journal

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*This ENTIRE issue is satire.

Journal opens PMO



repossessed the love seat anddemanded that the Journal staff vacate the building immediately. The Journal staff was hurt, emotionally.

Regina Phalange Section Editor

Recently there havebeen some head-butting between SMUSA and TheJournal...

Who am I kidding? As far back as anyone can remember there had been issues between SMUSA and The Journal!

Things finally came to a head a week ago after The Journal published important things that students needed to know and held SMUSA accountable (shocking!). SMUSA couldn't doit themselves, as their Board of Directors hasn't posted minutes since January 2015 and their FB cover photo is still Movember themed, but who am I to judge?

Regardless, this was the last straw. The current President and Vice Presidents, along with incoming SMUSA President Kazi Rahman and the new hires (not that there's much of a difference) stormed into the Journal office. Since SMUSA controls office space in the Student Centre, they terminated the Journal's tenancy.

They took apart the (faux) mahogany IKEA desks (claiming to use them for a bonfire during the 2016 Orientation Week),

The Editor In Chief said "we were only trying to help, I genuinely thought students needed to know what SMUSA was doing, good AND bad." To SMUSA, this was far from acceptable.

In the spirit of "puke and rally"
The Journal decided they needed to continue producing material now more than ever and - after crying for days over coffee and cigarettes - the staff rallied.

The Journal would now like to proudly announce the GRAND OPENING of our NEW Paper Mâché Office (PMO)! Made out of old Journals from the 2015/2016 year (as they were wildly abundant) and with donations of glue from NSCAD out of pity for The Journal's crushing eviction, The Journal has made a Paper Mâché igloonext to the dirty snow pile in the parking lot. The snow dumped by the hockey rink Zamboni adds a more 'authentic feel' to the igloo, butdon't worry, our office is fully functioning.

We will continue to provide SMUdents with exclusive content, punnyheadlines and - most importantly - holding SMUSA accountable. You can run SMUSA, but you can't hide because we're right next to your parking spot

Students found U.S.S.R

Neil Van Man Bun Section Editor

Students found U.S.S.R Several students from various disciplines have founded a new society on campus. The society is called the Ultimate Society of Student Recognition, or U.S.S.R.

"The main purpose of this society is so that students can win awards and take photos with important people that they can use to update their LinkedIn profiles and their Facebook accounts." The Society President told us.

"We also regularly hold events called 'core competency buy-in empowerment.' Nobody is really sure what it means but it looks great on our Co-Curricular Record. That will impress 'future' employers after we graduate."

Corporate sponsors have flocked to the society. One in particular, 7Up, was very happy to comment.

"These students are exactly who we want representing our product. They just kinda party and make things look cool. They dress well, and that's who you want. It's all about aesthetics when your product is pointless and boring." A representative from 7Up said. The society will have its first award ceremony soon; approximately 90% of students are set to receive various awards with pointless designations.

Journal Journal Saint Mary's University's Independent Student Newspape

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Journal EiC 'loses it' over Sports page



Jean Jackets Editor-in-Chief

The outgoing Editor-in-Chief 'lost it' yesterday morning while filling newsstands on campus. Stu-dents found her wailing in the Atrium and escorted her to counselling services. "She just kept shouting 'It's gotta be on purpose! Why would they do this on purpose?!"

The security report included a written statement from the EiC, explaining her discontent. "Every time. It's always the Atrium stand and it's always the Sports page. Someone buys a newspaper, takes out the Sports page, folds it in

half and throws it on the top rack. Every. day." The break-down has coworkers and students concerned. "Yeah, she's always been a little strange, but ne-ver like this. I'm worried she's finally cracked".

Some say she couldn't handle the 'violent media environment' that exists at SMU. "Everyone thinks we're out to get them, to the point that they try to sabotage us rather than offering their perspective. It's almost as if they don't want transparency", said one Section Editor.

Rumours have spread that some within SMUSA actively campaigned against The Journal in the last referendum and hired a lawyer to consult them on how to swing the ballot counts so that they would lose.

Members of SMUSA benefit from local media coverage and every student at SMU is a member of SMUSA. The Journal falls under Section 3.3.3 of the Constitution as the only society that pro-vides "the Association's members with a form of media coverage". Association (SMUSA) membership is defined by enrolment in any academic program for credit.

Still, the EiC and others felt that they were treated less like journalists providing a public service and more like flies in need of squashing. The Journal staff recently fought to cover elections wi-thout the help or guidance of the Elections Committee, though they had already covered elections in 2015 without a problem. Between two staff, 16 BoD candidates and 6 Presidential candidates, fair coverage was just short of impossible.

"There is a culture around media on every campus. I have spoken with student journalists and professional journalists from around the country who felt that Saint Mary's is one of many Iron Curtain campuses - nothing gets in, nothing gets out", says the EiC. "Once, I quoted President Armony on budget information he shared with over 100 students at the Annual General Meeting and SMUSA called me in to their office for 'a chat' to grill me about

why I published it. Now, they want to write the Chair position of our Board into the job description of the SMUSA Marketing representative. It's ridiculous".

A hostile environment is enough to drive anyone crazy if it prevents them from doing their job. A journalist can't provide fair coverage if they're denied the right to access information and maintain independence.

The EiC says she has kept her cool throughout the year but when she saw that Sports page yesterday morning, "something in me just snapped". She resigned promptly after the incident.



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StudentsNS disbands, stating "everything has been grapefruit in Student fixed"



Al Lumneye Contributor

Nova Scotia's representative lobby group has declared they are dissolving, declaring all needs students have are being met by the government.

"I feel like Batman after he's defeated the Joker - what do I do now?" said StudentsNS head Nicholas Head-Peterson. "I've already held a thankyou rally, and I've sent chocolates to Kelly Regan, the minister of labour and advanced education."

The final StudentsNS rally was held in front of Kelly Regan's office, sporting slogans like "thanks for the money," and "good job guys". Out of habit, those attending the rally shouted angrily for a time -although they weren't sure what about. Minister Kelly Regan promptly came out of her office and gave them all job placements at a prominent engineering firm to calm them all

down.

"This has been really great, Nick has really opened my eyes," said Minister. Regan "We can get a lot more done at the office without all the shouting and sign-waving. Brian doesn't have to spend his time dodging loaded questions and debunking misleading statistics - so we get to do a lot more work done.

Someone who has a lot less to do these days is Head-Peterson, who has been rendered jobless in the wake of the changes. "Ironically, I've gotten all the young adults into school, and all of the students job placements; so the market is a bit flooded, and there's nothing for me to do. It seems I'm the hero Nova Scotian students deserve, but not the one they need right now."

At time of press, StudentsNS premises were being converted into a vault to house the considerable trust money set aside for student grants, work placement initiatives, and congratulatory graduation ribbons.

Professor finds exotic Cafeteria



Jean Jackets Editor-in-Chief

Early on Tuesday morning, Prof. Barium found a mysterious fruit in the O'Donell-Henessey cafeteria. "It's not a lemon, but it's not an orange", she says. Preliminary analysis revealed that the fruit, though dissimilar to an apple or banana, is at least as mundane. To protect the professor and students, the area has been quarantined until further tests are concluded.

No one knows exactly how the grapefruit got there.

'We at Aramark are very specific about shipments to that part of campus. We don't allow just any fruit in - we try to limit fresh produce as much as possible. We put our fruit through an intense washing process that only apples, bananas and oranges can endure. Although we would never purposely ship a grapefruit there (as it is clearly inferior to the orange), it's possible that one fell

into the last shipment". The Aramark representative adds that if a grapefruit had fallen into the shipment, it might have still passed inspection as a Class D orange.

Investigations into the rogue grapefruit have not concluded but student's are already outraged. "First it was bananas, now it's grapefruit. I didn't travel 500 miles away from home to have exotic fruit waved in my face" says one protestor. Students are saying they will not tolerate a move to exotic fresh fruit variety on campus. "We want our boring old fruit back" said one student. Another added "I draw the line at apples, personally". The university spokesperson refused to comment.

Prof. Barium wants to know how the intruding fruit will be disposed of and when. She and some students are pushing for more strict regulation. "If grapefruit can sneak into the cafeteria, then why not a pineapple, a dragonfruit, or a snozzberry? That's just wrong".

University to grant honorary degree to Donald J. Trump

Neil Van Man Bun Section Editor

Success is just around the corner, and that means Spring Convocation will soon be here. Each year, the University bestows honorary degrees to amazing thinkers and winners. This year, the university struck orange when it announced that it will be presenting a Doctor of Commerce, Honoris Causa to the greatest winner of all, Donald J. Trump.

"Part of the beauty of me is that I'm really rich." Said the Donald. The University was very excited about this huge win. We contacted SMU administration to learn more about how they select their honorary degree recipients.

"At Saint Mary's we look to honour people for three things, a big brain, a big heart and a big wallet. The best of all these things is a big wallet. Donald J. Trump has the best wallet." A spokesperson for the University told The Urinal.

Many Bachelor of Commerce grads were excited about the opportunity. "I just really like the guy. He's a winner. That's what I think is the most important thing. I want to meet him and challenge him to a game of beer pong so I can show him how good I am at winning." One student said.

The honour that is being given to Trump did come with a few riders. This is what you would expect, from someone who wrote *The Art of the Deal*. The Trump Organization has already released some plans to the press about developments they see for the campus.

"We are going to build the best residence, right where that tiny one in the middle with all the mice. We're going to build the best building you ever seen. It will have pools and bars and casinos, we will make SMU great again!" Trump did not provide any further information or elaboration. When pressed about the height, he just said "the highest you have ever seen."

SMU astronomer discovers turtle-based universal origins



Al Lumneye Contributor

Dr. Luigi Gallo has coaxed the answer of the universe out of its shell. "It turns out it's turtles, all the way down," said the doctor inan exclusive interview with the Journal.

Dr. Gallo is referring to his new discovery involving the basis of reality, which asit turns out isbalanced on the back of a giant turtle.

"Our singularity is riding through the cosmos on the back of a giant turtle,"said Gallo. "I know itseems unbelievable, but once you take into account space and time being the same thing, and gravity distorting the very fabric of it, how much of a leap isitto believe it's all on the shell of a giant Testudine?" While Dr. Gallo's reptilian reality theory is ground breaking, there is still much tobe clarified. "There are variables that still need defining – there are disparities in the equations that have yet tobeaccounted for. There may be great cosmic elephants involved, somewhere in the range of three toseven of them."

The astronomy department has partnered with the Museum of Natural History, using Gus the turtle as a basis of understanding for the new paradigm of existence. "We are hoping to further clarify things by using Gus as a model going forward," said Dr. Gallo. "We will have tobe careful when washing his shell, however –we don't want to wash away a parallel universe."



'Living Wall' eats SMU janitor

grow.



Regina Phalange Section Editor

As we all know, the living wall in the Atrium has been going through some problems. The left side has seen better days and is now the dead, leaky section of the wall.

However, with all the extra water and soil kicking around, the keepers of the living wall decided to feed it into the side of the wall that IS

The vines began to grow the size of tree trunks and new species were appearing so quickly that the SMU Science department couldn't keep up. "We don't know where to put all

living. This has caused it to over

of these samples.

"There is no more room! We had to start sharing some of the discoveries with Dalhousie," Dean Smith said "We may need a whole new building to house these plants," he told the Journal. The wall turned into almost a jungle.

happen to our school.

As a result he Rat King of the Atrium has waged war with the Living Wall claiming that there is only room for one unbelievably o sub group occupying the atrium. SMUSA has been facilitating

This caused the University to start trimming it back to keep the Atrium functioning as a student space.
This angered the wall.

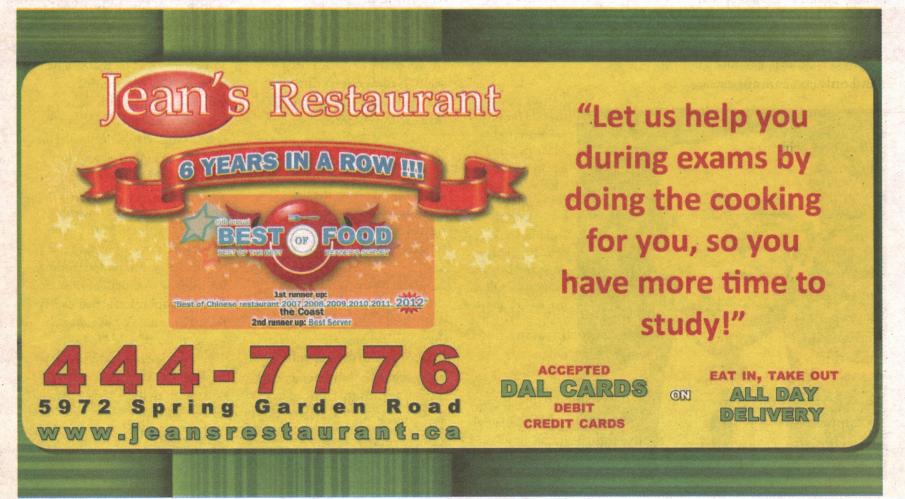
Last night, late into the evening, the wall took revenge. One of the new plants discovered is a man-eating one; it reeked havoc and ate a late night janitor.

Swallowed whole; kicked the bucket; bit the dust.

We are deeply saddened to have this happen to our school.

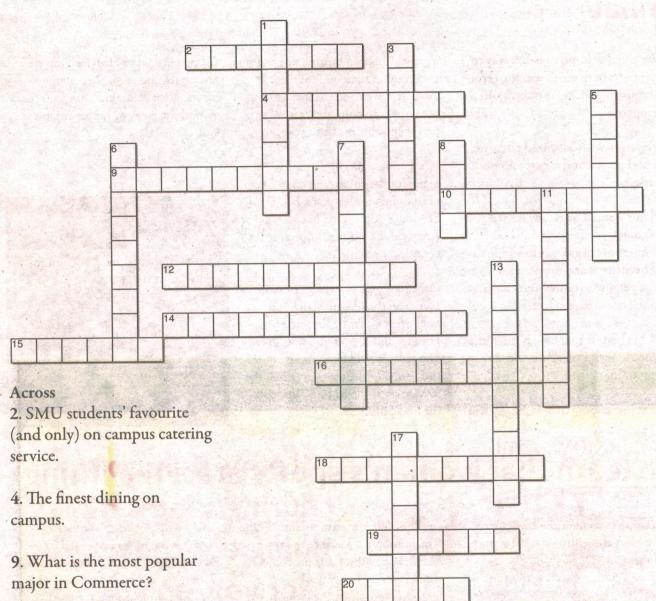
As a result he Rat King of the Atrium has waged war with the Living Wall claiming that there is only room for one unbelievably odd sub group occupying the atrium. SMUSA has been facilitating negotiations between the two parties and hope there will be peace soon. Amali Armony says that this will be his last act as President and he is happy to help.

We warn students to take caution when in the atrium. Look out for rats and crazy plants.



entertainment

Robie Street Crossword



- 10. The sport team on campus that's been blasting that top 40's pump-up vibe, conveniently during prime study time.
- 12. Where can you get a beer on campus when you're just not feeling that 2:30 lecture?

14. The most common (but perhaps not the most effective) medium students love to complain anonymously through.

15. This residence building is lucky enough to get the most mouse sightings.

16. That awkward moment

when you get a giftcard for _____, but can't use it on campus. (2 words, no space)

18. SMU students prefer to party on this unusual weekday.
19. This building on campus

has stirred up a lot of controversy recently!

20. 'I'm not fat, I'm just a little

Down

- 1. Another fun and cutesy word for SMU students.
- 3. 'We have a barber on campus!?' 'Yeah!Called
- 5. The Hogwarts building of SMU (you cannot escape you WILL get lost).
- 6. Our rival school, famous for their dentistry program.
- 7. Drake's motto may be 'You Only Live Once', but SMU's is _____. (3 words, no spaces)
- 8. The most frequently complained about thing on campus.
- 11. 'Are you going to the commerce dinner?' 'You mean the commerce ?'
- 13. The oh-so-cherished 5th year of your degree can also be lovingly referred to as a ______. (2 words, no space)
- 17. SMU students love to hate and hate to love this society.

sports

Final selection for football team to be determined through gladiatorial combat

Neil Van Man Bun Section Editor

Incoming Coach of the SMU
Huskies Football team James Colzie
the III, Emperor of the Huskies
Empire is seeking to prove himself
as a strong ruler by implementing
gladiatorial combat to determine
which players will make the final cut.

Colzie was made Emperor following the Ides of March, and the assassination of Julius (Marchese) Caesar, lead by Cassius (Downie) Longinus and Marcus (Summerby-Murray) Brutus. Few were sympathetic to Caesars fate.

"If we are going to win games next year, it is going to be a matter of life and death. What better way to have a team that will win then truly eliminating the weak ones?" said the Emperor.

Players have had a mixed range of emotions about the new selection process.

"I just wanted to get my degree and become a teacher one day. I saw football as a good way to stay fit and get the best college experience. Now I might die!" one nervous recruit said.

Other players that have been in the game longer took a more headstrong approach.

"I'm just hoping that we finally win

a game, I've been busting my ass for two years straight and for what!? 16 losses! We need to have a strong team that can conquer its foes." one player entering his third year said.

In the mountains of the northern region of the empire, an army has been dominant for years. Hannibal of Mount Allison has been wreaking havoc on the empire, subjecting it to countless humiliations.

Other wars are brewing. Since the events on the Ides of March, the once great Catholic Empire of Huskies and X-Men has split in two. The Huskies will be training ruthlessly for the moment when the X-Men cross the Rubicon and face the new Huskies army.

All citizens of the Huskies Empire must rally, and show their support for the great gladiators that fight for us, and the glory of Emperor James Colzie the III!



AUS surprised to learn that women's sports are a real thing

Neil Van Man Bun Section Editor

Last week at a press conference, a representative of Atlantic University Sport was surprised to learn that Woman's sports were in fact, a real thing. One reporter asked them for their thoughts on the outcome of the CIS Woman's hockey championship, which the SMU Huskies earned a bronze medal in, and they had a shocking response, after a moment of awkward silence.

"We... we have women's sports?" They said.

The room of journalists and fans quickly began expressing their

disappointment at the ignorance. People were yelling "it's 2016" and "misogynist!"

The AUS hasn't been without its problems when it comes to gender equality in sport. Seven years ago, a complaint was filed to the New Brunswick government when the UNB Women's hockey team was cut by University funding. The verdict has recently been reached, and UNB must now reinstate their team by 2017. Those who were in the audience did not let the irony of the situation go unnoticed.

"You have to stop neglecting woman's sport! Women have just as much right to play at a varsity level,

anything less is discrimination!" One female attendee was sure to say. SMU is not without its problems when it comes to women's sport. A few years ago, when the location of the men's hockey games were moved to the Forum, the same change was not made for the women's team. Apparently nobody told the athletics department that the women's hockey team had not been cut. They were left to assume that they had been. The department made the decision to cut them in order to save \$120,000 but the decision was been reversed by the Board of Governors. "It's sad that they would have to." Said one sensible human.

SMU Field Hockey is another recent victim of gender-based discrimination. Varsity status and funding for the team has been cut, despite earning bronze at the AUS championships and two player awards.

"I'm not sure what it will take to see gender parity in sport. We have to do everything we can do make the opportunity consistently available and fully supported for girls and women at all age levels."

student life

SMU Students vs. The Royal Rat Vanguard



*A loyal servant of the Rat King and the enforcer of his authority, this gargantuan Dog Rat is also responsible for testing the strength and virtue of visitors to his lord's domain. He is alarmed to the presence of intruders by his four rat minions who he guards with his life. (Dark Souls wiki)

Jean Jackets Editor-in-Chief

First it was wifi, then it was elections (kind of), then it was security. Now, less than a month later, we stand at the threshold of the greatest threat of all - rat kings. No, not the tangled mass of rodents that sometimes occur in plague-era Germany. I'm talking about a personified King of Rats. Specifically, one with a bottle cap crown that accepts requests from families with starving baby rats. "We have a rat problem on campus?!" you might say. But fear not. There is no rat problem at Saint Mary's. There may be a zombie problem, though.

These zombies don't eat brains or limp at superhuman speed. They are mostly harmless, leaving bits of trash and food wherever they study and talking loudly after 11pm.

Until recently, if you were in the

Atrium after 11pm you had to present your student ID to a security guard on patrol. If you didn't have your physical, valid student ID on you, you had to leave. You couldn't provide an A# or S# if you remembered it by heart, you couldn't use your government ID, and you couldn't even call your Mom about it.

There were other rules too, about which entrance you could use to enter the building and whether you could order take-out. These were the rules until just a few days ago. Students took to the Facebook "Spotted at SMU" page, to express their concern about being barred from the study area at night.

For a few days, comments were made on- and off-campus about security efforts tightening on campus before some students, including the Vice President of SMUSA Student Affairs, got involved an argument



with security that drew attention.
Accounts of the event describe a conflict over some students entering the Atrium through the wrong entrance and being confronted by security.
The argument escalated until police were called. Spotted at SMU blew up with complaints about fair access and security procedures.

Comments flooded in response to the posts, some saying 'you need ID, it's about safety and cleanliness', others saying 'I'm being treated like a criminal for walking in the wrong door and also — why can't I eat in the Atrium at night?' SMUSA made several attempts to calm students

down while they negotiated with the administration until each of the controversial rules were dropped. On February 26th, it was announced that all the Atrium doors would remain open 24/7, food would be allowed after hours, and no ID must be provided after 11pm. Still, many are displeased. Some students are concerned about litterbugs ruining the space and making it uncomfortable to study in. One student was so concerned he wrote a short story about a dystopian future where the Atrium becomes. like the Grave of Saints from Dark

Souls II — a rotten mess.

lifestyle

Ella's Fashion Corner A fond farewell...

Daniella Sam Contributor

I scanned through my mind and I found nothing this month, absolutely nothing. I found my true passion: archaeology. Finding artifacts and biological remains is obviously every girls dream! Let's face it, and I've just been one of the only girls to come to terms with it. In fact, I think I need an applause for that. The fashion world, with its elaborate clothing and constantly changing nature, the creativity involved, the artistic ideas and combinations of clothes that we have to put together is a bit much for me. The diversity, the international market, the photography, the photo editing, the frame and set setting, the formation of an artistic background, the movement involved in model posing, and the clothes, ohhhh the clothes.... ... Wait, these are all the things that make it so great! These are the reasons my love for goes way too deep to let goof! You know what, jokes on you. I don't

care how cut throat and competitive the industry is, ithas hugged my heart and wrapped itin artistic love. Fashion's arms are wrapped tightly around me and won't let go. Sono, archaeology is not my passion. It's a great passion to have and I admire the dedication that goes into it (and commend all the archaeology enthusiasts) but its definitely not my forté. Ifmy audience is okay with me finding fake and non-historical artifacts, I could try to make some up.. But fashion has already run away with my heart! For this reason I have decided to take a whack at fashion blogging. I know, 'there are so many fashion blogs out there' you say. Those blogs are killin' it, so I'll just have to join their ranks and start killin'it too. Allof you who enjoy my column in The Journal can continue to follow my ideas and thoughts onfashion. The name I've decided togo with is "MyDefinition", because that's exactly what itis, mydefinition of fashion. In the end, this blogger is here to stay - fashion, I'm home!





lifestyle

Recipe Bleak Winter 'Burrrr'gs





Jean Jackets Editor-in-Chief

In light of the recently passed Burger Week, I decided to go with 'student burger' recipes this month. The life of a student is kind of like a burger - several layers of empty carbs and a lot of fat followed by immediate regret. Everyone has a different taste for burgers. Some like them spicy, some like it topped with raw onions, sautéed onions, tomato or pickles. I'm going to change things up and talk about which toppings are best at different times in the school year. Most of these variations include an added layer of academic regret, but there are many ways to incorporate these with other essential ingredients like warm cheesy denial and garlic pickles.

The "Everything will be Different this Semester" Burger (January) What you'll need:

- 1/4 lb halal beef
- 1 onion ring
- 2 slices extra garlic pickle
- 2 tbsp mayonnaise

I chose to stick with halal beef here because the cow is not guaranteed to have been stunned before being strung up by rope and having it's throat cut at the jugular. This gives it a special taste that complements the emotional experience of exam period. After the cow's blood is drained, it's ready to be processed in the 'real world' (meatpacking industry).

There is no warm blanket of cheese in this recipe because the empty nutritional value is already taken up by the horrible taste of reality. You'll hopefully be preparing this dish after the New Year, when everyone's hopes are up. We need to crush this hope

before you let it get the best of you. If you do let the soft touch of hope blind you from the reality of the notorious Winter term, we've got you covered there's a recipe for that (see below). To replace the cheese, we have the tasteless slimy mayonnaise of academic regret. This will prepare the ground for the guilt you'll feel by the end of the academic year, when your professors

tell you you're a 'bright kid' with more promise than the grades you've been getting. It will also compliment the questions you'll be asking in February, such as "if I

add a reference to

my bibliography, I don't have to cite it in the text, right?" and "is there a way for my prof to find out my Mom did my French homework?" to which the answers (as you'll find out in April) are 'wrong' and 'yes'.

Lastly, we'll add 2 slices of dill pickle preserved in ample garlic. The stench wafting around your nose will prepare you for the fate that awaits you.

The "Studying for Exams" Burger (March)

- What you'll need:

 1/4 lb halal beef
- 1/ TID Harar DC
- 1 slice cheese
- 1 slice tomato
- 1 white bread hamburger bun Again, we'll be sticking with halal beef for reasons noted above. One slice of cheese is perfect for this recipe.

It provides a soft cushion for the (flavourless) tomato and blankets the now fully-charred beef patty beneath a warm envelope of empty calories. It's kind of like how your degree is wrapped in a warm blanket of empty rhetoric intended to hide your suffering.

Lastly, what is a burger without a white bread bun? Some burgers come on a whole wheat.

sesame encrusted or flatbread bun, but for exam period you'll want to avoid anything that might add fibre to your diet - it would flush out the knowledge you'll

be attempting to store in the fat cells you've been maintaining since Christmas.

I admit that the name of this recipe is a little misleading because it's meant to be prepared before exam period starts. However, if you followed our January burger recipe, you've been preparing for April since the beginning of the semester and are already burning away fat cells while building new ones for the Final Crunch. You're also storing new deposits of fat to make up for that brief stint of post-mid-term physical fitness, which even the best of us can fall into after a fruitful mid-term victory. You haven't let that hope get the best of you, though. After a straight week of "Studying for Exams" Burgers, you'll be ready for the final push.

The "If I Run Away to Mexico can I Still Keep my Credits" Burger, a.k.a. The Final Crunch (April) What you'll need:

- 1/4 lb halal beef
- 1 leaf of iceberg lettuce
- 1 tbs ketchup
- 4 lbs mayonnaise
- 4 Sweet Chili Heat Dorito chips "Everything you thought you knew was wrong and you should drop out now while you still have some dignity" is something you might be thinking by this point. Calm down. Your dignity may yet be salvaged if you can push through this last week of binge-eating and midnight coffee. As always, we will use halal beef for this burger. What's different about this recipe is that the Doritos add a little crunch to wake you up, so it doubles as breakfast and dinner. The ketchup adds the salt and sugar needed to keep your tastebuds overstimulated and your blood pressure high. You'll probably want to use a white bread hamburger bun for this as well, as we are still avoiding fibre until the end of exam period.

At last, add a thin leaf of iceberg lettuce for a touch of panache before you pile on 4 lbs of sweet academic regret. This is the 'pièce de la resistance'. The mayo will fuel you through every "I hope I can get away with this" shortcut and cheat. Since we're on the last legs of our stored stress fat from before, the mayo in this recipe will give you that last push 'over the edge', so to speak. Now you are ready to spend the next three days sitting in gymnasiums with sweaty young adults, filling in answer sheets. Good luck!

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