



THE JOURNAL



REMEMBRANCE DAY:
A CANADIAN PERSPECTIVE PG 9

AN INTERVIEW WITH CAMERON DIAZ
PG 7

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2009 Readers' Survey

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	16 TRIVIA TUESDAY The Gorsebrook Lounge 7:00 pm BINGO NIGHT Loyola Conference Hall (L290) 7:30 pm All ages! 	17 OPEN MIC NIGHT The Gorsebrook Lounge 9:30 pm 	18 \$5.50 DOUBLES The Gorsebrook Lounge 	19 SMUSA Board of Directors Meeting SMUSA Boardroom 4:30-6:30 pm Brunch The Gorsebrook Lounge noon-2:00 pm 	20 WOMAN'S BASKETBALL Sat: UNBvsSMU 6:00 pm The Tower 21/22 UTECK BOWL WOMAN'S HOCKEY Sat: McGillvsSMU @ 4:00 pm Alumni Arena WOMAN'S HOCKEY Sun: CONCORDIAvsSMU @ 12:00 pm Alumni Arena

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PERSPECTIVES

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Editor-In-Chief



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LETTER FROM THE EDITOR

Identity Politics

JEFF CUSACK
Editor-in-Chief

Identity is an important issue, and the debate over political correctness has shown us this. On one side of the border, the politically correct way to refer North America's indigenous population is as Native Americans or Eskimos, and on our side the correct way is to refer to them as First Nations or Inuit. In the U.S. they use the term African American, while here we use Black Canadian. Many critics, such as Bill O'Reilly, have lamented this as overblown political correctness, but identity is an important subject.

On Sunday, November 15, Jewish Theologian Marc Ellis will talk about the way that the Jewish identity has been tied to Israel. This is an important issue according to Dr. Ellis. Ellis, who has received endorsements from Desmond Tutu, argues that the Judaic identity has been subsumed under the banner of Israel rather than the teaching of Judaism. According to Ellis this allows Israel to claim criticism of its policies is anti-Semitic and use this strategy to curb political opposition. Whether or not you agree with Ellis, his claims show how identity can play an important role in the world.

In India, identity can be a life or death issue. India has a host of small tribes in rural areas, however India's Maoist rebels also take refuge in these areas, and the Indian police are getting ready to crack down. The Indian tribespeople are terrified that they will be punished as suspected Maoists, and are racing to get photo identification in the hopes that they can prove they are not Maoists. The Indian police say that this will not be necessary, but international watch groups are worried that the crack-down could result in widespread victimization of the tribespeople caught in the crossfire.

The importance of identity has led to violence in Northern Ireland as groups struggled over whether or not they were Irish or British; whether they were subjects of the Queen or part of united Ireland. Things today are less violent than they used to be, a recent protest in Northern Ireland found a farmer waking up to see the Irish flag had been painted on his sheep, but tension still exists, all over identity.

It would be wrong to mention the identity issues in other nations and not mention our own. Whether Quebecers view themselves as Canadians changes depending on whom you ask. The head of a group which advocates making Montreal entirely French, Mario Beaulieu, is calling for the Queen to make an official apology to Acadiens; but what is an Acadien, and who gets to identify as an Acadien? My ancestry is Acadien, and my family fought to stay in Nova Scotia, yet I don't speak French nor have I lived in my family's ancestral home of Arichat. Mr. Beaulieu surely speaks French, but he doesn't live in an Acadien province. Does he get to demand things on behalf of Acadiens? Do I get to?

People will kill over identity issues and states will break up or rejoin over them. In university we're often told to find ourselves, but what that means is unclear. What is clear, however, is that university is an opportunity that many don't have. In university we find ourselves in a new environment that is neither traditional schooling nor the workforce, it is an innately transient period, and gives students the chance to forge their own identity. Around the world, many people don't have an identity; those that do often don't have control over what their identity is. The opportunity we students have to craft our own identity while at university is valuable, and something we should take advantage of.

They Saw the Light

HEATHER MACLEAN
Women's Centre

Finally, some good news. Last Saturday night, the American House of Representatives passed historic health care legislation that extends coverage to millions of uninsured citizens, and places tough restrictions on insurance companies. I have been watching the debate over public health care in the U.S. more closely than most people. One reason is because I find the opposition to the public option amusing. If you listen to the right's protests, you'd think the public option will bring them one step closer to the bread lines. But I'm also interested because I worked for an American health insurance company for three years. I was only a lowly call centre employee, but I've seen thousands of claims and policies. One of the worst aspects of most policies is the pre-existing condition clause. Pre-existing conditions are disorders or illnesses that make you an insurance risk. Basically, you pay for insurance but don't get coverage, and the list of pre-existing conditions is long. In eight states, plus D.C., domestic violence is considered a pre-existing condition. Why is that, you ask? Many domestic abuse survivors suffer from the aftermath of abuse long after it ends. Halle Berry, for example, has permanent hearing damage from a previous abusive relationship. Another reason for denial, according to the inhuman logic of the insurance companies, is that domes-

tic abuse survivors are more likely to endure domestic violence again. In a way, denying coverage is a second punishment meted out to women.

Domestic violence is a glaring example of the health insurance industry's gender discrimination, but the National Women's Law Center found that 95 percent of health plans practice some form of gender rating. On the insurance policies I've seen, sometimes birth control wouldn't be covered, or women would have to pay a higher copay for an ob/gyn visit. Insurance companies can deny women coverage for being pregnant or having a Caesarean section. Health insurance discrimination medicalizes normal processes, like pregnancy, and denies women autonomy over their own bodies. These discriminatory policies reveal that sexism isn't only found in jokes, or ignorant comments on a message board, it is also institutional. I left my job to go back to school, but I also left because I had had enough, the U.S. healthcare system is not only inefficient, it is also cruel. Sexism is an aspect of its cruelty, and I was aiding that sexism. Honestly, I could no longer abide by my actions. So it gives me great pleasure to tell you that under the new legislation, denying coverage based on pre-existing conditions is banned. I think more work needs to be done, because people still have to pay out of pocket for medical treatment, but at least being a woman is no longer considered a pre-existing condition.



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FEATURES

ALEX CLARKE
Features Editor



The CRANKY Professor

THE JOURNAL, THE STUDENT NEWSPAPER AT SAINT MARY'S



Sex, sexuality, and religion in the classroom

Alberta recently enacted legislation allowing parents to remove their children from class when the lesson concerns sex, sexuality (including sexual orientation), or religion. Under Bill 44, children whose parents have removed them from class are not responsible on tests or assignments for the material they have missed.

Bill 44 directly contradicts the principle that every child is to have the opportunity to acquire as good an education as every other child. It is this principle that underlies Canada's commitment, backed by law, to compulsory education to age sixteen. After all, no one can enjoy equality of opportunity in life if he or she has been denied equality of opportunity in education, and equality of opportunity in life is a bedrock value of liberal society.

You would be forgiven for thinking that those Albertans opposed to Bill 44—and there are many, from teachers' unions to boards of education to organizations such as the Canadian Civil Liberties Association—would make much of the fact that allowing parents to pull their children from the classroom is tantamount to allowing parents to leave their children uneducated. You would be forgiven for making this obvious assumption, but, strangely, with the exception of the Sheldon Chumir Foundation, few opponents of the bill put the principle of equal opportunity for education at the centre of their criticisms.

The teachers' unions made the sound point that Bill 44 puts their members at risk of being disciplined or sued. One or another of the guarded topics will now and again happen to come up in the ordinary run of the day, and teachers certainly should be able without fear to seize teachable moments.

But the most popular criticism of opposition groups was that teaching about sex, sexuality, and religion is important in fostering among school

children the values of tolerance and respect for others. Children, opponents of the bill asserted, need to be present in class for the sake of their becoming good citizens and for the sake of society becoming more inclusive.

In making this argument, opponents of the bill conceded exactly what the groups behind the bill had been charging, that the schools were not educating the children, but were rather indoctrinating them into certain attitudes and values.

What opponents of Bill 44 should have said, of course, is that sex, sexuality, and religion are topics like all the others. They are subjects, that is, for study and discussion like all the others.

Opponents should have affirmed that teachers are there to impart to their pupils facts and theories about the matter under study, whether that matter is the solar system, Hinduism, or human sexual response. And they are also there to make their pupils aware of the significance of those facts and theories for life today. Sex, sexuality, and religion are on the curriculum because of their intrinsic interest and the importance of the normative issues they raise. And that makes them no different as topics of learning than the water cycle or the history of Quebec.

Suppose that the topic is sexual preference. The teacher might draw her pupils' attention to the fact that some people are attracted sexually to those of their own sex, while other people aren't. She would canvass a range of theories offered to explain the facts, asking which theories are well supported by evidence and which not. She might then ask what attitudes we should have toward what we believe are the facts. Same-sex marriage as a socially recognized institution, for instance: what can be said in its favour, what can be said against it?

There will be nothing in this teacher's approach that should cause anyone any fear that their children are being indoctrinated into any set of attitudes or any particular values. Or at least that's what opponents of Bill 44 should have made clear to the people of Alberta.

That they didn't, that they instead sought to convince people of the goodness of the attitudes and values the curriculum is meant to instil, is sad evidence that the teachers in Alberta, their bosses, and many of their supporters have lost their way.

How to be Stress Free!

ALEX CLARKE
Features Editor

Being a student can be the most exciting 3-5 years of your life. You have the opportunity to meet new friends, tackle new challenges and go places you only dreamed of. But along with the new experiences you also have the obstacles that can make student life seem like a nightmare. As education here at Saint Mary's gets more stringent, many students will experience considerable school stress.

Worries about coursework, school assignment papers, bills and financial issues can combine to be a burden and cause severe stress. Studies show that more than 53% of student suffer or have suffered from some sort of stress related experience. Last week I was extremely stressed out for a Fi-

with the Student Service Counseling centre on the 4th floor of the Student Union building to learn about how students can overcome stress-related issues. I spoke to Ms. Sarah Morris, who has about 20 years experience here at Saint Mary's University, a Bachelor of Science, in Psychology and Mathematics, and a Masters in Educational Psychology. Apart from being very learned she has a loving personality that shows she loves helping students overcome their issues and enjoys helping them to set goals. She informed me that during the start of each semester here, traffic in the service centre is somewhat slow, so she's not as busy. However, as the term draws nearer to finals more and more students sign up for counseling and the waiting period can be up to two weeks at a time.

Ms Morris feels that stress can be overcome by making wise life deci-

where everything is, remembering deadlines and test dates, and clearing your mind of some of the mental clutter that disorganization brings. It's best to have a system of precise note taking, keeping track of important papers and assignments. Use a calendar to keep track of deadlines and appointment and you'll prevent a significant amount of stress.

If you want to learn and actually retain knowledge, you first need the proper study environment. To reduce stress and help learning it has been shown that aroma therapy is an efficient stress reliever. Also, unless you find it distracting, playing soft music as you study can also soothe the brain and help you learn.

Develop and know your learning style. Each person has a specific way of learning or way of learning that they feel more comfortable with. We don't all learn in the same way and it is important to know whether you're a visual, kinesthetic or auditory learner. You can then make success easier to accomplish by tailoring your study style around a certain practice.

A unique yet proven stress management technique is basic visualization. You can also reduce student stress and improve test performance by imagining yourself achieving your goals. Take a few minutes each day and visualize, in detail, what you'd like to happen, whether it's giving a presentation without getting nervous, acing an exam, or something else that will support your success. Then work hard and make it happen!

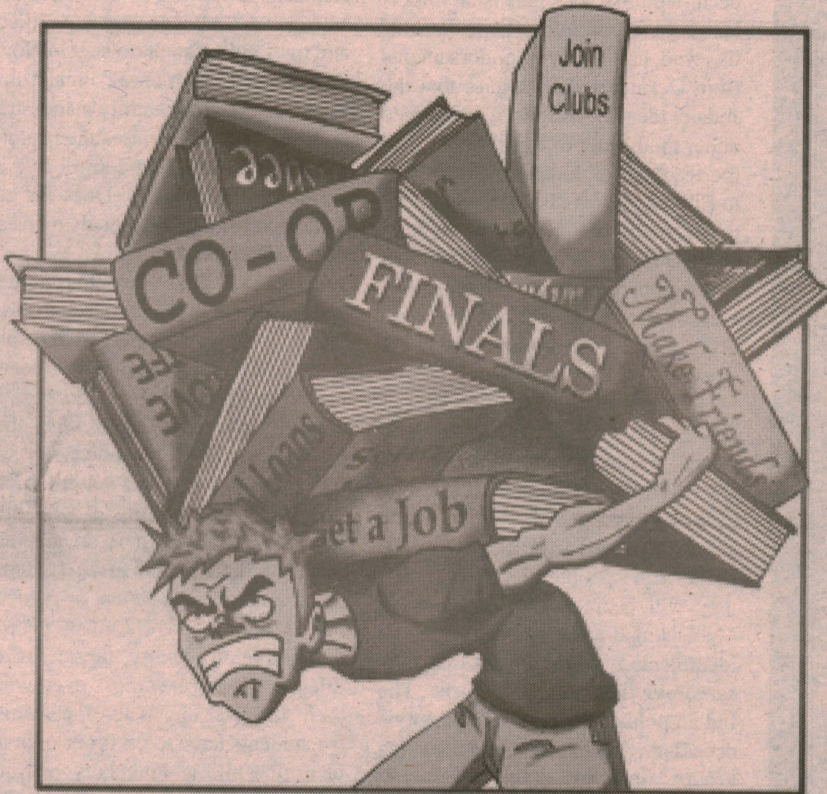
Optimists usually tend to be more successful. Those who multiply successes and shrug off failures are most often healthier and less stressed. By harnessing these traits and developing them to serve your own unique purpose you will see a improvement in your studies as a result.

Students should rejoice in the little victories that life offers instead of focusing on the bad.

For optimum performance a person has to be well rested. Research shows that people that are sleep-deprived have trouble learning and remembering things, and also perform poorly in many other areas. When reviewing your schedule, make sure include a generous amount of sleep time with a few power naps in between.

By the end of the discussion, I had felt even more relaxed after talking to her (maybe it was those comfortable chairs!) So I decided to book another appointment in a few weeks just for the ability to talk to someone about the curveball that life throws. If you would like to book a time for yourself, the student services centre is located on the 4th floor of the Student Union building. If the waiting period for an appointment is too long, you can email Ms. Sarah Morris at sarah.morris@smu.ca.

Ms. Morris parting words for students was, 'The Student Service Centre teaches you life skills to adapt to stress and how to make the transition from one phase of life to another. You then take those skills into the work world and accomplish even greater things throughout your life.'



nance assignment that was due on the same day that I had a midterm... in the same course (don't ask!) Stress affects everyone differently. It can be seen as a motivating feeling, for example, if we didn't have a deadline that we must adhere to then nothing would ever get done. Some people love exams because they see it as a competition; they take their stress energy and channel it into productive tasks.

Many students are pushing themselves mentally and physically by balancing education and a work life just to get by. Students mostly say that the main reasons are because of too little money, being in debt and juggling university life with other commitments. It reminds me of a statement made by a musical artist named Richie Spice, 'If education is the key, then tell me why the leaders make it so expensive for we?'

Due to these issues and more, many students have suffered from depression, anxiety attacks, eating disorders, and even addictions. Fortunately for us, our counseling service has trained counselors who are open to discussing various issues that are of concern. Almost every University has its own on-site counseling service, where through support and professional advice, you can take a hold of your life, survive university, and find new ways to cope with the reality of stress.

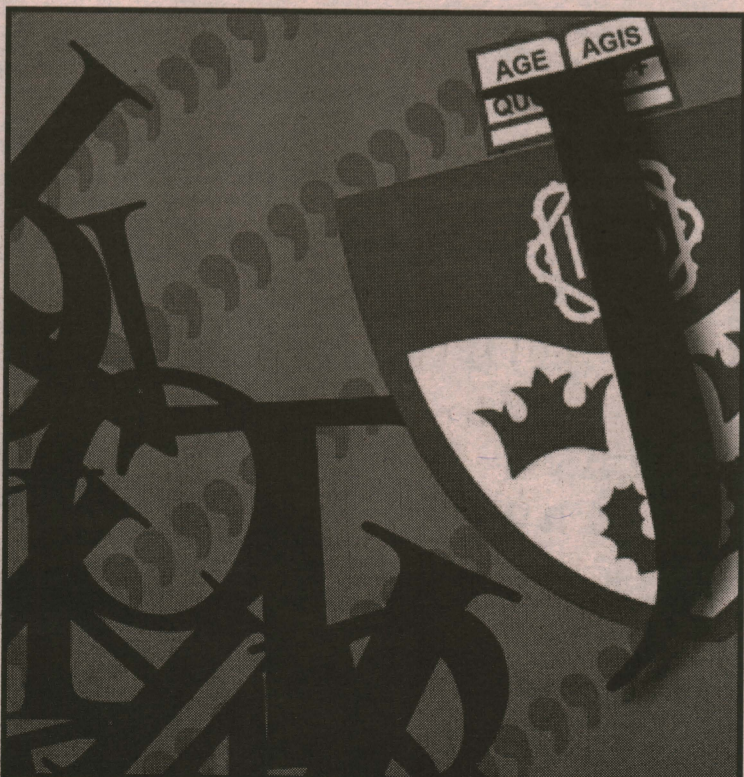
The Journal recently had a meeting

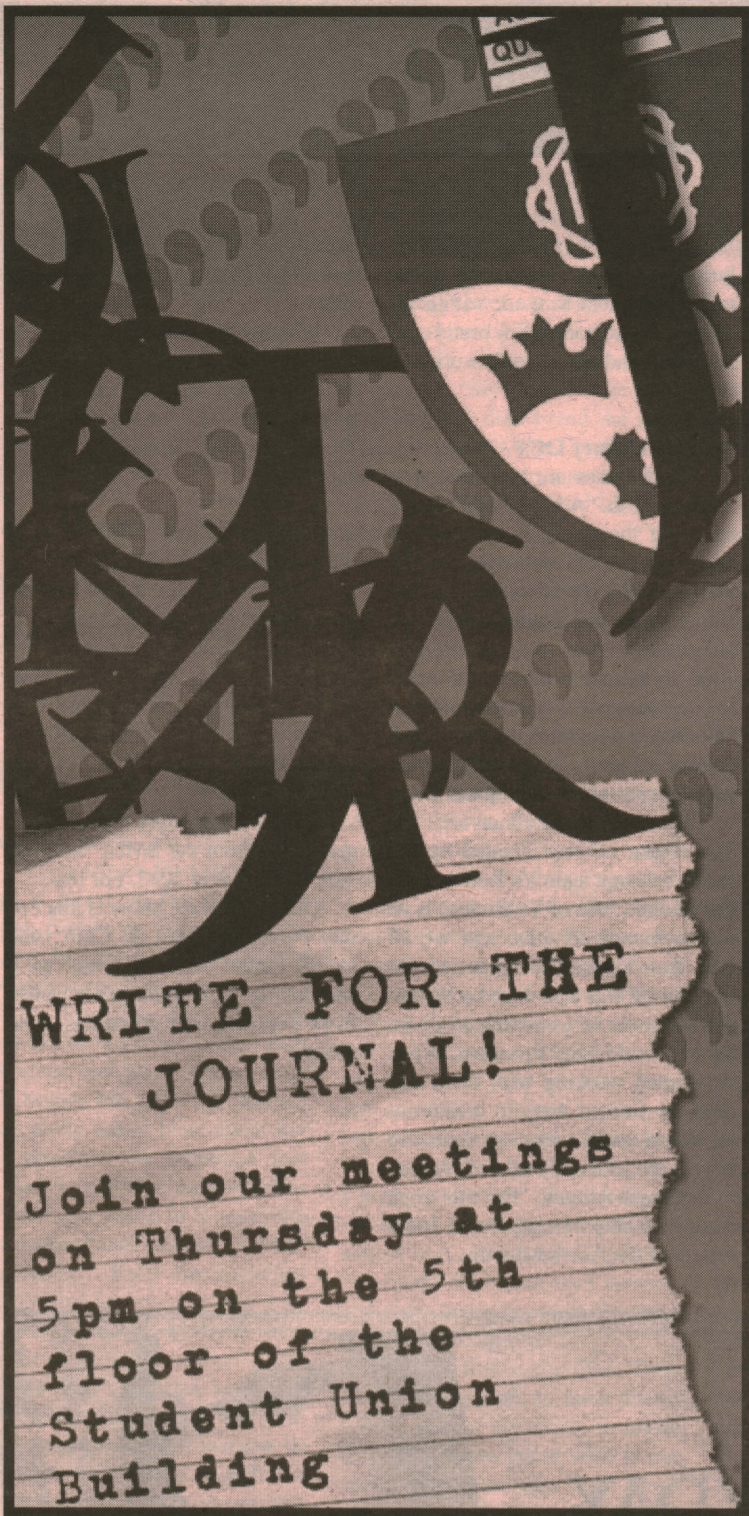
sions that pay attention to both long term and short term considerations. She says that students must remember that university is a large commitment and your choices and actions you take will affect you in the long run. Students transitioning out of high school have exceptional stress as they must also learn to cope with the pressures of university life.

Throughout our discussion Ms. Morris gave me many valuable tips on student stress relief and ways to overcome it. She stated, 'Life is a pressure cooker; it's not about increasing the force but about managing it.' Here are some tips that have been known to relieve stress on students so that they can learn to improve study skills, prepare for exams and make learning a lot easier:

First, the most important factor to managing stress is time management. If you want to do well, it's best to give yourself time to work on your studies by simply planning ahead and having a strict schedule that you adhere to. It is essential to set up a study schedule and to separate your studies into specific categories. After a while you will become accustomed to this system and it will become like second nature.

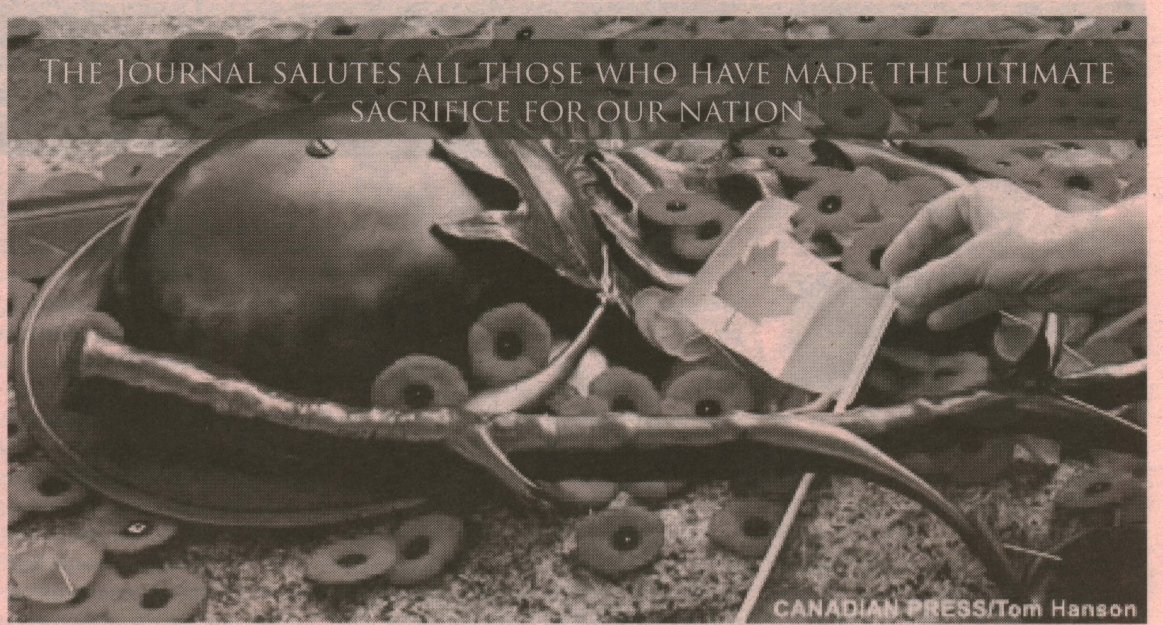
Along with time management and a strict schedule, it is important to have organizational discipline. Being organized can bring you the peace of mind that comes from knowing





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ARTS & ENTERTAINMENT

NICK MADORE
Arts & Entertainment



Interview with the Band "A History Of"

NICK MADORE
Arts & Entertainment

Recently I had an opportunity to chat with Jeff Parker, guitarist/vocalist for Halifax's resident alternative/experimental/hardcore/math rock band, A History Of. With members from other Halifax bands Gamma Gamma Rays, The Plan and Tomcat Combat, they're launching their first LP this Saturday night at Club 1668.

A History Of is composed of members from a number of different bands. How did you all get together? How did the band start?

A History Of started for me when I moved back to Halifax in 2006 and was looking to start a new band. I actually met Noel (from Tomcat Combat) through the Halifax locals message board, although I already knew who he was from shows. Noel and I practiced a number of times with different drummers, with varying success. Finally, Noel suggested Lance Purcell, a friend of his, who was just starting to play in bands again after a break of a few years. Had actually met Lance years before when he played in The Plan, a pretty successful post hardcore band from the late 90s early 2000s. Noel then invited

Andrew Gordon Macpherson (The Medium Mood), to join the band on bass. Noel knew Andrew from playing shows with The Medium Mood and because Tomcat Combat was on the same label (Noyes Records). Andrew moved to Montreal after our 2008 summer tour and we were very fortunate to get Mark Grundy to replace him. We knew Mark from playing shows with his other band, Gamma Gamma Rays, and we knew that he was a fan and a great bassist.

Were you trying to blend the sound of your respective bands, or going for something all-new?

I think that we all came to the band with different ideas but everything clicked and we ended up with something that we are all happy with. There was no specific goal in mind, except for us to play with lots of energy and have fun.

I'm sure that one can hear sounds in our music that are similar to our former/other bands just by the fact that each member has a distinctive playing style. However, the end product ends up being quite different. For Noel, I think that A History Of is quite different from Tomcat Combat because he gets to write and sing vo-

cals in our band. For Mark, our band is a lot more aggressive than Gamma Gamma Rays so it gives him more of an opportunity to scream and yell.

Tell me about the writing process for these songs.

Our songs are a group effort. Usually one of us will bring forward a progression and then the band will turn it on its head and change and re-write it. Everyone participates in the writing process. In particular, I think that we pay a lot of attention to rhythms and rhythm changes, which is different from other bands that I have played in. In the end our songs are usually completely different from what that started out. We're each not afraid to say if we like or dislike something and in the end I think that makes for better music.

Lyrics and vocals usually come after the instruments but not always. One of us (Mark, Noel, or I) usually takes the vocal lead at some point in the writing process and then the others fill in the gaps. The three of us sing on all but two of the songs on our new album. The lyrical content of our songs usually develops over time, getting written and re-written until we're happy with it and they're usually not finalized until we're in the studio. Personally, I usually start with the song name and develop the

lyrics from there based on the theme and adjust them to work within the context of the song. I'm pretty sure that Noel and Mark don't work that way.

Why "A History Of"?

Band names are hard things to come up with. "A History Of" ended up being the one that we were all happy with/could live with. I think that we had a list of over a hundred names that we were considering before we played our first show in 2006. In the end, A History Of works for us...we write lyrics using a lot of historically based themes and I think that we all enjoy the historical imagery that surrounds our album art.

Tell me about the album art.

The album art was created by the Halifax design team Yo Rodeo. Paul Hammond (50% of Yo Rodeo) is an old roommate of mine and we all love their work. The album art for our first EP was also done by Yo Rodeo as a trade for us mixing an album for Paul's old band Prisoners. When we started working with them this time we wanted them to create our album art using a nautical theme, to fit with the title of the album - Action in the North Atlantic. The title track is about a ship sinking in the frigid waters of the North Atlantic.

What's a live A History Of show like?

We play with as much energy as we can and have a lot of fun. From what I've been told, the crowd usually watches Lance on the drums and the big grin that's always on Mark's face.

Anything else you want to say? Things people should know?

Our new album, Action in the North Atlantic, was recorded by J. Lapointe (North Of America, Instruments) using his new (to him) 16 track analog tape machine. The last album recorded on this machine before he got it was a Willie Nelson Album.

I am a Saint Mary's graduate. I graduated from the SMU, *cough*, MBA program in 2003. For real.

Our LP Release Show is this Friday November 14th @ Club 1668 (1668 Lower Water St.) and we'll be playing with three great bands: York Redoubt, Bad Vibrations, Cold Warps.

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An Interview with The Box's Cameron Diaz, James Marsden, and Richard Kelly

JEFF CUSACK
Editor-in-Chief

Last week The Journal had the opportunity to take part in a conference call with the stars and director of the new sci-fi movie *The Box*. The movie, which stars Cameron Diaz and James Marsden (best known as Cyclops in the *X-Men* films), is directed by Richard Kelly (best known for writing and directing *Donnie Darko*.) In the film Diaz and Marsden star as a down-on-their-luck married couple in the 1970s who are approached by a strange man and given a box with a button in it. The two are told that if they press the button they will be given a million dollars; however someone they don't know will die. Cameron's character presses the button and the story moves on from there. The script is based on the short story *Button, Button* by Richard Matheson, and has also been adapted into a *Twilight Zone* episode.

Diaz, Marsden, and Kelly all seemed to have a great rapport with each other, and joked around quite a bit before the interview started. When Kelly asked Diaz about her busy schedule she remarked that she had just flown into Manhattan (from her house in Boston) the night before "and, ya know, worked it out buddy!" Kelly then explained jokingly that he was currently watching Rachel Ray in his hotel room in order to get some inspiration for his next film. Marsden kept relatively silent before the interview, which could have been because he seemed to be the only one of the three who realized that twenty different universities were listening to their conversation.

Each participant in the call got to ask one question, and I had the opportunity to kick things off. I asked whether Cameron or James had read the story which *The Box* was derived from, and was surprised to learn that they hadn't. James said that, "Embarrassingly, I never read the short story, not out of laziness but because we just wanted to focus

on what we were doing." As for the *Twilight Zone* episode, he had seen it, but wasn't allowed to comment on it. Richard said that legally they weren't even supposed to mention the show by name. Cameron agreed with James' take on the short story; "My answer's the same as Jimmy's, I didn't read the short story because I wanted to focus on our script." Of course, as the film's writer and director, Kelly had read *Button, Button* in the past. "The short story was something I originally read when I was young, and it had a huge impression on me. I optioned it from Richard Matheson and spent many years trying to figure out how to adapt it to a feature film, and now here we are. It was a long journey."

Despite being a frequent subject of the tabloids, Cameron takes a positive attitude "If you're angry and upset about the things you can't control, then you pretty much spend your life being angry and upset. It's easier just to enjoy life and embrace and be appreciative of the things I do have in my life and can control, and look at the things I can't control and figure out how to make them not so terrible. I just try and be happy and bring positive things into my life, and that works so far, I have a pretty good life." She also gave advice on becoming a successful actress and on success in general. "Be happy with your own success, and don't measure yourself against the success of others."

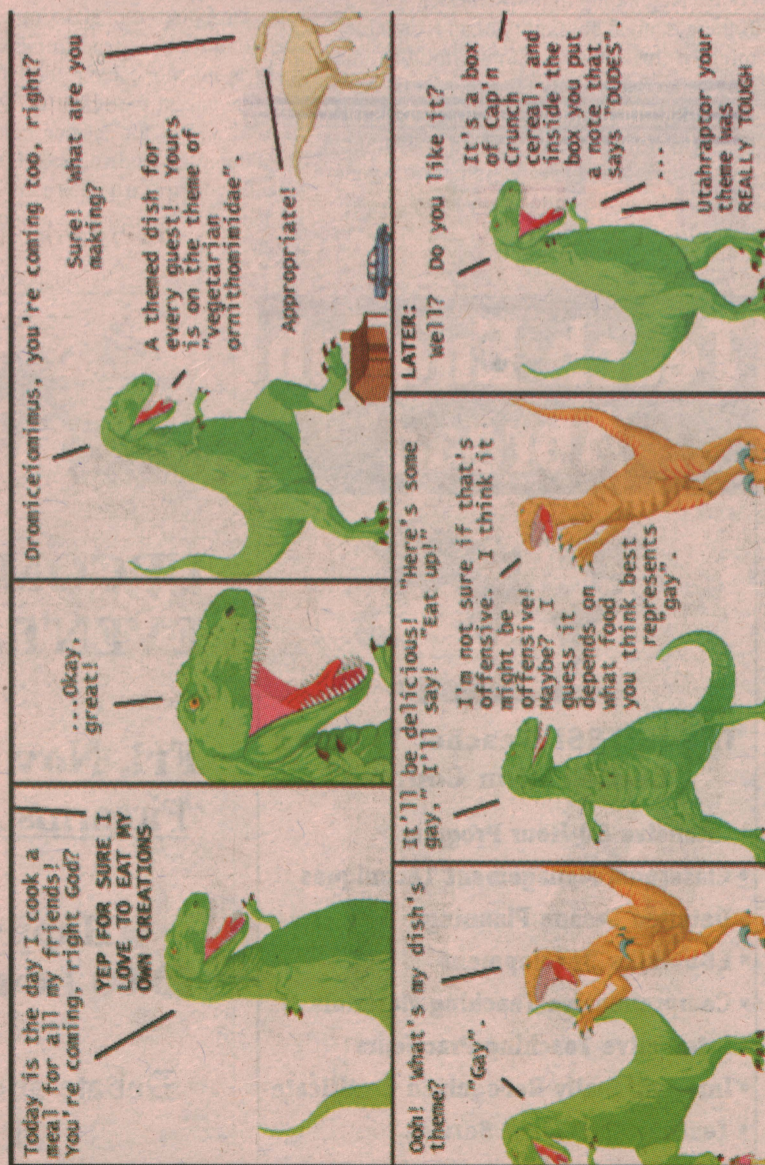
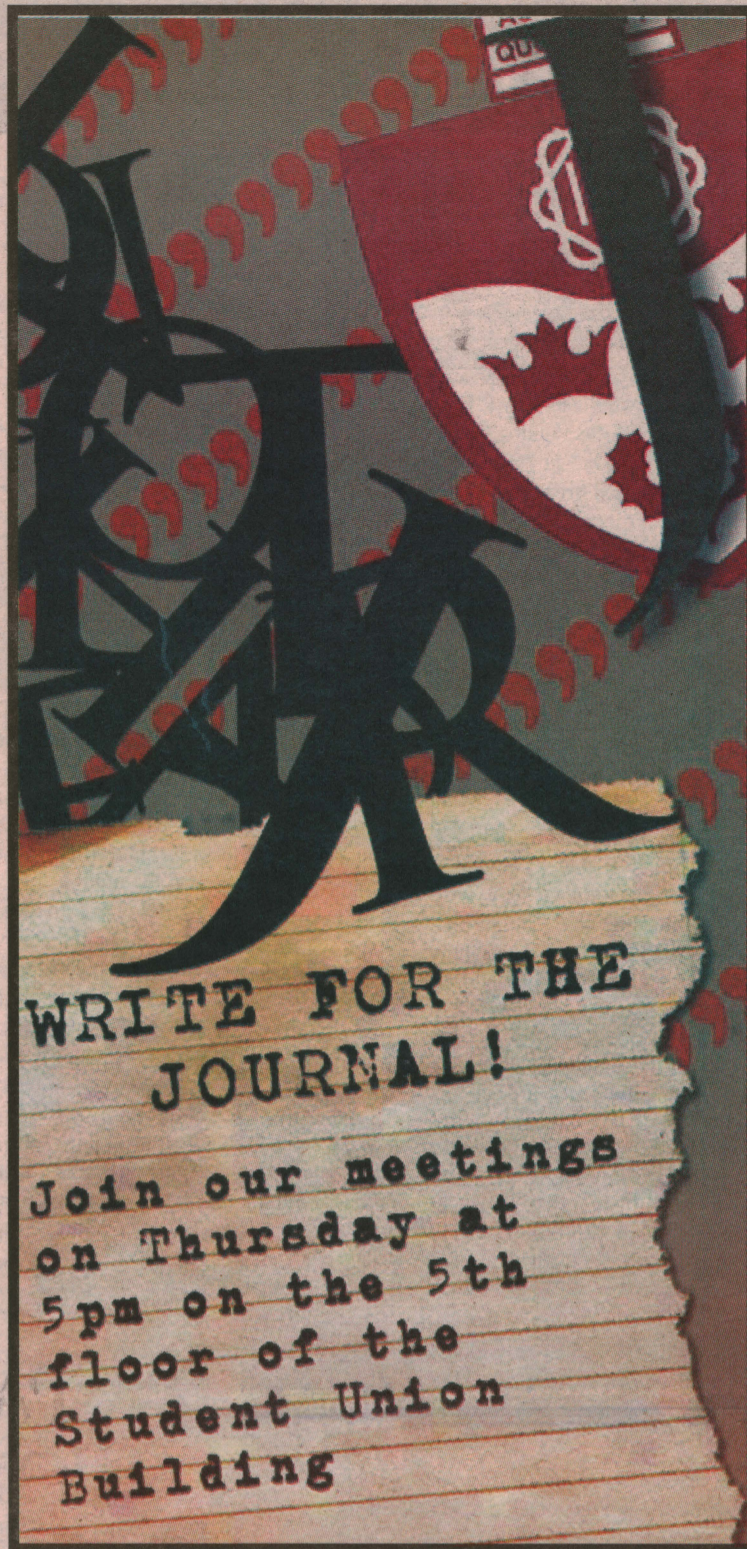
Richard's first major film, *Donnie Darko*, appears to have played a large role in his ability to create this film. When asked what it was about the script that they liked, Cameron and James both said that it was Kelly, not the script, which got them interested in the project. Regarding the acting process, both Cameron and James said that they put a lot of themselves into the characters. Cameron explained that "Ideally my performance wouldn't have any of me in it, but ultimately all I have is what's in my toolbox, and that's me." James' take on the issue was slightly different; he said that any actor who felt the script re-

sonated with them was identifying a quality shared by themselves and the character which they could use to inform their acting.

Despite being set in the 1970's, Richard intended the film to speak about contemporary issues. "The film really puts in the crosshairs the idea of the nuclear family... this family is really living beyond their means... looking at the economic crisis right now... these are things which we can identify with." Despite the modern message, the 1970's setting was a necessity for Richard. "The concept of someone you don't know, which is inherent to the premise, doesn't really exist anymore with all of the technology we have today. I realized that if I wrote it today I was going to have to write that scene where Norma sits down at her computer and googles Arlington Steward. The story only held on to its plausibility by retaining the 1970's era in which the short story was originally written."

Since the movie is based on a short story, Kelly had to expand significantly on the existing plotline. According to Kelly he had the impression that the story made a "great act one" for the film and that he built the rest of the film on that. In particular he drew inspiration from a line in the story that hinted about the nature of the organization behind the box: "I can assure you that the organization is large, and international in scope." After reading that line, Kelly wanted to know "who are the box's producers, why are they doing this, [and] why are they approaching married couples?" Kelly used this question to inform the script for the rest of the movie.

Despite Cameron's sunny disposition, both she and James seemed pessimistic about the state of today's society. When asked if they thought most people today would press the button (and kill someone they don't know for a million dollars) James answered "probably", while Cameron asserted that "In today's society, I think that we're proving that we're pushing the button more than ever."



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NEWS

KIMBERLY DARES
News Editor



Tragedy at Fort Hood

KIMBERLY DARES
News Editor

Thursday November 5th was a tragic day at the largest American Army Base. Thirteen people were killed and 42 injured when Army Psychiatrist Maj. Nidal Malik Hasan allegedly opened fire at the Fort Hood Readiness and Processing Center.

The shootings began at 1:30pm local time and were over in about five minutes due to the quick action of a civilian police officer in the area. The massacre was stopped by a civilian police officer, Kimberly Mulrony. The officer was in the area when she received a radio transmission about the situation. Mulrony engaged the assailant and shot him four times, she was also injured in the exchange.

Of the 42 injured including the suspect, 16 remained in the hospital at press time, and 7 were in intensive care.

Originally it was thought that there may have been as many as three shooters on the base and that they had escaped. By Saturday night however Army Criminal Investigators announced that the evidence suggested there was just one shooter at the scene. It is also believed that those wounded were not hit by friendly fire but by bullets from Hasan's weapon.

The Army Criminal Investigators also made a public plea for any evidence that had been taken from the scene when people fled, particularly clothes contaminated with blood splatter or personal vehicles that received gunshot damage. The items are being reque-



sted to allow army investigators and the FBI to get a better understanding of the bullet trajectory and the motions of the shooter. Located in Texas, Fort Hood is described as a city with over 30,000 residents; it is home to several schools, sporting arenas, malls and subdivisions. It is also the place of transition for American troops as they prepare to leave for Iraq or Afghanistan or try to return to civilian life. The Readiness Center targeted by Hasan is often the last stop before deployment for troops. It is also used to help returning soldiers deal with post traumatic

stress disorder or those trying to leave the forces.

In most mass shootings the assailant does not survive as they either commit suicide or are killed by emergency response personnel in an effort to end the carnage. In this case however the suspect, Hassan, did survive despite being shot four times by Police. He was in critical, but stable condition Monday morning after being taken off the ventilator and was said to be alert and able to speak. Hasan, 39, was an employee at a base hospital at Fort Hood. He provided care and support to soldiers with behavioural health problems. He was a vocal opponent of the U.S. led War on Terror according to those that knew him and wanted to get out of the Army. The motive behind the attack is still unknown and President Barack Obama cautioned against "jumping to conclusions" about Hasan's motives.

Twelve of those killed in the massacre were military personnel and one was a civilian. All were placed in flag draped coffins and transported to the Dover Air Force Base in Delaware where the bodies were treated with the same respect given to those killed overseas.

It will still be many weeks before there is real understanding of what happened at Fort Hood and what drove Hasan to commit such a crime.

Friday is your Last Chance for Withdrawing from Class

KIMBERLY DARES
News Editor

This Friday, November 13th is the last day to withdraw without academic penalty from a three credit hour course or a six credit hour course taught only in first semester.

If there is a real possibility of an F or D looming on this semester's transcript then this may be an opportunity to save your GPA. If you withdraw from a class, instead of an F or a D you will receive a W on your transcript which will have no impact on your GPA, and can be better than taking a low mark.

On the other hand if there is any way to improve your grade in the class, withdrawing may not be the best idea, especially if it is a required class as you will have to re-take it in the future in order to meet graduation requirements.

Withdrawing from a class may have no academic penalty but there is a financial one. Dropping the class now will mean forfeiting the fees paid to take the class as there is no monetary refund for dropping one this late in the semester. That is a loss of \$558 (\$568 for science courses) if you are a domestic student, or \$1116 (\$1126 for science courses) if you are an international student. If you are a Nova Scotian student

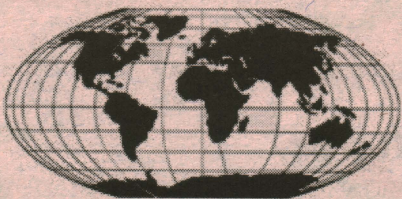
you will lose only \$446 thanks to the NS University Student Bursary of \$102/per half credit course.

In addition to the money lost for the dropped course you will also eventually have to shell out the money for a course to replace it in order to reach the required credit hours needed for graduation.

If withdrawing from a class seems like your best option it can be done through Banner Self Service by going to "Add or Drop" a class and selecting "Web Drop".

The last day for withdrawing from a six credit hour course taught over both semesters is January 15th.

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Newsfeed

Lakehead University Votes to Ban Pro-Life Society

Lakehead UNIVERSITY

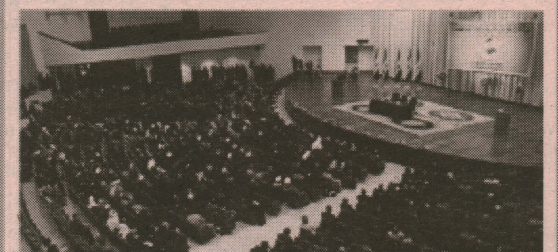
The Lakehead University Student Union recently voted 7:6 in favour of banning an on-campus club, Lakehead University Life Support (LULS). The group had only been given status as a club in March following a two year battle. The ban comes following what are deemed as false complaints about the club, the justification given was that the club was "too exclusive" and held an "extremist" view of abortion. The LULS plans to appeal the decision and has spoken out against the Student Union for trying to silence discussion.

This comes just weeks after the McGill Student Union voted to suspend funding for a Pro-Life club at its University for allowing an anti-abortion speaker, Jose Ruba (who previously spoke at SMU) to present on-campus.

US Closer to Health Care Reform

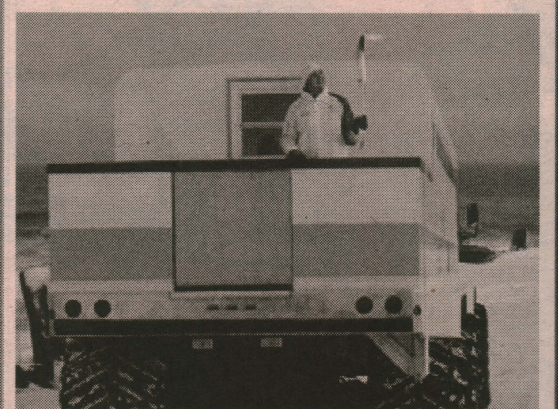
Late Saturday night the US democratic controlled house voted 220-215 in favour of passing President Obama's proposed Health Care Reform legislation. The legislation now must be passed by the United States Senate. Republicans in the Senate have said they will do all they can to prevent the legislation from passing as they believe it will lead to higher insurance rates and tax increases as well as taking away employment opportunities, these concerns are detailed in an almost 2,000 page document. Obama's Bill would give coverage to 96% of the American population by forcing large companies to provide coverage to employees, and others to purchase their own insurance. The Government would provide subsidies for those who could not afford insurance on their own.

Progress toward Iraq Election



Iraqi Parliament passed a law over the weekend that will allow national elections to be held in January 2010. The law was hailed as "a historic victory of the will of the Iraqi people" by Iraqi Prime Minister Nuri al-Maliki. There was great pressure on Iraqi politicians from the US and United Nations to pass the law as was viewed as a test of the Iraqi leaders ability to create a functional government. Ministers voted 141:55 in favour of the law. If political stability can be achieved the United States will begin pulling troops out in August 2010, having all troops out by 2011.

Olympic Torch Relay Update



The Olympic Torch relay travelled further north than ever before to Alert, Nunavut just 500 miles from the North Pole. On its journey the relay was held up when a polar bear crossed the road. The torch stopped at the Canadian Forces Base Alert the northernmost inhabited place in the world. Twenty members of the Canadian Forces stationed there ran the torch through the Arctic night. The countdown to the games is at 93 days from November 11th.

REMEMBRANCE DAY: A CANADIAN PERSPECTIVE

KIMBERLY DARES AND
JASON MACDONALD

Canadian Press/Tom Hanson

What Conflicts Are Being Remembered

The South African War

More commonly known as the Boer War, the South African War began on October 11th 1899 between the British and the South African Boers over territory. The British Empire wanted control of South Africa, while the Boers wanted to maintain their independence. Debate began in Canada as to whether assistance should be offered to the British and it was eventually decided that Canada would help to support the British by providing volunteer troops and equipment as well as transporting soldiers to South Africa. In exchange the British were responsible for paying any Canadian soldiers who participated and returning them to Canada following the end of their service. 7,368 Canadians served in The Boer War. Roughly 280 died while serving and 250 were injured. Of those who died, 89 men were killed in combat, while 135 died of illness due to lack of hygiene and sanitation. The remaining 56 died in accidental situations.

World War One

The Great War (1914-1918) involved 30 nations and over 65 million men; it was unlike anything the World had ever seen before. Fighting was predominantly done in trenches, with small swaths of land being disputed territory for months at a time. Battles for these ridges and hills raged day and night for weeks or months on end and were the site of some of the greatest acts of heroism in modern times. The Canadian forces made their name as an important force for the Commonwealth during the Great War. Canada was a small country of just 8 million people in 1914, and 619,636 men and women served as members of the Canadian Armed Forces. The Canadian death toll was high at 66,655 members killed. For every ten soldiers engaged in combat only nine made it home to their families. Over 172,950 Canadians were wounded in the War. There are an estimated 19,660 Canadian casualties that have no known gravesite.

World War Two

The Second World War (1939-1945) saw the enlistment of more than one million Canadians of which 45,000 made the ultimate sacrifice.

This war cemented Canada's image as a strong and reliable military power. Despite having a population of just 11 million people Canada boasted a six division army, the third largest navy, and the fourth largest Air Force of the Allied powers. Canadian soldiers served everywhere, against every type of enemy, and in every terrain from the North Atlantic to the North Sea, England, France, Belgium, Germany, Italy, North Africa, and Hong Kong where they were engaged to protect British assets in the territory.

The Korean War (1950-1955)

The Korean war, also known as the Korean Conflict, was a new type of war for the Canadian Army. Initially engaged against the Communist North who perpetuated an act of war against South Korea (by crossing the 38th parallel with their army), Canadians were brought in as part of a United Nations Peacekeeping mission that quickly devolved into all out war fighting. Korea was unique for the Canadian soldiers as it was their first taste of guerrilla warfare: Gone were the days of lining up in trenches and taking pot shots at the opposing force, now soldiers had to patrol the forests and seek out their enemies. The first Canadian troops to be engaged in Korea were the crews of three Royal Canadian Navy Destroyers and six aircraft from 426 squadron, that flew resupply missions to the troops on the ground. 26,791 Canadians served in the Korean conflict and another 7,000 served in the theatre between the cease-fire and the end of 1955. Of the 490,000 casualties only 1,558 were Canadians.

UN Peacekeeping

Canada and her soldiers built a reputation as a peacekeeping nation following involvement in the Suez Canal crisis of No-

vember 1956, Canadian soldiers have been foremost in numerous UN peacekeeping missions and are one of the first nations appealed to when mandated by the UN. Since 1956, Canadian peacekeepers have donned the UN Blue Beret in Egypt, Cyprus, Syria, the Persian Gulf, Yugoslavia, Bosnia and Herzegovina, Croatia, Moldova, Somalia, Haiti, Rwanda, Ethiopia and Eritrea, East Timor and Afghanistan. Since 1956 if there has been strife, civil war or internal conflict, Canadian soldiers have likely been called in to support and enforce UN mandates. All told, approximately 125 Canadian soldiers have lost their lives in the name of International Peace.

Afghanistan

The Canadian involvement in Afghanistan began following the September 11, 2001 attacks on the World Trade Centre in New York City and the Pentagon by al-Qaeda; a branch of Muslim extremists with ties to The Taliban, formed as a strong arm replacement to the tribal government of Afghanistan and put in place by the Soviets following their defeat to the Afghani people in the late 1970's early 1980's. Canadian soldiers have been in Afghanistan since early 2002, making this the longest combat mission Canadian soldiers have ever been engaged in. Canadians are based primarily in Kandahar at Kandahar Airfield and also at Ma'sum Ghar, fighting Taliban insurgents in Kandahar province. However they are also building schools and other infrastructure through the Provincial Reconstruction Team, a Civilian Military Cooperation effort to help improve the quality of life experienced by the Afghan people. This war is difficult for Canadian and other NATO troops to fight, the insurgents are using unconventional tactics and are hiding behind law abiding citizens to try and conceal their movements and attacks on coalition forces. To date, 133 Canadian soldiers have lost their lives fighting against the Taliban. Of the 133 soldiers killed 111 have been killed due to enemy action and 22 by friendly fire incidents.

Who Is Being Remembered?

Remembrance Day is a time to reflect upon the sacrifices made by those who served in Canadian Conflicts or peacekeeping roles. We remember those who served on the front lines, those Canadians who work or worked diligently to help those injured in battle and those at home who worked in factories.

Soldiers, Sailors, Airmen, Merchant Mariners, Nurses and Doctors, and the families left behind all deserve acknowledgement. During both of the World Wars young boys under 16 lied about their age to join the military, many serving with siblings or cousins on the far away battlefields of Europe. Some served in World War One as teenagers and in World War Two as much older men.

How Remembrance Day Began

November 11th, 1918, Armistice Day, marks the end of the First World War at 11am; this is significant as it is the 11th hour of the 11th day of the 11th month. On the 11th of November 1919 the first Armistice Day was held throughout the British Commonwealth to commemorate the end of the War. Between 1923 and 1931 it was held on the Monday of the week in which November 11th fell and then in 1931 a Bill was introduced to hold Armistice Day on the same day every year and to officially re-name it Remembrance Day.

Prior to the Bill's passing, Thanksgiving and the Armistice were celebrated the same day, but following the approval of Remembrance Day, Thanksgiving was moved to October 12th 1931.

Significance of the Poppy

In the early days of November the jackets of Canadians are adorned with pins of poppies, the red and black flowers that grew in the battlefields of Europe during World War One. The red colour is said to be symbolic of the bloodshed associated with trench warfare.

The tradition of wearing a poppy is related to In Flanders Field, the poem by Canadian doctor John McCrae. These pins have been worn in Canada since 1921 and are sold by members of the Royal Canadian Legion to raise money for Canadian War Veterans. The poppy is intended to be worn on the left side as near to the heart as possible.

Poppies distributed in Canada are red felt with black centres and fastened to clothing with stick pins. Several interpretations of the Poppy are worn in many other countries as symbols of remembrance.



How is it Commemorated?

Canadian Remembrance Day is a National holiday. It is also recognized as a statutory holiday in many Canadian provinces, the exceptions being Quebec, Ontario, NFLD and the Northwest Territories.

Elementary and secondary schools hold ceremonies on the day before or the day of depending on the province. There are ceremonies held at Cenotaphs across the country ranging in size.

The largest ceremony is held in the Nation's Capital, Ottawa, at the National War Memorial. The Governor General of Canada presides over the ceremony and it is broadcast on television across the country to those who cannot attend.

The Armistice is commemorated in most countries although not always on November 11th.

In the United States, November 11th is a statutory and national holiday known as Veteran's Day but there is more emphasis on Remembrance near the May Memorial Day holiday.

France and Belgium commemorate sacrifices of war on Armistice Day, November 11th

In Italy, November 4th is recognized as a day to remember fallen men and women. Ceremonies are usually held on the first Sunday of the month.

In the Republic of Ireland, November 11th is not a public holiday. Fallen Irish men and women are remembered on the National Day of Commemoration each July. Those who served as part of the British Commonwealth in WWI recognize November 11th as a day of Remembrance.

Memorials and Cenotaphs

In the post World War One era many Canadian communities struggled to come to terms with the loss of life. Community resources were pooled to allow for the erection of monuments honouring the war dead. In many small Canadian towns and cities, there are small monuments, often near churches or legions, honouring the sacrifice of community members.

Cenotaphs are designed to honour those who are buried elsewhere and provide the opportunity to honour the dead whose bodies remained overseas.

Crosses and other religious symbols, such as Madonna and child, are often featured on war memorials. Often the original monuments were small in size with brief inscriptions about WWI and then the names of those who had fallen. Following the Second World War many monuments had additional material added on to make room for the addition of new names.

There are also larger monuments that honour the losses of larger communities, such as soldiers belonging to a specific army regiment or sailors and their ship. An example of this type of monument can be seen in Point Pleasant Park. The Sailors Memorial, erected in 1967, honours the 3,257 men and women who were lost at sea during the World Wars and other Canadians as well. The monument features a large granite Cross of Sacrifice that is visible to all ships entering the harbour.

BUSINESS & SCIENCE

MONIQUE JOHNSON
Business & Science Editor



Paradise, Close to Ruins!

MONIQUE JOHNSON
Business & Science Editor

In recent years, the sea temperature has been decreasing. Coral reefs in the Caribbean and the central Gulf of Mexico have recuperated thanks to the chilly seas. It has been noted by scientists that when the water is warmer, animals that inhabit the coral reefs reconstruct their own coral to compensate for the lack of coral. This usually produces a bleached-like coral that is usually off white. Color in coral reefs is a sign of nutrition.

According to C. Mark Eakin, who is the coordinator of the National Oceanic and Atmospheric Administration's Coral Reef Watch network, the sea temperature has been pretty chilly, as there was another fear that the bleaching problem would have reared its ugly head this year. Eakin was in Puerto Rico for a meeting of the United States Coral Reef Task Force.

The year 2005 marked a doomsday for the coral reefs. The seas were significantly warmer and as a result, coral bleaching was higher. Close to ninety percent of the coral reefs located

in the Eastern Caribbean were close to dying. In July 2009, the Coral Reef Watch predicted that the temperature was increasing. However, due to a switch in temperature the coral reefs were spared. It is evident that this problem will loom several times a year.

Scientists are happy with the drop in sea temperature, as there have been signs of rejuvenation in the coral world. With just a slight increase in sea temperature bleaching can occur. If the bleaching lasts for more than a week, there can be catastrophic ramifications: the organisms around the coral reef that rely on the algae to help sustain it or will die out. Bleaching activity was reported in the Caymans this year by scientists.

The Caribbean is known for its warm water temperatures due to year-round sunshine. This warm water is one of the marketing tactics for the hotel industry. Tourists from the North fly south for warmth, so it is bittersweet that the coral reefs are paying the price for this warm slice of paradise. Let's keep our fingers crossed that the ecosystem will work itself out, as tourism contributes largely to the Caribbean economy.



In the Likeness of Them All

MONIQUE JOHNSON
Business & Science Editor

No Doubt, the band, is suing Activision Publishing, Inc. (video-game maker), for a feature included in the new Band Hero game. Virtual band members are controlled by players, and are used to sing the songs of other artists.

The lawsuit mentions that the feature allows lead singer, Gwen Stefani, to sing immodest lyrics from the hit song "Honky Tonk Women" by the Rolling Stones. This feature also allows No Doubt's base player, Tony Kanal, to sing in Stefani's voice to the hit single "Just a Girl."

This game is a spin off from the popular Guitar Hero game which allows players to enact virtual musicians by using a guitar.

Activision's representatives have indicated that they did indeed have negotiations with No Doubt's management and has a written agreement to prove it. The company is confident that the lawsuit has no merit.



Activision will not change the feature of the game even though No Doubt is strongly against the "Character Manipulation Feature" of Band Hero. The lawsuit also includes that the feature is turning the band members "into a virtual karaoke circus act."

Other musicians and their family members have weighed in on the lawsuit: The widow and bandmates of Nirvana's lead singer, Kurt Cobain, were also in dismay regarding the virtual front man and how he is used in Guitar Hero 3 to play songs by other artists. Activision fired back that they obtained a written agreement to utilize the band member's true likeness in the video game.

Others singers used in the Guitar Hero video game are Jimi Hendrix, Billy Corgan, Sting, Ozzy Osbourne, Carlos Santana, Johnny Cash and members of Aerosmith. Other video gaming companies such as Xbox 360, PlayStation 2, PlayStation 3, Wii and Nintendo DS, featured Taylor Swift and Adam Levine.

Just When You Thought You've Heard It All About Crabs

MONIQUE JOHNSON
Business & Science Editor

According to researchers from down under (Australia), female Fiddler crabs trade sex with their male neighbors in exchange for protection from intruders. Patricia Backwell led a team of researchers at the Australian National University. This report was featured in the Royal Society Journal's Biology Letters. Both sexes live in burrows, so protection from intruders is crucial when it comes to survival and proper care of the young.

Male Fiddler crabs have a large claw, which is primarily used to fend off intruders. Female Fiddler crabs have two small claws which are used for feeding. I'm surprised the crabs have not evolved over the years to produce a protection mechanism. Though it is a bit extreme to exchange a sexual encounter for protection, it seems the females have no choice.

Using past research Backwell found that male Fiddler crabs helped other males to fend off intruders. Rock Pipit, a type of bird, also demonstrates similar behaviors. It is rare for an animal to join forces and protect its neighbors, because it can result in bodily harm not to mention the loss of young due to the burrows being unprotected. Michael Jennions, research team members and behavioral ecologists, also mentioned that some animals do befriend neighbors to prevent large animals from moving in beside them.

The background information on

mating rates was initially established on mudflats in Durban Harbor, South Africa. They found that female Fiddler crabs mated with its male neighbors in the burrows of the same species. Females also mated with other Fiddler crab males on the surface of the mudflat. Female Fiddler crabs are normally hard to please, so the fact that they are sleeping with every Tom, Dick, and Harry raises many eyebrows.

There were many trials done in the mudflats in Mozambique to determine which sex the males would choose to protect when an intruder would threaten the neighborhood. A tether was glued to the shell of a crab to simulate an intruder. This object was placed at the entrance of

the burrow. When the intruder was a male, a male would scurry to defend the female 95% of the time in 20 out of 21 trials. When the intruder was female, protection only occurred 15% of the time (3 out of 21 trials). No matter how big the intruder, the protection strategy took place.

Jennions mentioned that it is a good strategy for males to have female neighbors because they are the weaker of the sex and do not pose a threat to evict them. There is no evidence yet as to whether the male would refuse to protect the female if sex is withheld. I'm sure this will be quite interesting to monitor if someone does decide to research it.



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Nursing it Back to Health

MONIQUE JOHNSON
Business & Science Editor

The shortage of nurses in Nova Scotia has resulted in large amounts of overtime being paid out to employees. In one case there was as much as \$145,700 paid out to an employee in a year. The highest overtime earnings for one nurse with the Capital District Health Authority, was \$69,000 annually because her hours were tripled. She worked 2,215 hours in overtime. There was no information on the nurse, nor a location as to which health facility she worked in. The second ranking nurse made \$134,098.

Since the health district is short 52 nurses, up to 100 nurses have worked more than 200 overtime hours in the past year. To help fight the problem,

authorities are hoping to increase the space in nursing schools or offer jobs that do not require nursing degrees. Sick leave days are expected to be shortened, as some nurses logged over 100 hours in sick leave per year.

Michael Rachlis, a health policy analyst, mentioned that the nurse profession here in Nova Scotia has the highest absentee rate in the country. Seven thousand nurses do not show up to work every day, this exceeds the number of nursing graduates per year. The health care profession is quite demanding, and can cause burn out. This has a ripple effect of more overtime hours being worked because employees are sick and/or tired. Officials are looking into the overtime matter; however, there are no solutions to date. Kathy MacNeil, the CDHA's vice-president, noted that a solution can take five to ten years to sort itself out.



POTASH CORPORATION, a fertilizer company in Saskatchewan will lay off 800 workers at three mines in the province. Layoffs will commence in November and December.

WEST FRASER TIMBER CO. LTD. in Kitimat, British Columbia will be closing its doors on January 31, 2010. The company is blaming the rising of the Canadian dollar and the declining forestry sector. 535 employees will be laid off from the 40-year-old mill, which produces linerboard and kraft paper. These supplies are used for cardboard boxes and packaging.

MICROSOFT CORPORATION announced that it is cutting 800 more jobs. Earlier in the year Microsoft laid off 5,000 employees. Offices around the globe are experiencing the cutbacks. There was no indication as to which jobs are feeling the burn. Web search is a key area in which the company said it would mainly focus its hiring.

NOKIA SIEMENS NETWORKS said it plans to lay off up to 5,700 wor-

kers around the globe in order to cut annual costs by \$785 million. Five of the company's businesses units will be reduced to three in January. Nokia is planning on using partnerships and acquisitions to compensate for the loss. As the "savings" plan broadens, seven to nine percent of the global workforce is due to be cut.

The financial picture of Nokia is looking grim as well. Sales have dropped 21 percent in the third quarter and the operating losses of the company are increasing to \$1.7 billion. The recession has been a factor in the decline in sales and so has increasing competition from other technology companies. Looking towards the big picture of the future, Nokia is heading in the direction of expanding its portfolio and extending its reach to monopolizing on existing assets.

JOHNSON & JOHNSON is set to streamline its business operations and restructure on a global scale to save \$900 million USD. Management will be trimmed as well as 8,000 jobs. Up to seven percent of their global workforce will be affected. The numbers are estimated to be about 118,700

workers. Though layoffs and restructuring changes will be faced, there is a positive spin on the share price of the company, which has increased a few cents.

The lean approach will simplify business on a large scale. With restructuring to be completed in 2011, Johnson & Johnson will save \$1.7 billion USD annually. Generic brands have given the company a run for its money and have proven to be successful: in the third quarter revenues fell five percent. With restructuring and streamlining of a business, the long term picture is always in sight. Management of the company added that the change will foster long-term growth in a declining economy. Having the future in mind, management is looking to expand the markets to coincide with the evolving face of health care. Resources are crucial, especially with more and more pharmaceutical companies evolving and more generic brands which are providing almost the same effect as the name brand.



STRANGE ITEMS FOR SALE ON EBAY

ONE SLIGHTLY USED ROLL OF NICE WHITE SOFT TOILET PAPER

Buy It Now: \$85,000
The seller continues to use the toilet paper daily, but plans to sell the remainder of the product on eBay. He does admit that the outrageous sales are used to draw buyers to his page. However, he said he is willing to sell it if someone makes him a legitimate offer.

27 CD'S OF SUPPRESSED UFO GOV. DOCS! WITH AUDIOS

Buy It Now: \$59.99
The seller calls the documents "the complete set of Suppressed, Declassified, Banned, Stolen, Debunked, Eye-witnessed cover ups of unbelievable but true stories, taken right out of our Government Archive files." The contents of the CD are listed: UFOs, time travel, crop circles, Mars & the moon, free energy, weather control, Greenhouse Conspiracy, origins of oil, fake doctors, aliens, hidden technology, fake religions, Bigfoot, and cattle mutilations.

30 JESUS CHRIST BANDAGES IN 2 TIN BOXES W/FREE TOY

Buy It Now: \$9.65
These Band-Aids have pictures of Jesus on them. Each box comes with 15 vinyl adhesive bandages. Your cuts can be treated with the "incredible healing power of a designer banda-

FREAKY ANCIENT VOODOO HORROR MASK

Buy It Now: \$4.99
This is a creepy mask with "colorings [that] make [you] look like an ancient killer ...". The eyes "appear to follow "the person you are stalking. The seller also owns a store called Tuff Girlz Custom Toyz.

NEW RETRO MERMAID TATTOO TAMPON PERSONAL CASE

Buy It Now: \$21.95
This tampon case has a mermaid decoration on the box. Since it is not evident that mermaids use tampons, the seller chooses to make profit of the item. The container holds three regular tampons or two super.

UNUSUALLY WEIRD JAR OF PICKLES TOTALLY UNEDIBLE 3D ART

Buy It Now: \$1.99
A jar shaped like a pickle has mold on the inside. I'm not quite sure what the seller meant by "unedible" though.

TURQUOISE BELT BUCKLE IMAGE OF JESUS WIDE BELT

Buy It Now: \$40.00
The seller claims that "image of Jesus" is on the belt. He also adds that the belt buckle is "pretty, too."



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Dr. Brad's quote of the week:

"Don't just let your joy be the source of your smile, let your smile be the source of your joy!!!"

WRITE FOR THE JOURNAL

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SPORTS

JASON MACDONALD
Sports Editor



CIS Football break-down.

JASON MACDONALD
Sports Editor

It's been a long nine weeks for the Canadian University football fans but it's finally time for the CIS Football Conference Finals.

Looking at the Conference finals from west to east, in the Canada West Conference, competing in the 73rd Hardy Cup we have the Calgary Dinos led by former SMU superstar quarter-back Erik Glavic taking on the number 3 ranked Saskatchewan Huskies. Both teams are highly ranked in the CIS and Calgary is currently 3rd in overall scoring (SMU is 6th).

In the Ontario University Athletics Conference, the Yates Cup will be played between the Queen's University Gaels and the University of Western Ontario Mustangs. The Gaels are currently ranked 4th overall in the country and 5th in scoring averaging 34 points per game. The Western Mustangs are 5th in the country and are the team that prevented the Huskies from going to the Vanier Cup last year, following a defeat in the Mitchell Bowl.

The QSSF is home to the top ranked CIS team, consistently first in the rankings since the beginning of the 2005 season. The Laval Rouge et Or look to take on arch rival Montreal Carabins at the Dunsmore Cup.

Finally, in the AUS the St. FX X-men take on the Saint Mary's Huskies in the Loney Bowl. This game will be the 3rd meeting for the teams this season and currently the series is split 1-1, the X-men handed SMU their only loss this season back in opening week, but the Huskies gave it right back in late October. The Loney Bowl kicks off at 1 pm November 14th, get your tickets now at the Tower for \$5.

Following this week's Conference final games, CIS goes into conference cross-overs to determine the teams that will have the honour to play in the 2009 Desjardins Vanier Cup. The winners of the Canada West and AUS championships will face off at Huskies Stadium November 21st for the Uteck Bowl while the OUA and QSSF winners will go head to head in the Mitchell Bowl, to be played at an Ontario University Field.

SMU Hockey Player Named in Top 8



Saint Mary's Huskies Hockey player, Chris Morrison was named to the CIS Desjardins Top Eight Academic All Canadians for his work in the 2008-2009 Academic year. Morrison is assistant captain of the Hockey team as well as working on his Honours degree in Criminology. His cumulative GPA is 4.05 and he holds the title for most ice time since he began at Saint Mary's.

Each year a male and female student is chosen for the honour from each of the four CIS divisions. The female student athlete chosen to represent the AUS was Isabelle Miles a soccer player and biochemistry student at the University of New Brunswick. The Academic All Canadians program recognizes students who participate on at least one of their university's varsity sports teams well maintaining an average of 80% or higher during the academic year. In the 2008-2009 academic year 2,256 student athletes across the country were honoured as Academic All Canadians, including many Saint Mary's students.



Huskies Inducted into the Hall of Fame

Three former Saint Mary's Huskies were inducted into the Nova Scotia Sports Hall of Fame over the weekend. The induction ceremony was held Saturday night at the World Trade and Convention Centre and seven individuals were honoured as well as the Acadia Basketball team of 1976-77. Santamarians honoured were Roy Clements, Brian Heaney, and Mickey Fox.

Roy Clements served as head soccer coach at SMU for 22 years; in addition, he is the president of Soccer Nova Scotia, and serving as the AUS Conference Soccer Chair, to name a few of his accomplishments. During his time coaching the Huskies, they won four AUS Championships, a National Silver Medal and was named the AUS Coach of the year twice. He was inducted under the builder category. Brian Heaney played basketball at Acadia University in the 1960's before serving as coach of the SMU basketball team. He is honoured as the first person to win national titles in basketball as both a player (Acadia) and coach (SMU). He played in the

NBA on the Baltimore Bullets and is a member of the Canadian Basketball Hall of fame, as well as a two time inductee of the NS Sports Hall of Fame, prior to this induction.

Mickey Fox was also inducted for his basketball successes. Fox played for the Huskies basketball team in the 1970's and was on winning teams in the CIS Championships twice, in 1973 and 1979. He still holds the CIS Championship scoring record for three-games at 101. He was drafted by two NBA teams, Detroit and Portland. Inductees are nominated based on a variety of qualifications, including what is deemed to be their contribution to NS Sports, where they have lived most of their lives, and documentation of achievements. A maximum of five individuals, and three builders are inducted each year despite nearly 100 nominations.

The Nova Scotia Sports Hall of Fame is located inside the Halifax Metro Centre and is open 11:00am to 4:30pm Monday to Friday as well as before all Metro Centre Events.

Could we do it again?

JOSH LEBLANC
Writer

If you're a fan of the Huskies football team then you know what kind of season this team is having. Currently they are first in the AUS standings, and sitting in that spot quite comfortably and confidently. This is a team with a young quarterback that stepped into the role of starter last year and excelled. This year he's picked up where he left off, and next year, who knows; maybe he'll experience even further success. Since their disappointing loss in the first game of the season losing closely to rival St. FX 24-19, The Huskies have gone on a seven game winning streak outscoring their opponents 247-95.

You can credit that scoring differential to both an exceptional defence, holding their opponents to just one touchdown on three separate occasions, as well as an exceptional offense scoring 30 points or more five times. The next step for the Huskies is a game in the Loney Bowl on Saturday November 14 at 1pm against St. FX, the team who handed them that disappointing loss at the start of the season. For Coach Steve Sumarah, a two time AUS Coach of the Year and two time AUS champion, the Vanier Cup is the ultimate goal. Coach Sumarah, with a 24-7 record as huskies coach, is looking to bring the cup back to its familiar home here at Saint Mary's. So go out and show your support on November 14th. This is a team that knows how to win.

Huskies at Home

Women's Basketball
Dal @ SMU, 7pm Wed. 11th November
UNB @ SMU, 6pm Fri. 13th November
UNB @ SMU, 6pm Sat. 14th November

Men's Basketball
UNB @ SMU, 8pm Fri. 13th November
UNB @ SMU, 8pm Sat. 14th November

Men's Hockey
STU @ SMU, 7pm Fri. 13th November
UdeM @ SMU, 7pm Sat. 14th November

Women's Hockey
STU @ SMU, 3pm Sat. 14th November
UdeM @ SMU, 2pm Sun. 15th November

Football
Loney Bowl, 1pm Sat. 14th November

Volleyball
UdeM @ SMU, 2pm Sun. 15th November

YOU CAN FIND SCORES
AND MORE AT
WWW.SMUHUSKIES.CA

SPORTS in a minute

Women's Basketball: The women's basketball team got off to a shaky start this weekend, losing their first two regular season games to the defending AUS champions the CBU Capers. SMU rookie Justine Colley lead scoring for the Huskies in Saturday's game with a total of 14 points. Also scoring for the Huskies were Laure Pitfield and Lia Milito with 12 and 11 points respectively. Friday's game was closer but the Huskies still weren't able to push past the Capers. Leading SMU scoring again was Justine Colley with 20 points, Laure Pitfield with 14 points and Rebecca Nuttall with 8 points. The women's face DAL on November 11th and the next 2 games are an at home series against UNB November 13th and 14th.

Men's Basketball: The men also took a road trip to CBU this weekend and split their first two games of the regular season. Friday night saw the men lose to the Capers, 82-94. Joey Haywood lead SMU scoring with 18 points and Mark McLaughlin was close behind with 13. Saturday night marked the men's first win of the season and CBU's first loss. The Huskies triumphed 80-75 over the Capers. Haywood once again lead SMU scoring with 23 points and Mark McLaughlin scored 19 points in the game. The men play UNB at the Tower on November 13th and 14th.

Men's Hockey: The men had 3 games this week. St. FX at home and UdeM and STU on the road. SMU recorded their 2nd loss of the season in Wednesday night's 5-7 loss against the X-men. Kyle Doucet scored his first goal of the season midway through the first; however, St. FX scored 4 unanswered goals in the remaining 10 minutes of the period. Chris Morrison scored his 1st goal of the season in Friday's game as well, scoring the only point in the 2nd period. The Huskies outshot the X-men on power-plays and even strength play but were unable to make their shots count. Neil Conway played the 2nd and 3rd period making 13 saves. Saturday's game against the Aigles-Bleus was a blow-out for the Huskies, defeating UdeM 5-2. SMU goals were scored by Hawes (3), Hotham and Fergus. SMU outshot UdeM 37-23 and had 5 power-plays. Neil Conway got the start in Saturday's game as well, giving Verge a break. The Huskies earned their first shut-out win of the season in their 4-0 downing of the STU Tommies Sunday afternoon. Tanaka, Thornton, Smith and Hawes each scored goals and Neil Conway recorded his first shut-out as a Huskie.

Women's Hockey: The Huskies advanced their season record to 5-2 with a 5-1 loss to the UdeM Aigles-Bleus. SMU's only goal came midway through the 3rd period from Kori Cheverie with the assist going to Kyla Thurston. The Huskies were outshot 40-29, but had more power play chances and fewer penalties than UdeM. The Women are at home November 14th when they host the STU Tommies and November 15th when UdeM visits.

Men's Soccer: The 2009 AUS championships were played this weekend, quarterfinal games were won by Moncton over UNB and UPEI over St. FX. Semi-finals saw the league leading Capers defeat Moncton 4-3 and UPEI upset the host Tigers 4-3 as well. The Final game was played Monday morning between the Capers and the Panthers with the capers coming out on top and winning their 2nd AUS championship.