

the journal

Saint Mary's University's Independent Student Newspaper

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Photo: Facebook

SMU Habitat Society helps Alabama community during reading week

SARA LANGILLE
News Editor

During spring break 2014, many Saint Mary's students could be found at home with their family, in the library or on vacation – however there was one group of students who dedicated their time off in order to help others. The Saint Mary's University Habitat for Humanity Society traveled to Alabama to help build homes for families in need. Habitat for Humanity is an international non-profit organization dedicated to building shelters for both families and communities. Saint Mary's student societies only became affiliated with Habitat for Humanity group four years ago, yet in that short time they have had a huge impact.

In past years the SMU Habitat for Humanity society has traveled to a small city in Texas that is considered one of the

poorest in the United States. They have also traveled to Florida to help rebuild a community after a hurricane swept through the region. First year student Brady Reid joined Habitat for Humanity and got the opportunity to travel to Alabama this year. Reid joined the SMU Habitat society so that he would be able to make a positive difference in the lives of others.

"To me, the SMU Habitat for Humanity trip to Alabama during our reading week was an inspiring, fun, and inexpensive way to travel abroad and help people" said Reid. "I was initially intrigued by the trip early in the fall semester, hearing that it was a road trip through the United States to Birmingham, Alabama, with many tourist stops along the way." Reid was one of 37 students who participated in this year's trip, resulting in news coverage from

media outlets both in Alabama and Nova Scotia.

The SMU Habitat Society was welcomed in Alabama with open arms. Upon their arrival, the group even received offers for homemade meals from friendly locals. For Brady Reid, not only was the trip an amazing volunteer opportunity but it was also a chance for him and many of the other students to see another part of the world. When asked what the trip meant to him as an individual, Reid felt that this was "the perfect opportunity to jump on board and see another corner of the world as well as lend a hand in someone else's life." The volunteer build, which he had originally been excited for, turned out to be much more moving and touching than even he could have anticipated.

Habitat for Humanity at Saint Mary's will continue to offer these trips and help others. Reid would recommend the group to anybody and says there is a feeling of good when you help others, unlike any other feeling out there. "Taking your time to work on another's persons home and actually seeing the impact that you personally will have on their day-to-day life is incredible and I would recommend both volunteering abroad with the SMU Habitat society as well as participating in many local Habitat NS builds that happen throughout the summer and fall."

When the society is not on trips to help people in other parts of the world, they are helping people in the local community in order to make sure Halifax residents are always sheltered.



Jill spoke to local media about volunteering in Birmingham with Habitat and Collegiate Challenge. Photo: Facebook

Loretta Saunders remembered

SARA LANGILLE
News Editor

The murder of Loretta Saunders was devastating for Nova Scotia and especially Saint Mary's University where Saunders attended as an honours student. A vigil was held in her memory March 20th in Halifax. One of Saunders's last goals was to complete her thesis in order to bring light to missing and murdered aboriginal women in Canada in order to mobilize the federal government more interested in solving these disappearances. Ironically, Loretta became one of the many statistics she wrote about.

Saunders's story quickly spread throughout Canada and brought attention to Ottawa about the plight of missing aboriginal women in Canada. After Saunders was found and brought home, a vigil was held in Ottawa to honour her and other missing aboriginal women in Canada. The issue had been brought to the attention of the federal government the day of Saunders's disappearance with a petition requesting a national inquiry about missing and murdered aboriginal women.

Saunders's death was wasteful and unnecessary; however she did not die in vain. Saunders's death has opened deaf ears to the facts surrounding missing aboriginal women. The reason people want an inquiry is because statistics show that aboriginal

women are five times more likely to be murdered than any other group of women.

Aboriginal women are burdened by many "stereotypes" which make them fall under the radar when they go missing. Loretta did not fit any of these stereotypes and neither do many of the women who go missing. This is the main reason why the Nova Scotia Native Women's Association is demanding the government put more effort into solving the cases of missing aboriginal women.

As a result of this tragedy, a new scholarship will be available at Saint Mary's in Saunders's memory. SMU President Dr. Colin Dodds announced on March 28th that the creation of this fund is a step forward in order to keep Loretta's memory alive within the university community. The requirement for the scholarship is that it is exclusively available for female students of SMU who show a community service towards the First Nations community.

Saunders will be remembered as the kind and intelligent girl that she was. She will be remembered as someone who fought hard for what was right. She was taken from her family, her long-time boyfriend and her unborn child far too soon. Above everything else, she will be remembered for her effort to always helping others strictly because it was her duty to do so.

Provincial funding to spark serious play in Saint Mary's new Sandbox

A three-year funding deal announced today by the Province provides Saint Mary's University, NSCAD University and Mount Saint Vincent University with \$150,000 per year to establish an innovative learning environment called a Community Sandbox.

Based on a concept developed at the Massachusetts Institute of Technology (MIT), sandboxes are loosely structured, entrepreneurial spaces where students come together to experiment with new business ideas and connect with industry to take those ideas to the next level. Both Guitar Hero and the E-ink used for Kindle and Kobo e-readers were conceived in a similar sandbox

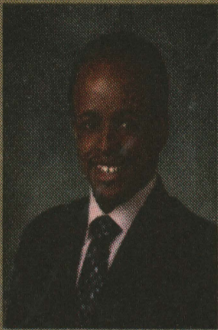
environment at MIT.

"Encouraging innovation is fundamental to the change our province needs," said Premier Stephen McNeil in a funding announcement on March 19th. "Nova Scotia's first sandboxes will be a great addition to innovation and entrepreneurship in our province and beyond."

Michael Sanderson, Manager of Skills Development & Training for the Sobey School Business Development Centre, likens the business sandbox to the sandbox we played in as children. The essential difference is that the students in Saint

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STUDENT & TEACHING EXCELLENCE AWARDS

Congratulations to all the Charter Day Winners of 2014

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 Prof. Todd Leader

Freshman of the Year
 Anna Ferguson

Society of the Year
 SMU-Q

Employees of the Year
 Matt Anderson

Faculty of Commerce Teaching
 Dr. Ethan Pancer

Sophomore of the Year
 Kelsey Webb

Most Improved Society of the Year
 WUSC

Jagmeet Brar
 "Ando" Endryko

Faculty of Science Teaching
 Dr. Kai Ylijoki

Junior of the Year
 Amanda Kolwich

Rev. J. J. Hennessey S. J. Medallion
 Vishwa Bhayani Amanda Kolwich

Katie Ryan
 Rachel MacDonald

Teaching Assistant of the Year
 Kelsey Webb

Senior of the Year
 Vincent Liang

Student Leader
 James Patriquin

Jenelle Reid
 David Hoskin

Overall Excellence in the Field of Education
 Dr. Alexandra Dobrowsky

Graduate of the Year
 Mohammed Al Hamdani

James Ryan Memorial Award
 Keith Hotchkiss

Certificate of Merit
 Ermal Loshi Emma Wicks
 Megan Neil Jeremy MacDonald
 Venktesh Sharma

Literary "M"
 Jonathan Shaw Brendon Lisi

Harold G. Beazley Award
 Paula Minnikin Marion MacKenzie

Rhian Mood Memorial Award
 Kristin Harpa Katrinardottir

Honorary Gold "M"
 Travis Smith

Kendon Matheson Memorial Award
 Samantha Burns Mary MacDonald

Mac Attack Award
 Sylvia Gawad Megan Neil

Silver "M"
 Michael Coady

Thomas Whitty Memorial Award
 Collette Robert Novaliyando "Ando" Endryko

Gold "M"
 Sylvia Gawad Gorba Bhandari

Driftwood Award
 Blake Johnston Lauren O'Neil

the journal

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Business Manager
Brendon Lisi
business.thejournal@smu.ca

News Editor
Sara-Dawn Langille

Arts & Entertainment Editor
Connor Donald

Sports Editor
Wes Wilcox

Layout Artist
Jonathan Shaw

Writing and artwork submissions:
Wednesday 5pm
(One week prior to publication)

the Journal

Saint Mary's University's Independent Student Newspaper

A Message from The Journal Publishing Society

Hello all Saint Mary's students! The next academic year is going to be an exciting one for The Journal and we are confident there are students reading this who can help guide us in the right direction. The Journal is looking to completely overhaul and update its content and style to better suit our audience. We have been publishing since 1935 and hope that you would like to help us continue this tradition into our 80th year. We are asking for excited, engaged, creative, and dedicated student staff with new ideas for The Journal to use for the upcoming year. We are currently for Section Editors (e.g. Business, News, Arts & Media, Science & Technology), a Business Manager, as well as a new Student Representative to sit on the Board of Directors. The Editors and Business Manager are compensated per issue for their efforts, and the Student Representative will attend 1 hour bi-weekly board meetings. We look forward to seeing your interest in revitalizing the Journal!

Sincerely,
Board of Directors, The Journal Publishing Society

OPINION

Learning to confront our own boundaries

MICHAEL CRATE
The Baron (University of New Brunswick)

ST. JOHN (CUP) — Recently I was walking in the back entrance of the student centre and I saw a person unloading some heavy, blue coolers. My initial thought was "Oh, that looks heavy! I should ask to see if she wants a hand."

Almost immediately, I thought "No, no, she probably doesn't want my help; it's fine for me to keep going my way." But as I opened the door to the stairs, it hit me — why wouldn't she want a helping hand?

I realized that there was no reason for me not to offer assistance to this woman. What was holding me back was my thought of impending social

awkwardness. Yet it was not awkward, she gladly welcomed the help I offered with happy surprise.

This is one example of the countless situations where I struggle to climb my 'Great Wall of Boundaries' daily.

Boundaries like this thwart us and the person we choose not to encounter from a very real and beautiful human experience of positive interaction.

We all have our own 'Great Wall of Boundaries' that we are struggling to climb and are sometimes afraid to see what lies on the other side — what will happen if we take that leap of faith.

As we are all getting into this busy season accompany life as a student, I believe it is a good time for us to remind ourselves that we are here together and we should choose to do more for each other.

Send a Letter to the Editor!

Have a comment about one of our articles? Send your opinions to editor.thejournal@smu.ca and you might see it published in our "Letters" section. Letters should be 300 words or less and be persuasive but well-written. In order to publish your letters, we require your full name, but will never publish or distribute your email address to anyone. Let us know what you think, and see you in September!

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Scholarship in memory of Loretta Saunders

Media Release

Saint Mary's President J. Colin Dodds has announced the creation of a scholarship fund in memory of Loretta Saunders.

"Given the number of requests that I received on this topic I know you will agree with me that this is wonderful news that Loretta's memory will be preserved at Saint Mary's University," said President Dodds in a message to the community.

The award criteria, agreed to by the Saunderson's family, is that scholarships will be open to female students enrolled at

the University in good academic standing and who can demonstrate a record of community service to First Nations.

The number of scholarships awarded will depend on the size of the funds received.

The Loretta Saunders Memorial Scholarship fund can accept donations immediately through the Saint Mary's online donation form.

If you'd like to mail a donation, please use the Loretta Saunders Memorial Scholarship Fund Donation Form: smu.ca/webfiles/LorettaSaundersMemorialScholarshipform.pdf



Panti Bliss visit spreads message of tolerance

SARA LANGILLE
News Editor

Rory O'Neill, better known by the stage name Panti Bliss, came to Saint Mary's March 29th to talk about homophobia and other topics concerning the LGBTQIA community. O'Neill is from Ireland and is known for her viral video about discrimination faced by the gay community in Ireland. She is also known for her charm on stage and her extravagant personality.

O'Neill has many talents including acting, singing, motivational speaking and stage performance. She travels the world in order to spread the message of love and condemn hate based on sexual orientation. Her presentation at Saint Mary's specifically focused on gay rights moving forward and the issue of both social and political homophobia.

Ireland has been entrenched by the issue of gay rights for a long time and O'Neill has made it her mission to

change this way of thinking. She is most famous for her speech about gay rights in Ireland, which has been read in many countries and references in many of her public presentations.

"This is really a kind of a satire on marriage that is being conducted by the gay lobby. It is not that they want to get married; it is that they want to destroy the institution of marriage because they are envious of it ... You warp language, you manipulate words, you say 'Oh, there's an inequality.' 'There's no inequality,' I say to them. 'You know there's no inequality.' 'Yeah there is: we can't get married,' 'Oh yeah, you can get married. Of course, you're a man. You can get married, but you must marry a woman. That's what marriage is.'" — Panti Bliss

Saint Mary's was very glad to have the opportunity to invite O'Neill to Nova Scotia and our university. Currently Saint Mary's has a society called SMUQ, which helps both the LGBTQIA community and its allies in the fight against homophobia. All are welcome to join.

International Students

Working Under the Table

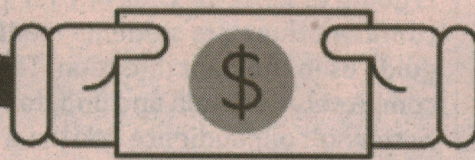


Illustration by Sam Bullis. The Dialog

TORONTO (CUP) — Toronto is one of the most multicultural cities in the world and with that comes students looking to further their education from other countries. With students coming from over 100 foreign nations to study at the city's urban George Brown College (GBC) and tuition fees rising, the pressure is on them to start finding work as soon as possible.

Under the table jobs, commonly

known as 'cash jobs,' have picked up momentum among international students looking for an alternative way to meet their expenses.

These jobs don't require a social insurance number or a work permit. It's a deal between the employer and the employee to work for cash. The employers sometimes pay below the minimum wage and dodge taxes, while employees often work more than

the specified hours they are allowed. Tutoring, editing classmates' work, dog walking, working in repairs, being a handyman or participating in day labour are some of the jobs available under the table today.

But of course it's illegal.

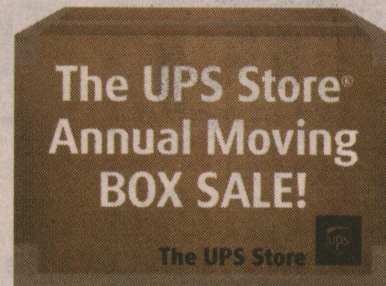
"The reason why we have to take cash jobs because tuition and living expenses are very high in the city," said

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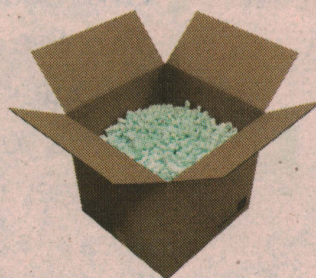
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Continued from Page 4

a former business student at GBC who asked to remain anonymous for legal reasons. "There is lot of exploitation when we work for cash. There is insecurity. We don't get paid on time and sometimes don't get paid at all."

Under current rules, international students have to wait for the first six months before being eligible for an off-campus work permit.

According to Citizenship and Immigration Canada (CIC), the new rules for international students will take effect on June 1. The six-month waiting period will be abolished and students with valid study permits (pursuing academic, vocational or professional training of six months or more leading to a degree, diploma or certificate at a designated institution) will be eligible to work off-campus for up to 20 hours per week during the academic session and full-time during scheduled breaks.

CIC claims that new regulations will improve services to genuine students, while protecting Canada's international reputation for high-quality education and reducing the potential for fraud and misuse of the

program.

Tuition fees for international students at GBC have increased, effective May 5, from \$5,700 to \$6,440 per semester for both diploma and certificate programs. Degree programs are increasing by \$950 this year for a total of \$8,250 per semester. For larger, more prestigious schools tuition can be much higher. For example, the University of Toronto has first year international tuition rates that can exceed \$30,000 and are expected to rise for the next few years.

According to the Canada Mortgage and Housing Corporation, the average rent for a two bedroom apartment in the Toronto's centre is roughly \$1,213 per month.

Working at minimum wage at 20 hours a week, can earn up to \$888 a month. Rental, on top of tuition fees being on the rise and the limited amount of hours an international student is allowed to work, the numbers just don't add up.

A marketing student from GBC who also asked that we do not use their name for fear of deportation explained why they are willing to work for cash. "We go for cash jobs for two reasons, everything is so expensive;

and they have a lot of restrictions on work permits."

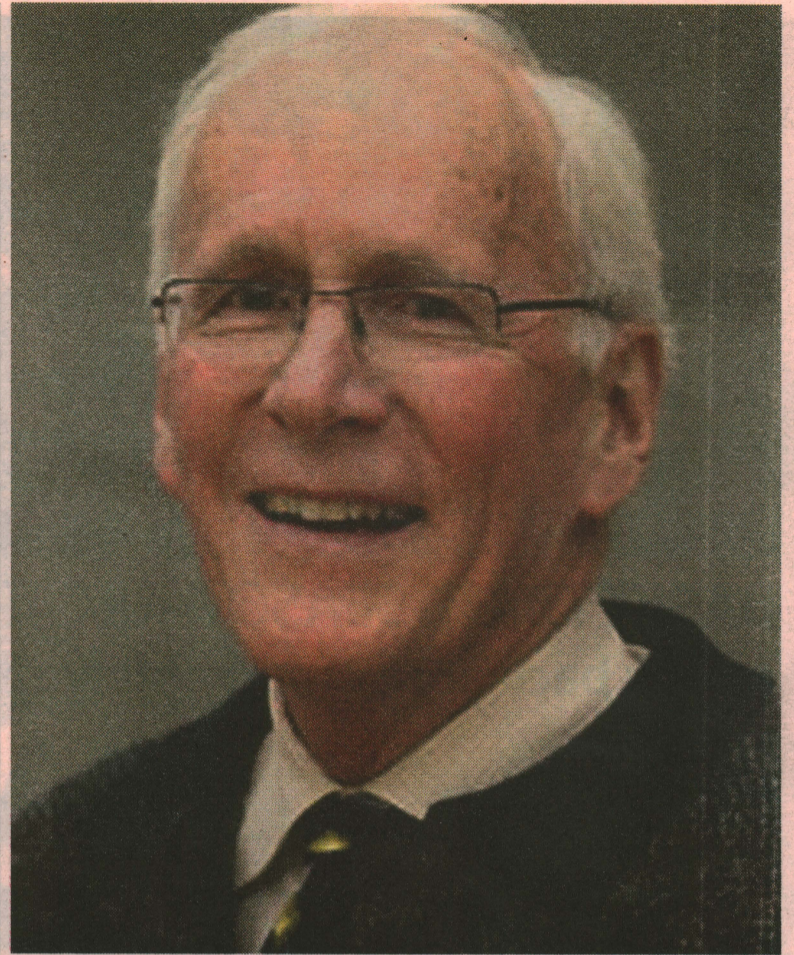
Citing their own personal story they said, "There is an employment agency in Cabbagetown [a Toronto neighbourhood], I went there looking for a job. After a few days they called me and said that they have some labour jobs available. They don't need your SIN, or work permit; they just want you to work. They collaborate with employers. They said that they will take 1.5 per cent commission per hour."

The International Centre at GBC is more than happy to work with international students. However, they can not help students with resident visas, study or work permits; one is directed to the official CIC website or call centre.

International students currently have the option of working for the school without a work permit. Also, if you can handle the workload, it is possible to work for the college while working elsewhere on a valid work permit and there is no law or policy keeping student from working 20 hours off campus and 20 hours on campus.

Not declaring income is a federal offence and may result in deportation for international students. But with tuition fees on the rise, and without outside support from family members or loans, many international students see working for cash under the table as a worthwhile risk.

"...without outside support from family members or loans, many international students see working for cash under the table as a worthwhile risk."



Murphy resigns as Saint Mary's Director of Athletics & Recreation

Media Release

Dr. David Murphy Saint Mary's University has accepted the resignation of Dr. David Murphy from the position of Director of Athletics & Recreation, effective today.

Dr. Murphy's resignation comes only weeks ahead of his scheduled departure, as the University is in the final stages of recruiting a new Director of Athletics & Recreation. Keith Hotchkiss, Senior Director of Student Services, will provide leadership to the department until the new director is brought on board.

Dr. Murphy rejoined Saint Mary's in September 2012 to serve as the interim director. Murphy previously held the Director of Athletics & Recreation position for five years in the mid-2000's before moving on to the top athletics job at Simon Fraser University for three years. While at SFU he was named by the Globe and Mail as one of the top 50 power brokers in Canadian sport.

"We are very proud of Dr. Murphy's many years of contributions to athletics at Saint Mary's," said Hotchkiss. "David has always worked closely with our student athletes and the academic community, and tripled the number of Academic All-Canadians within the athletic program during his time here. He is well-respected with coaches, staff, and alumni. We wish Dr. Murphy all the best."

Murphy graduated from Saint Mary's with a Bachelor of Arts in 1966 and during his time as a student, quarterbacked the Huskies football team to an Atlantic Bowl title in 1964. He continued his involvement with the Huskies serving as offensive coordinator on the 1973 Vanier Cup championship team. He also served on the University's Board of Governors in the 1980s.

Prior to his career at Saint Mary's, Murphy practised as a surgeon in Halifax area for 30 years and served as the Chief of Surgery at Dartmouth General Hospital from 1995-2001.

Provincial funding...

Continued from Page 1
Mary's Community Sandbox will emerge with the skills and mindset to launch a successful business.

"For students, this funding will foster a culture of entrepreneurial thinking," says Eric Crowell, Director of the Sobey School Business Development Centre. "It will also help Saint Mary's make a significant contribution to Nova Scotia's economic development strategy."

In addition to lead involvement with the Community Sandbox, Saint Mary's is also a partner with Dalhousie University, NSCAD University and Volta Labs in the ICT Sandbox, a pre-accelerator space that will encourage students to connect with business and industry partners to develop ideas for Nova Scotia's growing information and communication technology industry. Provincial funding for this sandbox is also \$150,000 per year, for up to three years.

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Basketball MVP Theon Reefer. Photo: Wes Wilcox

Female President Winner - Laura Langille. Photo: Wes Wilcox

Men's team celebrate their 2014 AUS Championship. Photo: Wes Wilcox

BASKETBALL SEASON RECAP

A look back at a remarkable year

MARK MOFFAT
Sports Editor

The 2013-14 season will forever be remembered for the Saint Mary's basketball program.

Both the men's and women's teams won the Atlantic University Championship and qualified for the Canadian University basketball championships with the best teams in Canada. The men's team ended the regular season with a 14-6 record, good enough for second place in the Atlantic University regular season standings. At the AUS Championships, the Huskies defeated the UPEI Panthers and the Saint

Francis Xavier X-Men to win the title.

At the CIS Championships in Ottawa, the Huskies were unable to beat their first round opponent the Alberta Golden Bears and lost their consolidation game to the McMaster Marauders. In terms of statistical leaders for this season, the scoring title went to Theon Reefer with 18.8 points per game. The top rebounder was Harry Ezenibe with 7.7 per game, who also was the best blocker with 1.3 per game. Ezenibe also won the CIS Ken Shields award for basketball, academics, and community service. The number one assists producer was Marquis Clayton with 4.9 per game. The Huskies sure will look to return to the

CIS Championships next season with 10 of this year's 13-man roster eligible to come back next year. However, 3 equally important players, Ezenibe, Riley Halpin, and Terrance Taylor, will not be coming back next year as their university eligibility has expired, but have already made their mark on Saint Mary's basketball with their accomplishments this season.

As far as the women's team goes, it was a historic season that came just close to being perfect. The team went a perfect 20-0 in the regular season, following up by beating the Dalhousie Tigers and the SLFX X-Women to win the conference championship. They

proceeded on to the CIS championships in Windsor, Ontario, where they easily beat the Alberta Pandas and the Saskatchewan Huskies to make to the finals. Unfortunately their quest for perfection was stopped when they lost to the powerhouse Windsor Lancers, who won their fourth consecutive CIS championship in the process. In terms of the Huskies statistical leaders this season, CIS MVP and all time leading scorer Justine Colley led the way in points with 20.8 per game and also led in assists with 5.7 per contest.

The rebounding crown went to Laura Langille with 8.2 per game. The top blocker was Becky Nash, with 0.8

per game. This team will have 10 of it's 11 players on this year's outstanding team back next season except for Colley who has already left an incredible legacy at Saint Mary's. Her resume, including all time CIS scoring leader, 2 AUS and 2 CIS MVP awards, 2 AUS championships, and two CIS medals (silver and bronze) is among the best in the history of CIS women's basketball. Her amazing accomplishments will set a huge bar that may never be topped as she has established her place one of the greatest Saint Mary's athletes of all time. It should be exciting to see how next year's basketball teams will try to repeat their memorable seasons.

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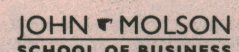
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Justine Colley and Anthony Peters

SMU athletic award winners

Justine Colley and Anthony Peters have been named Saint Mary's 2013/14 Female and Male Athletes of the Year.

Justine Colley 5th year (East Preston, NS) who recently received her 2nd CIS Player of the Year Award had a spectacular season which saw her be crowned the All-time CIS women's basketball leading scorer with 2,376 points. The Huskies completed a perfect 20-0 regular season and went onto to capture silver at the CIS Championship. Colley finishes her brilliant university career with five selections as a first-team AUS all-star, four as an CIS All-Canadian, including three first-team nods, and one on the CIS all-rookie squad. There's not much more to say, she has changed the face of Saint Mary's, AUS and CIS basketball and will be remembered as one of the greatest.

Anthony Peters in his 3rd year (Blyth, ON) in goal for the Hockey huskies, led his team in a play off run that saw them beat #4 PEI, and knock off #1 UNB before losing to #2 Acadia in 4 games. In his spectacular playoff performance he had the best save percentage in the AUS with .935. His most memorable performance was in Game 1 of the UNB series where his 50-save showing propelled his team to a 2-1 victory in double overtime. Peters was also a member of the FISU team that captured gold in Italy last December.

Other winners were:

President's Winners (Academics & Athletics)— Laura Langille (Basketball), Kyle Whalen (Football)
Rookie of the Year — Rodrigo Faria de Carvalho (Soccer), Breanna Lanceleve (Hockey)
Unsung Hero — Gerrad Grant (Hockey)
Robert G. Hayes Award (Outstanding Community member) — Heather Harris
Manager of the Year — Mike & JD Fines (Hockey)

Team MVP's:

Cross Country — Monique Muisse, John Kuto
Track & Field — Anissa Owen, Edward Wright
Field Hockey — Rebecca Pointon
Rugby — Jorie Rose
Men's Soccer — Rodrigo Faria de Carvalho
Women's Soccer — Sophie Langille
Football — Jonathan Langa
Volleyball — Anastasia Callaghan
Women's Hockey — Rebecca Mosher
Men's Hockey — Anthony Peters
Men's Basketball — Theon Reefer
Women's Basketball — Justine Colley

The Huskies captured AUS Championships in men's and women's basketball and competed in three CIS National Championships — men's soccer, men's basketball and women's basketball. The Huskies named 24 athletes to AUS All-Star teams, had 5 conference major award winners, 5 CIS All-Canadians and 2 CIS major award winners.



Hockey MVP Rebecca Mosher. Photo: Wes Wilcox



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Gender & sexuality rock the boat at queer dance exhibit

RACHEL LEVITT
The Dialog (George Brown College)

TORONTO (CUP) — Rocking the Boat: Celebrating Queer Content in Canadian Concert Dance is an exhibit currently running through April 1 at the Canadian Lesbian and Gay Archives in Toronto. The exhibit is run by Dance Collection Danse, spawned from the mind of Pamela Grundy, a former dancer with the Danny Grossman Dance Company.

"Historically in dance there has been a lot of implied work. I decided to focus on the works and people who created them who were declared," said Grundy.

Grundy wanted to look at the themes they were trying to relate rather than a room full of gay choreographers. She wanted to talk about the theme and try to give it some context through the video, costumes and designs.

The display features artifacts such as costumes, advertisements, props and pictures from dance pieces of the choreographers such as Jean Grand Maître, José Navas, Charles Flanders, William Douglas, Hari Krishan, George Stamos, Eryn Dace Trudel, Danny Grossman, Alvin Tolentino, ILL NANA/DiverseCity Dance Company and Conrad Alexandrowicz.

With only one female name on the list Grundy said, "There appears to be a low numbers of lesbians in dance, or at least low visibility."

Some stills from the lone female

Dace Trudel's Fish Stew can be seen in the exhibit. According to the blurb above the photo, her inspiration spawned from sex. She created a piece that captured the way two women are when engaging in intercourse and the way the movements differ from heterosexual sex.

Themes in the exhibit were not only limited to homosexuality, but defying societal definitions of gender as well.

Grundy described a piece she had done for Grossman called Nobody's Business as "a bit of a gender swap." She said he gave the men the typically feminine movements and women the typically masculine.

Following with the statement of defying gender norms, a costume sketch from Alexandrowicz's Hard Drive features a design for a section in the dance when a man becomes pregnant.

Visually some of the items that stood out were from Stamos's work, which featured two lucha wrestling masks from his piece Lik-Lik Pik and a rather interesting mask that is made of two wigs from his piece Croque-Monsieur.

Accessories from Tolentino's piece Swan Diva, which is a takeoff of the famous Dying Swan, also stand out as pieces of note. A feather boa and gloves as well as a picture of the wings he wore for the dance were displayed.

Overall, the exhibit was very unique and highly informative to anyone with an interest in gender, sexuality or expression through dance.

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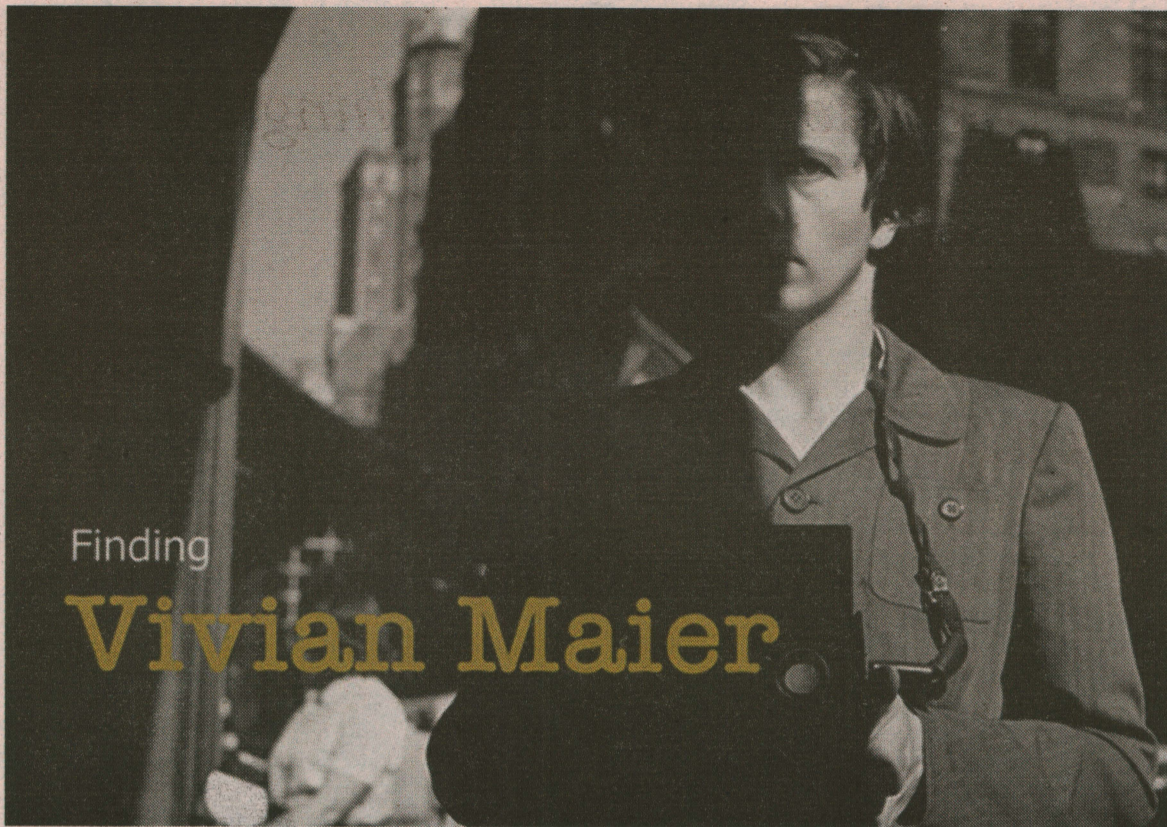
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Finding
Vivian Maier

Photo: Ravine Pictures/Supplied

New film reveals intricate life behind unknown street photographer

KEVIN SCHENK

The Gateway (University of Alberta)

Finding Vivian Maier is as much about photography as it is about one man's search for the person who took them. Vivian Maier was an unusual photographer. She worked for about 40 years from 1956 as a nanny in Chicago. During that time, she created a visual record of the city and its citizens through street photography, a style commonly described as candid documentary photography. But what makes her unusual is her choice to keep the photos to herself instead of sharing them with the world.

The film begins as photographer John Maloof buys a box of Vivian Maier's photos at an auction house across the street from his home. The photos only cost him \$380, but he soon realizes they're worth much more when he begins scanning the negatives and sees the quality of the work. He posts the photos to a blog, which quickly blows up. When large modern art museums reject his offers for exhibits, Maloof decides to investigate Maier's story on his own. Buying more boxes of her film and various artifacts, he begins a quest to find out the unknown street photographer's

origins.

The beginning of the film drags a bit if you're even a bit familiar with Maier's story. Since the documentary wasn't in the works at this point, a significant part of the exposition features Maloof speaking about what happened prior to filming. While his voice isn't unpleasant to listen to, there are a few uninspired, straight-on shots of him speaking directly into the camera in his green apartment reminiscent of YouTube vlogs. Luckily, these are broken up by interviews with experts like award-winning photographer Joel Meyerowitz, as well as cuts to Maier's photos, which show us the importance of her work. The film picks up when the introduction ends and Maloof's search begins.

The film's premise gives it the potential to be a self-indulgent exercise by Maloof to push his own popularity instead of finding out why Maier lacked it. Fortunately, the film remains focused on her throughout. Many of the now-adult children she nannied are interviewed, with visual cuts to the photos they discuss. Seeing the visual proof alongside the interviews gives the documentary more credibility and it's a great way to show photographs in a film.

Pleasant ambient music ties the film

together, always matching the mood of the film. Maier's sense of humour comes out in her photographs and audiotapes, and keeps the film generally light-hearted. The interviewees' stories are often funny too, but there's a tragic side to Maier. Her Mary-Poppins-with-a-camera image takes a hit when Maloof discovers a darker side to her childcare methods. And although a concrete conclusion is never reached, clues point to a not-so-positive origin for Maier's artistic motives.

It's easy to be skeptical of the Vivian Maier story with all of the hype surrounding the film, in both the photography community and in popular culture — the film's Kickstarter campaign raised \$100,000, much more than its \$20,000 goal. But Finding Vivian Maier manages to show the importance of her photographs while revealing the quirky, mysterious photographer behind them. The film is less about her photography than it is about the woman behind the lens, but that should expand the appeal to it beyond just photographers. One of the interviewees tells Maloof, "I wish I could have found these negatives instead of you." It leads one to wonder how many other Vivian Maier's are out there, just waiting to be discovered in old boxes full of negatives.

Bringing dancing and counselling together

PREETEESH PEETABH SINGH

The Dialog (George Brown College)

TORONTO (CUP) — Nicole Hamilton completed the assaulted women's and children's counsellor/advocate (AWCCA) program from George Brown College (GBC) 16 years ago. She is now the managing director of Inica Dance Industries (I.D.I.), Toronto.

But the career still matches the education.

Hamilton was always a dancer. At the age of nine, she started studying at

the Sheryl Bodrug School of Dance, previously known as Burlington School of Dance. After few years, she moved on to train at Dancers Incorporated, also in Burlington, Ont.

"It was then I decided that I need to take my dance career to a serious level," said Hamilton.

Hamilton got her teachers certificate from Dance Masters Canada and has been teaching for the past 20 years.

While she was building up her career in dance she took on a lot of teaching and assisting jobs which came along the way at different dance schools. Hamilton moved to Ottawa where she was faculty at

the Ottawa Dance Academy and Aylmer Dance Academy. These experiences helped her get an understanding of the business.

Hamilton also wanted to do something within the area of counselling services. She studied social work and took several other courses at Ottawa and Carleton University.

Moving back to Toronto, she completed her AWCCA program from GBC in 1998. "One would wonder, here you are dancing throughout your life and all of a sudden making a shift to take on AWCCA," she says.

"I was trying to determine really and

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truly how I wanted my career to go. I wanted to be a mental health counsellor and at the same time I wanted a career in dance," said Hamilton. "After I graduated, I made a conscious decision to pull the counselling and my dance experience together and open up a school where I can offer both. At our company we do indeed offer counselling sessions along with our regular dance programs. It allows us to get the best of both the worlds."

According to Hamilton, there are many issues that a dancer goes through such as transition to an alternate career after a physical injury, lifestyle issues, eating disorders, victim of violence, gender issues, and self-confidence issues.

"These can be daunting for the dancers to deal with. It's very scary," said Hamilton. "The best part here (I.D.I.) is that the counsellors are also dancers who understand what the students are dealing with."

Hamilton is a mental health counsellor at I.D.I. and teaches various forms of dance. She has been trained in tap, jazz, ballet, hip-hop, contemporary, lyrical, Afro-Caribbean, West African and liturgical (worship).

"She (Nicole) is a very professional and well-spoken woman. Kids really love her and also the atmosphere," said Mallory Dunlop, an I.D.I. faculty member who studied commercial dance studies at GBC in 2011-2012,

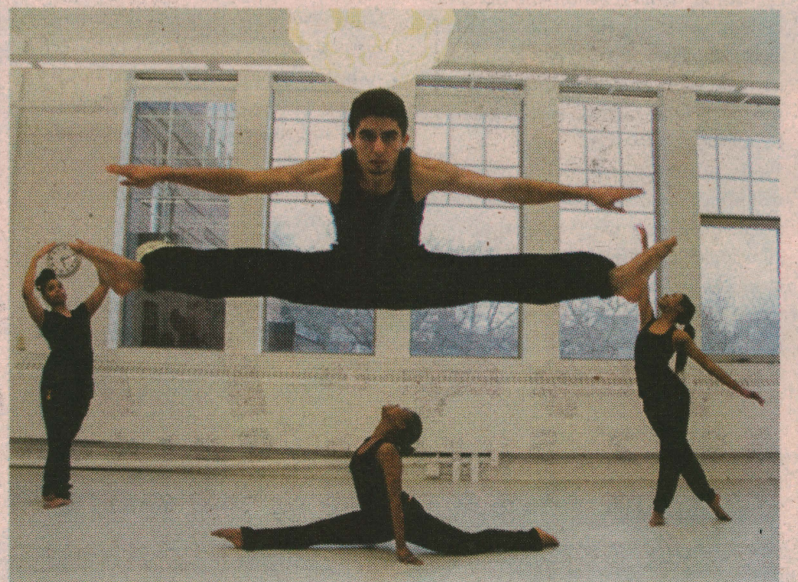
said. Dunlop teaches acrobatics at the academy.

Jorge Cantor, an 18-year-old student at I.D.I., said, "I want to take dance as a hobby/career in the future. Nicole teaches me in West African and contemporary. She is great. She is not only strict about things that are necessary for a dancer but also a cool person to be around. She is not a teacher but a friend."

"As students when we are going through school, we are dealing with so much. Pressure of getting good grades, pressure of family, friend, relatives, relationships, boyfriends, girlfriends and all this different things that we have, sometimes it can be so heavy. But as a student if you stick to your vision, you can definitely achieve your goal," said Hamilton.

For dancers who want to make it their career, Hamilton emphasizes that dancers have many options available. Today one might be teaching at a dance school, tomorrow they can be in California judging a dance competition and next day they can be speaking at a dance conference.

On her own future plans she said, "I look forward to building more dance, and health education programs for dance artists. It's been an exciting journey at I.D.I. and I am eagerly looking forward to what the future holds for the company, and our faculty."



Nicole Hamilton's students demonstrate their dance skills. Jorge Cantor split jumps while other students strike ballet poses at Inica Dance Industries. (Photo: Preetees Singh/The Dialog)

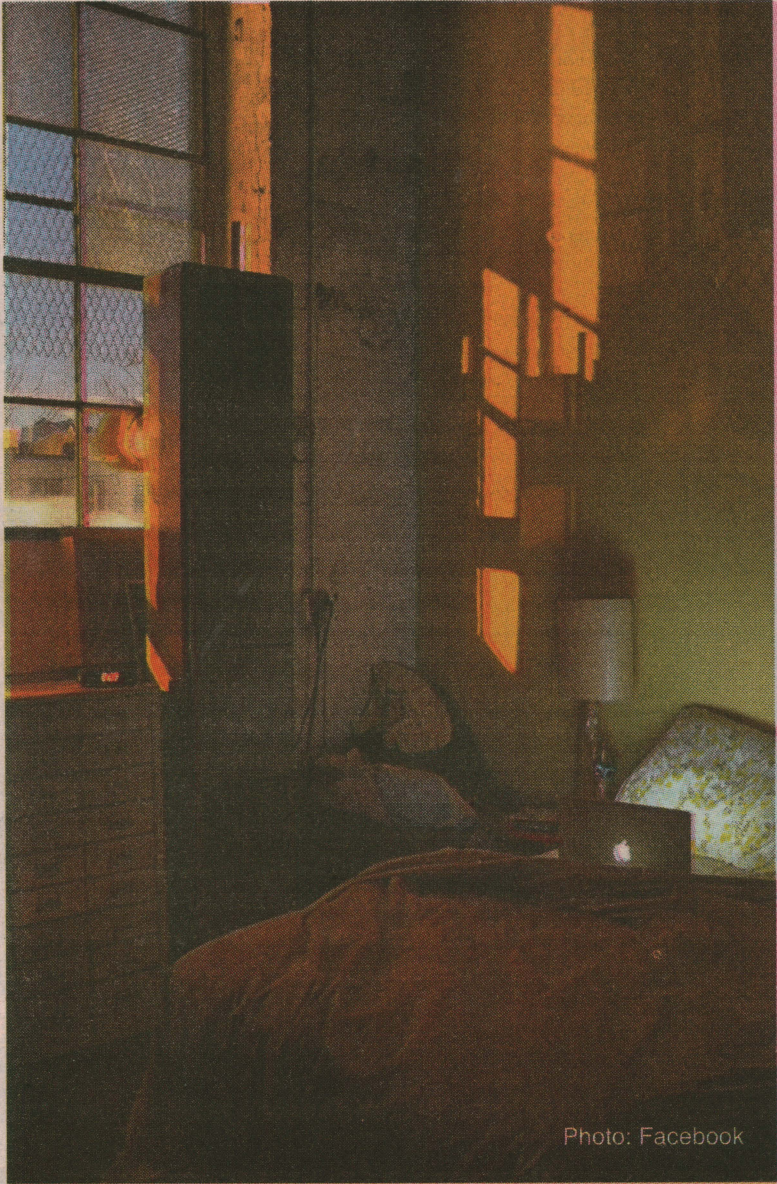


Photo: Facebook

Photo: Andrew Enright/Flickr Creative Commons(CC BY-NC-SA 2.0)

Laptop light a better wakeup call than coffee

STEVEN STAUFFER

The Muse (Memorial University of Newfoundland)

ST. JOHN'S (CUP) — Researchers at Mid Sweden University (Mittuniversitetet) recently completed a study that suggests the distinctive 'blue light' emitted by laptops, cellphones, LEDs and other electronic gadgets is even more effective than caffeine at boosting brain power.

Both caffeine and blue light are shown to improve cognitive function, as both test groups out-performed the control in visual reaction and decision-making tasks. But those exposed to an electronic glow were even better than caffeine users at staying focused in the face of distraction, and had much better visual reaction.

Exposure to any kind of light will affect the human body in both positive and negative ways, but not all wavelengths are equal. In addition to increasing alertness, one Harvard study showed blue light suppressed melatonin production for about twice as long as green light and shifted the circadian rhythms that govern our internal clocks by twice as much (three hours compared to one-and-a-half hours).

Those looking to use their laptop as a healthy coffee alternative should tread carefully. While humans are spending more and more hours under artificial light (especially at night) the impact on our health is still dimly

understood. A second study from Harvard suggests that too much light at night may be a contributing cause to cancer, diabetes, heart disease and obesity.

This is not to say the power of light has only dark side-effects. There are treatments being developed that use blue light to treat pain, blindness and depression. And one study showed that only two minutes of the blue light from lamps used for tooth whitening was enough to kill bacteria associated with bad breath.

The key seems to be when the exposure occurs. That same Harvard study also demonstrates that during normal daylight hours blue light seems to not only increase alertness, but also improve mood and memory. Night-owls and shift-workers, however, are at an increased risk for sleep disorders, as well as the litany of more serious problems listed above.

The Harvard study recommends avoiding looking at bright screens for two to three hours before bedtime, but those unwilling to forgo their nocturnal habits still have options. Red light has the smallest effect on melatonin and circadian rhythms, so a dim red night-light could be beneficial. There are also special blue-blocking glasses that filter the specific wavelength but still allow for good vision indoors.

Finally, the more bright light you are exposed to during the daytime, when your body is expecting it, the better you should fall asleep at night.

Need a job? Stop surfing and start walking

LEAH HANSEN

The Eyeopener (Ryerson)

TORONTO (CUP) — When Parth Patel was in his first few years of the engineering program, he found getting a summer job to be quite challenging.

"I applied to more than 60 or 70 jobs," he said. "I [was] trying to find work [in engineering], but I wasn't able to."

The frustration of finding a summer job is something many students have experienced before, especially since the 2008 economic crisis when markets around the world crashed. Searching through thousands of job listings online, perfecting your resumé and sending it out can take hours.

But if you're hoping to score that ideal job, going back to the basics is the way to go, said Daniel Kennedy, a career consultant at Ryerson University's Ted Rogers School of Management careers and employment partnerships centre in Toronto.

"If you go into [the websites] Monster or Workopolis and you type in 'summer jobs' you're going to find job postings," he said. "The problem is there are about four million other students across Canada who are going to find those same job postings."

It often comes down to doing

some old-fashioned scouting on the ground, Kennedy said, adding that proactively approaching employers can make a bigger impression than simply sending a resumé by email.

"What students should do if they really want to make a go of it is to look for companies that don't have the capacity to advertise for those summer jobs," he said. "If you can identify, and find those companies and approach them proactively, that will give you a much better chance."

Because finding a job can be so difficult in urban centres and university towns, many students decide to go back to their hometowns for the summer, where the competition is less fierce and jobs are easier to come by.

Laura Hamel, a Ryerson first-year performance acting student said the cost of living in Toronto has helped determine her choice.

"I'm from Regina so I'll be moving home to find a job," she said. "It's a lot cheaper to live at home and I have a solid job at home."

The summer job market comes down to basic supply and demand, Kennedy said.

"On the supply side, you have basically a lot of students that are looking for jobs during the summer months and that's fine as long as the demand's there," he said. "The demand really hasn't been there since 2008."

Brennan Thompson, undergraduate program director at Ryerson's school of economics says that the recession of 2008 has brought everyone down a notch when it comes to the job market.

"The guy who was working at the auto assembly plant loses his job and now he's taking the low paid job at Tim Horton's," he said. "Now the young person who used to have that job at Tim Horton's [doesn't] have anything."

Kennedy says the market is starting to bounce back. But compared to 10 years ago, finding a summer job is far more of a challenge. Even in a city as big as Toronto, competition can be fierce because there are so many students looking for temporary employment.

According to Kennedy, even if the job you end up with isn't at all related to your field, it's still a good idea to include it on your resumé. Employers look at how your skills have evolved, even if the job you had was just bussing tables. The hard skills you gain might not be related to your future career, but the soft skills — like leadership skills, problem solving abilities and customer service experience — will come in handy.

"No one is expecting you to graduate here and have four years of senior project management experience," he said. "What they want to see is that there's a progression."

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Staying green on the go

EMILIE WILSON
The Green Student

WATERLOO (CUP) — Everyone has a dream vacation, whether it's skiing the Alps in Switzerland, tanning on a tropical beach or exploring the ancient ruins of Machu Piccu. Even though you may not be going to any of those places this summer, you may still be travelling.

Travelling comes at a cost. Not only does it take money out of your pocket, but it also expands your carbon footprint. Even if you're not flying halfway across the world in a gas-guzzling jumbo jet, all planes, trains and automobiles use some form of energy.

When you're away from home, your entire routine is thrown off and you may not be in your usual sustainable mindset. For example, that pile of granola bar wrappers in the bottom of your backpack might be weighing you down. Or your suitcase is full to the brim with plastic water bottles that you swore you would keep until you found a recycling bin. When you're away from your home habitat you may also be using more resources than you normally would, for instance eating more packaged food or drinking bottled water, or staying in energy-intensive hotels.

Transportation

If you're not sending yourself too far away, it might be a good idea to eschew all oil and electricity-based transportation, and hop on your bike instead. Bike travel is by far the cheapest travel options, and keeps your expedition environmentally friendly.

If you're looking for the second most energy efficient form of travel, the train is for you. Although the train might take longer than a plane to get you to your destination, you can travel guilt-free in comfortable seats.

The train also doesn't have to be just about transportation. Since it takes a bit longer, you can get to know other passengers (and maybe meet a travel buddy). Take the time to talk to the people around you and enjoy the scenery. My favourite part of taking the train from Toronto to Montreal is passing through Port Hope — the train gets so close to Lake Ontario it's like it's almost in the water.

In 2005, 26 per cent of greenhouse gas emissions in Canada came from the transportation industry. VIA Rail was only responsible for 0.03 per cent. Although no regional railways are included in that 0.03, VIA Rail accounts for all intercity passenger train services in Canada. Worldwide, railway travel accounted for 2 per cent of transportation energy consumption in 2005.

However, trains are not always a feasible option, especially for those

traveling to other continents (and taking a boat isn't exactly the cheapest and quickest option either). In the case where airplane travel is the only option, there are still ways to clear your carbon footprint-fearing conscience.

Although many airlines are making an effort to be "green" (such as Air Canada, Westjet, American Airlines and Air Transat), it is simply not enough to offset the amount of energy it takes to be propelled through the air, across a country or an ocean. Not to mention the energy and resources needed to build an airport in the first place. In the months or weeks before your departure, try to offset your own current carbon emissions by turning down the air conditioning, leaving your car in the driveway or eating less meat.

Hotels

Before booking a hotel, call ahead and ask about their environmental policies. For example, do they recycle? Do they support the community by employing local citizens? Do they have any energy-saving policies? By choosing a hotel that is run by locals, you are supporting the community you are staying in.

Regardless of what efforts the hotel makes, you can still make your stay more sustainable. Inform the

hotel that you do not need your sheets and towels changed daily to save water. It is often hard to tell when a region has water scarcity issues, as hotels will direct water sources to tourists and away from locals, so do your research before you go.

Try to conserve more water by taking short showers and "letting it mellow." Although the hotel will probably provide you with bottled water, bring your own reusable bottle and inquire about the safety of the tap water.

If your hotel does not recycle, try saving recyclable materials and bring them home.

Conserve energy in your room by turning off lights and turning down the heat or air conditioning when you leave. It won't take long to get one room back to a comfortable temperature.

Sightseeing

When sightseeing, rent a bike to get you from place to place. It will help you stay in shape, get some fresh air, and offset the carbon emissions from your travel. You can also save a lot of money by not having to pay for parking, gas or bus tickets.

Although it's tempting to stuff fistfuls of pre-packaged food in your bag before leaving for the day, try to avoid the extra waste. Buying food from local stores and restaurants supports the community and gives you a taste of their culture (pun intended).

Finally, be sure to support local restaurants, hotels, tours and stores above all imported goods and services as much as you can. The products will not be travelling from afar and you will be supporting local economic growth.



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