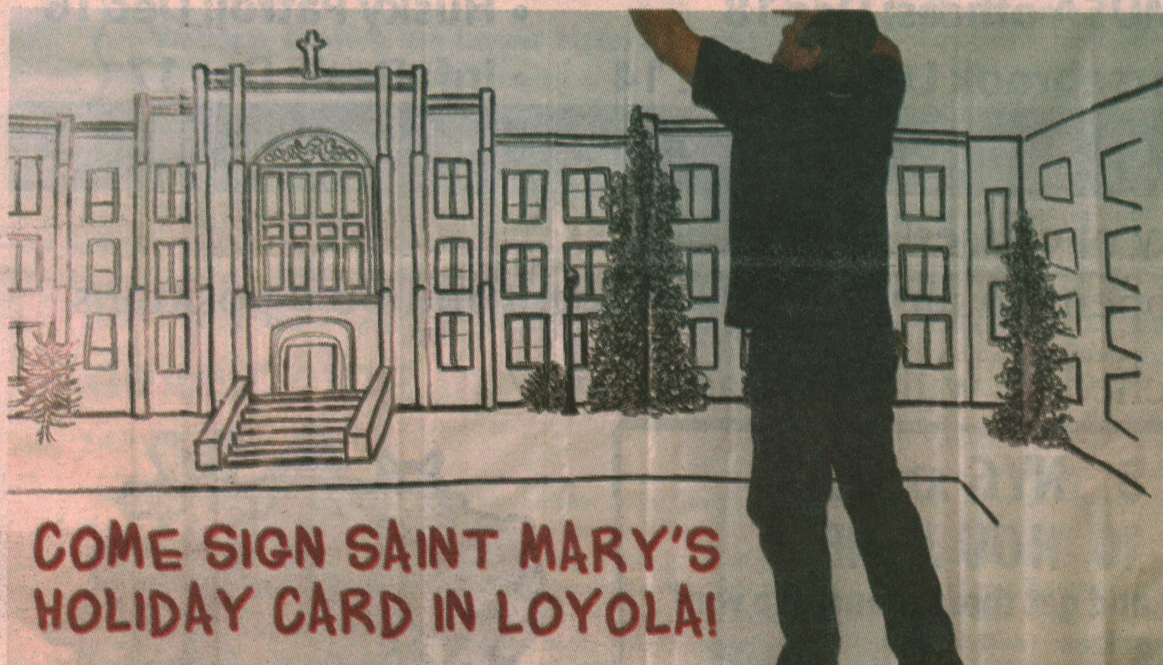


**Reno's at SMU**  
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Check out "Making Spirits Bright" on page 3 for more info!

## Halifax MP dines with students on campus

ADAM FABER



It was pretty much a typical Thursday afternoon at the Gorsebrook; students eating, some studying, and a group in the corner with a few beers discussing politics with their member of parliament. Okay, maybe it wasn't that typical, Megan Leslie isn't one of the regulars.

"I am delighted to be invited here by the students association," said Halifax NDP MP Megan Leslie. "I think it's great, I didn't know they were inviting different politicians to come down and just be available."

Megan was invited by SMUSA to a casual student meet and greet at the popular student hangout. Over the course of an hour students sat down at the table to say what's on their mind or ask questions.

"I appreciate the casualness of this gathering. I'm often asked to come speak on campuses," said Leslie, who has held the position as Halifax's MP since 2008. "Those are great, but those engagements are often one way. I'm a speaker, I'm on a stage. This is quite nice because I

continued on page 5

## From Sudan to SMU with a bag of clothes: Jacob Deng's remarkable journey

ADAM FABER

When I first met Jacob Deng, it was in the Halifax airport. We were both on our way to Ottawa for the same conference. "There is so much water here!" Jacob exclaimed as the Nova Scotian landscape, dotted with lakes, dropped away beneath our plane.

Jacob's childhood was spent in South Sudan, having been born in Duk Paidet. It was at the young age of seven any childhood we could imagine was shattered, as most of his family was lost in a government-backed insurgency that saw his village burned and many inhabitants slaughtered. Jacob, one of many now homeless refugees, traveled four months to Ethiopia. These 'lost boys' didn't have the numerous rivers and lakes below our west-bound flight, and many didn't survive the

trip. Not knowing any of this at the time, I helpfully informed Jacob that someone lost in the Nova Scotian wilderness doesn't need to worry about finding fresh water. He nodded, looking through the window.

Jacob is the head of his charity Wadeng Wings of Hope, meant to help the people of South Sudan. So far, a well was drilled in 2009, providing clean drinking water. Wadeng has also donated goats to provide a lifeline to the community, and hopes to continue to help by building a school for the children there as well as providing ongoing support.

Before all of that positive change took place, however, there was a much younger Jacob Deng at a Kenyan refugee camp, where

conditions were very poor. For over twenty years, civil war has rocked the former Sudan, resulting in an estimated two million deaths and the displacement of over twice as many. In an effort to escape, Jacob took a risk, trading his clothes for a bag of tobacco and leaving the refugee camp, his only source of support. Bartering his way up to five goats, he finally sold them for entry into a boarding school. "There was no future at the refugee camp," Jacob told me, "I had to get an education to make my situation better." Jacob told me about the stagnant misery of the refugee camp where he was at the time, people fighting over food and having no way of bettering their own miserable situation.

Knowing a few languages, he

translated for medical personnel, eventually making contact with the UN and a Canadian Diplomat. Ultimately, he found his way into Nova Scotia, studying commerce at Saint Mary's University after having spent time at other schools. It's a professor of his at Saint Mary's, Cathy Driscoll, and her students who helped organize a fund-raiser for Wadeng on November 21st.

"Jacob studied in my class," said Driscoll, who was checking in on three of her students who were collecting donations for Wadeng. "What we decided to do was a group project to help." The two MGMT3480 classes worked together to help raise funds and awareness for Jacob's cause. A walk was organized on the track of the Huskies Stadium,

where people raised pledges for their homage to Jacob's difficult trek. In addition to that a reception was held in the Gorsebrook Lounge, where Jacob's youngest son Deng celebrated his seventh birthday, the age his father was when his family was so devastated.

The current goal of Wadeng Wings of Hope is to build a school in Duk Paidet, and eventually elsewhere in South Sudan, to help end the cycle of poverty and to give those in need of an education the opportunity to lift themselves up. Jacob continues to hold events and raise awareness for his cause. Anyone interested in learning more about Wadeng, getting involved or donating is encouraged to visit [www.wadeng.org](http://www.wadeng.org).

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<b>Legend</b> Presented by SMUSA SMU Athletics & Recreation Event Alcohol Available No Entry Fee (for SMU Students) 19+ only, No Minors (get it?) Gorsebrook Lounge Event/Special SMU Event/Announcement Movember Event					
		<b>Nov 28</b> <b>EXAM WRITING WKSHIP</b> 11-12:30 Library Classroom 491-6202/writing@smu.ca to sign up <b>BASKETBALL (Dal@SMU)</b> Women's @ 6pm. Men's @ 8pm Homburg Centre <b>UGLY SWEATER LAST CLASS BASH</b> <b>OPEN MIC NIGHT</b> 9:00pm Gorsebrook Lounge	<b>29</b> <b>STUDY DAY</b> No Exams, No Classes All campus services are OPEN	<b>30</b> <b>FIRST DAY OF EXAMS</b> <b>WOMEN'S HOCKEY</b> PEI @ SMU 7pm Alumni Arena <b>BEST OF OPEN MIC &amp; MOVEMBER WRAP PARTY!</b> 9:00pm The Gorsebrook Lounge	<b>Dec 1/2</b>
<b>3</b> <b>WING NIGHT</b> 6-9pm Gorsebrook Lounge <b>FOOTBALL (NYG@WAS)</b> 9:30pm Gorsebrook Lounge	<b>4</b> <b>10% STUDENT DISCOUNT @ SOBEYS</b> Queen St. & North/Gladstone <b>NO PUB TRIVIA</b>	<b>5</b> <b>NO OPEN MIC NIGHT</b>	<b>6</b>	<b>7</b>	<b>8 9</b> <b>DEC. 8 PATRONAL FEAST OF THE UNIVERSITY</b> No Exams scheduled

Last day of operations before closing for the holidays :

• SMUSA offices: Dec 18

• Husky Patrol: Dec 16

• Gorsebrook Lounge Dec 14

• InfoDesk: Dec 17

### NEXT SEMESTER:

- Monday, January 7<sup>th</sup> is the first day of classes!
- SMUSA elections: Nominations open January 7<sup>th</sup> for President and BoD positions
- Frost Week: January 14<sup>th</sup>-18<sup>th</sup> - Schedule will be released Jan. 7

Now on Monday:  
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**ARAMARK** \*must be 19+ with valid Canada/US gov't issued photo ID

**Gorsebrook lounge**  
 Try my wings!  
 STARTS @ 6pm  
 After 9pm must be 19+  
 PLEASE DRINK RESPONSIBLY



The SMUSA Executive invite you to

**UGLY SWEATER LAST CLASS BASH OPEN MIC PARTY**

Wednesday, Nov. 28<sup>th</sup>  
 9:00pm  
 PRIZES PRIZES PRIZES!

**Coors LIGHT**  
**Gorsebrook lounge**  
 since 1974  
 MUST BE 19+  
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**THE ABSOLUTE BEST OF OPEN MIC MOVEMBER WRAP-UP PARTY**

FRIDAY NOVEMBER 30<sup>th</sup> AT 9PM  
 THE GORSEBROOK LOUNGE

**Coors LIGHT**  
**Gorsebrook lounge**  
 19+  
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## Board of Governors welcomes new Chair & Vice-Chair

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

Saint Mary's University President Dr. J. Colin Dodds is pleased to announce the appointment of John Fitzpatrick as the new Chair of the University's Board of Governors, and Karen Oldfield as the new Vice-Chair. Fitzpatrick replaces Michele Wood-Tweel who served for ten years on the Board, four of them as Board Chair. John Fitzpatrick is a partner with BOYNECLARKE in Halifax and

has served on the Board since 1995. Karen Oldfield is President and CEO of the Halifax Port Authority. She has been on the Board since 1997. The Board, along with faculty and staff, create a university experience focused on academic excellence, experiential learning and the development of the next generation of leaders.

## Making spirits bright

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

A giant holiday card will be set up in the back foyer of the Loyola building and the University wants you to come sign it. External Affairs will record the festivities as groups and individuals come to sign the card and will edit this in to the annual holiday

video sent to alumni and friends from across the globe.

Come by with your friends, your Santa cap, your antlers, and your holiday cheer to sign the card on November 28th. This is a one-day only event.

# The Pengrowth-Nova Scotia Energy Innovation Grant can help make your research goals a reality.



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For application details and information on other programs please visit: [www.gov.ns.ca/energy/careers-training](http://www.gov.ns.ca/energy/careers-training)

Application deadline for the 2013-2014 academic year is **January 18, 2013.**

*"By funding many field deployments, this grant gives me the opportunity to achieve my goals in understanding the potential for renewable tidal energy in the Bay of Fundy."*

Emma Poirier, Master of Science in Applied Science student, Saint Mary's University, winner of a 2012 Pengrowth-Nova Scotia Energy Innovation Grant.

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**DEVELOPING LEADERS IN ENERGY**

## Parking problems at SMU

JAMES MURCH

When Chloe Gagnon purchased a parking pass, she thought that would mean she would have a place to park her vehicle when she came for her classes.

But too often she says, she arrives only to find all the spots are taken, no matter how carefully she tours the lots. Even when she has a class in off peak-hours, it often takes considerable time to find a spot.

It doesn't really seem fair she says, because many of the cars she's fighting against don't seem to have parking passes and she never sees anyone getting a ticket.

Chloe is not alone in her dismay. Parking on and around campus has been a recurring problem for Saint Mary's University for years. Each year 350 permits are sold to students on a first come-first serve basis for \$250 (for the academic year). A limited amount of underground parking is available to students for \$450. Faculty and staff pay a bit less than students – \$395 for faculty and \$360 for staff. The problem is there is no limit on the number of passes sold to faculty and staff, which means the lot be pretty full.

A careful reading of the Facilities Management webpage detailing parking pass policy makes it clear, the only reserved parking space on campus are the limited underground parking spaces. Everything else, within the assignment of marked spaces, is fair game for anyone. But really, who reads the fine details on an obscure section of the website?

There competition for spaces leaves the students, staff and faculty uneasy. It can appear the money spent on a pass a terrific investment. This is especially true for student on a tight budget.

Then there is the issue of enforcement which some students see as arbitrary. Brittany Keough

says she was unfairly treated when her car got booted. University policy indicates the boot is only used only after someone has accumulated two unpaid tickets. The third results in the application of an immobilization device.

Even Brittany agrees that's fine, but there has to be some flexibility. She said her car got booted when she unintentionally parked in a carpool space whiel hurrying to class. She said there was no sign, just a marking on the ground she didn't notice.

Joanne Toulaney avoids the entire issue by parking off campus. She said a pass isn't worth the cost because the tickets she accumulates for street parking are less than the purchase price of a pass. If you pay a ticket promptly in Halifax, it will cost you 20\$. Over the span of the school year, you would need to get about 18 tickets to equal the cost of a campus pass

At least one student, who prefers to remain anonymous, doesn't worry about tickets at all. Since parking enforcement regulations are municipal by-laws, students from the United States and a handful of Canadian Provinces actually get away with not paying parking tickets. Since many jurisdictions don't share this kind of information, there's no way officials can serve a notice to appear in court

"I have at least ten unpaid parking tickets and no one bothers me about it," says the anonymous student. I've even been pulled over by Halifax Regional Police with unpaid parking tickets and they don't even say anything – I doubt they care at all about a stupid parking ticket".

Be careful about ignoring tickets though, you need to do your homework and understand exactly how the loophole works before trying to use it.

## Saint Mary's Students Find Themselves Abroad

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

Saint Mary's students dismissed the old adage to 'take only pictures and leave only footprints' during voyages to China and Vietnam this summer, returning with international work experiences and memories and friendships that may last a lifetime.

"Saint Mary's has given me so many opportunities," said science student Kayley Smith, "from research grants to having a published paper, and now a trip to China."

For Smith, the best part of her trip was experiencing cultural elements of China and learning about the country's history, from terracotta warriors to visiting the Great Wall and the Forbidden City. "I never thought I'd see them," she said.

Smith's experience in China involved doing biological research in a lab, implanting genes in plants used for traditional medicine.

Nicola Fendert, from Hammonds Plains, came to Saint Mary's in part because it was close to home. It's unsurprising then that a highlight of her summer experience in Vietnam had to do with getting the authentic

local experience.

"The best part was really meeting the people and discovering little places that you would never know of if you didn't know a local to take you there," she said.

Fendert, who speaks some French, was also surprised at the life-long connections she made with the local translators.

"The people I met made it the best experience, especially those from Vietnam," she said. "Despite the time difference, we still chat on Facebook and Skype regularly."

Anthropology student Magdalene Bitter-Suermann worked on the same project and also stays in close contact with her translator friends and hopes to see them again.

"The highlight for me was working with other really passionate students from around the world," said Bitter-Suermann. "The whole experience in Vietnam was really collaborative."

Third-year IDS student Ross Grant also worked on the project in Vietnam this summer and sees

international work experience as not only a great way to travel the globe and expand your worldview, but also as a competitive edge for getting into graduate programs.

"I came to Saint Mary's looking for these opportunities," he said. "I would really encourage students – from any discipline – to look into programs like these."

While Saint Mary's is known for its strong community of international students, it is also increasingly known for its opportunities for students to travel internationally.

"It's one of the reasons I came to Saint Mary's," said Smith, who wants to pursue a career in veterinary science. "It seems there are always chances to go abroad and travel and I found the perfect opportunity for me. I've definitely caught the travel bug and will be looking for future opportunities to work abroad."

With two Students for Development now in Bolivia, the tradition of Saint Mary's students living and learning abroad continues.

## New Campus Projects Taking Shape

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

The hum of heavy equipment on campus seems ceaseless this season as construction projects aimed at improving the campus push forward.

Here's a round of the big projects and where they stand.

### North East Campus Renewal

The new building at the heart of the \$15 million revitalization of the North East corner of campus is beginning to take shape.

The steel skeleton is complete, the roof is tight and workers have begun to install exterior sheathing that will provide the backing for the walls. Electrical equipment and duct work that has been fabricated off campus should arrive soon and work on the interior has begun in earnest.

The smoked glass that will be a signature for the modern style building should arrive by the end of the year. Planning for landscaping and the dismantling of the existing Teaching English as a Second Language building (TESL Centre) are underway.

The three-storey 28,500 square-foot building will transform the

corner of Tower Road and Inglis Street into an exciting entry point for campus. It will be the new home for the Teaching English as a Second Language (TESL) program and the Business Development Centre (BDC), which is currently located off-campus.

Facilities Management Senior Director Gary Schmeisser says the project is on schedule for a September 2013 opening. It is also on budget.

The development will create an environment for applied and experiential learning, leadership development and international connections under one roof.

### Burke Lobby

The facelift for the Burke lobby should be completed by the end of January. Some of the offices that had moved to allow for the refurbishing of the space have returned.

With the enhanced space, the Burke lobby will offer a pleasant social learning environment that compliments the Atrium. It will continue to be the home of the Geography department and Writing

Centre, and also will become the office contact point for the LEAP program, the gateway to the new School of the Environment, and home to the International Student Success office spearheaded by coordinator Kathi Thompson.

### Oaks Park and Parking Lot

There should be a new place to park and new place to walk on campus by the end of the month. Construction of a new walkway linking the parking lot behind the Sobey Building to the Oaks property is nearly complete. The paving is almost done and the sod for the grassy area will arrive shortly.

As part of the project, 30 new parking spaces have been created near the Oaks. It's a move that should help faculty, staff, and visitors to our campus find more spots to park.

The Oaks and the Oaks forest are becoming increasingly important features of campus as geology and environmental programs use the space for living learning activities. Watch for the construction of a gazebo on the lawn behind the Oaks to serve as an outdoor classroom.

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## The Global Labour Agency Phenomenon

ADAM FABER

Call centres, factory work, and other menial tasks are all things that be done anywhere. So what else can be sourced to people online?

Businesses need many different types of work, and owners with an eye towards the bottom line will look at the different markets available for the best deal. There are a number of websites who are positioning themselves as providers of high end services at the price of an underdeveloped market. This is a specific example of a SMU student who has looked for the best deal for outsourced work, as well as a desperate worker who undersold himself in a race to the bottom of the labour pool.

As a student at SMU and a Canadian abroad, I have been on two sides of the same coin; an

idea guy with little funding trying to get something done, and an underemployed worker looking for ways to bring in some money to make ends meet.

The situation isn't far-fetched: a business student fresh out of school has some new ideas, but a lack of funds. The answer is to find any source of funds to kick-start what our hopeful academic sees as a profitable venture. The idea is to bring in money working small jobs, with the end goal of striking out alone.

Enter the varied world of the internet, where everyone is offering everything. In my specific case I stumbled across a site called oDesk. The idea of oDesk is that there is a lot of different kind of jobs that can be done remotely, so why limit yourself to the network you can

create locally? If you need someone to create a website, hiring someone based out of Sudan could save you money better spent elsewhere. From software development, to writing & translation, design, and administrative support, sites such as oDesk promise a low-cost solution to a number of tasks that many businesses demand.

Jobs are posted as contract work, with budgets and expectations listed in the description. Then workers themselves are able to bid on the jobs. It is common for job posters to set a maximum price that they're willing to pay for the work, whether it's copy writing, website design, sound editing, or anything else that might be needed. After the job postings are up, potential workers bid on the job, sending their credentials and cost estimate.

My personal situation was spending a semester in Finland, with no job prospects in sight. After two months of watching my bank account dwindle, I was ready to try anything. Farming out my pen and photoshop skills seemed like a good way to pull in some funds.

I was in for a rude awakening: the market is flooded online with people who are writing. I couldn't bring myself to apply for any of the postings looking for writers of erotic fiction, and even those paid pennies a page. Jobs were snapped up quickly by people, and I myself grabbed a gig writing ten press releases for a whopping five dollars for a young entrepreneur based out of New York.

The issue is that opening things up to the whole world quickly dragged the pay for anything way

down, and I personally wasn't willing to price my own work so cheaply. My New York patron was paying me a little more than what she pays for her latté for hours of work. Even skills such as sound editing, layout and voiceover work was laughably underpaid. But jobs still disappear quickly off the listings, presumably because someone was willing to do them.

I can't vouch for the quality of the contractors on the site, because I left quickly due to the low rate of pay. There very well could be more tenacious (or more broke) people who are doing great work for little money. If I want a cheap website, or someone to write guest posts for my blog though, oDesk and other sites like it are a very low-cost option.

## Sociology Research No Gamble for McMullan

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

When the federal or provincial government makes changes to its gaming rules, one of the first people reporters often seek out for comment is Dr. John McMullan.

A long-standing faculty member in the Department of Sociology and Criminology, Dr. McMullan is an influential voice in the gaming field with research that illuminates critical issues in gambling regulation. He also helps shape the future of Canada by promoting research-based policy development.

In recognition of the important role he's played influencing both scholarship and social policies and practices, Dr. McMullan recently received the Saint Mary's 2012 President's Award for Excellence in Research. This annual award honours full-time faculty members whose exceptional contribution to research has garnered them international recognition in their field of study.

Dr. McMullan is considered one of Canada's leading experts in several areas of sociological and criminological research, including social theory, gambling studies, historical sociology, and critical criminology.

Over the last two decades, Dr. McMullan received major funding to undertake fifteen research projects related to gambling and advertising, gambling and crime, corporate crime and disasters, policing and criminal organization in historical contexts, and illegalities in fisheries regulation. Several of his subsequent published books and articles are seminal works in their field.

In total, Dr. McMullan has published eight books, several of which received awards and

wide-spread recognition. He has also authored or co-authored 11 academic reports published by government; seven reports for the Law Reform Commission of Nova Scotia; and 63 book chapters and refereed scholarly journal articles, many of which are published in the most prestigious journals and edited books in their field. Two of his most notable articles include the often-cited Social Surveillance and the Rise of the Police Machine and the more recent Wins, Winning and Winners: The Commercial Advertising of Lottery Gambling, which reflects his current research interests.

In addition to academic research and writing, Dr. McMullan has completed a large body of research for organizations outside of academia, including a dozen major reports to governments and agencies. These commissioned studies are related to aspects of the fishing industry, aboriginal policing and First Nations Gambling, the political economy of arson, advertising and youth, and gambling and Internet crime.

For Dr. McMullan, receiving the President's Award is recognition of achievements accomplished in the company of mentors, colleagues, and students. "I consider it a summing up of a career lived in a world of ideas where I was able to pursue a wide range of intellectual interests, both local and international, that had impacts in academia, as well as in the world of social and political action," he said.

"What is perhaps nicest about receiving this award at my age – at the end of my career – is that it is both a happy legacy and an already fond memory."

## Dr. John Young Named Science Champion

EXTERNAL AFFAIRS—SAINT MARY'S UNIVERSITY

Dr. John Young, Professor Emeritus in Saint Mary's Department of Chemistry, was named 2012 Science Champion at the Discovery Centre's recent 10th Annual Discovery Awards.

The award honours Dr. Young's 40-year commitment to science education in the community. Although officially retired as a professor since 1995, Dr. Young continues active research of fluid storage systems for solar energy and champions chemistry outreach activities, including conducting interactive, computer-interfaced student tours of his Saint Mary's lab.

"People have a raft of experiences that they bring with them to the classroom, and if you can link something new to those experiences,

that really helps them grasp the abstraction of molecules and ions and stoichiometry," says Dr. Young. "I like doing it, it's fun!"

Dr. Young believes all children are naturally excited and curious about science. The challenge for educators, he says, is to maintain young people's excitement as they cross the threshold into high school.

Dr. Young's enthusiasm and infectious appreciation of chemistry has encouraged many students to pursue scientific careers. Over the years, he has mentored many undergraduate students and brought the wonder of science to many Nova Scotia classrooms. Dr. Young has been honoured with several teaching awards, including the prestigious 3M Teaching Fellowship.

Dr. Young is the third Saint Mary's community member to receive the Science Champion Award over its 10-year history. Dr. Adam Sarty, Astronomy & Physics, received the award in 2008 and David J. Lane, Astronomy & Physics, received the award in 2007.

Three other Saint Mary's faculty members were recognized in this year's Discovery Awards competition. Dr. Jason Masuda, Chemistry, was a finalist for the Emerging Professional Award, which recognizes the intellectual achievements and talent of individuals under 35. Dr. Jaroslav Dostal, Geology, was a finalist for Professional of Distinction, which recognizes leading innovators.

## Halifax MP dines with students on campus

ADAM FABER continued from page 1

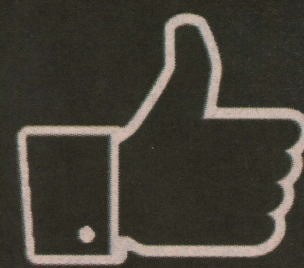
get the chance to grill the students a little. What are people talking about? What are the issues on campus?" Mental health support, crime legislation and drug reform were brought up by different students, which were discussed in a relaxed, non-partisan forum.

"I expected them to be a pretty engaged group who would come out and talk to their MP, and I was right." Leslie said after the discussion came to a close. "The folks here are engaged in a lot of different issues and I'm glad I could be a part of that."

This wasn't the only political invite to take place on campus, Jamie Baillie, the MP for Halifax West, was also invited by SMUSA to meet students, and did so earlier this semester. While it is planned, there has not yet been a representative



from the Conservative party who has made an appearance. The next Nova Scotia general election is approaching, and with the current term nearing its end it is possible it will be held in 2013.

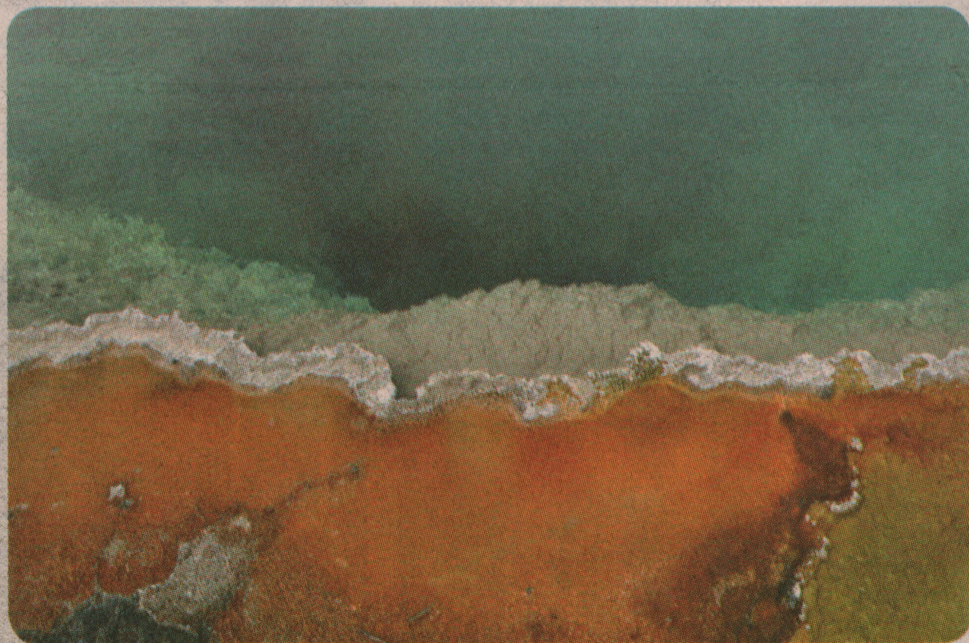
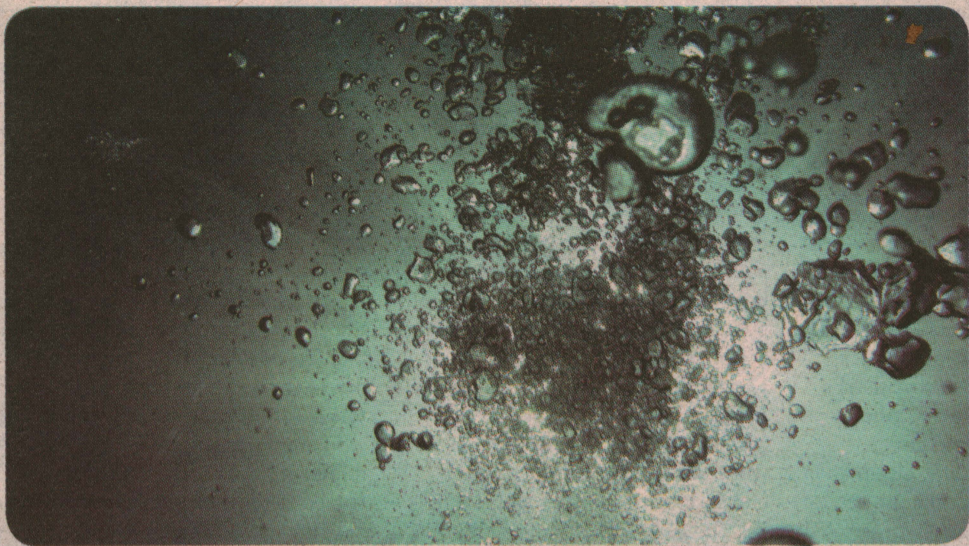


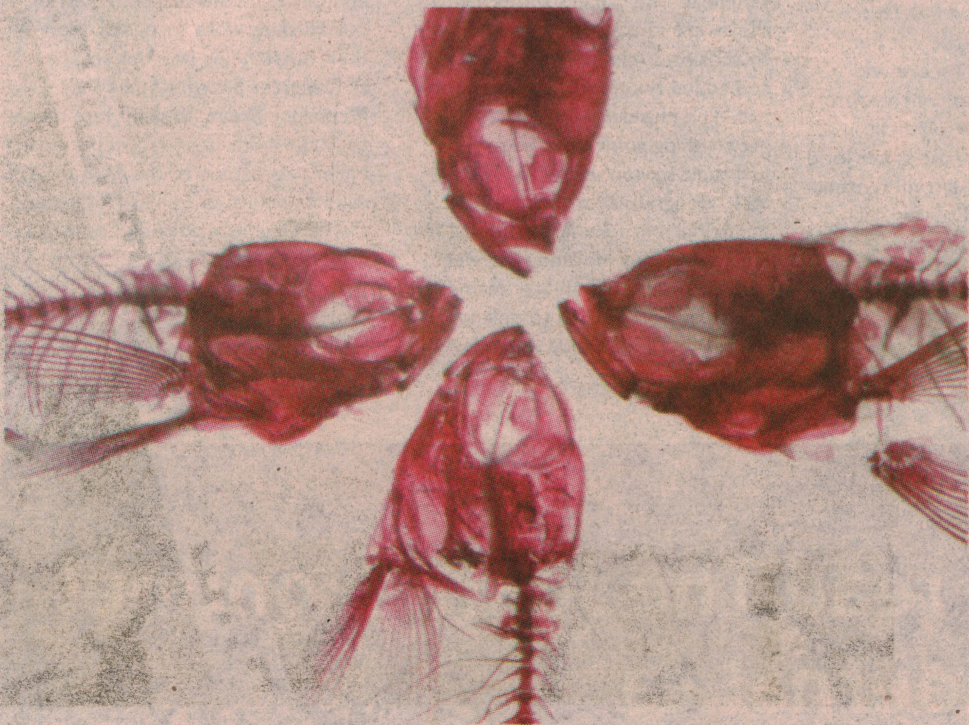
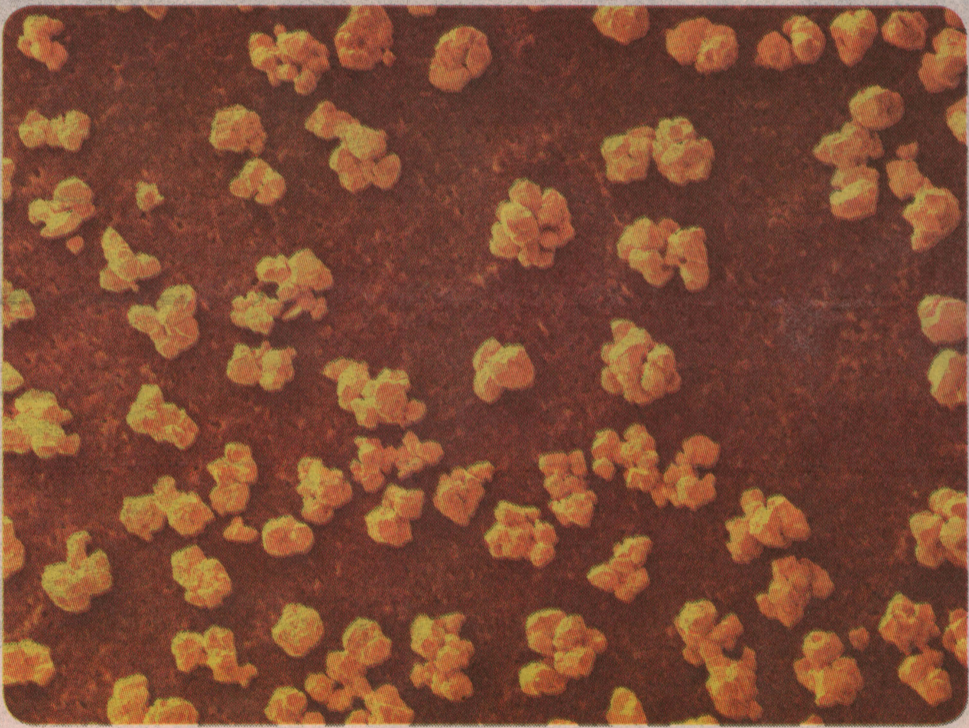
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# Science Photo Contest Winners!

Winning photographs from the 2012 contest will be showcased in the 2013 Science Calendar, which will be available December 2012.





## Huskies defeat Axewomen in five sets, extend winning streak to three

22 NOVEMBER, 2012

(HALIFAX, N.S.) - The defending AUS champion Saint Mary's Huskies won their third match in a row with a 3-2 come-from-behind victory over the Acadia Axewomen in women's volleyball action Wednesday evening at the Homburg Centre in Halifax. The Huskies (3-6) fell behind 2-1 before rallying to win the final two sets. Game scores were 20-25, 25-21, 24-26, 25-16 and 15-7.

Ariel Smith (Yarmouth, N.S.) recorded a game-high 20 kills and 22.5 points, and added 18 digs and an

ace in the win.

For the Huskies, Anastasia Callaghan (Truro, N.S.), the reigning AUS libero of the year and current leader in AUS digs (4.51 per game), had a game-high 23 digs, while Subway player of the game Nicole McCulloch (Shubenacadie, N.S.) added 11 kills and 4.5 total blocks. Bri Rector (Milton, Ont.) led the Axewomen (2-7) with 15 kills and 13 digs, while Kristen Bolduc (Sudbury, Ont.) had 13 kills and 6.5 blocks in a losing effort. Former AUS rookie of the year

Meg Rector (Milton, Ont.) added 11 kills and seven digs for Acadia. Rector currently leads the conference in kills at 3.31 per game.

With the two points, the Huskies move into a third place tie in the AUS standings with the StFX X-Women with six points. Acadia is now in a three-way tie for fifth place.

Saint Mary's and Acadia will face each other once more before the holiday break, on Tuesday, November 29th at War Memorial Gym in Wolfville, N.S.



photo credit: wes wilcox



photo credit: wes wilcox



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## Huskies "Move Forward" in 2012 Season

CRISTEN YOUNG

With a motto of "move forward" the Saint Mary's Women's Rugby team finished their season with an exciting 4-4 record. Last year they posted a dismal 0-6 season, but have bounced back with new talent and a new head coach. Megan Kinsman, a former Husky and AUS and CIS award winner assumed the role earlier this year. She was pleased to accept it after being the assistant coach for the previous four seasons. Kinsman

explained that "there has been a steady improvement throughout the season. There have been many individual successes that have come together for the team as a whole. We ended on a great last regular season game - beating STU 55 to 14 - the girls attitudes and drive to end the season so strong was amazing to see."

The ladies advanced to the AUS semi-finals and played Acadia

last Saturday. After an intense first half, the score was tied 0-0. The Huskies fought with true grit but unfortunately the final score was 22-7. The Huskies wish to congratulate the graduating players for their dedication and love of the game: Jorie Rose, Kait MacLean, Allison Maybank, Sarah Card, Carolyn Dawson, Jean Baker, Caroline Resende and Cristen Young.

## Huskies Soccer Update

WES WILCOX

The Saint Mary's Soccer Huskies had tough ends to promising seasons. After an impressive quarterfinal victory in overtime over Moncton, the Women's team faced the top ranked Cape Breton Capers in the semifinal. The Capers showed why they were ranked 5th in the country by scoring 3 minutes into the game and added two more in the second half. The Huskies were unable to get anything going on offense and had their season end with a 3-0 loss. Congratulations to 4th Year Midfielder Michelle Yates and 3rd Year Defender Jenny Holland who were named to the AUS All-Star teams. The men were unable to defend their AUS Title, as they were upset

in heartbreaking fashion in penalty kicks. Even though they outplayed the Capers for most of the game the Huskies were unable to put one on the board. In the penalty kicks a couple of misses spelled the end of the team's season. A few of our Huskies were recognized for their outstanding play this season as Defender Shawn Kodejs and Midfielder Danny Bachar were named to AUS All-Star teams. Keeper Adam Miller was named to the AUS and CIS All-Star teams, as well as Midfielder Derek Gaudet who took home AUS MVP honours.

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## Huskies Hockey Mid Season Update

At about the midway point of the season, the Saint Mary's men's hockey team find themselves in third place in the AUS standings with an 8-4-1 (wins-losses-overtime losses) record, as of November 24th. According to head coach Trevor Stienburg, The Huskies are happy with where there are right now. "The predictions before the season weren't that nice" said Stienburg in an interview. "The guys have played quite well, they are keeping pace. It's tight right now, uncomfortably tight. We're very happy. We're giving it our all." Stienburg still thinks Saint Mary's has areas to improve despite a pretty good first half of their season. "Goals aren't going to come easy" Stienburg said, "We have to score goals. We have to work on our consistency. For instance, we're playing Moncton

(On November 16th) and we got 51 shots on them, and only 2 goals. We also have to make sure we're playing a full 60 minute game every night." As far as where Stienburg envisioned his team to be at this point in the season, he is pretty satisfied with how things have turned out. "We're competing. We're skating with them (top teams in league like UNB and Acadia), playing with them, Keeping pace. We narrowly lost to Acadia (On November 9th), who are in first place in the league right now. We beat UNB (On November 3rd), who are a very good team in their right. We're in the middle of the pack now. It's tight. We're happy with where we are." The Huskies appear to have put themselves in good position to make a run toward the playoffs in the second half of the season. They

are just 3 points behind the two leading teams in the conference, UNB and Acadia, who both have 20 points. In terms of what players have contributed the most in Saint Mary's success so far, Stienburg, a native of Moscow, Ontario, points out three of his players as having contributed a lot. "Well, Lucas Bloodoff (Forward and the league's leading scorer), Stephen Johnston, (forward) and Michael D'Orazio (defenceman) are contributing a lot. Bloodoff and Johnston are scoring goals. Bloodoff is the perfect Husky. He's not always pretty, but he gets it done." For Stienburg, consistency will be a major thing for the team to work at going forward. "Like I said before, consistency. We can't have any pretty passes. We've sometimes been too skilled. We have to be better along

the boards, and in the hard areas. We have to go to the crease. Hard areas are sometimes neglected." Overall, The Huskies head coach since the 1997-98 season thinks fans have plenty of reason to be happy with the team's performance thus far. "Fans should feel good. We're a blood and guts team. The fans should be proud of the guys wearing the Maroon and White of the Huskies. I would've like more of a gap in the standings, but, overall, I am happy with where we are right now." The Huskies' next home game is not until January 4th against St. Thomas. There is the possibility of a lot changing in the time period as the season progresses forward.

## Womens Basketball Update

The Women's Basketball Team remained undefeated on the season after two double-digit victories over Cape Breton and St. Fx on the weekend. 4th Year Guard Justine Colley and 2nd Year Forward Laura Langille continue to lead the way for the Huskies as they have stormed to the top of the standings with a 6-0 record. Colley leads the league averaging 26.2 points per game and is third in assists with 23. Langille is doing her part in the paint grabbing 9.8 rebounds a game for top spot in the league. The huskies will look to continue their dominance at home against the tigers on Nov. 28th at 6 p.m.

## Huskies Football Wrap-up

The Saint Mary's football team had a rather disappointing end to their season when they lost to the Acadia Axemen in the Loney Bowl on November 10th. The sentiment is clearly felt throughout the team, according to offensive lineman Riley Brown. "The season did not end the way we wanted it to" Brown said in an interview. "Our end goal was the Vanier Cup. Whenever we lost, we would have a designated period to talk about it, and how to play better in the next game. We are looking forward to next season." Injuries ravaged the Huskies roster throughout the season, including in the season finale at the Loney Bowl. "We lost (Quarterback) Jack Creighton early in the season. We also lost Rob Jubenville (Defensive Lineman) and Jahmeek Taylor (receiver/returner) for the Loney Bowl. We gave everything we had in that game. Acadia is a great team. It was a good game. We left our heart out there on the field." As far as what good aspects of this year's

team can be transferred to next year's squad, Brown feels it can be done well. "Definitely, we were really good defensively this year. Good defence has always been a tradition at Saint Mary's. Jean (Legault) and Drew (Jacobson) did a good job at quarterback this year. We had a good run game with Melvin (Abankwah) and Mike (Dawes) doing very well. We also had good special teams with (special teams) coach (Steven) Watts doing a great job this season." The Huskies have lost in the Loney Bowl 2 years in a row now, also losing to Acadia last year, with both games being in Wolfville. These 2 losses came after 4 consecutive Atlantic Conference championships for the Huskies and a period of Saint Mary's being the undisputed best team in the AUS. The Huskies struggled through the season with a new Head Coach in Perry Marchese, and unquestionably, a new philosophy under a new leader. But, Brown says things should get brighter from here on in for the program. "We'll have the same

starting group next season. We will recruit some great guys from across Canada. This time around, we will get the whole off-season to recruit guys, unlike last year when Perry came in late in the recruiting process. Perry is a good recruiter. We will have a good team next year. We'll also get Ben Rossong (redshirt quarterback) for next year too." Brown also said briefly that off-season workouts are another important element involved in getting ready for next season. "Workouts during the off-season are important too. Guy will grow, and develop." Concerning the message returning players on next year's team send to the rookies who will join the fold, Brown emphasized a new mentality that this year's team adopted to help all players feel welcome. "This year, we decided to adopt a sort of family mentality for all of us. New guys will be welcomed into and become part of the family and the team." AUS football will start up again next fall.



photo credit: wes wilcox

## Womens Hockey Update

The Saint Mary's Women's Hockey Huskies upset the top ranked X-Men on November 2, handing them their first loss of the season. Rookie forward Brianna Soper had a huge game scoring both Huskie goals in a 2-1 victory. Rookie goaltender Sienna Cooke preserved that lead with 32 shots, 14 of which came in the 3rd Period dominated by the X-Men. The team carried this momentum into the Metro Centre to defeat the Dal Tigers 2-1 in overtime as Brianna Soper tied the game in the 2nd and Jenelle Rogers ended it in the shootout. This was followed by

a 4 game losing streak that included a tough shootout loss to the same X-men on Friday night. A bright spot has been the continued great play of Cooke who is 5th in the league for goals against average and 3rd for save percentage. The team has dropped to 5th in the league but only remain 2 points out of 3rd place. Come out and support your huskies on November 30th as they welcome PEI for the final game before the Christmas break.

## Women's Hockey Huskies Land Local Recruit

23 NOVEMBER, 2012

Head coach Chris Larade is pleased to announce that the Huskies have received a commitment from Bedford, NS native Laura Polak. Polak, who played for coach Larade in her first year with Metro Boston Pizza in the NSFMHL, is currently leading the league in scoring with 22 points in 10 games. Polak is now in her third year with the Metro Midget AAA team and finished last season with 43 points in 22 games, placing her third in league scoring and first in assists. She also played a big role in getting Metro Boston Pizza to a 4th place finish at the Esso Nationals last spring and recently participated at the U18 National Championship for Team Atlantic where she led her team in

goals. Coach Larade is looking forward to how the smooth forward will adapt to a faster and stronger AUS conference, "Laura's puck skills and vision on the ice will make her a go-to player as soon as she steps on campus. Her skating is strong and love of the game is contagious". Added Larade "there are a few things off the puck that will be an adjustment for her in the AUS, but her overall game sense will allow her to pick things up very quickly. She is very coachable and always wants to improve." Polak will be enrolled in the Sciences Program at Saint Mary's and is looking forward to being a part of the Huskies' squad and continuing

the team's strong showing not only on the ice but in the classroom and community as well. "I chose SMU because of its strong science program, solid and improving hockey program and because I am very familiar with coach Larade having played for him before." Polak added, "And to be able to play where my grandfather, Fred Gallagher played is a nice touch as well and I will be happy to make him proud." "Laura is exactly the kind of person we want to bring in to join our hockey program. Her talent and skill level are a big bonus and will help us reach the next level in the CIS", stated coach Larade "we look forward to seeing Laura in our maroon and white."

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## Northern Ireland Trip training students in Peace, Conflict Resolution

NOAH BEST

The best thing about going to SMU is the tremendous opportunity to take our education beyond the classroom setting. By partnering with various organizations here and abroad, Saint Mary's prides itself on being able to offer a wealth of international adventures to students of almost every discipline.

One such opportunity includes the trip to Northern Ireland every year taken by students to facilitate conflict resolution workshops. In its 8th year, the program has been successfully funded and supported by Saint Mary's students, faculty, staff, and local community organizations. The program was developed through a partnership with Peaceful Schools International, a Canadian not-for-profit organization that works to promote peaceful schools here and abroad through peace education.

SMU students who are accepted to go on this trip receive training in various areas of conflict resolution and peace education. Each year the program focuses on different themes to discuss in the workshops such as empathy and cyber-bullying.

Participants from the member schools in Halifax and Belfast always look forward to the visits from the university students and have really

grown to appreciate the messages conveyed in the workshops. This is especially true in Belfast where the students of the schools they visit treat the SMU students like celebrities.

Students from the schools in Belfast even remember from years past SMU students who facilitated the workshops before. "When we started our workshop with these children they were able to name three of the four SMU students who presented to them the previous year," said Crissinda Crant, who was the student leader last year. "The class also remembered our first activity and the answers to it, which was a conflict web that mapped out the positive and negative words/ideas associated with conflict," she explained.

Each year, the schools always look forward to visits from 'the Canadians,' Bridget Brownlow, Conflict Resolution Advisor and founder of the Northern Ireland program explains. The fact that students from other parts of the world are coming in to talk about conflict resolution is a nice change for the students in Northern Ireland and in that sense, their messages are more likely to resonate and stick with the audience. So why do the students



travel to Northern Ireland of all places? Northern Ireland is what Brownlow and many others would characterize as a 'post-conflict' society. As many may know, Northern Ireland went through a period of conflict throughout the latter half of the twentieth century known as 'the Troubles'. This period was characterized by high tension and violent exchanges primarily between Protestant Unionist and Catholic Nationalist paramilitary forces, as well as British security forces.

Unfortunately many innocent lives were needlessly taken during this

time and much of the population lived in fear due to these attacks on the civilian population. It also produced a lot of hate and mistrust for people affiliated with certain factions even if their affiliation was loosely based.

Out of this backdrop, a post-conflict society has emerged in which many of the strong emotions and feelings are still felt amongst the population in Northern Ireland today. Brittani Stanhope, a Global Business student who also participated in the trip last year, echoed this sentiment when she described an encounter with a group demonstration in

Belfast.

Upon seeing this, a local woman approached the groups to explain that what they just witnessed was a pro-IRA community group. "When asked how this type of activity made her feel, she told us that it made her very hurt and angry, as she was a Protestant," Stanhope explained. "She told us that she thought people needed to let the past be the past, and to try and move on for a better future. She also said that seeing this type of activity was especially hurtful, as it was a reminder that the IRA killed her granddad." This type of first hand interaction that the students were exposed to provided them with an insight into the gravity of the situation that they would have never gotten in Halifax.

Experiences like this one are common among the students and inspire many to pursue peace education further on in their academic and professional careers. As Brownlow put it, there are many students who have gone on after school and began their career in peace education as a direct result of this program. The lessons and experiences they take back from this trip thus permanently shaped their future for the better.

## Society Start-Up Grant Replaced

ADAM FABER

Saint Mary's student association has changed the way they fund societies in the interest of accountability.

"We've decided this year to eliminate the Start-up Grant," said SMUSA Society Coordinator Stephanie Pronk. "It was a board decision, and it was one of the requested changes that first came down through the president and VP Student Life."

"SMUSA used to give every Ratified Society the Start-up Grant, worth \$150," said Pronk. The infusion of funds was used as a way to kick-start any ratified SMUSA society, enabling them to have some liquidity. However, the grant didn't require any expressed goal to get the money, and in some cases it was received by a group without any benefit. "There are societies that have ratified in the past, collected the Start-up Grant, and have done nothing throughout the school year," said Pronk. At \$150 for 54 societies, the start-up grant would have exhausted a little over 30% of the Society Coordinator's 2012-2013

budget.

While that source of funding will no longer be available to societies, there is still money available to executives willing to put their pen to paper. "New societies, or societies that haven't claimed for it before, still have access to a one-time Branding Grant," said Pronk, referring to a \$250 cash injection that can be used for publicity. "That definitely gives them a leg-up in terms of establishing themselves on campus." Pronk estimated that only about ten societies on campus have taken advantage of the Branding Grant to date.

For special event funding, SMUSA provides a 50-50 split of costs, up to a maximum of \$2000 a year per society. "They can access these funds by applying with a specific event (and the event expenses) in mind," said Pronk. Societies can continue to apply for funding until the annual budget is exhausted. "We usually get more request in the second semester, societies tend to ramp it up closer to

the end of the year."

The end result in terms of funding is that \$25,000 dollars is available to societies to share over the course of the academic year, the same as before. The difference is all of the money now requires an application with some expense details included, instead of simply cutting a cheque at the beginning of the year. Whereas the money being given out comes from student fees, Santamarians have a little more accountability on where it is their money goes.

"It's less money up front, but as long as we know groups are putting in the right effort to organize and follow through with a great event on campus, we're more than happy to help them secure funding," said Pronk, pointing out that it is ultimately money from students being given back to students. "Because it's student funding, we want direct how it affects student life in a productive and positive way."



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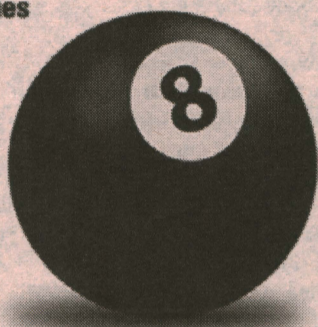
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## SMU Photography Club developing

ADAM FABER

The shutterbugs are forming a colony.

Jeremy Vaters, one of the members of the SMU Photography Club, is working to get the Facebook group into the ranks of official SMUSA society membership.

Vaters isn't the only camera enthusiast on campus, and so far there is a community of them emerging. Vaters had a photo a day for a year project, and others on campus are actively honing their skills as well, sharing what they are up to on the groups wall. With over fifty people signed up to the group online, the next step is to get their paperwork done.

Ratification is the process of becoming an official society of the SMU Students Association (SMUSA). Getting ratified provides benefits in the form of free publicity to fellow Santamarians, and the ability to book

space, either in the Gorsebrook or other areas.

So what Vaters has been up to is collected the A number and signatures of people who want to be a part of the SMU Photography Club (SMUPC). After twenty people have endorsed the group, they can form an executive body and open a bank account with some help from the student association.

The plan is to have a number of different event and activities that would appeal to photo fans; photography workshops, featured photos of the month, and maybe even an annual field trip. But the first step is to get interested people.

Anyone interested in learning more is encouraged to visit their Facebook group, simply search for 'SMUPC'.

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## Bone's in the Kitchen

I'm sure most will agree, it's difficult to cope with the short and colder days, especially with the exam period looming. To not get too bogged down, I like to add some flare to these dreary days - and what better way than tasting some zesty summer flavors.

For me, summer is all about cocktails on a deck with some light fare; tequila is my go-to. Unfortunately, it gets a bad rap. More often than not, tequila is only ever drunk around 2 am, when someone decides to line the bar with shots. The idea seems brilliant at that time - after we have already guzzled copious amounts of booze - but usually leaves people debilitated the following day. This is not good tequila.

Good tequila is actually an amazing drink, which can be combined into many delicious cocktails to beat the summer heat, or sipped slowly to liven these wearisome days.

A brutal week of assignments and tests was my excuse to pour a stiff tequila drink and relax while I created a menu for dinner, recently.

Tequila Rosemary Lemonade was the drink of choice and it's really easy to make: 2 ounces of tequila, some lemonade, and a fresh rosemary sprig, shaken and served over ice. Semi sweet lemonade is not only refreshing, but it also helps to cut the heat in spicy Mexican dishes.

To keep with the tequila theme, I made fish tacos with a tequila aioli and salsa. They were super simple

and quick to make, which allowed me to focus more on my drink than preparing a complex meal. To make them, all you do is pan-fry a white flaky fish that you have seasoned with a little salt, pepper, and cumin. Place inside a soft corn taco shell. Add a little chopped cilantro, salsa, aioli that you spike with some tequila, some refried black beans, and few drops of fresh squeezed lime juice. Fold the two sides in, and then roll it up.

If the thought of tequila doesn't make you queasy when sober, I highly suggest making this with a bunch of buds.

Salud!

## Geeks vs Nerds a gathering of the allegedly antisocial

ADAM FABER

On a Tuesday night, I would normally expect a student bar to be fairly empty. But as a look around the Grawood at Dalhousie University, there aren't many empty seats at the tables. "This is actually a pretty weak crowd compared to other nights." Says Lenny Langton, a Geeks vs. Nerds regular and Hal-Con volunteer. "Maybe it's the cold keeping people away."

Geeks vs. Nerds is a comedy-debate show facing teams against each other to consider the conundrums of alternate realities. For example, who is the better second in command; Darth Vader, or Spock? The show I had the pleasure of attending debated the most irresponsible time traveler: was it Phillip J. Fry of Futurama, or Marty McFly of Back to the Future? For those not in the know, Phillip traveled time and became his own grandfather, whereas Marty McFly created an alternate reality by leaving a sports almanac in the past. Serious topics, to be sure.

The crowd is engaged, supportive and not who you would expect at a night out. The table that tolerated me had a fangirl sporting a home made hover-board in support of team McFly. Cameras are poised around the bar, trained on the



six verbal combatants, who offer humorous anecdotes supporting their side of the debate, while the emcee fires an array of Nerf weaponry at anyone who steps over the line when it comes to inappropriate jokes or overly painful puns.

"Shoot me!" screams a debating member of team geek dressed as Daffy Duck, as he asserts that the animated waterfowl is a bigger jerk than comic book character Deadpool. His foam bill flips around to the back of his head as the foam punishment is delivered. "Of course you know, this means war," he quips in the classic duck lisp.

The emcee and dart-toting referee is Lord High PigMonkey, who was one of the founders of the debating event. "As geeks, this is what we do," said his Lordship. "Debating who would win in a fight, or arguing

over who's got better super powers. It would get really funny, and I thought I wish we recorded this." So about three years ago, that's what they did, posting episodes onto their website. Since then they have found their way into basements around the world and around the corner. "We'll get ten Downloads from Japan, or a few in Scotland. But most of our numbers come from Nova Scotia."

It's only five dollars at the door, and there are prizes given away at the end of the night, donated by different sponsors. If you want to check it out live and get your geek on, you'll have to wait until January until they hold their next debate, however. The good news is you don't have to travel back in time to see past showdown, all of the episodes are available on [www.geeksvsnerds.com](http://www.geeksvsnerds.com).

## The Vagina Monologues seeking Volunteers

ADAM FABER

The monologues aren't a solo production, and Janis Wall is trying to gather up the different types of volunteers needed to make it a success.

"Volunteers are definitely needed," said Janis Wall, student and volunteer with the SMU Women's Centre. "All students, community members and genders can help." Every year, the centre puts on a production of The Vagina Monologues, raising money for charity. Stepping Stone will be receiving the proceeds

of the show, a non-profit group striving for the safety of sex workers.

"The production starts planning and preparing now right up until the shows, which are February 21st to the 23rd, so any and all help is appreciated." Said Wall. If you're the type who likes to make them happy, there are positions available to sell tickets, canvas for community support, and raise awareness for the anti-violence campaign One Billion Rising. Or perhaps you just like to look at it. That's great, a lighting

director is a welcome addition to the team, or even some helpers to make vagina lollipops and décor for the stage.

"Anyone can contact me [janisrwall@gmail.com](mailto:janisrwall@gmail.com) to be put on the volunteer e-mailing list which I will be using to communicate tasks and how people can help." Said Wall. Of course, the production also needs an audience, so if you can't get involved, keep an eye out in February so you know when to be there in the room.

## Interview with The Stanfields!

The Stanfields are not your typical, run of the mill rock band. During the day they work as trade's people, building houses and paving driveways, and at night they take their high energy, hard rocking performance to theatre stages, bars and clubs. The Stanfields took the Maritimes by storm in 2008 with the release of 'The Dirtiest Drunk (In the history of Liquor)' and they have not looked back since. The Stanfields open for The Trews at the Rebecca Cohn Theatre on December 2 in an intimate acoustic show. Jon Landry, lead singer of the group, took some time to talk to the Journal about their new album, the recent biggest tour of their career and more.

### Where did you get the name 'The Stanfields'?

One day I was driving by the airport, this was just after the name had changed, and I saw the name Stanfield International Airport. It just stuck with us and we never changed it.

### Biggest influences on the group?

Bruce Springsteen, AC/DC, Neil Young and John Prime.

### Your latest album, 'Death and Taxes', has a very political vibe to it. Do you mind explaining the concept behind it?

It is really just a natural tendency of mine. I read a lot of books with this theme of politics and the economy and it is in almost all the news stories you or I read. I just started writing and the theme and our aggressive music style just seemed to fit perfect.

### Who writes the music for the group? What influences the writing or what gets them into a writing mood?

I [Jon] write all the music for the group. I usually write songs while I am driving or whenever I am busy doing something. I just let my mind go somewhere else and write.

### A band you guys dream of opening for?

Probably any of our influences, but our top choice would be Bruce Springsteen and second would be AC/DC.

### What has changed with the band between your first and second album?

Our first album was a lot less based on politics and the economy. We were just beginning to survey our influences and trying to find ourselves and answer, who are 'The Stanfields'? Then with the second album we become bigger, matured and more rock and roll. We spoke to what we wanted to speak too, being trades people and the affects on our lives, and show people what the ride has been like for us. We have planned an acoustic album for our third release.

### How would you describe your music's sound to someone who has never heard it?

That's a tough one and I honestly have no right answer. It is roots based music turned up to 11. If you know roots rock, well The Stanfields are rock roots.

### Any inter-band rivalries or competitions?

Not really, we are all over 30 so it is not about being faster or better or more. For us it is about keeping it together. We are all like brothers.

### Most memorable performance/moment as a band?

That's a tough one, I don't know. The band has an unspoken rule, we make the best of every situation we are in. Whether we are playing for 10 people or ten thousand people, we have done both. It honestly depends on the gig, but we always leave a gig laughing about something.

### The Trews show is acoustic, what can we expect from a hard rocking group like The Stanfields going acoustic?

Lots of brand new material. We spent some time in a modest chalet for a weekend and spent all that time writing, recording and demoing. We are changing our instrumentation to more of a traditional Irish music set.

### This is one of your biggest tours, what is it like on the band physically and mentally?

It is absolutely surreal, it is like you are living in your own bubble. It is far from what people think. We are cramped in a van for 12 to 16 hours at a time and forced to eat bad food. You get to a city and you do sound checks, wait around and perform for an hour or two and then you repeat that same thing everything.

### Any advice for aspiring musicians?

Make sure you never mail in a gig, meaning always play and give 110%. Always play your heart out and just remember that's every small concert equals growth for a band. Honestly, big rockstars don't exist anymore; just go for a long career.

### A final question, what bands could we find on a Stanfields iPod?

A mix of everything. A bit of Motown like James Brown, some Deftones. Definitely some bluegrass too.

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