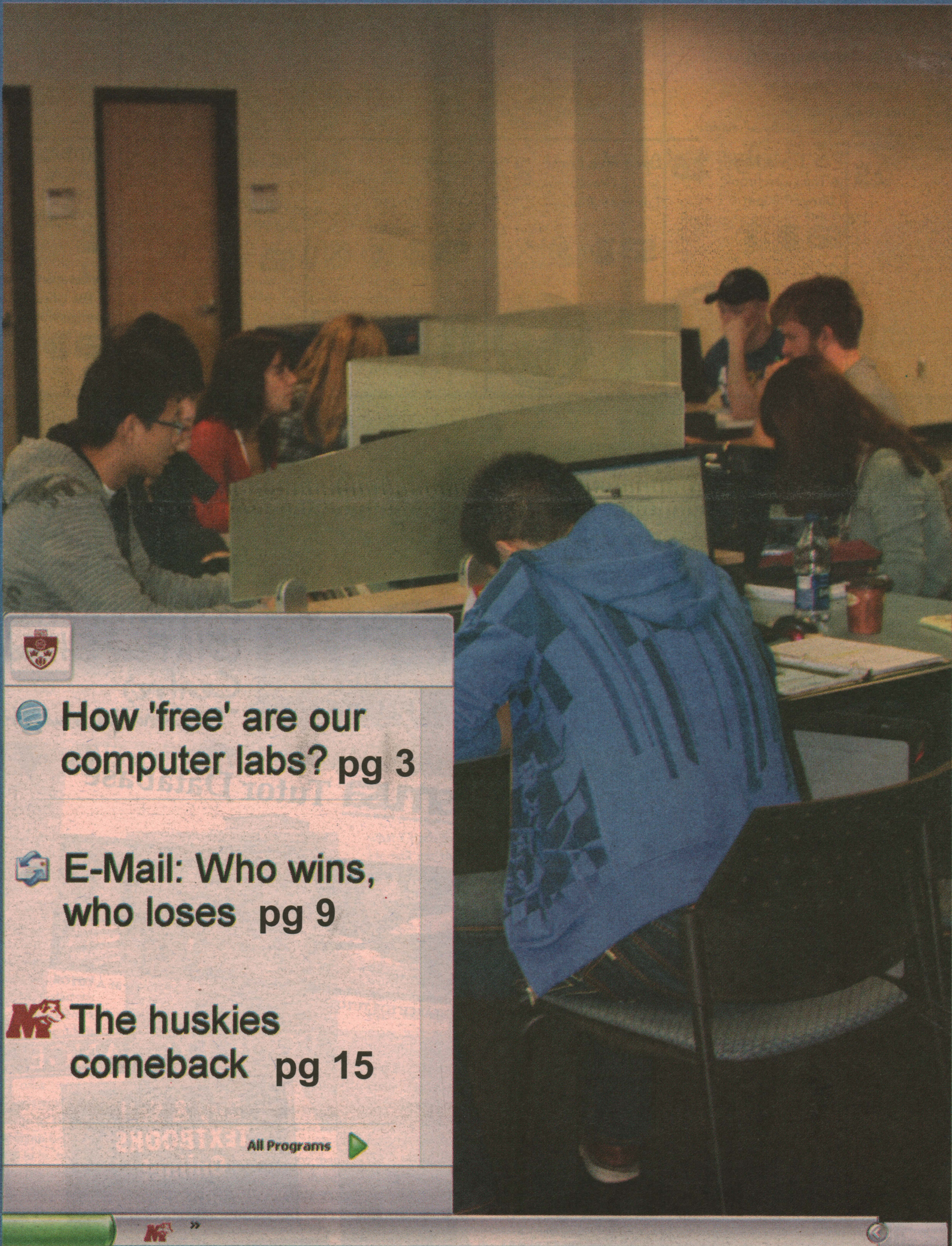




The Journal




The Student Newspaper of Saint Mary's University . Halifax . NS



 **How 'free' are our computer labs? pg 3**

 **E-Mail: Who wins, who loses pg 9**

 **The huskies comeback pg 15**

All Programs 

Saint Mary's University Students' Association

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
CAMPUS CALENDAR LEGEND Presented by SMUSA Sporting Event / SMU Athletics Academic Event or Presented by SMU Alcohol Available No Entry Fee for SMU Students No Minors (19 years+ only) Gorsebrook Special <small>To get your event added to the Campus Calendar, send an email to marketing.manager@smusa.ca</small>		Open Mic Night Oct 20 @ The Gorsebrook Lounge 9:30pm 	21	22	FOOTBALL VS MTA 23 24 2:00pm www.smuhuskies.ca
	25 Pub Trivia Night @ The Gorsebrook Lounge 7:00pm 	26 Open Mic Night 27 @ The Gorsebrook Lounge 9:30pm 	28 DJ Night @ The Gorsebrook Lounge 9:00pm 	29 Halloween Dance @ McNally Main Theatre Auditorium 9:00pm 	30 31 FOOTBALL @ ACA 2:00pm www.smuhuskies.ca Halloween Party @ The Gorsebrook Lounge 9:00pm

smusa.ca PRESENTS:

ALL AGES HALLOWEEN DANCE

Prizes for best costume!

Oct 29
 9:00pm
 McNally Main
 Theatre Auditorium
 No alcohol



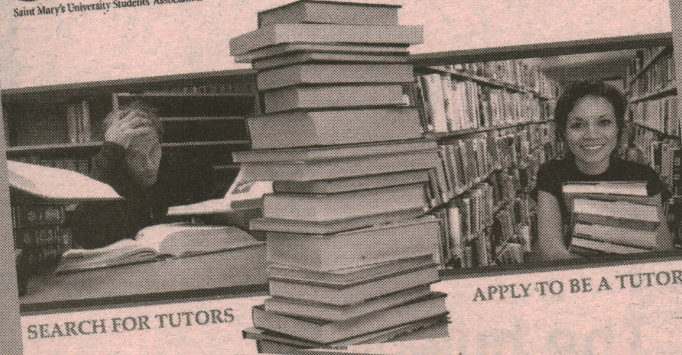
HAPPY HALLOWEEN

Health Cards are In!*

Pick up at Info Desk or Health Plan Office (5th Floor Student Centre)

*for Canadian students

smusa Tutor Database



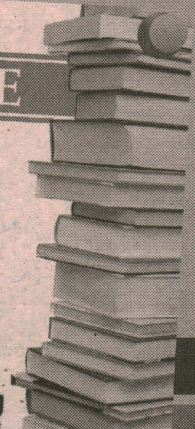
SEARCH FOR TUTORS

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The Journal: Perspective



Name: Adam Faber
Position: Editor-in-Chief

The Journal

Suite 517, Student Centre
Saint Mary's University
Halifax, Nova Scotia
B3H 3C3
902.496.8201
thesmujournal@gmail.com

Credits

Adam Faber
Editor In Chief
thesmujournal@gmail.com

Keimeko Scotland
News Editor

Suvir Pursnani
Student Life Editor

Kyle Trimper
Arts & Business Editor

Kerry J. O'Rourke
Business Editor

James Urquhart
Feature & Sports Editor

Angela Lindsey
Technology Editor

Published by

**Denote Communications*

Advertising Inquiries
smujournal@denote.ca

Letter From The Editor

What do you do when your big old university brain stops working?

"Wrong... wrong..." was all he could say. His co-corkers were dumbfounded, half an hour ago, my brother was having trouble remembering his boss' name... Now the engineering graduate couldn't form a complete sentence, or even express himself. Something serious was happening, so they called an ambulance. When instructed to open his eyes by the doctor, he opened his mouth. It seemed that the complex circuitry inside his head had shorted out, and nobody knew if it was coming back.

A battery of tests, scans and medial procedures ensued. After a week at hospital, my brother has made a full recovery, with the theory being that it was all the result of a particularly bad migraine. We were lucky it wasn't something permanent, but there are others who have have worse happen suddenly, such as a stroke.

Everyone here has a precious gift, the ability to think. We are able to understand, critically assess and express ourselves to others. Things can happen very quickly, and we owe it to ourselves to use this gift. Then again, as university students, you are already doing so.

Adam Faber
Editor In Chief

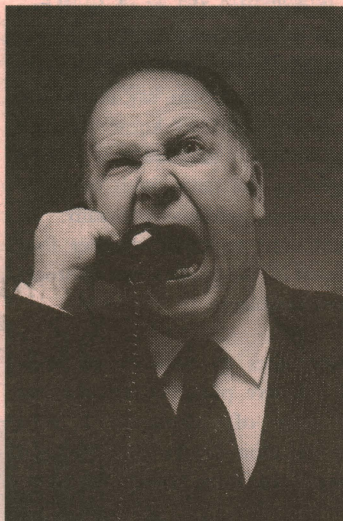
SMU Soapbox

Call the SMU soapbox at 496-8201, and a monkey on a typewriter for an infinite amount of time will almost surely produce your rant.

Thursday, October 14th 12:27 PM
Congratulations on the baby, Joe! I know you'll do a great job as a dad! You should still name him Joey-Joe-Joe Jr. Shabadoo.

Friday, October 15th 1:15 PM
Hello... What? Hello? Dammit.

Friday, October 15th 6:02 PM
Hey people who are on facebook in the library. I NEED TO WORK ON STUFF. I hate you guys. Your stupid mafia wars and garden whatever can wait until you get home.



GOYA – Get Off Your Ass

Written by: B.J. Hall

Hello and welcome to another exciting article from your lovely Board of Directors.

After having discussions with students at open houses, and on campus in general, the one key question always pops up – "What's the biggest piece of advice you can give to me?" Short and simple, I say it's to be active wherever you can on campus. In the last issue of the Journal, there was an article about getting involved in intramurals. I want to take that concept and broaden it a little more.

I strongly believe that forms of extracurricular activities are a vital part if you really want to get that university experience. As part of one of the Ends statement of the BOD, Students will have the means to be involved in extracurricular activities, SMUSA has done their part in terms of funding for societies, allowing SMU students to attend home varsity games for free, and providing volunteer opportunities.

So, why am I harping about adding more things on your already full plate? For starters, you may actually find that by taking on more, you may, in fact, be able do more. I follow a principle one had showed me a couple of years ago. GOYA – Get Off Your Ass.

By taking on many responsibilities, I had no other choice but to schedule my time. Now, I'm not saying go as far as scheduling your bathroom breaks, but an hourly planner used effectively can help one manage his or her time.

Enough from my motivational speaking - back to SMUSA. Back in April, the BOD passed the budget for the 2010-11 fiscal year. Our president allocated \$25,000 towards funding for societies and also allocated funds towards athletics so you can enjoy home games for free and take part in intramurals. WE NEED YOU TO MAKE SURE WE SPEND YOUR MONEY EFFECTIVELY!

With that being said, there are societies for almost every major. One can also watch varsity games or play on an intramural team throughout the entire year. Clubs and sports not your thing? Come join our volunteer list and help out at events. We are providing SMU with these opportunities because we know, and we see, the benefits that arise from them. Networking today will pay off later down the road.

Inspired at all? Want to know more? Contact SMUSA on the 5th floor of the Student Centre.

Saint Mary's University Co-operative Education Program

Co-operative Education is a method of learning in which students alternate formal academic studies with paid work terms. Companies or institutions employ these students in projects related to their academic field. This system is becoming increasingly popular worldwide because of the benefits it provides for both students and their employers.

Co-op staff and academic advisors work with employers and students to ensure all participants gain maximum benefit from the program.

Our website lists additional details including the degree programs which offer co-op and the academic requirements to join the co-op program.

<http://www.smu.ca/coop>

Deadline to apply to Co-op Education Program is November 1st (4th Floor)

Green Tip of the Week

Don't waste food. Only buy the food that you know you will be able to eat to avoid having it go bad, and freeze some if necessary.

SMUES



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The Journal: Feature



Name: James Urquhart
Position: Feature Editor

Is racial prejudice the cause?

The Cranky Professor

Written by: Mark Mercer
Department of Philosophy
mark.mercer@smu.ca

Writing in the Herald back on 2 September ("Labour Day reflections: Our prejudice is showing"), Judy Haiven, a professor in the management department at Saint Mary's University, drew attention to the provincial government's finding that the rate of unemployment for black people in Nova Scotia is 15 per cent higher than the rate for whites. Haiven also noted that university-educated black Nova Scotians earn considerably less than the average university-educated Nova Scotian.

Through her own research, Haiven discovered that while four per cent of people in the Halifax Regional Municipality are black, blacks made up only 2.3 per cent of the front-of-the-shop personnel in the 300 or so metro stores she surveyed.

One would expect that rates of employment and pay for a large group of people within a society would be right around the society-wide average. That Nova Scotians who are black fare less well than average, then, is strong evidence that something is amiss.

What, then, is responsible for

blacks doing worse on average in employment and earnings than Nova Scotians as a whole? Answering that question should take us some distance toward discovering what to do to fix things.

Haiven thinks that most of the problem is that employers and co-workers discriminate against blacks. Out of prejudice, white employers often treat blacks who seek jobs or promotions badly; likewise, white workers often treat black co-workers badly.

In Haiven's words, "a look through scores of newspaper articles strongly suggests a reason for this gross disparity: good, old fashioned discrimination."

It seems unlikely that Haiven is right about this. First, there's just the size of the disparity. A 15 per cent difference in unemployment rates is too high to attribute to the attitudes of the particular individuals province-wide who are responsible for staffing stores, businesses, offices, schools, and the rest.

Second, there's the implausibility of the implication that a great many Nova Scotians harbour prejudices against black people.

That's not to say that only a few Nova Scotians are bigots, or to say that only a few blacks experience their bigotry, or even to say that the effects of occasional bigotry are minor. It is to say, though, that the burden of proof rests on those who would explain disparities between blacks and whites in Nova Scotia by claiming widespread and effective prejudice and discrimination in this province.

Does Haiven meet this burden of proof? The findings she gives do not themselves indicate an explanation. In fact, they raise more questions than they answer. We would need to know whether blacks on average are as well educated as whites if we are to be clear that the 15 per cent difference in unemployment has to do with race rather than, say, education. We would need to know whether black university graduates are earning degrees in the same fields of study as university graduates generally. We would need to know whether four per cent of the applications to stores were from blacks.

Haiven cites as evidence of wide and effective prejudice the number and nature of complaints of racist discrimination blacks have brought to the Nova Scotia Human Rights

Commission, specifically against the Halifax Regional Municipality.

Certainly Haiven is right to be concerned about the unfair, unfriendly, or demeaning treatment the complainants allege. Any individual complaint of unfairness or a foul work environment needs to be taken seriously, and any such complaint found to have merit needs to be resolved and its lessons learnt.

But what the cases Haiven cites add up to is far from clear. Few of them are settled, and some of them, from Haiven's descriptions, seem not to be about discrimination at all but, rather, about insensitive or offensive behaviour by co-workers.

That the inequalities in employment and income between white and black Nova Scotians are to a great extent due to racial prejudice on the part of employers is implausible on the surface, and Haiven has failed to make a compelling case that nonetheless prejudice is the cause. Well, then, why are black Nova Scotians faring poorly compared to whites?

I have no idea. I'd like to hear from the sociologists and economists who are studying the issue.

My own guess is education and training. Employers care that workers have the skills they need. All things considered, they will hire the applicant with more or better schooling, even if only because staying in school and doing well indicates to them determination and perseverance. If black Nova Scotians have on average less schooling, or lower grades for the same schooling, than other Nova Scotians, then that might explain the discrepancies in employment and earnings.

Of course, if that's right, the real problem remains. Why are black Nova Scotians less well trained or educated than whites? Whatever the correct answer to that question, I doubt it is racial prejudice toward black children among teachers and administrators.

Haiven concludes her article by suggesting that what she calls the "derision and anger" with which the "mere idea of a designated seat on HRM for an African Nova Scotian councillor has been met" is another indication of our prejudice. Derision, though, if not anger, seems a fine way to respond to any proposal as pointless and pernicious as that one.

Just How "Free" are Our Free Computer Labs?

Written by: Daniel Johnson

An important skill in adult life, one that many of us begin to develop in the course of our university experience, is the ability to think critically in evaluating information that is given to us. Quite often, we tend to assume that institutions and people in authority will be accurate and straightforward in their guarantees, and we are sometimes disappointed to find that isn't the case. But this is not always something to be upset about. Instead, we simply have to be careful in looking at the facts of a situation, and think about how we might change it.

I recently had a rather frustrating experience here on campus. It was a Wednesday afternoon, and I had some time between classes. My plan had been to use this time to type an assignment. I live some distance from campus, and I do not have a laptop that I can bring, so I am pretty dependent on the computers that SMU provides. On this particular day, I found that every computer available for general access was busy. Being aware that we have multiple rooms full of them, this seemed strange to me, not to mention highly

"Saint Mary's has hundreds of general access computers on campus, which allow you to access Internet, email, software, and printer services"

inconvenient. So I decided to find out what was going on.

If you look at the section of the SMU website dealing with computer lab information, the first thing you will notice is the following claim:

Saint Mary's has hundreds of general access computers on campus, which allow you to access Internet, email, software, and printer services.

Technically speaking, this is true. By my count, using the floor plans posted in McNally East, there are approximately 270 such computers. Perhaps this is theoretically enough to meet the needs of students in most cases. But it turns out that at times when there is likely to be the most demand for them, only a portion of those computers are available.

The computers in The Den (ME009) are, of course, accessible 24 hours a day, 7 days a week. The adjacent lab in ME011 is also has the same hours of operation, but is also used as a classroom. Likewise, the other three computer labs see duty as classrooms, and they are not open around the clock. The situation I had found myself in was that I needed a computer at a time when all four of those rooms had classes going on, meaning that the "hundreds" of computers was now less than half that number of 270+. When I did some math, I found out that this is the case quite regularly. Looking at four weeks in October (as currently scheduled), I figured out how many total hours each lab is open, and how many hours they are busy with classes. Overall, ME011 is actually free for general use 83% of the time

(including overnight hours). Those that close at night are available just over 60% of the hours they are open. But the most striking number is that between 10AM and 8PM Mon-Fri (when most students are on campus), these labs are only free anywhere from 32-46% of the time. This is because these labs are hosting 25-34 hours of classes per week. And nearly every day, there are times when these labs are all busy at the same time.

None of this is intended to claim that these classes are not necessary. I am sure that they are. Likewise, I am not arguing for more computer labs overall. My study was done quickly, with only the information provided by ITSS (who, to be fair, were pleasant and helpful), and there may be other factors to consider. However, it does seem that there has to be room for improvement. Certainly there is no point in having all these resources if they cannot be available to students at the times they most need them.

The point I set out to make here was that, as students, we need to look at these sorts of things. If we find we are not getting the promised benefit

of resources like this, we need to look for the reasons why, and if necessary, to speak out about it. In this case, I think that it is clear that what the university has advertised on the website is, while factually true, unrepresentative of reality. So, for the average student, it is a deceptive statement. However, it may be that there are available solutions, and hopefully the administration would be agreeable in seeking ways to improve the situation. Clearly, improvement of the school is in everyone's interest, but we may often find that it is students who must take the initiative in drawing attention to areas of concern.



Name: James Urquhart
Position: Feature Editor

The Journal: Feature

Cake Balls; unfortunately named, uncommonly delicious

Written by: Sarah Faber

Think about it. How many times have you been walking around town with a large piece of cake and thought “Why isn’t this in a conveniently bite-sized, chocolatey coated ball? WHY?!” Relax. This week, aside from dedicating my usual hours to stalking the winsome and intrepid editor of the SMU journal, I prepared a spread for a baby shower (Congratulations Joe and Lynn!). Among the usual mixed bowl drinks, appetizers and card games, we indulged in a growing trend in the retro-chic miniature sweet market: cake balls. Aside from having one of the most unfortunate names in food history (right next to ugly fruit and spotted dick), cake balls are cute, easy to prepare and so fabulously delicious as to be the globular food of paradise. The following is a basic recipe with proposed variations. Bon appetit!

Cake Ball Batter:

- 1 box cake mix (you will need eggs/oil/water/whatever else the mix requires)
- 1 can frosting

Prepare and bake the cake according

to package directions for a 9x13” pan. When the cake is still warm, crumble it into a large bowl. With a spatula, empty the can of frosting into the bowl and mix with a large spoon or electric beaters until well combined. When the mixture has cooled slightly, roll the mix into bite-sized balls. This will be a little messy. Refrigerate until firm.

To decorate, melt 4 cups of chocolate chips or candy melts in a double boiler. If you do not have a double boiler, place a metal or ceramic bowl over a pot of hot, but not boiling water on the stove. This will ensure the chocolate melts evenly and does not burn. Dunk the cake balls in the chocolate and let set in the refrigerator.

When decorating, I prefer to use candy melts for the coating rather than chocolate chips. They are flat discs of chocolate about the size of a toonie and you can get them in every colour of the rainbow from the Bulk Barn. They have oil mixed in with the chocolate so they melt into a thin liquid that will set quickly. If you are

using chocolate chips, make sure to add 3 Tbsp of shortening or canola oil while they are melting and mix well.

Variations and varieties:

Chocolate Lovers - use a devil’s food cake mix and chocolate frosting. Dunk the balls in dark chocolate and roll in cocoa powder.

Birthday Cake - use a white or rainbow cake mix and vanilla frosting. Dunk in white or coloured chocolate and roll in sprinkles.

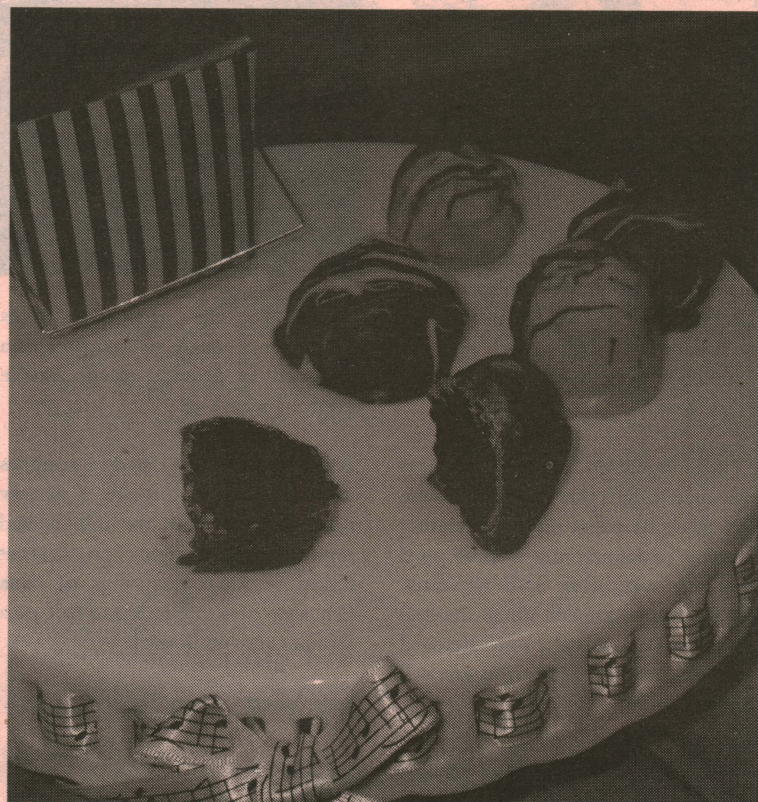
Halloween - use a spice cake mix and cream cheese frosting. Dunk in orange coloured candy melts with green tops for pumpkins, white with chocolate sprinkle eyes for ghosts, chocolate

with licorice legs for spiders.

Special Occasion - use a white cake mix and vanilla frosting mixed with 1/4 cup liqueur (amaretto, white chocolate, Galliano, etc.). Dunk in white or dark chocolate. Cover with nuts or

gold-leaf sprinkles. Note: It will take longer for these to set due to the excess liquid.

Please e-mail me (thesmujournal@gmail.com) if you have any cooking questions, a recipe request or one to try from your own collection!



Ridiculously Awesome Residence Assistants Ran (and more) for the Cure

Written by: Christine Wilson

Throughout the month of September, Residence Assistants here at Saint Mary’s University have done some fantastic fundraising for the CIBC Run for the Cure. Run for the Cure is dedicated to raising funds and creating education and awareness programs for breast cancer research. Thousands of Canadians participate in the Run each year and our Residence Assistants (RAs) were working hard for the cause as Team Ridiculously Awesome!

From September 20th to the 22nd you likely noticed the RAs in the Loyola Colonnade with their Bake Sale table. This was one of the projects that the RAs facilitated in order to raise money for the Run. The RAs not only set up and maintained the sale table, but also baked the goods sold. Thanks to passers-by donating to the “pay what you can” sale, the team was able to raise over \$700 at the event. Way to go!

Another event that the RAs held to fundraise was ‘Pie Your RA’. Held in the Student Center on September 30th, this event allowed RAs to raise money by getting pies thrown at their faces! Now that is dedication to the cause! Students, Faculty and Staff donated generously to raise over \$350 at ‘Pie Your RA’. Team co-captain and returning RA Jessica Ford



Photo courtesy of Rebecca Betts

was impressed with the results of the fundraising. “I was very happy with the generosity and support from the SMU community this year. I think raising more than \$700 from a three day bake sale is amazing, and then to add another \$350 raised from Pie Your RA is incredible. I’d like to thank everyone who supported our team and helped raise money for such a great cause!”

The Run took place on Sunday, October 3rd beginning at the Commons and continuing through downtown Halifax. The team was all decked out in their pinkest gear, ready for participation. “Run for the Cure is an event strongly supported by the RA group every year” says co-captain and returning RA Heather Cook. “With 25 members officially registered to participate in the run this year, the RAs that were not able to attend the Run Day were still actively involved in helping us raise funds.”

Other funds had been raised through the personal donations of family and friends as well as registration fees to participate in the Run. When it was all said and done a total of \$2378.10 was raised by the RAs for Breast Cancer research! Ridiculously Awesome, if you ask me!

The Journal: News



Name: Keimeko Scotland
Position: News Editor

Chilean Miners See the Light of Day once Again

Written by: Keimeko Scotland

Sixty-nine days would not normally be considered as being much in the context of an entire lifetime. Yet the 69 days spent underground will probably be absolutely unforgettable for the 33 Chilean miners who were rescued on October 13 after being trapped more than 2000 feet below ground.

The terrible ordeal began on August 5 when a cave-in left the miners trapped 2,300 feet underground in a small copper-and-gold mine near the northern Chilean city of Copiapó.

Underground survival beyond 14 days is usually impossible and rescuers had begun to write-off the miners as being dead.

17 days would go by before rescuers discovered signs that the miners were still alive. Rescuers reported hearing tapping or hammering sounds on a drill that was being used to search for the buried miners. When the drill came back up it had a note attached to it which read: "all 33 of us are well in the shelter".



Amazingly, the trapped miners had made it safely to a shelter area designed to provide refuge in the event of a cave-in.

A day later food and medical supplies were lowered in through a narrow tube. Prior to that, the miners had reportedly been living on a strict ration of "two teaspoons of tuna fish, a sip of spoilt milk and half of a biscuit every 48 hours".

Luis Alberto Urzua, the shift

foreman of the trapped miners, is credited with devising the food rationing plan.

Another miner, Ariel Ticona, became the father of a baby girl named Esperanza (Hope) while trapped underground.

As each miner surfaced, Chilean President Sebastian Pinera greeted them with a bear-hug and hand shake. The sound of a wailing siren and jubilant applause also accompanied the miner's emergence from their

subterranean confinement.

Surprisingly enough there was at least one miner who probably wasn't looking forward to being topside once again. Yonni Barrios's personal life became the subject of much media attention when his wife, who had been keeping vigil at the mine, discovered that her husband had a mistress who was also there waiting for him to surface. Barrio's wife wasn't there when he surfaced, but his mistress was and she greeted him with a hug and kiss.

During their 69 day ordeal the miners received well wishes from various world leaders and dignitaries including Pope Benedict XVI.

The Vatican is credited with sending 33 mini rosary prayer beads to the miners, while Seventh-Day Adventists sent mini bibles and mini magnifying glasses.

The religious significance of the rescue has not been lost on some on-lookers. The coming out of the

darkness into the light theme was further highlighted when rescued miner Mario Sepulveda, the second to emerge from the bullet-shaped rescue tube, said, "I was with God. I was with the Devil. God and the devil were fighting over me, and God won".

Many of the miners emerged from the rescue tube clutching bibles and several fell to their knees in prayer.

Mostly it was a scene of overflowing emotions as the miners were finally reunited with their loved ones after surviving what is officially the longest period of time being trapped underground in recorded human history.

All 33 miners will be undergoing extensive psychological and physiological evaluations at a Chilean medical centre.

Oddly enough, just two days after the Chilean mine rescue, a mine in Ecuador collapsed on October 15 leaving four miners trapped.

China's Next President?

Written by: Keimeko Scotland

China's Vice President Xi Jinping is widely expected to assume the presidency when Hu Jintao steps down after his second and final term in 2012.

Xi's ascendancy to the presidency will depend on whether the plenum elects him vice chairman of the Central Military Commission, a powerful group that oversees the 2 million-strong People's Liberation Army (PLA).

The post is important symbolically and practically. Without it, Xi will remain an outsider in military affairs. If appointed, it will follow an old tradition -- Hu was also promoted to the position years before he got the party's top job.

"The general impression of Xi Jinping is, he is a very circumspect person," said Gao Zhikai, a political commentator in Beijing. "In public he is very careful, very prudent. He is not a very emotional person, at least in public".

Xi has an impressive political background coming from an elite group known as the "princelings", the children of powerful officials. His father was a revolutionary hero who served as vice premier and vice chairman of China's legislature.

Xi enrolled at Beijing's prestigious Tsinghua University in 1975 and earned chemical engineering and law degrees. He is known to have served in the PLA, but only briefly.



With his political background and technocratic education, Xi would be what the Chinese call "you hong you zhuan" (both red or communist - and an expert).

Xi has been Hu's understudy since October 2007, when he was appointed a member of the nine-man Politburo Standing Committee, the most powerful policy-making body in the People's Republic. A year later, he was elected vice president of China. Since then, he has taken up important portfolios, serving as China's point-man during the Olympic Games in 2008. He has traveled overseas many times, bringing a retinue of business executives and signing multi-million-dollar trade deals.

Canadian Guantanamo Bay Detainee Seeks Deal

Written by: Keimeko Scotland

Lawyers for Omar Khadr, the only remaining Western citizen at Guantanamo, have reportedly entered into negotiations for a deal that would allow Khadr to avoid standing trial. Khadr, whose father allegedly helped finance al-Qaeda, is the youngest detainee at Guantanamo. He was captured in Afghanistan in 2002 when he was 15. A Canadian government spokesman has said the deal rumors were "not correct" while US officials have declined to comment. However Khadr's lawyer, Nathan Whiting, claimed that the negotiations were "ongoing". Khadr has pleaded not guilty to charges including murder, conspiracy and spying, and could face life imprisonment if convicted. The US government alleges that he threw a grenade that killed an American soldier. Prosecutors have also accused him of having close family ties with Osama bin Laden. Khadr's lawyers argue that his family forced him into the war as a child. The Canadian government has so far been unwilling to ask US authorities to release Khadr.

With files from BBC News

Nor'easter lashes Atlantic Canada with Winds and Rains

Written by: Keimeko Scotland

Atlantic Canada was hit on October 15 by a storm which caused power outages, car crashes and left hundreds of ferry passengers stranded.

Heavy rains caused at least six accidents in the Halifax area where police urged motorists to exercise caution while driving in adverse weather conditions.

A crash between two cars and a truck just after 2 p.m. on Highway 7 near Cherry Brook left one person dead, while six others were taken to hospital with serious injuries.

Weather reports estimate between 50 and 70 mm of rain fell in the Halifax area.

The strong winds and rain left approximately 6,000 Nova Scotia Power customers without power. However, that number decreased to about 2,600 by Friday afternoon.

Most of the outages were in the Annapolis Valley and along the south shore of Nova Scotia. There were also several outages in Bedford and Sackville.

There were also cancellations of Ferry services between Wood Islands,

P.E.I., and Caribou, N.S. The Greater Moncton International Airport suffered a power outage at around 3:45 p.m. AT

Write to us at news.smu@gmail.com and let us know how the storm affected you.

With files from CBC News

The Journal: News



Name: Keimeko Scotland
Position: News Editor

Swiss complete world's longest rail tunnel

Written by: Keimeko Scotland

The longest railway tunnel in the world was completed on October 15 in Switzerland.

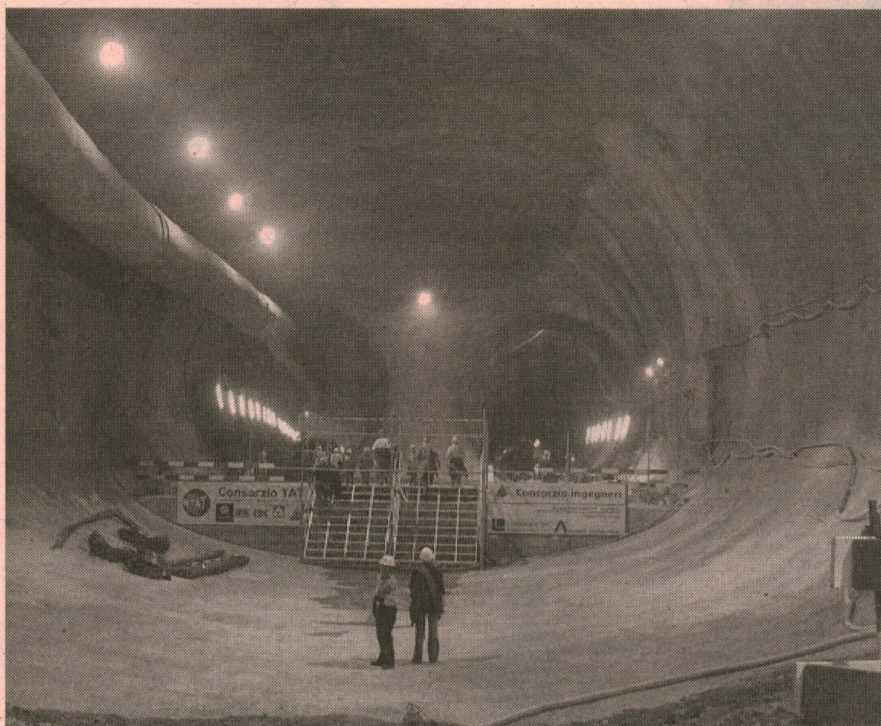
After 14 years of construction the 57 km long Gotthard Base Tunnel in the Swiss Alps was finally completed when a giant drilling machine nicknamed Sissi cut through the last slice of rock to connect both ends.

The tunnel is just over 4 km longer than the Seikan rail tunnel in Japan, which at 53.9 km had previously been the longest rail tunnel in the world.

Completion of the Gotthard Base Tunnel will reduce the travel time between Zurich and Milan in Italy by 1 hour and provide an easier and more economic route for heavy freight trains.

The tunnel, which is reported to have cost US\$10.6 billion, is due to be operational by the end of 2017.

With files from CNN News



"...and he left his underwear
IN THE FRIDGE!"

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SCORE 9
...for the Journal

thesmujournal@gmail.com



Name: Kerry J. O'Rourke
Position: Business Editor

The Journal: Business & Tech

Week in Tech: October 9 – October 16

Written by: Angela Lindsey

Gran Turismo 5 has been delayed to "the holiday season" instead of its original November 2 release, because the creator, **Kazunori Yamauchi**, "want[s] to make certain [he is] creating the perfect racing experience." This game has been in production for more than five years, and the original November date was made official at the E3 conference this year.

A **computerized grenade launcher** is now on its way to the Afghanistan war. The Army has claimed that it will purchase over 12,000 of these guns starting in 2012, but about 800 guns (a battalion's worth) of the guns are being sent to the 101st Airborne Division in Afghanistan. The XM-25 grenade launcher shoots a 25 mm high-explosive round which has a system of sensors and microchips, known as the Target Acquisition Fire Control unit, which minimizes the likelihood of collateral damage.

2k Games has announced that they will not be developing two expansions, **The Protector Trails** and **Minerva's Den** for **BioShock 2** on PC. The company has not revealed

details regarding this decision, but has blamed "timing and technical issues" for the cancellation. Patches are in development for the 360 and PS3 for functionality issues, but these will not drastically change gameplay.

Japanese social gaming company **DeNA** will be buying iPhone game publisher **Ngmoco** for \$400 million. Ngmoco was founded by former Electronic Arts (EA) executive Neil Young in 2008, and is behind such games as **We Rule, We Doodle, We Farm, and GodFinger**. The company is headquartered in San Francisco, and has studios in New York and Portland. DeNa was founded in 1999 by Tomoko Namba.

A company called **Webvention** has filed a claim for ownership of patent number 5,251,294, claiming that they have exclusive rights to the technique of the image rollover with embedded hyperlinking. If this claim is successful, the company will be owed \$80,000 for violating this patent. The company has targeted a website owned by Novartis, the big pharmaceutical company.

Crytex has been sending invitations for the closed multiplayer beta of **Crysis 2** to select Xbox 360 users. This invite is exclusive to Xbox 360 players "this time around", and an Xbox Live gold account will be required. No official announcement has been made yet for PC or PS3 owners for the beta, though it is assumed that they will have their chance to play the beta sometime before the 2011 releases.

Skype 5.0 has been released out of beta for Windows this week, and has integrated **Facebook Connect**. Logging into your Facebook account populates your normal Facebook news feed, but also attaches Skype call/SMS buttons to the contacts. It does not list Skype handles of your friends, but not their phone numbers. The final version will include 10-way video calls, and an automatic call recovery feature.

St. Mary's Women Center Presents:

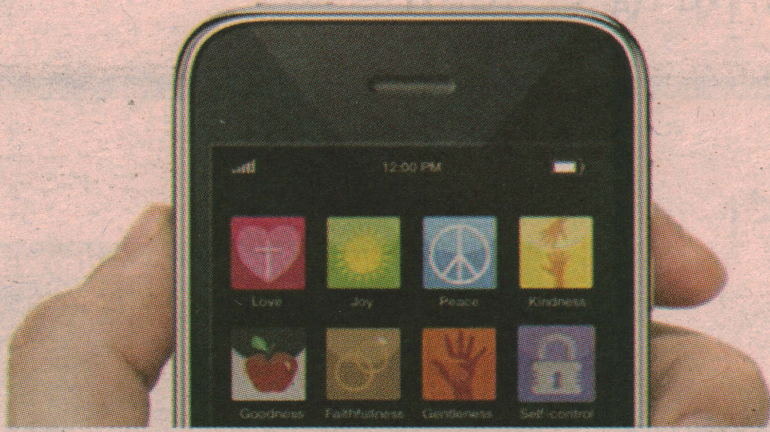
Capoeira

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Group Fitness Room
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Name: Angela Lindsey
Position: Technology Editor

There's an app for that...



This Week's New Games

Written by: Angela Lindsey

Be on the lookout for these new games this week!

- 10/17/10 – Kirby's Epic Yarn (Wii – Nintendo)
- 10/18/10 – Cars Toon: Master's Tall Tales (Wii – Disney Interactive)
- 10/18/10 – Power Gig: Rise of the SixString (Xbox 360/PS3 – Seven45 Studios)
- 10/19/10 – Fallout New Vegas (Xbox 360/PS3/PC – Bethesda Softworks)
- 10/19/10 – EA Sports MMA (Xbox 360/PS3 – Electronic Arts)
- 10/19/10 – Vanquish (Xbox 360/PS3 – Sega of America)
- 10/19/10 – Saw II: Flesh and Blood (Xbox 360/PS3 – Konami)
- 10/19/10 – Arcania: A Gothic 4 (Xbox 360/PS3/PC – Dreamcatcher)
- 10/19/10 – Dragon Ball Z: Tenkaichi Tag Team (PSP – Namco Bandai Games)
- 10/19/10 – DJ Hero (Xbox 360/PS3/Wii – Activision)
- 10/19/10 – Active Life Explorer (Wii – Namco Bandai Games)
- 10/19/10 – Time Crisis Razing Storm (PS3 – Namco Bandai Games)
- 10/19/10 – Naruto Shippuden: Ultimate Ninja Storm 2 (Xbox 360/PS3 – Namco Bandai Games)
- 10/19/10 – The Shoot (PS3 – Sony Computer Entertainment)
- 10/19/10 – Blazing Souls Accelate (PSP – Aksys Games, Inc.)
- 10/19/10 – John Daly's Prostroke Golf (Xbox 360/PS3 – O-Games)
- 10/19/10 – DJ Hero 2 (Xbox 360/PS3/Wii – Activision)
- 10/19/10 – Flip's Twisted World (Wii – Majesco)
- 10/19/10 – Star Wars: Clone Wars Adventures (PC – Sony Online Entertainment)
- 10/19/10 – Pro Evolution Soccer 2011 (Xbox 360/PS3/PS2/PSP/Wii – Konami)
- 10/19/10 – Rock of the Dead (Xbox 360/PS3 – UFO Interactive Games)
- 10/19/10 – Bakugan: Defenders of the Core (Xbox 360/PS3/PSP/Wii/DS – Activision)
- 10/20/10 – Super Meat Boy (Xbox 360 – Team Meat)

The politics of business

Written by: Kerry J. O'Rourke

If you're not familiar, America is on the verge of yet another election. I'm not talking about a federal election. Obama is halfway through his term! However, the political landscape, state side is beginning to paint quite a new, interesting picture via the current Republican Tea Party movement that has emerged. So as the title alludes to, I'd like to uncover the politics of business but more specifically why some feel this new movement is bad or business. Enter, Nikki Halley, one of South Carolina's candidates for governor (front runner). Her former self was as a member of the South Carolina Chamber of commerce. Last June, as Mrs. Halley was on her way to a win at the republican runoff she thanked her supporters. Her supporters were numerous, including her old friends she thought at the chamber of commerce she once belonged.

However, little did she know that same chamber of commerce she once belong convened to make a decision over who they'd support publicly. As such, the 56 business leaders representing sectors ranging from banking to health care to construction took only 20 minutes to reach a decision. 80% of their membership voted to support a democrat. Call it an act of defiance towards one of their former members or a direction indication the business community, regardless of their individual political affiliation decided to make a bold collective statement. Mrs. Halley is sure to win the race to be the next governor of South Carolina (they say). However, evidently the business community does not share the view that the Tea Party is "good for business". By the way the Tea Party is a branch of the Republican Party.

Vote for A DEMOCRAT? While the Tea Party may have its strengths its also carries with it, a very confrontational stance, some South of the border don't agree with.

Well really, the only true way to gauge such an opinion is to watch the voters on voting day, set to take place Nov 2nd! I won't be voting, I'm proudly Canadian! It's Right after Halloween and I have a feeling a very freaky story is about to be told!



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Name: Kerry J. O'Rourke
Position: Business Editor

The Journal: Business & Tech

E-mail Changes: You Spoke, They Listened

Written by: Angela Lindsey

When the e-mail change announcement was first given to the students, there was a lot of feedback given back. A lot of this feedback came from students beyond their first year, who were concerned with the effects of losing their smu.ca e-mail address. One of the reasons that was given for removing smu.ca e-mail addresses completely was that students didn't use the e-mail address, but those who did felt that they were being left with no option other than to use their personal e-mail address for school-related messages.

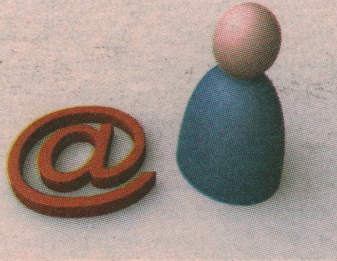
SMUSA heard the complaints and feedback, however, and backed them up. The complaints were completely relevant, and Mike Mercer, VP of University Affairs, agrees. "It's a basic service issue. You can't cash the cheque and then change the rules." What he's saying is that we pay money to attend the university, and many of us came into this with the expectation that we would receive smu.ca e-mail addresses. It may not have been the main factor in attending this university, but university e-mails are much more professional than many personal e-mail addresses, and allow you to give the first impression of an educated prospect when applying for jobs.

Because of this, SMUSA approached the situation on behalf of the students, trying to find a middle ground on this. As Mercer told The Journal, "We said: Look, you want us to tell you what the students want, and this is what they want." Because of this, the policy has changed yet again. The administration met the students halfway and came to a new agreement to slow down the phasing out of these accounts. Under this new policy, you will see that students have been given more of a chance to adjust to using their personal e-mail addresses instead.

Undergraduate Students who don't have a smu.ca address yet will not be receiving a smu.ca email account as part of their student computer services. Instead, they'll need to provide another email address they'd like to use to receive communication from Saint Mary's. Any active email address will work.

Graduate Students will receive a smu.ca address but have the option of providing an alternate preferred email address.

Students with a smu.ca address will be able to keep it through graduation. They will still be prompted for a preferred email address which can be a smu.ca or external address. The final deadline for undergraduate email services is October 2015.



"This is a perfect example of what SMUSA does. We fought hard, got heard, and got things changed."

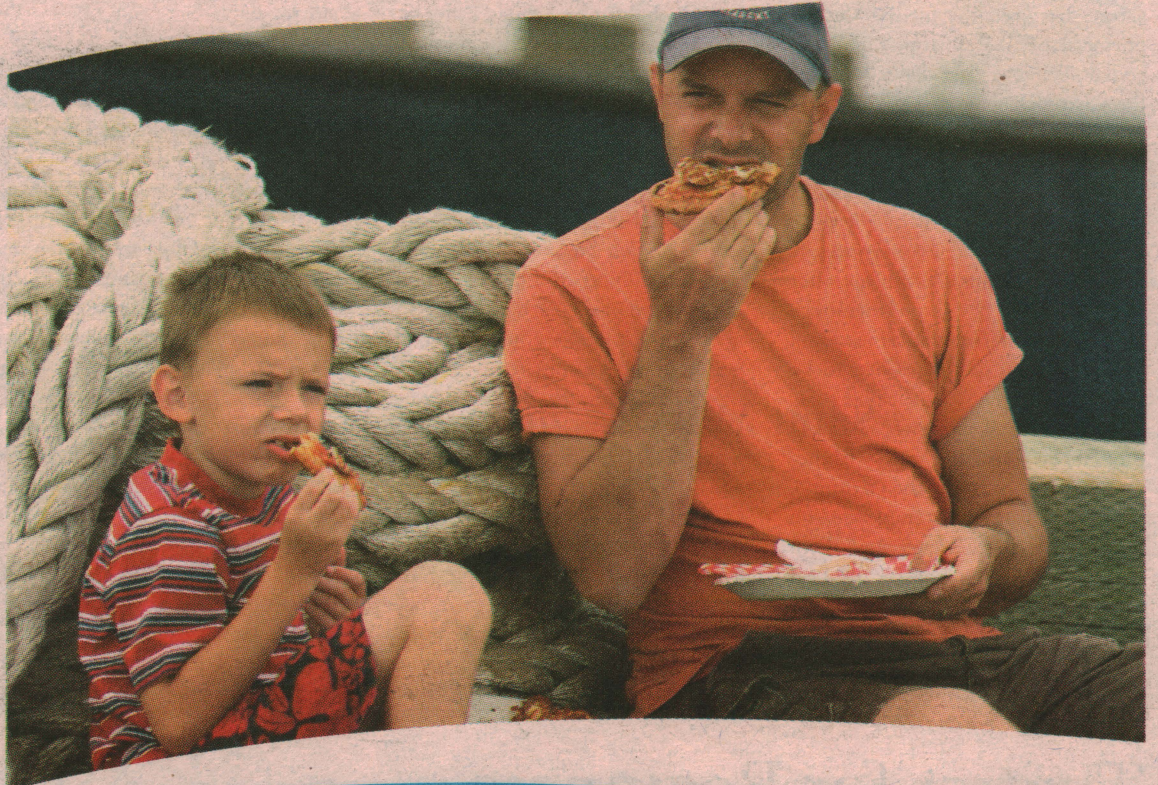
Students who have already replaced their smu.ca address will receive all communications on their preferred email account. Students who have switched over but now wish to continue using their smu.ca email need only identify as their preferred email through Activate or on Banner Self-service.

Students who want to switch from their smu.ca account can provide their preferred email through **Activate** or **Banner Self-service**.

Alumni with a smu.ca email account from their days as a student will have one year to choose another email address they'd like to use to receive communication from Saint Mary's. Their existing smu.ca address will be discontinued in October 2011. Alumni can make the change to a home or work address any time in the next year on the Alumni home page. Mercer is happy with these changes, and hopes that this will allow students to see that they do have a voice when it comes to student affairs, and that we can make a difference. "This is a perfect example of what SMUSA does. We fought hard, got heard, and got things changed." SMUSA didn't fight this fight alone, however. "Dr. Dodds stood behind us on this, and that was really cool."

You can see the policy in its current form on the Saint Mary's University website news releases (www.smu.ca/newsreleases). If you have an opinion or questions regarding the current policy, e-mail them to tech.smu@gmail.com.

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The Journal: Business & Tech



Name: Angela Lindsey
Position: Technology Editor

Whistler Olympics 2010, View of an Unconcerned Employee

Written by: Trevor Pike

First I have to make clear what this series of articles will be about. Everyone has seen the medias sterling portrayal of the Olympics in Vancouver/Whistler last February. Yes the Olympics is the premiere gathering of elite athletes from all around the world, and yes they train for their whole careers for just a few moments that were held in front of my eyes. As amazing as that was surprisingly that's not what stayed with me after I left Whistler. It was the memories I had with other individuals set in a back drop that just happened to be the center of the world at that time. This is not the view you will get in any other media, this is the view of someone that wanted to see the Olympics, got there by being an employee and didn't let that little detail slow them down from having one of the best experiences of their life!

The doors of the cargo van stuffed like a sardine can with people opens.

The light reflecting off the snow is so bright I can barely see, I reach for my glasses, the sun blur fades. After my two hour drive from Vancouver to Whistler I am greeted by an amazing vista view looking directly at Whistler and Blackcomb Mountain, I am surrounded by awe inspiring mountains whose magnitude rival any other in the world. I really start to understand why so much literature and art has been the subject of this area. I am on the edge of a cliff big enough for about 30 shipping containers converted into makeshift temporary living spaces; definitely not like staying at the Atlantica. The door to my container is 20 feet from a 200 foot cliff and 50 feet from a forest full of bears and mountain lions, this is incredible, already I am feeling inspired. We are a group of about 150 people hired by a Vancouver based company, sub contracted by an Australian company to do snow removal at various venues on Whistler Mountain for the 2010

Olympics, boring I know, doesn't really matter for the purpose of my story.

Mix matched people from all over the world, but with similar virtues and attitudes arrive in Whistler early Friday afternoon on the day of opening ceremonies for the Vancouver/ Whistler 2010 Olympic ; we are going to get in the excitement! It is about a ten minute drive from our camp to Whistler Village, we arrive at approximately 5 PM the feeling is absolutely electric! Whistler looks like a picture from a story book, everything is impeccable, right down to the smallest detail; Olympic everything! I see flags from all over the world Germany, Slovakia, Italy, Poland, Austria, United States, Russia, Sweden, Czech Republic and of course a sea of Canadian Red! It's nice to look for a while but myself and the lads (a term along with many others that I learned from my international peers that I grew very fond

of) are going to get into the action. There are free concerts and bars full of people everywhere! While there are many choices a few of us were lucky enough to get in a small bar full of energy and cheer called the Amsterdam (yes if you watched the MTV reality show Peak Season that is the one). I very by chance get a seat on the patio with my new friends, purchase a cold beverage and enjoy the magical feeling that was in the air that very special day when the Olympics officially opened in Whistler. Five years before I was on the other side of the country 5000 miles away when the I.O.C. (International Olympic Committee) announced the Olympics would be in British Columbia. I said I would do almost anything to be there but never thought it would happen. Now here I am, not only witnessing it, but I am a part of it, the feeling is surreal.

Time goes by very quickly as I get to

know my new friends , we drink, we chat , we try to imitate each other's accents, we laugh, we drink some more. With so much going on around us we lose track of time, we hear someone yell "the torch is coming!" at the top of their lungs. I look up from my euphoric daze of beer and comradery, the Olympic Torch is about to pass directly in front of the bar I am sitting at. Incredible. Join me next week, it gets better.....

Twitter for Beginners

Written by: Angela Lindsey

Not everyone "gets" Twitter these days. It's been out for a few years, but the minute someone signs up for an account, they stare at the 140-character box and the question "What's happening?" and clam up. What do you type there? How do you connect with real people using only 140 characters? Once you really get into it, Twitter isn't as intimidating as it looks, and it can be a wonderful resource for everything from social conversations to networking for businesses. Here's how to get started.

First, create an account. You choose a username, which is also part of your URL to visit your personal Twitter page. Use something personal to you, but something that you don't mind the world knowing. You are given the option to have people search by the e-mail address that you provide, but you can disable this option simply by clearing the box next to that option. Choose a secure password, and click "Create my account".

From here, Twitter helps you choose things that you are interested in. When you select a topic, you are given a list of Twitter users that fall under that category. If you choose Entertainment, you are given a list including Penn Jillette, Jim Carrey, and Drew Carey, amongst others. Choose the accounts you wish to follow, and click on the button to advance to the next step: friends.

Before we continue, you may wonder what it means to "follow" someone. Following someone is basically like

adding them as a friend – you can see what they write on their page, and you are allowing them to see what you write, if they choose to do so. These updates (or "tweets", as they are commonly known) appear on what is known as your Timeline – a list of everyone you follow and their updates, as well as updates from your own account. Think of it like Facebook's friend feed – real-time updates from those on your list.

The "Find your friends" step allows you to use your Gmail, Yahoo, AOL and LinkedIn accounts to search for contacts that you already know, and follow them this way. If you would like to skip this step, simply click the button to advance to the next step: search. This search allows you to search for specific users by name or username, and follow them this way. (The first account you should search for is SMUJournal – that's us!) Once you're satisfied with your list of followers, click "Next step: You're done!" and you are ready to begin your Twitter adventure.

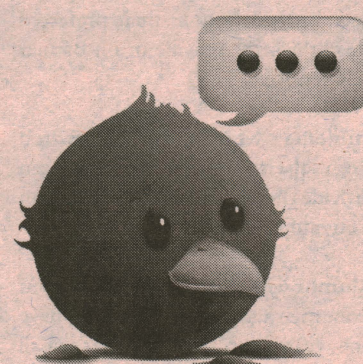
There are a few things that are important on this page to getting used to the layout of Twitter. The tab you first see is your Timeline, which I've mentioned above. Click on the tab next to this, "@Mentions", and you will see anyone that has mentioned your Twitter username in their update. This is the easiest way to have a conversation with another user, but this conversation will be public, so don't put anything too personal in this sort of conversation! To

mention someone in one of your updates, simply use "@username" when you would like to mention them. For example, you can use "@SMUJournal – love the latest issue!" and this will show up in our @mentions column.

Next up is Retweets, which is a bit more complicated. This is when someone quotes your update, word for word, in their own update. In this tab, you can see Retweets by others (people you follow who have retweeted something), Retweets by you (things that you've retweeted – to do this, simply click on the "Retweet button on the update you want to quote), and Your Tweets, Retweeted, which is your place to see what updates you've made that others have decided to include in their own feed.

On the right-hand side, you will see statistics. The Trends column is a list of all of the topics that are currently popular. Many people use something called a hashtag in their update to group all updates related to a certain topic. For example, we could include #SMUHuskies in a message, and every time someone used #SMUHuskies in their own update, you could see all of them in one place by clicking on the link that this creates. You can change the location of your trending topics to watch – you can watch worldwide topics that are popular, or just a specific area.

Some of the more important statistics for many on the right-hand side of the page are the numbers. Your



tweets is a count of every update you've made on Twitter, Following is a count of the people that you follow, Followers is a count of people following you, and Listed is a count of the user lists that you've been included on. Click on these numbers to see an actual list of the users included in this category.

The best way to get your feet wet when it comes to Twitter is to just start updating. It doesn't matter whether you feel strange – just create an account and go for it. Start a conversation, post an opinion, and start following people. Start with The Journal – follow @SMUJournal and say hello!

Week-in-business

Written by: Kerry J. O'Rourke

JOBS: Unfortunately the report on jobs or lack thereof isn't good – state side. America shed approximately 159,000 private sector jobs in September. A mere 64,000 jobs were created during the same period. It's an American statistic, but our interdependence in some cases stands as a good gauge of headwinds, we as Canadians might feel North of the border!

TECHNOLOGY: Microsoft launched Windows Phone 7 a new operating system for cell phones. They're looking to improve on the current 5% of the market Microsoft currently holds.

INTERNATIONAL: Do you remember or have you heard of the problems Greece has been going through with their debit? Well last week Greece raised €1.2 billion (\$1.7 billion) in a heavily oversubscribed treasury-bill auction. In simple terms, the market was hungry to buy their debt.

CORPERATE AMERICA: The GAP (NYSE: GAP) announced they've decided to drop a redesigned a new logo for the American market after a week. Their customers thought it was hideous.

OIL SPILL NEWS: Remember the huge oil spill this past summer care of BP? Well, the moratorium that was imposed because of it has been lifted. In simple terms any new drilling or exploration was to be immediately halted; It was supposed to last 6 months! Drilling and exploration will begin again, effective immediately. The reports suggest anywhere from 8,000 to 12,000 jobs were lost from the moratorium. What's the environment worth?



Name: Suvir Pursnani
Position: Student Life Editor

The Journal: Student Life

Seniors Need Some Love Too

Saint Mary's Senior Society

Written by: Suvir Pursnani

That's right. If one looks around Halifax, one will realize the massive population of senior citizens we have. There are so many homes and facilities for them, but what do they actually do all day? Some just waste the day away and don't do anything. Maybe a walk in the park occasionally, and that in itself would be the highlight of their week. It doesn't sound like a very exciting life; old, alone, and forgotten. We're better than just ignoring the senior community. Two full time SMU students, Luke Proffitt and Ben Royal Preyra, say that Halifax is better than this. Luke and Ben have just started a new society here at SMU called the Saint Mary's Senior Society and are looking for more volunteers to join their expanding cause.

The effort started early in the summer when these two friends realized they wanted to do some serious community work. They did some brainstorming and realized how Halifax had one of the largest senior populations

in Canada. They thought back and recognized how their own grandparents acted as role models to them. It was time for them to return the favor. After a lot of research (hundreds of surveys worth) and the help of the Spencer House, a local facility for senior citizens, Maritime Blue was born. Through their hard work, Luke and Ben even managed

"It's better than looking at the four walls all day"

to get their organization recognized and funded by United Way. Maritime Blue was formed with one goal, care for senior citizens.

Through their recruitment of volunteers, Maritime Blue was able to start a games afternoon every Friday at the Spencer House. I even took part in this during the summer when I first met Ben. His enthusiasm was out of this world. I had a fun time with the seniors, and this is coming from the same guy who wrote about how much he loved partying in the first issue. I remember something that one of the regular seniors, Cecille, said to me: "Thanks for this; it's better than looking at the four walls all day". They continued to expand their project with the addition of more events and more locations for said events. As Luke says "The senior citizens really love this. It's something for them to look forward to every day. It's a way for the youth to interact with the seniors and get a real feel of doing something good for



the community". Ben adds "The seniors around Halifax shouldn't be forgotten, and this is what we're trying to accomplish with this project". They mentioned future plans which include more weekly events, expansion of the organization, and implementing a buddy system where each senior is paired up with a student to give them company in their free time.

The duo started SMSS here at SMU to get more people involved. They want more volunteers to help the expansion of the project. I say that joining is a good idea. Go out and get some community service in. You'll

be surprised to see what these old folks have to offer. Imagine when you're old and grey, you'll wish that you had a young kid around to give you some company from time to time. If my words have affected you in a very cheesy way, go ahead and shoot an email to maritimeblue@hotmail.com to get more info.

Food, food, food

The Dockside Cafeteria

Written by: Suvir Pursnani

Warning! The following does not contain the opinions of the SMU community as a whole. Because I do not have the time to interview and poll each and every one of you, I can only state the opinions of those of you that I do know, and the people that I do know don't like the caf. I know a lot of people. Last year I lived one of the most amazing years of my life. Residence was a ball and the experience was just what I wanted and more. However, that school year was also a very unhealthy one for me. I lost a whopping twenty pounds and a notch on my belt within the eight months that I was dependant on the cafeteria. For those of you that have seen me, you would know that this is a lot (I'm very skinny). There were many reasons for this. I am a vegetarian and I didn't go to the gym a lot. I exercised a reasonable amount before and after winter, but not too much during it. Another reason that I think is worth looking at is the food I was eating.

I lived in Vanier, so I was automatically forced to get a meal plan because of the lack of a kitchen. I was also a first year international student. So my parents decided to put all the money I had for food in an unlimited meal plan. The first few days were alright, but it only went downhill from



there. Sure there was a salad bar and other healthy goods here and there. But in general, the caf offered unsatisfactory food; pizza, strange concoctions of stews, and weird representations of what appeared to be noodles. Some of the soups were alright, but was it just me or is it the same three options every day. They tried to put on international nights, and I commend them for that. The thought was nice, but the food was all wrong.

The grill was mediocre. The quality of the food coming out of that section varied from time to time. I wouldn't be able to give you my opinion on it,

but several people that I knew didn't have anything positive to say. The sandwich bar...well, the sandwich bar was my last resort and many times my only option. As a vegetarian, my choices were very limited. You can try to eat healthy in there, but I don't think you would be very satisfied.

The caf did provide us with something to talk about while we were in there. I remember having the same conversation over and over again about how bad the food was and how unsatisfied we were. This may be our fault too, perhaps we didn't voice our opinion. I know I

"I feel I was hustled out of my money; like I was forced to buy a meal plan to eat bad food."

mentioned it a few times and I wrote a few notes in their suggestion box, but maybe this isn't enough. I felt that I was hustled out of my money last year; like I was forced to buy a meal plan to eat bad food. Don't get me wrong, I don't hate the dockside. Overall, the staff was friendly and the place in itself is a great place to hang out. The reason I survived is because of the one section that served fresh and healthy food on the far end of the grill. I even respect them for having compost bins at the plate scraping stations. Their rules on what you're allowed in and out were a little stingy though. Also, I don't think off-campus students should starve if they want fresh food but don't want to pay \$10 for an all you can eat buffet. Other than that they put on a very student-friendly atmosphere. The food though... It was enough for me to move off-campus. I don't know what it's like this year, but for the sake of all the unknowing first years, I hope they have improved.



Write for the Journal and reach new heights!

thesmujournal@gmail.com

The Journal: Student Life



Name: Suvir Pursnani
Position: Student Life Editor

Residence Assistants

An Inside Look

Written by: Suvir Pursnani

My RA last year was great. She helped me out whenever she could and advised me on different situations I came across as a first year international student. They're the type of people that go out of their way to help someone out. I know it's their job, but they do it because they simply enjoy doing it. Another characteristic that can be found in RAs is their endless friends list. Overly friendly? Maybe. But college is all about making new friends and I'm glad to say that I can call some RAs my friend. This issue I wanted to take a look at how the job of a residence assistant works. I know there's more to it than meets the eye. So that's when I decided to give my old pal Ndaku a call.

Ndakudzwa Mazhude is a second year commerce student hailing all the way from Zimbabwe. Not only was he rated the most popular international student of '09 he's also one of my close friends. There isn't a person he doesn't know on campus. All that mixed with his charisma and helpfulness makes for the ideal RA...Super RA. Ndaku got into the business

because he realized he wanted to be there to welcome the frosh next year like his RA before him. He wanted to continue the prestigious legacy held by SMU RAs. "I love helping out and it's a great way to meet new people" says Ndaku. "Applying for an RA position just made sense."

The 'spread the love' attitude is just what the lovely ladies at the Residence Life office are looking for in selecting the team of RAs. They're all a close bunch of people. Together they form a tight-knit community that trust in each other and in their respective residence coordinators. There's more than their individual friendliness to blame for this. I hear that Camp MushMush has a role to play. Before the academic year begins and before all the students arrive on campus, all of the RAs retreat to Camp MushMush for intensive training. Other than the great food offered, RAs build their trust in each other and learn about different components of the school. They are trained in various issues that relate to student life. It's their job to be resourceful and I'm

sure they learn all about this at camp.

Ndaku continues "There's a lot of behind the scenes work, especially at the beginning of the semester when the students start coming in". Everything from light maintenance and room checks down to writing the names of students down on their respective doors and meeting the family. It's a laid back job for the most part, but I can see how it can get chaotic for them. Ndaku explains that an RA has to be there for a student, whether the problem is academics, emotional, spiritual, financially...etc, the list goes on. Different problems can arise on the floor, and an RA has to be on call 24/7 to deal with them. He brings up times when he was woken up in the middle of the night because of his floor mates yelling that the "toilet has exploded" through his door. When I asked him if he liked being an RA, he replied instantly: "I love it!" The best part about it is the big room he says jokingly. He loves his floor and the job is very fulfilling when we talked about his expectations.

He likes planning several things for his floor. It's great to see a floor come together. There weren't too many events on my floor last year, but the great part was that everyone's doors were almost always open. Ndaku relates to this, he likes popping into floor mate's rooms or having them come into his room for some chill time. A challenging part about being an RA is getting to know everyone's likes and dislikes. "Some people might

like one thing but others might not, it's difficult to plan events that everyone would be up for, especially since SMU is such a diverse school." He also adds that it helps to have such an awesome residence life department. They're open to any suggestions and are constantly trying to improve residence and its services to the students. The team of Super RAs were put together in order to fight against the evils of homesickness and boredom. They shall continue to endure through all obstacles to reach their goal of ultimate satisfaction from all students. On an end note Ndaku wanted give a bigups to his floor D4 and let the other floors know that they'll be dominating this year at Battle of the Floors. I want to personally thank Ms. Kati Kilfoil and the whole residence life department for allowing this interview to go through. Hope this article brings a newfound appreciation to your friendly neighborhood RA.

"The team of Super RAs were put together in order to fight against the evils of homesickness and boredom"

Crossword

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43				44					

Across

1. Repose
5. Accidental toe kick
9. Honk
11. Electricity measurements
14. Waterloo dark, for one
16. Guitar speaker
17. Hospital scan
19. Boat propulsion
21. Subject changer
22. Figurant (abbv.)
24. Speed competition
26. Messes up
28. Capable
30. "Rencontre"
32. Age defying oil
35. Nature zone in a city
37. Historical time period
38. Lazy slob of Shaun of the Dead
40. Blessed inheritors of the earth
42. Sexual giving and receiving of pain
43. Bar bill
44. Leg joint

Down

2. Alien who rides in bicycle basket
3. Cry noise
4. Foot digits
6. 'Don't touch' for a baby
7. Actress Thurman
8. Tempo measurement
10. 3 down by-product
12. "Out, damned ___!"
13. Property measurement
15. American CD moguls' club

Down

18. Half a school year
20. Ontario's booze emporium
23. Well dressed social clique
25. Her, in France
27. Where cloth meets
29. Aural receptors
31. Trip
33. Sweet potatoes, to the States
34. Animal doctor
36. Ryu's rival
39. Trio's biggest hit
41. Nairobi's country (abbv.)

Answers

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Name: Kyle Trimper
Position: Art & Entertainment Editor

The Journal: Arts & Entertainment

Your campus living room: get 'em out by 7!

Written by: Kyle Trimper

I was flipping through my SMUSA student handbook the other day, and I noticed that the Gorsebrook Lounge allows underage students from 12:00PM until 7:00PM. I found this a little bit odd, considering that most of the pubs downtown allows minors until 8 or 9. Now, I understand that underage students aren't allowed after 7 because the kitchen closes and the establishment becomes exclusively a liquor service. However, maybe the kitchen should stay open a little longer, like the rest of the pubs and restaurants in Halifax.

My point is that the Gorsebrook is not just another Halifax pub; it is a Saint Mary's University student service. It's an on-campus student hangout; (I quote the student handbook verbatim on this) "the focal point of the social scene" and "your campus living room". I can't speak for everybody, but I usually like to be comfortable in my living room, and I also like to be allowed in it from time to time.

The common argument made by legal-aged individuals is that underage university students are a minority. Normally, however, most students begin university at 18 and turn 19 at



some point throughout the following year. There are even some students, albeit a tiny minority, that are in their second year and are still underage. Despite this, nearly half of the events listed on the frosh week calendar take place at the Gorsebrook. Do they make a special allowance? I don't know. If so, great. If not, new students are being treated unfairly.

Of course, the next argument is that underage students have all afternoon to visit the Gorsebrook. That's fine, if you are just hanging out in between classes. Most students, though, are busy throughout most of the day. Others have legal-aged friends who don't go down there during the day.

Also, and this is the big issue, none of the events and entertainment are planned until after 7.

Oh, sure, once every few months they have an all-ages night, just to make the underage students feel welcome and included, but the reality of university is that students are very segregated by age here, and underage students are usually left out. I can tell you as a second-year underage student; it's not a lot of fun. Even if you don't drink, you still feel held back by age.

I mean, the Gorsebrook is a pub, and I understand that there is a time when underage students shouldn't be in there; however, it seems a bit strange to me that a student service that claims to be my living room closes earlier than Gatsby's, which has no responsibility to minors whatsoever. My campus living room? I don't think so. I usually sit in my living room whenever I feel like...

HAMLET: ALL ABOUT THE ACTING

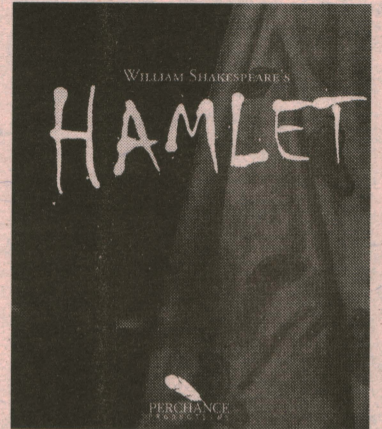
Written by: Kyle Trimper

Hamlet is probably one of Shakespeare's most well-known and best-loved plays; however, I had never read the play, nor was I aware of the complete plot before watching Perchance Productions' enactment of the play at the Bus Stop Theatre.

The Bus Stop Theatre is almost exactly that: it is not grandiose by any means, and in fact, most of the actors and staff are volunteers. When I took my seat, I realized that the stage was a platform roughly the size of a king-sized bed, with a level area surrounding it about the size of a small living room. At first I wondered how they planned on performing a play in such a small space; then I realized that the stage is probably quite authentic and akin to a Classical or Shakespearean stage.

All visions of authenticity were shattered, however, when the characters appeared in a bizarre mix of modern and traditional dress. Some of the costumes were fairly well done; others appeared to be scraped together out of old Frenchy's clothes. I have to say that the costumes were among the worst I'd ever seen.

The acting, however, was another matter. I have to admit I'm not a huge fan of the theatre; I prefer films instead. I do appreciate, however, the incredible talent that a theatre actor has to have in order to make his/her character believable. Film actors can



act somewhat naturally; stage actors have to tread a fine line between being grandiose and too over-the-top. Most of the actors were very good at this; they played their characters larger-than-life, but not silly. Hamlet, Claudius, Gertrude, Polonius, Laertes, and Ophelia were played well. Other supporting characters were just a little bit silly, but comedic characters are bound to be silly.

The main emphasis of this play seemed to be the acting; not props or special effects. It was a very Classical play in this sense. By all means, go and see this play, but don't expect a grand affair with rich set designs and costumes. It's all about the acting here.

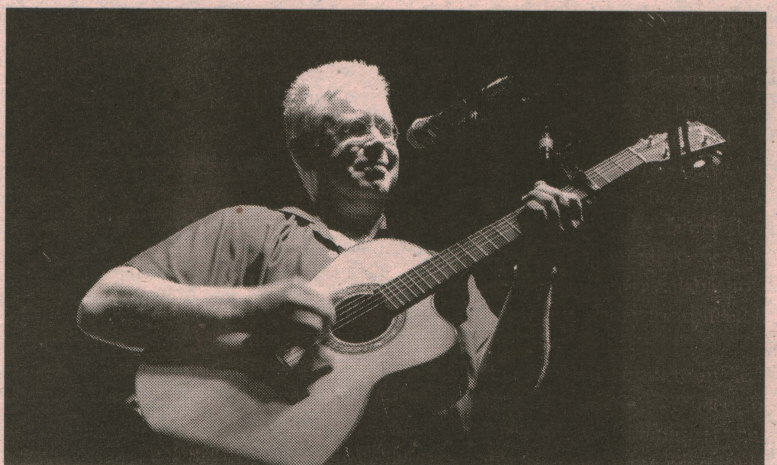
Remaining performances will be on Thursday, Friday, and Saturday at 8:00 PM, and Saturday and Sunday at 2:00 PM.

Illness keeps Cockburn from Halifax

Written by: Kyle Trimper

Canadian musician Bruce Cockburn has been forced to cancel his upcoming tour of Atlantic Canada, including shows in Halifax, Moncton, Quebec City, and Lunenburg, due to illness. Cockburn is suffering from pneumonia and a partially collapsed lung, and was advised by his physicians to cancel the upcoming shows. Cockburn is expected to make a full recovery. Cockburn says

on his Facebook page, "I'm very disappointed to have to cancel this tour and know how inconvenient it is to many but I'm just unable to perform in this condition. I hope we will be able to reschedule all of the dates in the not too distant future. I'm looking forward to getting back to each of the cities and towns on the tour as soon as possible."



The SMU Soapbox

496-8201



The Journal: Sports



Name: James Urquhart
Position: Sports Editor

A Forgotten Testament to Collective Will

Written by: James Urquhart

Rugby is a time-honored tradition, and it is one of the most popular sports on the other side of the Atlantic Ocean, and in most other parts of the world. Here in Canada, it is often lost amongst the more popular sports such as hockey, basketball and football. But rugby players deserve a lot of respect in their own right. I mean really, how many other sports are as physically demanding as rugby? There is little to no equipment to prevent injury; it is fast paced and dynamic; any game can turn around in a matter of minutes and if you like physical contact, man does this game supply the hits. For a culture so fixated on sports that portray physical violence, it is really hard to believe that rugby is not more popular. This is not to say that rugby does not require careful planning and strategy like any other sport; in fact, rugby, due to its speed and dynamic nature, forces coaches to adapt more strategies than coaches in many other sports.



Given all these great features of rugby, one would logically think that people would be lining up to watch rugby games. Sadly this is not the reality of the situation. I took the liberty a couple weeks ago to attend a game here at SMU. The women's team here at Saint Mary's has always been an interest of mine as a sports fan, but I have never made the time to go and check out one of their games. There are a lot of preconceived notions that I have heard floating around with regards to women's rugby. For one, I have heard that it is really dirty sport. I have long heard stories of hair pulling, eye gauging and the like. Although I did not witness any

of these activities, what I did however witness was a group of women working their tails off for an entire game. It was refreshing to see a group of ladies that worked so well as a collective towards a common goal. The game itself was fast paced and I had no idea what was going to happen from one play to the next. Another aspect of the sport that really intrigued me was the level of camaraderie. It is often the case that teammates have a bad habit of getting on each other's case when things are not going the way they would like them to go. But this was not an issue for the woman's rugby team. They were all very encouraging of one another and did not let the little mistakes affect sportsmanship.

We could all stand to learn a little bit from the effort displayed by these ladies out on the "pitch". Although the result was obviously not the one desired (unfortunately the women fell to Acadia), these ladies were still

positive and encouraging of one another. Other sports teams could benefit from adopting this attitude towards sports. In fact, we could all benefit from having a more positive outlook on life, could we not? The end of the rugby season is fast approaching, but it is never too late to come out and show your support. I know that the women would certainly appreciate a good turn out for the last few games of the season, and I am sure that it would defiantly lift their play if there were more fans at the games. If SMU wins their game this Sunday (October 17th), then they will be in the playoffs. If they do in fact pull it out, I know I will be there cheering them on as they play our rivals from Acadia. I would strongly suggest that you did the same. Get out there and show them your husky pride!

Sports Results for October 8th through October 15th

FOOTBALL:

October 8th:
Saint Mary's @ St. F.X.
43 16

October 15th:
Saint Mary's @ St. F.X.
41 6

It's the Most Wonderful Time of the Year

Written by: James Urquhart

In my household, October is the most sacred time of the year. Never mind Christmas, never mind Easter, or any other token religious holiday for that matter, when it comes time for giving thanks, it is always when the major league baseball postseason begins. I have played baseball my entire life growing up and I will tell you that nothing is better than the real thing. But it is still pretty hard to beat the MLB playoffs.

I am admittedly a bit behind the eight ball, but the second round is when things really get interesting anyway. Just to provide a brief recap, in the first NLDS the Phillies made short work of the Reds in three games. Props go out to Roy "Doc" Halladay who continued his remarkable season by tossing the second ever recorded no-hitter in MLB playoff history, in his first post season start, to top it all off. In the other NLDS, it was the Giants over the Braves three games to one. In the first ALCS, the powerhouse Yankees beat up on the twins in a series that was an obvious mismatch from the get go. And finally, much to many people's surprise, the Rangers beat the Rays in the other ALDS. It was a tough five game series in which both teams gave it their all. Most will view this win by the Rangers as an upset, but the Rangers certainly earned it, as they were undoubtedly the better team in the series.

So were do we go from here? Who will be holding the hardware when it



"life is not always like star wars; sometimes the evil empire does in fact rule the day"

is all said and done? Well, predicting the outcome of the World Series is certainly a tall order, but I think that I have a pretty good idea of who, if they play to their full potential, should be the champs when it is all said and done. First things first, we have to deal with the League Championship Series. Between the remaining AL teams it will be close. The Yankees are the perennial powerhouse in the AL, and this year is no exception. I am a diehard Yankee hater (when I was kid growing up, I was convinced

that George Steinbrenner was the Devil), but I nevertheless have to acknowledge their talent. The thing that concerns me is that the Yankees are plagued with a multitude of injuries to key players this postseason, and this could dramatically affect their performance. The Rangers on the other hand look really good, and have been a fresh surprise in an otherwise cliché filled league. Their pitching was unbelievable in their respective ALDS, and if they are to compete with the Yankees, they are

going to need that to continue. My prediction: Yankees in 6. It will fast become a case of experience over inexperience. Do not let the Yankees' banged up rotation and batting order fool you; they are still the Yankees, and they will win this series. In the NLCS, it is a battle of the recent World Series champion Phillies, versus a rather inexperienced and youthful Giants team. The Phillies are loaded top to bottom. Their pitching staff is probably the best in the Major leagues, and they have the best pitcher in baseball in Halladay (yes I said it... eat your heart out Sabathia). Their offense is strong, and has routinely feasted on opposing pitching all season long. On the other side of the coin, the Giants also have a formidable pitching staff, and a young pitching stud in Tim Lincecum. They are a very powerful team offensively, but have lacked consistency this year. My prediction: Phillies in 5. I wanted to call it a sweep, but I have a feeling that the Giants will be able to pull at least one over on old Charlie Manuel. The unfortunate thing for the Giants is that every night that Lincecum is on the mound, Halladay will be his counterpart. Lincecum is their best hope to steal a game or two, but who knows, maybe the Doc won't be in (ya right).

So this brings us to the World Series. Will the Phillies return to glory or will the Yankees repeat as champs? By the time both teams reach the World Series, they will be battered and bruised. The MLB campaign is

a long one, and the prize at the end of the tunnel is reserved for the team that can best pace themselves. My Prediction: Yankees in 6. Like I said, the season is a marathon, and the Yankees are the best marathon runners year in and year out. Yes the Phillies are good; there is no doubt about that. But the Yankees are just that little bit better. They have proven year in and year out that they are a legitimate title contender every single year. This year is no different. They have had a few rough patches down the stretch, but when it comes time for dealing, they always but their money were their mouths are. The Yankees' offense matches up unbelievably well with the Phillies' pitchers, and this will be the pivotal factor in the series. The Phillies are a team that feeds off their pitching, and when their pitchers are not fairing well, neither does their offense. Unfortunately it will be a case of déjà view for the Phillies this year. Despite being a bit banged up, the Yankees are still bigger, stronger and deeper than the Phillies. Sorry Kerry, you will be keeping that hat on until it is all said and done, but it will unfortunately be all for not. I feel for you buddy, but life is not always like star wars; sometimes the evil empire does in fact rule the day.

The Journal: Sports



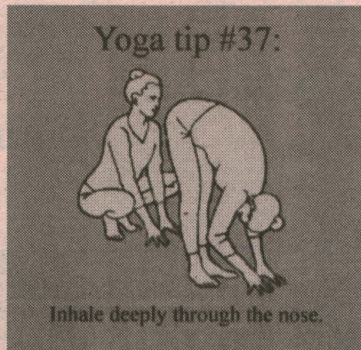
Name: James Urquhart
Position: Feature Editor

How to Stay in Shape and Still do Well: Doing Yoga

Written by: James Urquhart

This is a new article to this week's paper in which I will suggest to the student body some easy, fast and in most cases cheap ways to beat that dreaded freshman fifteen (which has a bad tendency to become a four year total of 50 pounds come graduation time). Lets face it; university students are busy. We have to do school work, and then go work a job so that we can continue to do school work, engage in some non-academic extracurriculars, maintain relationships and in many cases volunteer. There comes a point were we all feel the crunch, and we begin to ask ourselves how it is even possible to fit in any exercise at all. Again, I am not suggesting that you go to the gym six days a week, nor am I suggesting you buy p90x and commit to that crazy workout schedule (kudos to those who are currently doing either of these things). All I am saying is that you have to incorporate physical activity into your schedule at some point (that does not include crushing beer cans on your head on Friday or Saturday night). Many studies in the past have shown that a healthy body is necessary for your mind to function at its optimal level. This being said, not exercising is not an option. Even if it is only 30 minutes a week, just get out there and do something.

This brings me to the topic at hand: Yoga. And before you discount yoga as something that only girls do guys, consider this: Yoga will make you insanely flexible. And to steal from my good friend Suvir, flexibility



could really be a catalyst to having a more memorable and enjoyable visit to Point Pleasant Park our next time around, if you know what I mean. Yoga is not just about flexibility though; it also helps with upper and lower body strength; cardiovascular strength; endurance and core strength (and really who doesn't want to tone up their abs?) And do not worry, the instructors are really accommodating to all skill levels. It will take several months, maybe even years, depending on your current level of flexibility, before you get tied up in knots and are doing those crazy positions; you know the ones I mean, the ones that make most of us cringe just thinking about them. Yoga is also surprisingly fun. I know, I know, you are probably asking what could possibly be fun about a mat and your body? Well, there is this inexplicable joy that I personally get from doing yoga, and other people seem to share my sentiment. There is also something really enjoyable about an activity that helps you to work on yourself, so to speak. And what is one of the best

"And to steal from my good friend Suvir, flexibility could really be a catalyst to having a more memorable and enjoyable visit to Point Pleasant Park our next time around, if you know what I mean"

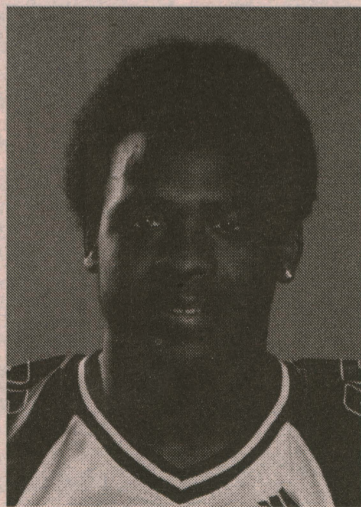
parts about practicing yoga? It is relatively inexpensive when compared to many other ways to keep oneself in shape. All you need is a mat, and when you are a beginner, I would suggest a yoga block, as it will make you life a lot easier. Courses are not very expensive, and many gyms/yoga centers allow you to attend a class for free before you commit.

Yoga is a great physical activity for people of all physiques and levels of athleticism. Many professional athletes have made yoga a part of their workout routines. This goes for myself as well. I try to incorporate yoga into my running training at least once a week. I have found that the increases in flexibility and stamina have been unbelievable and now I would never give it up. I was skeptical like many of you at first, but once I got into it, the results put all my worries to rest. So get out there and give yoga a try. I guarantee you will be glad that you did. Until next week eat well, study hard and keep up an active lifestyle.

And You Were Worried About the Football Team

Written by: James Urquhart

If you are a football fan, and more specifically you are a football fan at Saint Mary's, you may have noticed a certain level of panic amongst the student body when our beloved Huskies got off to a less than desirable start. One has to ask oneself why there was such a state of panic? Huskies teams of the past few years are perennial slow starters. And this year especially, we have a very young team. Did the student population expect that these young players were going to magically become exceptional over night? Football is a game of systems, and very complicated systems at that. It takes time for new players to become accustomed to playing in a system that is very different than the one they were accustomed to in high school. And the negative attitude around campus has been astounding. Since when do we criticize our players like that? Sure they took a good licking at the hands of Laval, but Laval could



beat any team in this country by that margin on any given day. I call upon you, the student body at Saint Mary's, to once again get behind our team, both in body and in spirit. Come out and support the Huskies, and before you go to open your mouth to criticize the football team, remember

what Coach Samara is working with. He will get the team there, but not without the support of the fans here on campus.

Enough of that; lets talk about the midseason resurgence in the play of the Huskies. As the old adage goes, what a difference a few weeks can make. And really, the difference has been like night and day. Week one there was no offense to be found. Fast-forward all the way to weeks four and five, and the Huskies' offense is really starting to click. One week after simply embarrassing Acadia, the Huskies took it upon themselves to beat up on St. FX. equally as badly. And really the resurgence can be accredited to everyone across the board; it has really been a team effort. Micah Brown is really coming into his own, and has become an on field leader, something the Huskies have desperately been looking for. By the end of the season, I would

strongly suggest that Acadia watch out because he has made their secondary look quite bad so far this season. Hats off to Dan Shutle, who has been a monster since day one. It certainly helps the team's play when the opposing quarterback has this guy starting him down before every snap. And who can forget the play of Jahmeek Taylor. Now I know that it would normally be seen as horrendous strategy to not punt, but with Taylor on the field, opposing coaches may want to consider this strategy. This guy has three return touchdowns, all of at least 56 yards, in the last two games. That is unheard of at this level of play. So enough of this negative attitude with regards to football at Saint Mary's; get out there and show your support. The Huskies need you out there making noise in order to distract the opposing offense; however, make sure to only be loud between plays when the Huskies have the ball on offense. Bring your

noisemakers, bring a friend, just do whatever it takes to make some noise. Lets fill the stands for the rest of the season and show our boys that we are firmly behind them.



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