10Urnal Saint Mary's University's Independent Student Newspaper

Don't drink the water McNally testing underway

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Colley nets points record SMU star is now CIS top scorer SPORTS—Page 7

Golden Dreams Reflections of an Olympian SPECIAL FEATURE—Page 10





Huskies Stadium demolition set to start Crumbling structure to be replaced with landscaped grass slope

SARA LANGILLE **News Editor**

Many students and spectators come out to watch Saint Mary's Huskies play football during the sports season. Typically people would sit in

the stadium that resides on the fields sideline; it is made up of a hill, cement seating and a canopy. This will no longer be an option for spectators as the stadium will be in the demolition progress starting this year and will be replaced with grass landscaping where spectators can watch the games.

The Huskies Stadium was built in 1969 for the specific use of the Canada Summer games being held in Halifax.

There was not much time to build the stadium grand-stand and many of the alumni who were here during that time are surprised it has lasted almost fortyfive years. So far there are no plans to build a new stadium right away so the area will be turned into a grassy area for spectators.

Jillian Johnson, an avid Huskies Football fan says she would still be willing to watch the games from the grassy sidelines but says many others will not. "Many parents and grandparents come to watch the games and I know they would not want to stand or sit on the grass." She

also says she will not want to attend during bad weather. "If it rained nobody would show up because of the wet grass and this might cause the SMU athletes to lose confidence. The football games are a huge source of money for Saint Mary's University and the low attendance of audience could

"We were told we potentially hurt the school. I think that have to tear down one year without a the stadium for stadium would be too long." safety reasons Travis Smith, a

and parts of the

stadium have

been closed

down in the past

because of this."

Communications

Communications Officer for athletics at Saint Mary's, says they have no choice but to tear down the stadium. "We were told we have to tear down the Officer Travis Smith stadium for safety reasons and parts of the stadium have

been closed down in the past because of this. The press box is unstable; the cement seats are coming undone and are uneven causing a tripping hazard. The canopy has been deemed unsafe and it leaks when it rains therefore it has no purpose."

Part of the existing stand was shut down in the year 2000 due to concrete falling. Other years the stand could not be used because of mould issues, which is why it is now being demolished, the state of the stadium will continue to get worse. Smith says he is not worried about a drop in spectators for the games. "People will be accommodated. The whole area

where the stadium is will be sodded over and people can view the game from the grass. Also there will be a large amount of seating being put on the Homburg side of the field for anybody who wants to watch the game in a seated area."

Many other things are also being upgraded at SMU, the turf on the actual field will be replaced with new turf as the turf only lasts 10 years and it has expired this year. It is also possible that the running track around the field will be updated in the coming years although it is not a guarantee. Smith says priorities are being made now to determine what needs to be done. "We are possibly thinking about making change rooms for the visitors in games and other things like that that will improve SMU athletics. We do hope to build a new stadium in the future although there are no plans yet. The first step to doing this however is to get rid of the current stadium, which will begin sometime next week."

Many things have to be considered before making a plan to build a new stadium. "An assessment of needs for a new stadium will be done and statistics will be gathered on who makes use of the stadium and how many people use the seating during games." Said Smith, "I mean, we're not going to build a CFL size stadium because it overdoes our needs. When a new stadium is built we want to do it right (unlike last time) and make sure it is up to standards with the rest of Saint Mary's new buildings like the Homburg Centre and the new facility on Tower Road. A new stadium would be built with the best standards."

New ferry named in honour of fallen soldier

SARA LANGILLE News Editor

Starting during Spring 2014 Halifax Metro Transit will be introducing a new ferry to aid in it's Halifax-Dartmouth crossings. The three ferries' that currently run by Metro are named after the terminals where they reside - the Halifax III, Dartmouth III and Woodside I. However, the Woodside one has aged, and pending it's reception from Transport Canada, the newest ferry will be christened the Christopher Stannix, after a soldier who died in Afghanistan in 2007. The name was selected by citizens of HRM who voted in an online poll for what would make the best name for the

Master Corporal Christopher

Stannix attended Saint Mary's university, joined the Canadian Forces in 2001, and was promoted in 2006. Stannix went to Afghanistan in 2007 putting his university education on hold and taking a reduction in rant, and was killed by a roadside bomb

Darrell MacDonald, a colleague of Stannix nominated him, in the hopes he wouldn't be forgotten by other Haligonians.

His name was remembered and now always will be. The name "Christopher Stannix" received over 61% of the votes cast with over 12,000 people, and beat. a lot of other tough contenders such as Vincent Coleman, the railway dispatcher who saved the lives of everyone on a train shortly before the Halifax explosion, and Chebucto, the Mi'kmaq name for the Halifax harbour.



A decade of teaching peace in Northern Ireland

Saint Mary's University will co-host a special conference in Northern Ireland that will highlight peace education efforts carried out over the last decade.

Saint Mary's University will co-host a special conference in Northern Ireland that will highlight peace education efforts carried out over the last decade.

Ten years of teaching peace in Northern Ireland will be celebrated Jan. 27 when Saint Mary's University cohosts a major conference with Peaceful Schools International, and Barnardo's UK Children's Charity.

Over the past decade more than 100 Saint Mary's students have traveled to Belfast, Northern Ireland to teach conflict resolution strategies to thousands of students attending Integrated, State, Catholic Maintained and Irish Language schools.

Drawing on the skills learned in

facilitated workshops in Halifax with local elementary schools in Halifax, the students connect with the Irish students through classroom games and activities, passing on skills they can use to cope with lingering challenges of postconflict segregation.

"The notion that peace cannot come from merely wishing for it or mandating it is the fundamental principle behind peace education," says Emily Anderson, a program participant and a presenter at the conference.

"By providing students with the skills, knowledge and attitudes to resolve conflicts peacefully, Saint Mary's

Continued on Page 5



Saint Mary's University Students' Association | WWW.SMUSA.ca | @SMUStudents



ELECTIONS

PRESIDENTIAL AND BOARD OF DIRECTORS NOMINATIONS ARE NOW OPEN FOR THE 2014 ELECTIONS. NOMINATION PACKAGES CAN BE PICKED UP AT THE SMUSA INFO AND RECEPTION DESKS.

NOMINATIONS ARE OPEN FROM JAN 24TH - FEB 10TH @ 4PM

QUESTIONS?

ELECTIONS.SMUSA@SMU.CA 5TH FLOOR STUDENT CENTRE, ROOM 522

CRO WAEL AL-AKHALI TUES 4-6PM WED 8-11AM THURS 4-6PM FRI 10-5PM

DRO **EMILY GORMAN** MON 9-12:30. 1-5PM TUES 10:30-12PM THURS 9-12PM

NOMINATIONS ARE NOW OPEN NOMINATE YOUR PROFS, OTHER STUDENTS, & MEMBERS OF THE COMUNITY FORMS AVAILABLE AT THE INFODESK AND SMUSA.CA

Nominatons close at 4pm Monday, February 24th



TUESDAYS

TRIVIA

Moosehead ticket

WEDNESDAYS

OPEN MIC

DI booth

THURSDAYS

WINGO/WINGS **EVERY Thursday Night!**

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FEB 10TH-14TH





A CAMPAIGN FOR LOVE EQUALITY



DULLON

FEBRUARY 5TH, 2014 9:00PM AT THE GORESBROOK LOUNGE DRESS CODE: SNOW PANTS/GLOW PANTS

Gorsebrook Lounge is open to all 19+ SMU students, staff, Alumni and guests

COUNTRY THEMED EVENT THURSDAY FEBRUARY 6th 2014

Feat. DJ Savory w/Country Video Dancing

9:00pm at the Gorsebrook Lounge

journal

Suite 522, 5th floor, Student Centre Saint Mary's University, 923 Robie St. Halifax, Nova Scotia B3H 3C3

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Writing and artwork submissions: Wednesday 5pm (One week prior to publication)



KARSTEN SAUNDERS The Brunswickan

FREDERICTON (CUP) — Step out of the shower, get dry, lean over to pick up your clothes, cry as your stomach folds over. A day like any other.

To some people this may sound like a bit of an extreme reaction. Sadly, for many, it is a chronic reality. It was one morning like this that inspired me to change things. Instead of feeling sorry about my own body, I would help other people see the beauty in theirs. Instead of wallowing in self-pity, I would take those feelings and do something productive with them.

Though it began as a knee-jerk idea caused by my own insecurities, the Dig Deeper campaign has since developed into much more. There has been such a positive reaction to it that it really has begun to give me hope.

Initially it was intended just to be a poster campaign promoting positive body image and self-love; a reminder to everyone that you are beautiful. I planned to put the posters up around campus, since body dissatisfaction is very high amongst our age group. Despite my initial plans, the campaign has since evolved substantially; I now plan to cover as much of Fredericton as possible, as well as hopefully spreading out to other campuses in the country. There will also be a website where people can share their stories and struggles.

Sadly, I can't devote nearly enough time to this campaign. So far I've only managed to get the photos done for the posters. I've had about 25 men and women model in their underwear. As a photographer, this was an amazing part of the process. Some models were concerned that they were too big for my posters, while others were worried they were too thin. The point of the campaign has never been to shame people who are thin; it has always been to remind everyone that every single human being is beautiful in their own way, and that the size and shape of our body plays no part in that.

Money is also a serious barrier; I contacted over fifty local businesses as well as some campus organisations trying to get some form of financial support for the campaign. Not only have I received no help, but not a single one even took the time to answer me.

Not one to be so easily discouraged, I am now planning to fund the campaign on my own. Ideally the posters will come to be available to download from the website so that anyone anywhere can print the campaign ads and put them up, but until that time I'm on my own! Some of the models have expressed an interest in donating money to the cause, or volunteering their time to help me with the website or putting up posters. This is awesome, and I hope we get many more people interested in helping out. It is truly an important cause, and one that I am whole-heartedly committed to working at. If anyone is interested in getting involved, then I encourage them to send me a message at my Facebook page, Film Grain Photography. Though this is a campaign that I personally am very invested in, I am treating it as an extension of my photography business, and possibly the most meaningful thing will have accomplished with my art.

Step out of the shower, get dry, lean over to pick up your clothes, stay strong as your stomach folds over. A day like any other, except this time you remember that you are beautiful, because you are. Never let anyone tell you otherwise. As for anyone who does try, well, you remind them that they need to dig deeper.

SMUSA Elections It's that time of year again

Election time is upon us again.

Nominations are open, and all of the information potential candidates and people nominating them is found below:

CRO Wael Al-Akhali

Office hours:
Tuesday 4-6pm
Wednesday 9-11am
Thursday 4-6pm
Friday 10am-5pm
DRO is Emily Gorman
Office hours:
Monday 9am-12:30pm and 1-5pm
Tuesday 10:30-noon
Thursday 9-12

Contact e-mail: elections.smusa@smu.ca Office location: 5th Floor Student Centre, room 522

Presidential nominations require 150 signatures and Board of Directors nominations require 50 signatures. Nomination packages can be picked up at the Info Desk and SMUSA reception desk. All nominations should be submitted to the SMUSA front desk.

Stick with The Journal for continued coverage of your student elections including platforms, interviews and debate times and results.

Letter from the Editor

So you guys probably know now that drinking water in the McNally Building is off-limits. This news was officially announced last week between Tuesday and Thursday via SMUport and student emails. I'm just wondering if that's a good way of delivering the news.

I have an @smu.ca email account for The Journal and personally didn't receive any notification. The @SMUHalifaxNews Twitter account had some traffic from students wondering what was going on after hearing some rumors about unsafe water. Do students check SMUport every day? Do you? What do you think would be a better way of notifying students of campus news?

Join the 21st century, SMU.

TWEET! Put it on Facebook! For a school that prides itself on it's new buildings and technologies, why are we still using something as clunky as SMUport or the email service that is slow and has a thousand filters? Or the messaging-over-the-PA-system in case of emergencies? You want to be cool and hip with your no smoking banners, and the monitors all over campus, why can't you send out text alerts? It doesn't make as much sense to me.

Send some feedback to editor. the journal@smu.ca if you have any better ideas of how students should be notified of urgent going's-on on campus.

CYDNEY PROCTOR

Editor-in-Chief

Catcalling not a compliment

DARCY ROPCHAN

The Gateway

EDMONTON (CUP) — I used to think that catcalling was such an innocent exercise. After all, what better way is there to let some random person on the street know you find them desirable? I used to think it was the only way to express my sexual frustration to strangers, until I had it happen to me. I was catcalled by a group of rambunctious girls in a car and I didn't like it at all. Now I know what ladies have been going through all this

First, it's necessary to set the scene of my humiliation. It was a Saturday night and I was meandering around Edmonton's Jasper Ave. on my way to a social function. The party I was attending required formal attire, and I pulled out all the stops and was dressed to impress—imagine a mix between Don Draper and Pierce Brosnan. That's how I imagine it, anyways. I spent hours working the hair, bleaching teeth and performing a vigorous facial scrubbing routine—go big or go home is my motto.

I'm crossing the intersection on Jasper and 101 St. when a car of four ladies rolls down its windows and one yells something sexually suggestive while honking their horn at me. The only words I could make out were "sexy" and "boi" — at least I'm pretty sure that's how they pronounced it. I was taken aback and left unable to come up with a witty retort. The car sped away when the light turned green and I was left to pick up the pieces of my broken psyche.

Women everywhere should know that catcalling is definitely not the way to let a man know you're interested, even if seems like the appropriate thing to do in that situation. I'm no stranger to yelling sexual comments to passersby on the street — I used to work in construction — but I feel like it's my duty to get the word out to the larger female population that this is not okay.

People around me keep telling me that I should feel flattered by those

catcalls — like it's some kind of amazing compliment. Maybe I should, it's not like I regularly turn heads when I'm strutting down the street. But to tell you the truth, I don't feel flattered at all. I feel objectified and bullied. Sure, these women may have been trying to compliment me in a strange way, but it just ends up sounding barbaric.

Perhaps the worst part about this situation is that these girls turned me into nothing more than an object with their sexual leering — just a piece of meat and nothing more. Yeah, they may have been trying to express their admiration for the clothes I was wearing or the way my hair was combed or the boyish charm I emit, but I'm so much more than that. It feels so shallow to only be wanted for your looks. I'm so much more than just a good suit and a confident stride. I have thoughts, opinions and desires that are important. I'm not here to be your eye candy.

There's absolutely no reason why we can't have positive, non-sexual catcalling. Those girls could have paid me a real compliment by sticking their heads out the window and yelling something like, "Hey boy, you look like you read a lot of books and have a pretty decent GPA. May I take you on a date?" Or something like, "Hello person who I don't mind admitting is quite handsome, but don't mean to offend. You look like a guy who's backpacked through Europe once or twice. Would you like to walk up Whyte Ave. and then drink coffee in an independent hipster book store?" I would love to hear things like that on the street. However, I must settle for "compliments" like, "Hey, boy" and "Work it sexy." It makes me shudder.

Ladies, next time you feel like catcalling a random guy on the street because you think he's hot, don't do it. In no way, shape or form is it a compliment. No man is ever happy or flattered to have some disgusting sexual drivel yelled at him by a passerby. It's time to grow up and realize that real beauty comes from within.

Send a Letter to the Editor!

Have a comment about one of our articles? Send your opinions to editor. thejournal@smu.ca and you might see it published in our "Letters" section. Letters should be 300 words or less and be persuasive but well-written. In order to publish your letters, we require your full name, but will never publish or distribute your email address to anyone. Let us know what you think!

5 |S & M Man

5.1 | Disclaimer

In this book, we tried to make a complete set of cheers and songs. Therefore, we cannot omit "The S&M Man", as it has

WE MUST WARN:

THERE IS NO GOOD PLACE TO SING THIS. PEOPLE WILL BE OFFENDED. THE CONTENT OF THE NEXT PAGE INCLUDES: BLOODY RAPE, MURDEROUS INCEST, CHILD MUTILATION, AND FETAL INGESTION AT THE

PROCEED WITH CAUTION

The text that follows is small for a reason. If you are willing to read it, you might just have as much fun as we did writing it. Bitches.

Photo: Jemma Wolfe/The Silhouette

McMaster student group suspended all campus activities due to songbook

JEMMA WOLFE The Silhouette

HAMILTON (CUP) — McMaster University has learned of a songbook by the Redsuits, a campus engineering student organization, containing "sexist, violent and degrading material" and has taken action by formally suspending the large student group.

"The material is highly repugnant," said provost and vice-president, academic David Wilkinson. "The university has clear expectations that everyone on campus show respect for each other. The engineering songbook that we have learned about is highly disturbing and is the exact opposite to everything for which the university stands."

Effective immediately, the Redsuits are barred from organizing or participating in any campus events or activities. They will also not be allowed to organize any Welcome Week 2014 activities, which is the time of year when the Redsuits are traditionally most active

"Sadly, the small number of students within the organization and the redsuits they wear have now become symbols of intolerance and a sexist mindset that has no place at the university or in our society," said Ishwar Puri, dean of engineering.

The university is launching an external investigation into the matter and has vowed "rigorous scrutiny" for any forthcoming McMaster Engineering Society events. MES is the parent organization of the Redsuits, who are known for wearing red jumpsuits around

Sobey School now more accessible

SARA LANGILLE

News Editor

A new program headed by the Sobey School of Business at Saint Mary's University will now be funded by the federal government. The program is called Access-Ability and it will allow Nova Scotian's with disabilities to learn skills and have a better chance of entering the workforce in the province. This project has been in process for a little while but now has the potential to soar with the \$1.1 million dollars being provided by the government.

The Sobey School of Business Development Centre has plans for the program. This includes helping disabled individuals find employment based on their skills and education. The new funding will allow employers to get a wage subsidy to offset the costs of hiring a disabled person, an

example would be the cost of putting ramps in your store for an employee in a wheel chair. This will give employers more of a push to hire people with disabilities and gives more people the chance to work in a job or career of their choosing.

As the daughter of a parent with disabilities I can personally understand why this is so important. When it is hard to find employment or go to school because of a disability it can really have an effect on not only yourself but your family as well. With more opportunities arriving for Nova Scotian's facing these obstacles there will be a growth in economy and a better life for many people.

Saint Mary's is already very disability friendly for people who want to attend university. SMU strives to help students learn the skills they need to gain a career in their field of study. Almost all the buildings at SMU are

wheelchair accessible and there are programs set up for academic students with disabilities. Many grants and scholarships are available from both SMU and the government for people with disabilities to have the fund they need to attend post-secondary education.

The government has already been providing money to persons with a disability to help them work. Annually the government will fund \$222million through Labour Market Agreements to help anyone who is disabled develop new skills, go to school, find work and help contribute to our provinces economy. Saint Mary's University has once again proven to be an asset to Nova Scotia and will continue to find new projects like the Access-Ability that will help many people in the

StudentsNS report suggests changing 'no means no' to 'yes means yes'

CHERISE LETSON

CUP Atlantic Bureau Chief FREDERICTON (CUP) — A

new report by StudentsNS suggest the conversation around consent needs to change. With help from the provincial government, the student group recently completed a report offering recommendations to student unions to help prevent sexual assault on campuses.

"On campuses, we're not necessarily having the conversation around consent and there are also misconceptions about sexual assault on campuses," said Amy Brierley, chair of StudentsNS. "It's usually conceptualized a 'no means no.' But we found that the conversation has to expand beyond that and it really has to be conversations around 'yes means yes' and how to say 'yes' in a way that is educated and is well-informed and is

The report found that 95 per

cent of sexual assaults occur between acquaintances and are not reported; it also offers solutions for prevention, such as bystander training.

"This report gives a number of recommendations for student unions to take action," Brierley said, "whether that be changes within our own structure or practices or recommendations around advocacy to collaborate with the university administration."

In February StudentsNS will launch an awareness campaign based on the report, with the goal of bringing on change around ideas of consent.

"We want Nova Scotia students to have better sex." Brierley said. "And that means being more informed and being more enthusiastic and more comfortable with these decisions that are being made."

Maggie Crain, coordinator of the Fredericton Sexual Assault Crisis Centre's 'End Sexual Assault on

Campus' campaign, said it's good to see someone conduct this type of review.

"They really summarize in a way that's not watered down that's dismissing the facts," Crain said. "It's speaking very clearly about what happens on campuses and that's very brave. It's not often you see something like that."

Though Nova Scotia has received a lot of heat this year with the Rehtaeh Parsons case and the St. Mary's University's "rape chant," Crain said sexual assault is not a new issue to Nova Scotia or Canada.

"It's wonderful that the attention is being brought to the issue and something is being done . . . I think all universities are really striving to address this issue," Crain said.

"It's great to see that it's coming from a student perspective and the preventions perspective. I look forward to seeing what happens afterward with all these initiatives."

Federal government hopes to double international student enrollment

JANE LYTVYNENKO Cup Ottawa Bureau Chief

OTTAWA (CUP) — Canadian university classrooms could have twice the international students in the next eight years. On Jan. 15, the Conservatives announced a strategy to double the amount of researchers and students coming from abroad. The program centers around \$5 million per year in funding primarily going toward branding and marketing. The funding was approved as a part of the Economic Action Plan last year.

Minister of International Trade Ed Fast announced the program at Ryerson University. Fast said in a press release that in addition to the marketing money, "the strategy will provide \$13 million over two years to the Globalink program of Mitacs, a national not-for-profit organization that fosters innovation through research and training programs." The initiative will focus on six key regions: Brazil, China, India, Mexico, North Africa and the Middle East and Vietnam.

While critics say an increase in international students is a positive overall goal, they add there needs to be more details on the program. Alex Usher, president of Higher Education Strategy Associates, says the newly announced strategy needs to be better thought out to be successful.

"There are lots of reasons why you might want to increase the number of international students but lets be explicit about what they are and work backwards from there," says Usher, adding there is no clear purpose for doubling international students.

Usher says the document presented by Fast should not be called a strategy. He wondered whether provinces and educational institutions were consulted when putting together the plan.

"The only goal I can see is double

the number of incoming students," he says. "I don't know why that number was picked and if you don't know why the number was picked you'll have a hard time justifying it."

Dan Harris, the NDP postsecondary education critic, said the idea of doubling international students in Canada is not a bad one.

"They [international students] make an important part of the student body in Canada and help provide resources to universities through tuition fees," said Harris.

He added the government needs to ensure the resources and support are there for the new international students, many of whom face a culture shock when coming to Canada. Gary Slater, associate vice-president international at the University of Ottawa, says new students often have a language barrier and have to deal with different methods of teaching from what they're used to.

Harris echoed Slater's concern with

resources for international students. saying, "We have to make sure they succeed and we have no problems arise from a larger student body." He added that universities will need additional funds to provide adequate programming for the new students, something that's not currently outlined in the strategy.

Slater said that because education is a provincial matter, the federal government can only hope the numbers double as projected. The rest of the work falls on the provinces, some of which have a hard time recruiting

"We have to recognize that a national policy like that will be differently seen in the French and the English world," said Slater, pointing out that Quebec has a harder time recruiting international students. "It's much easier to recruit students that want to study in English than in French. We have to work hard if we want to keep a linguistic balance in the country."

Slater said while Canada has a great post-secondary education system, it has to compete with the USA. That's where the \$5-million yearly initiative for advertising comes in.

"The number one thing the federal government can do is give Canada a good reputation outside the country," said Slater. "It's a marketing issue to a large extent."

According to Harris, Canada also needs to ensure there is an easy way to immigrate for international students who decide to stay. "We should be putting a focus on making sure there is a path to immigration and family reunification," he

Whether the students stay or go back, Slater said anyone studying in Canada is an asset for the country. Those moving back often forge strong links with the institution they studied in, while students who immigrate contribute to the

"They bring a lot not only to university but to society," said Slater.

McNally water declared not safe for drinking

Lead content in water forces fountain ban

CYDNEY PROCTOR

Editor-in-Chief

An email was circulated to some students Tuesday and all students and staff Thursday, from Gary Schmeisser, Senior Director of Facilities Management to alert people that the water in the McNally building is not safe for drinking due to high lead content.

The university announced the news via SMUport Tuesday which prompted some confused Twitter responses due to students not all receiving the email at the same time.

The testing of the water was prompted after a student complained in December about the smell of the water that was coming out of one fountain. After the complaint was made, that fountain was shut off. The results of the test likely came back while the university was closed for the holidays.

University spokesman Travis Smith

said that the university has commenced further testing in 8 different locations throughout the McNally building, with the results due back next week. As well the university is "working with Department of Health for formulate a plan," says Smith. Right now, all of the fountains in the building have been shut off and marked, and signs are up in the bathrooms advising students not to drink the tap water.

The email circulated from Schmeisser said that the last time the water was tested across campus was in 2008, and Smith said that after a good result then, it is normal that the university would not have tested its water since.

Smith says that it's very likely that the problem is with one lead pipe in one fountain and does not affect the rest of the building.

There have been no reported illeffects of drinking the water.

New Director for Saint Mary's TESL Program

Dr. Zechariah McLaren Dr. David Gauthier, Vice-President Academic and Research, is pleased to announce that Dr. Zechariah McLaren will take the lead at the TESL Centre in July after completing work commitments in the Middle East.

An experienced teacher and administrator with international experience, Dr. McLaren has worked with the Higher Colleges of Technology in Dubai since 2003, holding a number of senior positions, most recently as Dean of Education and Developmental Learning, Head of Services.

He started his teaching English as a foreign language career in South Korea. This experience led him to positions in the United Kingdom, Macedonia, and Canada, where he eventually was appointed to Director of a private vocational college in Vancouver.

During his tenure with the Higher Colleges of Technology, Dr. McLaren focused on the effective implementation of task-based, content driven curriculum into an ESL teaching and learning environment.

One example of his initiatives was the establishment of a student run college store that integrated the curriculum language, numeracy, technology, and general business skills – and generated revenues in excess of \$500,000 annually.

Dr. McLaren is passionate about the use of technology in educational settings and has conducted an in depth survey of UAE student attitudes towards the mandatory use of laptops in an English as a Second Language environment.

Although a fan of what technology can do, he understands it cannot solve everything.

"Sometimes a pen and paper is best," he says.

Dr. McLaren replaces Michael
Armour who left the University last
summer to take a position in the UAE.
Associate Vice-President and Registrar
Dr. Paul Dixon will continue in the role
of Acting Director until Dr. McLaren's
arrival.

A decade ...

Continued from Page 1

students hope to build a sustainable culture of peace within a wide range of schools in Northern Ireland and here in Nova Scotia."

As conference, program organizers and alumni will join with politicians, excombatants, academics and educators to focus future peace education efforts.

Invited speakers will include Canadian General John de Chastelain, the Minister of education for Northern Ireland, several Junior Ministers and noted academics representing Queen's University Belfast and the University of Ulster. Saint Mary's participants will include President Colin Dodds, and Dean of Arts and Education Dr. Esther Enns Perhaps the most special guests will be a delegation of children and youth from of Belfast who will be making a presentation underscoring the positive impact of the decade long endeavor to respectfully and humbly promote peace education in Northern Ireland.

"This conference will serve to further solidify the ties between Halifax and Belfast," said Dr. Dodds.

"It will highlight the impact the program has had not just on the children of Northern Ireland, but the lives of the Saint Mary's student facilitators, many of whom continue to promote peace education long after they have graduated from university."

A short video, created to mark the tenth year of the program, will be screened at the conference.

6) West Halifax Optometry

Dr. Jeff Buchanan-Dorrance
Dr. Mike Duffey
Dr. Laura McMullin

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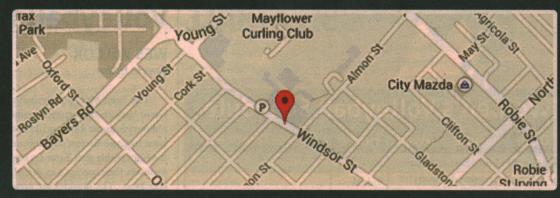
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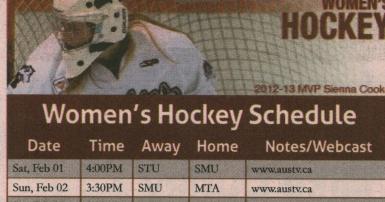
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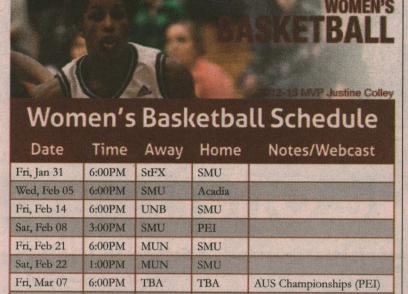
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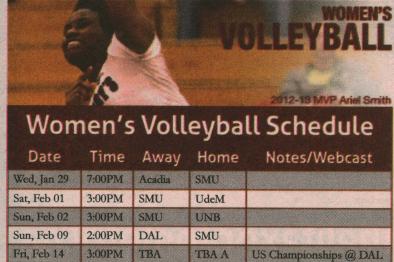
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Date	Time	Away	Home	Notes/Webcast
Sat, Feb 01	4:00PM	STU	SMU	www.austv.ca
Sun, Feb 02	3:30PM	SMU	MTA	www.austv.ca
Sat, Feb 08	3:30PM	SMU	PEI	
Sun, Feb 09	2:00PM	SMU	StFX	
Sat, Feb 15	2:00PM	UdeM	SMU	
Mon, Feb 17	2:00PM	TBA	TBA	AUS Playoffs Quarterfinals
Tue, Feb 18	3:00PM	TBA	TBA	AUS Playoffs Quarterfinals
Mon, Feb 24	3:00PM	TBA	TBA	AUS Playoffs Semifinals
Tue, Feb 25	4:00PM	TBA	TBA	AUS Playoffs Semifinals









The Mounties score in OT to upset the Huskies 2-1 . Photo: Wes Wilcox

Hockey Update

WES WILCOX
Sports Editor

The Saint Mary's hockey teams have had an up and down run over the past few weeks.

The 2nd place women's team were upset by both Dalhousie and Mount A, the bottom two teams in the conference, while they managed to pull out a come from behind overtime victory against PEI. The men's team lost to PEI 3-2, but shutout

St.Thomas 4-0 and defeated the X-Men in a shootout 4-3 last Friday. They currently sit in 6th place in the conference with a 10-11 record with 20 points, only 6 points back of 3rd.

CIS 3rd and 4th ranked UNB and Acadia are running away with the AUS division tied for 1st with 37 points. The Huskies have struggled with injuries and consistency all year and will look to lean on a healthy Anthony Peters in goal to try and climb the standings. The Women have fared

much better on the season currently sitting in 2nd place only 1 points back of the X-Women. Rookie Forward Breanna Lanceleve is currently 2nd in the league with 22 points, while Rebecca Mosher leads all Defensemen with 12 points including the OT winner against PEI. Goaltender Sienna Cooke has been lights out with an 11-3 record and a 2.03 GAA.

The Huskies will look to take over 1st place this Saturday when they face St. Thomas.



Rachel Windhorst goes up for 1 of her 25 kills over the weekend against Memorial. Photo: Wes Wilcox

Volleyball Update

WES WILCOX
Sports Editor

The Saint Mary's Volleyball team swept back-to-back games against Memorial on the 18th and 19th then went to Cape Breton and defeated the Capers this past Saturday to maintain their top spot in the AUS standings. The Huskies are now 9-3 with 18 points after a tight 3-2 victory (26-28, 25-14, 24-26, 25-22, 15-9), followed by a more dominant 3-1 win (25-19, 26-24, 20-25 and

25-20) over Memorial. Rookie Left Side Rachel Windhorst lead the way with 25 kills in the back-to-back, including several key shots that shut down Memorial comebacks. BC native Shelby Michaels showed why she is leading the AUS in kills by firing powerful shots down the lines that the Seahawks defense had no answer for. 5th Year Setter and AUS leader in assists, Jane Pegg kept Memoiral guessing with deceptive passes and quick strike shots over the net to take 2 games from the Seahawks.

Saint Mary's pushed their winning streak to 5 with a 3-1 victory (25-14, 25-22, 22-25, 25-23) over Cape Breton. The team got off to a dominant start with an 8-2 lead that the Capers could never recover from. Josie LeDuc, Rachel Windhorst and Erin Smith all hit double figures in kills, while Jane Pegg had 37 assists and Olivia Henderson chipped in 17 digs. The Huskies host Acadia on the 29th as they continue to march towards the playoffs beginning next month.



Justine Colley is now the leading scorer in CIS Women's Basketball history. Photo: Wes Wilcox

Basketball Update

Colley becomes all-time points leader in canadian university history

MARK MOFFAT

Sports Contributor

It was another record-breaking day for Justine Colley and the entire Saint Mary's sports community on January 18th.

During the women's basketball game against the Cape Breton Capers in Sydney, Colley broke the all-time CIS women's basketball scoring record of 2,171 points set by Cassandra Carpenter of Sudbury's Laurentian University. This incredible accomplishment is added to her breaking the Atlantic University Conference record of 2,111 set by Saint Francis Xavier's Theresa MacCuish earlier this season. These two feats make Colley's resume that more unbelievable, figuring in her CIS player of the year she won last season, her AUS player of the year she also won last year, an AUS championship, a CIS bronze medal, 2 CIS all-canadian. first team selections, as well as playing with Canada's national women's basketball team during the FIBA Americas Championship in Xalapa, Mexico last September.

It has been an amazing university

career for Colley, in her final season of university basketball. In the game, Colley had 27 points and Rachelle Coward had 22 in a 71-55 victory over the Capers. Colley also had 7 assists and 8 steals. Coward and Laura Langille grabbed 8 rebounds. Alison Keough led the Capers with 14 points. In the back-to-back games the Huskies picked up another win over the Capers, this time by a score of 93-59. Coward and Colley again powered the Huskies with 31 and 21 points respectively. Colley had 6 assists and 3 steals, while Langille had 13 rebounds. The Huskies were also in action on the 24th against the Dalhousie Tigers in Halifax, pulling out a 95-79 victory to remain in first place in the AUS, with a 13-0 record. Colley was named player of the game as she filled the stat sheet with 28 points, 10 rebounds, 8 assists, 6 steals and 4 blocks. The men's basketball team suffered a tough lost in the first of their two games in Sydney against the Capers.

In game # 1, the Huskies lost 77-75. With 29 seconds left and the Huskies down 74-73, Theon Reefer had 1 of his 5 steals in the game,

drove down the court and nailed a jump shot to put the Huskies up. With 9 seconds left Capers Guard Cedric Kasongo responded by draining a 3-pointer to give the Capers the win. Four Huskies scoring in double figures; Boyd Vassel (18 points), Theon Reefer(15), Marquis Clayton(14), and Terrance Taylor(10). In game #2, Saint Mary's got revenge with a comfortable 73-55 victory. Vassel powered the Saint Mary's offence with 26 points, joining 2 other players in double figures, Reefer(13), and Clayton(12). Clayton had 6 assists and 6 steals, and Taylor had 8 rebounds.

The Huskies returned home to a packed house last Friday against the Dalhousie Tigers. The huge crowd sparked the Huskies into a 11-0 run to start the game, which Saint Mary's never looked back from. Clayton, Vassell, Halpin, Taylor and McAvoy all scored in double figures in the effort as the Huskies pushed their way into 3rd place in the AUS, only four points behind 1st place Acadia as they look to make a push towards the playoffs next month.

Men's Hockey Schedule								
Date	Time	Away	Home	Notes/Webcast				
Fri, Jan 31	7:00PM	SMU	UdeM					
Sat, Feb 01	7:00PM	SMU	UNB					
Fri, Feb 07	7:00PM	Acadia	SMU	-10-10-10-10-10-10-10-10-10-10-10-10-10-				
Sat, Feb 08	7:00PM	StFX	SMU					
Fri, Feb 14	7:30PM	SMU	PEI					
Sat, Feb 15	7:00PM	SMU	STU					
Tue, Feb 18	7:00PM	TBA	TBA	Quarterfinals				
Tue, Feb 25	7:00PM	TBA	TBA	Semi-finals				
Wed, Mar 05	7:00PM	TBA	TBA	Finals				
Thu, Mar 20	7:00PM	TBA	TBA	CIS @ Saskatoon				



The life of a trainer

MICHAEL CHMIELEWSKI The Carillon

REGINA (CUP) — As with many aspects of life, certain individuals take the lion's share of the credit for something that many worked at.

The rock star on stage may get all the glamorous attention, but the critical component to the success of the performance rests with many hands, such as roadies, light crew, sound crew, promoters and so on. The same goes for trainers in the world of sports. They are a critical, yet neglected, aspect of the sports world. When the Chicago Blackhawks won the Stanley Cup last year, nobody rushed onto the ice to interview the trainers; the trainers didn't hoist the cup into the air.

The same phenomenon occurs with the life of trainers at universities.

A trainer's duties include attending practice everyday, stretching out the players, doing laundry, fixing equipment and making sure the team is generally ready to go. In the event of an injury, the trainer is the first one to respond and help the player.

For Carly Pockett, a kinesiology student at the University of Regina, as the athletic trainer and equipment manager for the Cougars' women's hockey team she admits that the work is time consuming, especially with school, but that she does like it.

"I do enjoy the job most times," she said. "Better aspects include the athletes. They're a great group to work with and also I get to do something that I enjoy. Bad aspects include how time consuming it is. It doesn't always agree with my school schedule."

Balancing such a demanding job with a full course load has its challenges, but those are often outweighed by the future career benefits.

"I feel like this experience will help me in my future career or if I choose to continue my school elsewhere after my degree," Pockett said. "It gives me an advantage against those that have never done or experienced anything along these lines, and it also gets my name out there for a future career option."

Dillon Hunter, the trainer of the men's hockey team, also feels that the job is very demanding while trying to take a full course load, but similarly feels that the experience of being a trainer will help him in his career.

"It will definitely help me. I mean, it'll give me just that much more experience for injuries that do occur," he said. "I mean, in hockey, there's a few more brutal injuries."

Since hockey is such a fast, physical and injury-prone sport, trainers can bet that they will see and have to deal with injuries.

"I've seen a few bad concussions," said Hunter. "Last year we had one guy, he had severed his Ulnar nerve. I wasn't there at the game, the other guy was."

The Ulnar nerve is the located in the arm, beside the elbow bone. Commonly know as the "funny bone," the nerve is quite unprotected.

The reason why Hunter wasn't there was because last year, the men's hockey team had two trainers; this year Hunter is all by hiself. This has increased his workload significantly, because before him and his trainer partner would split practices.

As to whether or not trainers are underappreciated, both Hunter and Pockett agree that the team values their contribution. As far as being underpaid, though, neither seem to mind.

"[It] is a lot of work for the amount we do get paid, but this position is more volunteer than anything," she said. "I wasn't even aware that we did get paid before committing my time to the team."

"The money isn't the biggest part of it," agreed Hunter. "It's more the experience, I would say. They money is nice, but it's not all about it."

These trainers, for all they do and they way they do it in a humble manner, deserve their own applause and fame for all their hard work. Next time a team succeeds, don't forget their trainers.

Take it to the Tiki

ALEXA KANCHUK Arts & Entertainment Contributor

'Take it to the Tiki' is a battle of the bands presented by Casino Nova Scotia, Lite 92.9 and Delta Hotels and Resorts that has twelve bands to play it all out in January and February to win a showcase on the Music Nova Scotia Tiki stage at this years Canadian Music Week in May in Toronto, Ontario. The bands have been performing at the Harbourfront Longue in Casino Nova Scotia and are being judged by music industry professionals, Nova Scotia who well determine the winner. The competition began on Friday January 10th and will continue to be held each Friday until the final round on February 7th at the Harbourfront Lounge. Admission is free and the show starts at 9:00pm.

The winner will receive a prize package that will include a showcasing performance at Canadian Music Week in Toronto, Ontario this upcoming May, Canadian Music Week 2014 delegate passes for the performers, one night hotel accommodations in Toronto the night of their showcase and \$1800 cash to help with travel costs to and from the festival.

I was on hand for the second round of 'Take it to the Tiki' on January 17th. There was a really

great mix of genres for this round: R&B, folk and hard rock. Round two featured a battle between Samm Splash, Banded Stilts and the Jessie Brown Band. The winner for this round was, as I had previously guessed, the Jessie Brown band.

Jessie Brown's music can be described as a mix between hard rock and soul. She gets her inspiration from such music greats as Etta James, Robert Plant and Freddie Mercury. MonctonNew BrunswickHalifaxNova ScotiaNova Scotia Community CollegeAfter success with the Halifax R&B group, the Retrospect, Jessie began to do solo performances within the Halifax area while still attendingNova Scotia Community College. During this time Jessie wrote and recorded her first album, which was a huge success. In November 2013, Jessie Brown and her guitar player Adrian Dunn travelledNashville to record her second album. Over the years Jessie Brown has been getting more and more attention while also perfecting her skills as a performer.

The final battle for the Tiki stage will be a show you won't want to miss. It will take place on February 7 starting at 9 pm in the Harbourfront lounge. I am putting my money on the Jessie Brown band to win, but the talent that will take the stage that night is not to be missed.

Brent Butt Prepares for a Busy Year



CONNOR DONALD Arts & Entertainment Editor

Brent Butt has become a name recognized in households across Canada. The comedian, writer and actor is preparing for a very busy 2014, which includes a stand-up show at the Rebecca Cohn. The Canadian comedian takes his stand-up shows on an extensive tour across the country from the end of January until early March. Brent Butt is most famous for writing and acting in his two sitcoms, Corner Gas and more recently Hiccups. The two shows were immediate hits on Canadian and international television, receiving rave reviews, award nominations and honors in magazines and TV guides. Brent is taking tour in promotion of his upcoming movie, which he also wrote and is acting in, called No Clue set for release on March 7. It is a comedic, dark thriller bringing together the best of traditional murder mysteries with a contemporary feel. Brent took sometime to sit down with the journal before his February 17 show at the Rebecca Cohn to discuss his eer choice his two sitcoms and hi upcoming movie release.

The Journal: Why a comedian? Did you consider any other careers? Brent: I always dreamed of playing in the NHL, but I found out pretty early on that was the wrong choice and that I didn't have the skills. I also tried to be a comic book artist and I made two with a friend of mine before we ran out of money. Being a stand-up comedian has been my priority since I was 12. The Journal: You're a comedian, actor

and writer. Which one is your favorite

Brent: I love them all, but if I had to make the choice, no question, it would be stand-up comedy. Everything I have learned for acting and writing has stemmed from me going in front of people with my jokes and performing. The Journal: You've received Canadian Comedy Awards, LEO Awards and an International Emmy. How did you react when you were nominated and won? What does it feel like to have such amazing achievements?

Brent: You usually don't do your work for that, but it feels great! It's nice to be put in a crowd of the six best and win. The International Emmy was a huge honor and surprise, because it was shows from all over the world and we lost to a show from Germany. It feels like validation of everything I worked

The Journal: Where did you get the idea for Corner Gas? How'd you decide on the actors? Did you know any of

Brent: It came about when I was thinking about what it'd be like if I wasn't a comedian, just hanging out at a gas bar. We had auditions for the actors and I had some funny people in mind, but they lost out. The ones who tried out ended up having the better audition. The Journal: What was the first joke you told as a stand-up comedian? Brent: Well the first time I did stand up comedy was in high school at variety night. I just talked a lot about local stuff that people could relate to and mostly about the school specifically. The Journal: Corner Gas was so

successful, why Hiccups? Where did the

idea for that show come from? Brent: I didn't stop working on Corner Gas. I just didn't want it getting old for fans and people seeing it too much. It means too much to me to let it go away. As a creative person it was time to move on. It is not healthy to stay in the same spot, so it was time for another show and to move on with my creative work. The show was a juxtaposition with a children's author who was nuts. I feel like a crazy children's author would be the most successful. So he goes out and hires a life coach who never did it before. I liked the idea and we had 24 great episodes. It is gratifying to go to standup shows and meet and greets and see more Hiccups then Corner Gas DVD's coming up to be signed. It's like the show is getting a second wind. The Journal: You do so much already; can we expect a possible career in

Brent: Not really, I like to play music for fun, but am not good enough to make a career out of it. There are two things that I would still like to do before retiring: write and stage a play and write a novel. I'm lucky in my life because I have gotten to do everything I wanted to. I'm very blessed.

music next?

The Journal: You've been all over the world, where is your favorite spot you

Brent: It is hard to pick because I see amazing stuff everywhere I go. My favorite is a spot I went for a vacation and that's Rome. I loved Rome. The Journal: You are moving into movies now with your movie, No Clue, set for a March release. You are both, actor and writer, what can we expect

from the film? Any relation to the

sitcoms?

Brent: It is a very different project. It is a murder mystery that we attempted to make dark, gritty and real. However, there is a comedic twist in that the lead, the Detective, is in way over his head and realizes after it's too late and he says a bunch of funny things going through this. We basically told the cast to forget that it is a comedy and treat it seriously. We didn't know whether it would work or not, but we screened it at a festival and the response was just great. The Journal: A magician never reveals

his tricks. So how about just some advice for writing a good joke? Brent: It all stems from an initial idea which is strange or funny. I always carry a pen and paper with me, now my voice recording note pad, and make notes of things that come to mind. Then I sit down and take some time to flesh it. You take the nuts and bolts that you have in front of the people and flesh it out and build on it.

The Journal: Favorite joke to tell? Brent: That is hard to say because I have so many, but I have one about five pin bowling. Basically the short of it is that 5 pin bowling is very engaging because it is the only time you watch athletes compete for less money then

The Journal: One final question, what does your near future hold after this

Brent: I am going to start trying to get back into television. I already have two more shows written. TV is comfortable for me, it is like home. I also want to try and do some more movies as well.

Vagina Monologues
Memorial university is one of many Canadian universities that wants to talk

"[Vaginas] are still

not something

that people feel

comfortable

discussing. A lot of

people think the

show is 'anti-male

which it is not at all."

propaganda'-

DAVID MAHER The Muse

ST. JOHN'S (CUP) — The Vagina Monologues is not a show about vaginas. Sure, they're a large part of the subject matter, but director Sandra Mills hopes that the show can help

create conversation and help women get comfortable talking about their bodies.

Mills has been involved in productions of the show since 2008 as an actor and as the director since 2011. After seven vears of involvement. Mills understands the importance of the show.

"The show has such a history. It's coming up on 20 years of Monologues. [Vaginas] are still not something that people feel comfortable discussing. A lot of people think the show is 'anti-male propaganda' - which it is not at all," says Mills. "We're trying to make it okay for people to talk about their bodies. The Vagina Monologues suggests that we're talking at you. We're not. We're talking to you."

Initially, there was concern the show would not be able to happen. The Women's Resource Centre at Memorial University of Newfoundland decided against being directly involved in this year's production, though they offered Mills support should she be able to get a group together to do the show. Mills was able to pull together

support from past organizers of the show to ensure the 2014 production could take place.

"There's a plethora of people who want to see this show done every year," says Mills. "I put out a call asking if anyone wanted to be involved and people came at me like

a bullet. Very quickly we were able to get a group together to ensure this year's production would happen."

One of the more controversial monologues featured in the show is a stark, frank and rhythmic monologue called "Reclaiming Cunt." Unsurprisingly, the piece

gets a lot of attention for trying to get people to talk about the word and making it okay to use the word when referring to a vagina.

"I have to say, I love the word. I understand how it can be contentious. I don't think it's meant to be malicious, though I do know why people may not like it," says Mills. "It's an awesome word. We're trying to make it okay for both men and women to say it. As long as you're not being derogatory in any way, it's not a bad word. We don't want you to think of it in a bad way. It's a cunt. It's a vagina. It's a word. It's ours. It's awesome, and we're going to take it back."

Mills wants you to feel okay using words and talking about subjects that are otherwise seen as taboo. So get out there. Go to the show. Help women of all creed and colour reclaim the right to talk about their bodies:

arts & entertainment

Having Hope at Home a true celebration Neptune kicks off 2014 with a heartwarmer

CYDNEY PROCTOR Editor-in-Chief

Opening night at Neptune is one of my favourite atmospheres in Halifax. I love watching the diverse crowd milling around sipping wine and greeting each other before the show. I love the rush when the lights go down and then come up to a stage full of performers. I had never been to a comedy at Neptune and after seeing Having Hope at Home, I discovered one more thing I love laughing with the crowd.

With the playwright in the audience, the pressure was on the crowd to respond well to the show, but I think there would have been roars of laughter either way.

The show centres around Carolyn (played by Katie Lawson in her Neptune debut) and her partner and baby-daddy Michel (played by Aidan Desalaiz in his Neptune debut) while they host her parents in their farmhouse for the first time in three years. Carolyn is 9

months pregnant and must hide her inconveniently timed labour from her parents who she is just trying to impress. Carolyn's paternal grandfather also lives with her, and in amongst all of the childbirth drama, Grampa Russell (played by John Dunsworth of The Trailer Park Boys) is going through his own end-of-life drama.

The show is funny - I think that's something on which we can all agree. The show is much more dramatic and heavy than I was expecting. There were a lot of relationships at play and the family had a lot to be resolved - all of it squished into a forced and unrealistic time span of one evening and overnight. The show was well acted and I could tell that the audience really enjoyed the show, but I found some of it a little overwhelming. I went with my mom, and she loved the show; I liked it.

The show thrusts a lot of family conflict in our faces, and gives us a lot to consider. I feel like it was more impactful with a different demographic, because

people like our parents have faced more of the portrayed situations and drama. I haven't been married, pregnant, or had a parents age have them consider end-of-life questions. I appreciated being confronted with some of the questions, especially of how children and parents relate through the transition from childhood into adulthood - it definitely caused me to pause and consider some of the ways that interact with my parents. My mom says it's "not far off of the mark of what really happens in families."

The cast, as always at Neptune, was superb, under the direction of George Pothitos, the theatre's regular artistic director, and Marcia Kash, the production's director. I would give this play a see if you want to see some great acting and be confronted with some humorous family drama, as long as you bear in mind, SMUdents, that it's not written for you.

Having Hope at Home runs until Feb 9th.

SMUdoku

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Dave Hause prepares to devour Halifax



CONNOR DONALD Arts & Entertainment Editor

For Dave Hause, the "American Dream" is very different then most Americans - it turned out his was nothing, but a broken childhood promise. Hause, a native of Philadelphia, confronts this tragic broken promise in his latest solo release Devour. Dave Hause has been around the music business and has had a lot to get off his chest in recent years between his two solo albums, Resolutions and now Devour. Hause has been a member of multiple punk bands based out of Philadelphia. His most recent punk creation, The Loved Ones, was started in 2003 and released two albums and four EP's before the band began to go in separate directions in 2008, prompting Hause to begin his solo career. Hause brings his solo acoustic performance to The Carleton on January 29 as part of a co-headlining tour with Northcote. The show begins at 9 PM and is only \$12. With great excitement, Hause took some time to speak with The Journal before his intimate show at The Carleton.

The Journal: Who were the biggest influences on your music choice and musical career growing up?

Dave: It is very far reaching. Of course you have the rock n' roll heroes of the 80's like: Tom Petty, Bruce Springsteen, Kiss and The Misfits, but you also have some of those bands from today. I am always influenced by anyone I'm touring with. I am constantly being influenced.

The Journal: When did you realize music was meant to be your career?

Dave: When I started making money I guess. I don't really think about that part of being a musician. They say that if you love your job then you need work a day in your life. So I don't really call what I do work, but more play.

The Journal: The Loved Ones were a punk group and your solo albums are more of a shift into folk rock. How do you manage to keep the support of fans of the Loved Ones with this shift in genres?

Dave: It's not a matter of the changing genre, but rather just liking the music. Music can be played in a lot of different ways.

The Journal: Resolutions was your

first solo album released in 2011. What was it like working solo? What did you learn about yourself and your music working solo?

Dave: I actually still did most of the album work with a band. I learnt that it is important to keep focused and although it is solo work you have to be able to truth those around you. You have to allow the people around you that you trust to have room to make things better.

The Journal: What are some differences between working solo and working with The Loved Ones?

Dave: There is more time for a nice dinner (Haha). There is definitely more time for yourself. It is a lot more empowering, but with more power it also feels scary.

The Journal: You just released your second solo album, Devour. How did you feel about this album compared to Resolutions?

Dave: I feel really good about it. I stepped up the production and the lyrics. It was all around a more whole and organized record. It was a lot darker because I had some stuff to get off my chest.

The Journal: The album was originally supposed to be for your group, The Loved Ones, but it ended up being a second solo album. What happened?

Dave: It was actually just a couple songs that I had written for The Loved Ones. They didn't really want to tour, they wanted to limit themselves. I wanted to keep making music and bringing it to the people. We were all kind of moving in different directions. The Journal: Devour is an interesting thematic journey about broken childhood promises. Why did you choose this theme?

Dave: I just started writing songs and then the theme chose me.

The Journal: You're from Philadelphia and I know the United States has some pretty crazy stereotypes about us. What is the craziest one you have heard?

Dave: I heard that Canadians were

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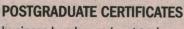
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obsessed with hockey and it is relatively true.

The Journal: This is a massive tour of almost 55 dates. What can fans expect from this tour?

Dave: A couple of guys who want to play the songs they worked so hard on. It is going to be fun, intense and intimate. We like to challenge ourselves

and bring the best music every night, so I plan on doing that for each show.

The Journal: Final promotion for your tour. What is your sales pitch for those who don't know you or are not sure about going?

Dave: If you like songs and guitars then come out. I'm not a sales guy, just



Spidey the Mentalist blows minds



SMUdent & self-proclaimed biggest fan Jena Given with Spidey the Mentalist

SARA LANGILLE News Editor

Frost week 2014 has come and gone with many activities for every SMUdent! The events held included a Snow Pants Glow Pants party at the Gorsebrook, Big Bang Theory trivia night, a charity ball and a residence talent show. All these events were great but there was one that stood out above all the rest: a performance by Spidey the Mentalist. Spidey has toured the world showing off his amazing talents as both a mentalist and a hypnotist, he was even a finalist on Canada's Got Talent. His performance at Saint Mary's University was amazing and left many people in awe.

Before the show Spidey had asked for five volunteers and I was lucky enough to be one of those five. I got to meet Spidey before the show and talk to him, his pleasant attitude and overall nature made the room feel very at ease even though it was filled with weird objects and props. He sat the five volunteers down near the front and talked to us about

what he was planning to do. He then passed me a small envelope and asked me to sign it and draw a picture on it. He then asked the other four to sign a larger envelope and he put the small one into it and sealed it.

He placed the envelope into a metal box which one of the volunteers checked for false walls or anything suspicious but she was satisfied with the box. He locked it up and asked the five volunteers to make sure nobody went near the box at any point during the performance and so our task was set.

The crowd started to enter the room in McNally Main Theatre and it filled up so quickly that SMUSA had to get more chairs and place them out for people to sit on. The room was filled and some people regretfully had to be turned away because of full capacity. It was a full house for sure.

Spidev came out and charmed the audience with his mixture of comedy, mystery and mind power. He introduced the audience to his imaginary friend and continued to make everybody laugh with his jokes. He performed many tricks that

amazed and even frightened some people none of what he did seemed to defy human limitations. He had many volunteers come up from the audience to help him complete these acts and people were very excited to participate. The room was full of silence as everybody's eyes were glued to Spidey and his magical show.

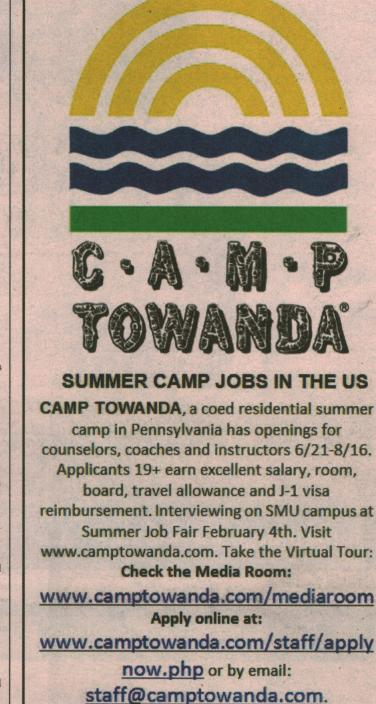
Jenna Given a SMUdent and self-proclaimed biggest fan of Spidey says she has never seen a better show in her life. "Spidey put on such an amazing show and performance; I was completely mind blown and still am. He was very funny and entertaining in his show!" She continued to praise his work.

"His tricks and magic really made me question how he did it and some of them kind of creeped me out because they were so unexplainable. He was still amazing and the talent he has is unreal. I'm so glad SMU was able to bring Spidey in to put on a show for frost week."

Midway through the show Spidey turned his back on the audience and threw a plush ball into the crowd. However caught it got to choose from one of eight colours and colour in one part of a five piece spider man picture. The ball was passed around until all five parts were coloured and then he asked the final person to pick a random date and she replied March 13th. He wrote March 13th on the bottom of the Spiderman picture and hung it on the back wall. The point of this was reveled at the end of the

Spidey called upon me to go up and stand with him while he opened the box and inside was the large envelope. I checked out the envelope and it was the same signatures and still sealed, inside was my small envelope with my signature. Spidey opened the small envelope and inside was a Spiderman picture coloured the exact same way as the one the audience did and both pictures had the words March 13th written on the bottom. It was truly something to see.

This was how the show ended and although that was my favourite trick of the night he did many that were so spectacular and unexplainable. The show was really worth it and if you ever get a chance to see a performance show I suggest this one, he never did the hypnosis part of the show but I'm sure he is great at that too. The show was magical and many SMUdents I'm sure would agree, Ms. Given definitely did. "He is honestly my idol and I recommend anyone to go see one of his shows! No regrets."







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