

# Atlantic Bowl '97

EIGHTH ANNUAL SUPPLEMENT TO THE JOURNAL • NOVEMBER

Mountie Quarterback  
DAN CAPONE

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Martin White/THE JOURNAL

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# The History Of A Championship

*36 years of Atlantic Bowl tradition and counting*

by Signa Butler & Tanya Doucet

When the leaves begin to turn and the wind begins to pick up, you know its that time of year again. Time for the the Atlantic Bowl, the oldest amateur football "Bowl" game in Canada. This year, when the University of British Columbia Thunderbirds play the Mount Allison Mounties on November 15th, the Atlantic Bowl celebrates its 36th anniversary.

While the weather and the season are the same each year, the competition continues to change. The AUAA representa-

tive, the winner of the Jewett Trophy, participates every year in the Atlantic Bowl against a representative from either the CWUAA (Canada West), OUAA (Ontario), or OQIC (Ontario-Quebec).

The Atlantic Bowl began as an invitational competition in 1956. In 1959, the Premier of Nova Scotia, the Honorable Robert L. Stanfield, donated a trophy which still bears his name. In 1967, after two years of no competition, the Atlantic Bowl became an official venue for two opposing conferences to play off in a national semi-final.

The only anomaly being in 1983, when St. Francis Xavier and Acadia faced off because of conflict between the AUAA and the CIAU.

While the Atlantic Bowl game had traveled around the AUAA in its early years, after one successful year in Halifax, the Bowl kept its home in Nova Scotia's capital city.

The winner of the Atlantic Bowl goes on to compete for the CIAU national championship trophy, the Vanier Cup. After being an exhibition game in 1965-66, the Vanier Cup came into official existence. Within

the 30 years of intercollegiate competition for a national title, the Atlantic Bowl representative has only won on eight occasions.

This year's match-up features UBC against Mount Allison, who have never met before in this competition. The last time a representative from Canada West came to Halifax to play in the Bowl was 1994, when the Saskatchewan Huskies beat Saint Mary's 23-11. That year, Brent Schneider, Saskatchewan's star quarterback, won the Don Loney Trophy for most valuable player in the Atlantic Bowl. Schneider then went on to win the Ted Morris Memorial Trophy, in a losing cause, for most outstanding player in the Vanier Cup.

The last win by an AUAA school over a Canada West opponent in the Atlantic Bowl was in 1992, when Saint Mary's beat Calgary 23-11. Saint Mary's would then go on to be shutout 31-0 by Queen's in the Vanier Cup.

Meanwhile, the Ottawa Gee Gees play host to the Waterloo Warriors in the Churchill Bowl, Canada's other national colle-

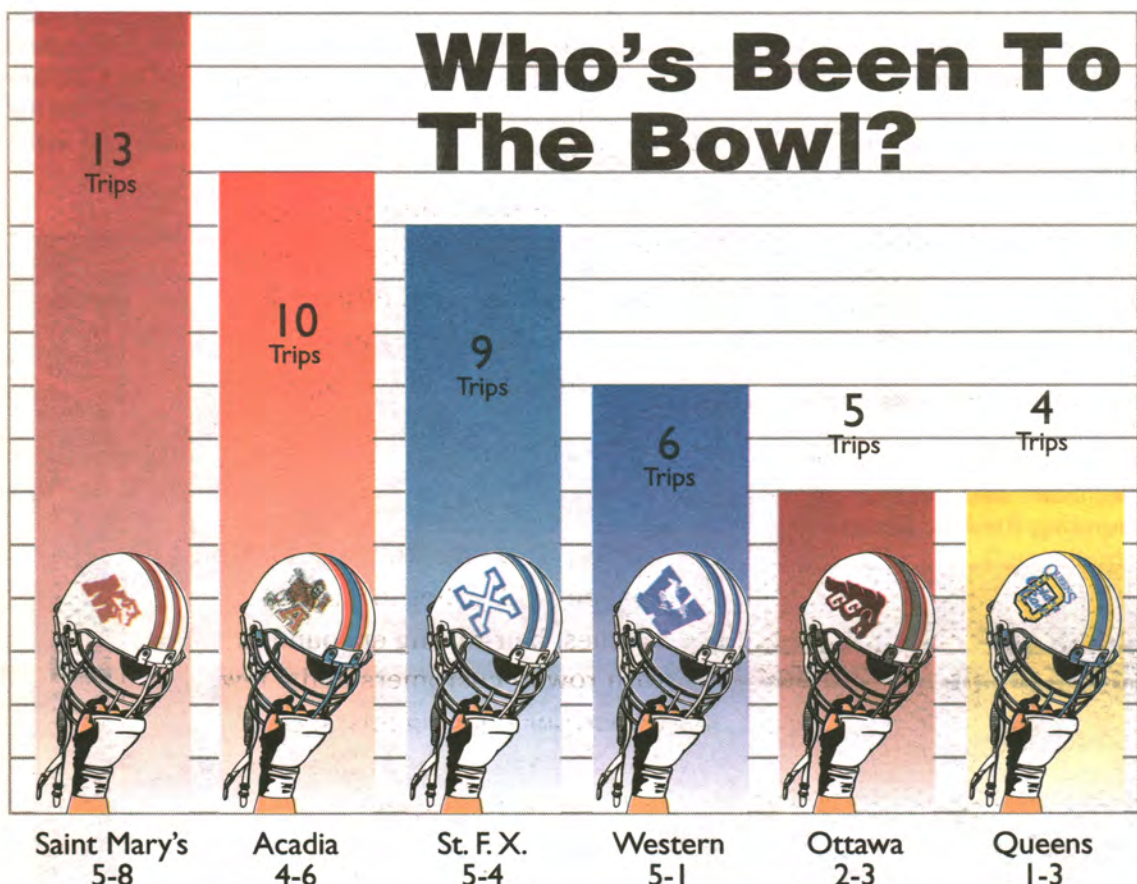
giate semi-final. Ottawa advances by virtue of their 24-7 victory over the Queen's Golden Gaels. Waterloo powered past the University of Western Mustangs by a score of 30-10.

St. Francis Xavier and Saint Mary's are tied for the most Atlantic Bowls won by an AUAA team, with five, while Acadia has four and Mount Allison has two. The AUAA's overall record in Atlantic Bowl competition is 16-19.

With Mount Allison advancing to the Atlantic Bowl, it makes four different AUAA representatives in the bowl game during the last four years. This has never happened before in Atlantic Bowl history.

History means the world to a title rich in tradition like the Atlantic Bowl. Only one winner will get to advance to the Vanier Cup on November 22nd, but both Atlantic Bowl teams will be able to remember the memories from this special time of year - the changing of the leaves, the blowing of the breeze, and the oldest bowl game in Canada, our Atlantic Bowl.

## Who's Been To The Bowl?



## Atlantic Bowl In The 90's

1996	St. Francis Xavier	13
	Ottawa	5
1995	Western	55
	Acadia	45
1994	Saskatchewan	35
	Saint Mary's	24
1993	Calgary	37
	Saint Mary's	23
1992	Saint Mary's	21
	Calgary	11
1991	Mount Allison	31
	Saskatchewan	14
1990	Saint Mary's	31
	Western	30

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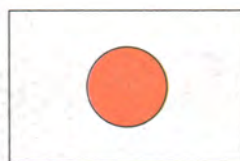
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U.B.C. sports info - Jacquie Dyck  
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# What The Hec?

*UBC's Mark Nohra, Western Conference nominee for the Hec Creighton Award*



good every game," he said. Unfortunately for the Dinos, the 23 year old, fifth year back from Toronto was not finished with them. Just weeks later, Nohra rumbled for national season highs of 48 carries and 351 yards in a 37-37 comeback effort against the same Calgary squad.

Despite a good year last year which saw him run for 1081 yards on 157 carries and 6 touchdowns, Nohra was moved from tailback to fullback so that the Thunderbirds could better utilize the talents of second year back Akbal Singh. The transition did not appear to affect him too deeply, stating in an interview earlier this year, "I'll do whatever it takes for the team to win."

Nohra, who was born in Beirut, Lebanon, ranked first on the Thunderbird roster in rushing and touchdowns for the 1997 campaign. He is also a capable receiver out of the backfield, ranking third on the UBC roster with 232 yards on 14 receptions. His 11 touchdowns ranked him tops in the nation, while his total of 1216 rushing yards was good enough for second spot in the country.

With the individual accomplishments and the hype surrounding his Hec Creighton

nomination as the CIAU's most outstanding player, Nohra took this viewpoint in a recent interview with, "If you worry about things like that, then you're not doing your job."

Going into the season finale against the Manitoba Bisons,

left him short of the aforementioned individual records.

Most important though was the game result, British Columbia defeated Manitoba 27-6 to ensure a playoff spot and a chance to earn their 14th Hardy Trophy as the CWUAA cham-

**"I don't want to be good one game, I want to be good every game."**

**Mark Nohra  
UBC Runningback**

Nohra was in a close battle with Waterloo's Jarrett Smith for the national rushing title, and needed just 82 yards to eclipse the previous Western Conference rushing record of 1260, set by University of Calgary's Craig Kittleson in 1992. After 39 yards and two touchdowns, he went down with an ankle injury that

left him short of the aforementioned individual records. On crutches for part of the week previous to the Western final and listed as day to day due to the injury, Nohra watched from the sidelines as UBC defeated Calgary 39-21 to claim the Hardy Trophy and a berth in the Atlantic Bowl.

by Tyler Waugh

To say that Mark Nohra has enjoyed a successful year is somewhat of an understatement. UBC's star running back has had a season full of big games, rewriting the Thunderbirds record books a few times along the way.

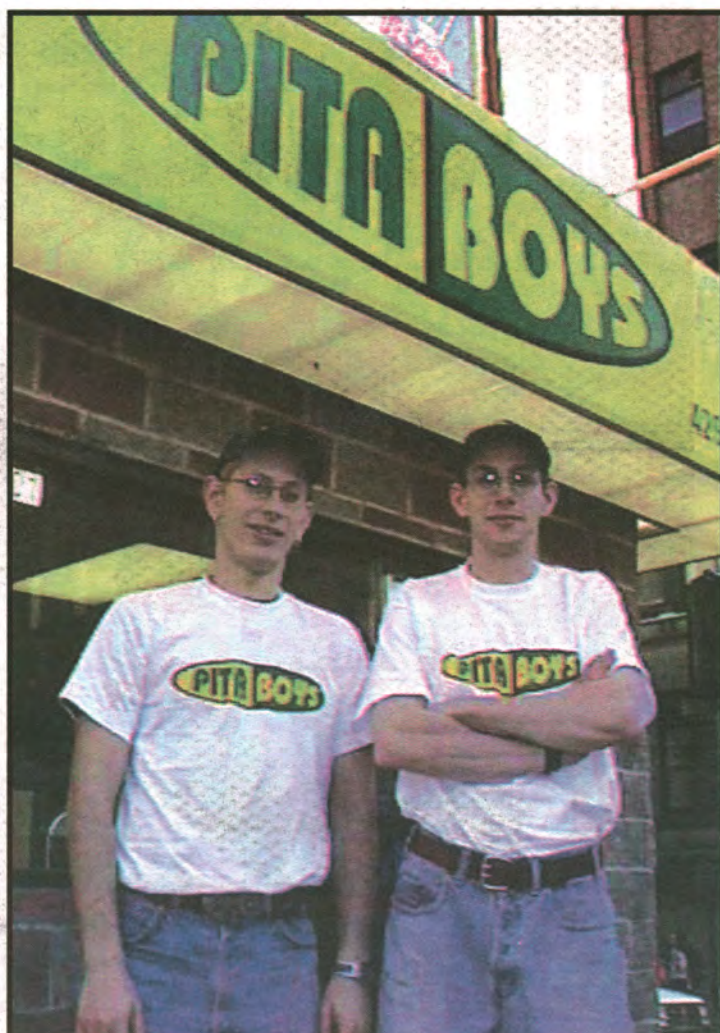
On September 19th, Nohra victimized the University of Calgary Dinos for 242 rushing

yards on 33 carries and 55 yards on 4 receptions, setting a new school record of 297 all purpose yards. This eclipsed the previous mark of 289, set by receiver Peter Poka against Manitoba in the fall of 1992.

Despite his big game capability, Mark expressed his desire for consistency during an interview earlier this year with the Vancouver Sun, "I don't want to be good one game, I want to be



Rushing:	
Carries	174
Yards	1216
Average	7
Touchdowns	11
Receiving:	
Receptions	14
Yards	232
Average	16.6
Touchdowns	0



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# Rookie Rocket

by Tyler Waugh

In a conference that has produced three out of the last four Peter Gorman Trophy winners, Paul Carty seems to be a natural fit. The Gorman Trophy, awarded annually to the Rookie of the Year in Canadian University Football, has a legitimate chance to be back here on the east coast based on the strength of Carty's season.

His last high school season saw him become MVP of Regipolis Notre Dame High School's football squad while maintaining an 80-plus average.

As a native of Kingston, Ontario, Carty becomes one of seven people on the St. Francis Xavier football roster who hails from the city. His presence at X is partially due to this contingency of friends and familiar faces, and partly due to his admiration of the area. "I love it here. St. F.X. is a place where you feel comfortable right away," he said.

About the only people uncomfortable with Carty's decision are the X-Men's opponents. This speedy, first year arts student has become a game breaking player for the squad from

Antigonish. His opportunity to shine came after 4th year running back Sean Musselman,

who helped lead St. F.X. to a Vanier Cup berth last year, went down with an injury early in the season. He hasn't looked back since.

Carty led the AUAA in both touchdowns (10) and rushing yards (1087) during the 1997 campaign. Those figures were also good enough to place him second in the nation for touchdowns and third for rushing. Statistically, his most impressive number is that of an average 9.9 yards per carry, easily the highest amongst the rest of the nation's running backs.

Known for running down the line of scrimmage until he finds a seam, Carty's speed allows him to capitalize on tiny holes in the defense to rush for big chunks of yardage. His big play capability has not gone unnoticed by opposing coaches, forcing them to adjust their defenses to contain him.

In the last regular season game against Carty, a solid Mount Allison defense was burned for touchdown runs of 76 and 97 yards. It is this kind of ability that has earned him an



BERNICE MACDONALD

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CIAU ROOKIE OF THE YEAR	
1996	JEFF JOHNSON YORK
1995	ERIC LAPOINTE MT. ALLISON
1994	ANDRE ARLAIN ST. F. X.
1993	JEROME PATHON ACADIA

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AUAA All-Star and conference rookie of the year honors.

St. Francis Xavier coach John Stevens respects everything Carty brings to the table. "Paul Carty is a true student athlete. His athletic ability is exceptional. Paul also excels in baseball and basketball and his

marks speak for themselves," states Stevens. "He is the type of person who is good at a lot of things and we feel very fortunate to have him here at X."

Carty led the 7-1 X-Men into their AUAA final against the Mount Allison Mounties on Saturday in Antigonish.

Rushing	
Carries	110
Yards	1087
Average	9.9
Touchdowns	9
Receiving	
Receptions	7
Yards	78
Average	11.1
Touchdowns	0

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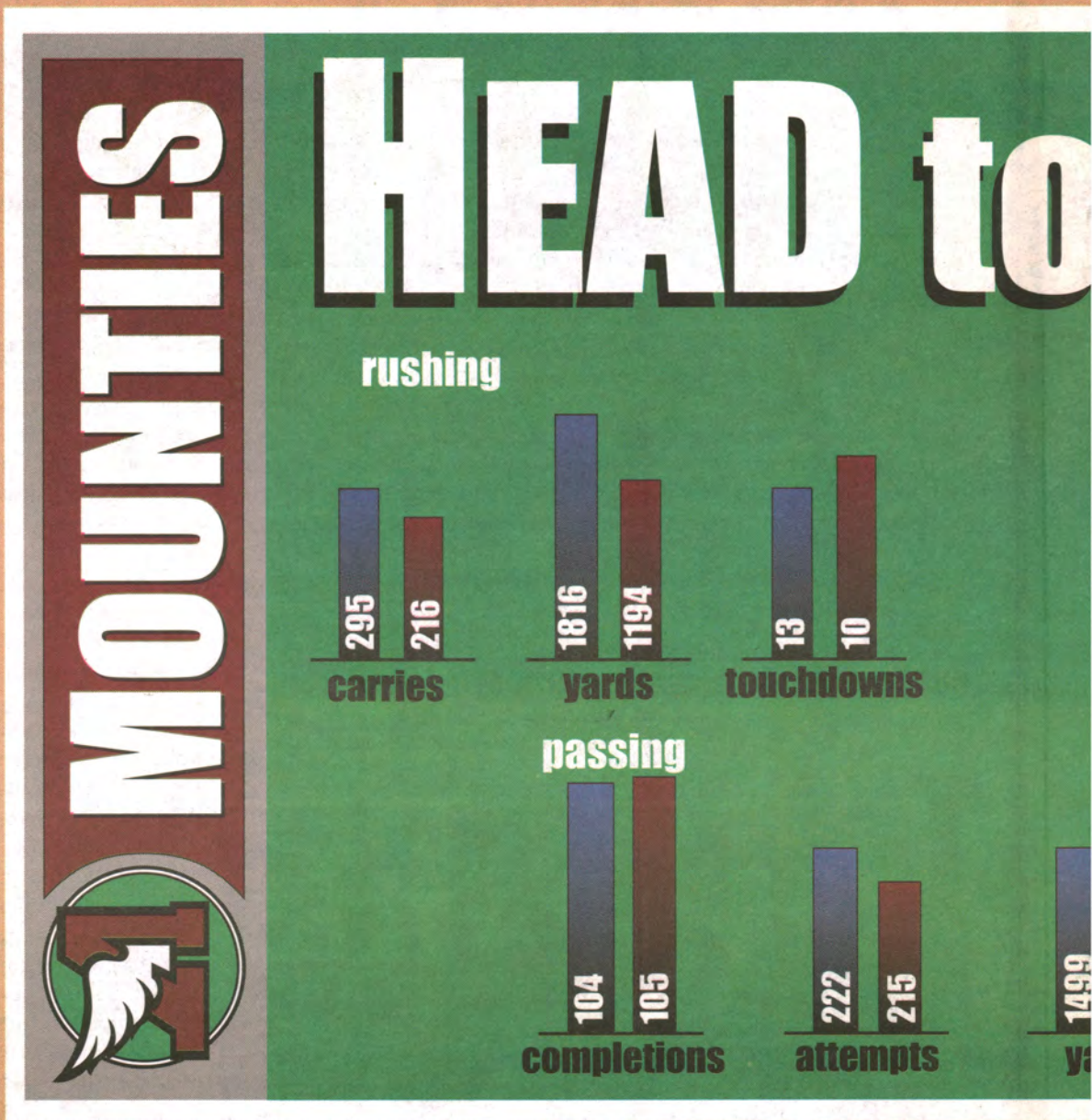
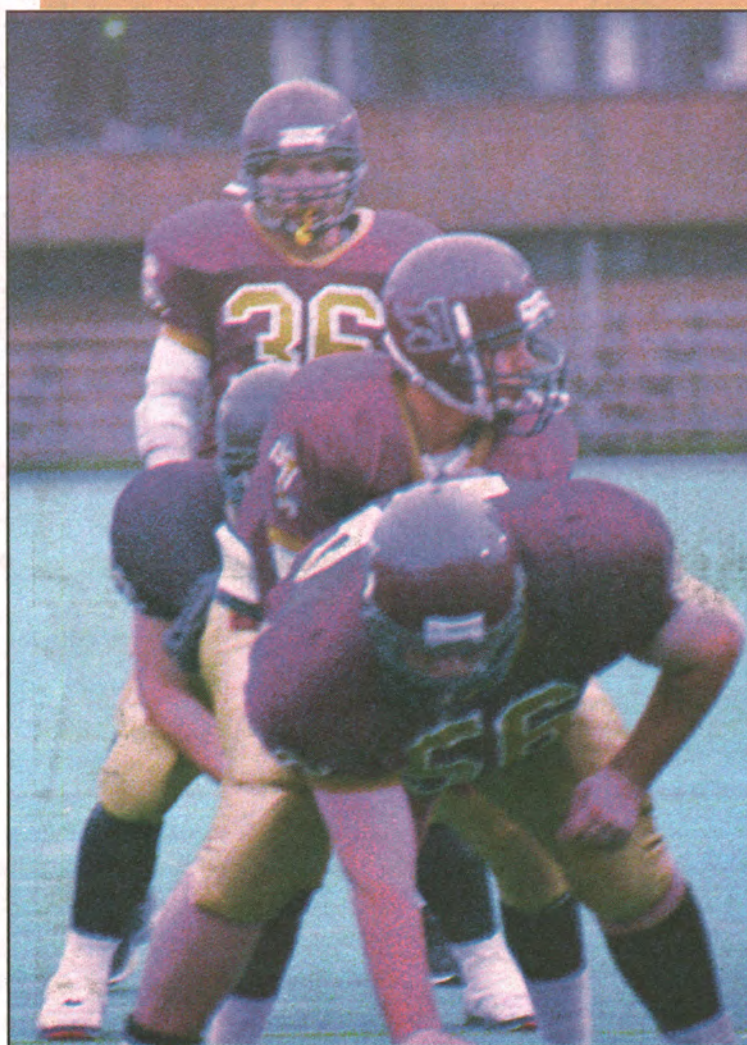
**Saint Mary's University**

# Mount Allison University

# Atlantic Bowl



**5-3**



Mt. Allison	30	Acadia	8
Mt. Allison	19	St. Francis Xavier	11
Mt. Allison	30	Saint Mary's	27
Mt. Allison	4	St. Francis Xavier	9
Mt. Allison	41	Acadia	31
Mt. Allison	18	Acadia	28
Mt. Allison	22	Saint Mary's	14
Mt. Allison	26	St. Francis Xavier	28
Playoffs:			
Mt. Allison	20	St. Francis Xavier	17

**Rushing Leaders**

Player	Car	Avg	Yds	TD's
Gord Francis	89	6.5	575	5
Eric Lapointe	75	6.3	470	3

**Receiving Leaders**

Player	Rec	Yds	Avg	TD's
Craig Fougere	25	598	23.9	5
John Reardon	32	456	14.3	2
Vince Baraniecz	17	360	21.2	2
Cedric Lafreniere	16	208	12.8	0

**Passing**

Player	Att	Comp	Yds	TD	Int	Comp %
Dan Capone	139	68	1314	8	6	48.9
Allison Brooks	76	37	560	2	3	48.7

**Interceptions**

Player	Total
Chris Begley	5
Philippe Girard	2
Justin Keyes	1
Jason Flaming	1

**Mount Allison at**  
 Despite many injuries, including one to 1996 All-Atlantic Bowler Dan Capone, the Mount Allison Mounties pulled out a 2-1 record to earn a spot in the Atlantic Bowl. The Mounties will be counting on running back Cedric Lafreniere and a lineup which includes 10 ACAA All-Stars and 1996 Atlantic Bowl MVP Dan Capone.

**UBC at a G**  
 UBC comes to the Atlantic Bowl by virtue of being the 1996 Western Conference football champion. Calgary Dinos in the Western Conference finished the year with a 10-2 record. Casey Smith, has been named the 1996 Outstanding Canadian nominee Mark Nohra, Outstanding Canadian nominee Mark Nohra, Outstanding Canadian nominee Mark Nohra, and eight other CWUAA all-stars. The Thunderbirds program has produced 85 All-Stars and 1996 Atlantic Bowl MVP Dan Capone.

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# Bowl '97

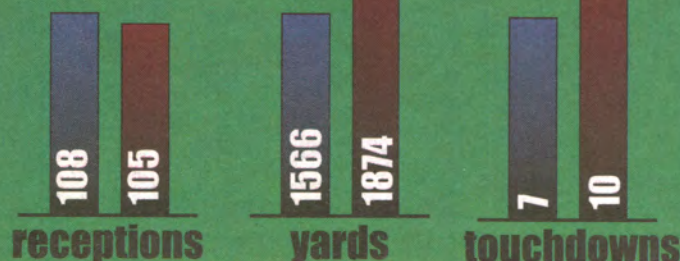
# University of British Columbia

## NO HEAD



**5-2-1**

### receiving



## T-BIRDS



### Season at a Glance

As a 1996 Hec Creighton winner Eric Lapointe, led the team to a 20-17 victory over St. FX. in the championship game in the Atlantic Bowl. The team was led by running back Gord Francis, quarterback Dan Delong, and 10 AUAA all-stars.

Atlantic Trophies: 3  
Atlantic Bowls: 2  
Hec Cups: 0

### Season at a Glance

By the virtue of their 39-21 victory over the Saskatchewan Huskies in the conference final. Western Conference Coach of the Year Dan Delong was blessed with a lineup that includes Hec Creighton Lineman nominee Bob Beveridge, and running back Gord Francis.

Produced 89 professional football players.  
Atlantic Trophies: 14  
Atlantic Bowls: 1  
Hec Cups: 2

### Rushing Leaders

Player	Car	Yds	Avg	TD's
Mark Nohra	174	1216	7.0	11
Akbal Singh	52	199	3.8	1
Dino Camparmo	16	142	8.9	0

### Receiving Leaders

Player	Rec	Yds	Avg	TD's
Brad Coutts	43	603	14	5
Frank Luisser	24	329	13.7	0
Mark Nohra	14	232	16.6	0

### Passing

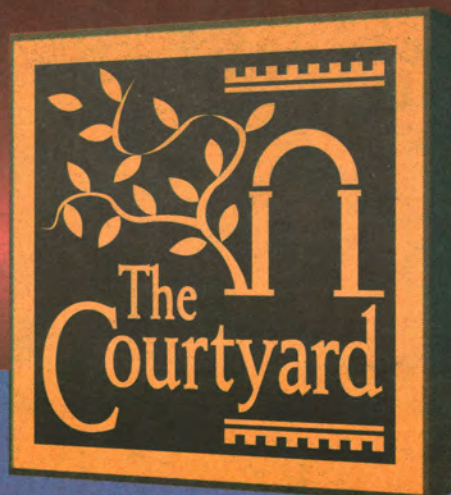
Player	Att	Comp	Yds	TD	Int	Comp %
Shawn Olson	201	94	1369	5	8	46.8
Dan Delong	21	10	130	0	2	47.6

### Interceptions

Player	Total
Curtis Galick	4
Chris Hoople	4
Shane Sommerfeld	4

UBC	7	Saskatchewan	30
UBC	14	Alberta	10
UBC	34	Calgary	18
UBC	32	Manitoba	0
UBC	17	Saskatchewan	19
UBC	27	Alberta	10
UBC	37	Calgary	37
UBC	27	Manitoba	6
Playoffs:			
UBC	39	Calgary	21

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## Mount Allison MOUNTIES

1 Robbie McHugh	LB	38 Geoffrey Johnson	DB
2 Jason Dutrizac	DB	39 Jeff Keddie	DB
3 Aundre Cardozo	DB	40 Harold McCauley	FB
4 Mathieu Gauthier	DE	42 Jason Pudwill	DT
5 Eric Lapointe	RB	43 Dave Jones	LB
6 Patrice Cayer	WR	45 Philippe Girard	DB
7 Allison Brooks	QB	46 Conrad Duncan	LB
9 Todd Demone	CB	47 Brett Fitzpatrick	LB
10 Vince Baraniecz	WR	49 Jason Romisher	LB
11 Yanick Lacroix	WR	52 Jason Flaming	LB
12 Luke Searle	RB	53 Patrick Le-Pain	DT
14 Derek Dodsley	QB	55 Eric Collard	C
16 Dan Capone	QB	58 Nicolas Desilets	OL
17 Art Deruga	WR	59 Craig Derenzis	LB
20 Chris Begley	DB	61 Jason Kana	OL
21 John Reardon	WR	62 Mike Perciasepe	OL
22 Justin Keyes	CB	63 Patrick Falby	OL
23 Chris Johnson	FB	64 Dave Olsen	OL
24 Tony Ferreira	LB	65 Ryan Davison	OL
25 Craig Fougere	SB	66 Todd Neill	OL
26 David Bradford	P/K	67 Justin Arsenaault	C
27 Colin Burleton	DB	72 Robert Grant	SB
28 Shaun Keyes	CB	74 Jason Green	TE
29 Ian Sinclair	DB	78 Cedric Lafreniere	TE
30 John-Kevin Flynn	DB	81 Lucas Price	SB
31 Ted Rutland	LB	82 Paul Withers	TE
32 John Sokolowski	DE	94 Marc-Andre Lahaie	DE
33 Julian Dickinson	SB	97 Chris Aumais	DE
35 John Bower	FB	98 James Oickle	DT
36 Gordon Francis	RB	99 Sean Hilliker	DT
37 Jason Doyle	RB		

**Head Coach: Gord Grace**

Assistants  
 Danny Laramee  
 John MacNeil  
 Ted Goveia  
 Peter Estabrooks  
 Bruce McMillan  
 Peter Comeau  
 Mark Bohan  
 Jim Cochran  
 Mark Reid  
 Frank Miscione



## UBC THUNDERBIRDS

1 Brian Emanuel	WR	45 Pat Rogers	LB
3 Mark Peppin	DB	49 Shane Phillips	LB
4 Shawn Olson	QB	50 David Pol	OL
5 Amrit Bawa	DB	52 Chris Paterson	OL
6 Simon Quinto	DB	53 Aaron Barker	OL
7 Paul Girodo	DB	54 Mike Brotherston	OL
8 Art Tolhurst	DB	55 Nathan Mellalieu	LB
9 Aaron Iverson	IR	56 Tyson St. James	LB
11 Paul Visser	IR	57 Geoff Woolley	LB
12 Dan Delong	QB	58 Alex Charles	OL
15 Adrian Fawcett	LB	59 Oba Harding	OL
17 Phil Deeks	QB	60 Jim Cooper	OL
18 Curtis Galick	DB	61 Ryan Leslie	DL
19 Shane Sommerfeld	DB	62 Daniel Schaar	OL
20 Mark Nohra	RB	63 Eric Collings	OL
21 Ryan McWhinney	DB	64 Bob Beveridge	OL
22 Chris Lennon	WR	66 Andrew Plant	OL
23 Greg Hallifax	DB	67 Ken Baker	DL
24 Strachan Hartley	DB	68 Shane Mielty	OL
25 Ryan Hecker	WR	69 Darren McField	DL
26 Kit Chansavang	DB	70 Travis Fehler	DL
28 John Little	FB	71 Benjie Hutchison	DL
29 Akbal Singh	RB	75 Sandor Kardos	DL
32 Dino Camparmo	IR	78 Stewart Scherck	LB
33 Frank Luisser	WR	80 Brad Coutts	WR
34 Alex Lando	FB	81 Jeff Sharma	WR
35 Trevor Bourne	RB	84 Bill Chamberlain	IR
36 Ashford Baker	RB	88 Andrew Newton	IR
37 Dan Rootes	DB	89 Joe Orel	WR
38 Paul Oraziotti	RB	91 Ryan Attwell	DL
39 Dan Elliott	LB	93 Zac Chalmers	DL
41 Chris Hoople	DB	95 Trevor Reed	DL
44 Casey Souter	LB	97 Tom Montes	LB

**Head Coach: Casey Smith**

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# Taking Charge

by Kerry Reinke

The Mount Allison Mounties will be looking for big days from some unlikely sources this Saturday as they work to make their first trip to the Vanier Cup since 1991. Going into the season, the hero was expected to be Hec Creighton Trophy winner Eric Lapointe. Instead, the Mounties will be looking to Gord Francis to carry much of the offensive load in the Atlantic Bowl.

At the start of this year's AUFC football season, the Mounties were the favorite to

take the crown, based largely on the rushing of Eric Lapointe. However, following their two point loss to the X-Men the previous week, and without Lapointe due to a broken arm, Mount Allison had been relegated to underdogs. Francis carried the load, however, running for 104 yards on 18 carries in the championship game, pacing the Mounties to a 20-17 upset win.

When the Mounties take the field for the 1997 Atlantic Bowl, and Lapointe's status unsure, Gord Francis will be expected to step up and continue to play with the strength he has all season. Francis has made several

starts already this year because of injuries to Lapointe. First, Lapointe needed arthroscopic surgery on his knee, and then most recently, he was lost again with a broken arm. With 575 yards on 89 carries this season, Francis has proven to be more than just a backup. "I thought maybe I'd get five carries a game this year. But Eric got hurt and I got a chance. It's been great," said Francis. "I never pictured it would be this way."

Another unlikely star for the Mounties is quarterback Dan Capone. Midway through the season, Capone got his chance to play and didn't look back. Over the course of the season Capone passed for 1314 yards on just 68 completions, for a 19.3 yard average. Capone will have plenty of targets with AUAA all-stars John Reardon and Craig Fougere amongst his receivers. For protection, Capone will have a steady offensive line that includes Ryan Davison and Jason Kana, who are all-stars as well.

A hidden strength of the Mounties is their defense. While the rest of the league was being awed by the St. F.X. defense, Mount Allison was quietly shutting down their opponents. If the UBC Thunderbirds hope to pass they'll have to come up with a strategy to beat a secondary that had AUAA all-stars Chris Begley, Todd Demone and the Atlantic Conference's President's Trophy candidate Philippe Girard. Together, these three defensive backs accounted for seven interceptions.

## Unexpected faces, Dan Capone and Gord Francis lead the Mount Allison attack

A Montreal native, Girard is a two time AUAA all-star at defensive back who recorded two interceptions for the Mounties this year on the way to his nomination as the nation's outstanding defensive player.

Up front, all-stars Jason Pudwill on the defensive line and Jason Flaming at linebacker,

will be looking to stop any attempt to run by the usually ground oriented Thunderbirds.

Saturday, at Huskies Stadium, the Mounties will be out not only for a shot at the Vanier, but also to continue proving that they are more than just a one man team.

## Mount Allison lineman, Dave Olsen on road to recovery

# Downed... But Not Out

by Signa Butler

In their last regular season game against St. F.X., not only did the Mounties lose the game, they lost another player for the rest of the season.

This injury was not just any injury. Dave Olsen, a starting offensive lineman with the team, went down early in the third quarter after getting hit from behind. It was a scary moment for fans and teammates because Olsen's injury looked to be spinal. Initially, the doctors could not give a prognosis, but after x-ray results came back, they concluded that Olsen's injury was a compound fracture of the T8 vertebrae and a swollen spinal cord.

The news shocked both the team and the small community of Sackville, New Brunswick. The 6'6", 297 pound left offensive tackle had just begun to come into his own. He replaced the departed Chris Nunn, last year's top lineman in the AUAA, and according to Head Coach Gord Grace, was doing an excellent job filling that position. "Dave brings a lot to the field because of his size," noted Grace. "He's a large man who plays aggressively. This season he played left offensive tackle which is a crucial position because he guards the quarterback's blind spot. He's done a great job in that position." Grace also added that the 3rd year History major from Guelph, Ontario "works hard academically and is a good ambassador for the university."

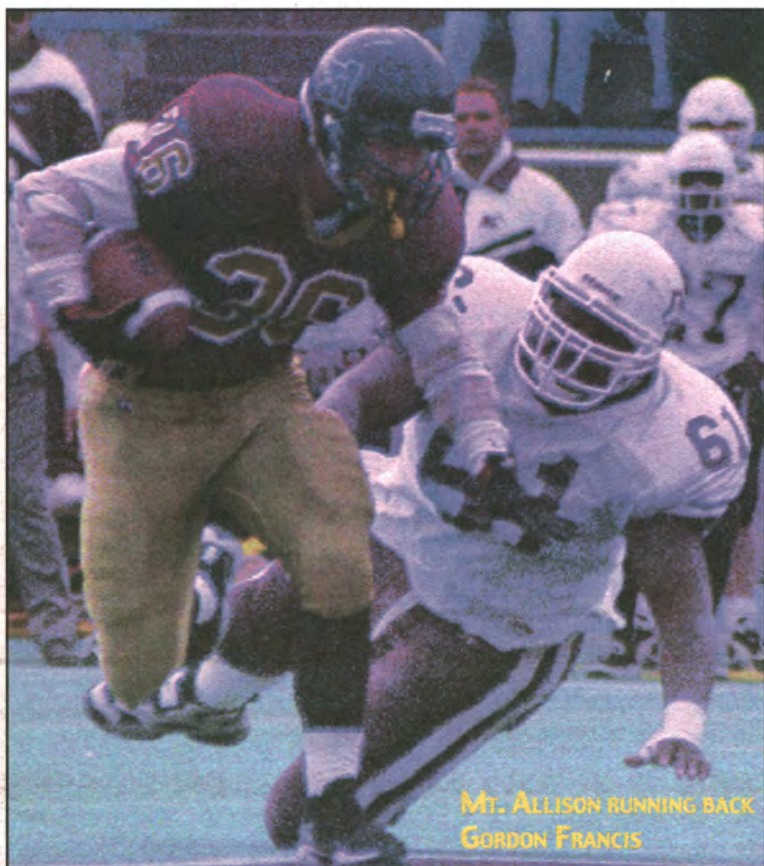
The Mounties did receive some great news before the AUAA finals last week, as Olsen was able to leave the hospital early and attend last Thursday night's practice. Grace said that seeing Olsen on his feet after such a terrible injury has helped the team

deal with the loss of the starting O-lineman, "The team is doing much better since Dave's back on his feet with the walker. It was inspirational to see him at last Thursday's practice and at the game on Saturday."

Olsen himself was excited to be there to see his teammates pull through to victory on Saturday at Antigonish, "I felt like a child on Christmas morning, and when the team won, it was the greatest feeling in the world. We sure have a special group of guys on this team." Olsen speaks the truth. Here are the Mounties in the Atlantic Bowl despite the many obstacles they had to overcome in the 1997 season.

Doctors feel there shouldn't be any permanent damage, so as for the immediate future, Olsen is "just hoping to rehab it and hope for the best."

Though Olsen's future in football is uncertain, he and the rest of his teammates will be looking forward to their appearance in this weekend's Atlantic Bowl. Who knows?



Mt. Allison Running Back GORDON FRANCIS



The Mounties luck seems to be changing. Olsen is rebounding from a tragic injury, and his team, rallying behind his inspiration, won the AUAA title last weekend. There is no doubt they will be looking to do the same this Saturday as they fight for their third Atlantic Bowl title.

**Note:** All of us at The Journal would like to wish Dave Olsen a speedy recovery.

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Atlantic Conference (AUAA)							
	GP	W	L	T	F	A	P
St. F. X.	8	7	1	0	193	120	14
Mount Allison	8	5	3	0	190	136	10
Acadia	8	3	5	0	211	213	6
Saint Mary's	8	1	7	0	121	246	2

Ontario Conference (OUAA)							
	GP	W	L	T	F	A	P
Western	8	6	1	1	250	146	13
Waterloo	8	6	2	0	231	91	12
Guelph	8	6	2	0	207	117	12
York	8	6	2	0	209	129	12
Laurier	8	3	5	0	181	212	6
McMaster	8	2	5	1	151	256	5
Toronto	8	2	6	0	112	220	4
Windsor	8	0	8	0	100	270	0

West Conference (CWUAA)							
	GP	W	L	T	F	A	P
British Columbia	8	5	2	1	195	130	11
Calgary	8	5	2	1	273	220	11
Saskatchewan	8	5	3	0	183	156	10
Manitoba	8	3	5	0	163	246	6
Alberta	8	1	7	0	136	198	2

Ontario-Quebec Conference (OQIFC)							
	GP	W	L	T	F	A	P
Queen's	8	6	2	0	183	106	12
Ottawa	8	6	2	0	163	157	12
Concordia	8	5	3	0	202	171	10
McGill	8	4	4	0	125	143	8
Bishop's	8	3	5	0	136	114	6
Laval	8	3	5	0	130	190	6
Carleton	8	1	7	0	106	174	2

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# A Man For All Seasons

*St. Francis  
Xavier's Greg  
Delaval*

by Amanda Stewart

The X-Men football team has a wide range of personalities on its roster. Although everyone dressed in the blue and white work together towards a common goal, they all contribute in different ways. To be successful, a football team needs to have more than talent on the playing field and fifth year receiver Greg Delaval brings much more to the X football team and the entire St. F.X. community than his great football skills.

The 5'8", 170 lb X-Man has qualities far beyond terrific athletic ability and that influences those around him in a positive way. Delaval is an assistant coach with the Dr. J H Gillis Regional High School AAA basketball team, and helps coach the local Bantam Boys football team. He has also been active in the local Big Brothers/Big Sisters organization for the past three years. In fact, his little brother can be found on the X-Men bench as a water boy.

Delaval was the recipient of the Marcel Lucier Memorial award, given annually to the person who contributes unselfishly to the school and the community.

"I believe that a lot of people are only one person away from being happy," Delaval says. "If I can be that one person to anyone then I feel that I have accomplished something. If I have the ability to make a positive impact on someone, then I can truly feel as though I am giving back to the people who have been there for me."

Delaval graduated last spring with a Bachelor of Science degree, majoring in physical education, and is looking forward to a teaching and coaching career. Delaval is being confirmed in the Catholic Church this year and is currently taking education courses. He hopes to gain more teaching experiences in the classroom to go along with what he gained last year in the gym. Although at one time Delaval had to sit out a season because of his failing grades, he was an Academic All-Canadian last season. This type of achievement does not surprise any of those who are fortunate enough to know Delaval.

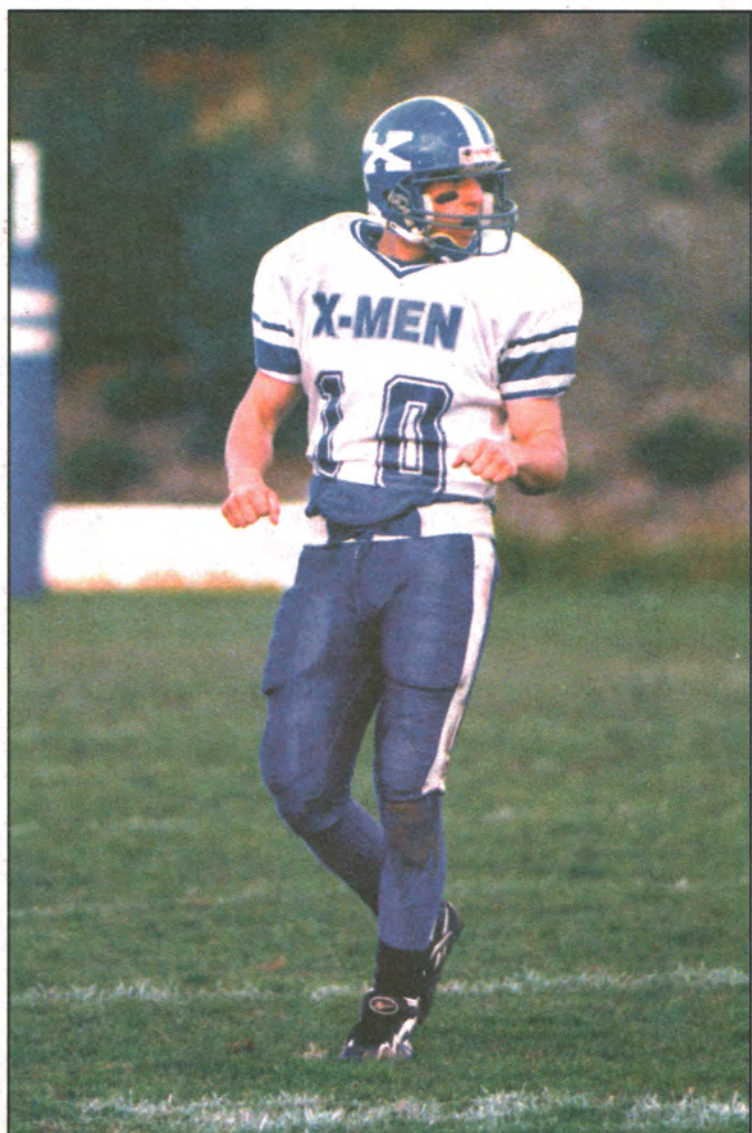
For the past three years, Delaval has organized the study hall for the X-Men football team. Rookies meet with Delaval three nights a week until they prove to him that they do not need to

be there for extra study time. As a team captain, he leads by example. Although he attempted to take a more vocal role early this season with the absence of former team leaders Mark Farraway and Paul Frlan, he quickly learned that this was not his style. Delaval went back to the system that has worked for him and continues to lead the team in a quiet manner.

"Greg is a perfect example of a positive role model," coach Stevens says, "he is a quiet leader and a very effective one. He leads by example both in the classroom and on the football field."

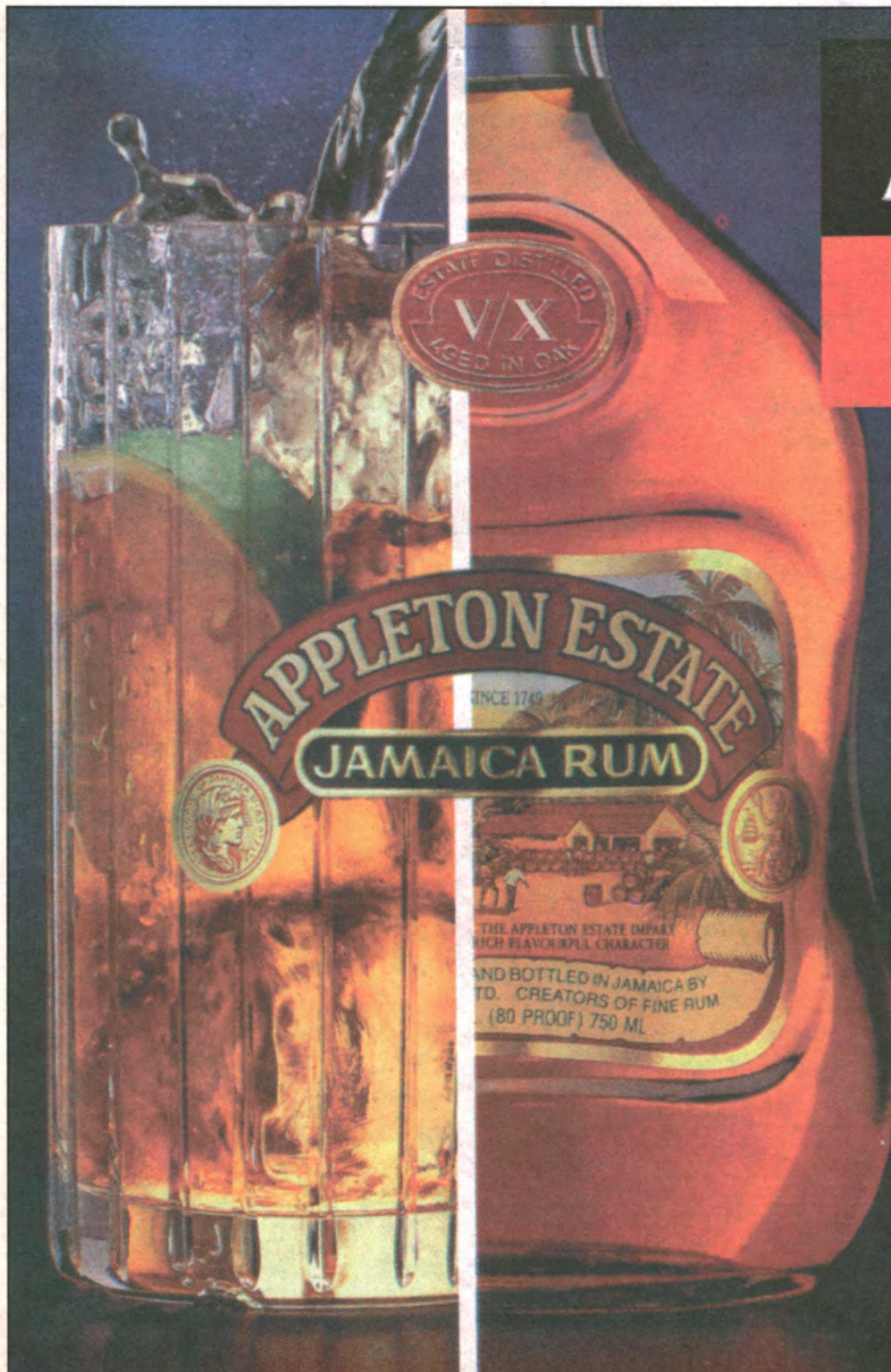
"I want our team to reach our potential," Delaval says. "If we become the best we can be, then I know everything else will fall into place. Our team is so closely-knit that, although we lost some big players from last year's roster, we make up for it in our personalities."

Former X-Man Shawn Northfield was Delaval's high school coach at St. Mary's High School in Calgary. Northfield helped instill the values Greg carries with him today. "Shawn, next to my mom, has always been my number one support system," Delaval explains.



"Anytime I need to talk, no matter what the topic, I always go to him. He is the reason I came to St. F.X. and still talk to him after every game and let him know how both myself and the team made out."

Although the X-Men football team, the Xavierian family, and the Antigonish community will miss Greg Delaval immensely after this season, they will not forget the positive impact he has made on those around him.



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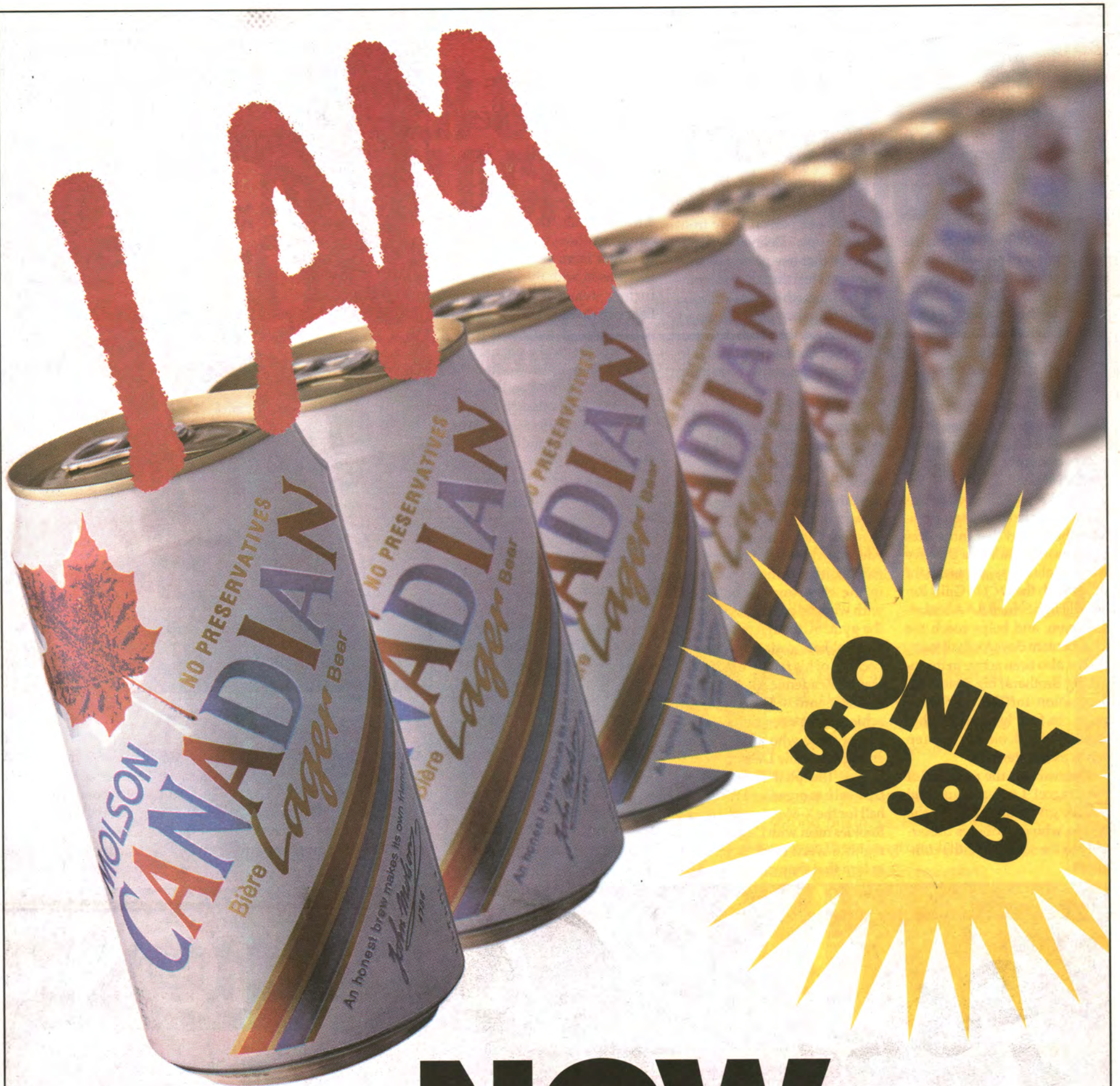
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