

OURNAL

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SMU Reacts to the Haiti Earthquake

KIMBERLEY DARES
News Editor

Across the Saint Mary's campus students can be heard discussing the tragedy in Haiti. There are students, faculty and alumni struggling to contact their family members in the country.

The tragedy has claimed a still unknown number of lives, although official estimates have placed the death toll at higher than 100,000.

Many buildings in the nation were poorly constructed which contributed to the widespread destruction. There are no building codes in Haiti and as a result buildings were constructed without proper foundations or without following safety procedures that exist in wealthier nations. Experts have said that many of the buildings were not constructed in a manner that could withstand a magnitude 2 quake, let alone the magnitude 7 earthquake that was experienced. Even schools, hospitals and government buildings were

not built to withstand such a disaster which is leading to further complications. The rebuilding process needs to be one that considers the geographical conditions and perhaps focus should also be placed on neighbouring nations at risk to prevent future tragedies.

Within hours of the earthquake Humanitarian charities like the Red Cross and CIDA were collecting donations. Celebrities, including Haitian native Wyclef Jean, began campaigns to raise funds and awareness about the developing situation in Haiti. As reporters and out-of-country aid began arriving the reality of the situation began to sink in with individuals around the globe.

The Government of Canada announced it would match dollar

for dollar the donations individual Canadians have given to eligible Canadian charitable organizations, including the Canadian Red Cross and CIDA, up to \$50million. In addition to the \$50million in fund matching, Canada has already committed \$5million for immediate humanitarian assistance in the country. This money will help provide medical services, food, water, sanitation services as well as emergency shelters.

Donations can be made to the Red Cross online (www.redcross.ca) or on-campus through the Saint Mary's University Student Association (SMUSA). Donations through SMUSA can be made at the Info Desk (1st Floor Student Centre) which is open 12pm-12am Monday to Friday or in the SMUSA Office (5th Floor Student Centre) which is open 9am-5pm Monday to Friday. SMUSA is willing to match donations from students up to \$1000 and is hoping to get the Canadian Government to match the donation. The overall goal for the fundraising campaign is set at \$5000.

Donation boxes around campus are just one initiative being organized by SMUSA. A friendly competition has developed between Student Associations and Societies in Atlantic Canada to see which school's students can raise the most funds. SMUSA is also accepting voluntary cover at Tuesday Night Trivia with all proceeds going to the Relief Fund until February 9th. Many student societies are trying to plan fundraising events so SMUSA is working with them to try and centralize and organize the move-

ment to help.

SMUSA President Matthew Anderson had the following message to share with students: "What we see in Haiti is an event that happens every few years, and it happens too often. During these times people seem to come together to help those who need it the most. I think the students at this school should show the leadership that we're capable of and fundraise as much possible. Because we have the opportunity to go to school here we are able to potentially live up to our dreams, and for the people of Haiti their dreams have been crushed, so it is up to us to do what we can to help. Donate whatever you can; it will go along way."

A student society at Saint Mary's Goodie SMU Shoes has already committed to raising money for the people of Haiti. Bracelets will be sold Monday to Friday (Jan 18-22) in the Loyola Colonade for \$5 with the proceeds in support of the Canadian International Development Agency's (www.cida.gc.ca) Haiti Earthquake Relief Fund. The bracelets are being handmade by society members to keep costs

down, and 100% of the money raised will be donated directly to help Haiti Relief efforts. Society President Emily McNeil said of the initiative; "We saw the situation in Haiti and knew we had to do something to help and we knew we needed to get started as quickly as we could! We really couldn't sit around anymore knowing what was happening while we were in a position to help." The society is also working to organize another benefit of sorts in the near future and are considering many ideas from a dance, karaoke night or games night. More information and how you can get involved can be found on the Facebook page.

Yuk Yuk's comedy club on Hollis Street (in the Westin Hotel) is hosting a fundraiser for the

Canadian Red Cross' Haiti Relief Efforts Thursday January 21st. Admission is \$12 and half the proceeds will go directly to support the Red Cross. A music and spoken word event is being held Monday January 25th at The Company House on Gottingen Street from 7:00pm-10:00pm. There are currently ten performers lined up, with more to come. All proceeds raised from the \$10 admission will be donated to the Canadian Red Cross. The event will be hosted by local TV and Radio personality Heidi Petracek.

Saint Mary's Alumnus and former Journal Editor in Chief Olivier Jarda announced he would donate 100% of the proceeds from his indie-music album, Diagrams, over the next three months to Medecins Sans Frontieres (Doctors Without Borders). The album has recieved great reviews and is a excellent buy at \$5.55. To purchase the album or learn more visit zunior.com and search Olivier Jarda.

As students money is a constant issue, especially with the Winter tuition due date last week, but any money you can donate would make a difference. Skipping your morning coffee for just one week could amount to a nearly \$10 donation of money that you would have spent anyway. Poverty is a huge problem in Haiti and without outside aid rebuilding will be near impossible, every little bit you can donate will make a difference. There are so many opportunities to donate, whether it be attending events or emptying your pocket change.



"Haiti" to 45678.

to the Salvation Army's

Efforts in Haiti, Text

BWAWAWATHIES RC

MONDAY TUESDAY		WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
Presented by SMUSA Sporting Event / SMU Athletics Academic Event or Presented by SMU Alcohol Available No Entry Fee for SMU Students No Minors (19 years+ only) Gorsebrook Special To get your event added to the Campus Calendar, send an email to marketing.manager@smusa.ca		January 20 OPEN MIC NIGHT The Gorsebrook Lounge 9:30 pm Sa	SMUSA ELECTIONS 21 CANDIDATES PHOTO SHOOT photos of all candidates to be taken location: TBA Time: TBA \$5.50 DOUBLES The Gorsebrook Lounge	SMUSA BOARD OF DIRECTORS MEETING SMUSA Boardroom 4:30 pm PRETTY DEVIL PARTY The Gorsebrook Lounge presented by: Caribbean Society WOMEN'S HOCKEY PElvsSMU @ 7:00 pm Alumni Arena WOMEN'S BASKETBALL CBUvsSMU @ 7:00 pm The Tower MEN'S BASKETBALL CBUvsSMU @ 8:00 pm The Tower	DOMINO 23/24 TOURNAMENT AFTER-PARTY Sat: The Gorsebrook Lounge presented by: Caribbean Society WOMEN'S BASKETBALL Sat: CBUvsSMU @ 2:00 pm The Tower MEN'S BASKETBALL Sat: CBUvsSMU @ 4:00 pm SMUSA ELECTIONS: CANDIDATES MEETING Sun: All Candidates for SMUSA President and B.O.D location: TBA time: TBA
25 BOARD OF DIRECTORS Governance Training Begins Sa	PUB TRIVIA The Gorsebrook Lounge 7:00 pm Sa	OPEN MIC NIGHT The Gorsebrook Lounge 9:30 pm Sa S MEN'S HOCKEY ACAVSSMU @ 7:00 pm Halifax Forum MEN'S BASKETBALL StFXvsSMU @ 8:00 pm The Tower WOMEN'S BASKETBALL StFXvsSMU @ 7:00 pm The Tower WOMEN'S BASKETBALL StFXvsSMU @ 7:00 pm The Tower	STOPLIGHT PARTY The Gorsebrook Lounge presented by: Grad Class Society 9:00 pm \$5.50 DOUBLES The Gorsebrook Lounge	BOARD OF DIRECTORS Governance Training Ends WOMEN'S HOCKEY STUVSSMU @ 7:00 pm Alumni Arena Psych. Society Party The Gorsebrook Lounge details to follow 9:00 pm INTERNATIONAL WEEK STARTS TODAY!	30/31 WOMEN'S BASKETBALL Sat: ACAvsSMU @ 6:00 pm The Tower MEN'S BASKETBALL Sat: ACAvsSMU @ 8:00 pm The Tower WOMEN'S HOCKEY Sun: UdeMvsSMU @ 2:00 pm Alumni Arena BOARD OF DIRECTORS Sun: Candidates Meeting



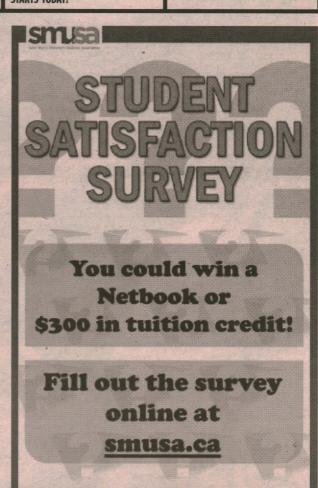
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LETTER FROM THE EDITOR

Gloria McCLusky Wants to Ruin Canada Day

JEFF CUSACK
Editor-In-Chief

If you haven't heard, Councillor Gloria McClusky has submitted a motion to Halifax council to ban the sale of alcohol at municipal events. No drinking at Canada day, no drinking at Natal day, no beer at any event that's funded by municipal dollars.

Why? Because drinking at these events is 'inappropriate'. Okay, so she's not actually doing this solely because of a moral crusade (although I suspect she does enjoy riding high horses). No, Ms. McClusky wants to ruin our fun because of studies which show that advertisements for alcohol cause kids to start drinking. Somehow the news that advertisements cause people to do things doesn't make me jump in surprise, what with that being their purpose and all.

There are a few problems with what McClusky wants. First, while underage drinking may be caused by advertisements, you know what stops underage drinking? Parents. It isn't the city's job to hide its dirty alcohol habit from anyone who might look. The sponsorship dollars from Alexander Keith's and other beer companies provide a lot of money for these events; if they are taken away, Canada Day in Halifax could end up being more like Canada Hour.

People come to these events to drink. It's a party, drinking will happen. If the drinking doesn't happen out of beer cans in a beer tent, it will be out of Sprite bottles in public, or in bars beforehand. Tourists who come to Halifax might not go to dry events as much, reducing the much needed tourism dollars we rake in during these celebrations. Taking away alcohol in beer tents will not get rid of drunken adults.

There will be no tangible benefits to McClusky's proposal. People are going to drink anyway, and the loss of alcohol could mean both a reduced turnout to events and a crippling loss of sponsorship dollars. The idea that getting rid of advertising at events

which take place a few times a year will somehow benefit children is ludicrous. The advertisements at these events are nothing more than logos and drinkers. Beer advertisements are everywhere on Canadian television and radio, and they make alcohol seem attractive 365 days of the year. The Coast, which is available free everywhere, always has at least one full page beer ad and a ton of ads for bars. How much underage drinking is portrayed on TV? Try watching an episode of Gossip Girl Ms. McClusky, your head will explode. A smattering of logos and some social drinking a few times a year doesn't matter compared to what the media throws at children.

I can imagine that McClusky's next target will be the Halifax Farmer's Market. It takes place in a brewery where one can see the Keith's name in quite a few places, as well as the term "brewery". Not only that, but it features a section dedicated to people who sell wine and liquor, and they offer free samples! Municipal

events only happen a few times a year, but the farmers market happens 52 weeks a year. Clearly it must be stopped, right Ms. McClusky? While we're at it, why don't we cancel the Port of Wines Festival, which receives a ton of media attention every year? We don't want our children to think that it's cool to get a good wine buzz going. Actually, speaking of the media, I suggest taking the cable companies' side on that whole "Save Local Television" thing. No local media means nobody will be able to cover any local events which involve drinking.

I understand that McClusky only wants to keep kids safe. I get it. But this idea isn't a good one. These events are a drop in the bucket compared to other factors which influence children. Taking alcohol from these events would take away thousands of sponsorship dollars, crippling the event and robbing the city of a chance to showcase itself to tourists while building a community atmosphere. Stay thirsty my friends.

Interview with UNICEF Canada About Their Efforts In Haiti

This week The Journal had the oppurtunity to interview Chris Tidey, Public Relations Officer for UNICEF Canada.

What sorts of things is UNICEF doing in Haiti?

'UNICEF has long had a presence in Haiti and this has allowed us to look forward to what needs to be done in the future with an eye for success. We've taken the lead on several projects on the ground, including providing safe water and sanitation services. We've also provided tents for about 30,000 people who don't have shelter.'

What is especially concerning about the situation in Haiti right now?

'During these types of crisis, there is often an increase in problems related to child abuse. Child trafficking and exploitation can rise during states of emergency. We've provided safe spaces to take children who have been separated from their families, and from there we work to reunite them with their parents.'

What can university students do?

'If you go to our website, unicef.ca, we have a link that students can use to donate to us. Community fundraising is important because it raises both money and awareness of the issue. This can be done through our Community Involvement office, which will provide all the tools necessary to make the fundraiser successful and show prospective donors that it's legitimate.'

How important is it to keep the issues affecting Haiti in the mind of the public over the long term?

'Very important. Before the earthquake, Haiti was still the poorest nation in the Western Hemisphere, and it has a history of poor governance. The priority right now is stabilizing the country, but after that we need to not just rebuild, but build back better. One of the things UNICEF does to make help with this is provide opportunities for children to receive an education, which will empower them to make their own change.'

What is UNICEF's relation to other NGO's [such as the Salvation Army] and the various militaries which have been sent to assist in Haiti?

'Well everything is coordinated through the UN, and depending on what an organization specializes in, they'll take the lead on that issue. So we take the lead on providing clean water and sanitation, and advise and coordinate other NGOs that also deal with that issue. Other agencies take the lead on their issues of specialty. We also consult and work in tandem with the military forces that are on the ground, such as the Canadian military.'

What are the specific challenges which have faced the relief effort?

'Outside of Port-au-Prince, the capital city, a lot of areas are impossible to reach. We can't provide relief to places we can't get to. As the reconstruction effort continues we'll be better able to determine what actions need to be taken outside of the city.'

Donations can be made at unicef.ca. For every dollar donated, the Canadian International Development Agency (CIDA) will also contribute a dollar. Those interested in fundraising can go to the 'Get Involved" link at the top of the page.



Michael Ignatieff Stops By Dal

KIMBERLEY DARES News Editor

NEWS

Liberal Party Leader Michael Ignatieff paid a visit to Dalhousie University early last week as the kick-off to his cross Canada Post-Secondary tour. The Leader of the Official Opposition in Parliament spoke with students regarding the costs and other challenges of post-secondary education, Harper's decision to prorogue Parliament (again!), the economy and voter turnout.

He began with a brief speech about his vision for Canada and what the country needs to do in order to be successful and then took questions from the audience. In his speech he discussed what Canada needs to do to adapt to the restructuring of the global economy and the challenges it presents. He cited five economic constraints that need to be addressed. First, the price of carbon and the need for governments to set a carbon price (Liberal's cap & trade plan). The second constraint Ignatieff discussed was the rising cost of energy and the need to develop new sustainable forms. Thirdly, the Canadian dollar is worth more than it has been in the past which presents advantages and disadvantages. The most dynamic markets are no longer nearby in the United States but across the ocean in India and China. Lastly he spoke of the importance of education and valuing it as a source of wealth in the country saying, "The biggest resource in

is the key to everything."

Before answering questions he raised the issue of the country's aging population. The median age in 1967 was 26-7 and it is now 40. He spoke of students as "the leaders of tomorrow" and the need to develop a productive and innovative economy to sustain the social fabric of Canada. Before turning the floor over to students he asked everyone to think about the kind of Canada they want.

The question period was kicked off by a question regarding Prime Minister Stephen Harper's decision to prorogue Parliament. Ignatieff called Harper's tactics "the kind of politics that give politics a bad name." Ignatieff went on to say that Harper gambled that Canadians don't care, and he gambled wrong. The Liberal Leader described the proroguing of Parliament once as carless, but twice in one year an abuse of power wrapping up saying it's not right and if elected he would not act in a similar manner.

Another question addressed the deficit engineered by Harper's Conservative Government and how the Liberal Party would deal with it if elected. Ignatieff reminded the audience that when the Liberals left office there was a \$12-13 billion surplus and by October 2008 there was a \$56billion deficit, before the economic crisis began. He went on to say the good news is that the basic economic fundamentals of Canada are strong enough that our debt to GDP is lower than the U.S. and other countries. He also spoke this country is between your ears; education of justice between generations and the need

to prevent handing debt down between generations. Employers need government incentives to hire young people, our age group has an un-employment rate that is twice the

Discussing education Ignatieff said, "If we don't get education right, nothing else matters." He raised concerns about the Conservative Government's recent decision to cut the Canadian Council on Learning. The Council provided research on educational matters and without it making informed policy decisions will be difficult.

Ignatieff was also asked about the need to invest in renewable energy and green technology. In his answer Ignatieff cracked a Sarah Palin joke saying Canada invests less in renewable energy than the state of Alaska, placing Harper behind Palin. In addressing the actual question he spoke of a need to diversify the country's energy portfolio and develop tidal and solar energy.

A question about the War on Terror and the Liberal Party's vocal support of Israel provided one of Ignatieff's more profound answers of the session. The Liberal Party supports the need for land rights to be met for both Palestinians and Israelis. When addressing the War on Terror Ignatieff said everyone has an obligation to talk to those around them, to try and get that quiet person in class to open up to avoid anyone getting caught in a world of violence and hatred. He said by the time they are acting on their feelings it is too late to help them. Ignatieff also spoke of the changes in airport security measures (full body scanning) and how while security is important it is important to also respect constitutional rights and avoid racial profiling.

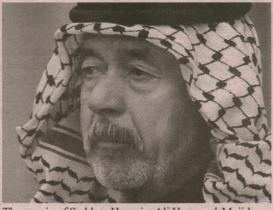
Ignatieff was also asked why the Liberal Party voted to delay Bill C311 and why he hasn't signed the Kyoto Petition. His response was that although he felt sympathetic with the bill's objectives he felt the wording was flawed and gave the Federal Government what appeared to be unconstitutional power over the provinces. He also addressed Liberal plans for Environmental policy stating that unlike the Harper Government the Liberals would not wait to see what the U.S. plan for Environmental Policy would be but would act and let the Americans catch up with Canada instead.

Ignatieff also addressed the issue of low voter turnout. He cited a statistic from the October 2008 Federal Election in which, despite high numbers of eligible first time voters only 1/5 turned out on election day. Less than 60% of the Canadian populations voted in the election. He spoke of his responsibility to get people involved and how he would try and get his vision out, trying to engage people in discussion.

The whole speech and question and answer period was videotaped and posted on YouTube if viewing it in its entirety would be of interest to you.

A tentative contract deal was reached between the Provincial Government and the Canadian Union of Public Employees (CUPE) less than two hours after picket lines went up. The strike's end means 4,000 healthcare workers in rural NS will be back at work. A last minute deal was also made between the Government and CUPE late Sunday that kept school support workers in rural parts of the province on the job. These agreements still have to be put to a vote but hopefully things in these rural areas will get back to normal, and cancelled surgeries will be rescheduled.

"Chemical Ali" Sentenced to Death



The cousin of Saddam Hussein, Ali Hassan al-Majid was sentenced to hang for crimes against humanity. This, his fourth death sentence, is for the poison gas massacre of more than 5,000 people in the town of Halabja. The sentencing has brought closure to survivors of the attack, which occurred more than two decades ago. The previous sentences have not been carried out due to politics and the public need for the Halabja trial.

Kabul Targeted in Brave Attack



Early Monday morning Taliban insurgents led a brave attack in the centre of Kabul, targeting a bank, government buildings, a hotel, movie theatre and a market very close to the Presidential Palace. The attacks are seen as an attempt to undermine President Hamid Karzai as he prepares to swear in a new cabinet and launch a program of reconciliation with the Taliban. Few details were known about the attack when this issue went to print but it is being described as highly co-ordinated and destroying any sense of security in the city. The city was under siege for many hours and the Taliban has claimed responsibility for the attack, and are said to have sent 20 suicide bombers to the Capital city.

British Man Arrested for Tweeted "Bomb Threat"



Twenty-six year old Paul Chambers was arrested January 13th for tweeting on the popular network site Twitter that he would blow an airport in England "sky high" if his flight was delayed. Police and authorities at Robin Hood Airport in Northern England took the comment seriously and Chambers was arrested and released on bail. The lesson here is watch what you tweet!

This Week at Saint Mary's

January 20th (Wed):

Irish Social Fundraiser at the Frigate on Granville Street (under the Pogue). There will be a \$5 cover in support of the Northern Ireland Conflict Resolution Society's Trip to Belfast over the February Break. Entertainment will be provided by Ryan Cook and Friends and the show starts at 9pm.

January 20th:

Students for Development Stories from the Field Saint Mary's students will be sharing stories about recent internships they have done in Vietnam and Ghana. Refreshments will be served. The presentation will be held in Loyola 298 between 4:00-5:30pm.

January 22nd(Fri):

The Sobey Leadership Forum: Leading Business Growth with keynote speakers Richard Homburg (Chairmen and CEO Homburg Invest Inc.) and Annette Verschuren (President of The Home Depot Canada). The Forum will be held in the Sobey Building from 8:30am-3:30pm. Tickets are pricy but worth it: \$50 for students, \$75 for Alumni and \$100 for everyone else. Registration is required online at smu.ca/leadership.

Feb 1st (Mon.):

If you are interested in applying for the Winter 2010 Bursary from SMU Financial Aid your application is due to the Financial Aid Office (4th Floor Student Centre) by 4pm on February 1st. The applications require a bit of time so getting a start on them now is probably a good idea.

If you are interested in being Valedictorian at the May 2010 Graduation Ceremony it is time to apply. More information about the Spring 2010 Valedictorian Contest and an application can be picked up at the Student Services office (4th Floor Student Centre). The Deadline to apply is February 4th at 4pm and the contest will be held February 12th.

en Tip of the Week

Save Money and Help the Environment

Bringing coffee or tea from home, or even just a reusable mug can help save you money and reduce waste. Both Tim Horton's and Just Us on campus offer 10cent discounts for bringing your own mug with you. If hot beverages aren't your thing you can still cut costs by buying your beverage of choice in the 2litre size and transporting it in a smaller reusable container. Not only does it substantially cut down on packaging waste, but buying a 2litre bottle of pop is often more economical than buying a can or bottle from a vending machine. Investing in an eco-friendly, easy to clean bottle will go a long way to saving you money and helping to cut down on waste. When using disposable bottles be sure to remove the cap and rinse them out when possible before recycling!

ARTS & ENTERTAINMENT

NICK MADORE



NBC Late-Night Shuffle: What You Need to Know

NICK MADORE Arts & Entertainment

A lot of people may have heard about the current fiasco going on at NBC regarding late-night talk show hosts Jay Leno and Conan O'Brien. Likewise, a lot of people may not know exactly all the details, so

here's a quick rundown, so you can join in on the conversation.

Seven months ago, Jay Leno left The Tonight Show, handing hosting duties to Conan O'Brien (who had been hosting Late Night With Conan O'Brien immediately afterward), a deal struck backin 2004 while O'Brien was negotiating his contract. In December 2008, it was announced that Jay would have his own hour-long talk

show at 10 o'clock. This was considered an experiment by NBC execs, given the relatively early time slot for a late-night talk show. Conan started hosting The Tonight Show in May 2009, with Jay's new show debuting in September.

On January 7 of this year, several media outlets reported that Jay's show

in March, after the Olympics, citing poor ratings of both The Jay Leno Show and The Tonight Show since Conan started hosting. This is particularly significant given that The Tonight Show has held the 11:05 or 11:35 time slot for almost 60 years. This shuffle would have bumped The Tonight Show to 12:05am, with

Leno's show being shortened to 30 minutes and taking over the 11:35 time slot. NBC confirmed these reports on January 10th, voicing their intent to move Jay to his new time slot on February 12 at the start of the Winter Olympics. NBC offered O'Brien two choices: either take the 12:05 time slot or leave the network. Should he choose to stay, the shift of The Tonight Show would also mean ty is expected any day now.

the shift of Late Night with Jimmy Fallon, not to mention Last Call with Carson Daly, which likely wouldn't have even made the shift.

Obviously, Conan wasn't very happy about any of this, and public opinion is overwhelmingly on his side. Fellow talk show hosts such as Dave Letterman, Craig Ferguson and Jimmy

Kimmel (Kimmel going so far as to even dress like Leno for an entire show, imitating his jokes, mannerisms, and clothing) were all quick to criticize Jay Leno and NBC execs over these events, along with a slew of other celebrities. On January 12 Conan issued a press release stating his intent to leave the network if his show is bumped back to 12:05. Since then, O'Brien has yet to comment seriously on-air about his intent to

leave, but continues to make jokes about the incident, playing "classic" clips from his seven-month tenure, and even posting a Craigslist ad, selling the "Barely-Used Late Night Talk Show," one of the selling points being "Designed for 11:35 but can easily be moved."

An official statement from either par-

BITE SIZ ENTERTHINMENT

In the Dead of Winter

The fifth annual In The Dead of Winter music festival will be held in various venues across Halifax from January 26 to 30. The acousticfocused festival started in 2006 at the historic Khyber Club. While the show unfortunately marked the closing of the club, they closed it out with a bang, featuring acts like Amelia Curran, Jenn Grant, Matt Mays, and Joel Plaskett. The purpose of the festival is to provide a stage for local (and some not-so-local) artists who may not have otherwise been able to showcase their music. Held annually during the last weekend of January, In The Dead of Winter strives to promote the diversity of acoustic music in not only the Atlantic region, but across Canada and the United States as well. Acts this year include Ani DiFranco, John K. Sampson, Erin Costelo, Thom Swift, and of course a whole lot more playing at smaller, more intimate venues like the Company House, Bus Stop Theatre and FRED, among others. Workshops this year include "So You Think You Need a Producer" and "The Wonderful World of Festivals," together with songwriting harmony-perfecting workshops. For more information on tickets, schedule, venues, and anything else related to the festival, visit InThe-DeadOfWinter.com.

Golden Globes

It's my duty as A&E Editor to present you with this past weekend's Golden Globe results. No real surprises this year. Avatar won awards for Best Motion Picture - Drama and Best Director, which at first surprised me, but then I remembered that Cameron has more than enough money to bribe the judges. While that film admittedly had to have a great director, it most certainly was not the best drama film this year. Other nominees in that category were "The Hurt Locker," "Inglourious Basterds," "Precious: Based On The Novel Push By Sapphire," and "Up In The Air." Yes, Avatar was gorgeous, but are you telling me that it was a better film than "The Hurt Locker" or "Up In The Air?" Other big wins are as follows:

Best Performance by an Actress in a Motion Picture - Drama: Sandra Bullock - The Blind

Best Performance by an Actor in a Motion Picture - Comedy or Musical: Robert Downey Jr. - Sherlock Holmes

Best Motion Picture - Comedy or Musical: The

Best Animated Feature Film: Up

Best Television Series - Comedy or Musical:

Celebrities Support Haiti Relief

A slew of celebrities worldwide have shown an immense outpouring of support for Haiti after the devastating earthquake last week. Notable donations include The Brad Pitt and Angelina Jolie foundation, which has pledged a million dollars, Brazilian supermodel Gisele Bundchen, donating 1.5 million, and Madonna and Lance Armstrong, each donating \$250,000. UN data shows that at least 567.67 million dollars has been donated to the Haitian relief fund by individuals, countries, companies and international organizations so far.

Along with individual donations from various media personalities, a number of benefits and fundraisers are in the works. George Clooney, along with performer/producer Wyclef Jean (who was born in Haiti) and CNN correspondent Anderson Cooper will be hosting a commercial-free, cross-network telethon on January 22 starting at 9pm on a number of US stations including MTV, ABC, CBS, NBC, Fox, CNN, HBO, BET, CW, VH1 and CMT. The telethon is aptly named Help for Haiti.

CBC's "18 to Life" Brings the Laughs

KIMBERLEY DARES News Editor

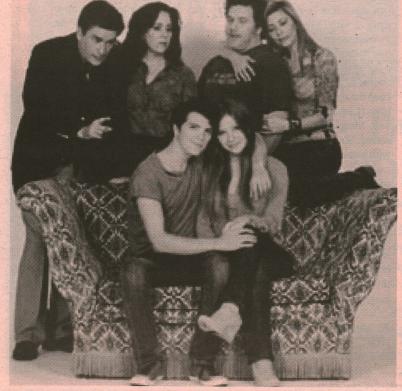
For those of you who grew up watching Degrassi: The Next Generation, one of the show's stars is back on Canadian TV. Stacey Farber, who played Ellie Nash on Degrassi, is starring in a new show on CBC. She plays Jessie Hill, a recently-married teenager living in her husband's parents' attic. The husband is played by Michael Seater, formerly known as Derek in the Family Channel comedy Life With Derek. Seater plays Tom Bellow who is struggling to find his independence as a married men, while still living under his parents

CBC is describing it as a show about firsts. "First time. First place. First make-up sex." I would describe it as the first time I've found a show worth watching on the CBC. Tom and Jessie find themselves engaged following a game of Truth or Dare. Their families do everything to deter the marriage but are ultimately unable to stop them. The young lovers then find themselves searching for a place. to live while proving to their parents they are mature, responsible adults. Tom debates dropping out of college to pay rent but eventually the two realize their best option is living in his

Jessie and Tom lived next door

to each other before their impromptu marriage, and the relationship between their families was strained to say the least. The Bellows are very conservative and want the marriage annulled immediately, whereas the Hills are much more open to the idea of letting their daughter stay married if it makes her happy.

The show premiered January 4th and full episodes can be watched online at www.cbc.ca if you want to catch up. It airs Mondays at 8pm. For a Canadian show that airs on CBC there are an unrealistic number of sexual references and innuendos. The comedy is a fresh new addition to Monday night television.



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Interview with Tegan and Sara's Tegan Quin

NICK MADORE Arts & Entertainment

Canadian indie-pop duo Tegan and Sara have had quite a busy year. 2009 saw the 29 year-old twins on a European tour, writing together for once in New Orleans, and the release of their sixth album, Sainthood. The duo is finishing up a cross-Canada tour, with the last stop being in our neck of the woods. I had the opportunity to chat with Tegan about her experiences and what's next.

N: Sainthood came together a little bit differently than the other albums. What happened when you and Sara got together in New Orleans?

T: Well Sara and I have played together for 14 years but never really got in a room and wrote together. I mean, when we were teenagers we definitely collaborated a lot in person, but we never wrote songs together. So we decided to try that out on this record just for fun to see if anything good came of it. We ended up writing seven songs and then when we got home from the trip we continued collaborating and we wrote I think another four or five, sending music back and forth online. It kind of got us thinking that we'd like to do more of that with the band. Not writing with them, but standing together in

a room playing together might actually be kind of fun. We do it on the road when we interpret songs or play covers. Chris Walla was pushing for a band record, like where we all recorded in the same room together and we were all on the same page. We all loved this idea, and it kind of gave us this really different vibe.

It's definitely more of a rock record or a pop record. Some people hear rock, some people hear pop, but I think it's a much more cohesive record for us because we were working on it together. I think we covered a lot of ground and there was definitely a lot of different vibes and different styles of music on the record, but I think ultimately there's this similarity between each song because we were working on them together.

N: So Chris [Walla] approached you two, not the other way around?

T: Yeah, we recorded with him on our last record and we did a bunch of tour dates with him and Death Cab [For Cutie] last year and he kept making jokes about doing another record. We had a formal meeting with him on the road and we asked him "Are you really interested?" and he said he'd love to. He had produced So Jealous, the album right before The Con, and we were off and running. It was great working with

Chris. He's a really interesting guy and a really amazing producer and I felt really lucky to get to do another record with him.

N: How do you feel about playing at the upcoming Lilith Fair revival?



T: We're actually only playing a few shows. The bands who are playing every show haven't been announced yet, so when I read the headlines I thought "Oh, that's a little misleading, all five billion acts are all going to be touring together." I guess we could have done more but we only chose a couple dates to do. But I'm very excited to be back doing Lilith Fair. More than anything I'm excited that Lilith Fair is back. Seeing that massive list of female artists is

just really exciting. It's funny because I think for a lot of people are like, "Really? Things have changed. There's a lot of women in rock. How come there has to be a festival just for women?" But there really isn't. I mean, we play shows all over the world, and often we are one of only

a handful of females playing at these rock festivals. I think it's really awesome to have such a diverse lineup and having so many women come out to support. I think it's a really exciting time for people. A whole new generation is going to get this festival. I'm really proud it's back and I hope it does well. I'm really excited to do the dates that we're doing, and hopefully I get to catch a couple of dates just to watch, too.

N: Your first album came out over 10 years ago. What's changed in the writing and recording process since then?

T: Well, 10 years is a long time, especially when you're 20, and there are so many changes that happen. I like the person I was 10 years ago but I'm glad I'm the person I am now. I wrote all of the songs on our first record when I was 17, and I'm a different person than I was then. I've done a lot and I've learned a lot and I'm also a better musician and a better performer. I think the most obvious things that have changed are that we just have a better handle on our music. We grew up making pop music but when we started touring we were touring with just the two of us so our first few records really reflected the economy of touring as a duo. Now we have a full band and bigger record budgets, so we're able to do a whole lot more with our records than we could before. I think those are the biggest changes. We're still songwriters at heart. If you take any song off any one of our records and play it next to one from a different record, you can still see that same person wrote that song.

N: Yeah, I can tell. It sounds like the music gets progressively more complex as time goes on. I can't even count how many different effects and instruments you can hear throughout Sainthood.

T: Yeah, we're just able to do so much more now. It's awesome. What's even better is we played that with a five-piece. It's not over-dubbed. We're all just getting so much better, we can do so much more, we can experiment with so much different kind of stuff. It's really liberating and exciting.

N: Who would you most like to play a show with and who would you most like to collaborate on a project with?

T: Well we're so lucky. We collaborate a lot. We've been asked to do a lot of fun projects over that last couple of years, so we'll continue to keep the door open and see what comes. [Last month] we wrote a song with Margaret Cho for her comedy record. She's doing a comedy record with lots of indie rock artists. So I'm excited to be a part of that. In terms of touring, I love doing dates with other bands. The best part of my job is getting to see new bands all the time and ask the bands I like best to come tour with us. We haven't announced the bands that we're touring with yet, but when we do, that's the people on my list, and that's the people I want to play with.

N: Any plans for solo or side projects?

T: I think Sara and I continue to

collaborate and do stuff with other artists because we're very creative people and we like collaborating. I have no interest in being in a band by myself. The thought of doing all the work I do every day but then doing twice as much work because Sara's not around, it's a lot. I love sharing the stage with somebody, I love sharing press duties with somebody, I love that we wrote 50 songs for this record and 25 of them are Sara's. She's one of my favourite artists. I get all this extra music that no one else gets, it's awesome. It's a privilege to be in a band with her. So I don't see myself going solo anytime soon but I definitely love working with other artists and I love that Sara and I are both able to sort of spread our wings and work new muscles and work with other people. I find that each time I work with another artist, I learn something that benefits my project. I like that.

N: What was the last album you bought and who are you listening to these days?

T: Oh, wow. I think the last record that I actually purchased was the Dragonette record and I think I got the You Say Party! We Say Die! record as well. I love them both. I've been listening to a wide variety of stuff lately. I've really been into The Thermals, and I love Lightning Dust from Vancouver. The new Gossip record is amazing. I really love this band from Seattle called Say Hi that I just got into. I could go on and on but those are the big ones off the top of my head.

N: Your show here in Halifax sold out quite fast, forcing a venue change to accommodate everyone who wants to go. How is playing an arena show different from playing a smaller, more intimate venue like an auditorium or, as you played the last time you were here, a church?

T: Well we haven't done a lot of arena shows so I don't know specifically for ourselves. I mean, we've opened a lot of bands in arenas and I think they can be a little less personal so we're going to try to make it feel like a more intimate show. We moved venues because there really wasn't anywhere else to go. We tried getting a second night at the theatre but it was booked so we kind of had to move to that venue. But I think it's going to be really fun, and we're going to do our best to stay in the mood of what a Tegan and Sara show is like. Lots of stories, lots of interaction with the audience, lots of old stuff, lots of new stuff. Maybe a fun cover or two. Yeah, make it a fun night for everybody. We always finish our tours in Canada in Halifax because it's always crazy and people from Halifax are amazing and love music. I can't believe the show sold out so fast. We've totally neglected Canada and they didn't really punish us for that. (Laughs) We originally weren't going to move it, and just play in Halifax again for the next record, but Sara was just like, "You know, it sold out too fast." It would be one thing if it sold out over a month or two, because then you know that all the big fans had gotten tickets, but I think we just underestimated Halifax and needed to go somewhere bigger. I'm really glad we chose to move to a bigger venue because everyone we've talked to from Halifax is really glad we moved it and didn't just leave it sold

The show is at the Metro Centre on Wednesday, January 27, at 8pm. Tickets are available at all TicketAtlantic outlets and TicketAtlantic.ca.



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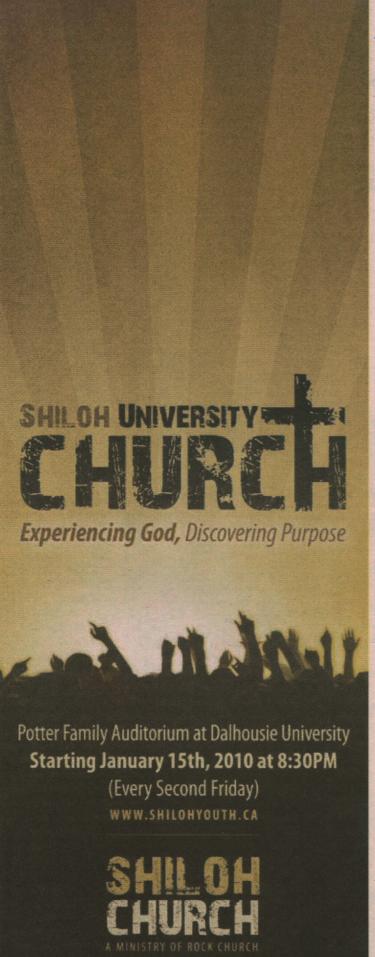


FEATURES

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The case against honesty

Lying can often get you what you want. So why not lie?

Because lying can also get you into all sorts of trouble. The liar needs to remember his fictions or else be found out. Once he's found out, his reputation is in tatters and no one will believe him ever again. Having lost people's trust, it will be difficult for him to secure any of the things trust makes easy.

This reason in favour of honesty is exaggerated. Really, it's not always that hard to keep one's story straight. Many lies succeed in doing what they're intended to do and never get found out. Moreover, being caught in a lie is rarely the end of the world. People are happy to forgive a lie or two when the liar is exciting or charming, and they're quick simply to overlook a lie when overlooking serves their purposes.

The question isn't whether to be a congenital liar instead of being entirely honest. Those are not the only options. The question is whether to be open to lying, to be willing to tell a lie when one judges that lying would, overall, be the most effective way to attain one's end.

Should one be honest—that is, should one as a matter of commitment or habit never tell lies, except, perhaps, in extreme situations—or should one be a judicious liar, prepared to speak falsely on those relatively rare occasions when doing so will advance one's interests?

Consider a clever and resourceful person prepared to lie whenever she judges that lying will best promote her life's projects. Such a person stands a much better chance of enjoying more of the things she loves for their own sakes, and of enjoying them more often, than stands an equally clever and resourceful person committed to being honest. That, in a nutshell, is the case against honesty.

She stands a better chance of enjoying the things she loves, for the honest person, whatever his projects are, abstains either habitually or out of principle from a particular means by which to attain things he wants, even when those means are the most efficient means available to him. A person not committed to honesty, on the other hand, uses whichever means are the most efficient available to her, without scruple.

The honest person has, in effect, tied one hand behind his back.

This chain of reasoning leads us to the conclusion that a clever and resourceful person prepared to lie whenever she judges that lying will best promote her life's projects will likely do better in life than an equally clever and resourceful person committed to honesty. You yourself, then, being clever and resourceful, would do well to overcome your debilitating prejudice against lying.

But maybe you aren't all that clever or resourceful. You don't think well in hot moments and you're given to overestimating the chance you'll succeed and underestimating the risks and penalties. Well, okay, to remain on the safe side you had better cultivate honesty. Too bad for you.

Or perhaps you would note that dishonest people suffer pangs of conscience. Suffering pangs of conscience hurts and it's also debilitating. Thus, a wise person commits herself to honesty even at the cost of tying a hand behind her back.

Certainly, then, a wise person cursed with a conscience would seek as best she can to rid herself of it. A wise person wouldn't let some weenie voice in her head condemn her to an inferior sort of life.

Or you object that the best community in which to pursue and enjoy the things one loves is the community in which honesty and the other virtues prevail, for in that community each individual benefits from the peace and prosperity virtue brings. The best way to create and maintain such a community is to commit oneself to honesty and the rest.

Yes, a wise person will be concerned to promote honesty and virtue among her fellow citizens. She will be concerned to help create and maintain a peaceful and prosperous community, because she wants to enjoy the benefits available only in such a community. Nonetheless, she has no reason to limit herself to those benefits she attains honestly.

Trust Women: A Conference on Reproductive Justice January 28th, 2010 7:00PM SMU MCNALLY THEATRE

JANE GAVIN HEBERT
Trust Women Conference
Coordinator

www.smuwomenscentre.com

"Reproductive justice is the complete physical, mental, spiritual, political, economic, and social well-being of women and girls, and will be achieved when women and girls have the economic, social and political power and resources to make healthy decisions about our bodies, sexuality and reproduction for ourselves, our families and our communities in all areas of our lives."

Sistersong.org

On January 28th 2010 the Saint Mary's University Women's Centre is bringing together scholars and activist leaders of the reproductive justice movement for "TRUST"

WOMEN: A Conference on Reproductive Justice." This event will commemorate the 22nd anniversary of the 1988 Morgentaler decision whereby law against abortion was declared unconstitutional in Canada. This conference will highlight women's experiences with access to reproductive health care and will explore reproductive justice as a framework for women's rights.

"Trust Women" is a phrase used to emphasize the importance of women's autonomy in determining their reproductive rights. "Trust Women" was a slogan used by abortion doctor George Tiller to promote women's rights before he was murdered in church by an anti-abortionist on May 31, 2009.

Women's health and self-determina-

tion is a central theme to this conference. The speakers at this event will address the intersections of gender, race and health in a global and local context. Women's stories reveal reproductive oppression and the struggle for reproductive justice.

The Saint Mary's Women's Centre presents a free panel on January 28, 2010 featuring singing, spoken word, keynote speakers, and a screening of The Choice Monologues.

Jessica Yee is a self-described Indigenous hip-hop feminist reproductive justice freedom fighter. 23 years old and Two-Spirited from the Mohawk Nation, Jessica is the founder and Executive Director of the Native Youth Sexual Health Network. Jessica is currently serving as the first inaugural Chair of the National Aboriginal Youth Council at the Canadian Aboriginal AIDS Network and the

CONTINUED ON PAGE 8



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Haiti Hits Home! - How the situation in Haiti has affected SMU and what students are doing to help.

ALEX CLARKE Features Editor

Your HELP is needed. On January 12, 2010 at 4:50pm, a 7.0 magnitude earthquake struck Haiti for three deadly minutes. It was then followed by several powerful aftershocks which in total lasted for a horrifying 20 minutes. As people fled the damage, the quakes, which had hit the western coast of Haiti, caused buildings all over Port au Prince to fall in destruction. This event left an estimated three million people affected or homeless, with hundreds of thousands dead and an already problematic country in chaos.

For Sybil Ramrattan a student here

at Saint Mary's University, her new year started receiving a Black Berry message from her mother, she did not quite understand what it meant. But when she got a chance to check CNN news, reality set in.

The earthquake had completely devastated her family's homeland of Haiti. The destruction which had hit the country's capital city had affected her aunt directly who is now struggling to live without proper shelter.

All over the world, images of the disaster in Haiti break our hearts and remind us of the fragility of life. Within the last week people all over the world have stirred to action worldwide. Pictures spread throughout the world of frightened babies lying in the rubble looking for their parents,

STUDENT SPECIAL

people injured in the streets and the presidential palace collapsing. Separated families have been forced to seek shelter in makeshift camps as they continue to dig massive graves for those unfortunate.

After Ramarattan, who has lived in Haiti for over seven years, found out about the tragedy, her first thought was "Not again, what else can go wrong." Haiti has suffered a long series of natural disasters over the last decade, including floods, huge mudslides and hurricanes. Before the earthquake the life experience was already one of very little hope. Families struggled in their day to day lives of hard living with no electricity, running water or the little amenities that life offers us.

One can only imagine the condition that Haiti is currently in after experiencing the earthquake. It has been reported that directly afterward the smell of death and decomposing bodies filled the air. Along with many people missing, there is a huge shortage of food and medical assistance has been greatly reduced due to hospitals and other medical institutions being partially if not totally ruined.

The best thing to remember is that there is always hope. Communities all over the world started pitching in with their own relief efforts to help improve access to food and clean water along with providing medical care for those in need. Foreign doctors and paramedics have also lent a helping hand by operating clinics in Port au Prince and surrounding neighbourhoods. Relief workers from the Red Cross remain focused on helping victims survive day to day as they urge people around the world to volunteer support by donating or getting in-

Students are also doing their part to assist Haiti. The Saint Mary's University Student Association and Caribbean Society are both holding food and clothing drives in an effort to raise awareness of issues in Haiti. Many students have donated funds personally to emergency agencies that are distributing funds, along with wearing red on Tuesday in support of the people in Haiti.

The Federal Government is contributing up to \$50 million where these moneys would take care of essential needs for the earthquake victims. Along with funds from the Canadian government, Halifax has mobilized

two Canadian naval ships to leave Halifax and join military forces in the poverty-stricken country. The reason for armed forces is that not only have homes of unfortunate individuals been destroyed but so have criminal institutions. The frigate HMCS Halifax and the destroyer HMCS Athabaskan are loaded with 500 soldiers, first-aid kits, a Sea King helicopter and other supplies and equipment.

We are now faced with an incredible opportunity to turn this into something where we are committed to make a difference in a country that has been in dire need for such a long time. The earthquake has shed light on the problems Haiti has dealt with for a long time. The overall cost of rebuilding Haiti is impossible to predict and right now, it is almost impossible for anyone to escape the tragedy in Haiti — on television, Facebook or

Friends and relatives in Canada seeking information on Canadian citizens believed to be in Haiti should contact the Foreign Affairs and International Trade, Canada's Emergency Operations Centre by calling 1-800-387-3124.

How you can help:

The needs in Haiti are great and your

support is urgently needed. Please give generously by going to your local church or Red Cross Foundation and donating funds, canned goods or clothing. Every little bit counts.

In Canada, people can donate \$5 to the Salvation Army by texting "Haiti" to 45678 through a system set up by the Mobile Giving Foundation. The US State Department seems to favour the Red Cross, where you can text "HAITI" to "90999" to donate \$10



Trust Women: A Conference on Reproductive Justice

CONTINUED FROM PAGE 7

International Indigenous HIV/AIDS Working Group. She is the 2009 recipient of the YWCA Young Woman of Distinction award, a 2009 Role Model for the National Aboriginal Health Organization.

Loretta J. Ross is a founder and the National Coordinator of the Sister

Women of Color Reproductive Health Collective, composed of 70 women of color organizations across the country. Ross is the founder and former Executive Director of the National Center for Human Rights Education. Ross was sterilized at age 23 and was one of the first black women to win a suit against the manufacturer of the Dalkon Shield that sterilized thousands of women worldwide. She was the Co-Director of the 2004 National March for Women's Lives in Washington D.C., the largest pro-

test in U.S.

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WE SHARED A CAB, YOU HIT ME IN THE FACE. - M4W
DECEMBER 12TH, 2009
LOCATION: CAB STAND ON PEARL

Hi! I am almost 100% positive you remember me. I was standing in the cab line for about 15 minutes in 1 degree weather, and then you and your girlfriend ran in front of me in the cab line right as my cab, that I had been waiting so long for out in the ball shivering cold, arrived. Now I admit, I am a nice guy, and women get to take advantage of me quite often, but that said I haven't been laid in months, and when that happens, I somehow feel that the goddess of feminine nurture and chivalry can... how do I put this? Suck my six inch piano player. This is the point where I told the cabby what you girls did, and informed him that he was throwing away the very long cab ride to Erie as well as his moral saint 1-month chip. At this point he had the very bad... very bad idea to give me (a drunken narcissist, in the right) a ride with the girls who shunted me most literally to the curb. This is where the sh*t show began.

Your friend and you are both very attractive, but nevertheless I have become accustomed to, when necessary, seeing only the ugly souls of the monsters who arrogantly think they can get whatever they want. The cussing, the womanizing, the abuse, the screaming, and everything that ensued for the next 15 minutes, is unlike me. However I was not alone in this endeavor, in fact I would go as far as to say that it was YOU two who did most of the screaming, and abusing. Nevertheless I stood up to the both of you. I let you know exactly how sh*tty it was to leave a stranger to freeze for the sake of your own toes. And alt-

hough I am a tired soul, tired of fighting petty battles with girls, there are times when the wild thing from my youth finds the perfect combination of irritation and gravel to carve a path to the surface and cuss you the f*ck out. So I did. Somewhere along the way you hit me, good and hard across the face for addressing you by your lady parts. I probably deserved it. But even so, when your friend got out of the car, the attitude from the back seat was cut in half. This reduction in calamity is what made me flip around, to see you face to face for the next 10 minute drive to your home, perched on my knees, and just listen. I watched as you blasted me with insults and be-ration, never admitting nor denying that you intended to leave me on the cold cabby curb.

Your visage melted from rage into a pool of confusion as I just sat there and listened. By the end, you were reduced to a puddle of tears, and as gratifying as it was, it is these empty moments that remind me why I hush my inner child to sleep, and open the door for you, and hold your purse, and buy you presents, and walk your dog, and keep you warm, and give you kind smiles. When you exited the cab, my body took me over, I hopped out and gave a "Hey!". You turned around, and I threw my arms out. "I'm Sorry!". You sheepishly just looked to me, and through the tears came a genuine moment. A deep smile. Full of the confusion and joy that comes with being twenty-something. I just wanted to say I appreciated that smile. In it, you told me that you were okay, that we are only human, that you value people over right and wrong. Expect to have a beer on me if I ever see you again....

TO THE GUY WHO TAILGATED ME FOR 20 MILES THIS MORNING DECEMBER 11, 2009 LOCATION: ITHACA

I get it. You wanted to go faster, and given that you drive a Mitsubishi Lancer maybe you are under the impression that you are fast and/or furious. I'm the guy who was in front of you for 20 miles from Alpine Junction to Ithaca, driving at various speeds with the constant being that you were so close to my rear end it felt like I was trapped in a changing room with Richard Simmons.

We met at 61 mph, a nice speed for Route 13 -- fast enough to not take forever and slow enough to go unremarked by the many police who patrol that road. You were unsatisfied and expressed it by staying a cool 5 feet off my bumper. I slowed down gradually to 55 mph. This was one of several opportunities to pass me, but you just slowed down too and stayed back there like you wanted to turn on a Sting album and spoon me. So I sped up again hoping that you'd get the message and let me keep the distance I had won between us...but no, you are a jealous sharer of the road, Mitsubishi Lancer. You caught up. For 10 more miles we were like cell mates and you tried to make me your b***h, but all you succeeded in doing was going 13 miles an hour slower than when you started tailgating me. How did that work out for you?

Coming down the hill into Ithaca I sped up again, figuring you'd been punished enough. So when you tried to give me the Sneaky Pete again, I admit I lost my cool and touched the brake for the first time. I hope you spilled your coffee on what I imagine were your Faded Glory pleated khaki pants. Then, in the two-lane road in town you didn't go around. You proceeded to follow me all the way to my parking place before giving me a look and going on your way to, I assume, the DMV where you work.

I offer you these common sense tips:

1. Tailgating is a d**k move, and it's even more of a d**k move if the guy

in front of you is already well above the speed limit on a well-patrolled road.

2. If you are tailgating someone and they slow down, that's your cue to pass and if you can't pass, well then screw you because you are being a dick anyway.

3. It actually makes sense to leave some distance for you too. Have you seen all the deer carcasses on the road? That's because cars hit them. If a deer jumps in front of me and I have to slam on the brakes, I don't want you crashing into me. Based on your body, your reaction time is only fast in World of Warcraft.

FULFILL MY WAFFLE HOUSE FANTASY DECEMBER 11, 2009 LOCATION: TUNNEL ROAD

This Sunday evening at 10pm, I'll be sitting at the counter of Waffle House on Tunnel Road. I'll be wearing clothing but underneath I'll be naked. You'll know it's me because I'll be eating Bert's BEST bowl of Chili. Please note that Bert's BEST is a large bowl of chili, smothered, covered, chunked and peppered. This clarification is important, just in case there is someone else at the counter eating a bowl of Bert's Chili, which is just chili and not as good as Bert's BEST.

After you identify me by my chili and also perhaps by my concealed nakedness, you'll take the stool beside me. At first I won't be sure it's you and the anticipation will be a real thrill for me. When the waitress greets you... I'm not sexist it's just statistically probable that your server will be a female because male Waffle House servers are very rare. Anyway, when your waitress greets you, you won't need to review a menu because I'm about to tell you what to order

and you'll have it memorized. It may be a good idea to write this down on a small piece of paper and memorize while you're driving to the Tunnel Road Waffle House. Ready? Good. You'll tell the waitress you'll have Hashbrowns, covered, diced, peppered and topped. Curiously enough, topped means topped with Burt's Chili. The other code words stand for melted cheese, grilled tomatoes, and spicy jalapeno peppers, respectively.

I mention this because often times people don't care for spicy foods, in which case you can substitute capped for peppered. Capped is the code word for grilled button mushrooms. Either way, I'll still know it's you. Yet just to be sure, in addition to the Hashbrowns, order a city ham biscuit from the DOLLAR\$ MENU. Of course it's possible that you may not like City Ham. The name itself can conjur unpleasant connotations if you think too long about it. This isn't important though because you don't have to eat it. It's just something off the DOLLAR\$ MENU that you'll order it so I can be sure you're you and not just someone else that happens to be ordering Hashbrowns, covered, diced, peppered and topped.

After you order and only after the waitress has walked away, I'll ask you if you'd like a spoonful of my Bert's BEST Bowl of Chili. Don't respond verbally, just looked me in the eyes, squint slightly in a seductive manner and then open your mouth, stick out your tongue and get ready for a spoonful of Bert's BEST. Taste the chili, the sautéed onions, melted cheese, grilled hickory smoked ham and spicy jalepeno peppers. It doesn't matter if you like the spicy peppers or not.

You're going to eat them and they're going to be HOT! So hot your salivation may carry a little piece of grilled hickory smoked ham from the corner of your mouth down the precipice of your chin. Don't wipe it off, let it drip. When my body stops convulsing and my emotions return from sheer ecstacy, I'll put a \$20 bill on the counter. Then I'll get up slowly and walk out the door. Never to see you again. If this sounds like the kind of thing you're looking for, email me to set up a time to meet. I know I said I'd be there tonight at 10 pm but if more than one woman showed up it would cause confusion. Also I'd like to make sure you're not a weirdo before we meet.

WANTED-- BABYSIT-TER FOR DRUGGIES DECEMBER 12, 2009 LOCATION: ANN AR-BOR

My boyfriend and I like to experiment with various recreational chemicals, but sometimes when we're coming down (like now) we don't want to go out, but we really really really want some sort of obscure, horrible fast food item. We used to have a friend that would bring us stuff and not expect much in return, but he moved away. We would like a replacement for him. We don't want to DO drugs with you, but we are perfectly willing to hook you up or bake you cookies (when we're sober) or listen to you whine about how no girls like you (as our old Tender of the Druggies did). We don't want you to stay overly long, either. Bring us stuff, chill for maybe fifteen minutes (longer if we aren't obviously exchanging looks or hinting about how tired we are or how NO WE DO NOT WANT A CUD-DLE THREESOME), be on your way. We are chill people and really would like to be your friend, but this works better if you are some sort of unlikable loser, eager to please and be accepted, have lots of spare time and few friends, and are socially retarded in some other manner-- thus you are fine with an abusive, exploitative relationship of you fetching us NOMS.

Anyway, hunger is becoming a serious problem after all this 2c-i so we are off to fix that. Please let us know if you would like to assist us with this endeavor in the future. We are conveniently located in downtown Ann



thesmujournal@gmail.com

Who Are We To Talk

MONIQUE JOHNSON Business & Science

Statistics Canada reports that the fitness level of Canadians has lowered. The average citizen can take a survey walking down the street and conclude that as a society we have become larger in the waistband. There is no doubt the local gyms around Halifax have seen an increase in members due to New Year's resolutions. I'm not sure if I'm buying the two-week fitness craze especially when the statistics for the resolutions are not positive.

Having little self discipline and living in the convenience era of society does not help either. It's easier as university students to order take-out food than it s to cook a healthy meal. Keeping the junk food in moderation is crucial to a healthy lifestyle.

Obesity In Children

MONIQUE JOHNSON Business & Science

As the entertainment systems increase the debate of child obesity continues to be a debate. Doctors on the United States are urging that kids get tested by the age of six. U.S. Preventive Services Task Force published a report based on 20 clinical trials and other treatments for obesity. It is interesting how the mechanisms used to combat child obesity continue to rear its ugly head.

Healthy choice meals and proper monitoring of child activity requires adequate hands-on parenting. Though some cases of child obesity may catch parents off guard, it is important to use preventative measures such as walking to school instead of taking the bus or add more sporting activities to their daily schedule. Some behavior management and goal setting tactics have proven to work. With some recreational programs being reduced and parents spending less and less time being involved in the activity portion of their children's lives, obesity to some extent, is bound to be an issue.

The sensitivity aspect of child obesity is also another factor, as doctors are not completely sold on testing for it. Nevertheless, as we move toward the super-size era, parents should be on the alert regarding food intake and daily activities of their children.

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IN THE NEWS

H1N1 spreads to three other countries: Europe, North Africa and South Asia. With a high death toll, the virus has claimed close to 14,000 people.

Johnson & Johnson recalled Tylenol due to a suspicious moldy smell that made users sick.

There has been a 3% increase in university applications across Canada.

In Charlottetown, PEI police are warning business of counterfeit money being passed around in the city.
Finland is planning on phasing out smoking within the next 30 years

How Secure Is Your Computer?

ELIE KHOURY
Contributer

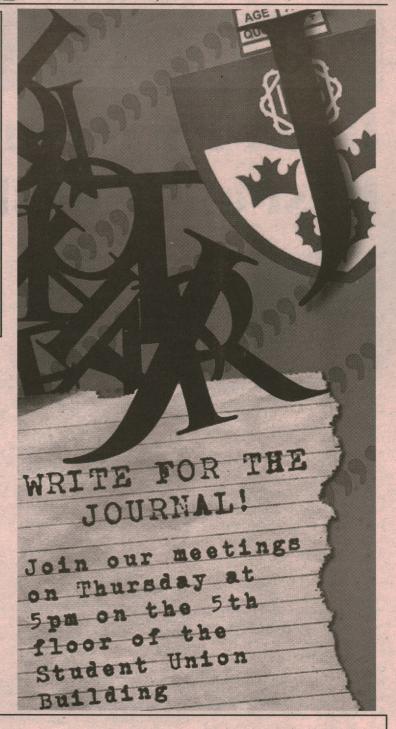
If you follow world news then you may have heard that Google will no longer be censoring its search results in China due to some possible Chinese hackers hacking into some Gmail accounts, and other American companies.

Later Microsoft admitted that the attacks on Google were possible due to Internet Explorer, Microsoft's web browser, the most popular web browser on the planet. Of course Microsoft urges all users to increase the web browser zone to the "high" (found under the internet options menu) but doing so will limit the functionality

and block many websites.

Some things you the reader can do to safeguard your own computer.

- 1. If you are still using Internet Explorer change to a more secure and standard compliant web browser like Firefox (www.mozilla.com/firefox/), or Google Chrome (www.google.com/chrome).
- 2. Don't open email from people you don't know (especially if the subject of that email looks funny).
- 3. DO NOT download any unknown attachments from people you don't know!
- 4. Use a virus checker (AVG offers a free virus scanner).
- 5. Use common sense (I know common sense is not common, but think sometimes



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This professional two-year graduate program offered by Dalhousie University in partnership with the IWK Health Centre offers orthoptics/ophthalmic medical technology education that provides students with unparalleled research opportunities in the vision sciences along with extensive clinical practice to prepare them for the profession of orthoptics/ophthalmic medical technology.

Orthoptists/ophthalmic medical technologists are allied health professionals who perform a wide range of diagnostic and highly technical procedures and, in consultation with an ophthalmologist, plan, implement and monitor treatment of a wide variety of ocular disorders, including disorders of binocular vision and ocular motility. They are engaged in a wide range of activities including research into ocular motility, education of other eye care professionals, patient education and vision screening.

The program involves 7.5 class credits, two extended practica and a thesis in an area of vision research. Students are permitted to exit the program after two years (prior to completing a Master's thesis) with a Graduate Diploma in Orthoptics and Ophthalmic Medical Technology.

Applications for the MSc (Clinic Vision Science) program beginning in September 2010 are now being accepted. Applicants must hold a four-year bachelor's degree with a minimum B average (GPA 3.0), with at least one undergraduate class in human anatomy and/or physiology, and a class in psychology with a laboratory component. Exceptional students may be accepted without these prerequisites on the condition that they are fulfilled either prior to or concurrent with the program. Work/volunteer experience in the health care field is considered an asset.

Students whose native language is not English must demonstrate the ability to participate in a graduate program conducted in English prior to acceptance into the program. The minimum acceptable score on the TOEFL test is 580 for the written test and 237 for the computer test.

Financial assistance may be available to qualified students.

Deadline for applications is March 1, 2010.

Further information is available from our website www.dal.ca/cvs or by contacting Clinical Vision Science Program

IWK Health Centre

5850/5980 University Avenue

PO Box 9700

Halifax, NS B3K 6R8

orthoptics@iwk.nshealth.ca (902) 470-8959

SPORTS

JASON MACDONALD



Huskies Lose Two In A Row Former NHLer At Home

JASON MACDONALD Sports Editor

The Saint Mary's Huskies were at home this weekend and taking on the #1 ranked CIS team, the UNB Varsity Reds Friday night and the unranked UPEI Panthers Saturday.

A crowd of almost 2500 fans gathered at the Forum to watch the power-house teams clash (or catch a glimpse of SMU hopeful Mike Danton). The Huskies were out to snap UNB's 17 game winning streak and improve their record to 12-3-4.

The first period was uneventful scoring-wise but for spectators it was 20 minutes of excellent hockey, chances were abundant at both ends of the ice with the Huskies working well to control the Reds speed and keep the puck moving without getting caught behind the play or out of position. SMU goaltender Brandon Verge had a phenomenal 1st period, making big sprawling saves on numerous occasions and a couple of big glove saves that kept the Huskies well in the game throughout the first period. Also an asset for the Huskies were the players blocking pucks in front of the net, including players laying out on numerous occasions for the poke check on rushes.

The SMU penalty kill unit was in full force throughout the first period as well, killing off two penalties and allowing only two shots on goal. The power-play line were also strong, with five shots on two power-plays.

Following the first period the Huskies began to break down, taking penalties and allowing UNB to score

back to back power-play goals. The Huskies looked flat after UNB's second goal, the defence were getting caught behind the play and were allowing the Reds forwards to break in and hang around down low without clearing them out or moving them off the puck. The Reds scored five goals in nine minutes of play including Daine Todd's goal scored from the point when the Huskies were expecting a tripping penalty called against UNB. Verge was pulled following Todd's goal but the change in goaltending did not make much of a difference as the Reds put away their fifth goal of the game just four minutes after Conway took to the net.

The Varsity reds lead 5-0 at the end of the second period and would maintain that lead well into the third. The Huskies came out for the last frame looking flat; SMU were having a hard time getting shots on the net, and were moving the puck but hesitating too much, waiting too long to pull the trigger and get their shot on goal. UNB were playing a much more energized game, breaking out of their zone hard, catching the Huskies defenders behind the play and forcing Conway to commit early. The oddman rushes were the strongest part of the Reds game.

The third period was extremely rough with 109 penalty minutes awarded, 70 of those minutes being 10-minute misconducts. There were two major scuffles at the end of the third period, one resulting from the UNB goal getting clipped while laying out for a puck and the other a result of Justin Wallingford's good defensive play.

The lone SMU goal was scored by Cam Fergus 14:03 into the third period, his 11th of the season, breaking Fullerton's hopes of a shut-out.

Following Friday's disappointing loss to the UNB Varsity Reds the Huskies hoped to make short work of the AUS's fifth place team Saturday night. The Panthers and Huskies played in front of a considerably smaller crowd Saturday but played an equally energetic game as the pre-

Cody Thornton opened the scoring of the game less than a minute into the first period, his 18th goal of the season was assisted by Marc Rancourt and David MacDonald. There was no scoring for the remaining 19:03 of the first period but both teams had numerous shots on goal, nine for the Huskies and eight for UPEI.

The Panthers dominated the second period, out shooting the Huskies 17-8 and scoring three unanswered goals including back to back powerplay goals for Jared Gomes, his ninth and tenth of the season.

Former Moosehead Colby Pridham scored SMU's second goal, 14:25 into the second period he scored his third goal of the season with assists from Marc Rancourt and Cody Thornton, Late in the third Thornton scored his 19th of the season pulling the Huskies to within a goal but it was too little too late, UPEI would win the game 4-3 and improve their record to

The Huskies are back in action January 22nd and 23rd, away against the St FX X-Men and then hosting the Dalhousie Tigers.

Mike Danton to **Skate for Huskies**

IASON MACDONALD Sports Editor

Twenty-nine year old Mike Danton has a lot to look forward to in the coming weeks, in addition to beginning Sociology classes at Saint Mary's, Danton is also starting hockey practice. Danton began his professional career as the 135th pick in the 2000 NHL draft, where he was picked up by the New Jersey Devils.

Danton has had a successful career in the pro leagues playing for the Albany River Rats in the AHL and the New Jersey Devils and St. Louis Blues in the NHL. Danton played 69 AHL games in the 2000-01 season, scoring 19 goals, 15 assists for 34 points and clocking 195 penalty minutes. Danton played 87 NHL games in 3 seasons scoring 14 points and racking up 182 penalty minutes before his arrest.

Following his parole in September of 2009 Danton began looking for an option to get back into hockey and was approached by another Canadian university regarding his desire to play. However, according to Steve Sarty Saint Mary's University Athletic Director, following that university's decision to back out Danton

began looking around for reputable and successful hockey programs and got in touch with Saint Mary's Men's Hockey coach Trevor Steinberg.

The university may be on board with having Danton come and play here but what do the players think of Saint Mary's choice to have a professional come play for them? "The team honestly want to be a part of this process" says Sarty, "they want to help him get his life back on track and not for the reason that he's a great hockey player. Someone needs to give this guy a chance and they want to be a

The big question on everyone's mind is when can we expect to see Danton suiting up for the Huskies. Corrections Canada still needs to do their assessment of the situation, however, we should see Danton on the ice in the next few weekends out and playing with the team.

Mike Danton is not the first professional hockey player to go back from the NHL to play in the CIS. Often it is an option for players who find themselves not getting enough icetime with their pro team. The Huskies look forward to sharing the ice with Danton and are excited to begin practicing with the 5-foot 9-inch for-

Giving A Whole **New Meaning To** Off-ice Training

JASON MACDONALD Sports Editor

If you're having a hard time with your skating techniques and hockey basics maybe it's time you took a look at the newest hockey facility in Halifax. GameBreakers Inc. in Burnside has the newest technology to help expand and improve your hockey skills.

GameBreakers has a cornucopia of tools to train hockey players young and old. Their facility includes half-size

synthetic

ice surface,

puck handling and shooting lanes, continuous rubber flooring and the crown jewel of their business a skating treadmill.

Membership to the facility is expensive at \$499 however it can be booked for hour-long team training sessions for \$250 without the ice surface and for \$350 with the ice surface. Teams can also take advantage of the dry-land training area.

The skating treadmill was developed by Endless Ice from Red Deer, Alberta. It features a 87"x96" skating surface and a shooting lane extension. To help with safety there is an overhead safety restraint system that ties into a harness worn by the skater to keep them safe should they

fall while on the treadmill. The machine also includes laser stride analysis 2 and software that interprets of and analyzes = the skaters stri- B de from video that is taken as they train. The analysis that 8 is done on the B players can be

compared to over 23 million shots taken and recorded in a database where the players performance and improvement can be tracked by the facility

An open house was held at the 50 Raddall Ave. facility Saturday from

thesmujournal@gmail.com





ASSHOLE(S)

OF THE WEEK

This Asshole goes out to those bitch UNB fans who cut in front of me at the Forum Friday night. Who do you think you are and where do you get off cutting in front of me? Is it because I'm young and you're older than stink? Wait your turn to get your hockey tickets.

This is an asshole of the week for all the drivers around SMU who drive WAY TOO FAST and blow through cross walks without even a glance. It doesn't matter if there are flashing ambers or not, you still have to look to

see if people are trying to cross the road. Also if you're driving more than 50 km/h and hit someone crossing the road their chances of survival drop precipitously. So how about you slow down and watch out because I'M WALKING HERE!

This is one for my dick of a roommate stomping around and slamming doors. If you have an issue come and say it to my face. Stop acting like a four year old unless you want me to ignore you like a child who is throwing a temper tantrum.

let their children throw tantrums in restaurants and don't even attempt to quiet them down. When I am trying to enjoy my Kung-Pao chicken the last thing I want to hear is your child wailing like an air-raid siren. Take them outside and get them calmed down before you bring them back in: It'll be a lesson in responsibility for you and your child.

This asshole is for the parents who

JASON MACDONALD

Coming off a big overtime win against the STU Tommies the night before, the Huskies came into their 3rd game of the season against St FX with high ho-

pes. The X-Women are currently ranked 1st in the AUS and 6th in the CIS with a record of 12-2-2 and are 3-0 this season against the Huskies. St FX has outscored opponents 61-25 this season and outscored SMU 18-3 this season.

The X-Women struck first this game; Laking scored 1:37 into the game beating goalie Jill Robinson high over her glove. The X-Women's second marker came on a power-play, Brittney Perkins beat

Robinson on a rush and banged away the goal. After the second goal the Huskies started moving the puck better, making their passes stick and not turning over the puck as much. SMU made chances down deep with two excellent chances and an open net that was robbed when the goalie got her paddle down just in time. The Huskies had a big effort down low toward the end of the 1st period banging away at the puck and were rewarded for their efforts, Sarah Maynard scored the

Huskies lose 3rd straight meeting with



Huskies first and only goal of the game, Carla Little and Leah MacLennan had assists on the goal.

The second period was penalty rid-

den for the X-Women, they clocked eight minutes in penalties compared to the 4 minutes SMU were given. The Huskies had enough chances to make things happen but couldn't find the back of the net. During the first of the Huskies two 2-man advantages they had numerous shots on the net but couldn't beat the X goalten-

der. The Huskies were playing well when they were moving the puck but were doing too much standing around and waiting for the puck to come to them rather than chasing down the loose pucks and driving into the X-Women's zone.

St FX scored their second powerplay goal in the 3rd period following on the heels of an interference penalty incurred by Jocelyn Campbell.

The Huskies had another series of excellent scoring opportunities during their second 5-on-3 match-up.

Taking cross-checking and hooking penalties 7 seconds apart gave the Huskies 1:53 of 2-man advantage to try and even the score. Despite lots of shots on net the

Huskies just couldn't seem to find their rhythm, fanning on pucks and missing one-timers from the slot. Nicole Hansome scored the X-Women's fourth goal of the game, her second, with 6:24 left to play. Final score of the game was 4-1 with St. FX extending their winning streak to six of their last seven games.

The Huskies next home game will be January 22nd when they take on the sixth place UPEI Panthers.

Huskies at Home

Friday 22nd January Basketball- CBU @ SMU, Women's game 6pm, Men's game 8pm Women's Hockey- UPEI @ SMU, 7pm Alumni Arena

Saturday 23 January Basketball- CBU @ SMU, Women's game 2pm, Men's game 4pm Men's Hockey- Dal @ SMU, 7pm Halifax



Volleyball- MUN @ SMU, 7pm The Sunday 24 January Volleyball- MUN @ SMU, 2pm The

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Dr. Brad's quote of the week:

"Don't just let your joy be the source of your smile, let your smile be the source of your joy!!!"

Men's Basketball; The men's basketball team opened their post break winning streak to four games with an 82-60 and an 83-78 win over the UNB Varsity Reds. The men were away for the first time since January 22nd and played the Reds for the second series of the season and have won all four games against the AUS's worst team (1-10-0). The first game was a blowout against the Reds, Mark McLaughlin led the Huskies in scoring with 22 points on Friday and 22 points on Saturday. Also scoring huge points for the Huskies was Joey Haywood who scored 21 points in Friday's game and 16 in Saturday's. Last week's player of the game Demitri Harris had 6 points and 11 rebounds in the two games. UNB's points leaders were Michael Anderson with 36 points and 10 rebounds and Alex DesRoches with 31 points and 21 rebounds. The Huskies are back at home for the next two week-ends when they play the CBU Capers and St. FX X-Men.

Women's Basketball; The women's basketball preempted both men's games and split their pair of games improving their record over the UNB Varsity Reds to 3-1. The women lost a close game to the 4-7 Reds Friday night, Justine Colley scored 23 of SMU's 57 points with 2 rebounds and Kelsey Daley scored 8 points and had 8 rebounds. UNB's Amanda Sharpe scored 23 of UNB's 62 points points with 5 rebounds, also scoring for the Reds was Emma Russel who had 8 points and 9 rebounds. After Friday's loss the Huskies came back with a 74-60 win over the Varsity Reds. Justine Colley had 33 points and 3 rebounds while Kelsey Daley had 16 points and 2 rebounds. UNB's points were scored predominantly by Emma Russell and Laura Fowler who scored 11 and 10 points respectively with 5 and 2 rebounds. The Huskies are back at home for the next 2 weekends. closing off their series against the Cape Breton Capers and the Acadia Axewomen.

Women's Hockey; The women were on the road Saturday afternoon, playing the Saint Thomas Tommies for the 2nd of four games this season. The Huskies are currently ranked 5th in the AUS with a record of 7-6-0 while the Tommies are 3rd with a record of 7-5-2. The ladies played in front of a crowd of 94 spectators at the Lady Beaverbrook Rink. Scoring was opened early in the 2nd period by STU's Lyse Rossignol, SMU captain Kori Chevarie scored an unassisted short-handed goal to tie the game 1-1 late in the second period. Sarah Maynard scored the Huskies 2nd goal on the power-play resulting from Katelyn Brewsters hooking penalty. The Tommies tied the game mid-way through the third period, with Caroline Hammerheim oring the tying goal on the power-play after a tripping call against Carla Little. The game winning goal was score 1:16 into the first overtime period by Danielle MacDougall with the assists going to Jocelyn Campbell and Sarah Maynard. The women play Sunday afternoon against St FX and the next Friday against the **UPEI Panthers.**

Volleyball; The Huskies volleyball team are still first in the AUS with a record of 5-5 however the Acadia Axewomen are hot on their heels with a 5-7 record. Acadia won Friday's match 3-1, outscoring the Huskies 92-86. Allison Beaver and Kerri Smit scored 26 of the Huskies offensive points and Bryanne Hogue made up another 10. The last game of the match was the most active for the teams with 8 tied scores and 6 lead changes. The Huskies are at home again in back to back matches against the Memorial Seahawks January 23rd and 24th.