

HAPPY HALLOWEEN!

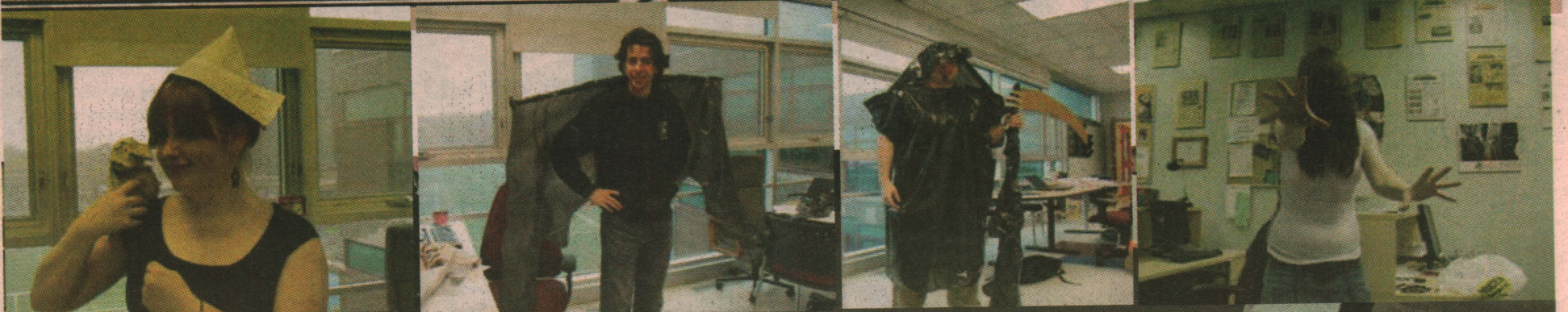
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# THE JOURNAL

Vol. 76 · No. 9 · October 29, 2008

The Student Newspaper of Saint Mary's University · Halifax · NS



## HALLOWEEN ON A SHOESTRING BUDGET

[Farmer Getting Close With His Crops]

[Adam & Eve]

[Dick in a Pumpkin]



[Smusa Scandal]

[Naked Guy and his Pumpkin]

### The Journal Staff

Ok so we figured with Halloween fast approaching and last minute parties popping up everywhere; you all needed a few last minute costume ideas. We're getting sick of seeing the same thrown together "look at me I'm a vampire" bull that drifts into the Gorsebrook at 10:30 Halloween night; so if you're gonna do it last minute, do it right!

We've put together costumes we've made out of easy to get materials (most of which

were kicking around our office), and we present them to you here!

For all those girls with long dark hair; throw on some makeup and creep the shit out of drunken people! Go out as the chick from The Grudge! All it takes is black makeup around the eyes, hair over your face and white garb... randomly grabbing people and making that creepy ass sound from your throat doesn't hurt either.

How about the Pizza Box Princess? Go out to the dorm sporting that look and it'll

be like any other night down there...

The Garbage Grim Reaper. Ok sure, not that much better than last minute I have a cape I'm a vampire, but it's more creative and you're guaranteed to get more laughs. On the garbage bag topic... Garbage it up for a bat, just tear open a garbage bag, cut out wings and there ya go!

Speaking of a shoestring budget, grab your shoestrings, tie them around your neck and call yourself a suicide victim. Make it even better if you can zombify

yourself with face paints.

Grab two straws, stick them in your mouth, call yourself a walrus! Or cover yourself in toilet paper and be a mummy (hope it doesn't rain).

Set your sights on an old issue of The Journal, make a paper hat and call yourself a Pirate; if you want to get really creative origami yourself a parrot!

Then there are the boys and girls with all their "hang it out there" glory. Be Adam and Eve by sporting leaves, or dressed for the occasion sporting

a pumpkin (or two). You can be JT goes Halloween sporting "dick in a pumpkin" or the classic "dick in a box". Or... if you're just that bold... be naked guy with a pumpkin! (Clearly we had many bold boys drop by the office this week).

These are just a few ideas that are cheap, last minute and, well, so stupid they're not stupid!

[thesmujournal@gmail.com](mailto:thesmujournal@gmail.com)



# SMUSA NEWS

## HAPPY HALLOWEEN

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# PERSPECTIVES

FIND OUT WHAT SMUDENTS ARE SAYING THIS WEEK

## LETTER FROM THE EDITOR

Guest editorial from Robbie Nauffts

It turns out we can be addicted to something else if you follow main stream media. All week I have been hearing "Video games are addictive" or "What to do if you're kid is addicted to video games." Etc.

Where the hell has everyone been lately? Of course kids are addicted to TV and video games. I worked at a daycare for six years and do you know what 70% of those parents did when they took their kid home after a 7am-6pm day at daycare? They sat them in front of the TV or a video game while they make supper. Then they send them to bed. What do they do on those long weekends where they actually have to put up with their own kids? "Here's the new Pokémon game little Jimmy."

Well, if you've been feeding little Jimmy video games for the past 10 years, instead of taking them out to do other activities, of course they are going to be addicted to that lifestyle. As kids get older and into the dangerous teens, those video games are what they are familiar with and the games get more seducing. Take "World of War Craft" for example. Also known as "War Crack." That game is usually referred to as the most addicting game ever made. Why is it addicting though?

This game is known as "Fantasy" or a "Second Life" simulator where, if your real life sucks, you can escape into the game with millions of people's characters and go on adventures. Even if your life doesn't suck, you can get pulled into this world. Hell, I won't lie, I tried the game for the 14 day trial and I was spending a lot of time on it. It was scary. It was an addiction in every definition. I know several people who played this game almost non-stop and most of us have all heard the story of the guy who missed his kid's birth because he was home playing World of War Craft.

However, the term addiction simply defined means "excessive physical dependence." If someone you know is only playing NHL 2009 for an hour or so a night, that's not really an addiction. If they are playing all weekend and missing out on school work, well, then they may be addicted.

Here's the problem facing parents though, or friends of the addicts. They are addicts. You cannot just cut the thing they are addicted to right out of their lives, or they go missing and are assumed to have been kidnapped by other video gamers.

That's what parents of Brandon Crisp are hoping after he went missing when they cut him off from his Xbox cold turkey. It shows how

disillusioned his parents were and other parents are when it comes to raising their kids. Face it parents, your kid doesn't want to come home because you pissed him off. He's probably at another kid's house playing Xbox and not kidnapped. Not once did you admit to doing the wrong thing by letting him play video games and practically ignoring him.

If you let your kid become addicted to something, you can't blame others for the results. You can only blame yourself.

Before you write in your hate mail saying "Robbie, you're wrong, I can't keep my kid from playing video games, they're advertised on the TV all the time" realize that there is more out in the world for your kid to do. Things that they will find interesting and exciting. Sports, dancing and groups such as Cubs who learn really neat stuff. Get your kids involved with those activities.

Before you write hate mail saying "You don't have kids, you don't know what they're like so don't tell me how to raise mine" read the article again where I stated that I worked with kids aged 3-12 for six years and planned fun activities that never once involved video games. You are most likely the parents whose kids are playing games and watching TV right now.

## SCARE YOUR FRIENDS, NOT YOUR PETS!

PAWS - Partnership for Animal Welfare Society

Did you know that violence towards animals is extremely high the night of and surrounding Halloween? The Partnership for Animal Welfare Society of Saint Mary's has put together some helpful tips to protect your furry friend from Halloween hazards and becoming a victim to random acts of cruelty.

- **Keep Them Inside:** Although you may have an outdoor cat, it's important to remember that Halloween is not a regular night out. Animals in the past on Halloween have been injured accidentally, teased, stolen and even killed.

- All but the most social dogs and cats should be kept in a separate room during peak trick-or-treat visiting hours. Strangers in unusual garb can be scary and stressful for pets.

- Candy can be harmful and poisonous, especially chocolate, so keep it hidden and out of reach.

- Don't dress up your dog or cat unless you know he or she loves it. If you decide to do so, make sure the costume isn't annoying or unsafe, and doesn't restrict her movement, vision, hearing or ability to breathe or bark. Avoid costumes with small or dangling accessories

that she could chew off and possibly choke on. Make sure an adult supervises pets in costume at all times.

- Decorations can be dangerous. Re-think putting candles in Jack-O-Lanterns. Pets, especially curious kittens can easily knock them over and start a fire or burn themselves.

- Use make up that hasn't been tested on animals in cruel lab situations. Make this a Happy Halloween for all animals.

The Partnership for Animal Welfare Society of Saint Mary's would also like to take this opportunity to invite students to take advantage of our services being offered on campus for you and your pet. Whether you are interested in volunteering, have a pet in need of veterinary attention or want to learn more about issues concerning animal welfare we encourage you to come visit us at our office (room 514, SUB) or contact us with any inquiries you have by email at [smupaws@yahoo.ca](mailto:smupaws@yahoo.ca).

In partnership with Planned Pethood, you can now apply for financial assistance through PAWS for spay and neutering operations for your dog or cat as well as pick up free pet food at our office!

## THE JOURNAL IS LOOKING FOR WRITERS!!

IF YOU HAVE THE DESIRE TO REPORT ON GROUNDBREAKING SMU AND COMMUNITY NEWS, THEN COME TO THE 5TH FLOOR OF THE STUDENT CENTRE, OR EMAIL SUBMISSIONS TO [THESMUJOURNAL@GMAIL.COM](mailto:thesmujournal@gmail.com)

## GOT TUITION?

THE DEMISE OF HUMANITY NOT THE "ECONOMY" HAS LEFT STUDENTS BROKE

Alexandre Gervais

Financial Crisis, Economic Downfall, Catastrophic Credit Failure. Anyway you term it, the words are causing quite the stir within family homes, cities and countries worldwide. To sum it up, the world is caught ablaze and it doesn't seem like we have enough firefighters to put it out. Markets are crashing, businesses are closing doors, people are being laid off, and stocks are being sold. Is it just me or does it all seem kind of silly that after all this turmoil, the leaders of our nation have no idea why it has all happened? I mean who could honestly have told themselves 30-40 years ago that cutting down trees, burning fossil fuels, digging up precious metals, and polluting drinking water with industrial productivity would not eventually lead to total catastrophe? The even more silly part is, that after all this disintegration of the economic machine, leaders have the audacity to push for policies that lead us towards more dependence on non-renewable energy sources. So what's the problem here? How come and/or why can't logical objective reasoning get us out of this? Well for one, the systems we have in

place don't reward sustainability, nor do they manifest it. We rely on one major determinant in making decisions around the world; the dollar. A quantifiable value placed upon the physical world. The major problem with this system is that it rewards us individually with a numerical representation of rights to the physical world. Simultaneously, it connects us, much like religion, to a higher symbolic representation, known as the industrialized world or the economic machine. So while we are convinced that we are satisfying our self-concepts by engaging in this system, we are in actuality serving the system rather than ourselves. This comes to fruition in many ways; for one the economic system and the dollar, while based on numerical representation, perpetuates one direction. That direction is grounded in having more of, rather than less of, and just forget about having negative of. No one aspires to have a deficit of money or even little of it. The only direction of this vector desired is positive. So while we are motivated to have a positive amount of money, we ultimately are eliciting a response to the world that mitigates physical exhaustion of the earth and its resources. The dollar shares other inexorable relationships that

are harmful as well; ever hear the phrase, "time=money"? So while money is perverting the physical world with its direction towards consumption, it is also quantifying our lives and the behaviours we can engage in while living. It has put a price on your time living. Imagine someone telling you this, "You're interested in visiting Africa to help some underprivileged children? Well sorry, you'll have to earn some "time credits" before you can make that trip, because morality and good will have no value, they are valueless". By the time you do have enough "time credits" to make that trip, you've been saturated with experience in an individualistic, money striving world, bent on sustaining the "economic" machine, not your own existence. So what can you take away from this if anything? Well for one, I would hope you leave this article understanding one principle; the means to a goal, can often times be the demise of that goal. And one thing to remember, above all else is: Many roads lead to Rome, and while some may appear shorter than others, short can be redefined by more than just direction and time. It's time that morality and empathy have some valued influence on which road we choose to travel.

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# FEATURES

## THE CRANKY PROFESSOR

The Journal, the student newspaper at Saint Mary's University

MARK MERCER  
DEPARTMENT OF PHILOSOPHY  
SAINT MARY'S UNIVERSITY  
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What to do about conscientious objectors? I mean people who for reasons of ethics or in light of their social ideals refuse to act as their job or position requires them to act. Some examples: pharmacists who refuse to sell abortifacients, justices of the peace who refuse to officiate at weddings of gays or lesbians or mixed-race couples, physicians or nurses who refuse to assist people who seek abortion, bartenders who refuse to serve alcohol to pregnant women. In British Columbia recently, a few letter carriers refused to deliver a diatribe against homosexuality.

It's hard not to sympathize with the sentiment that they ought to be fired. If you can't do your job, find a job you can do. But not only is this sentiment ungenerous. It is also illiberal. Difficult though it might be, we ought to try to tolerate even the most obnoxious conscientious objector.

It's hard not to sympathize with the sentiment that they ought to be fired, for they are standing in the way of our living our lives in the ways we want to live, in ways in which we legally may live. Those who object to our ways are free to express their disapproval and to organize politically to stop us (or, at least, they should be free to do these things—in Canada today, sadly, both speech and protest are subject to unnecessary restrictions). But, as it stands, our legal rights to abortion, to marry within our sex, to have our mail carried, and the rest,

were conferred upon us by legislatures composed of our democratically elected representatives. Those who lost the political battle have no more right now to withhold their services than they do to withhold their taxes.

Now a point to note in the above defence of the do-your-job-or-get-fired sentiment is that it rests on the contention that we are entitled to the services in question in virtue of law or policy that has come about through democratic processes. This is important, for only in a democratic regime can a law be imposed fairly on a person who objects to that law.

This point has two consequences. The first is that only a democratic regime can legitimately force a conscientious objector to comply. The second is that as our country becomes more and more governed by judges, commissions, boards, and the like, the less the do-your-job-or-get-fired sentiment will properly resonate with us. In an authoritarian regime, the conscientious objector is on the side of liberation, no matter how repellent his cause.

We are ungenerous when we demand that someone shoulders a larger burden so that we escape a smaller one. It is ungenerous to advocate firing the conscientious objector, for being fired creates large burdens while we can easily enough secure the service we seek from someone else. If one drugstore doesn't have what we need, another will. If one justice of the peace won't officiate, another will. In BC, a few part-time letter carriers were glad to get a couple extra hours. This is far from a commanding argument, though. We're better people for being generous, of course, but gene-

rosity is not the sort of thing we ought to require of anyone. If we ought to tolerate the conscientious objector, we need something stronger than that we'd be ungenerous not to tolerate her.

Only a democratic regime has the moral standing to compel adherence, and yet committed democrats will be disinclined to compel adherence. This is because of the value committed democrats must place on tolerance. We are to tolerate the wrongheaded choices of others, at least up to the point at which they unduly burden us, out of our desire that people enjoy a large degree of freedom in their lives. As liberal democrats, we abhor using pressure or force to modify people's behaviour, even behaviour of which we disapprove.

Now this does not mean that conscientious objection should carry no risks at all. If the only pharmacist within five blocks won't stock abortifacients, then we can ask that she relocate her business so that we can have a pharmacist who will. Those letter carriers who refused to deliver the mail will, I hope, not advance far in their careers at Canada Post, now that they've made clear their disdain for the point of our postal service. Different-sex couples can quite properly seek to be married by a justice of the peace who would happily officiate were they same sexed.

Nor does it mean that we should refrain from trying, though by argument and example alone, to reform those who would, illiberally, stand between us and our choices.

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THE



SPOT

### MAKING LOVE TO THE CAMERA

My boyfriend wants to film us in the act. I'm quite nervous about the whole idea. Do you think I should go through with it?

There are quite a few reasons for you to be hesitant about filming your romps in the sack. Many of these reasons being illustrated by the frequent celebrity sex tape scandals. So let's take a few pointers from those famous amateur films.

**Angle:** To start off. Choose a stationary, simple angle that isn't too revealing. This will get you used to being on camera without jumping in both feet first.

**Lighting:** Skip the Hilton-esque dark lighting. Go with something soft but not dark. It will be flattering and even romantic. You won't be as self-conscious.

**Script:** Only do what you're comfortable with. Maybe start off doing some of the basics. See how you feel about those and then figure out if you want to go on from there. Try just being natural and forget that the camera is even there...well, unless you start liking the idea of being on film. If you get into it then just let yourself go.

**Discretion:** This is the big one. You have to make sure you both trust each other to not leak your little foray into movie stardom to the general public. You don't want the shots of your ass to come back and bite you in the ass.

Overall, you have to do what you are comfortable with. Do not feel the need to do this just because he wants you to. This decision has to be made by you. If you decide to go through with it, then you should make sure you get the final cut. You can decide to edit the film or erase it altogether. Who knows? You could end up loving your 15 minutes of fame and channel your inner Jenna.

## THE VAGINAS ARE COMING!!

Planning is underway for SMU's 2009 V-Day festivities featuring...  
The Vagina Monologues!!

Are you interested in performing or volunteering?

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**If you have any questions please e-mail:**

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Hot

Not

Halloween Costumes  
Iced Capps  
Madonna concert live  
Nocturne  
Smashing Pumpkins  
St Louis de HA! HA!  
Haunted Corn Mazes  
Heart-Shaped Sunglasses  
Gorsebrook Halloween Party  
Reading the Journal

Dick-in-the-box  
Spilling them in the backseat  
14 hour drive to Montreal  
Insomnia  
Smashing Pumpkins  
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3 Hour Lines  
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Korey MacInnis

You seem really interesting...hold that thought, I just got a text message. Does that ever happen to you? Every day, there are billions of text transactions being made across the planet...mostly made in vain. You see many people don't understand the principles of communication. I have been witness to many people having relationships while hiding behind a computer screen, but now I have to see it happen every day. When will they wake up? I'll put it this way, the level of self-confidence a girl has is directly proportional to how often they check their flip phone in the run of an hour. Your failure to interact with people in your immediate environment speaks volumes about your ability to sustain a meaningful relationship with someone-anyone. And if that's cool with you then its cool with me, but I gauge almost everything about a girl on it. Sooner or later its going to catch up to you, and you sure as hell won't have me to text when it does. Shit, I don't even have a cell phone...I still use the wave and it gets me by somehow. Such an over-dependency on technology can really bring out this obsessive desire for a false reality. It creates the illusion that you totally know someone because they're on your facebook or because they're on you fav 5 plan every month. In my mind, if its not face to face, it ain't real. If this fits your profile I have this to say: you are totally shutting out reality and it's a god damned shame, you could have had some personality and that makes everyone lose. So next time you start a REAL ass conversation with someone, make sure you fucking finish it. In person.

Murder the Skiff

**ON THE STREET**

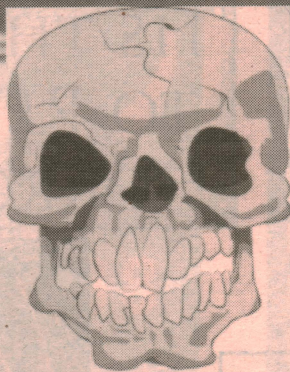
With The Journal Staff

What would you like your significant other to be for Halloween?



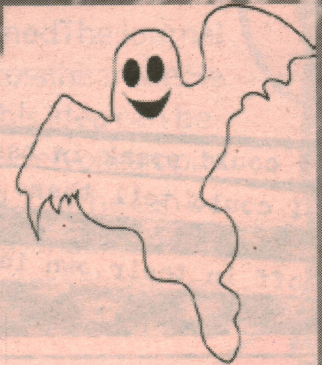
"A Mountie, I love a man in Uniform."

-Brew-ha Cauldron



"Not a slut"

-Frank Bonner



"Might as well be a clone because he acts like one anyways."

-Mandy Whisps



"A half decent boyfriend for once."

-Amanda Purrdy



"Some one with a pulse"

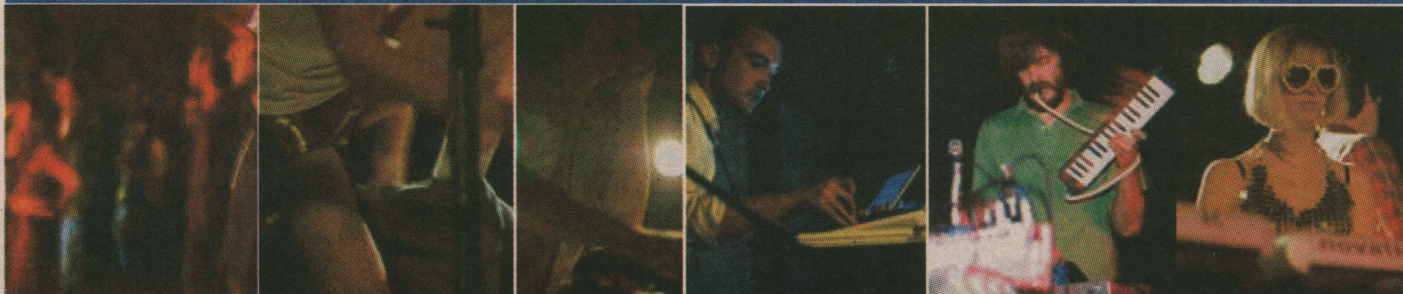


"A Lesbian...A hot Lesbian"

-Ron Tonguestin



# ARTS & ENTERTAINMENT



## THERE JUST AREN'T ENOUGH EXPLOSION PUNS AROUND

Nick Madore

Well, the Halifax Pop Explosion is over and done with for another year, and I'm sure there are a lot of people still cleaning up after this one; it got kind of messy at times. I didn't get to see as much as I would have liked (midterms, essays, you know how it is), but I thoroughly enjoyed what I did get to see.

So what did I see, you ask? First I got to check out the show at the Marquee on

Thursday night, which included Murder Sounds, Code Pie, INSTRUMENTS, Windom Earle, and Holy Fuck. I was really just going for Holy Fuck, as well as to check out some music I'd never heard before. I really enjoyed Code Pie's set, and really REALLY dug Windom Earle's set (bought CD's for both. Cheap, too!). Windom Earle just has this outstandingly energetic stage presence. If you ever have a chance to see them live, do it.

Holy Fuck, though...

holy fuck. It's not like they go up there and play their songs; those guys get up on stage and make music. It really was a wonderful thing to behold - to see music being created before you. There were, however, a few people there who were just obnoxiously drunk, so the mood was a little spoiled for me, but for the most part it was an amazing time.

The night after I got to see most of the show at the Seahorse (with Snow Picnic - see last week's issue). Overall it was an enjoyable experience, though the crowd was considerably more reserved, if not a little older. One of the members of (Swedish) Death Polka was ill, however, so another act (I missed the name, unfortunately) replaced them. It was smooth drumming and guitar picking over pseudo-electro beats. Still, I was looking forward to SDP. At this point, Nicole (our photographer) and I were pretty hungry, so we headed over to nearby Sicilian Pizza, then to Coconut Grove just in time to catch some of Andy Swan's set. By the time we got back to the Seahorse, Sports: The Band started to play (around 12:30). I was pretty much falling asleep, so we ended up leaving after only a few

songs. That isn't to say anything about their music, however. They were quite into it, and it was very good. I just had a long day (and night prior).

All rested up, we headed over to the 'Zine Fair on Saturday afternoon. It was fairly crowded at St. David's church hall, but smiles were abound. Indie artists of every variety came out to peddle their painstakingly hand-crafted wares and photocopied indie mags at very reasonable prices. In one of the back rooms was a wall riddled with pieces of paper. On each piece were hand-drawn comic book panels. The idea was that anyone could take down a piece and draw in a panel of their own for publication in other indie zines. Interesting stuff.

Overall, the week was quite a positive experience. We heard a bunch of new (to me) music, had a few drinks, made a few friends. One thing I couldn't help but notice: a lot of beards. I loved it. Looking forward to next year!

photos by Nicole Fu



## 'TIS THE SEASON TO RELIVE OLD HORROR FLICKS



image source: empiretheatres.ca

Dawn Davis

All Hallow's Eve is a season for scaring young children, making a mess, wearing silly costumes and a little (lot) of junk food. Everyone's October 31st will likely be filled with many of these things, but what about the 30th? Is anyone up for some 1980's horror on the big screen?

**The Thrilema** is a new feature collaborated through Empire Theatres with Jason Eisener, the man responsible for *Hobo with a Shotgun* and *Treevenge*. On Thursday, October 30th he will be

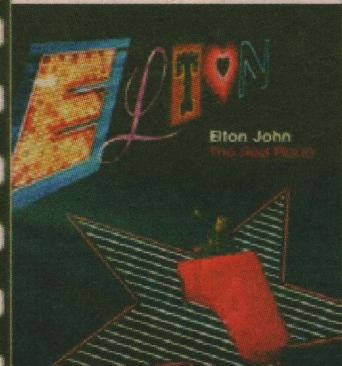
introducing *Friday the 13th* at the Empire Theatres 6 on Portland Street in Dartmouth. This group is hoping to make a tradition of bringing classic 35mm films back into the theatres to experience movies for the first time 20 or more years later.

If you're looking to do something different, *Friday the 13th* starts at 8:30 and tickets are available now in-theatre or also online. You can also show your support and keep in the know about the events by joining the Facebook group.

## BITE SIZED ENTERTAINMENT

### America's First in Post-Nuclear Simulation

This week marks the release of highly anticipated and incredibly violent *Fallout 3*. This game has been rated M, and has encountered a lot of controversy in Australia due to its uncensored drug use. After a row with a particularly frustrating teacher, crack out this game and blow people up.



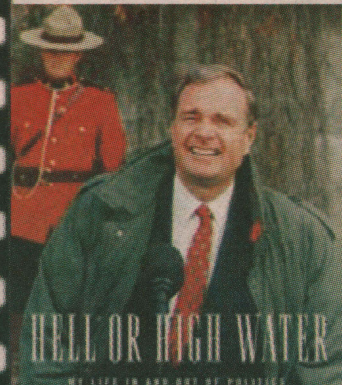
### The Piano Man Strikes Again

Elton John has a new CD/DVD compilation on store shelves now, called *The Red Piano*. The concert album includes all of the songs we love, along with live performances of them and a documentary on the creation of the whole tour. It's a must have for all of you retro folks.



### Tons of Stuff Going Bump in the Night

If you're not a big fan of the slasher genre, or if you just want your stomach to rip open with laughter, *Zack and Miri Make a Porno* officially hits theatres on Halloween - alongside those other movies of course. I love telling everyone I got to see this one before them.



### The Life of a Man too Honest for his Job

Short-lived Prime Minister Paul Martin has released a biography called *Hell or High Water: My Life in and out of Politics*. Do people publish this many biographies all the time, or has it just been all of a sudden?



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# PRIDE AND GLORY: WHAT ARE YOU WILLING TO SACRIFICE?

Jean Brunet

**RATING:** Popcorn

After four NYPD officers are killed in an ambush, the entire police department is on high alert as the cop killer is on the loose. Chief of Manhattan Detectives, Francis Tierney Sr. asks his son, Detective Ray Tierney to take on the investigation. He takes over, knowing the four officers murdered worked under his brother, Francis Tierney Jr. and alongside his brother-in-law, Jimmy Egan. What looks like a drug bust gone wrong becomes much more than Ray thought: an inside job that leads back to his brother and brother-in-law. As outside sources begin to question the case, the Tierney family must decide who they will be loyal to – each other or their fellow officers. Who will they choose?

Alliance Films

Pride and Glory starts Academy Award-nominee Edward Norton (American History X, Primal Fear), Colin Farrell (In Bruges), Academy Award winner Jon Voight (Coming Home), and Noah Emmerich (The Truman Show).

Screenwriters Gavin and Gregory O'Connor are very much familiar with the things that go on in the police force. The twin brothers are the sons of a police officer. When asked why they wrote the film, Gregory says "On some level, we've always

wanted to be part of that world, maybe because a lot of cops become cops, and, obviously, we never did. But we grew up with it and it's

a part of who we are, so maybe this was a way for us to live in it vicariously for a time."

The film is very dark in nature and it comes through the colours of this motion picture. It deals with ethics within the police force and the terrible crimes seemingly good people can commit in the name of an institution. According to Greg O'Connor,

"the institution itself is not evil, but by virtue of trying to protect its own, the people within are capable of bad things, even if it is ostensibly for the right reasons. It is not only in law enforcement where the institution protects its own, but examples of this can



also be found in our government and corporate world. The Enron case is just a quick example of an organization setting rules to

defend its employees.

The O'Connor brothers wrote an interesting script while Gavin O'Connor directed the film. The only thing I did not like was the first 5-10 minutes, when the officers at the football game find out about the ambush and head over to the crime scene. During this first scene, a handy cam is used and the picture is not

very stable. It reminds me of the filming from Cloverfield, which many viewers did not like. If you are apt to motion sickness, there is no need to panic as the rest of the film is well done.

Edward Norton shines in Pride and Glory, his performance as Detective Ray Tierney is excellent. He is able to portray the tough cop look and act, right down to the symbolic scar on his face which represents the mistake he made in his past that relegated him to the Missing Person department – the department considered to be the "Siberia" of the police force.

Pride and Glory is a well-made police drama that is a bit different from the rest. It is not too often that we see a police drama where the conspiracy affects a family of officers. What is good about Pride and Glory is that its message can be applied to any number of situations, not just to law enforcement.

When it comes down to the wire, what are you willing to sacrifice? Truth? Honour? Loyalty? Family?

Pride and Glory is now playing in theatres everywhere.

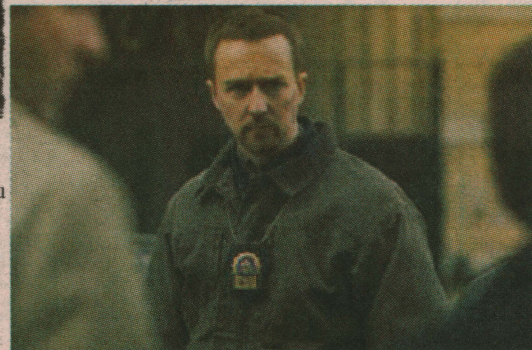


image from sizzlingpopcorn.com

## Sizzling Popcorn Rating Legend

- Sizzling Popcorn:** Great Movie (Blockbuster/Oscar-bound)
- Butter Popcorn:** Great Movie (Not Blockbuster/Oscar-bound)
- Popcorn:** Good movie
- Kernel:** So, So (Rent it)
- Burnt Popcorn:** Don't waste your money...not worth it.

# HOW MANY WORDS BEFORE A STORY BECOMES A NOVEL?

Dawn Davis

Have you ever wanted to write a novel? What would it take for you to be able to tell your friends that you have written a book?

As October comes to a close, many may reply with "50,000 words". On November 1st, we will enter National Novel Writing Month, or more fondly known as NaNoWriMo. The goal is to write 50,000 words of a novel within 30 days, crossing the 50,000 word count by the stroke of midnight on the 30th. With November being one of the most hectic and stressful months of the year, the required 1667 words a day is far from easy. Instead, it plunges you into the hectic life of a full-time writer. This challenging approach emphasizes quantity over quality in order to achieve a complete piece of work to edit into something reasonable later. It is time to toss your inner editor out of the window. Strip yourself down, guzzle caffeinated beverages and type until your brain oozes from your ears. As they say on the NaNoWriMo website, "Let's write laughably awful yet lengthy prose toge-

ther."

The greatest part about NaNoWriMo is that you are not in it alone. All over the world there are other over-caffeinated writers plugging away for the finish line with you. Every week there is a get-together for local NaNos to meet, write, and pray to the powers that be for another plot. This year, the returning Municipal Liaison is Jaymee Goh leading the adventures in word-driving for Halifax. It is her job to coach people into typing, typing some more, and then more typing (unless you want to do it by hand and scrawl like a mad person.) If you are looking for support after the local meetings, a massive group of participants await on the forums to answer silly questions with fair answers and assist in procrastination attempts with novel-related discussions. It might be just what you need to keep writing after a dry spell.

So I pose the question again: have you ever wanted to write a novel? It is not too late! Sign up for the legion of support at NaNoWriMo.org, and check the forums for launch parties,

novel ideas, and an all-day write in at the Paper Chase on the 1st. This Journal editor has participated in NaNoWriMo since 2004, and managed to achieve the word count in 2005 and 2007. Will I be able to make my fifth year? Keep reading the Journal to find out!

Happy novelling!



## 100 Words

One time there was a student called Joe. He didn't have many friends on campus and he was bored. But, he had a unique idea that would bring people together on campus. He wanted to share his idea, he wanted to meet friends interested, but he didn't know how. One day, he opened The Journal and stumbled across this article. He found out that his idea can become an official society on campus through SMUSA. That he can be a leader on campus and a master in student engagement. So he rushed to the 5th floor and submitted his forms.

By Fadi Al Quassar  
vpinternal.smusa@smu.ca

Think you can write a story in 100 words? No more, no less. Submit your story to arts.smugmail.com this week and enter to win a DVD copy of The Visitor, thanks to www.sizzlingpopcorn.com





# NEWS

CATCH UP ON WHAT'S BEEN HAPPENING AT SMU AND AROUND THE WORLD

## STUDENT LOANS HALLOWE'EN HORROR STORY

Frank Stark

First semester is almost finished at SMU and some students are still waiting on student loans to come through for them so they can pay tuition. But one student who wished to remain anonymous is faced with being de-enrolled from classes.

This student, who we will call John Smith, filed with student loans in June and sent his information in with his tax returns and all required information. John worked a part time job during the summer due to an illness in his close family and missed several days after that family member passed away. Within two days another family member was rushed to the hospital and diagnosed with Cancer and lost the use of her fine motor skills. John stayed home for the remainder of the summer with this family member and had to endure the stress of a move late in the summer. Not able to work full time John could barely pay his bills, let alone save the \$4000 dollars

that is required according to student loans.

But what happened next to John is what may result in him being removed from winter semester.

Student Loans reassessed his financial information from the year before and decided they had "Over Awarded" John \$4000.00. Student Loans took the \$4000 off of John's tuition award from this year, which was in the amount of \$3997. So, take \$4000 from \$3997 and what do you get? -\$3. Again, student loans told John he had to have \$4000 saved up.

John went to financial services at SMU and was told that he had to contest student loans and John filed the paper work and sent it forward to Student Loans. He heard back four weeks later. John was told he was no longer eligible due to the fact he had to drop a class to take care of his ailing family member.

John now owes the money for first semester out of pocket and was given his first payment date in the amount of \$225.00 by Student Loans after only three semesters of

University. John is obviously bitter towards the Student Loan system and was able to make time for a few questions.

"The system is messed up to start with, it is there for low income students to be able to go to school, but if you're low income they tell you that you don't qualify. Then, we have students who worked since April and made full time wages and they get a student loan. My friend was awarded almost \$12,000 for one year of University. Both of her parents work and have over average wages."

John takes a second as the phone rings and he speaks with a nurse on the phone setting up an appointment for his family member. He then takes blood-pressure, blood sugar levels and gives a carefully measured insulin shot and helps his family member to her room.

"Here is what really pisses me off and makes no sense, students who live at home with their parents are handed money, no matter how much they bitch, and they get money easier. They claim they didn't save

money when they've been spending all summer. Independent students have rent to pay, groceries and expenses to deal with, but Student Loans leaves us out. We're expected to have saved the money and be able to work and pay for our school and bills at the same time."

Neither of John's parents, who are separated, falls into the income bracket to have to cough up some money.

"First year they again awarded me the minimum amount they could and I had to work two full time jobs to pay for books and rent. I guess that should have been a sign of things to come."

When John filed his 2007 Tax return, he received a letter from the Government telling him that he was below the minimum income line and qualified for \$9600 for tuition. When he contacted the Tax Office, they directed him to Student Loans and Student Loans looked into the matter.

"I called four times before someone flatly told me to stop calling and that they had no idea what I was talking about. When I went back to the Tax Office, they sent me back to Student Loans."

John has put his own life on hold so he can take care of his terminally ill family member who has only a few

Apologies: The News Editor lost some of the article credits for his section last week. He apologizes.

weeks life expectancy. He is also the first person in his family to attend University and graduate high school. He missed a year of High School when he was sick himself.

"People ask 'why do you have to take care of your family? You should be worrying about school.' Well, I had someone miss work to make sure I was okay and you can't just leave your family out to dry."

I thanked John for his time and contacted student loans myself and was told that "while we don't discuss individual student situations, we will say that students need to know their own requirements before assuming they need a student loan."

John gets in his last shot though, "They should have to change their name from 'Student Assistance' because that is a fucking joke. Here I am, a month before first semester is over, three and a half years through, and they tell me I basically owe the school tuition out of my own pocket. And I owe them for the \$4000 they 'awarded me' this year, but they used to pay themselves for what I was somehow over-awarded last year.

That doesn't sound legal, does it? If I realized all of the crap I would have to deal with to get a good education, I would have joined the military."

## SMU STUDENTS NOT INVOLVED IN THEIR SCHOOL.

Jeff Cusack

According to the Globe and Mail's new university report, Saint Mary's students have dismal records of involvement in our university. In a list of questions dealing with campus involvement, the two highest marks were for attending sports games and social events, given a "I attend sometimes rating," while everything else, such as student clubs, was given a "rarely" rating. To compare, St.FX students gave an "often" rating to attending social events and a "sometimes" rating to everything else except for participating in student government, which received a "rarely" rating.

A large part of the problem

lies with our university's society system. In general, the only way to create any sort of viable student organization is by filling out a bunch of papers and ratifying at the start of the year, after that, students are out of luck. Even if one does want to hold an event however, the bureaucracy involved seems prohibitive. If a student wants to join an existing society, finding out who to talk to after the start of the year can be near impossible.

All of these hurdles leaves Saint Mary's with a few societies which manage to keep going and stay active year after year, and a few that always are ratified each year but never actually have anything done with them. This is especially troubling in regards to academic

societies, which are extremely important to the academic life of any university, but which don't exist for several majors and don't do anything for several others.

The society system needs to be overhauled at Saint Mary's. Academic societies should be in a separate category from other societies due to their importance, and automatically ratified each year. If no students immediately show up to fill positions on the society, it can be done later in the year. Easy to collect contact information and guaranteed office space should also be features of academic societies.

If people wish to get involved with their university later in the year, the fact that they missed ratification should not be a hindrance.

Students should be able to create at any point in the year a formal society, barring this, they should be able to create a "club", which would be the same as a society but ineligible for office space and with less guaranteed funding. Finally, all society structures should have a common area, such as the room attached to the commerce society office on Loyola second floor, which can be used as an informal meeting area for societies as well as a bulletin for society events.

Dalhousie has recently taken important steps in the promotion of its society's. Beyond its original, semi-stagnant society page, it has created "Tiger Society", a website devoted to Dal societies. This site features up to date ratification status

of all societies as well as contact information for all societies. Rather than force copious amounts of paper work to be filled out at only a certain time of the year, students can simply click on the "create society" link. The site is also linked to Tiger Events, so students can easily find out any events which their society is putting on.

University is supposed to be a memorable time in the lives of students. Unfortunately, the majority of students at Saint Mary's probably won't be remembering it for anything that they have actually done at the university.

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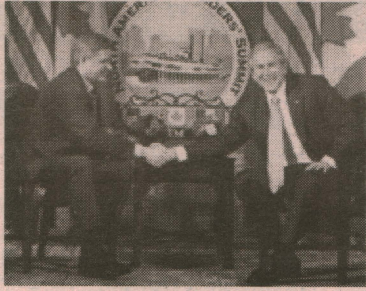
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# AMERICAN WEBSITE WANTS TO ELECT STEPHEN HARPER PRESIDENT



Jeff Cusack

An American Christian website called onenewsnow.com, bemoaning the impending election of Barack Obama, asks "Is There a

"Stephen Harper" for the U.S.?" The article, written by Chad Groening, relies heavily on the comments of Brian Rushfeldt, a Canadian "Pro-family" (as long as that family doesn't have homosexuals) activist. The problem with this article is not the ideology it espouses however, it is the "information" that it gives on Canada.

"The country's very liberal activist court system has forced Parliament to approve same-sex "marriage" for the entire country, and there are far more restrictions on free speech north of the border."

While I understand it is fa-

shionable to beat on other countries, the facts need to be at least somewhat valid. Our country's court system has no election system, unlike in the U.S., which generally means that our justices are not political, unlike in the U.S., who are so activist you can look up the ideologies of their Supreme Court justices on Wikipedia. A study into our courts system ruled that our judges are not activist judges, but are unpredictable. Furthermore, the Canadian Supreme Court doesn't have the right to force parliament to create laws, it can only rule on the legitimacy of said laws relating to our Charter of Rights and

Freedoms. The vote on "gay marriage" was a free vote in parliament in which members were able to vote their opinion on same sex marriage, and was initiated by the Liberal party.

The idea that we have far more restrictions on free speech is also confounding. Canada is rated in 13th in the world for Freedom of the Press by Reporters Without Borders, the highest in the G8, while the United States is rated 36th. The International Freedom of Expression Exchange, a network of 81 NGO's worldwide devoted to free expression, is also based in Canada.

We also don't have patriot acts and other laws which suppress freedom. Besides having strong libel laws and overzealous human rights tribunals, it is hard to make the case that we in Canada have less freedom.

It is unfortunate that Americans with such a limited exposure to Canada gain what little information they can get through inaccurate reporting such as this. Read the full article at: <http://www.onenewsnow.com/Politics/Default.aspx?id=289472>

## HAPPENING @ SMU

**MCINNES COOPER**  
LAWYERS | AVOCATS

Jeff Cusack

The Globe and Mail released their annual report on Canada's universities. In the 12,000-4,000 student category Saint Mary's consistently came in better than fifteenth but below fifth. Universities which consistently came ahead of SMU include St. FX and Lethbridge. Dalhousie consistently scored worse than SMU, except in the "course variety" category, where they dominated every other small school. This is likely because Dalhousie is the only small school with medical and law schools attached to it, giving it lots of extra courses.

On Sunday at Saint

Mary's, more than 400 students said goodbye to SMU and began the long road that is life after university following their convocation ceremonies. Hopefully if they learned one thing during their time here, it's that The Journal is the place to go for all of your information needs...

On October 30th, the Canadian Centre for Ethics in Public Affairs (CCEPA) will be holding a debate at Saint Mary's on the topic "Do Human Rights Commissions threaten civil liberties?" The Debate will feature Krista Daley, director and CEO, Nova Scotia Human rights commission (I'm guessing will answer "no" to the question); Dan Leger, director of news content, Chronicle Herald (I'm guessing will answer yes); Pearl Eliadis, a human rights lawyer from Montreal (probably will answer no); and SMU's very own Professor, Mark Mercer, who will probably answer yes and offend many while doing it. If you can't get enough of this stuff, Kings is holding

a symposium Nov 1st called The Media's Right to Offend: Exploring Legal and Ethical Limits on Free Speech.

McInnes Cooper (a law firm) has donated \$100,000 dollars to the Homburg Centre for Health and Wellness, a new fitness centre being built at Saint Mary's. This is in addition to five million dollars which Richard Homburg previously donated to the university and is part of the school's 40 million dollar Hearts and Minds campaign. One has to wonder what this university would be like if it's leaders campaigned for funds for its academic programs as hard as it does for its athletics programs.

On October 31 and November 1st, don't be surprised if you see more activity than is normal on Halloween and the inevitable hang-over filled day-after. Saint Mary's will be hosting a national Business Skills Competition during these days, featuring such exciting events



as the "Aliant Interview Challenge" and the "D250 Current Issues Challenge." The winners of these events get money, so it sounds worthwhile to me. Unfortunately, the Fannie Mae and Freddie Mac "Race to sell everyone mortgages regardless of their credit rating" is cancelled this

year, as is the Lehman Brothers ring toss. For more info go to: <http://www.smu.ca/bsc/faq.html>



Canadian Centre for Ethics in Public Affairs

### Public Service Announcement

Dartmouth Learning Network recognizes an urgent need to improve literacy in Dartmouth. Come out to support our annual Word for Word fundraising event featuring host, Don Connolly (of CBC) and a line-up of talented authors and musicians. Word for Word takes place on Monday, November 17, 7:30pm at the Royal Bank Theatre in NSCC's new Harbourfront campus! Tickets are \$20 each or \$15 for students & seniors and may be purchased at: Woodlawn Library, Alderney Gate Library, at the door, or by calling Dartmouth Learning Network at 464-3444.

Audience members will be treated to readings by authors, Stephen Kimber and Stephanie Domet, and to the music of: Dan McKinnon (folk), Pat Watson (Jazz) and Vanessa Buhr (G&S). Have fun while supporting this great cause!

Dartmouth Learning Network

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Dartmouth, N.S. B3A 1N3  
Tel: (902) 463-9179  
Fax: (902) 464-3052

E-mail: [admin@dartmouthlearning.net](mailto:admin@dartmouthlearning.net)

Website: <http://www.dartmouthlearning.net>



Dartmouth Learning Network

### GREEN TIP

Invest in a stainless steel or aluminum water bottle; you can do plastic too if you like. The up front cost may be a little more than you are willing to spend, but when you add up all the bottles of water, juice, vitamin water that you buy it pays in the long run. And this way there are less empty bottles filling up our landfills.

## THE JOURNAL WANTS YOU



Interested in writing for The Journal? Join our meetings on Thursdays at 9am in The Journal office on the 5th floor of the Student Union Building

Check Out SMUtube!  
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## DIARIES OF A MAD WORKER

Laura Mac and friends

For this weeks Halloween edition of Diaries of a Mad Worker, I thought it would be appropriate to find a ghoulish character to talk about. Since apparently no ghosts or goblins shop around here, I had to settle for a clown.

Clayton Park workers BEWARE!!!! There have been several sightings of a rabid clown shopper, who's seemingly only form of entertainment comes from leaving a trail of frazzled workers in his wake. Terrible jokes and awkward conversations are sure to follow if you see this man; whose most prominent feature is his purple hair. If you see him, duck, run, or even clock off for a break! Here are a few stories of our ghoulish clown;

**D the Disgruntled:**

There's a character who appears to have become a bit of an icon, per-

haps not for the better in the Bayer's Lake Business Park. He's a middle aged man who tries to dye his hair and beard a fuchsia colour, but a bit of the dye is always present on his scalp. He seems pretty nice, and he buys quite a bit, but he, like many other friendly customers, appears to have another agenda. He talks up the girls and refuses service from the men. He talks up the pretty ladies with punny jokes we all learned when we were four. We laugh politely as he continues rolling one out after another in an impressive array of terrible knock-knock jokes. A line up of curious customers piles up behind him, and still he continues.

Where I work, we have a sort of black list of specific characters that we will all protect each other from. A calculating manager will come along and cut them off, a swarm of people will distract them. We work in retail, we can't exactly escape the people we would like

to avoid. We're trapped in our four walls of friendly customer service. Oh, the collection of things we would have said to customers if only we didn't need a job.

I digress, this strange character came up in conversation with a friend who also works in the Business Park, and he exploded with sudden energy. "PURPLE HEAD!" He shouted. "You're talking about purple head!" It appears he's become a notorious individual elsewhere as well. The man seemed nice enough, and isn't the only customer who has a skill for taking up your time, but I never sensed anything really malicious about him. However, when he came up one day in conversation (the term 'purple head' had been completely adopted by the staff) one of our more finely aged co-workers mentioned how he tried to rope her into following him to the X-rated products. As a firm woman and a good teacher, she wasn't having

any of it. I have a whole plethora of stories related to our X-rated stuff, but that will have to wait for another day. As well as 'purple head' coming into my own store, he continues to shop all over the park, and his notoriety will continue along with his impressive stash of awful jokes.

**M the Mystified:**

So there's this guy; Purple Head as he's called in Clayton Park. I've heard many stories of this character, but never thought much of it until I was trapped in a whirlwind conversation with him that took 20 minutes.

When I started my job at Sobeys over the summer, I was warned by my supervisor to beware of the guy with the purple hair and beard. Well unfortunately I can't really avoid anything as a cashier, people pick my line. Everything was fine until I started working the 'speedy' checkouts. That's where he prays to do optimum damage.

There I was, ringing away; I looked up and saw the man I feared... Purple Head! And what did he do? Asked me a joke; "What's a Tiger's favorite flower?! Oh come on, come on... GUESS!" After quickly 'thinking' (to act as though I gave a rats ass) I muttered "Tiger Lily" and finished ringing through his 10 items or less. As I told him his total and waited for him to hand me the cash that was dangling from his right hand, he quickly blurted out another joke... then another, and another.

At this point my line was growing both in size and agitation; so again, I told him his total, this time holding my hand out for the cash. 17 more bad jokes and serious quips from the line behind him later, my time with Purple Head ended. Unfortunately, all the anger and frustration from the awaiting customers in the 10 item lane was the real wrath I had to face.

## FRESH IDEAS CONFERENCE

Fergus Dearden

Last week I was lucky enough to attend the Fresh Idea's Conference featuring a tradeshow and a roundtable of some of Halifax's best entrepreneurs. I began the event with a little browse around the tradeshow. There were companies such as Edwards Randall, who go out and try to find money for your business, for a fee. I had also seen the SMU BDC, CEED, CBDC, as well as the Canadian Intellectual Properties Office. A tradeshow like this is a great way to meet new people and a great networking opportunity. If you want to pitch your business, a tradeshow is definitely the way to go if you are looking for potential investors or simply just to have a look at your products/services.

One of the unique things about tradeshow like this, is that you have the opportunity to see what is potentially coming out on the market, that is if you are into that kind of thing.

As my interest in the tradeshow started to dwindle, it was time for the panel of entrepreneurs to demonstrate their unique way of thinking to the people in the crowd. I sat down

<http://www.cbc.ca/dragonsden>



in the front row not sure what to expect. The panel consisted of Fred Connors of "FRED", Jamie Davidson of "Modern Media", Wendy Friedman of "Biscuit General Store" and the Dawgfather, a professional hot dog attendant. Running the panel was Heidi Petracek of CBC's "Living in Halifax". The panel began with some personal experiences of each entrepreneur's hardships. The Dawgfather, I found to be the most intriguing individual on the panel, due to the way he branded himself in the market place. The Student union at Dalhousie tried to put him out of business, but he fought back and won his case. The Dawgfather has uniquely branded himself among the student population, by way of catering their needs.

He never lets a student go hungry. If you don't have money he will give you a meal on credit that you can pay when you do have the cash.

Marketing was another hot topic on the panel. Wendy, Fred, and Jamie, gave some of the best marketing advice that I had ever heard, "Brand yourself in a way that separates yourself from the competition"; "Give your customer an experience that they have never had before so that they will keep coming back"; "Use your marketing dollars wisely and to the best of your ability, use marketing techniques that will set you apart from the rest of the market in order to sell your product". When the floor was opened up to questions, the panel was asked about how important education was in relation to helping their business. I felt that Fred gave the most unique answer stating that "a degree will show that you have the skills to get the job, but

what actually gets you the job: your personality." Another recommendation was that "if you want to learn a business, then go and ask if you can volunteer, even if it is only for a few hours a day."

I found the event fairly informative and the entrepreneur's panel gave some great tips on how you can survive in a harsh market. For all those motivated and aspiring entrepreneurs out there, I leave this article with one piece of advice. In spite of the recent global economic recession, it is the people that will work their tails off that will come through and be successful in the entrepreneurship game in the long term.

## CALLING ALL STUDENTS

Laura MacIntosh

Have your cell phone minutes ever run out in the middle of a gushy hour-long conversation with your significant other; or while that smart friend was giving you the answers to your stats assignment due in an hour? How about your phone card expiring during that call home to your loved ones?

**NEVER FEAR!! THE SMUSA INFO DESK IS HERE!!**

The Information Desk on the main floor of the student centre now offers both long-distance phone card service and pre-paid cellular minutes. Just swing by the desk between 9am and midnight Monday to Friday and trade your cash for talk time.

Long distance cards are offered in \$5, \$10 and \$20 denominations through various long-distance providers. The most popular phone cards seem to be Bravo and CiCi, however many other types including 20/20 and Smartel are also available. With the wide selection you will be able to find a great deal for wherever you need to call.

Pre-paid minutes can also be picked up at the desk for Virgin, Telus, Bell (Aliant), Rogers and Fido cell holders. Depending on the carrier, you can choose to load your phone with \$5 to \$50 worth of minutes. It's simple really, a receipt prints out with a code you just punch into your phone and away you talk.

So don't get lost mid-call ever again! Grab a new card or cell minutes right here from your friendly SMUSA Info Desk staff!

## Microfinance Initiative Takes Off In Halifax

Ashley Dubois

There are new and exciting times ahead for AIESEC Halifax! Recently Janice Nyarko, from the local branch, has been matched with the Microfinance Initiative, and will soon be working at the Grameen Bank in Bangladesh. Microfinance is a simple, effective way to end the cycle of poverty, by giving small loans to impoverished people so they can sustain small, self-supporting businesses. The loans are then repaid and distributed to other people in need. This opportunity is a huge success for AIESEC Halifax, which aims to create such opportunities for other students to promote growth and leadership abilities in Canadian students.

THE JOURNAL IS LOOKING FOR WRITERS!!

IF YOU HAVE THE DESIRE TO REPORT ON GROUNDBREAKING SMU AND COMMUNITY NEWS, THEN COME TO THE 5TH FLOOR OF THE STUDENT CENTRE, OR EMAIL SUBMISSIONS TO [THESMUJOURNAL@GMAIL.COM](mailto:THESMUJOURNAL@GMAIL.COM)

GMAIL.COM

ILLEGALLY POSSESSING LIQUOR, INCLUDING POSSESSING IT UNDERAGE OR HAVING OPEN LIQUOR IN PUBLIC, (THIS INCLUDES GOING NEXT DOOR/ACROSS THE STREET) CARRIES A FINE OF \$452.00 IN THE HRM (HALIFAX REGIONAL MUNICIPALITY). IF YOU ARE PUBLICALLY INTOXICATED YOU CAN BE CHARGED AND/OR HELD UNTIL SOBER.

**DONT-PAY MORE FOR YOUR NIGHT OUT THAN YOU HAVE TO**

Whats the **REAL** Cost of an open Beer?

Good global citizens start with their community.



## HALLOWEEN'S BEST HARVEST

Laura MacIntosh

What can be better than dressing up in costume, getting drunk and laughing at other people who are... dressed up in costume getting drunk? Well remember the days when you were young enough to go trick or treating and come home with a bag full of candy? What if you could have the best of both worlds; the childish joy of candy and the adult entertainment of 'ol Hallows Eve. Here's how!

Go out and enjoy the Gorsebrook or whatever house party you plan on going to. Then (and here's the secret) the next day, after the hang over wears off, go to Wal Mart and buy all kinds of cheap clearance candy! It's fact that stores need to move whatever product they didn't sell in a few days; after all they gotta put Santa's and stockings in those high traffic shelving areas.

Ok, so it may not be quite as good as the old days, BUT... candy helps heal that Halloween hangover. From Oh'Henry to Dots, everything goes dirt cheap starting November 1st.. And being as it's a Saturday this year, grab some candy

while you get the groceries you'll need to survive. The longer past Halloween you wait, the cheaper the candy will get. Unfortunately the longer you wait, the worse the selection... so if you've got a specific craving or love for special candy, get it early!

Ever since the days of the Celts, Halloween has been a budding tradition. Everything you enjoy today is in thanks to the apple-bobbing Celts and their Shee (tricksters).

From egging some old lady's house to that infamous "Trick or Treat" line that gets ya chocolate; history can date it all back to Scotland and Ireland of old. Remember that when you go to the store November 1st for what is clearly the best harvest of our Halloween; and on the 31st, raise a glass to the ghouls and goblins of yesteryear which have given you this fantastic celebration.

Oiche Shona Shamhna everyone; Happy Halloween!



## CELEBRATE THE U.S. ELECTION AT THE GORSEBROOK

**Tuesday November 4th**

**Starts at 7  
Last Call: 12:30**

**Cover: \$2.00**

**Featuring: Live Election Coverage,  
Trivia Games, Givaways, an  
Election Pool and More!**

**In Support of the Model UN Society**

## Contact Self Defense

This is a preferred approach to the martial arts, specific focus on immediate attacks against close quartered assailants. Hi my name is Korey and I have spent seventeen years learning the Japanese art of judo, along with its self-defense technique list known as the Gokyu-Kata. I want to share what I feel to be the most effective means of protection in a hostile situation. It is always best to avoid resorting to violence, but sometimes it can be impossible to avoid such situations. I am offering an opportunity to express how to confront such situations with a relaxed state of mind- followed by the necessary physical reaction. Classes begin on November 2<sup>nd</sup> and continue on Sundays from 12:30pm until 2:30pm. I encourage a steady attendance but also welcome drop-in participants. Please come ready for intense aerobic/gymnastic exercise—and remember, you can always improve no matter what! Let me share my training experience with you,

Drop-Ins are welcome, but I will circulate an official sign up sheet that students can sign in order to register, payment will be either \$5 per class or \$15 a month.

you can expect:

- ... Increased flexibility
- ... Toned limb structure
- ... Advanced balance control
- ... Higher Energy levels
- ... Flipping techniques (throws)
- ... Efficient use of space and time for defending
- ... An Enthusiastic Instructor!

Sessions will be held on Grafton Street at the Dance Nova Scotia facility, inside the Catholic Church headquarters.

Contact Korey at 429-6081

## JUST IN TIME FOR HALLOWEEN: THE PURPLE TOMATO

Laura MacIntosh

Scientists have developed a new breed of life-saving tomato... ok maybe not life-saving. This genetically engineered tomato has plenty of antioxidants to help fight cancer. The successful transfer of anthocyanins; a category of antioxidant pigments, to the tomato turned both its flesh and peel purple and tripled its antioxidant capacity; according to the British scientists.

Anthocyanins are normally found in blueberries, cranberries and blackberries; giving that purplish tinge. They offer protection against certain cancers, cardiovascular disease and age-related degenerative diseases.

Being as most people don't eat cranberries (unless we're talking with vodka), blueberries or blackberries in enough quantity to make a difference; these scientists decided to inject the antioxidant into a more common fruit.

Although these tomatoes have shown life-lengthening results in mice, it will be a while before we know what's really going to happen with human life.

Would you like to eat a purple tomato? You might be able to soon enough; check a grocer near you!



## THE JOURNAL WANTS YOU

Interested in writing for The Journal? Join our meetings on Thursdays at 6pm in The Journal office on the 5th floor of the Student Union Building



# SPORTS

BASKETBALL CROSS COUNTRY FIELD HOCKEY FOOTBALL HOCKEY RUGBY SOCCER TRACK & FIELD VOLLEYBALL



## Women's Hockey Opens Season with Back to Back Wins

Robbie Nauffts

The regular season opened this weekend with Saint Mary's hosting the St. Thomas Tommies and PEI Panthers at the Alumni Arena. SMU topped STU 6-2 in Saturday's game with Zoe Launcelott netting a short-handed goal and a second in the third period. Another top SMU scorer at Saturday's game was Kori Cheverie netting a pair and the remaining goals going to Jessica Holt, Lauren McCusker and Melissa Young.

Sunday's game was fast paced as PEI and SMU rushed both ends of the ice before Melissa Young popped in SMU's first goal with Cheverie and Boulan assisting only 2:35 into the first. At the 10:55 mark Cheverie set up Carla Little for a goal that put SMU up 2-0. SMU dealt PEI another blow as McCusker and MacDoug assisted Kyla Thurston for the third unanswered goal only 12:36 into the game.

PEI finally answered with a goal of their own as Mikaela Ellis found the net with 1:46 to go making

the score 3-1.

PEI came into the second period still running high from their first goal as they took several dangerous shots on the Huskies net. Four minutes since their last goal Jamielynn Donaldson put PEI's second goal on the board.

Just as PEI was starting to make a comeback Kaitlyn Abbass received a penalty for body checking and the Panthers went on the power play. PEI could not set up any plays with the extra attacker and SMU embarrassed them with Kori Cheverie

picking up a short-handed goal to open the point spread to two.

On a SMU power-play Kyla Thurston opened up the spread more as she grabbed a loose puck out of the air in front of the crease and snapped it into the mesh. 5-2 SMU.

PEI tried to get back into the game as Genna Phelan put the puck past Jillian Robinson for PEI's third goal. Kaitlyn Abbass shut the comeback down as she scored SMU's sixth point of the game.

The third period started off

with SMU on the penalty-kill again with Amy Dawson taking a roughing call. The Huskies kept the puck deep in the PEI end and refused to let PEI set up any shots on net. The next goal came at the halfway mark as Zoe Launcelott scored SMU's seventh and final point. PEI managed one more goal and caught SMU off-guard with a short-handed goal by Genna Phelan.

SMU now goes on the road to take on last year's undefeated and championship rival St FX Wednesday night.



Huskies Captain Zoe Launcelott whips past UPEI's Amber Gaudette on a rush to the Panthers defensive zone. Launcelott finished this weekend with three Goals and two Assists. She was also third in scoring on her team last year with 11 Goals and 14 assists photo by Jason MacDonald

## REMATCH! UNB vs SMU

Robbie Nauffts

Drop your school books, call in sick to work and get ready for the best hockey you are going to see in person at the Halifax Forum this Sunday as Saint Mary's hosts the Varsity Reds in a rematch after last season's 81:41 minute hockey game. The two top hockey clubs have been boosted by hot rookies and have been training hard for the upcoming season. But after last year's championship contenders know who their biggest challenge is going to be.

Last years championship game

was decided on a questionable trip as the referee awarded UNB a penalty shot at 1 minute and 41 seconds into the second overtime period. Kyle Bailey took a slap shot from the slot and beat Brandon Verge just under the crossbar.

It is still early in the season and most of the Huskies are not thinking of the play-offs yet but they are looking to have the same 20-5-3 record at the end of the season.

Head coach Trevor Stienburg will not be returning until January so the team has been working hard to fill the gap of Coach

Stienburg's leadership.

Back this year on the SMU line-up are 7 out of 9 top scorers and three former Mooseheads, Pridham, White and Garret Peters join the team to finish the roster for a championship run.

Puck drops at 3:30pm so be there with your friends and Student Pass and enjoy the best hockey Halifax has to offer and it's free. Be ready to make some noise and let UNB know that they are not getting to the Championships that easily this year!

Photo Credit: Laura MacIntosh



### Huskies at Home This Week

#### MEN'S BASKETBALL

McGill at SMU

Friday, October 31st

7:00pm at The Tower

#### UQAM vs SMU

Saturday, November 1st

7:00pm at the Tower

#### WOMEN'S HOCKEY

DAL vs SMU

Friday, October 31st

7:00pm Alumni Arena

#### MEN'S HOCKEY

St FX vs SMU

Wednesday, October 29th

7:00pm at the Forum

#### PEI vs SMU

Saturday, November 1st

7:00pm at the Forum

#### \*UNB vs SMU

Sunday, November 2nd

3:30pm at the Forum

\*CHECK OUT THE FIRST REMATCH FROM LAST YEARS CHAMPIONSHIP GAME THAT WAS DECIDED ON A PENALTY SHOT IN DOUBLE OT!

You can find scores and more at [smuhuskies.ca](http://smuhuskies.ca)

### Asshole of the Week!

Driver of the 59 Last Friday at 11am

Why couldn't you stop for the guy that was only feet from the bus stop and running, yet you could pick up the two young girls that were crossing the street a few minutes later?

Asshole of the week submissions can be sent to [sports.smu@gmail.com](mailto:sports.smu@gmail.com) and can do not have to be sports related. Assholes can be found anywhere.