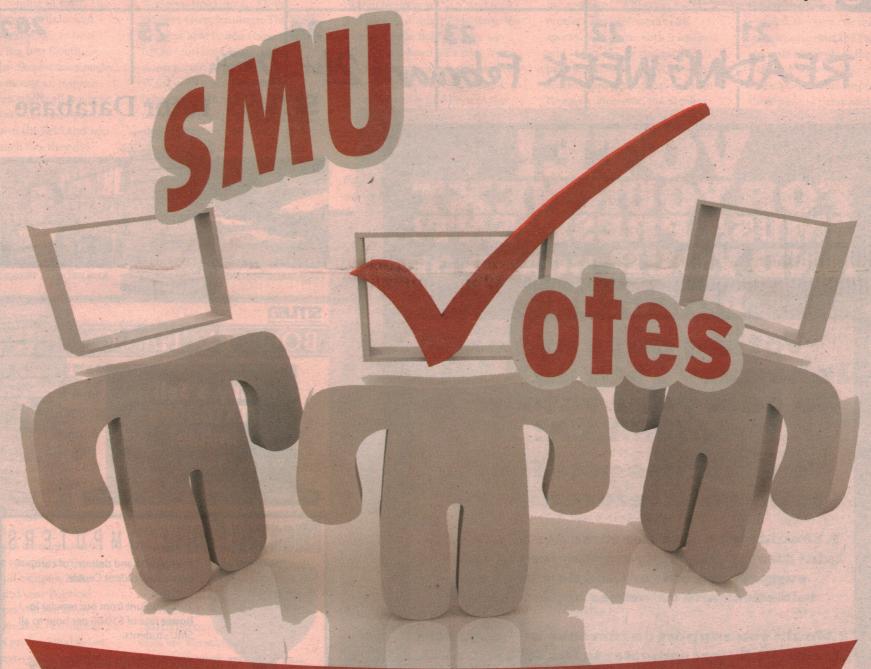
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FREE • FEBRUARY 16 - FEBRUARY 23, 2011 • VOLUME 20

# DURNA

The Student Newspaper of Saint Mary's University | Halifax, NS



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Saint Mary's University Students' Association

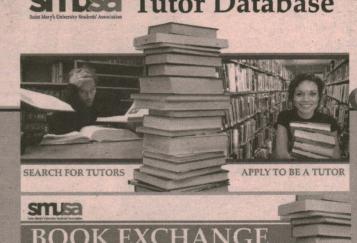
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# VOTE! FOR YOUR NEXT SMUSA PRESIDENT! AND YOUR BOARD OF DIRECTORS!

Voting days are on February 16th and 17th To cast your vote go to SMUSA.CA!

You can also vote for the following referendums:

- 1. Should one dollar per semester be added to Saint Mary's University student fees in order to support any student-led development initiatives and volunteer opportunities?
- 2. Would you support an increase in the student levy of \$0.50 per semester to the SMU Journal?
- 3. Are you in favor of a mandatory U-Pass for full time students at a cost not to exceed \$141 per students for the months of September - April?
- 4. Should the student body establish a levy for one dollar per academic year for Community Development initiatives?



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# PERSPECTIVE

# LETTER FROM THE EDITOR: 75 YEARS OF THE JOURNAL

ADAM FABER • EDITOR-IN-CHIEF



It is The Journal's 75th anniversary this year, and it's been a good ride. There's been a number of people in and

out, and a lot of things have happened. From the paper's humble beginnings as a single printed sheet, it has expanded into a 16 page weekly publication. We've covered elections, crises and hotly contested debates, along with our student's and staff's many triumphs and victories here at Saint Mary's. You will notice, looking at the referendum questions on the ballot (found easily on the SMUSA Page,) that the Journal is

asking for a \$.50 increase in the fee it charges the student body. We feel the increase in the fee is not prohibitive, and the amount of money it would raise for our budget would allow us to offset the increased costs that have arisen over the last few years, including printing and insurance. For three quarters of a century, The Journal has provided a platform for budding journalists, as well as people who want to make their stories known. We would not ask to burden students with any more cost without cause, and another fifty cents to continue for another seventy-five years doesn't seem like a bad idea to me.

# The Journal SAINT MARY'S UNIVERSITY.

OLUME 61 NUMBER 20 February 21, 199

#### Student's Death Shocks Campus



DAIN'S STAGEN SELACES DENI AT HALF MAST ON MONDAY IN MEMORY OF SAINT MARY'S STUDENT CASEY WESTHAVER WHO PASSED AWAY SUNDAY NIGHT.

by Paul Fitzgerald

Casey Westhaver, a second year science student at Sain Mary's, completed only on warm-up lap around the Towe

nt. bed him right away, a slowly moved him sound," says Welcher. If then sat him up and trained in first-aid and trained in first-aid and perform artificial respi

"during that entire time, every one there felt like they were or the edge of a cliff." He also states that, "mysel and the rest of the class feel great deal of sorrow, and ar Kyle Trimper Arts & Enterta

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## HEALTH CENTRE SAVES STUDENTS MONEY, IF THEY KNOW HOW

ADAM FABER . EDITOR-IN-CHIEF

It pays to know things sometimes. Take, for example, a conversation I had with the health plan office on the 5th floor. There is a program where you can have your prescriptions delivered to the health centre, cheaper than if you were to go and pick them up somewhere else. Notably, even if you are not on SMUSA's health

plan, you can still take advantage of the savings. By enrolling in the Direct2u Prescriptions program, a student's birth control, for example, would jump from 80% coverage to 90% on the student health plan. That way, a co-pay for \$10 would drop down to \$5. On the 5th floor of the student centre there are

brochures on the program, and wallet cards you can give to your physician the next time you need a prescription. You get a call from the Alliance Pharmacy Group, and you are then enrolled. A text message will be sent when your medication arrives, and you can pick it up on campus, cheaper than if you had made

an extra trip. "When I mention the plan to students, they almost always agree it is a good idea to start the program," said Valerie Lively, Health Plan coordinator "there's no reason why someone wouldn't want to save some money. It just makes sense."

## **U-PASS POLITICS**

JAMES URQUHART

The bus means so much to so many different people; a daily chore that they would rather not partake in, a source of unlimited enjoyment or something that they depend on and are thankful for getting them where they need to go. For a large majority of students here at Saint Mary's University, although we would perhaps not be willing to admit it, we fall into the third category. Furthermore, we are thankful to the Saint Mary's University Student Association for providing us with a very reasonably priced mode of transport. There are, however, those students who do not take the bus; they either walk to the vast majority of their destinations; ride their bikes or they have a car at their disposal. These students, like the rest of us here at Saint Mary's University, have no choice but to pay for a bus pass at the beginning of

each year. The question then becomes, "is it fair to make these individuals pay for something that they do not use?"

If we look at the student bus pass, or the U-pass as it is referred to in other circles, and we compare it to the regular monthly fee charged by metro transit, what you are actually saving is quite remarkable. The price of a bus pass is 64 dollars a month, and the U-pass costs only 117, saving 395 dollars per school year. For many students this is the difference between being able to take the bus, and having to pick up an extra eight hour shift to pay for the bus.

The U-pass is a great asset for many students on campus. However, the question whether it is fair to charge students who do not use the metro pass frequently still remains. In many ways, for this small group of students, it is like being forced to buy an ugly jacket that they would never have otherwise bought, and certainly never intend to



wear. When this problem is taken at face value, making these students pay for the bus pass is not fair. Some students at the University of Ottawa have taken action on this matter. Nine students have launched a lawsuit against their student association claiming that an increase in their tuition is not merited because they do not use mass transit. I am very sympathetic to this position; perhaps if I were in their situation I would feel the same way, and they are certainly right that in saying that this is a matter of principle, not a matter of money. However, I ask you to consider the following: we all

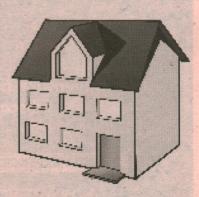
have to pay for services in life for the benefit of others, even if we ourselves do not directly benefit from these services; the U-pass functions in much the same way. One of the stipulations by metro transit in negotiating the bus pass for all students is that all students must pay for the U-pass; otherwise it would not make sense for them to offer a U-pass. So I ask those students that feel that it is unfair that they have to pay for a bus pass that they are not going to use, "are you willing to cost every student on campus 395 extra dollars per year so that you can have an extra 117 dollars per year in your pocket?"

# GREEN TIP OF THE WEEK

EMMA POIRIER

Searching for a new apartment? Choose a location within close proximity to SMU or your workplace so that you will not have a long commute every day.

Go to www.smues.ca or find us on Facebook to learn more about the SMU Environmental Society, upcoming events and volunteer opportunities!



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#### **MUBARAK RESIGNS: REVOLUTIONARY EGYPT?**

KEIMEKO SCOTLAND

Egyptian President Hosni Mubarak stepped down February 11 and handed over power to the military, effectively ending three decades of his rule over Egypt.

In a somber one-minute announcement on state television, Vice President Omar Suleiman said Mubarak had resigned and the Supreme Council of the Armed Forces will "run the affairs of the country."

Tens of thousands of emotional Egyptians exploded in deafening cheers on the streets of Cairo, electric with excitement. It was a moment they had anticipated throughout long days of relentless and at times violent demonstrations that demanded Mubarak's departure. It was also a moment that many had thought unimaginable in the Arab world's powerhouse nation.

Almost immediately the words "revolution" and "Egypt" were being combined

in the same sentences to describe the unfolding events in Egypt. Yet there are those who caution that talk of an Egyptian revolution may be premature. Mubarak himself never addressed his fellow Egyptians regarding his resignation, but instead had his self-appointed Vice President Omar Suleiman do so. This may well be indicative of the nature of things to come as the sociopolitical drama continues to be played-out in Egypt. The symbolism of having Mubarak address the Egyptian citizenry himself was lost. If Mubarak had faced the Egyptian people himself there would have undoubtedly been a much greater sense of direct engagement with the public. Resigning in "absentia" may well have been Mubarak's last defiant act: by refusing to personally offer his resignation to the Egyptian public Mubarak sent the signal that even in defeat he still did not have to meaningfully engage with ordinary Egyptians; he still has not personally accepted responsibility for suffering that pushed thousands of Egyptians to rebel against his regime. And now that power has been handed over to the military, the question must be asked: who is in charge of the military. Well that would be Mohamed Hussein Tantawi. Does this make him Egypt's new de facto ruler? Notwithstanding all the talk of sweeping reforms to come, what has effectively happened in Egypt is this that authoritarian tyranny has been replaced with a military junta (Supreme Council of the Armed Forces). How much of a democratic revolution does this really represent?

In a statement released on February 13, Egyptian Prime Minister Ahmed Shafiq announced that the government is now reporting to the military high

command in the same way it reported to Mubarak before he stepped down.

The announcement continued with news that Egypt's military had dissolved parliament and will run the country for six months or until elections are held. The constitution has been suspended and a committee will be appointed to propose constitutional reforms which will require ratification via national referendum on the amended constitution. The Supreme Council of the Armed Forces can issue new laws during the transition period, according to the statement on state television.

It remains to be seen if and how Egypt will be able to consolidate Mubarak's ouster into a situation of meaningful sociopolitical transformation that can be legitimized by overwhelming popular support.

With files from CNN and AP News

# HOMELESS YOUTH PUSHED OUT DURING GAMES KEIMEKO SCOTLAND ing asked to move on much governments struggle to pay

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While celebrations are underway to mark the first anniversary of the 2010 Winter Olympics in Vancouver, an Ottawa researcher says the event had a negative effect on the city's homeless youth. Jacqueline Kennelly, with the department of sociology and anthropology at Carleton University, is heading back to Vancouver to speak with low-income and homeless youth to gauge the long-term impact of the Games. It is the third round of interviews with more than 100 marginalized youth in Vancouver aimed at tracking their experiences before, during and after the Games. Kennelly said many had a common experience before and during the Games. "If they were panhandling or even if they were just sitting, they felt as if they were bemore by the police," she said. "They felt that this was because the Games were coming." Kennelly's subjects say an effort was made to push them out despite assurances from organizers it wouldn't happen. "Once the city commits to a mega-event like this, everything else has to be pushed aside in order to make sure those Games happen," Kennelly said. Often, she said, they were pushed into areas of downtown Vancouver where drugs and prostitution are rampant. "The Downtown Eastside is a very difficult place to be and it's a place that a lot of youth were actually trying to get away from," Kennelly said. Now, Kennelly said, many youth report there are fewer social services available as

off Games-related debts. "If the cost is increasing the marginalization of people who are already marginalized within cities, leaving cities and governments at all levels hugely in debt, affecting the long-term success of the population because of the lack of social services because they're trying to pay off the debt of these Games — is it worth it?" she said. Kennelly hopes her findings will help hosts of mega-events respect marginalized people. She has already begun a similar study in London, England in advance of the 2012 Summer Olympics. Kennelly said homeless and low-income youth there are already reporting the same issues as homeless youth in Vancouver.

Reproduced from CBC News

## **ENVIRONMENTALISTS PROTEST HYDRO DAM**

FABIANA FRAYSSINET

Environmentalists and indigenous-rights supporters gathered in the Brazilian capital on February 8 to protest a hydroelectric dam project that they say would be devastating to the Amazon region. The demonstration, in front the congressional building in Brasilia, seeks to stop the construction of the Belo Monte dam, which they say would flood at least 400,000 hectares (nearly a million acres) of forest, displacing 40,000 indigenous

people and other local residents, and destroying various species of wildlife and insects.

The construction of the controversial \$17 billion reservoir project was authorized in January by Brazil's Environmental Institute.

The contractors working on the dam, to be located on the Xingu River in Para state, have permission to clear 238 hectares of the forest, an area larger than Monaco.

The protesters want to give Brazilian President Dilma Rousseff a petition signed by half a million people from around the world who criticize the project.

The government argues that the hydroelectric dam, with a potential capacity of 11,000 megawatts, is needed to guarantee a supply of energy for a country that is growing economically. Set for completion in 2015, Belo Monte would be the second-largest dam in the country, behind Tucurui.

# FEATURES & OPINION

JAMES URQUHART FEATURES EDITOR



#### THE CRANKY PROFESSOR: BORN THIS WAY

MARK MERCER • DEPARTMENT OF PHILOSOPHY

"Born This Way" is a website on which gay and lesbian adults post snapshots of themselves taken when they were children, snapshots "showing the beginnings of their innate LGBT selves," as the site puts it. "It's OUR nature, our TRUTH!" (The website is at http://borngay-bornthisway.blogspot.com/.)

The kids in the photos are funny and charming, as kids in photos tend to be. The stories accompanying the photos are frequently touching, though often mawkish, again as one might expect. The explicit intention of the site is to document that people do not choose homosexuality; homosexuality chooses them.

Of course, in reality, the site documents no such thing. The plural of "anecdote," or so one version of the quotation runs, is not "data." Despite its claims, "Born This Way" isn't in the least science. Rather, it's celebration—and all the best to it for being so. It's also politics. It proposes that a good way forward in the struggle for equality and accep-

tance is to get people to believe its intended message, that gays, lesbians, bisexuals, and transsexuals are born that way.

Perhaps the claim that gays and lesbians do not choose their sexual orientation was at one time politically useful. Nonetheless, it's a false claim, at best a half-truth, and, as with all falsehoods concerning who we are, believing it prevents us from living as fully and richly as we can live. It's way past time to be rid of it.

In fact, it speaks ill of us, of our grasp on what it is to live ethically, that the claim ever was useful. Imagine a person who believes that gays and lesbians chose their homosexuality in just the way that he himself chooses from a breakfast menu. Does his belief give this person a reason to deny a gay man or a lesbian a job or a place to live? Does it give him a reason to shun homosexuals and to wish them ill? Not at all. We agree we're to treat people well whatever they choose from the breakfast menu. If

we're thinking clearly, we should also agree we're to treat people well whatever they choose from the sexual orientation menu.

We might note that choices from the breakfast menu can be criticized. ("You idiot! The omelettes they serve here are filled with processed cheese.") Analogously, choices of sexual orientation are open to criticism, and along just as many axes. That a person chooses badly from the breakfast menu is, though, again we agree, no reason to shun her. Likewise for choices from the sexual orientation menu.

Now imagine that some people fly into a violent rage in certain situations, and that they do is entirely beyond their control. That is, imagine that people given to flying into violent rages in these situations don't choose to act as they do. A person might want never to fly into a violent rage and, yet, should she find herself in the triggering situation, off she flies. We must not treat such a person poorly, of course. But despite the

fact that she doesn't choose to fly into a rage, we have excellent reason to prevent her from getting into rage-triggering situations. We might legitimately deny her certain jobs or certain living arrangements. We've been imagining a case, then, where discrimination is reasonable and just, even though the condition against which we discriminate is entirely innate, not at all a choice.

The point is that whether it's by hard nature or soft choice that people come by their sexual orientations and identities, we're right to discriminate only when we have relevant grounds, at least if we are concerned to live ethically. Since a person's sexuality is, from an ethical point of view, not a ground on which to deny a person work, housing, education, or any of the rest, whether people are homosexual by nature or choice is entirely irrelevant to how they should be treated. (Again, that is, if we're concerned to live ethically.)

Let us return to the claim that people are born this way. The claim is false. That's simply because the innate-chosen dichotomy is just as dull and useless as the nature-nurture dichotomy. Our sexual proclivities and tastes are no less the evolving result of countless small choices made on the basis of prior proclivities and tastes than anything else that matters to us.

We make choices and we try new things, we find ourselves reacting one way or another, and then we make further choices. Our sexual identities are not chosen out of nothing, of course, for nothing would give us no basis on which to choose. Still, by the time we have anything worth calling a sexual identity, we've refined and transformed through experience and choice whatever vague urges and pleasures got us started. We fashion ourselves, and, in doing so, we fashion our sexuality. (The same is true, of course, of taste in music or taste in friends.)

The idea that an individual's sexuality is in no way chosen is pernicious, then, for should we come to believe it, we'll think ourselves passive with regard to who we are in an area in which really we're quite active. Much better it is that we instead understand ourselves to be living autonomously and creatively.

but the square out all transagers

## **G-SPOT: CHOOSING A TOY**

SS RANDY BLUE

"How do guys feel about their balls? Do they like them to be played with, sucked, etc.?"

Most guys have three things that are always on their mind; their penis, their testicles and sex (not necessarily in that order). Naturally, they have a lot of respect for their balls and will protect them with their life. Their balls are the most sensitive parts of their body and are why they are the first things grabbed for when being attacked.

As for what they like for you to do with them, it can vary from guy to guy. Whatever you do, be gentle. If you squeeze just a little too hard then your guy will curl up in pain and your fun will stop right then and there. The pain he will experience is the equivalent to that of being kicked in the balls. If you are looking to just pleasure him a little I would suggest cupping his balls and gently sucking on each one, one at a time, and the same time that you are stroking his penis. It will give him so much pleasure that his toes will curl in passion. If you are just looking to turn your guy on a little bit than try this. Loosen up his belt enough so that you can get you hand down his pants and around his penis. Cup his balls in your hand and pull very lightly at

his scrotum. It will put him in the mood faster than anything else.

There are some guys, however, who do not like for people to play with their balls. If your guy feels uncomfortable with ball play then you will want to focus more on his penis during foreplay. You can also try rubbing his chota and stimulating his prostate a little, it may not be the same kind of pleasure as a good ball sucking but it's still very passionate. There may be another reason why he does not like to have his balls touched. He may suffer from blue balls. After prolonged periods of arousal some men experience a blue tint in their testicles. The blue is really the blood veins in your scrotum not letting blue pass thought, much like it does during an erection. This effect can cause pain and discomfort in the testicular region but it usually goes away after orgasm.

What I would suggest to you is try it out with your man. Play around with his balls to see what he likes and doesn't like. You will notice by his quick recoil if he doesn't like a certain kind of play. One of the greatest forms of foreplay you can do for your guy is playing with his balls so cup them up and play till your fingers (or his balls) turn blue.

#### HALIFAX AIRPORTER 902-873-2091

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**Additional Shuttle Departure Times** 

King's College	Howe Hall	Risley Hall	Loyola Residence	Rice Residence	Fenwick Tower	Arrive Airport
5:00am	5:10 am	5:20 am	5:30am	5:40am	5:50am	6:30am
7:30am	7:40 am	7:50 am	8:00am	8:10am	8:20am	9:00am
10:00am	10:10 am	10:20 am	10:30am	10:40am	10:50 am	11:30am
12:30pm	12:40 pm	12:50 pm	1:00pm	1:10pm	1:20pm	2:00pm
3:00pm	3:10 pm	3:20 pm	3:30pm	3:40pm	3:50pm	4:30pm

- 1. In addition to our normal Shuttle service scheduling has been modified as described below. For this period only, Six (6) locations have been designated as pick-up locations for students, Fenwick Tower, Rice and Loyola, Howe, Risley, and Kings residences. Normal service will resume on the Feb. 21, 2011
- 2. If you have any questions please do not hesitate to contact the dispatcher at 873-2091. It is recommended to arrive 10 minutes prior to the departure time of the bus.



## THE ATLANTIC ENGINEERING COMPETITION

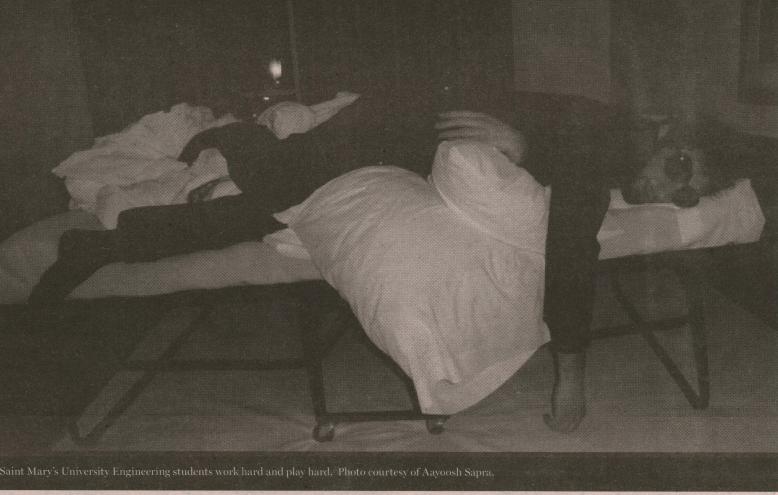
2ND IN DEBATE, 2ND IN JUNIOR DESIGN, AND 3RD IN SENIOR DESIGN

JOHN KUSHNERYK AND SUVIR PURSNANI

This past weekend Saint Mary's University's' Engineering Department put up a very respectable showing at the Atlantic Engineering Competition, which took place at the Universite de Moncton in Moncton, New Brunswick.

Although SMU students are only first and second years, they placed in an array of events from Junior and Senior Design to Debating and beyond. The Junior Design team of Bryce Clothier, Whitney Hurlbut, Kyle MacDonald and Andrew Rockwell performed superbly under pressure, finishing second and closing the competition as one of only two SMU teams to reach nationals at McGill University, held during the first weekend in March. The quartet was unable to launch their egg over the body of water, but they were the best of all the teams who failed to do so; this says quite a bit about their innovative capabilities. This will be their second trip to the Canadian Engineering Competition as last year they were a surprise second place finish last year at AEC. All plan to continue their education next year at Dalhousie University. This year they are both Saint Mary's Engineering Society as the Atlantic Council of Engineering Students, so it is conceivable that some of their know-how may give SMU a rare shot at a notional championship.

There were many other competitions. Saint Mary's entered two teams in the consulting discipline. All teams entered were given the same problem; a housing unit on the Moncton campus that had significant structural and health hazards.



The teams were then locked in a room for upwards of six hours with only one internet connection for a team of four. Team SMU I of Robert Clements, Matthew Cruickshank, John Kushneryk and Suvir Pursnani came up with a unique solution using geothermal heating processes to go along with tankless water heaters and hydronic in-floor heating, but stumbled into a third place finish and will not be going to nationals due to poor sourcing in their report. They were, however, lauded at the end of their presentation for a unique and well configured solution. Team SMU II of Ria

van der Linden, Aayoosh Sapra, Thomas Simmons and Brad Taylor had aesthetically the best made noteworthy accomplishments at the competition, placing 3rd in Senior Design, 2nd in

#### YOU DON'T MAKE FRIENDS WITH PANTS ON!

presented PowerPoint and report, but as first years had a lot to go up against given other schools entered in the category were fifth years or undertaking post-graduate studies. It can be said that it didn't help having Moncton engineering professors as judges.

In general, SMU Engineering

Junior Design and 2nd in Debate. Whitney Hurlbutt, President of the SMU Engineering Society, was reported saying: "The Atlantic Engineering Competition is a great opportunity for Engineering students to come together and show off their skills. But in true Engineering fashion, we celebrate

about as hard as we work. SMU was no exception to this rule, we placed 3rd in Senior Design, 2nd in Junior Design and 2nd in Debate, and then made sure all of Moncton knew." The engineers of SMU did in fact show all other maritime engineers that we party as hard as we work. Thrashed rooms and crazy hallway parties is all we left behind. Never will that hotel host another engineering competition again. Cheers to the SMU Engineers! And as Bryce Clothier, a local SMU engineering student, says "You don't make friends with pants on!"

# NS CO-OP SYSTEM GETS A BOOST \$1.8 MILLION TO FUND 450 JOBS ANNUALLY

SUVIR PURSNANI

The provincial government is increasing its funding towards co-op programs; doubling the budget set before and creating hundreds of new jobs, the Chronicle Herald reports. This message came from Percy Paris, Minister of Economic and Rural Development and Tourism, on Tuesday. The program created out of this extra funding is called the Strategic Co-operative Education Incentive. It will combine two pre-existing and independent programs for the non-profit and

private sectors. Together, both of these programs had a budget of \$800,000. But after the increased funding is implemented, this number will jump to \$1.8 million. The money is estimated to fund 450 co-op placements.

The minimum wage for students hired by employers who receive Strategic Co-operative Education Incentive funding will be \$15 per hour. With this incentive in place, the government will be responsible for half that amount. The idea is that this guaranteed money will allow organization to open up more jobs for students around the province. This is all part of a bigger picture; to keep

# THIS WILL BE BENEFICIAL FOR BOTH STUDENTS AND THE EMPLOYERS

students in Nova Scotia and avoid the dreaded 'brain drain'. Nova Scotians who participate in co-op programs are more likely to keep their talents right here in the province, Paris said at the conference held at MSVU.

The incentive program has been in the works for more than a year now. It is also part of the province's jobshere strategy. This was a plan put into effect last year in an effort to strengthen the workforce, Paris said. This funding will benefit Saint Mary's students a great deal. More jobs in the province mean more co-op opportunities for us students. The co-op program here at SMU is a great way for students to get a more hands-on and practical education. The SMU Journal recently spoke to Ms. Sherry Ross, who holds the Senior Employment Development Officer

position over at Co-operative Education in the Student Centre,

"We were very pleased to learn the Co-operative Employment Program and Private Sector Research & Development Co-operative Program have been combined, with a \$1 million increase in funding. Many of our Co-op students do seek co-op placements in Nova Scotia; so this will be beneficial for both students and the employers. More co-op opportunities will be available within the private sector, government-funded and non-profit organizations."

# OATS - ARE BETTER THAN YOU!

SARAH FABER

I would like to spend this week differently - rather than lusting after the SMU editor in chief and waxing poetic about tomato sauce and its many fantastic properties, I would like to laud the magnificence of oats. That's right - delicious oats! They're high in fiber, chock full of nutrients and may help prevent cancer! In other words, oats are better than you. So why don't you chew them up and swallow them - thus gaining their superhuman powers. I'm pretty sure that's how it works.

#### APPLE CINNAMON OATMEAL

- ½ c quick oats
- 1 c apple juice or cider
- 1 Tbsp brown sugar
- ½ tsp cinnamon
- ½ c chopped apple

This recipe came from necessity when Quaker stopped making the particular oatmeal I liked. Instead of going on a Goldilocks-style rampage through other oatmeal brands, I learned how to make my own. It's actually as fast or faster to make it from scratch, so why not?

Combine everything in a medium sized pot. Over medium heat, stir until the mixture boils. Continue stirring until it is thickened....dare I say...just right? Top with sliced apple, if desired.

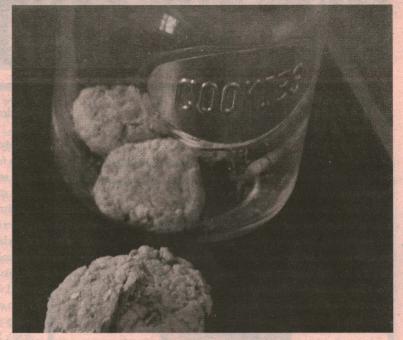
For regular cinnamon oatmeal, use milk instead of apple juice. At this point, I like to add chocolate chips because this is as close as I will get to a breakfast that resembles a cookie while being kinda sorta healthy.

#### **GIANT CHOCOLATE CHIP OATMEAL COOKIES**

- <sup>3</sup>/<sub>4</sub> c butter or margarine, softened
- 1 c brown sugar
- ½ c white sugar
- 1 tsp baking powder
- 1/4 tsp baking soda
- ½ tsp ground cinnamon (optional)
- 2 eggs
- 1 tsp vanilla
- 1 3/4 c flour
- 2 c quick oats
- 1 c chocolate chips (or

raisins...I guess)

Why do cookies seem more decadent and therefore worthy of \$6 at a coffee shop? Because they are massive - that's why. This recipe makes about 15 beauties... enjoy them anytime with tea.



Preheat the oven to 375. Cream the butter 30 seconds. Add the sugars, baking powder, soda and cinnamon and beat until combined. Add the eggs and vanilla. Beat in as much flour as you can with the mixer. Stir in any remaining flour and the oats and chocolate chips.

Using a ½ c measure, drop the cookie mounds onto an ungreased cookie sheet 2 inches apart. Flatten into 3-inch discs with the bottom of a glass. Bake at 375 10-12 minutes, or until lightly browned around the edges. Cool on a wire rack and enjoy!

## **SUSTAINABILITY AT SAINT MARY'S**

**HELP PUT AN END TO DISPOSABLE BEVERAGE CONTAINERS!** 

SMU SUSTAINABILITY TEAM

We always hear doctors and dietitians say "drink more water and fewer caffeinated beverages." So how much do we really consume and what is the environmental impact at Saint Mary's? These are the two main questions that motivated the Sustainability Team to conduct Water Bottle and Disposable Cup surveys and information sessions on campus. The Sus2010 report reveals that 29 percent of Canadian households that were connected to a municipal water supply consume only tap water. "Despite having safe, clean drinking water supplies available to them, many Canadian households choose to drink bottled water" (Statistics Canada, 2010). Moreover, the cost per litre of bottled water is reported to be up to 500 times that of tap water. In

#### MORE THAN HALF A MILLION CUPS A YEAR FROM SAINT MARY'S ALONE GO TO THE OTTER LAKE LANDFILL!

tainability Team is comprised of a group of volunteers and student employees who are passionate about improving the university's sustainability footprint.

In March last year during Sustainability Week, consumption was tracked and during one day 1440 disposable cups were used and therefore were being placed in the waste stream. This means that more than half a million cups a year from Saint Mary's alone go to the Otter Lake landfill! What if we take into account other universities, businesses, homes, schools, hospitals, and governments in our Municipality.

Furthermore, through Statistics Canada reports, the Sustainability Team gained insights on the consumption levels of Canadians. The Statistics Canada

summary, bottled water is more expensive, no safer, and environmentally hazardous and yet, people still choose it over tap water.

What is contributing to this growing bottled water consumption trend? Consumers state they believe that bottled water is safer and tastes better. Yet when consumers take blind taste tests, over and over again, the results demonstrate that there is no difference. The conclusion is that people like that their bottled water comes conveniently packaged and cold from the fridge. If you place tap water in a container in the fridge or run it through a filter, the taste is reported to be the same.

To date, two on-campus information sessions have been conducted by the Sustainability Team. By conducting several

more sessions, the Sustainability Team anticipates achieving a representative sample of respondents in its research, bringing awareness to the society, and convincing people to use a reusable mug for beverages and a reusable bottle for water. Even a small step at a time can make a big impact on the environment that we depend upon for our future.

To make a difference and to also get a chance to win one of the three environmentallyfriendly prizes please fill out a five minute survey at http://www. smu.ca/sustainability/green.html or stop-by Facilities Management for a hard copy of the survey.

#### **HAPPY CHINESE NEW YEAR!**

CHINESE STUDENT SOCIETY

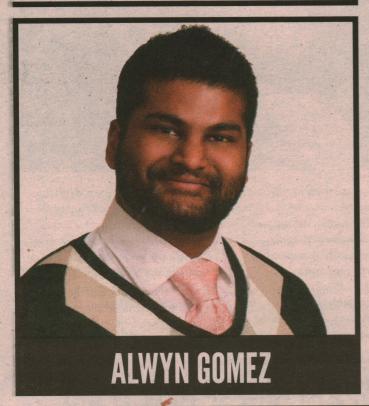


February 7th to the 13th was Saint Mary's annual international week. During this week, the Chinese Students Society organized some events for the general public. At the IRepresent International Fiesta, which occurred this past Tuesday, our society set up a booth to educate those who were interested in our culture. We displayed items that represented or country, such as traditional food and souvenirs. These items were also for sale during the event. Something that we're really looking forward to is our big event for the Chinese New Year. This event

is co-organized with ourselves and the Chinese Students Society over at Dalhousie. There will be a capacity of 600 people, who will be entertained by some 60 - 70 performers throughout the night. The venue will also be decorated in a very authentic Chinese look to five the audience a full effect of what it feels like to celebrate the Chinese New Year. This spring we will also be arranging several activities, such as; the Spring Festival and Lantern Festival. We are looking forward to celebrate this exciting night with you!

# PRESIDENT + BOARD OF DIRECTORS

## **PRESIDENT**



Students of Saint Mary's University,

My name is Alwyn Gomez and I am a fourth year chemistry student here at SMU and I would like to be your student president next year. In my time here at SMU I have been an active member in the student association. In my second year I was the engineering representative in the old Students Representative Council (yes I started my time here at SMU as an engineering student but like many students I changed my degree). In the past two years I was the chair of the SMUSA Board of Directors and sat on Academic Senate and the University's Board of Governors. This experience with student government has allowed me to both understand the way it works, and more importantly the ways it doesn't.

With the formal introduction out of the way let's get on with what you really want to read about. Let's talk about the future and what things will be like next year if you

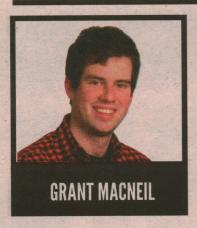
decide to vote for me. Looking through our yearbooks from years ago it's almost sad to see how much more school spirit the graduates of decades past had. It seems like we have slipped into a dull university experience where everyone seems to be content with coming to school, going to classes, and taking the bus back home. What happened to the days where SMU students were proud of the university they went to and could walk around with their heads held high? I say we bring back that school spirit.

Now, don't worry my vision for next year isn't all pep rallies and pompoms. My aim is to give you a university and university experience to be proud of. I understand that it's hard to be proud of a university that is trying to rob you of all your money, so I say let's show the university that we won't stand for it. I understand it's hard to be proud of a university where some professors couldn't care less

about the students they teach, so I say let's insure that we're getting the education we're paying for. I understand that it's hard to be proud of a university where you don't have access to the foods you want, so I say let's make sure Aramark, if not someone else, provides what we're looking for. I understand it's hard to be proud of a university when its student association fails to listen and provide you with the events and services you deserve, so I say let's fill these holes. In short I understand that it's hard to be proud of a university and student association that has let you down in so many ways, so I say let's work together to build a university to be proud of and a university experience that you'll remember for the rest of your life. This Wednesday and Thursday vote Alwyn Gomez for student president and let's start building.

Alwyn Gomez

# **BOARD OF DIRECTORS**



Originally from Cape Breton, Grant MacNeil is now a 3rd year Honours Anthropology. After graduating from high school in 2007, Grant spent a year

studying abroad. Once Grant began his studies at SMU, he immediately immersed himself in everything the school had to offer. Grant enjoyed his time in residence and actively participated in the activities of Loyola Floor Twenty. Grant was one of the original members of SMU-NSPIRG, a student society that fights for social and environmental justice. He is a part of the Anthropology society, and the new SMU Garden Action Group. In his time at SMU, Grant has fought for the rights of students. Some of the issues he tackled were food on campus and the high cost of education. Recently,

Grant helped to organize the successful Student Day of Action. Grant is also a TA in the anthropology department, a driver for Husky Patrol, a LEAP mentor and Frosh Leader. Grant is passionate about sustainability and the outdoors. For this reason, he has volunteered with Scouts Canada for the past three years. Grant MacNeil is a motivated individual with a desire to help every student have the best possible experience at Saint Mary's University.



My name is Gorba Bhandari. I'm running for the Board of Directors in the upcoming elections.

Why support me? I know this campus.

I'm here in the morning until late at night, talking with people, studying and walking around.

I've worked in a variety of jobs at SMU - first with Tim Hortons and now with ITSS and the Centre for Academic Technologies- and I've met people from many campus communities. I've also volunteered with SAGA.

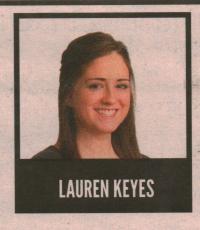
I know about the big issues, but I also know about the smaller issues that are "too small to bother with". I'm ready to put that knowledge to work and help make sure that issues important to youbig or small-come to the table.

Tuition is on everyone's mind. With students looking at an increase of around 3% in tuition, it's essential to ensure that this issue stays foremost on the Board's agenda this year.

We've taken on campus sustainability and we've seen the results around campus. The fourbin waste sorters around campus have helped reduce garbage dramatically. I'd like to continue to see our campus become more sustainable, efficient, and environmentally friendly! We already have a green roof: what next?

If elected, I vouch make sure that your ideas, questions and concerns are given a voice on the Board. SMU: we're ready to do more and I'm ready to help! Jai Ho!

"Show your support by joining the Gorba Bhandari facebook page, and Voting for him on Feb 16 and 17th."



Hi, I'm a third year Chemistry honours/ Biology minor student at Saint Mary's University. I am running in the 2011 SMUSA elections for a position on the Board of Directors.

I hope to represent the student body, as I am involved in numerous groups around campus. I am Co-President of the SMU Habitat for Humanity Society, and responsible for organizing an international build in New York which will be taking place over the reading week. I am also Vice-President of the SMU Chemistry Society. I participate in intramural sports, and I am an active participant in

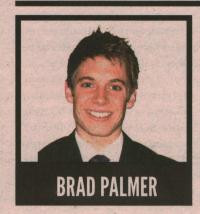
organized sports around HRM.

I would like to be a member of the Board of Directors, as I feel I can adequately express the views of the students of Saint Mary's University. I can bring the perspective of a Science student to the Board, as it's often underrepresented.

I look forward to this endeavour, and hope to see you at the online polling stations on February 16th and 17th.



# BOARD OF DIRECTORS



Hey everyone,

"My name is Brad Palmer and I'm campaigning for the Student Association's Board of Directors. I grew up in Halifax and needless to say I decided to stay in the city take my undergrad here at SMU. I'm in my fourth year of Finance and I'll be coming back next year to study for my CFA. I figured that being involved with our Board of Directors and SMUSA would be a great way to finish my degree and offer my insight to the school.

Often times with campaigning, candidates will build their platforms on "change", however, I like our school the way it is. I love seeing people I know in between every class, I love Open Mic on Wednesdays, I love our athletics community, I usually like my classes, and I love the students. The bottom line is I love this school.

What I want to do is take things that are already good and make them better. I want to improve student turnout to SMUSA events, open up channels for students to be heard from ALL demographics, and find ways to take your ideas, not just SMUSA reps, and have them put properly on the priority list. If I'm voted in, this is a job I will take seriously and work hard at with and for you, the students at Saint Mary's. If you've never voted before, make this year your first, and If you do every year that's great! But regardless, Vote Brad! "



SHEENA MACDOUGALL

Fellow Santamarians, next academic year I will be a fourthyear Honours Economics student. I want to continue into public policy analysis, so I not only have an invested interest, being a student, but also have a strong personal inclination to critically evaluate how students' interests are being addressed; and frankly, there are a lot of gaps.

I'm not one to take anything sitting down, and I am not happy with some of the things going on at Saint Mary's. For instance, our University desperately needs

a policy put into place outlining who may operate as a food vendor on campus in terms of business practices, as well as pricing strategies. Things are out of control. With no policy in place the University has created a monopoly with too few choices and some staggeringly high prices. Alternatives are so extremely limited and two microwaves for the entire student body is not enough to facilitate bringing a meal. Some may see this as something that can be ignored and pushed to the side, but this is everyday quality of life we're talking about. How can you spend all day at school studying and working and not be able to eat anything half decent that's under \$9?

Elect me to the Board. I am on a mission to make these changes and many more. I will not give up on issues that matter. No more passing the buck! It's time the University listens and acts on our behalf, not the bottom line!



Good day fellow students and friends, my name is Justin Beaver, and I am running for Board of Directors. This is my second year of a commerce degree, my father was a banker, so I guess business runs in the family. I also have a strong interest in politics and I want to provide you with a voice where it matters the most, here within our school. As a local area resident, growing up in Porter's Lake, and having spent one and a half years in residence, I feel that I have seen a lot here on Saint Mary's Campus.

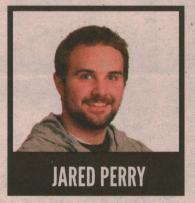
My philosophy always has been to maintain open lines of communication with the people around me; I like to know what's going on, if there are issues, and provide insight or solutions. I am running for the Board of Directors because I believe your voices should be heard and you need a responsible board to serve you, the students of Saint Mary's, and I believe I can help. Many students are unsure how the Board of Directors effects their day-to-day campus lives and I want to provide clear communication to the students to help them understand how the Board of Directors helps them.

If elected to represent you on the Board of Directors I will do my best to set specific, realistic, and attainable end goals for the president, so that the decisions made will best accommodate you. Remember, whoever you choose come election day, please make an informed decision.



Abdullah Adel Al-Mansoob is a student at Saint Mary's University, finishing his second year, earning his degree in entrepreneurship. He was born in Yemen and moved to Halifax at the age of six. As a child, Abdullah struggled to adapt to the culture, but with time and persistence he was well adjusted with the society he was living in. Abdullah has always been known to be quick on his feet, a people

person, and has been able to decisively overcome any obstacles that have been thrown his way. Through the experience of adapting to a new society at a young age, Abdullah gained confidence that seemed to grow as he became older. His confidence even influenced his peers, who were trying to adapt. Abdullah thinks of himself as a leader, and does not mind a challenge of any type. Aside from running for board of directors, this year alone Abdullah joined the political science society and is an OBSAC representative for his organizational behaviour class. With confidence, strong people skills, charisma, and intelligence, Abdullah hopes to serve his fellow colleagues through gaining a position on the Board of directors.



Hi, I'm Jared Perry and I am running for a position on the board of directors. The main reason as to why I'm running for the board is because I believe I am a good representation for most students here at SMU. I believe I would be a solid member on the board because I will represent you! In the end that is what the duties of the position entail. I am there for you!

I believe that my work this

past year as a Residence Assistant here at Saint Mary's will help me find student's wants and needs for students. I am a very outgoing person and love meeting new people. I am very approachable and am a great listener. I know that my qualities would benefit the group dynamics of the board. I am a team player and believe that my actions and words would help set the school in the right direction. I am certain without a doubt that I would be a great addition to the board and would have no problems when it comes to fulfilling my duties.

I would appreciate any support that I can get! So, if you know students that would appreciate my point of views and feel like I would be a great member please get the word out! All support is greatly appreciated!



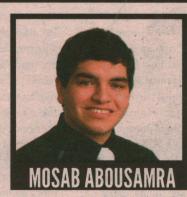
Hi Saint Mary's students!

I am Lucy Hulford and I am running for a position on the SMUSA Board of Directors. I am currently a second year Bachelor or Arts student working on a double major in Criminology and English. I am also a Residence Assistant on campus, a Career Assistant at Career Services and a Student Assistant in the Residence Life Office. My respect for Saint Mary's students, knowledge of the school and desire to represent all Saint Mary's students positively are the main reasons why I decided to run for the Board of Directors.

Through my various jobs and volunteer experiences on campus, I have come to know all the departments and services of the Saint Mary's community. My position at Career Services has allowed me the opportunity to learn all of the services available to Saint Mary's students and has also

given me the chance to meet numerous students and listen to their concerns. I feel that my experiences in the residence community have provided me with the skills necessary to work on a team, such as the Board of Directors.

I am proposing a focus on Student Services. Saint Mary's University offers a wide range of student services including health services, financial services, athletics and recreation, residence services, career services and counselling services. I want to make sure that these services which apply to all students whether international, on-campus, off-campus, mature or part time are not forgotten. These services are critical for every Saint Mary's student!



My name is Mosab Abousamra, born and raised in Dubai, came to Canada in 2001, I have been a commerce student in SMU since 2009, i have talked and got to know lots of students, I have understood lots of problems the students are experiencing in our university, that's right it is our university, because we are not just students, we are the soul of SMU, with your vote for me I will guarantee a different and better experience in SMU.

# BUSINESS



## THIS (PAST) WEEK IN BUSINESS

KERRY J. O'ROURKE

NOKIA: There are three main dominant players in the smartphone marketplace today. That is to say, devices that use Google's Android platform as their OS, Apple's iPhone & Canada's own Blackberry remain the most dominant companies in the Smartphone marketplace. These three competitors control the lion share of the Smartphone market. However, one mustn't forget that there are other players in this market too.

One that often comes to mind is Nokia. Traditionally Nokia has been seen as the creator of affordable, durable mass-market handsets (not of the smartphone variety). These handsets are geared to consumers at a lower price point. As they are more affordable, these handsets also offer less features. Regardless, Nokia also offers their own line of more expensive and more technologically advanced smartphones in their product lines too. Unfortunately this area of their business has suffered in part due to the OS in which their smartphones operate on. Nokia is trying to remedy this problem by signing an agreement with Microsoft Corporation to exclusively use the companies Windows Phone 7 on Nokia's high-end smartphones. It will be interesting to see whether utilizing Microsoft's mobile phone OS

will help Nokia gain any traction in the smartphone marketplace.

APPLE: The biggest technology giant in the world is said to be making a cheaper version of one of its signature product, the iPhone. According to several reports, Apple Inc. is currently working on a smaller version of their hugely successful iPhone in a bid to fend off competition from other mobile devices such as those equipped with Google's Android OS. As the device will be smaller it is also expected that the new more compact version of the iPhone will be made available at a lower price point. This comes at a time when other devices such as Google's Android equipped devices currently hold roughly 32.9% of the world smartphone market compared to Apple's

16%. Apple has taken similar initiatives in the past with their products in order to compete more aggressively. When their immensely successful original iPod was selling for USD \$299-plus Apple brought out the iPod Mini for around USD \$249 at the time. Following the iPod Mini's release the company later decided to scrap the product in favor of the even cheaper iPod Nano.

of the name Carl Icahn? Many haven't. If you aren't familiar with the name, Mr. Icahn is a long-time investor (billionaire) and self-proclaimed shareholder activist. He is best known for buying large percentages of publically traded companies in his efforts to strike change and increase shareholder value. Once this process is

complete he then sells his shares (takes his profit) and moves onto other deals and/or companies.

His recent acquisition of 9.08% of Clorox is indicative of his usual antics. Some believe Mr. Icahn has taken such a large investment in the company in order to force change within the organization or to possibly force the company to sell some or all of businesses. This comes as Clorox reported an 81 per cent drop in its fiscal secondquarter profit on softer sales, year-over-year It will be interesting to see whether Mr. Icahn gets up to his usual business practices and permanently alters Clorox for the better or worse.

## **BUSINESS: INTERNET PORN STYLE**

KERRY J. O'ROURKE

It should be a well-known fact by now that the online pornography business is a big one. By comparison, in terms of gross revenue, it is able to generate more than the music business. Some take offense to porn. Some say they are offended by it or its presence. Regardless, there seems to be an even larger group of people that like it and are interested in paying for it. So with that in mind lets have a little look at a few big statistics!

There are approximately 24,644,172 pornographic sites on the web. Wow. That accounts for about 12% of web sites in total. From these sites at any given time 28,256 thousand people are viewing porn. From these viewers, the porn industry is able to generate USD \$3,075.64 a second. Heck, 40 million American's are regular visitors to porn sites!

Really though, who's watching all this adult material? Statistics show, 1 in 3 viewers of online pornographic material are woman. As you might have guessed, men are the majority viewers of adult material. Approximately 70% of men aged 18-24 visit porn sites in a typical month.

Geographically, the U.S is the biggest consumer of porn. The United States alone accounts for about USD \$2.84 billion a year in paid adult material content. When you further expand the data, one can see the industry globally is worth about USD \$4.9 billion. Thus, with simple math the U.S. accounts for 57% of global paid online pornography.

If one doesn't directly visit a pornographic website themselves, they may also be exposed to adult material. By example, 2.5 billion



emails are sent a day containing pornographic material. 2.5 billion may sound like a lot but it's really only 8% of emails sent around the globe daily. There are other culprits to Being unwillfully exposed to pornographic material as well. 34% of internet users have experienced unwanted exposure to porn through pop up adds and misdirected web links.

Whether, one makes the conscious decision to view porn or not is surely a personal choice. However, there are two disturbing statistics on online porn too. By example, 116,000 searches are made a day with the words, "child pornography". Furthermore, it has been estimated that the average age in which a child sees porn online is at age 11.

Ok lets shy away from the darker side of online porn and have a look at some of the more comical statistics!

The average visit to a porn sites lasts but a mere 6 minutes and 29 seconds. I'd presume people are able to "get" what they're looking for pretty fast? Hey, it's a majority of men looking, right? Heck maybe I'm wrong. The statistics also say that 20% of men look at

porn while at work. 13% of women do as well. Maybe people are just too busy to spare more than 6 minutes and 29 seconds? The economy is gearing up you know!

Ever been annoyed to find your Internet connection running particularly slow? Maybe it's because 35% of Internet downloads are pornographic!

So really, who's downloading all this porn? In the U.S. Utah is the biggest offender. The state lays claim to the highest online porn subscription rate per thousand home broadband users at 5.47.

The statistic I find to be the most humorous is this. The least popular day of the year to watch porn is Thanksgiving. Maybe people are too tired or maybe there are too many people around? Well with that idea the day in which porn is most watched may not make much sense either. According to the statistics, the most popular day to watch porn in Sunday. Shouldn't this be a day of relaxation and solitude? Heck, maybe that's why it happens. It appears with all that solitude and relaxation, people tend to turn to porn for entertainment!



www.buitter.com/smujournal

# **TECHNOLOGY**

ANGELA LINDSEY • TECHNOLOGY EDITOR



#### **FACEBOOK ADDS SECURE BROWSING FEATURE**

ANGELA LINDSEY

A new feature added to popular social networking site Facebook could help prevent account snooping and hijacking, making your account much more secure. The new setting (located in your account settings) sets your account to use HTTPS to browse Facebook instead of the less-secure HTTP. HTTPS is the protocol used by online banking sessions, as well as many other sites that users have to log in, but this protocol was only previously used by Facebook for sending passwords to the server for login. This change was made only a day after Facebook creator Mark Zuckerberg's account was seemingly hijacked.

One of the other things that this setting protects you against is snooping. For example, the Tunisian government used JavaScript into the Facebook.com homepage to steal the passwords of activists, and then used those passwords to delete accounts and pages critical of the government and the regime. This sort of privacy violation likely would have been prevented, had the Facebook site been sent through HTTPS instead of its default HTTP setting.

Computer security researcher Christopher Soghoian believes that while this is a good step toward account security, the changes could be made even more effective with a bit of tweaking. "Of course, I would be even happier if Facebook deployed HTTPS by default, or if it at least provided Privacy

manage

Control what information you share.

#### **Account Security**

hide

Set up secure browsing (https) and login alerts.

#### Secure Browsing (https)

Browse Facebook on a secure connection (https) whenever possible

#### When a new computer or mobile device logs into this account:

Send me an email

Save

#### **Account Activity**

View your recent account activity. If you notice an unfamiliar device or location, click "end activity"

What to look for in your Account Settings under Account Security

users with notice when they log in that the option exists," he added. "Similarly, Facebook could autodetect when users try to login from a Starbucks Wi-Fi connection, and shift them to HTTPS by default." He also points out that this change has come into effect a year after the FTC (United States Federal Trade Commission) commissioner Pamela Jones Harbour expressed an interest in HTTPS being the default for more sites.

"Even though that is a decade in internet time, it is still pretty quick in terms of a firm responding to pressure from regulators."

To put this change into effect on your own account, simply visit your account settings (by clicking the Account link in the top right corner of the Facebook home page), select "Account Settings", scroll down to "Account Security", and click the "Change" button to the right of the section to see the options. Ensure that the "Secure Browsing" box is marked and click "Save". You will notice now that when you go back to the Facebook.com homepage, there is "https://" at the start of the URL.

One thing to note, however, is that it is possible that certain Facebook features and third-party applications could be affected by this change. You may notice that some games run slower, or you have a harder time loading certain pages. "Encrypted pages take longer to load, so you may notice that Facebook is slower using HTTPS," says Facebook security engineer Alex Rice. "In addition, some Facebook features, including many third-party applications, are not currently supported in HTTPS. We'll be working hard to resolve these remaining issues."

## CRIMINAL OVERSHARING FOR CRIME FIGHTING

ANGELA LINDSEY

Social media has made it possible to share every detail of our lives, from what we eat to when we're out of town, and keeps us digitally connected to others in the world in a much more personal way than ever before. This means that distanced families can keep up with the distant milestones and activities of their loved ones, long-distance romances can grow while the couple may be miles away, and friends can keep in contact on the fly from their mobile phones. For officers of the law, however, this media has proven just as useful in a very different way. Anthony Carleo is alleged to have stolen \$1.5 million worth of gaming chips from Las Vegas' Bellagio, after unintentionally confessing to the crime on a poker strategy forum. Carleo posted the

details of the heist to the forum, offering Matthew Brooks (another forum member) the chips for cents on the dollar. Brooks contacted the local authorities to report the crime, who then raided Carleo's room at the Bellagio - the very casino he robbed. This isn't the first case of criminal oversharing being used as a means of tracking down a criminal, however. In March of 2010, Robert Powell of Florida was arrested of murdering his friend Joseph Duprey after posting photos of his friend to his MySpace page with the captions "rest in peace" and "live through me", only moments after the murder took place. Of course, there was also Jonathan G. Parker of Pennsylvania, who took the time to open his Facebook page on the computer

of the woman whose house he was robbing. Or take Chris Crego, who posted his workplace location on his MySpace and Facebook pages while on the run from New York police officers. Jake Rinchich, President of the National Association of Chiefs of Police, told FoxNews.com last March that police officers commonly use social media as an investigative tool for tracking down suspects.

"People all the time brag about their exploits. You'd be surprised how many cases have been solved throughout the nation...where they've mentioned how they've successfully solved a crime using information retrieved off of a Web site." He also believes that while



not all information is vital for solving the crime, most information will lead them in the right direction. "Sometimes it may not be incriminating enough to affect an arrest, but it supplies enough information from an investigator's standpoint that it points them in the right direction in terms of solving the crime or researching the crime. It can be a valuable tool in solving and preventing crime."

## **CONFESSION? THERE'S AN APP FOR THAT**

ANGELA LINDSEY

Roman Catholic Bishop Kevin Rhoades is now endorsing a new app for iPhone, iPad, and iPod users, allowing them to confess their sins while on the go. The app, named "Confession: A Roman Catholic App" and priced \$1.99 on the iTunes App Store, digitally walks users through the traditional confession process, including the date of your last confession and reminding users of their past confessed sins.

The app's developer, Little iApps (founded by Patrick Leinen), claims that the app is the very first to be given imprimatur (official license to publish an item by the Roman Catholic Church). The app was developed while working with two Catholic priests in addition to Kevin Rhoades' endorsement mentioned above.

The description for the app within the app store explains why users should consider using this app for their confessional needs. "This app is the perfect aid for every penitent. With a personalized examination of conscience for each user, password protected profiles, and a step-by-step guide to the sacrament, this app invites Catholics to prayerfully prepare for and participate in the Rite of Penance."

This is not the first time the Roman Catholic Church has looked to technology to reach younger audiences. Recently, the Vatican has created its own

YouTube channel, updated daily with videos of Pope Benedict XVI's recent activities. The Pope wrote a message entitled "Truth, Proclamation and Authenticity of Life in the Digital Age", giving his blessing to social networking as a form of communication. In this message, he wrote, "I would like then to invite Christians, confidently and with an informed and responsible creativity, to join the network of relationships which the digital era has made possible. It is important always to remember that virtual contact cannot and must not take the place of direct human contact with people at every level of our lives."



## VIDEO GAME RELEASES



#### MAKE SURE TO CHECK OUT THESE NEW GAMES THIS WEEK!

2/14/11 - Dragon Quest VI:

Realms of Revelation (DS) 2/15/11 – Hyperdimen-

sion Neptunia (PS3)

2/15/11 - Dungeons (PC)

2/15/11 - Amnesia (PC)

2/15/11 - Marvel vs. Capcom 3: Fate

of Two Worlds (Xbox 360 / PS3)

2/15/11 - Dance Paradise (Xbox 360)

2/15/11 - Jewel Quest V:

The Sleepless Star (PC)

2/15/11 - You Don't Know Jack (PC)

2/15/11 - Brunswick Pro

Bowling (Xbox 360)

2/15/11 - Gears of War Tri-

ple Pack (Xbox 360)

2/15/11 - Tactics Ogre: Let

Us Cling Together (PSP)





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Capitaine CARRA WATSON



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# ARTS & ENTERTAINMENT

KYLE TRIMPER • ARTS & ENTERTAINMENT



## **ARTS & ENTERTAINMENT NEWS**

KYLE L. TRIMPER

- · Post-rock instrumentalists Kuato are playing at The Paragon Theatre on Saturday, February 26 with Instruments (The band, although they do play with instruments) and Union of the Snake. Keep reading the Journal for an interview with members of the band.
- The Saint Mary's University Art Gallery is looking for an Administrative Assistant. Submit resumes and letters of application by Tuesday, March 1 to:

Robin Metcalfe, Director/Curator Saint Mary's University Art Gallery 923 Robie Street Halifax, Nova Scotia **B3H3C3** Email: robin.metcalfe@smu.ca

- Shotgun Jimmie releases Transistor Sister, which was recently reviewed in the Journal, on Tuesday, March 8. Go buy it!
- The Dartmouth Community Concert Association presents a performance by Caron and Scarfone, marimba and piano duo at Woodlawn United Church on Friday, March 11 at 8:00 PM. Individual concert tickets are \$25 (\$20 for seniors, \$10 for students).
- Music at Grace presents Hooked on Classics: Classics for the Young and Young at Heart at Grace United Church on Sunday, March 20 at 3:00 PM. Tickets are \$10, \$5 for youth, family rate of \$15 (parents and accompanied children under 12). Tickets will be available at the door and by calling 466-3329.



Shotgun Jimmie Releases Transistor Sister on March 8. Go Buy It!

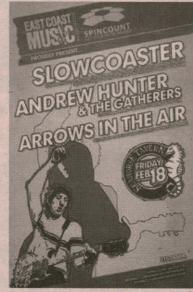
## **ECMA & SPINCOUNT PRESENT: ARROWS** IN THE AIR, ANDREW HUNTER & THE GATHERERS, AND SLOWCOASTER

AMANDAH TURNER

The East Coast Music Association (ECMA) and radio promotion company SpinCount have partnered up to put on another fantastic show full of east coast music at the Seahorse Tavern this Friday, February 18th. The artists that will be taking the stage are Arrows In The Air (PE), Andrew Hunter & The Gatherers (NS), and Slowcoaster (NS). Having seen all three of these artists perform this past year, I can for sure tell you that this is not a show to be missed! The passion and drive that emanates from all of these musicians during their performance on stage will simply blow you away and leave you wanting more. Be prepared to rock out and dance the night away!

On October 2nd, 2010, ECMA and SpinCount brought together four artists to perform at the Seahorse Tavern: Alert The Medic (NS), Andy Brown (NB), Telfer (NS), and Tim Chaisson & Morning Fold (PE). Needless to say, this show filled the venue before 11pm and the show went off without a hitch. The crowd loved it, and more importantly, the artists on stage were having the time of their lives! It really solidified the principle behind the show which is that "east coast" music is certainly not just about traditional folk music; in

fact, it is contemporary, diverse, and far from anything you'll ever hear anywhere else. The show this Friday will continue on that path, proving that the east coast has some of the most talented artists in the country.



The East Coast Music Awards Week will be held in Charlottetown, Prince Edward Island from April 13th to 17th, where you will most definitely be seeing and hearing what this end of Canada has to offer. Arrows In The Air will be performing on this year's Discovery Stage, while Slowcoaster has been nominated for FOUR awards. Make sure to go to http://www.ecma.com/ to see the other nominees and performers that have been selected.

So join ECMA and Spin-Count on Friday to celebrate east coast music and have an amazing time at the Seahorse Tavern! Cover is \$15 and the doors open at 10pm. Don't miss a show like this; you'll be disappointed if you did!

Feel like one night of music won't satisfy your need to rock out? Nova Scotia band Alice Stops Time and Low Lights from PEI will be performing at the Foggy Goggle on Saturday, February 19th. This is another show that you will be happy you attended, as these bands are unreal to see perform.

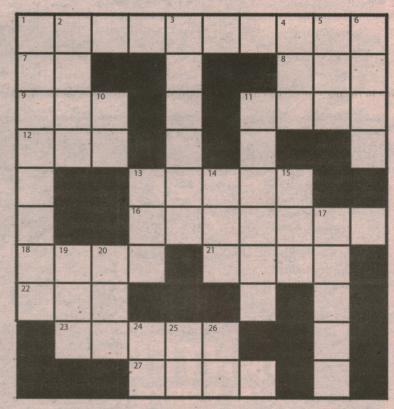
See you all out!

#### OTHER UPCOMING SHOWS: Thursday, Feb. 17th

- Music Nova Scotia Absolut Thursdays Open Mic @ The Carleton, FREE, 9pm artist sign up, 10pm start Saturday, Feb. 19th
- SOS CD Release Show @ The Paragon Theatre, \$12 adv/\$20 door, 9pm
- Seahorse Seashell Party w/ Three Sheet, Last Call Chernobyl, and The Town Heroes @ The Seahorse Tavern, \$10, 10pm Sunday, Feb. 20th
- Minus World, The Win, and TBA @ Gus's Pub, \$5, 9:30pm

#### **CROSSWORD**

#### **SOLUTION ON PAGE 3**



#### **ACROSS**

- 1. Interrogated
- 7. Cave man's Smith
- 8. Musical speedwagon
- 9. Tree type 11. Not short
- 12. Center of a hurricane
- 13. Quaint coffee establishments
- 16. Speech
- 21. Standard paper ship-
- 22. Mathematical mne-
- monic: "Soh Cah
- 23. Singer/Haver of "Liquid Dreams"
- 27. Teen summer paradise... or hell, depending.

#### DOWN

- 1. Garbage's " of the Queer"
- 2. TV's braceface Betty
- 3. Bad oral hygiene indicator
- 4. American gun group 5. Electric serpent
- 6. Dr. Tran's harsh-
- ness distributing verb
- 10. Moi en Anglais
- 11 To sway or wohl
- 13. Bart Simpson advises
- us not to possess one
- 14. Not Near
- 15. sdniM detareneG retupmoC
- 17. Leaves out
- 19. "Skip to my
- 20. Consume
- 24. Seth & Summer's home
- 25. Capital Olympia's state
- 25. MSN's "It's not important"

# SPORTS

## **VINCE LOMBARDI RETURNS TO GREEN BAY**

**GEOFF LOWE** 

The Vince Lombardi trophy is going home! The Green Bay Packers are the 2011 Superbowl Champions. The Packers, led by quarterback Aaron Rodgers, defeated the Pittsburgh Steelers 31-25 and brought the championship trophy, named after the legendary Packers' coach, back to "Title Town". This is the Packers' 13th NFL Championship and its fourth Superbowl, the first two coming in Superbowl I and II and the last coming in 1997. The game on February 6th looked as though it was going to be a blowout but Big Ben Roethlisberger and his Steeler teammates were able to mount an impressive comeback which allowed the Steelers to have one last chance to march down the field and win the game, much like they did against the Arizona Cardinals in Superbowl XLIII. However, Big Ben couldn't repeat such a feat and the Packers' came out on top.

The game started off slowly with each team taking a couple of possessions to get the feel of playing in the big game. The Packers were able to score a touchdown on a pass from Rodgers to receiver Jordy Nelson to take a 7-0 lead. On the first play of the next Steelers' possession came the first of two interceptions by Big Ben. This one was returned for a touchdown by Packers' safety Nick Collins and the game was blown wide open. The Packers' added to that lead with two and a half minutes left in the second quarter on another pass from Rodgers, this time to All Pro receiver Greg Jennings. The Steelers were able to add seven points to the scoreboard on a touchdown pass from Big Ben to Hines Ward with less than a minute left in the half. With the score now 21-10 that play seemed to shift momentum in favour of the Steelers' heading into halftime.

The teams returned to the field following halftime and the Steelers continued their comeback. Pittsburgh running back Rashard Mendenhall capped off a five play, 50 yard drive with an eight yard touchdown run in the third quarter to bring the Steelers

within four points of the Packers. The Steelers' comeback was brought to a screeching halt on the first play of the fourth quarter when Mendenhall fumbled the football and the Packers' recovered. The Pack rubbed salt in the Steeler wound by converting that turnover into seven points on another touchdown pass from Rodgers to Jennings.

The Steelers got the ball back with just under 12 minutes left to play in Superbowl XLV and took just over four minutes to drive the ball down the field to score another touchdown on a pass from Roethlisberger to speedy receiver Mike Wallace. The Steelers got the closest they had been to the Packers all game on a tricky two point conversion pitch to wide receiver Atwaan Randle El making the score 28-25 Packers. The Packers' next possession burnt nearly five and half minutes off the clock but they had to settle for three points making their lead only six. The Packers now had to give the ball back to Big Ben and the Steelers offense with 2:07 left

in the game. Like most people watching the game I expected the Steelers to march down the field and score a touchdown to win the game in legendary fashion much like in 2008. However, it was not meant to be and the Packers were able to stop the Steelers offense and run out the clock to claim Superbowl XLV.

The Steelers and Packers played similar games offensively with Roethlisberger and Rodgers completing the same percentage of their passes and throwing nearly the same amount of yards. Neither run game was dominant and both offenses made glaring mistakes. Although Packer receiver Jordy Nelson had a spectacular game with 9 catches and 145 yards, he dropped 6 passes and other Packers receivers dropped perfect passes from Rodgers. However, the Steelers offensive mistakes were bigger and changed the game. Big Ben threw two interceptions and Mendenhall fumbled the ball once. The Packers were able to turn these offensive mistakes into 21 points and these mistakes were what decided the game.

Packers quarterback Aaron Rodgers was named MVP of the game with 304 passing yards

ish. So he did some research

and 3 passing touchdowns. With this win, the young quarter-back is finally moving out of the shadow of Brett Favre, who won a Superbowl with the Packers in 1997 but was not named MVP of the game. What's even better for Rodgers is that the Packers were down eleven of their starters for most of the season and all of them will be returning to the team next year. The chances of the Packers making a long playoff run next year are very good.

The Superbowl displayed the resiliency of the Green Bay Packers. Two of the team's captains, receiver Donald Driver and defensive leader Charles Woodson, left the game in the first half with injuries but the Packers were able to replace these players well and stick to their game plan. What's even more impressive is these players came back to the sideline, Woodson in a sling and Driver in a walking boot, and cheered on their teammates in the most important game they will ever play. This demonstrates that it takes more than just talent to win an NFL Championship, it takes great leadership and a team-first attitude. Coach Lombardi would be proud of the 2011 Green Bay Packers.

# SMU STUDENT TO FIGHT IN MMA EVENT

JAMES URQUHART (CONTRIBUTION FROM MIKE MURPHY)

A Saint Mary's student will be participating in his second professional mixed martial arts fight this weekend (Saturday the 19th) in Halifax. You may have seen him lugging his gym bag and milk jug water bottle around campus throughout the year, or more recently on the posters around campus. Mike Murphy, a third year Political Science Honors student from a small town north of Vancouver, BC, made his professional debut a few weeks ago on January 29 at the Moncton Casino, winning in 23 seconds with a quick TKO (technical knockout). This was after racking up an amateur record of 4-0 (4 wins, 0 losses), with three first round finishes.

Mixed martial arts (or MMA, as it is commonly called), made popular by the UFC (Ultimate Fighting Championship) has been called the fastest growing sport in the world, but it was once banned in the US and famously denounced as 'human cockfighting' by Senator John McCain. This was in the early days of the UFC, when the organization touted itself as a 'no-holds barred'

bare-knuckle competition with few rules. The only fouls were eye-gouging and biting. Everything else - including headbutts and groin shots - was allowed.

Today, MMA has evolved from blood-sport freak show to a sport in which the highest levels of athleticism, skill and determination are required- although there is still lots of blood. It combines the techniques of a variety of martial arts, of which the main ones are wrestling, Brazilian jiu-jitsu, boxing, and muay thai.

How did Murphy get involved in MMA?

"I've been involved in martial arts since I was a kid," Murphy explains. "I did karate for about 6.5 years and got my black belt when I was fourteen, and around that time I discovered MMA. A family friend was also interested in martial arts, and I remember listening to him, amazed, as he told us about something called the UFC. He told us how this skinny Brazilian guy named Royce Gracie was using jiu-jitsu to beat all these huge muscle-



heads." A little while later, Murphy saw a UFC fight for the first time on t.v., and was hooked. "As soon as I saw it, I was like 'Wow, I want to do this when I'm older!".

So how did Murphy end up coming all the way from B.C. to Nova Scotia?

He explains that his brother and sister both went to St. FX, so he wanted to come to the East Coast because of all the great things he'd heard about it. But there was no MMA in Antigonand found his current gym, Titans MMA. "I basically came to Halifax because of my gym," Murphy laughs. There are two locations the Titans fight team trains at: one is in Fairview and the other is at Palooka's Boxing Gym on Gottingen. Both places offer a gruelling training regime. Murphy trains at least 1.5 hours each day, normally 2.5, and sometimes up to 3 hours. His team trains 6 and sometimes 7 days a week. "Between training and school I'm kept pretty busy," Murphy says. "I can't party too much, especially when I have a fight coming up. Gotta keep my diet really clean as well. You learn a lot about nutrition and diet when training," says Murphy. "I can comfortably lose 10 lbs in 2 weeks. For my first fight out here I was 161 the Saturday before the fight. Next Friday, the weigh-in day, I was 153, and I cut from there to 145. That wasn't very fun though," he laughs. "The best I've ever done is 10 lbs in 3 days, which also wasn't very pleasant. That was for my last fight. I actually lost more than I had to."

MMA fighters are often known for their flashy nicknames or ring names, but Murphy hasn't decided what his will be. "I've got a couple ideas. When I first got into MMA I wanted to be the 'Irish Wolfhound', but now that sounds kinda cheezy." He laughs, "The guys back home started calling me the 'Boondock Saint' after my mom put holy water on my hands before I left for a fight.

Now 4-0 as an amateur and 1-0 as a pro, Murphy will be fighting Brazilian jiu-jitsu blue belt Jon 'Judo' Williams (4-4) from Fredericton, New Brunswick (slightly ironic, as Murphy was also called 'Judo Mike' by his teammates when he started training at Titans). Williams fought on the same card as Murphy on the Jan. 29 in Moncton; however, he lost that fight and is now looking to rebound. "He's got a few more fights than me, but I'm not too worried," Murphy says. "I've watched a couple of his fights. He's probably got the advantage on the ground, but his stand-up doesn't look that great. I'm a good wrestler, so I'm confident I can keep it standing. If I get taken down, I'll work to get back to my feet. I'll be looking for the KO: sprawl 'n brawl!"

Murphy's fight is part of an event called Extreme Cage Combat 11: Redemption. There will be up to 8 MMA fights and 3 exhibition muay thai kickboxing fights. These fights will be at Palooka's Boxing Gym, 2110 Gottingen Street. Doors open at 5:30 and fights start at 7:00.

## THE WORD AROUND CAMPUS

Question: How are you going



"I will be going to a show called dance in a box at the paragon. It is being put on by DJ's KDZ and take a bath. Everyone should go; it's going to be awesome. Other than that I will be studying.'





"I am going to try to play some hockey and work so that I can earn some extra cash."



## PAUL WEBBER • 3RD YEAR: ACCOUNTING

"I have to move to a different apartment, but other than that I will be in the library all week."



#### MATT MACLELLAN • 4TH YEAR: PSYCHOLOGY

"I am going to go home and try to get some hill time in!"



#### KATIE MOSES • 2ND YEAR: BUSINESS

"I am going to work, study, and hopefully find time to see some friends I haven't seen in a while."

#### TIGER • DALHOUSIE MASCOT

"I will be going to acting school. I want to try and become as cool as the Husky."



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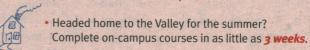
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**Bill Spurr, Chronicle Herald**