Lots of pressure? Who's gonna know unless you say something? The world of sex and orgasms is a slippery one, and unless you and your voice are in line with what your nether bits seem to want, you're going to fall off the wrong side of Orgasm Mountain.

Play! Sex isn't just penetration galore – draw things out, make them wait, have some fun with it. It's not the destination but the journey that counts, and will make you come that much harder. Have fun!



humour, subtleties and emotional breadth of the characters which are conveyed in one scene, let alone one play are immense, and only a very skilled actor could handle them all by himself. I reflect on how our out Grade 12 tongues stumbled over all of the "thees" and "thines" and then how effortlessly Bhaneja can roll the dialogue off of his tongue, wondering if this take on Shakespeare is one that would appeal to students and their very confused and hesitant grasp of the dialogue, making it something that would make the difference between a barely-care and a passionate love for these plays.

It warms my English loving heart to know there are people out there with the skill and love of these plays, like Bhaneja, who makes sure, with their own takes, makes Shakespeare something that is engaging, beautiful and deep, as they were meant to be, and so often go unloved after the end of senior year.



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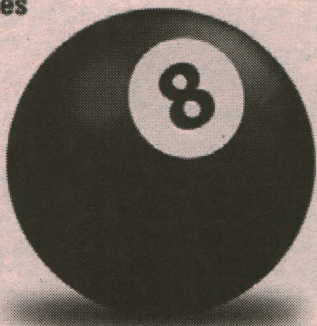
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new members and guests welcome



SMU Co-Hosts "The Amazing Power of Cooperatives" Summit

SAMUEL HAMMOND

Saint Mary's University was among three co-hosts and organizers this year at the Oct 8-11 International Summit of Cooperatives, held in Quebec. The event was held in tandem with the two day Imagine 2012 International Conference on Co-operative economics. The four day event included many prominent guest speakers and panelists, including former U.S. Secretary of State Madeleine Albright, Nouriel Roubini, Nobel Prize winning economist Michael Spence and many others.

The opening address Monday included words from the CEO of Desjardins, the President of the International Co-operative Alliance, the mayor of Quebec City, the new Prime Minister of Quebec Pauline Marois, and SMU's own President and Vice Chancellor, Dr. J. Colin Dodds.

"Looking at the economy through a cooperative and mutual lens can only contribute to sustainable prosperity and create a better world," Dr. Dodds wrote in his host message. Cooperative firms are an alternative way of managing an enterprise that put the customers, producers and employees at the centre of decision making and ownership, instead of through a top-down corporate hierarchy of authority.

For example, Just Us! Coffee in the SMU Atrium is run as a co-op. Thirty percent of the profits they

make off their imported fair trade coffee and other products are distributed back to the members and employees through a profit sharing program. Any employee is welcome to become a member and become an equal share owner of the company. Decisions are made democratically through an elected Board. The bottom line for Just Us! and other co-operatives is not to maximize returns for shareholders but to serve its community and members.

Saint Mary's has gone all-in on the bet that co-operative firms are the way of the future – indeed the Sobey School Business is stacked with faculty with co-operative backgrounds. This is because Saint Mary's University is in fact home to a world renowned Master's of Management for Cooperatives and Credit Unions post-graduate program.

In addition, Saint Mary's professor Dr. Sonja Novkovic is a well-known name in the co-operative movement, serving as past president of the International Association for the Economics of Participation not to mention her professional research in co-op management and co-operative development in transitioning economies. She spoke Tuesday on a panel discussing the topic "The role of co-ops and mutual in the global economy – From theory to practice".

Student entrepreneurs volunteer their way to success

SAMUEL HAMMOND

It is the goal of many university graduates to found their own company, but a trio of entrepreneurial SMU students didn't feel any need to wait for their convocations. In June this summer Greg Beaver, Gorba Singh Bhandari and Mukul Gupta officially partnered to incorporate GB Techsulting, their webdesign, programming and network solutions company. Kathleen Chisholm joined the team in August as Chief Information Officer and research lead. She also joins Anter Cheema, their financial advisor and accountant.

All in their fourth year at SMU, Greg and Gorba are Computer information Systems majors, and Mukul a Computer Science major. As IT specialists they constantly found themselves being approached by different departments for support. "We started forming our business because we felt each person complimented the other," says Greg. "With constant freelancing work I was constantly asking for advice. Gorba and Mukul were able to provide that to me. We all ask each other for favors and decided to work together on projects."

"We are students that are trying to be something in the world," adds Gorba. "SMU has been really helpful in supporting our small firm as their own! I am really lucky that I go to such a school that cares for their student's future."

In addition to providing the gang with work and meeting rooms, the university was among GB Techsulting's first clients, including the IDS Graduate Student Society webpage and database design for SMU's Business Development Centre. "We worked with the economics department for one of a first official project. It was custom coding and required a lot of work," says Greg. They are currently testing a new pay management system for the Homburg Centre for Health and Fitness. "It automates tasks and allows SMUfit to reallocate their resources to more needed places. That's something we pride on – giving back to those who made us big."

"We technically didn't even have to market ourselves," says Mukul. "The good will and recognition we had between the 3 of us in the SMU community got us enough work to keep busy." The way to gain recognition, Mukul learned, was through volunteering and contributing to societies on campus. "For me it all started in my first semester at SMU. I was the usual go to tech guy for my friends, and one of them got me a volunteer opportunity to help SMUSA on an issue they were facing on their website. I volunteered for the first time in my life, and the satisfaction I got from helping out the student association struck me."

"A semester later," Mukul

continues, "and I was working for them. After that I volunteered for everything I could find, the African Society, Aisec, the Indian Society and more. Then I joined SIFE and took up all their Tech work in my first month with them. People started to come to me with projects on their own. This University has been the most rewarding thing in my life up to now."

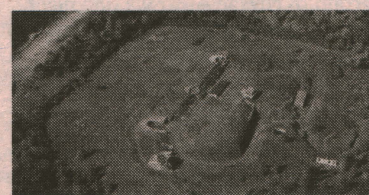
I can personally attest to Mukul's relentless work, and the dividends it pays. Last year when the SMU Journal was being redesigned I spoke to Mukul about updating the website. That was on a Friday, and by the following Wednesday the SmuJournal.ca website was online and designed exactly to specifications.

The future looks bright for Greg, Gorba and Gupta. And all because they stopped thinking of entrepreneurship as something that comes after academia, and went out of their way to develop skills and recognition throughout the campus. They are currently working on a project to develop ecommerce and marketing solutions for a local author. "We hope to be selling his book by the end of the month," says Greg. "This is a great project because he's trying to donate one million dollars total to charity." GB Techsulting can be reached through their website, GBTechsulting.com.

Friends of McNabs

From the War of 1812, to the North Atlantic battles of the American Civil War, to the First and Second World Wars, Halifax has been a setting for conflicts that have permanently changed the world. And we are a city that celebrates that history, by preserving artifacts and providing access to important landmarks like the Citadel.

Until recently, Fort McNab on McNab's Island – the largest Island in the Halifax harbor – was included in that list of prideful historical sites to which anyone could be granted



serviced access. But now following major cuts to Parks Canada in the 2012 federal budget, the agency will not be providing services to visitors. Worst still, Parks Canada has cancelled an agreement with the Friends of McNab Island Society that was costing the Canadian tax payer virtually nothing.

The Friend of McNabs Island Society is a non-profit charity that has been dedicated to maintaining the island and providing tourism services on a completely voluntary basis for over 22 years. The group

of history buffs and nature lovers have self-published the definitive history on the Island; fundraise to purchase new benches for the Island's spectacular view points; and do frequent trips to ensure the trails are clean of litter and the armaments are free from vandalism.

"For the past 17 years, the Friends of McNabs have maintained the McNab Family Cemetery, located within the confines of Fort McNab, and organized cleanups and brush clearing around the national historic site referred to by Parks Canada as the 'Gatekeeper of Halifax Harbour,'" wrote the society's president, Catherine McCarthy, in her announcement of the cancellation.

"We were told that Parks Canada would no longer give us an annual grant of \$1,500 to cover our equipment, transportation and insurance costs. We offered to look elsewhere for funding to do this important job, but Parks Canada has refused our help. Instead they told us that their own staff would maintain the national historic site, mow the grass and weeds in the cemetery, clean up the garbage and clear the brush from around the historic buildings."

The timing of the cancellation has perplexed Ms. McCarthy, as well as many others in the Eastern Passage community from which the McNab's ferry launches. It comes

after \$1,597,669 was spent as part of Canada's Economic Action Plan to repair Fort McNab and other infrastructure on the island. "Contractors rebuilt the drainage system, stabilized the buildings and gun emplacements, and returned the large breech-loading guns to the site after more than a 70-year absence," McCarthy continued in her newsletter.

"I would like to take this opportunity to thank you for the many years of dedication that the Friends of McNabs Island Society have demonstrated for McNabs Island and Fort McNab," wrote Theresa Bunbury in her email notifying McCarthy of the cancellation. This was obviously little consolation for McCarthy, who points out that Parks Canada hasn't offered summer guide services since the early 1980s.

"In the government's eyes, our volunteer agreement to cleanup garbage, and maintain the historic graveyard of the McNab Family supports visitor services which justifies their decision to cancel our longstanding agreement." In essence, after spending nearly \$1.6 million fixing the place up, the Federal Government wants to protect its investment by discouraging you and I from seeing our where our money was spent.

Change for Change Needs YOU!

JAMES MURCH

The Change for Change referendum was passed in 2011, which resulted in the establishment of the International Development Initiative Fund (IDIF). The IDIF is funded via a \$1 levy from every student's fees each year, and is intended to provide support and opportunities to SMU students interested in International Development while simultaneously helping developing countries.

It's once again time to make use of all that change pulled from everyone's pockets! The International Development Initiative Fund is currently seeking eligible applicants. In order to be eligible you must be a registered SMU student (graduate or undergraduate) and you must be engaged in an activity consisting of one or more of the following: you are participating in a project with an NGO, non-profit organization, volunteer program, etc., or you are initiating a project of your own design; you are participating in a development project that directly benefits a developing country or a community in a developing country—this project must be targeted at a developing region and the region must directly benefit from this focus area; you wish to start your own development initiative that will contribute to an area in the developing world; or, you have a research project that is aimed at aiding a developing area. This includes funding for internship opportunities abroad, such as the one Joanna Fensome, a 4th year student working on an Honours program in Political Science and a major in International Development Studies.

Joanna makes a point to go on



a development trip every summer in an effort to enrich her education here at SMU. While the benefits of such trips are great, Joanna knows first-hand how expensive they can get. Luckily, the IDIF was able to help Joanna out last summer when she went for an internship with the Canadian NGO the Power to be International. Joanna spent her July in an impoverished community in Negril, Jamaica. Her work was focused on program evaluation, as well as duties as a camp counselor for eighty Jamaican youth, who ranged in age from six to seventeen years old. The camp serves a resource to the community by providing literacy, leadership, and employment training programs. IDIF covered her roundtrip flight to and from Jamaica. Joanna says that "the IDIF funding [she] received seriously helped smooth over the silly technicality of money and helped

[her] ... get on with [her] passions and learning". Joanna's success as a result of the program has her strongly supporting this program that "... facilitates experience, adventure, innovation, passion, practical experience, and all the values that drive our will to learn here at Saint Mary's".

Applications can be picked up at the information desk in the Student Center, or from the International Development Studies secretary in McNally South, room 211. Keep in mind that you do not have to be an International Development Studies student—applicants can come from any SMU faculty and academic discipline, as long as your proposal is related to development initiatives. The deadline for applications is 5pm on November 1, 2012!



Geoff Hartley

PhD candidate, Applied Health Sciences.

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Bone's In the Kitchen

OLIVER BONE

There are now over seven billion people populating the earth with thousands of diverse cultures and ethnicities. Each of them celebrates their own unique holidays and rituals. Although our revelries may be different, we all come together in some fashion over food and drink, and this is something to be celebrated.

Having been very lucky to travel the world training and competing in preparation for the Beijing Olympics, I made friends from all over the globe. I was the typical underfunded amateur athlete, which didn't allow for eating out, a usual activity amongst competitors on the world circuit. However, this allowed for more intimate gatherings in the

different cities to which I travelled. By day's end, I invited competitors – now friends – from different countries to come together to break bread and share the flavors of their heritage.

Although I am a retired Olympic sailor, my passion for food, drink, and culture has only grown stronger. My new chapter in life has brought me to Saint Mary's University. While I may not be traveling to different cities for events and discovering new traditions, I am thrilled at the diversity of students who attend SMU whom I now call friends.

Throughout the year, I will be writing about the discovery of unfamiliar seasonings with new friends as we nourish our souls.

Salut!

It's MO time

CARRIGAN DEJARDINS

Remember, remember the 1st of November; last year SMUdents, faculty and staff joined together to help raise over \$11,000 for men's health - an awareness campaign wrapped in the month of November. For those that aren't yet aware, Movember started in 1999 by a group of guys in Australia one night over a pint. The goal was to just grow a moustache and wear it proudly for the duration of November to get people chatting about Prostate cancer. Since then, the movement has gone global, and many countries have joined in order to join the discussion and commitment to raising funds for men's health and mental health.

So let's get some facts straight: The average life expectancy for men is four years less than women. One in four Canadians are expected to die from cancer; 1 in 7 men will be diagnosed with prostate cancer in their lifetime. Testicular cancer is the most common cancer in Canadian males between the ages for 15 and 29. In 2012, 26 500 new cases of prostate cancer will be diagnosed in men and 4,000 will lose their battle. One in five Canadians will

personally experience a mental illness each year. Here's some tips for my fellow SMUdents; have an annual physical. Yeah, they're awkward and embarrassing but women do it annually, so why can't guys? Stay at a healthy weight, if you haven't checked



out the new Homburg Centre for Health and Wellness now's your chance! Know your family health history; the more you know, the more your doctor can do to help you when you need it.

I know this is crazy for me to say because I am the VP Student Life and my opening line in your agenda is "do you like to party?" but for the sake of your health (and mine), drink alcohol in moderation! At some point in our lives, we can't (and won't) be spending every Wednesday at open mic! The most important part is managing your stress; university can be overwhelming at times and drive up your stress level. There's always so much to do and it seems to come all at once. But let's remember that mental health is just as important as physical health. So remember to

maintain a healthy balance, both in school and with your personal life, and your year will go much more smoothly.

Want to get involved in November? It's EASY! We have a donation page on the Movember website (<http://ca.movember.com/>) where you can sign up in teams, or as individuals to SMU. Guys can grow a 'stache for an entire month and girls, well, we're going to support those lip warmers all month long!

So what are we doing? During the month of November we are asking students, faculty and staff to commit to joining our cause. Mo Bro's and Mo Sista's alike can join our team to raise funds and awareness for Movember. There will be many events on campus during the month with a shave off event on the 1st of November in The Gorsebrook, dodge ball tournament, and a final Movember party where the grand total of our fundraising efforts will be announced!

So SMUdents, I hope to see mustaches everywhere on campus this year! Let's beat our fundraising goal from last year, and remember the most important thing, stay healthy!

Cheeseburger vs the End of an Epoch

JOCELYN KICKBUSH

In an age when terms such as “climate change” and “carbon footprint” are thrown around with a wild abandon that would be characteristic of Dionysus, it is easy to become desensitized to the true meaning of each concept. But regardless of the general tendency to ignore these notions, both should remain firmly within our minds.

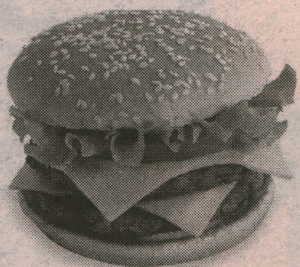
For example, let's look at the cheeseburger. It is a delightful example of the ingenuity of humankind. The perfect ratio of meat to vegetable to bread with such a vast variety of toppings that it never becomes redundant. Not to mention, it's delicious. But as it is being scarfed down, consider this: what is the carbon footprint of a cheeseburger?

Firstly, the term carbon footprint is used to describe an individual's contribution to the excess of carbon emissions in the atmosphere. Since determining an individual's demand for each and every thing used, consumed and produced would be tedious, the cheeseburger will be microcosms that will represent every consumer aspect of the average North American's life.

To construct each cheeseburger requires the growing of wheat, lettuce, tomato, onion, and pickles. These products need to be processed, stored, and shipped, and also cooled as they're being stored and shipped. Then there are the cattle. There is the feed, which needs to be produced to feed the livestock, and then the subsequent steps of processing, storage and shipping of the livestock themselves. Not to mention the methane generated by the cattle. According to Jamais Cascio, a senior fellow of the Institute for Ethics and Emerging Technologies, if all the fuel and energy used for these steps are recorded and converted into carbon emissions it is calculated that 127 to 426 grams of carbon is produced to make one cheeseburger! The large range is due to the variety of ways used to generate these products with

a greater involvement of natural gas on the low end to the use of coal on the high end. If the carbon footprint of operating a restaurant is added, the range increases to 0.25 kg to 0.5 kg of carbon per a cheeseburger.

If the average American (and it has to be admitted that the average



Canadian is not much different than the average American) eats an average of three burgers a week that means that in one year the average American's cheeseburger addiction produces 37 to 75 kg of carbon emissions. That's more carbon produced from cheeseburgers than driving SUVs! (Cascio 2004).

The conclusion of these findings? It's not just vehicles that contribute to the overall increase of greenhouse gases (GHG) in the atmosphere. And it has to be remembered that an increase of GHG results in an acceleration of climate change. Why does this matter? The faster climate changes the less time organisms, including humans, have to adapt. Adaptation takes thousands to millions of years in response to changes in the environment. If these changes are on too large of a scale and happen too quickly, this results in mass extinction. While it may be argued that humans are entering a new epoch called the Anthropocene, it should be noted that while it may be named after humans, if climate changes too drastically, too quickly we may go down with the rest of the mass extinction of species. So some food for thought while chewing on the deliciousness called cheeseburger: maybe try to buy local next time.



"ITSS? My sundial went black."

The Outlaw Smoker

Don't let them catch you, or you'll need to put it out

JAMES MURCH

The recent smoking ban has not had any significant effect on the consumption of tobacco products on campus. I've been closely observing the behaviour of my fellow students after the enactment of the ban and the only thing that it has changed my perception of the various powers that be—there is simply no way to really enforce this rule on our campus, and pretending it can be enforced makes everyone involved look silly. It is clear that this ban is quite difficult to truly implement and enforce, so why add more stress to everyone's day (including security staff, who are now stuck enforcing something without any tools to actually enforce it)? With the volume of students on our campus, and the lack of a large security presence to properly monitor our campus to the extent required to truly enforce this new ban it is no surprise that students are still lighting up, as usual.

Our new campus policy prohibits smoking inside all buildings and University vehicles, prohibits smoking within 10 metres of any building, as well as in the Quad, and the courtyard for the Homburg Centre for Health & Wellness. I for one am in favor of curbing the smoking behaviour of students and staff around campus due to the many benefits we would all enjoy, such as decreased air pollution around campus. The individual who actually ceased their smoking would benefit the most: smokers are sick more often, missing about 7 1/4 days of work/school per year and the overall bad health of a smoker results in a decrease of 8.3 years in his life expectancy. A smoker needs more food and sleep since nicotine makes his body work harder and less efficiently, and her heart beat fast, thus using more fuel and energy—that extra required energy comes from extra sleep, and that sleep has to come out of spare time. The list of reasons to quit/not ever start smoking goes on, while the list of reasons to continue smoking is short and based in false logic. Smoking helps your stress levels, you say? That is only true because the extra stress you experience is coming from a withdrawal from an addictive substance—you only feel less stressed after a cigarette because of the addiction; nicotine is actually a stimulant, which serves to excite as opposed to relax. I'm sure anyone who smokes is sick of being lectured from individuals in a much more authoritative position than I

am, so, back to the current focus: are we using the best method to actually curb the smoking behaviour of students on campus, and can this current approach possibly work?



Or, in other words, is there really a logical point to this ban or is it purely just a gesture to those who have been making noise about smoking cessation?

While my view may be that smoking is completely illogical, I do sympathize with those who don't share these views. Our government allows the sale and consumption of tobacco products to individuals above the age of 19. This sends a message that smoking for this demographic should not be seen as something that is completely unacceptable, and I am not sure it is the place of the university to make a statement saying essentially that students should not/cannot smoke. We should be able to make our own decisions about the use of substances. I will qualify this by saying that the University has the right to create rules and regulations which apply to their property; however, as stated previously, this new policy generally appears unenforceable in nature and has gone largely unnoticed by the student body it should be effecting the most, and therefore, it is a rather pointless exercise. What do you think the consequence could possibly be if you were caught smoking on campus? I would be surprised if anything happened outside of a request from a security officer, or maybe even a concerned student or faculty member, to butt-out. We have established a new rule which serves as a gesture to those who strongly support decreasing air pollution on our campus and

those who are most opposed to the consumption of cigarettes, but it appears to be a somewhat empty gesture. How are we to expect the already stretched security staff for the general campus to be able to enforce a smoking ban which has been extended to a very large, high traffic portion of our campus? What are the possible repercussions when an individual is apprehended in what we are now framing as a deviant act on our campus? Furthermore, what prompted this action in the first place? Were students even asked in a systematic way that would at least somewhat accurately capture the general opinions of students here to see if they cared deeply enough about this issue enough to rationalize a ban? Who made up the working group that addressed this problem? It may appear as the “right thing to do”, but if the population it affects the most had no meaningful and truly representative say in creating the policy, how right could it possibly be the right thing to do?

In addition to this, some studies have suggested that there is minimal impact of smoking bans in comparable situations, like in the workplace. There are many studies which suggest the opposite, and a May 31 release from the Vice President, Administration's office mentions these in passing, but it appears as though there is still debate around the true effect of these sorts of bans on individuals who are regular smokers. Couple this inconclusive body of evidence with the reality that we simply do not have the resources on our campus needed to actually enforce these new smoking rules leads to some serious questions around this new policy. Perhaps a better use of resources would be to initiate new smoking cessation programs on campus, and utilize the money spent on all those new banners to promote said smoking cessation programs or already existing ones on campus or within the community. The smokers who are obeying this new policy even some of the time due to the pressures from the added stigma of smoking and the threat of getting caught would benefit much more from programs to help them kick the habit entirely, and would probably feel a lot better about doing it. And what about the people who aren't going to try and quit with the help of programs, you ask? Well, it's apparent they aren't listening to the rules anyway and are getting away with it.



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