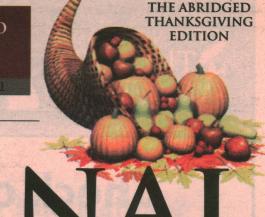


Robinson suspended, Glavic to the rescue



Justin Trudeau to speak at SMU





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OURNA

The Student Newspaper of Saint Mary's University Halifax

North Korea Joins The Nuclear Club

UN CONDEMNS NUCLEAR TEST

By OLIVIER JARDA

North Korea defied the United Nations Security Council and tested a nuclear weapon early Monday morning. South Korea's Yonhap news agency reported the test as having taken place along North Korea's northeastern coast.

North Korea announced in February 2005 that it had successfully created a nuclear bomb. Leader Kim Jong II only announced that a test was imminent last week.

North Korea said the test was "a safe and successful underground nuclear test" which "caused absolutely no radiation" leakage.

Monday that the test was equal to 5,000 tons to 15,000 tons of TNT. South Korea's geological institute only estimated it at just 550 tons of TNT. In comparison, the US atomic bomb dropped on Hiroshima during World War II was comparable to 15,000 tons of TNT. According to foreign intelligence, North Korea may have six to eight nuclear weapons.

With a population of approximately 23 million people, North Korea has over 9.6 million men and women fit for military service. The nation is a part of US President George W. Bush's "axis of evil".

Current states with nuclear capabilities are the US, Russia, the UK, France, India, Pakistan, and China. It is widely believed that Israel is in possession of nuclear weapons, but it has not been publicly declared.

explosion as nuclear. Russia also condemned the acts, but some speculated that North Korea's actions were a response to US foreign policy. The pro-Kremlin head of the parliament's international affairs committee, Konstantin Kosachyov, said the test was a reaction to "massive pressure" from the Bush administration.

Nations call for Security Council action

Members of United Nations Security Council, who have been pressuring North Korea in order to curb the proliferation of nuclear weapons, condemned the nuclear test on Monday. US President George W. Bush said North Korea's action should be met with "an immediate response by the United Nations Security Council."

French and British diplomats have urged the Security Council to pass a resolution under Chapter 7 of the UN Charter, which allows for the imposition of sanctions and

military intervention.

North Korea's UN Ambassador Pak Gil Yon said congratulations should be in order, and that the Security Council should refrain from passing "useless" resolutions. He said North Korea's actions would guarantee of peace and security in the peninsula and the region."

US Ambassador John Bolton said that Washington would treat a North Korean attack on South Korea or Japan as an attack on the US. It is likely that Japan and the US will push for the breaking of diplomatic ties, sanctions, and increased militarization in the area.

Canadian Foreign Minister Pe-Russia's defense minister said ter MacKay said, "It's premature in terms of what the formal reaction will be, but we view this matter as extremely serious." Prime Minister Stephen Harper was less reserved and called the test an "irresponsible and dangerous act", a threat to regional peace and stability.

Former Foreign Affairs Minister Lloyd Axworthy (1996-2000) warned that Canada's focus on joining the US in its fight against terrorism has taken attention away from nuclear threats. "We used to be a player in this area. I think we abandoned that opportunity," said Mr. Axworthy, now president of the University of Winnipeg.

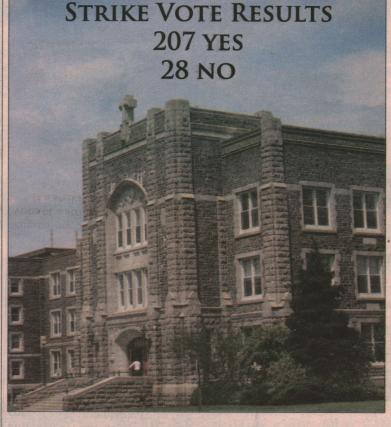
Security Council nominates South Korean to replace Annan

In related news, the Security Council nominated South Korean Foreign Minister Ban Ki-moon to replace Kofi Annan as the UN's next secretary-general. If appointed, Ban Russia was the first to label the said he would work diligently to resolve the North Korean crisis. Ban will be the only name on the ballot when the UN General Assembly votes on the recommendation.

Traditionally the position rotates among the world's regions, and most countries agree that the next secretary-general should be Asian. The pool of unsuccessful candidates included nationals from India, Sri Lanka, Afghanistan, and

There is speculation as to whether the timing of North Korea's test was a reaction to the Security Council's selection of the South Korean

Saint Mary's student Samer Awadh had this to say: "It is another cold war. However, instead of two superpowers using smaller countries as proxies, it is the small countries' turn to play with the great powers, and extract some long overdue attention and financial support."



FIVE DEAD AFTER SCHOOL SHOOTING ESCALATING VIOLENCE AT EDUCATIONAL INSTITUTIONS

By JAMES C. O'BRIEN

Over ten girls were shot and five killed at an Amish school in Lancaster County, Pennsylvania on October 2nd. Charles Roberts, who admitted in his suicide note to his wife that he was tormented by thoughts of molesting, let male students, infants, and pregnant women leave while he executed the young female students. Police also found flexible plastic ties, eyebolts and lubrication jelly on Roberts, which suggests he "intended to victimize these children in many ways prior to executing them and killing himself" said Commissioner Miller though he stated that there shooting, and became the focus is no evidence that he did.

shooting at Dawson College shooting on September 13 which left two dead, four in critical condition and 19 wounded. Among the dead was Kimveer Gill who entered the college with a semi-automatic rifle and opened fire on the students. Police arrived shortly thereafter and Gill engaged in a shootout shortly before killing himself. The attacks have sent schools nationwide in a state of panic.

"Work sucks ... School sucks ... Life sucks ... What else can I say?" he wrote. "Metal and Goth kick ass. Life is like a video game, you gotta die sometime."

"He was shooting randomly," said Dawson student Michel Boyer, who witnessed the gunfire. "I'm not sure who he was shooting at, but the [cafeteria] atrium was completely cleared."

This is the second major college shooting to take place in Montreal. The first was the École Polytechnique massacre of 1989 where Marc Lépine carried out a shooting ram-

page directed toward "feminists", killing 14 women and wounding 13 others, committing suicide shortly after. Like Roberts, his attack was targeted at women at an educational institution. The attacks forced numerous schools around the country to adopt security protocols for school shootings.

The growing trend of school shootings was made famous in 1999 following the massacre at Littleton, Colorado, where two teenage students, Eric Harris and Dylan Klebold, killed 12 students and a teacher, wounding 24 others, before committing suicide. It was considered to be the deadliest school of Micheal Moore's feature-length This comes just weeks after the film, "Bowling For Columbine", where Moore openly criticized the media's portrayal of the shooting instead linking it to poverty and gun control issues. The hysteria following the Columbine massacre caused numerous schools in North America to adopt strict security policies and protocols specifically for dealing with armed attackers.

> In last week's Journal, students were asked whether they feel safe at Saint Mary's Universit. While students polled largely admitted they felt safe, almost all admitted that it was a concern to them. Given the sheer amount of violence taking place across Canada and the United States, many consider it to be a possibility.

> In the past five weeks, there has been a shocking amount of aggression toward schools and educational institutions, including two massacres. Maritime high schools have been inundated by a number of bomb threats as tensions mount among students and faculty.

SAINT **MARY'S** PROFS. VOTE YES TO STRIKE

By THE JOURNAL STAFF

The Saint Mary's Faculty Union has voted YES to a strike, should there be no agreement between it and the university Administration.

The Union voted on the following question: "If the Negotiating Committee advises the membership that it has been unable to conclude an acceptable collective agreement with the Administration of the University, are you in favour of a strike against the Administra-

Out of a total eligible electorate of 256 members, 236 faculty members voted on the issue, representing a 92.2% turnout.

Of the 236 votes cast, 207 members voted in favour of a strike, while 28 opposed. One ballot was spoiled.

This means 80.9% of the total eligible membership voted in favour of a strike.

If a strike takes place, it would be held no earlier than November, since both the Union and the Administration must first meet with a Provincial conciliator by the end of October. A conciliator is an experienced third-party who will seek towards a settlement.

Many students are worried the strike may affect their semester or even graduation. If a strike takes place, it will most likely run no longer than two weeks, though SMUFU is prepared to fight for as long as it takes.

The Faculty Union is currently demanding a 4% salary increase, which originally was set at 4.5%. It is also seeking increased benefits, flexible retirement, and post-tenure reviews. SMUFU argues that these issues must be dealt with in order for the University to remain competitive. As an aside, the Union is also demanding a one-course reduction for Professors with classes that exceed 250 students.

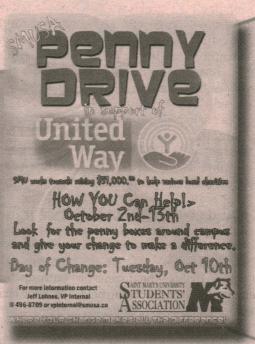
SMUFU argues that SMU can afford to effect these changes because of a \$7 million dollar surplus for fiscal year 2005 as well as numerous government grants.



Check out these up-coming events







Plus



We need your input to help better serve the student population.

Find it on page 184 of the student handbook



Deadline: Friday Oct. 20th, 2006



Friday Oct. 20th

The SMUSA Student Survey (pg. 184) of the student handbook is due.

Please drop-off your survey's at the Info Desk. SMUSA needs your input on how to better serve the student population.

You can win an ipod Nano which will be drawn on Oct 27th, 2006. Oct. 13-15 - The Atlantic Waves Conference. A student led conference to connect community and academic feminists working toward women's equality in Atlantic Canada. atlantic

For more information contact the Saint Mary's University Women's Centre Phone: 902-496-8722 or E-mail: atlanticwavesconference@yahoo.ca http://www.atlanticwavesconference.ca/

RAK Recruitment - The Random Acts of Kindness (RAK) Squad. Is looking for students wishing to volunteer within the local community. If you are interested, please contact Adam Lordon, SMUSA Programmer/Volunteer Coordinator at 496-8731 or volunteer.coordinator@smusa.ca

Mon

Come check out your favorite show on the big screen

Tue

Trivia Night with nightly prizes

Wed

Open Mic Night with cash prizes for SMU students

Thu

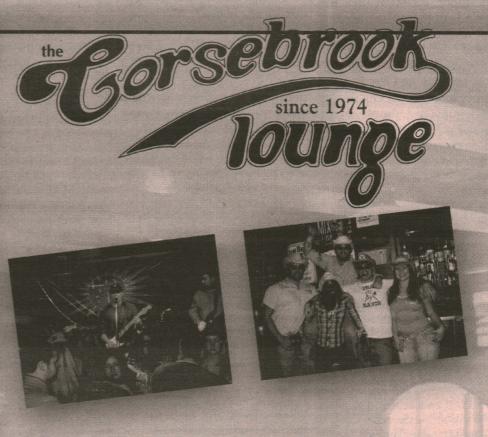
Wing Night from 6pm - 9 pm; weekly promotions; DJ Lindelle until close

Fri

Live entertainment and special events every week

Sat & Sun

Open for football games, bookings, private parties, and special events



The Gorsebrook Lounge is open to SMU students, alumni, and guests.

NEWS

BUSH GETS TOUGH ON TERROR!

By KRISTIAN BERTIN

The United States Senate approved a bill last week which allows for the indefinite, un-reviewable detention and torture of suspected terrorists. This bill removes suspects' rights to question the legitimacy of their captivity, to have a clearly defined sentence, and to even know what they are being charged with. This strips any prisoner of habeas corpus rights - the ability to have a judge examine their situation and determine its legality. Because of this legislation, prisoners also cannot request to see evidence compiled against them, and lose the ability to bar evidence that was garnered through coercion. This will no doubt drastically affect the lives of the dozens of "enemy combatants" being held in Guantanamo Bay, Cuba.

An interesting omission to the legislation within the lives to fight terrorism, this bill 'habeas corpus' section was the phrase "outside the United States", which was previously included. This means that these restrictions of freedoms are extended to citizens of the United States as well.

The White House did not respond to questions asking why the restriction was extended to people in the United States.

picked up all kinds of folks on immigration charges and material-witness charges and tried them in secret immigration proceedings?" said Jumana Musa, a lawyer with Amnesty International. "Those people were deported. Now [if the bill passes], they could be detained indefinitely as enemy combat-

The senate voted in favor of the bill 65-34. Democrats did not attempt a filibuster because they lacked the votes to do so. Twelve Democrats voted in favor of the bill, while one Republican voted against it.

The Judiciary Committee Chairman, Arlen Specter (R-Pa.) at first claimed he wouldn't vote for the bill because it is "patently unconstitutional", though he later changed his mind and voted in favor of it.

"As our troops risk their will ensure they are prepared to defeat today's enemies and address tomorrow's threats," said Bush after the proceedings.

This week also saw the unique attempt by Bush to pardon himself for war crimes under the Geneva Convention. Imbedded within the aforementioned military commission bill was an attempt at altering the 'What if they had this af- War Crimes Act of 1996 ret-

ter Sept. 11 [2001] when they roactively so that any atrocity committed since 9/11 cannot be considered war crimes. Since the Supreme Court recently ruled that violations of the Geneva Convention are felonies, and that these rules applied to members of Al-Qaeda, Bush was quick in his attempts to circumvent any action that could be leveled at him and his cabinet.

These radical, constitutionaltering pieces of legislature go hand in hand with George Bush's Warrantless Wiretapping Program, which passed in the house last week, 232 to 191. The program allows the government to effectively spy on its own citizens in the name of national security.

"The reason there's such a rush to do this? If the Democrats get control of the House in November this kind of legislation probably wouldn't pass," CNN's Jack Cafferty says.

Analysts view this legislation as an attempt to construct a recognizable platform for the Republican Party for the November 7th election where Anti-Terrorist legislation will take center stage. With terrorism as their signature angle, Republicans will no doubt criticize Democrats for being "soft on terror".

PETER MARCH CONTROVERSY CONTINUES

By JAMES C. O'BRIEN and KRISTIAN BERTIN

"Saint Mary's is unwilling to litigate March's cartoon controversy - because it will lose Muslim students and thousands of their foreign dollars if they do," Dr. Peter March.

Peter March has re-posted the Jyllands-Posten cartoons of the prophet Mohammed again this year. The cartoons were quickly ordered down by Academic Vice President Terry Murphy, who claimed they were "inappropriate".

Last spring, Peter March, a SMU Professor of Philosophy, caused controversy among staff and students by posting Dutch editorial cartoons that depicted the prophet Mohammed as a suicide bomber. This came at the climax of an over-hyped media event centered on the cartoons, of which caused riots worldwide. As a result of his actions, March became the sub ect of a massive protest of outraged students at Saint Mary's. The event garnered National Press and divided the student body in an incendiary debate over cultural sensitivity versus freedom of speech. March's actions caused the University to create a committee whose job it was to determine whether or not March had committed an Act of Harassment. According to March, the Faculty Union ultimately determined the commission to be illegal. In the end, the Union informed March that the University's actions were not an infringement of his academic freedom.

March's reasoning for putting up the cartoons in the first place was to initiate a discussion about the issue, identified as 'Islamophobia'. He cites the numerous times he was warned that posting the cartoons could be hazardous because of Muslim radicals as examples of Islamophobia in Saint Mary's and across the country.

attempt to validate his practices will cause Muslim money to leave our school. March said he doesn't care about the cartoons, but what is at stake is something larger than images. He feels that principals are at stake, namely freedom of speech and academic freedom. March feels he has been hung out to dry by the University which was no surprise to him. "SMU is becoming a McDonald's", March says. He believes that as Saint Mary's moves away from being an academic institution, it makes sense that it would seek to avoid the alienation of a portion of their market, namely Muslim

students. He believes that the controversy surrounding him is a facet of the corporatization of the university.

So why did March re-post the cartoons on his door? "Justice delayed is justice denied," March reasons. Because Saint Mary's University has been unable to cite any laws at the University, Provincial, and National level which explicitly state that he isn't allowed to post the controversial cartoons, he has continued to do so. This time around, however, Saint Mary's University reacted quickly to the images. Under the orders of AVP Terry Murphy, the cartoons were removed. March was told that the reason for their removal was because they were "inappropriate". March argues that regardless of how "inappropriate" the images are, without any legal or human rights violations, the University has no right to 'squash' his academic freedoms.

March also feels like his colleagues have failed to back him when it was most needed. While he praised Mercer's recent editorial in The Journal as being one of the most 'well-written pieces' on freedom of speech he's read in recent memory, he feels that his contemporaries haven't backed him.

Furthermore, the Faculty Union has backed the ideal, his Academic Freedom but they do not consider the posting of the cartoons to be an exercise in that ideal.

In their words: "Academic freedom carries with it the duty to use that freedom in a manner consistent with the scholarly obligation to base research and teaching in an honest search for knowledge."

Last year, then-president of the Saint Mary's University Faculty Union, Steven Smith, said March's actions did not invite discussion whatsoever. "You have a duty that you must deal with research and investigation," Smith said. "You According to March, Saint have to have an honest search Mary's is not only afraid of for knowledge, which is where Muslims, but afraid that any the classroom and peer review research is the way to do that. Simply putting the caricatures on the door does not necessarily invite discussion."

> Though March hasn't been formally charged with any violations and his actions aren't illegal, his cartoons still elicited such a powerful response that SMU felt it was necessary to censor him.

> Though Terry Murphy wasn't available for comment, the consensus among faculty and administration alike is that while his actions weren't legally wrong, they were morally questionable and inappropriate.

Senate Defence Report Recommends Canada Join BMD Program

By CHRIS HATTIE

On Friday the Senate defense committee released a report recommending major changes to Canada's defence policy. The report recommended that Canada raise its foreign aid commitment, join the Ballistic Missile Defence program, close certain military bases, and hand nadians are incredibly skeptical over protection of Arctic sover- of the BMD system, fearing it eignty to the Coast Guard.

participate in Ballistic Missile Defence, an issue that has been a hot topic of Canadian foreign policy in recent years. BMD is a collection of land-based missiles that are attached to a space based sensory system designed to identify incoming missiles from rogue states and intercept them before they reach North America.

The report argues that Canada should take up the opportunity to participate in this program, as it is an opportunity to provide homeland security without any cost to the Cananot participating in BMD may jeopardize Canada's role in tity. Canada has always placed

North American Defense, especially in regards to NORAD. The report also refutes claims that the system is not effective, stating that recent trials have had positive results. This weekend's nuclear tests by North Korea add increased significance to this argument

On the other hand, many Camay be the beginning of a new Arguably, the most contro- arms race. Russia has been very versial part of the report is the critical of the program, calling it recommendation that Canada a mistake and claiming to have developed missiles that could bypass the system. It is also argued that the use of space based sensors, and the general nature of the program, marks the beginning of the weaponization of space, which is illegal under the Outer Space Treaty and has severe moral consequences.

From a foreign policy standpoint, the BMD program risks further linking Canadian foreign policy to that of the United States. In an era where most Canadians are increasingly displeased with the actions of the US on the global stage, dian taxpayer. Many feel that many feel it is important that Canada develop its own iden-

importance on international organizations, such as the UN. It has gone against this trend. This goes beyond the issue of BMD, and in to other policy areas such as the abandonment of the Kyoto Protocol and our decreasing participation in peacekeeping missions.

EDITOR-IN-CHIEF THESMUJOURNAL@GMAIL.COM 902.496.8203 BUSINESS EDITOR
JACKIE HOWATT ARTS & ENTERTAINMENT EDITOR
ALLYSON MARSH DISTRIBUTION MANAGER
DANIEL CAREW ART DIRECTOR SAMER AWADH AD-MANAGER BRANDON WONG 902.496.8201 ll students are welcome to submit pieces of work for pub in The Journal. These submissions should be received no han 12:00pm Monday at The Journal offices or email addr

THOSE OF THE AUTHORS AND NOT NECESSARILY OF THE JOURNAL OR SAII MARY'S UNIVERSITY. LETTERS TO THE EDITOR ARE NOT EDITED, AND ARE PRINTED AS RECIEVE.

CORRECTIONS

1) Last week, the Journal mistakenly printed that SMUFU was demanding a 5% salary increase. This was incorrect. The Journal formally apologizes for this error. 2) Last week's interview with Dr. Ansell was accidentally published.

This week's article on Peter March was originally intended to be run on the front page. Know that this was purely an administrative publishing error and is in no way indicative of the calibre of Mr. O'Brien's writing, the news team, or the Journal in general.

- Olivier Jarda, Editor-in-Cheif

PERSPECTIVES

LETTERS TO THE EDITOR

To the editor:

Olivier Jarda tells us what he doesn't like about the Saint Mary's philosophy department (Editorial, October 4). Jarda doesn't like the politically incorrect cartoons on some office doors, he doesn't like the bulletin board featuring the contention that abortion is ethically wrong, he doesn't like that Peter March had posted the Jyllands-Posten cartoons on his door again, and he doesn't like that March wonders in public whether Islam is consistent with democracy and liberalism. But Jarda doesn't tell us why he doesn't like these things. Why shouldn't a bulletin board feature an argument about the ethics of abortion? Why shouldn't March post those cartoons? Why shouldn't people argue whether Islam threatens democracy?

I trust that in future editorials Jarda will answer these questions. We all have our tastes and opinions; what's interesting and important are whether they are good or right or sound or true. At least that's what counts as interesting and important here in the philosophy department. I especially hope that Jarda someday explains why he's happy that the administration removed the cartoons from March's door, especially in light of the university's finding that the display violated no law. Sadly, the official who removed the cartoons, Vice President Academic Terrence Murphy, does not himself care to explain why he removed them. Perhaps Jarda, then, might tell us why removing the cartoons neither violated March's academic freedom nor was an unjustified censoring of political expression.

All the best, Mark Mercer Department of Philosophy Saint Mary's University

To the editor:

I just wanted to write in to say good job on this past issue of the paper. It's looking good! I did have one little complaint however - I noticed that the "Blind Date Submission" form left out a question. Namely, what the submitter's gender preference for a date is. Not all women want men, and not all men want women. I just thought it would be nice if The Journal made an effort not to (perhaps unintentionally) exclude certain groups of students.

Thanks! Natalie M.

QUOTE OF THE WEEK

"Old Deans don't retire - they just lose their faculties!" Professor Guy Chauvin, retired

EDITORIAL

IMAGINUS POSTER SALE COMMODIFIES COOL

First-years define their individuality with a glossy poster, from 'Depp to Da Vinci'

By KRISTIAN BERTIN

I can read minds. I know what you're think-

"That Jumbo-sized Reservoir Dogs poster would look great in my bedroom! I saw that movie and it was badass and it would probably be pretty cool to have a poster of it, or maybe even that Pulp Fiction one with Travolta and Sam Jackson pointing their guns. People who saw that movie will think I'm cool and people who didn't won't know what's going on! Barely anyone would have this, too. This is so ME! This is so worth my forty bucks! Gee whiz!"

Is this you?

I really hope it isn't. I also hope you didn't buy the Animal House poster of Belushi slamming the JD. I hope you didn't get Scarface with his "little friend". I hope you didn't

Kiss". I hope you rejected the Lamborghini Diablo and the two babes in their underwear making out and the "Throw Rocks at Boys" bullshit. I hope you didn't fall for the ironic 50s "DRINK BEER" posters, and I hope to God that you didn't think for even a moment that Che would want you to buy his picture.

Especially if you're a first year student, last week was a trial for you. You stared conformity in the face and made an important decision. Does a glossy James Dean define you, or does what's on your bookshelf? Is Salvador Dali's melting clock really your sigil for the school year, or are you just posturing? Is Jessica Alba conducive to an academic ex-

Let's face it; you already look like you think a college student looks like, you already

Vaughn have convinced you to, you already make out and screw like the bulimic kids on the OC. Why not save some space to discover yourself? room, and make it your own instead. Make it a temple. Make its walls sacred. If this is your first time with a place of your own, MAKE IT YOUR OWN.

When you choose Winnie the Pooh, or classics such as "Big Pot Leaf", you're pigeonholing yourself. You're saying "This is me. The Campbell's soup can is me." But it's not you. It's half of the pretentious kids across the country. You're buying into a corporation's attempt at commodifying cool. You're letting there are five different fucking book

swoon when you saw "The drink like Will Ferrell and Vince Napoleon Dynamite posters available. Because kids really liked that movie, and Imaginus thinks it can make a quick buck off of the new kitsch.

If you did buy a poster, take Draw the line with your dorm a hard look at it. Is it you? Or is it just what you think you should be? Is it just 'corporate cool', hoping they got those kids figured out?

Don't be boring. Don't be Garden State. Don't be Monty Python. Don't be all the stupid shit they want you to be. Be something other than a Hollywood movie. Be different. Be you. Challenge your corporate oppressors. Define cool for yourself. Let them know that they don't know shit about shit. Because it's you that's going to Imaginus' selection dictate your have to put up with the beer self-expression. They don't commercial you're living in know what cool is. You do. You for the next few years. Think determine what these compa- for yourself. Don't let U2 do it nies make prints of. That's why for you. And go read a fucking

Short-sighted cuts result in lack of resources for Literacy

By JAY SHAW

One of the most significant cuts made by the Conservative government was over \$18 million to the Department Human Resources and Social Development when it slashed Literacy

Literacy is a broad-based issue that touches almost every aspect of people's lives. It is a key to personal development and economic opportunity, and a major factor in Canadians' ability to participate as full and active citizens in all areas of society. For these reasons, literacy is everyone's business.

Canada to move forward and be strong, the Government must invest in Canadians, ensuring that no member of society is left behind in this knowledge-based

In May 2005, the Adult Literacy and Life Skills Survey which was released found that 42% of adult Canadians lack past week by the Harper Govthe basic literacy skills needed to participate in the knowledge based economy and society.

These short sighted cuts to literacy funding came just two weeks after International Literacy day, a benefit that Harper Government claims to support.

The former Liberal Government had a Minister of State devoted completely to Literacy as they saw the importance and

value of Literacy to Canadians, something that the Harper Government does not.

To add insult to injury, this past week, John Baird, President of the Treasury Board of Canada attempted to defend the cuts in stating that the Conservative government was planning to focus on children's literacy, rather than helping adults who were, as he referred to them, "beyond help."

"We've got to fix the ground floor problem and not be trying to do repair work after the fact," said Baird in a press conference last week in Ottawa.

Marilla Stephenson, a col-The government has always umnist with the Halifax Chronihad a vested interest in our cle Herald, recently interviewed country's most important re- Wayne Baltzer of Kings County, source, our society. In order for who sits on the Literacy Nova Scotia board, and is about a month away from getting a high school equivalency diploma. "If we get the chance, we can improve ourselves. The government should be putting more into adult literacy, not less,"

The actions displayed this ernment demonstrate the mean spirited attitude that the Conservatives are portraying to Canadians. Prime Minister Harper should do what he promised he would do in the election campaign, "Stand up for Canada", not just the Canadians that supported him in the

Jay Shaw is President of the Saint Mary's University Young Liberals.

NEWS TO MUSE

Sunday Shopping in Nova Scotia

By ALICIA WALLACE

A firm decision has finally been made; there will be no bans on Sunday shopping and no further attempts from the provincial government to enforce restrictions related to retail store hours. The court has ruled that the (provincial) cabinet does not have the power to change the law in order to discriminate against specific entities. The government has yet to make regulations regarding statutory opposition is very upset that the results of the recent plebiscite - a direct vote of the population - have been ignored. Nova Scotians have voted, and the majority, though rather slim, decided against accepting the proposal for Sunday shopping.

The lifted ban on Sunday shopping has caused many Nova Scotia residents to raise their eyebrows, and ask questions. The repercussions of this decision seem endless. The first issue brought to light is the expected decrease in church attendance. Religious organizations, in general, are upset about this "sudden" change, and believe that this is rocking the boat. Proponents of this liberating change respond with the question, "Do people wish-

ing to attend church not retain the right and ability to choose?" Open Sunday shopping does not deter anyone from attending church who does not want to be deterred. There is shopping on Saturdays, yet Seven Day Adventists can find it in themselves to observe their

The next major issue is the belief that "families will be torn apart". For years, Sunday has been a day of fellowship and relaxation, filled with family holidays, particularly when dinners and visitations. Will they may fall on a Sunday. The this really be stopped by stores remaining open? Perhaps taking a stroll through the nearest Walmart will become a favourite family past time. All that this truly requires is a little more effort by employees and employers in scheduling, just as extending hours in the Christmas season does. This is also the answer to the concerns of employees who fear that they will suffer from exhaustion.

There are many other issues to be explored within this topic. Be sure to get a copy of the Journal next week to explore the other repercussions including the displacement of flea markets, implications for the Metro Transit system, and possible changes in the Casino's operating hours.

Villa billiani

BUSINESS

MISSBIZ **Job Interviews: How Competitive Do You Look?**

By JACKIE HOWATT

How important do you think visual appearances are? When making a first impression, either at a job interview, a general meeting, or even in your everyday interaction with people, image matters - a lot.

"Image consultants say that 55% of the impact we make is the way we dress, act and walk through the door, 38% is quality of voice, accent, use of grammar, and overall confidence, and a mere 7% is from what we actually say" says xpressrecruitment.com. For all of you who still believe that "it's what's inside that counts" - let's get real - this is not the case when it comes to making first impressions, especially with employers and colleagues. I especially feel that addressing this issue and explaining what recruiters are looking for (appearance-wise) will help my fellow 2007 graduate students when job-seeking in the exceedingly competitive markets of today - where appearance is a perceptive byproduct of confidence, worth, and ability.

First, it is important to understand that there is not one cookie-cutter way to dress for an interview - even in a corporate, multi-national firm. With an increased focus on intrapreneurship, incubator teams, and "brand-culting", large multi-national corporations house dozens of varying sub-firms that may all have their own values,

goals, and images to uphold. The point is, whether you are interviewing for a small firm or a sector within a large firm, you should do your homework on how the employees dress. This will increase your chances of getting hired because you will look like you "belong". You may be wearing an Armani or Chanel suit and look like the reincarnation of Jackie Onassis, but you are probably unintentionally giving off an air of intimidation and superiority. These are not attributes that anyone likes bestowed upon them, especially someone who is hiring you. It is best to know how the other employees dress, and then take it up a notch to look "professional" for the job in question.

An article in the Orlando Sentinel entitled, Do your clothes say 'hire me'? says, "Caroline Schuster, recruiting manager for Wachovia Corp.'s capital management group, says most interviewees dress well. 'My recommendation to people is go a little bit more conservative than might be your natural inclination". "Show them your cute, funky wardrobe later,' says Betsy Olinger, founder/coach of Marketing-U (marketing-u.com), a Charlotte, N.C.-based executive coaching firm. 'If it's something you think you look 'hot' in, it's wrong "". Employers first and foremost want to assess your ability to fit into their organizational culture, not your unique fashion

will allow the employer to see you, not your clothing. That is not to say that you should look dull and boring. Wear something that makes you look and feel competent and confident, while keeping appropriateness in mind.



When interviewing for a position, there are universal rules of dress that almost always apply. For men, wear a suit, but avoid a back suit. A modern charcoal, navy, or grey suit looks more approachable. Cotton suits are prone to wrinkling, so choose wool or gabardine. You can never go wrong with a white, light blue, or ecru dress shirt. The shirt sleeves should be about ½ inch longer than the suit sleeves, and a pointed collar is more professional than a tie then your shirt - a solid col-

best in all cases, but make sure they are polished. Socks should always match your shoe colour, (www.career.fsu.edu).

still viewed as more appropriate in interviews, but pant don't forget deodorant. Don't suits are acceptable. If you are wearing a skirt, knee-length is best, and pencil cut is most professional. Darker coloured suits are more appropriate and modern than lighter colours, and fabric should be wool, gabardine, or rayon. Select a blouse rather than a camisole, as a collard blouse can bring a punch of colour to your face (almost every woman looks great in some form of pink or coral) and a camisole tends to not show up under a jacket and leaves a gap of skin. Panty-hose should either match your leg colour (preferable) or match the colour of your skirt. Wear close-toed shoes - the heel not being higher than 1-2 inches. Although I believe that shoes should be close-toed, not strappy, and fairly simple for an interview, the colour can be optional, so long as it is appropriate. They say darker is best, but as long as it matches your outfit (grey, beige, cream, brown, blue) and is not fire-engine patent leather red, you'll be fine. And for make-up, remember what your grandmother use to say: less is best (www.career.fsu.edu).

In both cases for women and men, avoid wearing too much jewellery. In fact, no jewellery button-down. Choose a darker is better than a lot. It serves as a distraction and can even make our works best, but a minimal you look sloppy. If you are unpattern will suffice (at all costs - sure, then don't wear it. Also, avoid Looney Tunes characters) grooming is extremely impor-

sense. Keeping your wardrobe and always choose 100% silk tant. A fresh hair cut and simple respectable and conservative for a more polished look. For styling is best. For men, this footwear, black dress shoes are means clean shaven, neat sideburns (if any), and combed hair (sometimes a little gel can make all the difference). For women, or at least be a dark colour you can wear you hair down, or in a polished ponytail. Nails For women, skirt suits are should be neat, teeth should be brushed (fresh breath), and go crazy over the perfume or cologne either - your potential employer (or employees) could be allergic.

> Remember - these "rules" do not apply to everybody in every situation. The key thing is to know how others in the organization dress, and what they value. Also, these are best for those of you who are applying for a corporate or office job. A tattoo parlour would expect something much different then what I have outlined here.

> After you are hired, you can relax a little and even add some of your personality into your everyday outfits. However, in the cut-throat reality of corporate ladder-climbing, just because you landed a job does not mean the competition is over. You will constantly be competing for advanced positions, or simply trying to maintain your own, as there are hordes of new talent entering the market everyday. Maintaining a professional (business casual) appearance everyday should be second-nature because you never know who you might run into. Include transitional pieces into your wardrobe like: khakis, chinos, dress shirts, and casual blazers. Remember, companies hire you to ultimately represent themselves and their image. By dressing the part, you represent yourself as a serious player.

BUSINESS SOCIETY CORNER

ACE SMU: Advancing Canadian Entrepreneurship

By Laura MacIntosh

WHAT IS ACE?

ACE (Advancing Canadian Entrepreneurship) is a national not-for-profit organization whose goal is to teach students the important principles and values of entrepreneurship and market economies. By teaching these valuable lessons, ACE is "igniting young Canadians to create brighter futures for themselves and their communities" (www.acecanada.ca).

In 2000, ACE Canada joined with SIFE (Students in Free Enterprise), which has turned our society into part of a global not-for-profit organization, with over 1,800 student teams in more than 40 countries.

WHAT DOES ACE DO?

ACE runs a variety of

projects, educational to both its business world. munity. Some current and past events include: The ACE Campus Spotlight Journal Column, many educational workshops on budgeting, marketing, ethics, creating a business, and other topics. ACE also organizes the ACESMU Mentorship Program (which matched young business owners with established professionals), a Fair Trade coffee business, Business for a Night (where students were allowed to create businesses to earn some money), and now; the What's The Big Idea Competition, where students come up with a business idea and can win cash prizes of up to \$1,000. By having our members create and run these programs, we are teaching the hands on skills that are needed to succeed in the

their work in Regional and National competitions to judges who are tops in the business world. The winning team of the ACE Canada Competition goes on to compete against the worlds best in the SIFE World Cup, held in cities around the world.

WHY GET INVOLVED?

ACE offers something for everyone! There are plenty of scholarship and award opportunities, grant options, travel, and employment opportunities. ACE helps build essential skills, looks amazing on a resume and hey, it's fun too!

Now for all you students who are thinking, "nah, I'm not a business student", The President of the ACE Society

(me - Laura MacIntosh) is a members and the larger com- Each year, teams present psychology major! ACE has provided me with friends for life, contacts in high places, a nice scholarship, and an amazing two years at SMU. I've been able to travel, compete with the team in two business competitions, and I have also seen the development from a mediocre team - to one of the countries new up and comers! This year ACE SMU is aiming for the top... and a free trip to the SIFE World Cup next September. We are excited to see new members and new project ideas. Our next meeting will be held October 18th, everyone is welcome to attend.

> For more information or to get involved, email laura.macintosh@gmail. com or visit www.acecanada.ca

THE MARKETING SOCIETY is proud to present our first guest speaker of the year:

Rob Begg

VP of Marketing at SportsDirect, a global leader of online sports information

Rob leads the marketing, pr, and new product development for the Halifax-based company, which was recently named "Top Small Business to Work for in Canada." Before SportsDirect, Rob served as Director of Marketing for iMagicTV, a global interactive software company.

As an expert on interactive and online marketing, Rob has spoken at conferences and seminars on four continents. This Monday night (October 16th) at 7:30 in Loyola 177, don't miss your chance to hear Rob's experiences and insights.

ARTS & ENTERTAINMENT

TV GEEK

Lost



By RESSA PETERS

You haven't seen 'Lost' yet? You don't know what cultural phenomenon you're missing. Described as the next 'Twin Peaks' or 'The X Files'; 'Lost' has, in just two short years, spawned a dozen serialized paranormal thrillers. Were you into Invasion last year? Catching up with Heroes or The Nine curand you don't know it yet. So far, few of the imitatators have survived a full year and none yet have equaled the engrossing character driven drama intertwined with mysteries evolving at just the perfect pace.

It began with a plane from Sydney to Los Angeles carrying a diverse cast of characters crashing onto what looks like a tropical paradise, but was also home to a polar bear, an powerful and sentient being that looks like a cloud of smoke and a host of scruffy, sketchy characters. Juggling a cast of about fourteen

even lust after a few of them, and you'll probably hate a few too. Take your pick from a wide array including married Korean couple Jin (Daniel Dae ries showing past motivations, Kim) and Sun (Yunjim Kim), old crimes and sins, parallels Australian single mom Claire to island life and run-ins with (Emilie de Ravin), has-been survivors pre-flight. Some rocker with a heroin addiction of the flashbacks are funny, Charlie (Dominic Monahan), some are dramatic, many are rently? Then you are a Lost fan unlucky but jovial Hurley (Jorge tragic but most are engrossing, Garcia), former Iraqi soldier I must admit, I don't care for Sayid (Naveen Andrews), Nige- the former lives of a few select rian drug lord turned priest Eko survivors but the rest make up (Adewale Akinnuoye-Agbaje) and formerly paralyzed fatalist Locke (Terry O'Quinn). Season you to pay close attention, What happened to the tail end of the plane? What's in the man-made hatch in the ground? and make your own theories while leaving us with more and in return you'll feel like (Who and what are the Dharma you're in on something big. Initiative, the builders of the Catch up with seasons one and hatch? Can the island cure two on DVD and get into season people?). Likewise characters three airing Wednesdays at 10 were added; from the "tailie" on CTV and ABC. survivors, hatch man Desmond, main castaways not to mention unbalenced shipwreck survivor

those not on the plane; you're Rousseau and the ever-mysteribound to like, if not love or ous Others; while a few of the main survivors bit the dust, accidentaly and deliberately.

Flashbacks reveal new layers to the characters, with backstofor them.

It's a rare show that forces Two answered the questions: watch multiple times, read up on allusions from Dickens to enlightenment philosophers SMU TREND OF THE WEEK

Riding Boots



HOT OR NOT

Hello SMUdents, each week we strive to tell you what is new and exciting, what everyone is talking about. Also we will warn you about what is so over and done with, what no one is talking about. So check out this weeks list...

- The New iPod Nano
- **Text Messaging**
- Thanksgiving Break
- Philanthropy, like the SMUSA Clothing Drive
- Remembering Mr. Keith's 211th B-day Bash Thursday @ the G-Brook
- "Maneater"
- Z103.5
- The 2nd SMUmazing Race
- The Journal with Hot or Not included

- Crocs
- Motorola Razr (especially the pink one)
- Congressmen who txt msg pages
- Mid-term Season
- Not Giving Back
- ▼ Forgetting your mom's Birthday
- "Promiscuous Girl"
- C100
- ▼ The 134th edition of
- The Journal when they "forget" Hot or Not

Controller. Controller **Loses Front Woman**

an of Toronto's dance rock band, continue or call it quits. Controller.Controller has called

it quits. While no information played Halifax multiple times can be found on the bands of- in the past supporting their work with Controller. Controlficial website their manager, 2003 EP History and their 2005 ler during their first show in Linda Bush, confirmed this in release X Amounts. The band Halifax during Pop Explosion a press release on the New Ro- is known for their electro dance 2004 and saw up close how they mantic website this past Thurs- songs which have garnered are a band of pure talent and day. Fans are pouring on to the them distribution in numerous amazing personalities. I would bands Myspace page to ask if it parts of the world and lead like to personally wish them all is really true and wish Nirmala them on a whirlwind of tours the best and if the band is in fact the best. As of right now there through Canada, the USA and no more thank them for three is no decision made either way. Europe. Singer Nirmala has, years of great music.

Nirmala Basnayake, front wom- as to whether the band will also been in the spotlight for her unique fashion and was profiled Controller Controller have in Chart Magazine for this.

I had the opportunity to



Moneen Shows Halifax EDITOR'S REVIEW An Amazing Night

By ALLYSON MARSH

This past Saturday Smallman Records sweethearts Moneen played a wild show to a crowded house at the Marquee Club and brought some friends along to help rock out.

Brampton, Ontario band The Junction started off the show with a disappointing set. While they were solid musically, their songs felt like something you would hear from a high school band. The tunes were predictable, lyrics cheesy and the singer pulled out some vocal gymnastics that didn't quite work. There was little consistency in the music as the band played songs ranging from pop punk, screamo, to some mixture of country-like funk. Despite all this, the band, who was recently signed to Universal Canada was enjoyed by the crowd, especially when members of Moneen joined them onstage during a much more sense, however, if it was done during the last song, as the set reached its climax before due time.

was quite a surprise if you've coast tour. only ever heard the CD. He looked and talked nothing like The band couldn't resist playbreath. BNO hauled out fan best shows of the year.

favourites from Trainwreck, old songs and some new unreleased songs which were a solid evolution of their past sound.

When Moneen hit the stage you could soon tell that Halifax loved them, and they loved the city right back. The band raced on the stage with the energy of school children, literally jumping off the walls. Within the first few bars of the first song the audience was singing along loud enough for front man, Kenny Bridges, to just stand and watch. The band hauled out songs from all their past releases and the crowd continued to eat it up singing along, screaming, dancing and even crowd surfing.

Moneen was surprised at the reaction of the audience saying it was even more wild then the all ages show and Bridges claimed that he was having the time of his life and it was their "best show ever." The band continued to feed song. This would have made the frenzy until what they said would be their last song "Passing of America."During this members of every band and some friends all piled on stage Next up was Boys Night Out helping sing along, play instruwho are coming off a successful ments, and even play the backs year after the release of their of each other. The intensity second full length album Train- and excitement emanated from wreck. The band was full of everyone as they extended the energy and their singer worked song at least three times as long the crowd getting everyone as an appropriate way to put an ready for Moneen. The singer end to the last show of the east

It wasn't the end though. I would have expected. Bro and ing a bit longer then promised dude was said countless times, to a crowd chanting their name. second only to motherf**cker By the time everything was said which he used in almost every and done Halifax saw one of its



Beck Releases Information



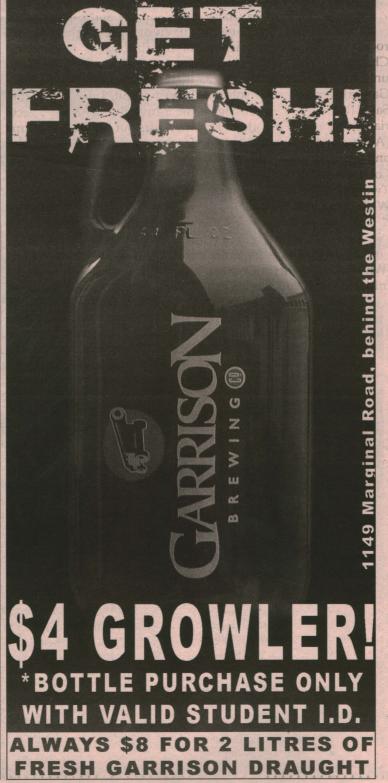
Before even talking about the music a huge kudos should go out to Beck for the creative packaging of his new CD. The cover is black graph like paper which you can decorate yourself with an array of reusable stickers provided inside the CD. An amazing choice is provided to you with everything from word art to a Beck head you can paste different smiles and hats DVD with four music videos that you can count on for some bandwagon.

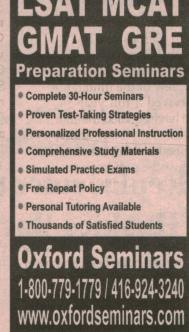
All together this has caused some unforeseen problems for the singer. UK charts have banned Beck's new CD The Information saying the extras provide an "unfair advantage" over regularly released CDs.

too much though. He may not there are fifteen songs worth lishave the chart numbers behind him across the pond but he on. Along with this, there is a does have a work of solid music

dancing beats. A far cry from Sea Change, Beck has decided to stick with a style more like Guero. This was a very, very good choice.

Tracks like Solider Iane and I Think I'm in Love stand out as techno pop delights worthy of Beck doesn't have to worry any indie dance night. All in all tening to. If you've never been a big Beck fan consider this CD your chance to hop on board the







SPORTS

Huskies Field Hockey 2006

A Player's Perspective



By SHANNON MATKOVICH

The field hockey team started off the season with a tie for first place after the first tournament hosted by SMU and DAL. We came out with two big wins against DAL and UNB on the first day of the tournament. We played hard and tied UPEI the next day and finished strong with a win against Acadia, placing us in first with UPEI.

went to UNB for another exciting tournament. Once again we started the weekend off strong with two big wins against DAL and Acadia. The next day we gave it our best but had a disappointing loss against UPEI. For the final game of the weekend we tried to work together and held strong as we tied UNB. This placed us in second in the tournament as well as in the

Two weekends later we overall ranking of the AUS.

Next weekend, October 14th-15th, we need to pull together and beat UPEI in order to make it OUAs in Toronto, ON. From there we need to be in the top two to make it to nationals in Vancouver, BC. Your support and encouragement is much appreciated, as we are about to play the most important game

PRESS RELEASE

Mount Allison Ends 34-game losing streak!

ANTIGONISH, N.S. - The Mount Allison Mounties football team (1-4) ended a 34-game overall losing streak on Saturday afternoon with a 24-18 win over the St. Francis Xavier X-Men (2-3) at Oland Stadium in Antigonish, N.S.

The Mounties had not tasted victory since defeating the Montreal Carabins in their first year of CIS competition, by 21-4 in inter-conference play on Sept. 14, 2002.

Mount Allison also put an end to a 27-game losing against Atlantic conference opponents. Their last win versus an AUFC rival was a 10-9 victory over StFX on Nov. 3, 2001 (last week of the regular season).

Statistically, the X-Men dominated the play amassing 546 yds in total offence compared to that of 264. The big plays however were the ones that Mount Allison prevented. They dominated the X-Men in the redzone, forcing the X-Men to throw a last effort attempt for a TD with under 20 seconds to go that was picked of by Jus-

tin Lundy to clench the hard fought victory.

Mount Allison kicker R. Henderson was clutch going 3/4 in field goal attempts ranging from 17-30 yds. G. Ross of the Mounties completed a 69 yard punt return for a TD that put his team up for the first time in the game in the third quarter. This proved along with Henderson's field goals to be the decider.

The St. Francis Xavier X-Men were dangerous in this one until they reached the opponents redzone. X- Men passers threw for 349 yards, while rushers ran for 215 yards. In the end, John Bloomfield's X-Men were prevented from scoring 3 of 6 attempts while in the Mounties 20 yard zone.

The 2-3 X-Men will travel to Acadia, while the 1-4 Mounties will play host to Saint Mary's University. The standing have been tightened up and the importance of the final games will prove to be very important for all 4 teams in the AUS.

ROBINSON SITS OUT FOR GIVING THE FINGER

Replacement Glavic Puts Huskies Back On Track

By DANNY CAREW

The Saint Mary's Huskies are back in the saddle after defeating the Acadia Axemen by a score of 24-21 at Raymond Field this past weekend. The Huskies have now won two games in a row, and are suddenly in a position to challenge for the league crown. The Huskies no longer have to worry about the 0-3 mark they started the season with, thanks in large part to Eric Glavic, who stepped it up and led SMU to victory over Acadia even in the absence starter Billy Robinson, who was serving a one game suspension.

Glavic was as deadly through the air as he was on the ground. He ended up connecting on 17 of his 29 passes for a total of 173 yards, while also managing 122 yards on 13 carries. SMU had built up a 10-0 lead in the first quarter and led 24-7 by the fourth. A couple of late Acadia TD's did make it close, but the Huskies were still on top by three after the final buzzer.

Justin Palardy connected on 4 field goals (27, 19, 37, 37) while RB Jacques Lumbala had 21 carries for 88 yards on the ground.

Robinson was suspended for 1 game because of "an obscene gesture during a team photo." The gesture made by Billy was none other than the mid-



dle-finger. Despite of the suspension, Coach Sumarah has already named Billy the starter for their upcoming game against Mount Allison this week. However, don't be too surprised to see Eric get some action in as well, as his performance has warranted continued

The game against the Mounties takes place this Friday night at Huskies Stadium (October 13th). Although games against the Mounties have been sure blowouts in the past, all four teams this year seem capable of pulling out victories when it counts.



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Market Research Interviewers

We are looking for people with inquiring minds! But more importantly, people who are interested in hearing people's opinions. We offer paid training, group benefits, a learning environment, flexible work hours and schedules - evening and weekends, and we're centrally located on a major bus route. For complete details on these opportunities and to apply at our online job fair, please visit www.corporatel.ca.



Ted Saskin: Gave Union Money to Goodenow? Fixed Election?

By Adam Costello

Another lawsuit has been filed against Ted Saskin, executive director of the National Hockey League Players Association (NHLPA). This has been an ongoing battle that has lasted 13 months and still seems to have no resolution in sight. The group of players that have initiated the lawsuit, the second of its nature since Saskin took over the post from the disgruntled Bob Goodenow, says Saskin was improperly elected, misrepresented salary figures during negotiations with NHL owners, and illegally diverted tens of millions of dollars in union funds for his own benefit.

The complaint specifically says that Saskin actually overseverance package for Goodenow, money that belonged to

under scrutiny.

Saskin told The Canadian Press in an interview that "These claims, including the offensive allegations of illegal conduct, are completely without merit." The lawsuit was filed in U.S. federal court by Detroit Red Wings defenceman Chris Chelios, Edmonton Oilers goaltender Dwayne Roloson and former player Trent Klatt.

Despite Saskin's repeated efforts of denial, there are members of the Players Association that are baffled at the "secret ballot" vote, which was somehow reported by the media as an 85 percent majority win for Saskin. The balloting procedure saw the illegal dismissal of his had thirty NHL teams and the a convicted felon for his activipredecessor, Goodenow, in the seven executive committee summer of 2005. It also directly members sign the ballot and accuses him of authorizing an return the sealed ballots to diillegal \$8-million dollar U.S rectly to Saskin at his NHLPA office. Right.

The announcement of his

to campaign for his election year NHL veteran Steve Larmer Saskin of repeatedly violating clearly have no mandate or as executive director. Even the resigning from the NHLPA, the union's constitution while election itself has now fallen stating: "I am resigning because Linden and other union memthis organization has taken a giant step backwards, back to benefiting from the activity. The the days of Alan Eagleson." Eagleson happens to be the founder of the NHLPA and is



ties as executive director at the NHLPA.

The lawsuit also names former union president Trevor both of which he claims have to power. The lawsuit is directly Linden as being in the wrong, stating he turned his head when the association. It also states that victory came on the heels of the alleged activity by Saskin

bers may have been directly suit, filed in US Federal Court in the Northern District of Illinois, comes nearly three months after an NHLPA members meeting in players association bickering for good.

At that meeting, Linden mysteriously stepped down as president and the union elected an interim executive committee Saskin has said the Whistler closed the book on the matter and questioned why the dissito his election and operations, constrains of the law.

"It serves no useful purpose he used players' union funds seven-year employee and 15- transpired. The lawsuit accuses for this very small group who other damages.

support from the general membership to continue to bring up matters that have already been addressed in order to satisfy the personal agendas of a few players, agents and lawyers," said Saskin in a press release.

"The overwhelming major-Whistler, BC, was seen as clos- ity of NHLPA members have ing the chapter on the internal come together to move forward as an association and this nonsense will not distract us from the work we are doing staying focused on continuing to grow our sport."

Despite Saskin's repeated while at the same time form- brushing off of these allegaing a committee to revise the tions in saying there is only a union's constitution. A new small group of dissident players president has yet to be named. involved. It is rumoured that Chelios' group represents more meeting was supposed to have than 100 members in the 700 member union - members who all want answers surrounding dents continue their opposition the circumstances of Goodenow's exit - and Saskin's rise entirely taken place within the calling for Saskin's dismissal and repayment of Goodenow's severance package, as well as

My Ignorance Regarding Racing

I was in Texas this past summer and one night ended up getting in a drunken argument with this guy named Warren. He was actually trying to tell me that race car drivers trained just as extensively for their sport as any other professional athlete. I gawked at him and replied that all they do is sit in a car, I mean how much conditioning could you possibly need for that? I then tried to do my best impression only to be told I was I then let my American sterethat regardless of how "watery" wanted to partake in a drink off with him, he'd destroy me.

Being from Cape Breton I arrogantly accepted his challenge and told him the next night I would drink 24 Coors Light and be less intoxicated then he would be off only 12 Labatt Blue (that being the only Canadian beer you could get down there). The deal was that if I lost, I'd write an article in the paper I worked for back home that attempted to sway any Canadian that may have stereotyped racing in much the same way I did.

Unfortunately, the guy was probably twice my weight and 22 of mine before vomiting tion level far beyond what is sweat up to 3kg of their body ly that surprising given that the

in his garbage can. Before the point at which I blacked out, I remembered him elaborating on the comments he made about racing drivers the previous night, however, I couldn't quite remember the specifics of what he had told me...especially considering I woke up wearing a Houston Astros t-shirt face down in a sand dune and right next to a sign that read "beware of snakes" (I swear there's a point to this story)

A few weeks ago I was think-American NASCAR moron ing about the incident and figured it would make a good ignorant in his best idiot Cana- story whether what he had dian hockey player impression. claimed was true or not. I did some research and was amazed otypes fly, only to be told that he at what I found. Apparently in no way supported President F1 drivers are in fact some of Bush or the war on Iraq and the best conditioned athletes in sports. They have to be, American beer was, anytime I their lives literally depend on it. Perhaps the greatest race car driver of all-time, Micheal Schumacher, regularly trains with professional cyclists, is a phenomenal soccer player and follows a training schedule that would put most stick and ball sport athletes to shame.

An F1 drivers heart rate stays up near 200 beats per minute for almost the entire time they are racing, usually lasting hours in duration. If their bodies aren't conditioned enough to handle the tremendous G forces that are produced by travelling at such a velocity, their entire chest cavity could literally collapse in on itself. They must managed to polish off the entire have lightning quick reflexes 12 pack while I only got through and must sustain a concentra-



required in any other sport to weight during the course of a excel, and they must sustain it race. Strong neck muscles are not only to hopefully win, but especially important, as they simply to survive.

mula One cars are capable under the intense loadings. of creating, anything up to a Powerful arm muscles are also sustained 3.5 G's of corner- required to enable the car to be ing force, for example, means drivers have to be enormously strong to be able to last for full race distances. The extreme heat found in a Formula One cockpit, especially at the hot-fully regulating the amount of ter rounds of the championship, also puts vast strain on they absorb. the body. F1drivers can even

must support the weight of both The vast loadings that For- the driver's head and his helmet controlled during longer races. In terms of nutrition, most Formula One drivers control their diets in much the same way as track and field athletes, carecarbohydrate and protein that

I suppose none of this is real-

physical endurance required to drive a Formula One race car is not dissimilar to that required to run a marathon. The problem is people tend to form judgements on things before they take the time to fully understand them, much like I did in this instance. I figured racing ability was just something you were born with, you have it or you don't. Boy how wrong I was. Oh and Warren, I know you'll probably never read this...but I threw away the Astros T. I mean all Baseball players do is stand in a field anyway!?

FEATURES Baskin: Cave Union Money to Cobden 2 STATURES

RAK Clothing Drive a Success



By ADAM LORDON

The SMUSA Community Clothing Drive was a huge success again this year. Once again the response from our neighbours was overwhelming and we filled van load after van load with used clothing and other items to donate to Hand In Hand Outreach, a charity located in Spryfield. A large number of Random Act of Kindness (RAK) volunteers came out on Tuesday October 3 to help gather up the bags from around the community. Additionally donations continued to pour in for the remainder of the week from not only community members, but facility, staff, and students. This year we well surpassed the number of donations made last year. Thank you to all those who donated clothing, or volunteered of the 2nd Annual SMUSA Community Clothing Drive. For more information on RAK contact the SMUSA Volunteer Coordinator at 496-8731.

WIN A SPOT FOR YOUR TEAM THIS THURSDAY AT BEACH NIGHT

SMUmazing Race Sign-Ups Underway

begun for the whirlwind adventure known simply as 'The SMUmazing Race'. Team of 4, with a minimum of 2 SMU students, can sign up now at sponsoring the event and the the SMUSA Information Desk teams will be fighting for not in the Lobby of the Student only the title of race champion, Center. Space is limited and is but a \$1000 travel voucher to on a first come first serve basis. There is a registration fee of \$20 bers. Additionally each pit-stop per team and once your team along the race will showcase one is signed up you will receive your first cue with details on the Destinations. To get a glimpse location of the beginning of the of these Spring Break Destinarace, as well as what you will need to bring with you on that faithful morning of Saturday Race, be sure to check out the October 21.

step up to the ultimate chal- 12 at the Gorsebrook Lounge. lenge of street smarts, local Other confirmed sponsors for knowledge, and endurance. the race include Coca-Cola and 25 teams will start but as the Z103.5. day wears on and mistakes get made, we will shrink down to place in the SMU mazing Race, it only 5 teams who will be left will be an event you will never standing for the last leg. New forget. Good Luck! twists like the Yield will throw

Sign-ups have once again teams for a loop, as will a larger amount of riddle like clues. In this year's edition of the race, things aren't as they seem!

Travel Cuts is once again split between the team memof Travel Cuts hot Spring Break tions and for the chance to win your place into the SMU mazing Sauza Endless Summer Beach All students are invited to Party this Thursday October

Be sure to save your team a

Final Fantasy to Play Halifax

Rock the Roll Concerts and the Coast are pleased to present acclaimed violinist/singersongwriter Final Fantasy at the St. Matthews United Church on November 18th. Final Fantasy is the solo project of Toronto's Owen Pallett (the Arcade Fire, Hidden Cameras). His newest record, entitled "He Poos Clouds," was recently awarded the inaugural Polaris Prize as the best Canadian album of 2006. Tickets go on sale October 12 at CD Plus on Barrington Street and online through www. ticketpro.ca or by phone at 1-866-908-9090. Doors open at 8pm and the cost is \$12 + applicable service fees. The show is open to all-ages and is a dry

Fans that have previously seen Final Fantasy live were amazed at the sheer talent



dominate his songs and bring a relaxed feeling to any concertgoer, giving you the experience of a violin symphony. Although he is alone on stage one wouldn't know it by the immensity of his sound. Singthe stage. The beautiful violin, he plays into a sampler you do not want to miss.

chords that he is known for controlled by foot pedals, which simultaneously loops back the previously played music as he continues to play, all in an effort to present the audience with exactly what they hear on the CD. The show has been described as "the best and most unique live this one man band brings to ing his heart out while on the show experience". This is an act

Q. I'm a woman who suffers from asthma. During sex I often feel inhalers aren't exactly sexy?

By SS RANDY BLUE

in their twenties suffer from asthma, and that number is growing steadily each year by almost 60,000 people. When something as simple as walking fast or some light jogging can trigger an attack, it is understandable that some heavy passionate sex can do the same. If you need to take an inhaler break, by all means, do so. There are, however, a few things that you and your partner can do to lessen the possibility

First of all, if you think you are going to have an attack during sex take your inhaler just before you start foreplay. The effect of the inhaler should be able to last long enough for you to get your groove on. Also, you can try changing positions. The missionary position, albeit reliable, exerts a lot of pressure on the chest and can trigger an attack.

Try having sex in doggy style position to take some of the pressure off (hell, try it just for the fun anyways!). Even after trying these tips you still need to take an inhaler break, try to include it into your performance, maybe play with sex. Lastly, if your partner can't accept that you need to take

OJ ON THE STREET

Q&A WITH OLIVIER& JOEL

Q: How do you feel about the construction in South End Halifax?



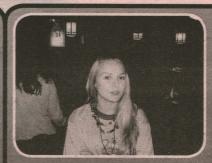
DARRELL DEAN 4TH YEAR CHEMISTRY

It hasn't really affected me too much because I live up towards DAL. The corner of Barrington and Inglis is getting to be annoying.



ALI HEARD 4TH YEAR ARTS

I think that in some places it really does need it, but there are other places like Oxford Street where they've just patched up strips of it, putting it off until they eventually have to repave the road, but in the process that just makes the road just as bad as if it had potholes. You're practically going over mini speed bumps the whole time you're driving down it.



TONYA
DARLINGTON
4TH YEAR
COMMERCE

I don't mind it actually. I don't really notice it. I'm more pissed of about how there's never any parking and I get parking tickets even though I pay \$210 and I still get ticketed. I've been parking in Rice but it sucks because when it's dark and I get off work at 2'o'clock in the morning it's so far away.



MARK
LAYMAN
3RD YEAR
COMMERCE

We had it last year, I don't know why we have to have it again. A lot of students live down there like in Peninsula Place paying \$800 a month and then have to go up to Tobin or Green Street and take this long way. A lot of students live down there.



MIKE BRUNT 3RD YEAR COMPUTER SCIENCE

You might as well have proper continuous maintenance. I'd rather not be able to turn right on Tower Road than have Tower Road fall apart



SHAWN LEBLANC 4TH YEAR ARTS

It's definitely inconvenience considering I live right next to it, and it wakes me up just about every morning, but I can see how its necessary considering it's a part of cleaning up the harbour. Things have to get done so I guess we just have to put up with it in the meantime.

donate to 11

SOCIETY

TRUDEAU TO SPEAK AT SMU

By JEN SCHWARTZ

On Sunday, October 15th, Justin Trudeau is coming to Saint Mary's to lead an interactive forum on the environment, and what students can do to get and stay involved in protecting it.

Trudeau is the son of the late Pierre Elliot Trudeau. Aside from being a "celebrity" by virtue of his genealogy, Justin has also done a fair amount of awareness work. He has been an advocate of winter safety and intelligent risk taking through the Canadian Avalanche Foundation, and a reader on CBC radio. Also, he has been a huge supporter of and spokesperson for the youth program Katimavik in Canada, which started, under his father Pierre when he was prime minister.

Although googling Justin Trudeau's name, 90% of the links are concerning the wedding, if you dig a little deeper you find Justin Trudeau described as an excellent speaker, and an education, environment, and youth advocate.

Trudeau will be speaking at 9:00AM in the McNally Auditorium. Admission is free for Saint Mary's students.



Hosted by the SMU English Society

Open Mic Night

Monday, October 16th @ 7pm in the Gorsebrook

Poetry, skits, spoken word, rap, or whatever your

heart desires! Just keep it clean.

\$1 for paid members, \$2 for non-members

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"Meet us @ Tim Horton's behind the Mumford Bus Terminal (across from the Halifax Shopping Centre) @ 12:20pm. We will travel to Bayer's Lake together via carpool and/or the #52 bus. (For bus schedules/routes visit: www.halifax.ca/metrotransit)." WHERE? Susie's Lake Trail (Bayer's Lake Area)



*Bring sneakers/hiking boots *Rainwear/sweater/jacket *Water & a snack *Bus Fare/bus pass



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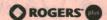


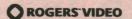
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